

Owen (afterwards Mytton), Letitia

Contributors

Mytton, Letitia.

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OWEN [afterwards MYTTON] (letitia)

Book of receipts, most ly
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1720-49

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Lettitia Mylton: 1720

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54 for the Gravel when in a Pitt

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63 for y^e Stranguary

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67 Worm powder

69 for a Severe Cough in a Childs Stomach

ibid to Stop a Looseness in lying-Inn

71 for Convulsions or any sort of fits

72 Miss Davenports Convulsion ~~Wafers~~ Cakes
Approved

75 palpitation of the Heart

77 Foot Drops for Hysterical Disorders

L'Église de la Sainte-Trinité
de la ville de Paris

Le 24 Mars 1790

L'Assemblée du Clergé de Paris
a arrêté ce qui suit

Article premier

L'Assemblée du Clergé de Paris
se réunira le 1er Juin 1790
à Paris, à l'Église de la Sainte-Trinité
à midi, pour discuter les
propositions de la Constituante
relatives à la Constitution
proposée par elle.

Article second

L'Assemblée du Clergé de Paris
sera composée de tous les
Evêques, Archevêques, et
de tous les Abbés, Prieurs,
et Supérieurs d'Ordres
qui ont des voix dans
le Clergé de Paris.

Article troisieme

L'Assemblée du Clergé de Paris
sera présidée par l'Evêque
de Paris, ou son Lieutenant.

Article quatrieme

L'Assemblée du Clergé de Paris
sera ouverte par le chant
du Te Deum.

Article cinquieme

L'Assemblée du Clergé de Paris
sera fermée par le chant
du Kyrie Eleison.

Article sixieme

L'Assemblée du Clergé de Paris
sera tenue secrète.

Article septieme

L'Assemblée du Clergé de Paris
sera tenue à Paris, à l'Église
de la Sainte-Trinité.

Article huitieme

L'Assemblée du Clergé de Paris
sera tenue à Paris, à l'Église
de la Sainte-Trinité.

Article neuvieme

L'Assemblée du Clergé de Paris
sera tenue à Paris, à l'Église
de la Sainte-Trinité.

Article dixieme

L'Assemblée du Clergé de Paris
sera tenue à Paris, à l'Église
de la Sainte-Trinité.

19 To Pickle Mushrooms to Eat as
fresh gathered 3

Take y^e. small mushrooms & rub
y^m clean, with Flannel & fling y^m
in to milk & Water; Just give y^m
a boyle, up, when Cold, put them
in, a brine, yt will bear an Egg
when, it is Cold. put y^m in small
potts & cover them with mutton
Suet & butter, freshen y^m y^e. Night
before y^e intend. to use y^m in warm
water changing it as you find Occas
ion

To dry Hams of Bacon

Take, a Peck of Spanish Salt, or bay
Salt, 4 Ounces of Salt Peter, 5 p^{ts}
of y^e. brownest Sugar; beat the
Salt, & mix all well together,
with as much cold water as will

bear an egg, y^e breath of a goat
 lay in y^e hams & cover y^m all
 over; before you put y^m in beat
 y^e inside of them wth a pestal
 & let y^m lye in y^e pickle three
 weeks. yⁿ take y^m out & dry
 them wth a cloath, & rub 'em over
 with any salt, so hang 'em to
 dry at Sawdust Smoke for 10
 days, letting y^m still hang in
 a Chimney where wood is burnt
 for 6 weeks

To make Wiggs

Take half a peck of Flower, one
 pound of fresh butter, one pound
 of Sugar a pint of good barm
 one quart of new milk, put y^e
 butter into it & heat it till it melts
 y^e butter, add to y^e Flower one

4

nutmeg, one ounce of Caraway
Seeds mix all together very light
let y^m stand one hoare, to heave
near y^e fire. So make y^m up, your
Oven must be brisk

To make a Salve, for y^e Scarcloth
Take, half a pound of Red Lead. Scarred
very fine, put it into a pint of Olive
Oyle, boyle y^m together on a slow
fire. Stir it continually till its
very black w^{ch} you shall know by
dipping a Rag into it, if it retain
y^e blackness yⁿ pour out so much of
it as you will have made into Salve
into a little cold water & wⁿ it is so
cold as to be handled, anoynt your
hand wth Oyle of Roses, or fresh
butter, work y^e Salve in y^r hands

I make roles of it. So keep it for
use. —

The other part y^t is left put such
a quantity of Flaxen raggs as wil
drink it up. yⁿ take y^m out and
hang y^m on Sticks, rub'd wth butter
till they be cold. & yⁿ let y^m be
opend & stretch'd out smooth. —

An Oyntment for all manner of
diseases for y^e Pestula Noli-
metager & y^e Cancer —

Take Rosen, & Perrosen of each a
Pound: Virgin Wax: Frankin-
— Sence, of each a pound: Camphire
2 drachms. melt all these together
& let it boyle on a slow fire till all
be dissolved. yⁿ strain it through
a linnen cloth into a quart of

Cyder yⁿ boyle y^e Cyder & y^e rest^s
together: add half an ounce of
Venice-Turpentine. yⁿ make it into
roles y^e same way as y^e Treecloth
Salve.

you must make y^s Salve in a large Ret
-tle as it may have room to boyle

For y^eingles

Take elder Leaves. pound them a
little. boyle y^m in may Butter to make
y^e better green, so keep it. it for use
only anoynt y^e sore with it

for y^e Plague or any other extream
Sickness

Take sixscore young Walnuts when
they begin to herne. & pound them
with their green rind together in

a Mortar putting into a Still and
sprinkle on y^m half half a pint
of good white wine. Vinegar & being
Still'd. put in 3 or 4 Spoonfull there
of y^e quantity of one good hazel
Nut. of mirtredate, & mingle y^e
same well together & drink some
blood warm twice or thrice for
y^e Plague or other distempers, this
water is excellent for y^e ——— a —
Surfeit, Botches, Imposhtumes, it
expelleth all evil humours it will
stop y^e Pimples being wasted, 4
or 6 Spoonfulls being taken in
white wine fasting

25 To Make Stoughtons Drops 6

Take one ounce of Gentian: one
drachme of Eochinell: one drachme
of Saffron: y^e Pill of 4 Bevil Orange
pill'd very thin, put all these into
a quart of Brandy so let it stand
(till a y^e Vertue is out) in an earthen
mag close stop'd up, yⁿ strain it off
& bottle it for use. It will keep 20
Years. it is best to let it steep a
month.

To Make the worm Oylment

Take of Rye Chickinweed Red Centry, worm-
wood unset Seeks, Lavender Cotton, &
southernwood walnut leaves & Barefoot
one handfull of each w. ^{the} like proportion
of Saven wash 'em very clean & when
they are dryed w. ^{the} a Cloth turn over

pound 'em ~~very~~ in a mortar boyle 'em
 in three pound of fresh butter three or
 four hours very softly pout in also
 two Ounces of Colaguintidans bruised
 & boyle that in a while then Straine
 it hard out for your use —

Steele powder

Take saven finely powdered & searcht &
 Cinnamon of each 4 drams saffron one
 dram Turmeric & prepared Steele of
 each 2 drams mix 'em altogether being
 finely searcht take of this powder
 fasting 3 days before the full of the
 Moon and 3 days after in a little warm
 posset drink mixing the powder well in
 a spoon till y^e have wet it all & so —
 swallow it down with a little posset
 or white wine & drink about a quarter of
 a pint after it stir about for an hour &
 half after

27

To Stoppe the Vomiting of blood
 Take powder of Rue finely scarred as
 much as will lye upon a great tempered
 wth some dragon water & so swallowed
 down wth some more dragon water & so
 continue drinking of it for a week -

Round Drink

Take southernwood, Evans Betteny wormwood
 hathorn buds, Linpernell, Bugloss, Egrimony,
 Mugwort, wild angelico, sineclo plantan
 Cumfrey, Dandelion, Mynt, Ribwort scabel
 =ion, whit bottles, strawbury leaves, day sy roots,
 sinkfoyle violet leaves of every of these -
 one handfull put 'em into a pottle of white
 wine & a gallon of Clean Running water
 boyle all these together till they be half

consumed then straine out the Liquor
 and put to it a quart of honey and boyle
 on the fire againe and then put it into
 a glass and stop it close up, and let the
 patient drink thereof 3 spoonfull every
 Moring and 3 Every Evening till the party
 have drunk a quart. This heals all
 wounds sore breasts putrified bones
 causeth em to scale, it easeth paines
 in the stumacke, bruises & Impostumes

A Remedy againsty Kings Evil
 Take half an Ounce of Caricostinum &
 dissolve it in posset drink or white wine
 give the patient thereof to drink twice
 or thice a week but if the Constitution
 of the parties body be hard to be wrought
 upon then take 3 quarters of an Ounce
 or an Ounce and use it as a foresaid

y^e must give posset drink or broth as it
 works as you do after other Physick this will
 throughly purge the humour that is
 within, if there be hollow sores wash 'em wth
 butter and Ale if they be deep make tents
 & dip 'em in Tarr and put 'em in twice a day
 but if there be no holes then Anoint the out
 side of the sore wth Tarr perhaps the sore
 may smart much but be sure not to
 neglect it for that is a sure sign it
 Menas

A plaster for a plure upon the
 Take Salit oyle 3 pintes & Red & white lead
 of each a pound of Castle sope 12 ounces
 make the Red Lead into a fine powder mix
 'em with the oyle & boyle it till it looks of

Ash coloured then shave the soap thin
and put it in, and let it boyle with
Constant stirring till it be fitt to
cole up it easeth the stomach it
provoketh an appetite & strengtheneth
the Raynes -

A Steele Electuary

Take an Ounce of prepared Steele powder
2 Ounces of Conserve of Damask Roses
and so much serrup of Damask Roses
as will moysten it take of it y quantity
of a Nutmeg in the Morning fasting
drink after it a draught of warm posset
drink or Beer stirr after it an hour &
an half then drink after it a draught
of wormwood beer & then stirr another
after it & so do as long as that does last

Lozenges for a Cough

Take Sack sulphuris or milk of Brimstone
 two drams fine sugar powdered four
 drams Ambergrease & Grains muske
 two grains make up these into Lozenges ^{tho} 10.
 a sufficient quantity of Gum dragon
 dissolved over night in a little Rose
 Water

To wash y^e mouth for y^e Scurvey or tooth
 Take 3 ounces of y^e spirit of sack 2 drams ^{act}
 of Benjamin made into powder put it into
 the spirit & stop the bottle & then shake
 together for 6 hours without intermission
 then take one spoonfull & put it into a pint
 of spring water & stir it therein and
 after use it as you please

32
The Green salve the best
that ever was Made for Green Wounds

Take a pint of sallet Oyle half a pound
of Rozen six ounces of yellow wax two
Ounces of olibanum two Ounces of Green
pitch, Melt these in the Oyle & then put
into it a spoonfull of Vardgrease
in fine powder and two Ounces of Turpin
= tinc and sturr it well together and
let it heat a little and so straine it
and keep it

33

To Candy Apricocks

Take the fairest you can get scald 'em & pull 'em
 between two Cloths dry the water Clean flatt
 'em a little as y^e can take scarched sugar
 almost their weight. & boyle altogether
 to a Candy height then take it off the fire
 and lay in the Apricocks one by one & wth
 a feather wet 'em over y^e set 'em on a
 Chafindish of Coals Let 'em be thorro
 hott but not boyle take 'em off the fire & sett
 'em in an Oven thats just warm twice a day
 Set 'em on a fire & turn 'em out at every
 heating & noynt 'em wth the syrup when you
 take 'em off the fire thus do till you see the
 syrup sparkle & full of eyes take 'em out of the
 syrup & put 'em on glass plates dry 'em in an
 Oven turning 'em a day or two till they be dry
 White pare plums May be done the same
 way

Mrs Lowell Oyle of Broom tis good
for any swelling, Brest or Stomach.

In the month of May take a pound of
Butter but not salted and wash it very
Clean from the butter Milk then take it
and melt it in any thing & put in as many
Broom blosoms as will stand in it or
it will soak then put it in an Oven after
the bread is drawn then take it and
straine out, then keep it till you can get
Elder blosoms as will well stand or Soak
then put it in your Oven after your bread
is drawn & when so done Strain it out &
keep it for your use.

The Collick Glyster, Mr. Corbett

Take the yolk of an Egg put in a Dish put to
it one penny worth of Venice Turpentine
one penny worth of prepared Galbanum
work 'em exceeding well together wth the
back of a spoon till they be well incorpor-
ated then put in a pint of sack into a
Bason put it on a Basin dish of Coals
& let it heat & then put in the Turpentine
with the Egg stir 'em all well together
that they may not to those -

Ingredients. Add Oyle of Cammo-
mille Oyle of Dill & Salet Oyle of Each
one penny worth stir 'em over the fire till
they be enough to take. If y^e make
the Glyster for a man leave out the
Galbanum for that is only proper for

a woman in reference to Vapors
 from the Mother 'tis proper for
 to use or stone in man or woman

Mrs Blany Receipt to pickle Onions

Take the smallest Onions & Sounest
 Onions peel 'em & put 'em into right
 crab vargis wth a little salt & whole
 pepper & Base Ginger, Cloves, and
 Mace boile 'em a quarter of an hour
 then strain 'em from the Liquor
 & let the Liquor settle all night
 then pour the Clear of it & tye 'em
 down Close

M^rs Henson Receipt for the Jaundice

Take a pint of hempseed, take 2 spoon
full of it and bruse it & boile it in
a pint of Milk till it comes to half
a pint and drink it every Morning
till the hempseed is done

For stone or Gravill

Take an Ounce or an Ounce and a half
of Cassia in the Case to be taken at
night going to rest and drink warm
posset drink in the working next
day & keep warm it is good for gravill
& stone if easy to work upon an Ounce
will do

28
Lozenges for the Cold taught
by J^r Herdon.

Take one dram of the flower of
Amber of the flower of Liquoris of
the flower of Oris of the flower of
Elecompany of the flower of Brim-
stone flower of Anne seeds of each
one Dram Mix all these together
& ad thereto a pound of sugar so
boile it and drop it on a p^{er} plate
& as it thickens wet it wth a little
Orange water so keep it in a dry-
stove 'tis Excellent good for any
Cough probatum p^{er} me Jane Parry

Mrs Cives Receipt for the
Jaundice

Take a handfull of Duckmatt
a handfull of Saledine boyled in 3 pints
of Ale till it comes to less than a
quart then straine it and put in
as much saffren as will lye on a
six pence

Doctor Ralphs bitter draught for
strengthening y^e stomach or to Cure a Sore
= it Consumption or dropsie

Take one ounce of gension sliced thin
one ounce of Mustard seeds whole one ounce
of Nutmegs sliced thinn the rind of a
Civill Orange half an ounce of roman
wormwood half an ounce of rubus
sliced thinn put these into a quart

70
of white wine & let it stand 2 days
then take a good wine glass full of
it after your first sleep & when
you Rise again so fast 2 hours
after

A Receipt for Convulsion
^{fitts}
Take pigeons and pull some of the
feathers of the britch and so put
the britch of it to the fundament
of em that have the fitts and as they
dye sett so they must have Air & not
be held too hard to hurt em

To make Laffies Elixer

Guaiacum; Anniseeds; Green
 Liquorish, Carriander seeds, The comp-
 any, roots; of each 3 quarters of
 an ounce; 6 drams of saffron;
 one ounce & a half of best senec
 the best of half a pound of
 Raisons of the sun stoned, &
 steeped in one quart of the best
 brandy 4 days tyed up very
 close then strained out very
 hard.

A man may take 3 spoonfull
 at night & two in the morn-
 -ing a Child one spoonfull and
 a half mixt wth some simple
 water well sugared

2

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]

part

Take 3 Pints of Moscadine Wine,
 boil in it a handfull of Sage, as much
 Rue, till a pint is wasted, then strain
 it, & set it on y^e Fire again, then
 put therein of Long Pepper, Ginger, &
 Nutmegs of each y^e 3 part of an ounce
 beat altogether to a fine powder,
 let it boil a little, yⁿ put therein two
 Ounces of Treacle, ^{one ounce of} ~~the~~ metridate, and a
 quarter of a pint of ^{angelico water} ~~angelico water~~, ^{dissolve y^e Treacle & metridate} before you put them
 in, take of it warm both morning and
 Evening in your bed a spoonfull or 2, if
 infected, and sweat after it; but if not
 infected a spoonfull a day is sufficient
 half in y^e morning, half in y^e ^{evening} afternoons
 to prevent infection: this is good also in
 y^e small pox

Conserve of Hipps

Take a pound of Hipps, clean from the
Seeds, then put them in a Mortar, with
a pound of double refined Sugar, bruising
them till they go to a conserve, then
Strain them thro a Hair Sieve, with a
back of a Silver Spoon, & put it in Potts

past
for y
hands

Take Bitter Almonds blanch'd, half a pound
Stamp them in a Stone Mortar, sprinkling them
Aquavita, y^m add y^e yolk of a Eggs, white
Honey & Orrier, Roots finely powdered one ounce
mix & reduce them to a past; & keep it in a
earthen Cup, & take as much as a nutmeg when
you wash y^e hands, it will make them smooth &
white.

1 for the Cholick

Nettle Seed, Plantain Seed, Dill Seed, an equal
Quantity finely powder

Take as much of these as will be heap'd on
a half Crown, put it in a large Glass of Sack
& let it be made scalding hot, take it off
when it begins to thicken, & sweeten it wth
double refined Sugar grate a good deal of

Nutmeg in it, & give it y^e patient as hott as
they can, drink it, & lye very quiet after it
for a while ~ 16

A Receipt to make syrup of L. Diaco-
dium. ~ ~

Take one Pound of Poppy Heads
white & black together, put two
Gallons of Water, boyle y^e water
& pour it on y^e heads and seeds
beaten small together, & let it
stand or night & a day. yⁿ boil
it till 5 quarts or more be consu-
med yⁿ strain it out & put 4 pound
of good Sugar & boyl it to a good
subsistence, it will make about
5 pints

if your heads before y^e fire they
will beat y^e better ~ ~ ~ ~

An Oyntment for women with
Child

Take y^e Medgrim of a Hogg: beat
it well; render it; yⁿ put in a blade
or two of Macer. yⁿ beat it up wⁿ
it is cold with Rose water. y^e spoon
full to a pound; beat it till it is
as white as a Crud;
with this Oyntment about a month
before y^e time; as also in Labour
about y^e bones & birth place
every night when you go to bed; for
it is dangerous to get cold

~~~~~  
To make wax Candles

To every pound of Wax; add one spoon-  
full of horse Turpentine & as much  
Rosin as will lye on y<sup>e</sup> point of a  
knife; y<sup>e</sup> wax must be sliced thin; &  
melted before you put in your Tur-  
pentine; & never let it boile

To make Starch, in march.

17

Grind y<sup>e</sup> wheat very broad, y<sup>e</sup> steep it in water 9  
days, then strain y<sup>e</sup> bran out & squeeze it well  
with your hands, then let it stand till next day,  
then pour y<sup>e</sup> water softly off till y<sup>e</sup> thick be-  
gins to come; y<sup>e</sup> put fresh spring water to it  
& stir it & stir it well to gather, let it stand  
till next day, & pour that water off & let it  
~~stand till next day & put fresh to it & y<sup>e</sup> strain~~  
it through a clean flannel bag, so change the  
water every day till you see it settle white at  
bottom, y<sup>e</sup> pour y<sup>e</sup> thick brown; clean off, so  
change y<sup>e</sup> water every other day, till you think  
it white enough, y<sup>e</sup> pour all y<sup>e</sup> water off, &  
let it stand one day to harden, y<sup>e</sup> take it up  
& dry it in y<sup>e</sup> sun or wind, but take care not  
to break it in small pieces  
you must always power y<sup>e</sup> brown off when y<sup>e</sup>  
change y<sup>e</sup> water, dont throw it away, but put  
it in another vessel & put fresh water to it & it  
will make very good powder.

---

when any woman floods in Lying-in, give her 3 spoon  
full of y<sup>e</sup> flooding that comes from her, in some  
warm clarrret & drink it off & ly very still after it

---

To hasten Labour  
dry 8 lbs Livers in an oven, to a powder & give as much  
as will ly on a shilling in any thing that's warm.

---

For gravel or stone.

Take y<sup>e</sup> inward skin of a pigeons Gizzard  
& wipe it very cleane (but not wash it) dry them  
in an oven. They will look like a gum. you must  
pound it to powder, & take as much as will lye  
on a shilling in a glass of white wine every morning  
fasting half an hour after it ~

For y<sup>e</sup> stone.

Take half a pint of white wine heat it red hot,  
& quench them in it till it be very hott then put half  
as much ale to it, & a small spoonfull of oyle  
as much honey. Drink it as warm as you can  
Lying to sweat after it

A Clyster for y<sup>e</sup> stone.

Take a spoonfull of Venice Turpentine, beat it up  
with y<sup>e</sup> yolk of an Egg, put to it half a pint of  
Rosh drink, & 2 or 3 spoonfull of brown sugar  
& give it warm

For y<sup>e</sup> stone.

Take every morning thro y<sup>e</sup> year as much powder  
of Liquorice, wrought in butter (till it be of a  
duskyish colour) as y<sup>e</sup> quantity of a nutmeg, &  
fast after it half an hour. & it will bring away  
y<sup>e</sup> stone by dissolving them into gravel +

This cur'd a gentlman of 105 years old who had  
been troubled with y<sup>e</sup> stone for 40 years so  
Violently. y<sup>t</sup> for ten days in a month he was

always in extreame Torment, & for 2 years time<sup>18</sup>  
since y<sup>e</sup> taking this medicine has had no fits of  
it

### The Pustula Powder & y<sup>e</sup> water

Take of white Coppras & Roch. allom an equal quan-  
-tity. beat y<sup>m</sup> to powder y<sup>n</sup> burn them in an earthen  
pan or crucible till it be hard as a pumice stone,  
then beat it to powder again, searce it thro a Tif-  
-fany. wrap it close up in white paper & this pow-  
-der will keep good 20 years, but if it chancs to  
give at any time, burn it over again, & it is never  
y<sup>e</sup> worse.

### The water

Take as much of this Powder as will lye heap'd on a six-  
-pence, & put it into a pint of cold spring water and  
shake it well together at first and always when y<sup>e</sup>  
use it, warm no more y<sup>n</sup> you use, You must apply it  
warm dipping a fine Rag in it 4 or 5 fold, large eno-  
-ugh to cover y<sup>e</sup> sore, and there be any swelling, rawness,  
or inflammation, about y<sup>e</sup> sore, then bind upon your  
rag till it be well, this Poulitice — Take a bundle  
of marsh mallows, if not to be had, others will do,  
Shred it small with half a quarter of a pound of  
Mutton Suet, boile it up in Skim milk, & thicken  
it up with & thicken it up with Oatmeal & apply  
it upon y<sup>e</sup> wet cloth, and as far over as you  
see any Inflammation

This water cures a Pustula any old or new sore, and  
is excellent Dropt in sore Rhumatick ~~Eyes~~ or blood

50  
Shotten Eyes, but you must drop it warm & if  
you warm more then, you use & fling it away

For y<sup>e</sup> Chink Cough  
Anoint y<sup>e</sup> Soles of y<sup>e</sup> Feet night & morning with beans  
-Grass. nine times will cure it ~

For Bittans, or any such like humour, Anoint the  
Part with Barbadoes Parr ~

For y<sup>e</sup> Jaundice  
Take a spoonfull of hemsred bruised in a mortar y<sup>e</sup>  
boile it in half a pint of or more of milk till it grows  
thick like Cream then strain it thro a sieve & drink  
it warm 9 mornings together

Doctor if a Child is grip'd or has green  
Stool

give it half an ounce of Manna  
dissolved in three ounces of black  
Cherry Water, (after which add to  
it one scruple of Cascoing powder)  
by spoonfulls as the child will take  
it & continue it every other day  
till y<sup>e</sup> stools are yellow; increase or  
decrease y<sup>e</sup> quantity of manna so as to  
give it four stools<sup>in</sup> a day



For Vomiting & purging

as soon as any person is taken in this manner  
give them nothing to eat or drink, but this

Take y<sup>e</sup> Pleshy part of a Leg of Mutton w<sup>o</sup>  
Fatt. Make good broth, put neither Salt or any  
other thing in it & let y<sup>e</sup> patient take only  
this as often as they please: but if y<sup>e</sup> Dis-  
temper be so violent y<sup>t</sup> this will not abate  
it in any reasonable Time: then Take  
y<sup>e</sup> Yolk of a raw Egg, 3 spoonful of good  
brandy, make it very sweet with double re-  
fin'd sugar, grate a good deal of nutmeg,  
in & beat them very well together, & let  
them take a spoonful every 2 or 3 hours  
or less, according as y<sup>e</sup> illness continues  
this fails y<sup>e</sup> Seldomest of any thing for this  
distemper

J. St. Myton

52  
The Sweating distemper was an illness  
some years agoe. y<sup>t</sup> went all y<sup>e</sup> King-  
-dome over, & ~~which~~ proved very mor-  
-tal. till it was found out y<sup>t</sup> if a took  
a person in their cloaths, they must  
not pull them off but lay down in  
them <sup>coverd warm</sup> till y<sup>e</sup> distemper was over which  
lasted 24 hours, if they undress'd it  
was certain death, likewise if it  
seized them in bed, not to rise but  
in both cases to keep themselves  
warm, this one thing observ'd people  
scap'd; this I heard a physician say  
he found in a manuscript

L My Hon

---

his to be suppos'd they eat warm things  
often to keep up their spirits such as  
broth, &

To Skin a sore

apro<sup>d</sup> 20

Take stick grass, & Valarian  
bruse them & boil them in Butter  
to an Oyndment

for Obstructions in Women

Prepar'd Steel — two Ounces  
Conserve Red Roses one Ounce  
Syrup of Mugwort — one Ounce  
Syrup Damask Rose — one Ounce  
Conserve Roman wormwood one Ounce  
honey — — — five Ounces  
powdr'd Ginger — ʒ<sup>r</sup> of an Ounce  
Saffron powder'd & pennyworth

make them into an electuary & take  
as much as a large nutmeg night  
and morning

approved

Lady Leighton

74

To the Editor  
of the Boston  
Globe  
I have the honor  
to acknowledge the  
receipt of your  
kind letter of the  
10th inst. in relation  
to the  
above  
subject.

I have the honor  
to acknowledge the  
receipt of your  
kind letter of the  
10th inst. in relation  
to the  
above  
subject.

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receipt of your  
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above  
subject.

I have the honor  
to acknowledge the  
receipt of your  
kind letter of the  
10th inst. in relation  
to the  
above  
subject.

Doctor Rosindale Loyd's  
prescription for -

A Gentle Purge to be taken safely  
by a Woman with Child

Senna pick'd from y<sup>e</sup> stalks one  
Dram

Corriander Seeds lightly bruised  
one Scruple

infuse these in a quarter of a pint  
of warm water 2 hours. Strain  
it & add Syrrup of Roses Sola-  
tive, (or Violett) half an Ounce &  
a Spoonful of Ag-Mirabilis, or  
Cinnamon Water, take it warm  
at bed time.

---

Daucus Ale

Take Daucus (or wild Carrot Seed) six  
ounces: raiisins: 12 ounces put them into a  
Bag for 4 gallons,

Pinctara Kiera

take 2 ounces Species Kiera picra  
1 quart Sherry wine 2 Drams Cochinele  
let it stand 3 or 4 days shaking it  
often

For y<sup>e</sup> Gravel when in a fit

22

A Quart of Spring Water, a handfull of Oatmeal  
steep in it an hour, then spread a Toast on both  
Sides with Honey; & steep it till dissolved, then drink  
it at Pleasure  
it is not proper to take hot Spirituous Liquids w<sup>h</sup>  
the Fit is on

Doctor Hollings

A Purge for y<sup>e</sup> Goat

Hiera Pira two ounces:  
Spirit of Lavender 30 drops  
Goat Stone 12 Grains

take it going to bed; & if it does not worke well  
take in the morning half the Quantity

Doc<sup>r</sup> Hollings

This is too great a quantity for one that Physick  
easily worke with, so they must proportion it  
to their Constitution

The first part of the book is a history of the  
 city of London from its first settlement to the  
 present time. It is written in a plain and  
 simple style, and is full of interesting  
 facts and anecdotes. The second part of the  
 book is a description of the city and its  
 environs. It is written in a more  
 descriptive style, and is full of  
 interesting facts and anecdotes. The third  
 part of the book is a history of the  
 city of London from its first settlement to the  
 present time. It is written in a plain and  
 simple style, and is full of interesting  
 facts and anecdotes. The fourth part of the  
 book is a description of the city and its  
 environs. It is written in a more  
 descriptive style, and is full of  
 interesting facts and anecdotes.



## To Make Syrup of Lemons

Take any Quantity of Lemon Juice; & Evaporate the  
 third Part over a <sup>very</sup> Mild Charcoal Fire; when of the  
 Fire dissolve Equal parts of Double refined Sugar; if  
 that does not make it Sweet Enough add more to  
 what thickness you like, it  
 when thoroughly Cold bottle it for use. it will keep above  
 a year

Doctor Hollings

A gentle purge to be taken safely by a  
 woman with Child at any time

half an Ounce of Tenna; one Dram, salt of Tar-  
 tar, boild in a pint & half of Water to ye  
 Consumption of a third part, strain the  
 Liquor, & intase a pound of prunes in it  
 if you are Costive, take once or twice a  
 week 4 or six of ye prunes or three or 4  
 Spoonfull of ye Liquor, going to bed, or early

in y<sup>e</sup> morning, & it will keep y<sup>r</sup>  
Body moderately open, & may be us'd  
with y<sup>e</sup> greatest Safety

Doc<sup>r</sup>: Ros: Key<sup>r</sup>

~ ~ ~ ~ ~

To Stop Looseness

24

Take y<sup>e</sup> yolk of an Egg beat it up with 3 spoonful  
of brandy half a Nutmeg grated, make it very sweet  
with double refined Sugar, drink it; repeat this at  
your discretion.

Your drink must be an equal quantity of skim  
Milk <sup>& water</sup> boyled seperately & when cold mix em toge-  
ther, boil a bit of Cinnamon in the Milk

~~An excellent~~  
An Hysterick Emulsion

Dissolve cold in a mortar Asa-fetida two  
Drams, in black Cherry water half a pint,  
Strain it -

Is an excellent Euphoriston in Hysterick  
Fits or faintings: Dose one spoonful

In the morning  
 I took a walk in the  
 park, and saw many  
 beautiful flowers, and  
 the children were  
 playing in the  
 grass. The sun was  
 shining brightly, and  
 the birds were singing  
 in the trees. It was  
 a very pleasant  
 surprise.

The History of London

London is a very  
 ancient city, and  
 has been the seat  
 of British power  
 for many centuries.  
 It is situated on  
 the banks of the  
 River Thames, and  
 is one of the most  
 important cities in  
 the world. The  
 city is divided into  
 several parts, and  
 each part has its  
 own history. The  
 first part of the  
 city was built by  
 the Romans, and  
 was called Londinium.  
 It was a very  
 important city, and  
 was the center of  
 the Roman Empire  
 in Britain. The  
 city was destroyed  
 by fire in the year  
 60, and was rebuilt  
 by the Romans. It  
 was a very  
 important city, and  
 was the center of  
 the Roman Empire  
 in Britain.

63  
A Yolk of a new laid Egg, a whole nutmeg grated  
& drank in a glass of Whitewine the best thing  
for y<sup>e</sup> Stranguary

M<sup>r</sup>s Potter

Loranges for y<sup>e</sup> heart Burn

R<sup>x</sup> Chalk 2 Ounces, Bolus-armoniack, 5 Scruples  
Crabs Eyes one ounce; Red. Corral 4 Scruples  
Nutmeg 1 Scruple: White Sugar-Candy one  
Pound beat y<sup>m</sup> all into a Mass w<sup>th</sup> Musilage  
of Gumtragacanth made in Rose Water, & make  
it into Proches (or little cakes) & Eat them

Note: Half an Ounce of Gumtragacanth is enough

M<sup>r</sup> Berkly Worcester

~~~~~  
for Sprains & bruises, hott Vinegar to bath in
in y^e best thing

M^rs Griffith

10
The first part of the work is a

description of the various

parts of the machine

and the manner of using

it. The second part is a

description of the various

parts of the machine

and the manner of using

it. The third part is a

description of the various

parts of the machine

and the manner of using

it. The fourth part is a

description of the various

parts of the machine

Ratified by Monsieur 26

Giggers a pinch man
One gallon of Brandy, 2 quarts of White wine,
5 hundred Apricock Stones Crack'd but
not y^e Kernds broke, put these in a
Large Stone bottle Shaking y^m every
day at y^e Months End, put in 2 pound
of best white Sugar-candy, in small lumps
let it stand a fortnight longer, yⁿ
Strain, it through a Cotton or flannel
bag putting in first a glass of Milk

Mons

An excellent Comfortative for y^e Stomach
helping Digestion, warming y^e brain & drying
y^e Rheumes

Take two ounces of old Conserve red roses,
of Chesse Methridate two drams, mingle em
well together & take at bedtime y^e quantity
of a hazel nut

Approved

Hump
Hgnai

For y^e Chincough

rub y^e temples, & between y^e Eyebrows &
nape of y^e neck, every night, & take
3 drops on white Sugar going to bed, y^e
reprat till cur'd

Griffith

Rob^t Gay Surgeon

For inflammation in y^e Eyes

one penny worth of bean flower water

one penny worth of white rose water

one penny worth of Lapis-caliminaris

mix it in a bottle, shake it & wash with

it as often as you please Griffith

To make y^e Worm. Powder

Take Six penny Worth of Wormseed
 One penny worth of Carroline Seed
 One penny worth of Cup Moss
 half a penny worth of heart Wormseed
 beat all these very fine & sift them
 give of it for nine Night together
 in a Spoonfull of Treacle, going to
 bed, to a very young Child, half as
 much as will lye wrap'd on a
 Sixpence, & to one of 2 or three year
 Old, as much as will lye wrap'd on a
 Six-pence, & to one of Seven, as much
 as will lye wrap'd on a Shilling

it always cures, if taken
 soon after you perceive y^e disorder

20

The first part of the book is
 a description of the
 various parts of the
 human body. It is
 written in a very
 plain and simple
 style, and is
 intended for the
 use of the
 common people.
 The second part
 of the book is
 a description of
 the various
 diseases of the
 human body.
 It is written in
 a very plain and
 simple style, and
 is intended for
 the use of the
 common people.
 The third part
 of the book is
 a description of
 the various
 symptoms of
 the human body.
 It is written in
 a very plain and
 simple style, and
 is intended for
 the use of the
 common people.

It is always well if taken
 from a place you perceive it

Griff 28
for a Severe Cough or Cold in a Childs
or any ones Stomach

Approved

2[℥] of Mithridate

2[℥] Oyl of Mace

a 9^r of an Ounce of Mace

a 9^r of an Ounce of Cloves } both finely pow^{der}

half an Ounce old Tallow Candle melted
in a Spoon

Mix all these well together & spread it on
a fine piece of Leather, in y^e shape of an
♡ & apply it to y^e Stomach with bands to
keep it fast, — keep y^e body warm

to stop a Looseness & may be safely taken
by a Woman y^t lys-in

Small Cinnamon Water 6 Ounces

Diascordium & Diacodium of each $\frac{1}{2}$ an Ounce

Mutton Suet one Ounce

Make of this a Glyster

for a better thought or will in a better
or any other manner

Almond

of the ...

of the ...

of an ...

of an ...

half an ...

in a ...

... all these ...

... fine pieces of ...

... apply it to ...

... keep it fast ...

... to stop ...

... by ...

... Mark ...

... Discretion ...

... Mark of this ...

you
100
10
100

29

For Convulsions of all Sorts of Pitts
Experienc'd

Take a pound of Single Piony Roots, scrape them
Clean, cut them in thin slices - put y^m in a pot
put to y^m three pints of Whitewine - let it stand
close cover'd, three days & infuse - yⁿ straining
it out from y^e roots - put y^e Liquor into a large
Bottle - put to it ounce of Russia Castor in
fine powder - 30 grains of Dead mans Skull -
30 grains of Moss off, of a Dead mans Skull
both finely powder'd - Mix these powders wth
one ounce of Spirit of Castor in y^e bottle
with y^e Liquor, Shake y^m very well together
& keep it close stopp'd in a cool place.

When you fear a fit, take 3 spoonfull -
always Shaking y^e bottle first.

To a young child mix it with Black Cherry
water. to make it Small. & give about a
Spoonfull; if y^e convulsion be in head or stomach y^t
you cannot get it down before, or in y^e Pitt, take it
soon as it can be Swallow'd

take care to have it Russia Castor, it being best, you
may have y^e ingredients at y^e things Druggster always

72
Directions how to Use y^e Convulsion
Cakes, or Loxenges

To A Child One — to a grown per-
— son two — brused in a little Black
Cherry Water night & morning, or in
y^e Pitt — & three days before & after
the full Moon

Mrs Davenports rec^t
of Davenport near Bridgenorth
approv^d

73. A very Good Cholick Water 30

Ellicompane Roots: Slic'd thin

~~Aniseeds~~

Corriander seeds

Senna.

Guaicum

Injulas

of each 2 Ounces

brais'd

Raisons of yr Sun Stond, one pound
put these in to a Stone or Glass
bottle yt will hold above a Gallon
& put seven or eight pints of the
best brandy to it, stop it Close
let it stand in a Cool place
Shirring it every day, when it has
stood a month bottle it off in pints
you may take 3 or four Spoonfals at
night going to bed & yt next mor-
ning, or in a pite — aproo'd.

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page]

[Faint handwriting on the right edge of the page, possibly from the adjacent page]



for the Heartbeating by ³¹
Doctor Cheney, Physician
at Bath;

Take of Juniper Berries pick'd - the
lesser Cardamom ~~drum~~ - Species of Diam
bra (with the Perfume) - Roots of
Calamus, Aromaticus pick'd - of
each one Dram.

Infuse in eighteen Ounces (a little
more than a Pint) of Compound
Rosa wood Water, & add two Drams
of compound Spirit of Lavender -
Six drops of Oil of Cinneomon ground
into a powder with as much Sugar as
is sufficient

Let it stand to infuse near a fire
about a Week shake it a few days, wⁿ
sett'd, strain it off through thick Cambric
Take two spoonfull, in lowness of Spirits
remblings - Sick fits - palpitation of
Heart

75
The best thing possible for the most violent palpitation

Order of the day
at 12 o'clock

of the day
at 12 o'clock

of the day
at 12 o'clock

of the day
at 12 o'clock

32
Soot Drops, for Hysterical or any
Nervous disorders ~

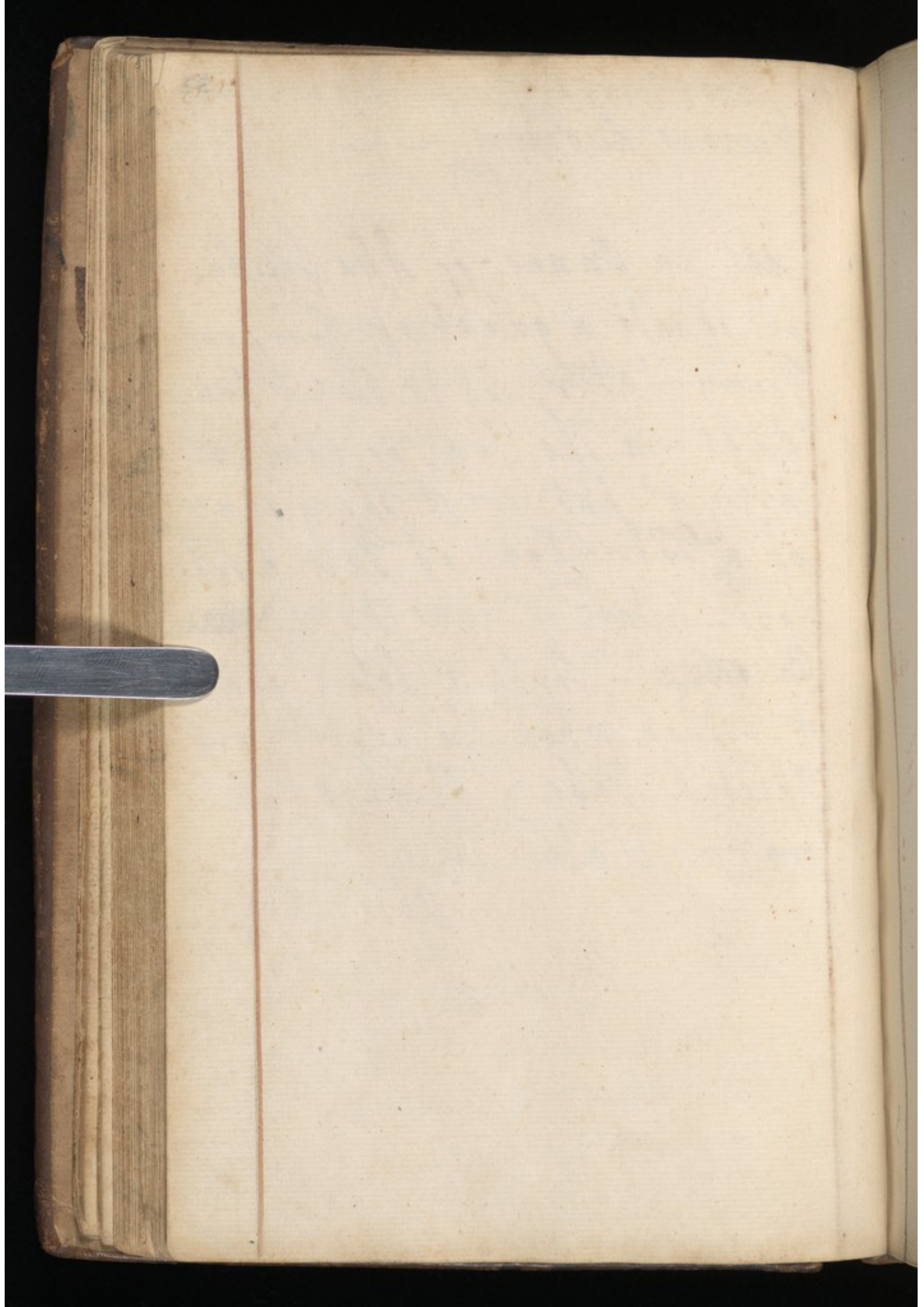
Take an Ounce of Asa-fetida
put it into a quart of Compound
Pyony-Water, let it stand four
days - in the Sun, or near a
fire - ^{then} put into it the quantity
of a ^{large} goose-Egg - of PURE Wood
Soot - infuse it nine Days, ~~then~~
~~decant~~ - Shade it before you use
it; - Then when the nerves are
affected Take a Spoonful in
warm Water ~

Approved

to the point in which
the water is

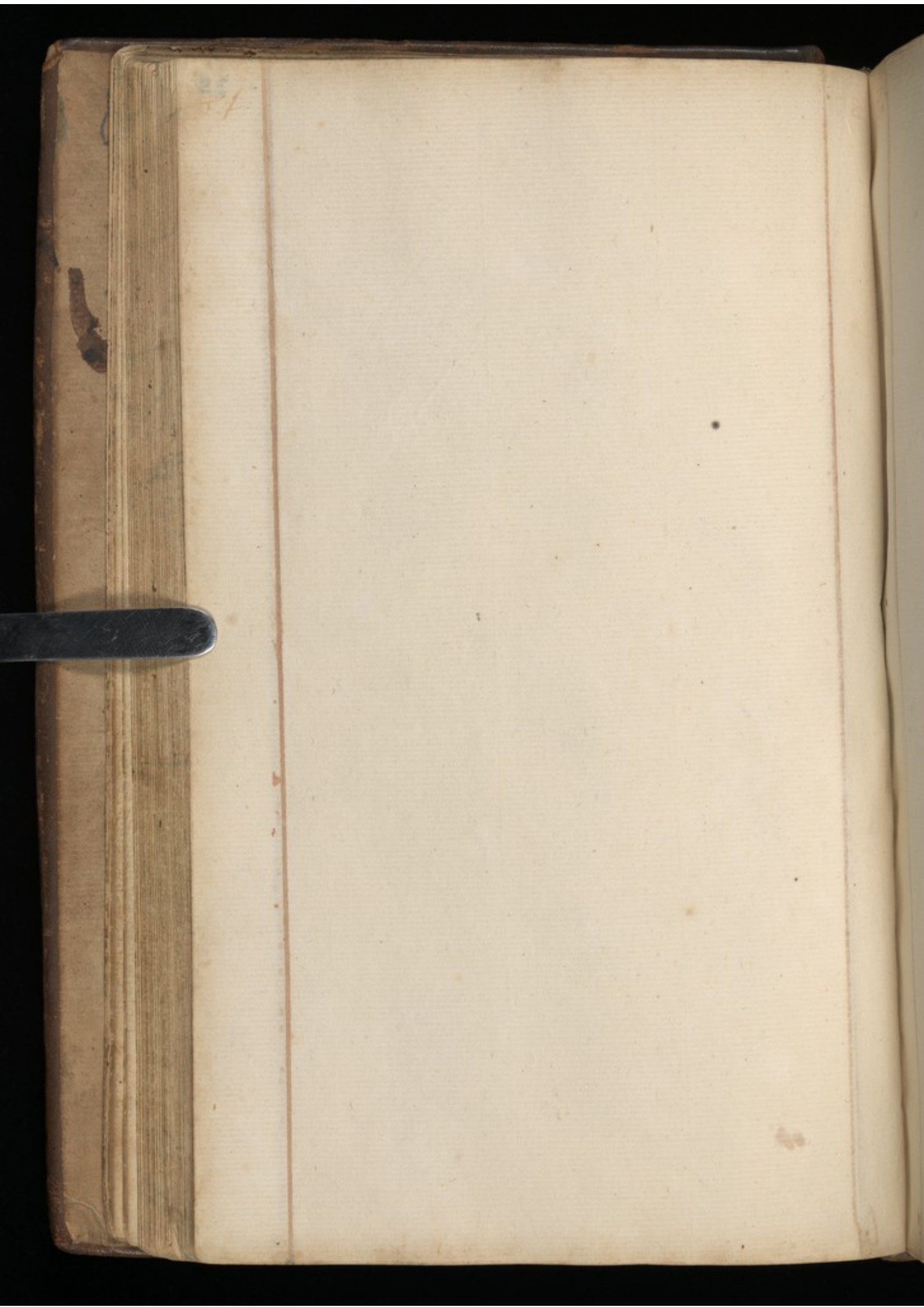
take an ounce of the
put it into a quart of
Pungent water, let it
boil - in the last or
five - put into it the
of a pound - of
not - in fact is
it - then when the
affected take a
warm water







35



86



57

58

87

[Faint, mostly illegible handwritten text in cursive script, possibly a historical account or journal entry.]



90

Costⁿ Prudex. receipt

There is in y^e Water a Broad Leaf, fashion'd like a Heart, there
 is 3 kinds of them y^e one beareth a white Flower, y^e other a yellow
 & y^e the third a Purple, take of y^e Purple or yellow Flowers, or
 for want of y^e flowers being not time of Year) take y^e Leaves a
 good Quantity of them & as much in weight of Beares Grease,
 Shred y^e flowers or leaves very small y^e mingle y^e grease & them
 together, put them into a pot, stop it very close, & let that stand
 till it be heavy on y^e Top, y^e stir it altogether, & set it in a pan
 of warm water, but let no water touch it, melt it thoroughly, but
 let it not boyl y^e strain it & keep it; & when you find that heat
 in your Back, anoint both sides of y^e ridge Bone that goeth down
 y^e back, use it not long, nor often for y^e milk cool too much. *Appit*

For y^e Same approv'd.

Take y^e Leaf w^h beareth y^e yellow flower & apply y^e to y^e Back
 where y^e heat is, & when it is dry & falls of, lay on fresh till y^e
 find they dont dry so fast, but continue moist, by y^e you
 may know it hath Cool'd sufficiently.

The Above ointment is good to anoint y^e palms of y^e hands
 to cool y^e Liver, this has oft'n cur'd when Doc^r's fail'd, I have
 sufficiently prov'd it W^h.

Faint, illegible handwriting in a single column, possibly representing a list or account. The text is too faded to transcribe accurately.



Partial view of the adjacent page on the right, showing faint handwriting and some legible fragments such as '29', '8 as m', 'Piat', 'chial', 'y at j', '2 a', 'ora', '2', 'habe', 'sh', '11', '2', 're', 'his', 'la'.

℞ a good handfull of Scurvygrass, as much water creases
 & as much Brooklime, braise them in a stone mortar & put
 y^e into Six Quarts of Eight Shilling Beer, & let y^e Party
 drink a draught in y^e morning, fasting an hour after it
 & at four in y^e afternoon walking after it

℞ also y^e juice of these three herbs, three Spoonfull &
 wring into that y^e juice of a Soild Orange, fasting

For a Canker in y^e mouth

℞ Oriental Balsarmoniac & roach Alum. unburnt,
 beaten both into fine Powder, & red wine. Vinegar min-
 gle these three together of a reasonable thickness, anoint
 a sore mouth therewith; it will kill y^e Canker

To cure a sore throat in an hour

℞ a great quantity of Cinquifyle, boyle it in Ale very
 well & y^e make a posset with y^e drink. let not y^e drink
 be Mellish for there it is too hot,

this alays y^e heat likewise in y^e Stomack & all other
 heats in y^e body

74

[Faint, mirrored handwriting, likely bleed-through from the reverse side of the page]



[Faint handwriting on the adjacent right page]

Purging pills

℞ of Aloes one ounce, Rhubarb half an ounce, both made
 into fine Powder, Species of Aromaticum, Rosatum two
 Drams, mix 'em together. y^e take of Syrrap of Wormwood
 one ounce, or as much as will suffice to make that
 into a Mass - The Dose is two or three little pills before
 Supper.

Vertues - they preserve y^e Stomach from all sickness

[Faint, mostly illegible handwritten text follows, likely bleed-through from the reverse side of the page.]

35
The fat (if there remains any) — beef: veal: & fowl:
make best broth — mutton is not so good. N: B: If
meat must weigh (after skin & fat are taken off) $\frac{1}{2}$ lb
neck beef is as good for this broth as the best pieces

70
you may add mace, onion, parsley or what herbs you
please, when you set on yr Broth — if rightly made
it is done in a quarter of an hour at farthest with a
good fire & quite clear

42

25 July 1749 Doctor Nichols
gave me this Receipt when I was
very ill & weak — London

Beef Tea, or excellent Broth

Take half a pound free from fat
of fresh lean Beef, — Slice it cross
the Grain as thin as a Shilling
4 or 6 whole pepper-Corns — half
a Tea Spoonfull of Salt, & one
Pint of Water — Set these over the
Fire & carefully watch the rising
of the Scum, which must be skimmed
off as fast as it rises, when the
Scum Ceases to rise take off the Broth
& pass it through the Corner of
a Clean Napkin, wrung out of
clean Cold Water — which stops

+

78
To boyl Rice as they
doe in India, which is by
much the best way

Set on a Gallon of Water
on a tierce Fire ^{some Salt} when
it boils very fast, throw
in a quarter of a pound
of Rice, rubb'd Clean (in 2
or 3 Waters) let it boyl as
fast as possible a quarter
of an hour, take some up in a
Spoon, try between your thumb
& finger if it be as tender as
you like it, else boyl it a very
little more, & pour it into a
Cullinder, Shaking it well
till pretty dry — some of this
rice is very good thrown into

42
Broth. when made; or heated
for any other use, as a
pudding - or Pudding with
lowe &c

1748

[Faint, illegible handwriting, possibly bleed-through from the reverse side]

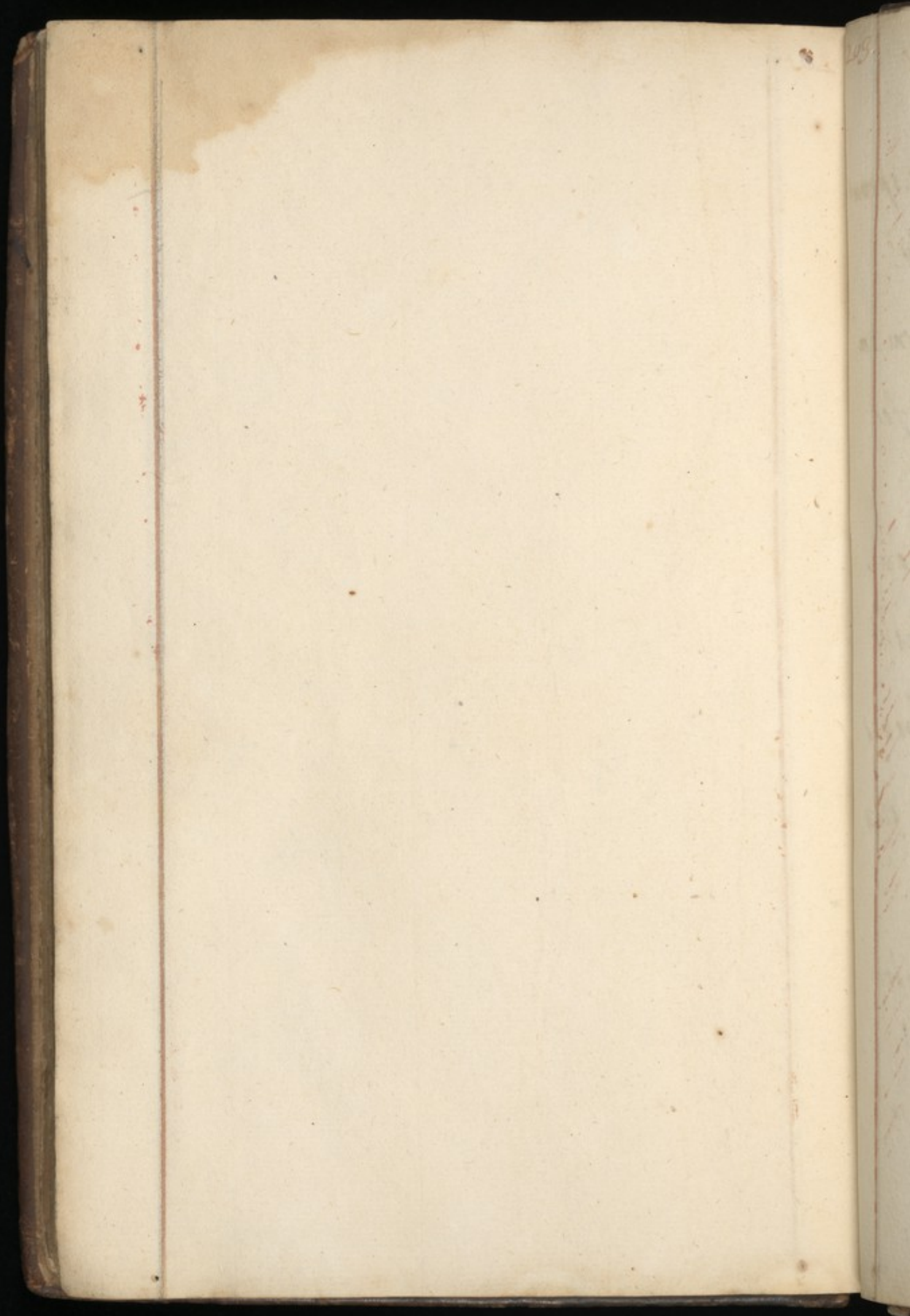
[Faint, illegible handwriting, possibly bleed-through from the reverse side]

102

A number of blank pages follow
and have not been photographed.

03

45



209

The Court of King's Bench for a

Warrant under the Great Seal

That the said Court doth hereby

Command the said Court

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

That the said Court doth hereby

An Excellent Drink for a
Drop sic, often approved

Take of young beans when they are sprout
to a hand high, a large quantity,

Take as much young broom. ^{tops} & burne em
to ashes in an Oven & keep them for
use.

when you use this remedy steep some
of y^e Ashes in white wine till it tastes
pretty strong, then Thilke it off through
brown paper & take a good large glass
of it Morning & Evening

M^{rs} Clayton
M^r Pries

This receipt has cured people far gone in
the Drop sic when nothing else relieved

26th

hrou

em

y

c

t

el

ap

l

h

h

The first part of the book is
 a description of the
 life of the young man of
 whom it is an account & how he

lived & how he was
 educated & how he
 spent his time & how he
 was employed & how he

was employed & how he
 was employed & how he
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A.R. Aqua Regia.
 A.R. Idem.
 A.V. Aqua Vite.
 B.M. Balneo Martæ.
 B.V. Balneo Vaporis.
 D. Dithl. or Dithling.
 F. Ashes.
 M.B. Balneo Martæ.
 q. I. Quantum satii.
 q. v. Quantum Vis.
 R. Receipts, &c.
 S. Spirit.
 S.V. Spirit of Urine.
 S.H. secundum Artum.
 S.S.S. Statum Super Statum: or Lay upon Lay.
 V. Vinum, Wine.

Idem

lb. A Pound, or ℥xij. Unces.
 3. An Ounce or ℥ij.
 ʒ. A Dram or ℥ij.
 ʒ. A Scruple or gr. xx.
 gr. A Grain.
 ʒt. A Drop.
 gut. ℥dem.
 M. A Handfull.
 P. A Jug.
 P. ij. One two parts.
 ℥ss. half any quantity.
 No. in Number.
 a. each alike quantity.
 Ana. ℥dem.
 A. Atembick.
 B. Bolus Armen. fine Bolus.
 aaa. Amalgama.
 V. Aqua Forth.
 A.F. ℥dem.

The Usual Medicinal Characters

A.R.
 A.R.
 A.V.
 B.M.
 B.V.
 D.
 F.
 M.B.
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 q. v.
 R.
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 S.V.
 S.H.
 S.S.

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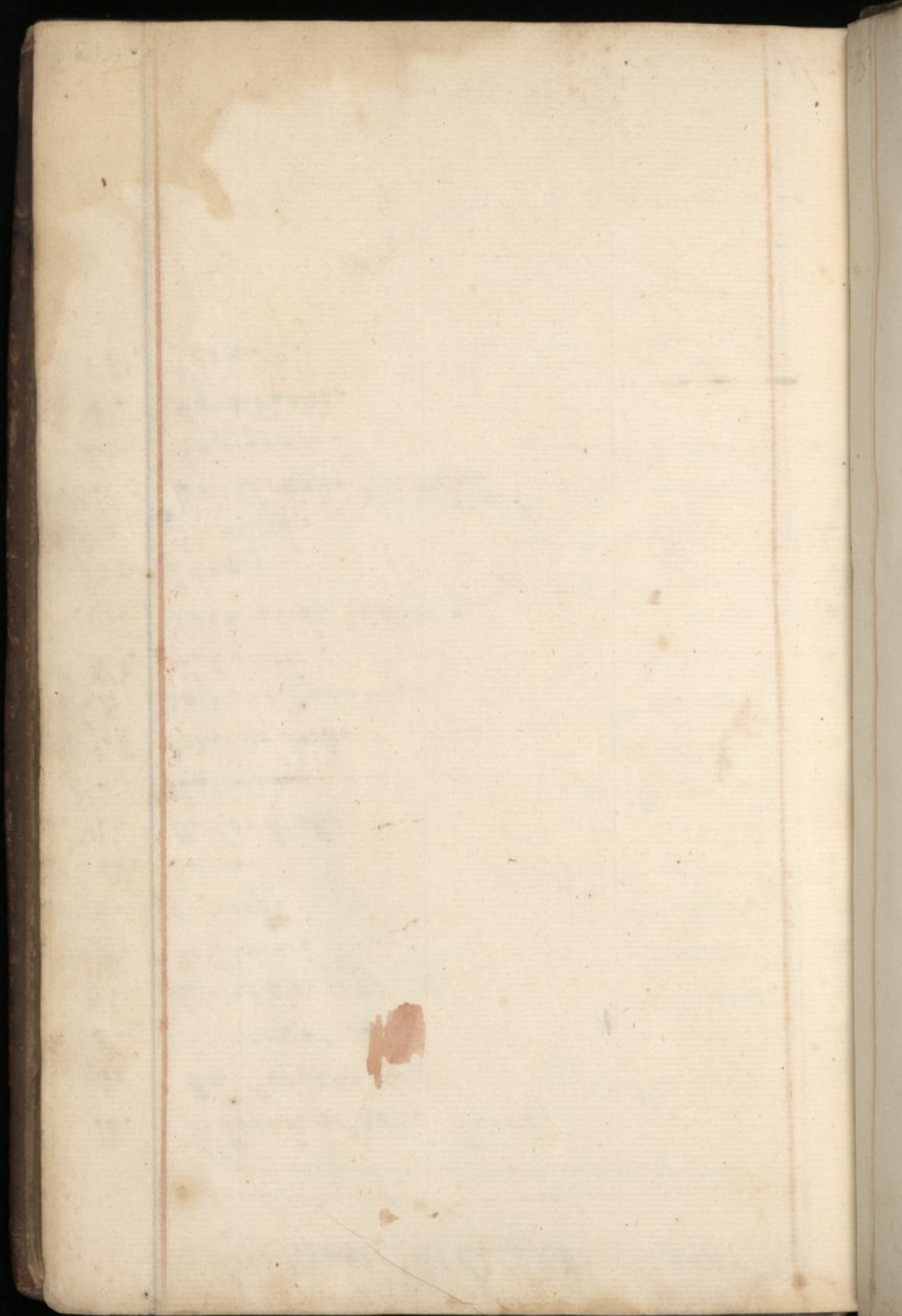
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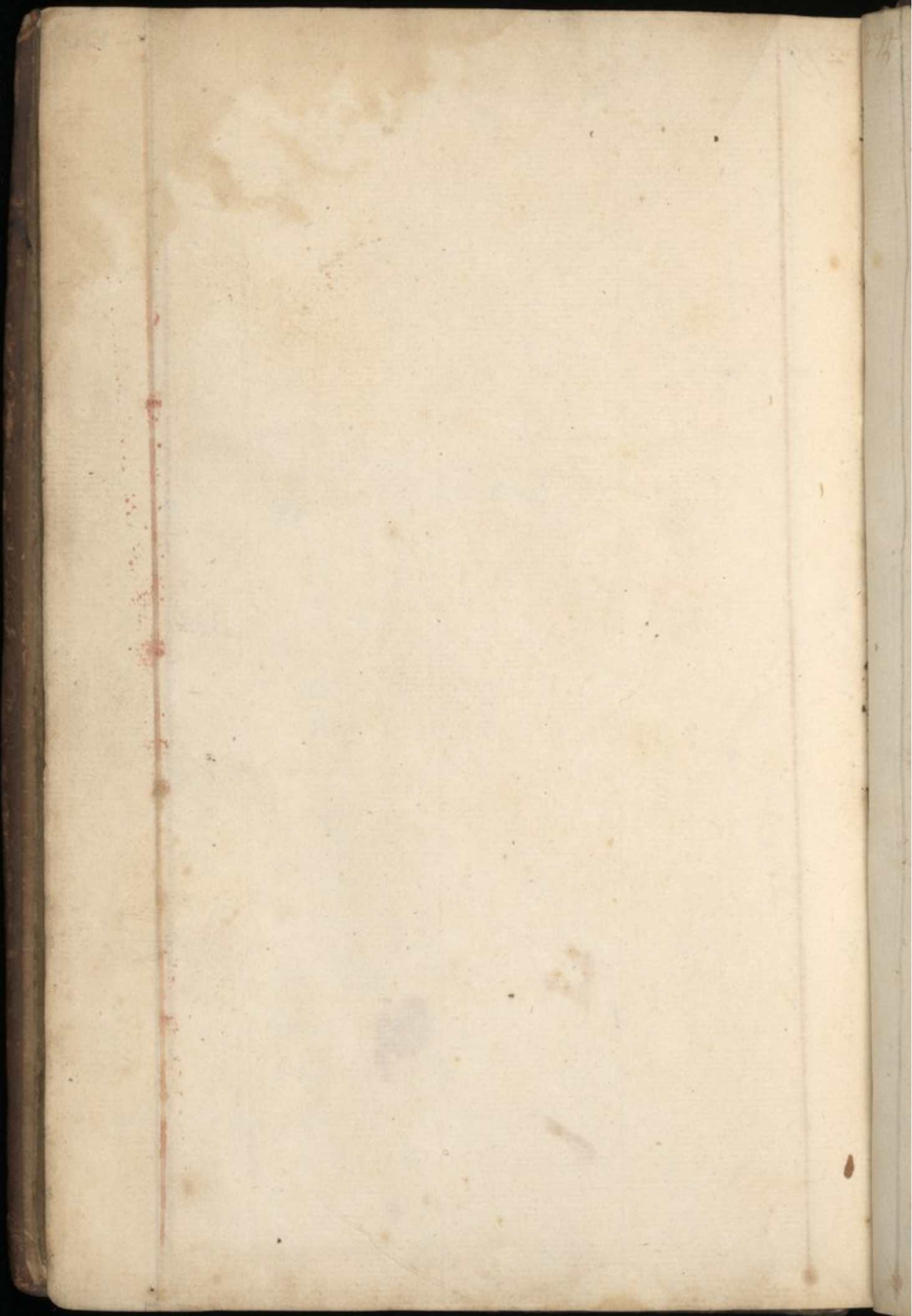
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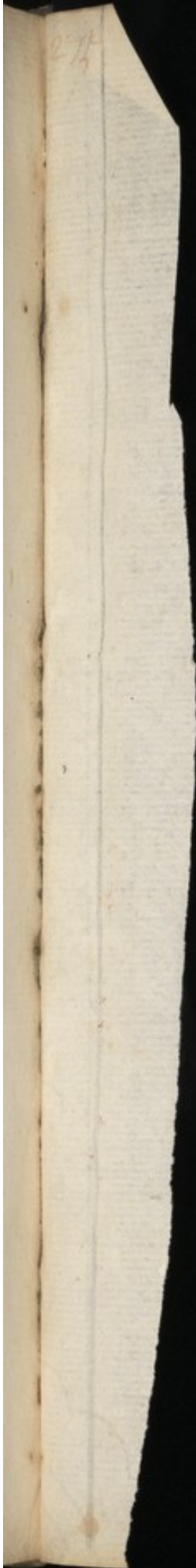
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Handwritten text on a strip of aged paper, oriented vertically. The text is written in cursive and includes the following words from top to bottom: "may", "(to)", "put", "no", "by", and "ssy".

The best way to keep beere, is to keep it allways
in y^e pickle close covered up

Winey beere or beere

either ripe, or green Currants, will keep better

to keep green beere in y^e hatts all y^e year, but
y^e close in bars & bury them

shick of malt put y^e Gallons of Water

(let y^e riv^e of y^e Water be what it will) to one

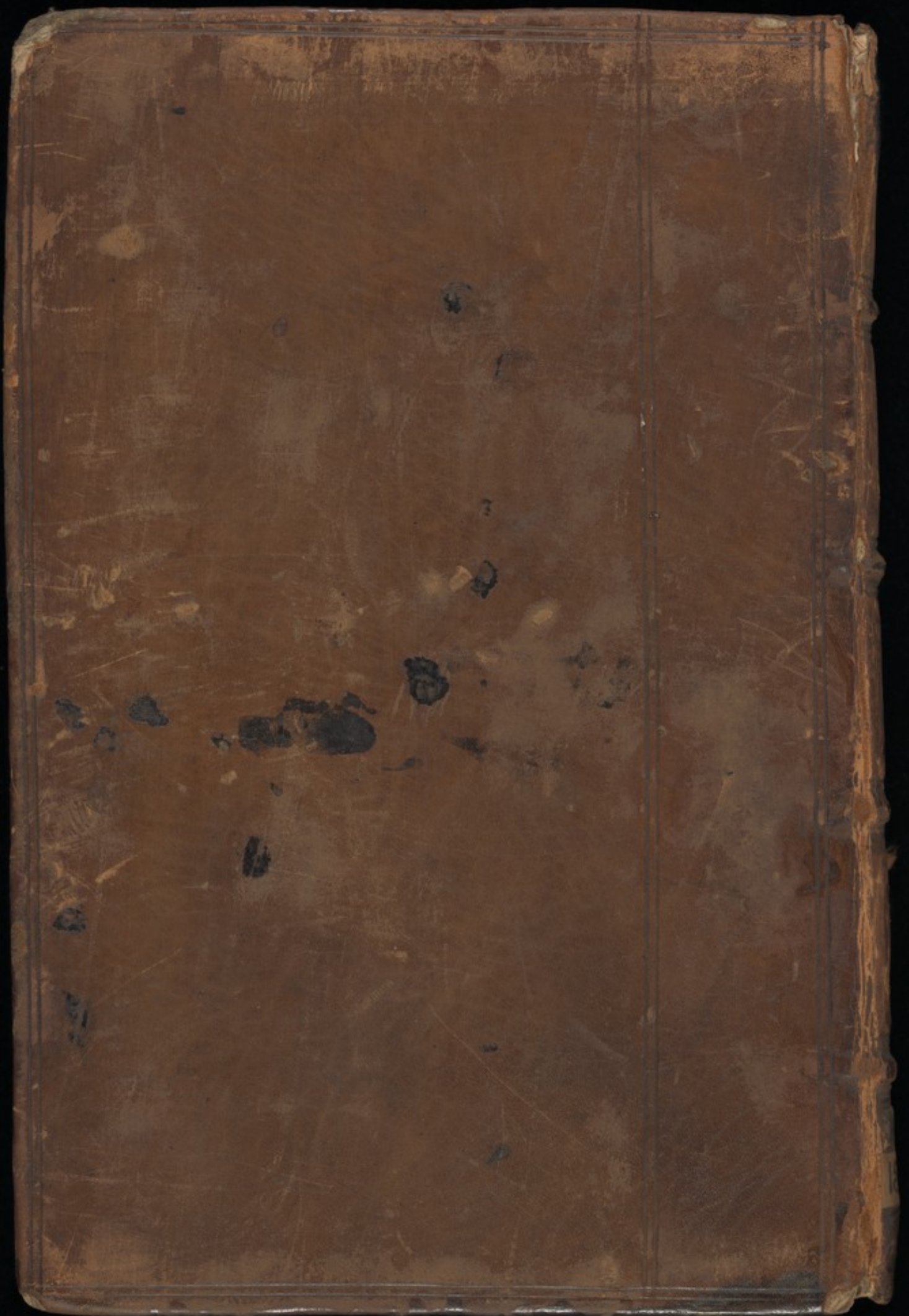
The way to have drink allways of y^e same strength

good Ale

34 Gallons is an exact Barrell, 5 Shick makes

The General History
of Virginia New England & the
West with the Names of the Adventurers
Planters and Government from their
first beginning. An: 1584 to 1626
The Growth of Capt. Ingham's

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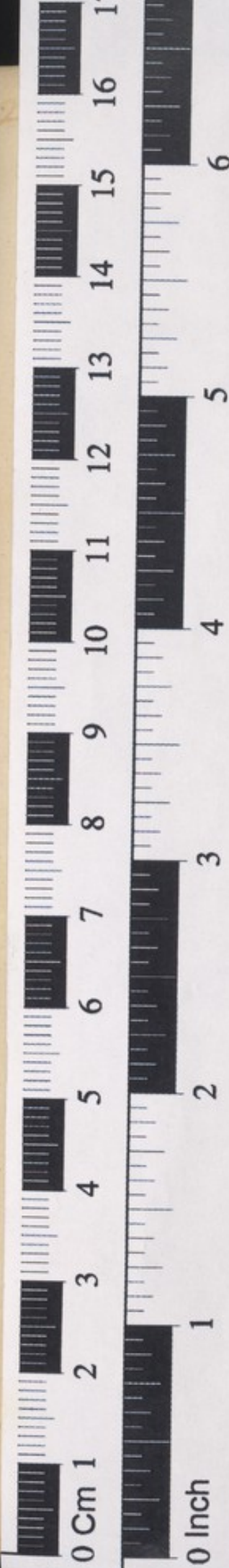




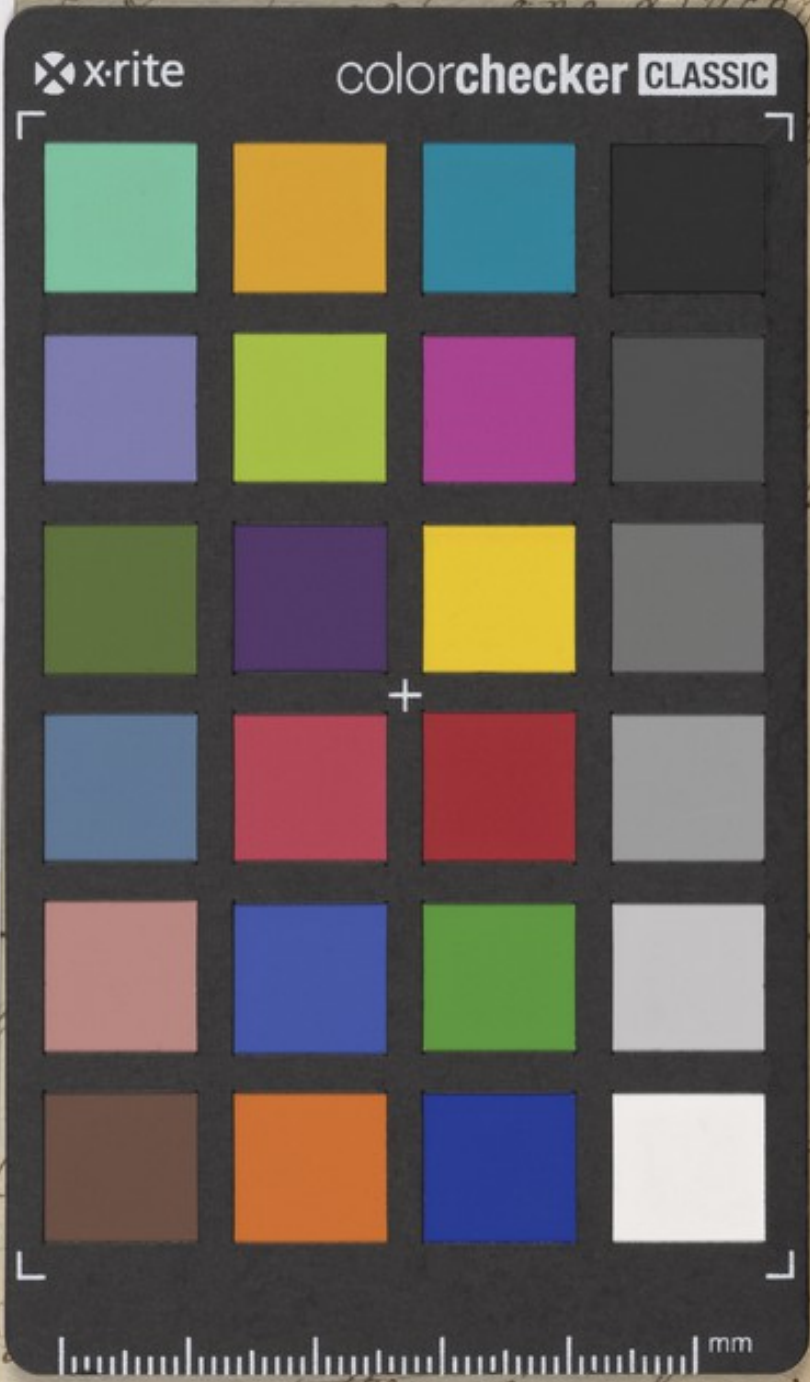








The Wellcome Library



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Stoughtons Drops
ounce of Gentian: one
drachm

of each w. the like proportion
wash 'em very clean & when
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