

English Medical Notebook, 17th century

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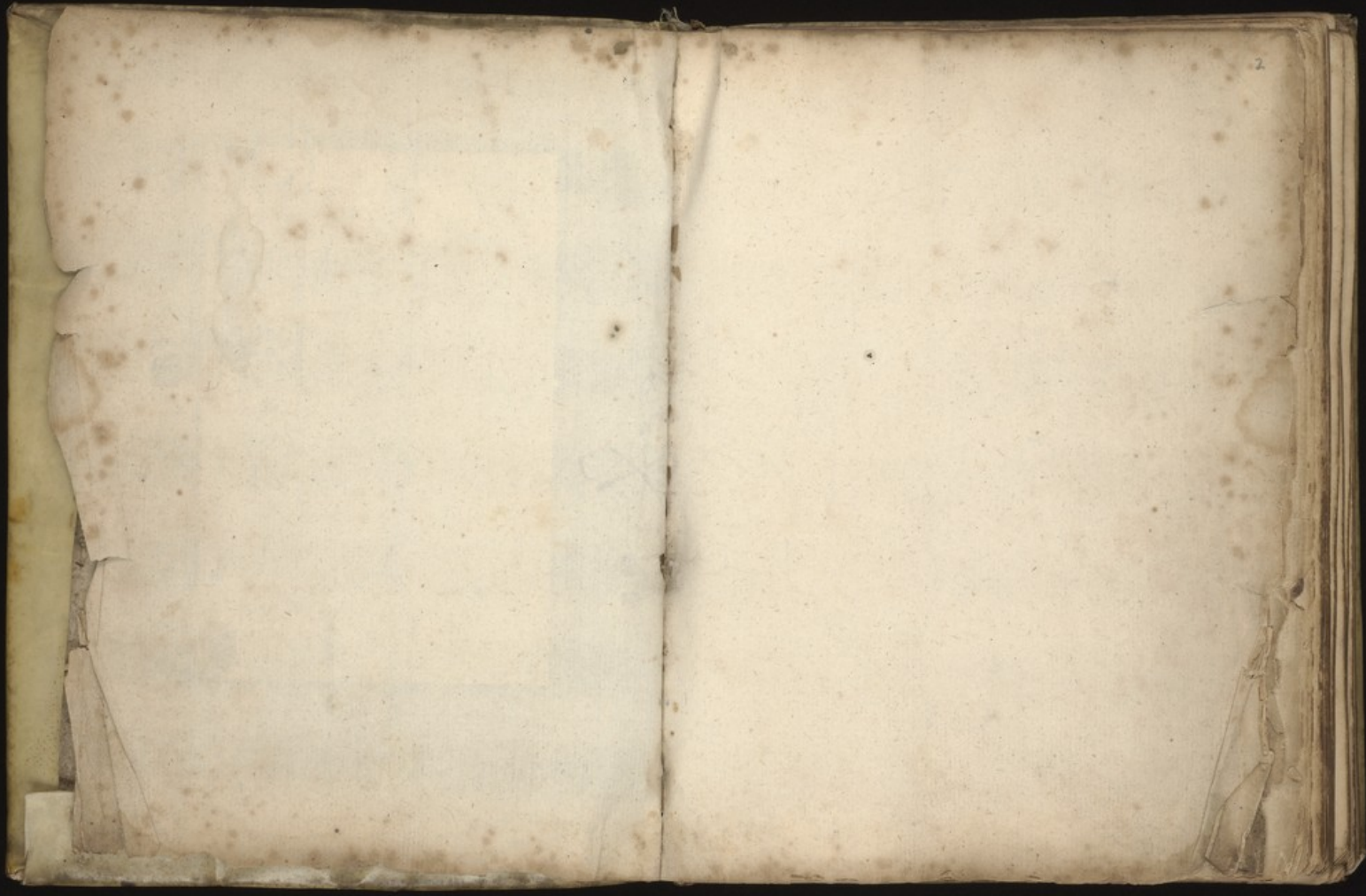


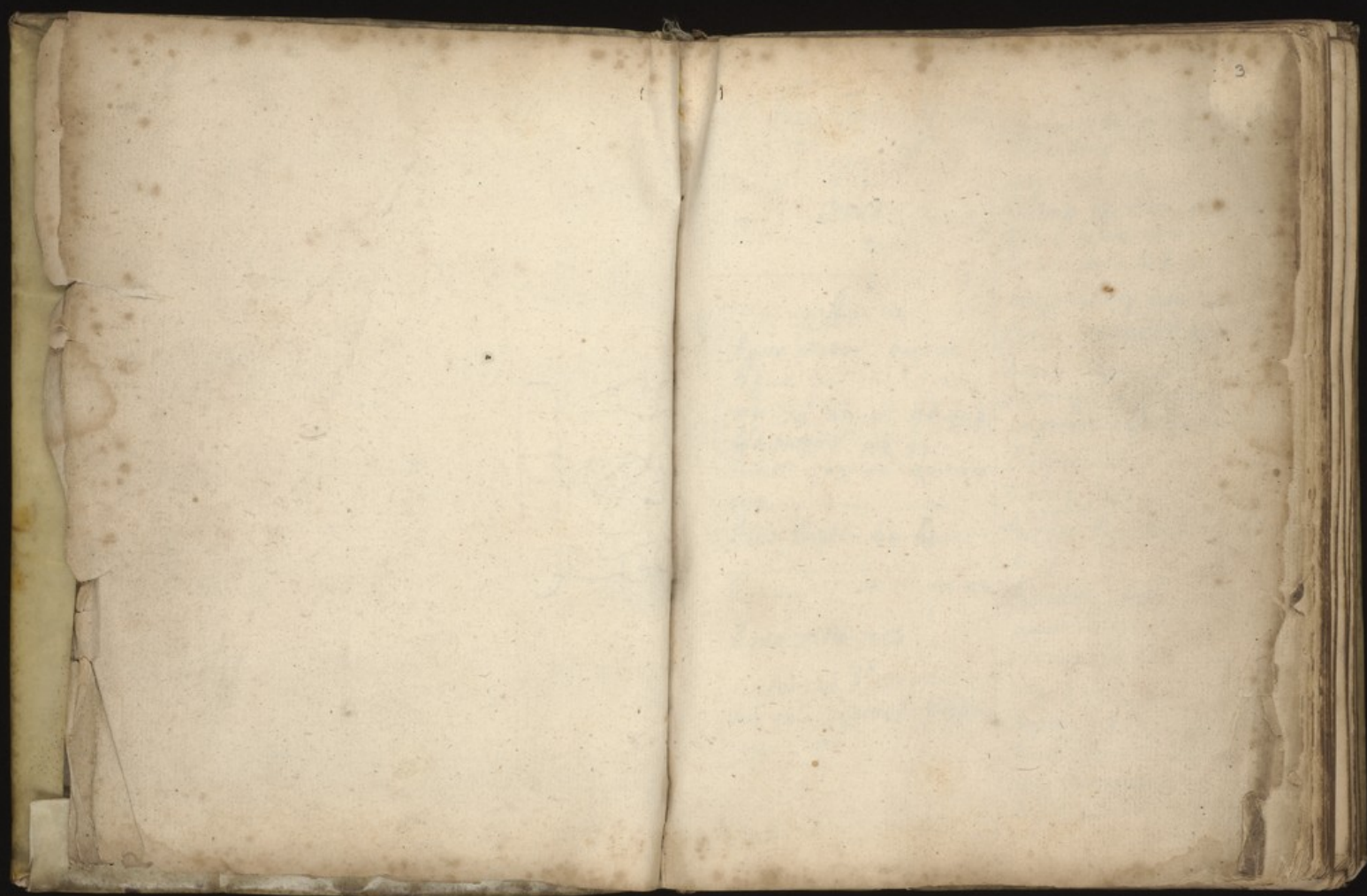
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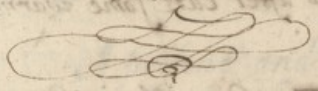
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A booke of physicall receipts



Dr. Londons Council for the heat of the Liver

Take a peice of bread reasonably Leauened then dippe it in faire water and a little vineger and so eat it before any thinge Else about an hower

heat of the Liver

For the spleen

Take halfe a pint of white wyne and Steepe in it a quarter of an ounce of Maydenhaire and as much of Seny and a good race of ginger sliced and so let it stand all night then make it warme then strame it and put to it as much Sugar as will make it pleasant drinke it

Spleen

Faint handwritten text, likely bleed-through from the reverse side of the page, including various numbers and illegible words.

Spleen: Wynd in the side: Surfeit

Spleen: it warme by fower or sixe of the clock in the morninge and within two or three howrs after eat some warme broath.

For the wynde in the Side

for the wynde in the side
Take Cammomill flowers Mellilot flow-
ers Cummin & branne and make a
bagg and stich it mattsres wise
dres it with Malmsey and vinegar
lay it hott vnto the side

For a Surfeit

Surfeit
Take ale and Clarifie it and put
into it sixe Sage leaues and as ma-
ny Marigold leaues and a little red
ferill and a crust of bread with a
little Sugar let them seeth the
third part away, and so drinke

For the yellow Jaundis

yellow
Jaundis
Take the yellow rinde of barberies
and.

Jaundis: Chollick: Sleepe

and scrape it off then bruse out y
Juice into white wyne and drinke
morninge and eueninge

A present and approued
remedye for the wynd
Chollick and pame of
the gutts

Boyle posset ale then take sa
momill a pretty quantety with
anise seeds and liquoris bruse
them a little and then boyle
them a while in posset ale and
so drinke it

winde
Chollick

To Cause one to sleepe
by: W.H.

Take fower spoonefulls of rose
water as much of vineger two
spoonfulls of oyle of roses halfe
an handfull of rose leaues
made

to Cause
Sleepe

made into powder mingle them all together and take Crummes of bread leuened made of wheat and make a plaister therof and lay it cold ouer the forehead and temples

For a woman that cannot haue her throwes, or yf her throwes come vpward

Take Dittanger leaves and roots in Sommer Stamp them and strain them with wyne or Ale: (in the wnter the roots only) but yf you cannot get dittanger then take vnsett Leeks blades & roots Stampe and strame them and drinke them in wyne or Ale

An oyle for the same

Oleum Nympha is a good oylment

for a woman in trauaile

an oyle

for a woman before her trauaile where she feeleth paine or straitness and also to anoint the botto of her belly in her labour

A powder for a woman in trauaile taught by the lady Montague

A powder

Take Cumme seedes harte stones and grames beat a quantity of each very fine, and searce them a sunder then take proportionally of each one a like quantity, then take Saffron throughly dryed by the fire and finely ground halfe as much as one of those proportions, then take of the best white Amber and beat it very fine and take so much of it as the quantity of all the rest cometh vnto. Mingle them together and grind them in a Morter altogether againe

againe and take of this powder one
spoonfull both before the birth and
also after the Birth of the Child

Laske

To stopp the Laske

Take Conserue of Sloes and the pou-
der of Plantaine seeds and eat it
also make rice pottage and take
bursa pastoris, mace plantaine leaves
and rootes, bramble loaves and put
them, this will stop an extreame loose-
ness

Another

Also take the middle barks of an Oake
dried and made into powder and taken
in milke or pottage is very good and
may safely be given to a young Child
that sucks. also the yolke of an egge
with a little draught of aqua vita to
an elder body

An approved remedy for the
mother

Take dates and Cutt them in peices

for the
mother.

in number three halfe a handfull of
hassell nutts kernells beaten small
five or sixe great maces a farthinge
worth of Saffron boyle all these in
a pinte of muskadedell unto the third
part then straine it and let her
drinke it as warme as shee may two
or three tymes and also let her vse the
same mace after in her brothes

mother.

A present remedy for the
Stich.

Anointe the place with aqua vitæ
and take a board very hott and lay
it to the place greined.

Stich

An approved remedy for the
bloudy fluxe

Take Veruame and stampe it then
straine it puttige therunto a quan-
tety of Cynomoni and Bole armoniack
and drinke it with beere or redde
wyne, if you cannot gett the herbes
green

bloudy
flux.

greene drinke the powder of it fastinge
A Singular approved medicine
to breake the Stone.

Stone
Take a Geate Stone and the Shells of
egges wherof Chickens have been hatch-
ed and a little anise seed and make
thereof a powder finely beaten and to
take it more pleasant and stronger
put a little Cynamom and a nutmeggs
finely beaten and use to drinke of it
with a little ale or beere warmed by
the fire. Use to drinke of it three or
fower tymes a weeke untill you have
rid it and you shall see it in a
glasse when it voyds. and afterwards
use it once or twice a weeke that
it increase not againe.

The use and excellent vir-
tues of Carduus Benedic-
tus.

head
ache
The herbe eaten or the powder or
juice thereof drunken keepeth a man
from the head ache, and Megrim and

also driueth it away when it is gotten
Also the herbe eaten comforteth the braine
sharpneth the witt helpeth the memory
it is good against dizziness and piddines
of the head it prouoketh sleep and
healpeth hearinge.

the Juice of it laid to the eyes quick-
neth the sight also the water in the
which the powder or herbe dryed is
steeped hath the same effect the
eyes beinge washed therewith the
Juice dropped into them Cureth the
redness of them bloud sheddon or
itchinge of them.

Also it is good to strengthen the teeth
If a Cloth be dipped in the water &
rubbe the teeth therewith or if the
teeth be washed with the water
therof.

The powder of it stancheth bloud
that floweth out of the nose beinge
applied to the place.

The decoction of it drunk in wyne is
good for an yll Stomack that is weak
and it causeth an appetite to meat

braine
with
memory
giddines
slup
hearinge

Eyes

itching

bloud
sheddon

teeth

staunch
blood

Stomack
wrike

Also the powder eaten with hony causeth a man to voyd fleagme and gross humours it Consumeth euill blood that engendreth also the herbe boyled in water & drunk Consumeth yll humours & proserueth the good

The herbe chewed in the mouth healoth the stink of the breath

The leaues boyled & drunk prouoketh sweat

The powder therof being taken before a man be infected preseruet h m from the pestilence And a dragma of it being taken immediatly after a man feeleth himself infected expelleth the venome of the pestilence from the heart the same effect it hath being boyled in the urine of a healthfull man Child and drunke

The herbe iuice powder or water of the herbe beinge drunke & the patient well covered with clothes & sweatinge three howres Expelleth all poyson taken in at the mouth & other Corruptions y doe any the heart

The herbe boyled in wyne & drunk hot about a quarter of an hower before

the fitt and the patient after well covered with clothes in the bedd driueth away Agues the powder & water of the herbe drunk hath the same effect taken with wyne

The iuice of it drunk with wyne is good for an ache in the body it doth strengthen the members of the body it is good against a short wynd and disease of the lungs

The herbe boyled in the urine of an healthfull man Child & drunke doth helpe against the dropsey breaketh all impostumes and is good against the fallinge Sicknes

The powder eaten or drunke doth helpe the stiches of the side also the herbe eaten doth strengthen the trembling members w^t the palsey the powder mixed in a glister helpeth against the Chollick & other diseases of the gutts and the water drunk hath the same effect

The herbe boyled or the iuice drunke

- Stone With wyne breaketh the stone and
beinge boyled in water & the patient
littinge ouer it so as the hot vapours
may come vnto the diseased place it
helpeth against the same infirmity and
after the same maner beinge used it
is good against the green sickness it
openeth the stopping of the members
causeth pryae & is good for a bruiſe
- Green
Sickness The Leaues Juice powder & water of it
is good to heale the Canker and old
rotten festred sores the Leaues pressed
are good against Carbuncles burnings
or bitings of any venemous beasts
- Canker
- Cutts The downe of the flowers when the seed
is ripe doth heale Cutts & new wounds
without paine
- note. Here is to be noted that we may
use this herb and enjoy the virtue
therof fower maner of wayes.
first in the Leaues. second in the pou-
der. third in the Juice fourth in
the distilled water vnto these may
be added the liquor in the which

the herbe is boyled for the most part
of the virtue that is in the one is in
them all so that in diuers diseases
for which this herbe is medecable
for lack of the one a man may use
the other the green leafe may be ta-
ken wth bread & butter as we use sage
in the morninge at breakfast and yf
the tast be so bitter it may be taken
wth butter hony in steed of butter
It may be taken also in pottage boyled
amongst other herbs

The Juice of it eyther outwardly applyed
to the body as is also the water somtyme
or else it is receiued by the mouth into
the body being receiued into the body
it may be taken in pottage as the gre-
en leafe or wth wyne yf it be burned
& druncken hott it is the better yf
you list you may boyle it wth wyne
& hony or sugar to make it Sweet
and then drinck it warme

The powder may be taken wth hony ^{off}
on

the point of a Knife or with bread and hony if you list or else it may be drunk with ale or wyne. the distilled water may be drunke by it selfe alone or else wth white wyne before meat or wth Sack after meat especially yf the stomack be weake & Cold

The liquor or broth in the which y^e herbe is boyled may be thus made

how
to make
the liquor
of Cardus
to drinke
Take a quart of running water sceth it & Scumme it then put a good handfull of the herbe & let it boyle until the better part of the liquor be Consumed then drinke it wth wyne or yf you list with hony or Sugar to make it the more pleasant

potion
Or else make a potion thus Take a good handfull of the leaues with an handfull of resins of the sun washed and stoned and some sugar Candy and Licorris sliced small. boyle them together in a quart of water, ale or wyne as is aforesaid then straine out the liquor and drinke it, yf it be to bitter

you may make it Sweet as aforesaid Moreover it is to be noted that the powder and water of the herbe is most to be regarded and especially the water for they may be long preserved so that a man may have them allways in a readines to use as need shall require whereas the iuyce nor the green herbe and the water which only is voyd of bitterness may be drunk by it selfe alone for the stomack and tast will beare it & like of it as well as of Rose water.

For the Consumption.

Take Clay Leaves & prick them & frye them wth two or three yolks of Eggs & put thereto Saffron dryed upon a stone and ground small and put them all together and fry them in fresh butter and eat it warme next your hart

Consumption.

Probatum

A little pill to be heald in the mouth under the tongue either day or night to stay the rheume

and to helpe the Cough

pill for
the rheum
Take gumme Araback & gumme tragacant
of each the weight of six pence Nutmegs dry
ed & tosted the weight of eight pence
Sugar Candy halfe an ounce wth the of Quince
seed steeped in roswater make little pills
to hold in the mouth

For an Extreame Cough.

Cough
Take six pippins of a reasonable bigness
of the yellowest you can gett pare &
Slice them thynne then put them to
steep in a quart of Conduit water or
runnige water about twelue or sixteen
howers then straine the water from the
Apples and force out the Juice of the
Apples as much as you can together
wth the water then take an ounce &
halfe of browne sugar Candy & let it
disolue in the water and let the Pa
tient drinck therof first and last
about a quarter of a pint or rather
a little more that a quart may make
six draughts. besides it may drunk too
or three tymes a day (yf you will.)

The Lady Hoptons drinke for
the Cough in younge or old
most Approved.

Cough
Boyle posset ale a pretty quantity &
boyle it cleere then put a pretty quan
tity of liquoris Anise seeds penyroy
all and hysop wth some reismis washed
and stoned boyle all these well in
the posset ale and drinke of it war
me Morninge and Eueninge, or as ofte
as you see cause

An Excellent Syrupe used by
the Lady Hopton against y^e
Consumption and Cough of
the Lungs

Consump
tion &
Cough of
the Lungs
Take hysop water and Coltsfoot wa
ter of each a quart to which put two
pound of sugar. of the herbs of Colts
foote Sytrach maiden haire scabious
hysop penyroyall of each one handfull
boyle all these herbes till you percibe
the

Consumptio

the virtue of them to be out then
pouer the water from the herbes and
let it coole then put the sugar to the
water and so make a sirupe and take
a little of it in a spoone as often as you
are troubled with the Cough or rheume

M. Bakers Medicme for the
Cough of the Lungs, most
Approved.

Cough
of the
Lunges

Take three pints of ruminige water
half a pound of Portugall sugar in nye
figgs & half a spoone full of resinis of
the Sun Clean washed and the stones
pickt out a penyworth of maiden
hairs let all these boyle together
till the one halfe or more be Consumed
then straine it through a fine Cloth &
Every morninge drmk two Spoonfulls
of it luke warme and you shall find
present remedy

For griping paine in the gutts
and belly, a present remedy

Take possett ale boyle it then take
of Cammomill a pretty quantety
with anise seeds & licoris bruse y
a little then boyle them a while
in the posset ale and so drinke it

paine in
the gutts
& belly.

For winde and stoppage
in the Stomack

Take a little draught of Sack
put into it a branch or two of worm
wood & so much of Spearmynd steep
them a few hours in the wyne then
heat it very warme and drinke it
eyther goeing to head or fasting in
the morninge.

Stoppage
in the
Stomack

Probatum by
diuers

For the same

Take Mynts dry them to powder
the inner kernells of Ashen keys dryed
into powder with Sugar Candy braten
mingle all together and keep it in a
box and at night goeing to bed take
a little quantity on the point of a knife

Stomach
pains

A Singular water for the
Stone.

Stone.

Take strong ale a gallon or more
anise seeds lycoris fenell rootes and pars-
ly rootes. the seeds of parsley fenell growell
and Caraways. pebbatory of the wall stone
Crop birch leaues. filapendula percespeare
woodrooffe burned peny royall an water
Cresses the seeds the weight of six pence
one nutmeggs one date stone in powder
and a quarter of a pound of Reysins of
the Sun: of the herbs an handfull hippes
and hawes and Crabbs in a bagge and so
distill all in a Limbeck

An easie glyster to be giuen
in a burning feauer. and
is very good.

glyster Take kitchen Sugar with small
beere or posset ale let it be luke war
let only the cold be taken of and so giue
it

A very good Gulip easly
made for a feauer

Take of distilled water of Sue-
cory burage Endine or Sorrell and
also of Sirupe of violets and of
oyle of vitriol into euery spoonfulls
of water put one spoonfull of the syr-
rupe and of the oyle of vitriol two
or three droppes.

feauer

An Excellent purging whey
against Melancholly by
Dr. Burges and it is especi-
ally to be taken in May

a
purge
for
mellan-
= Cholly

Take of burrage & of Buglosse of
each two handfulls. of Balme hearts
ease femitory Agrimony of each one
handfull of betony Scabious heartsong
& Johns wort the blewings of it of each
one handfull of Seny Cowslip flowers
rosimary blewings and pokkypdy rootes
of each one ounce also of reysins of the
Sun one handfull and a little whole mace
and halfe an ounce of Sweet fenell seeds
first Claret for your whey and then boile
all these things in it one hower, but

put the fern in last Lettinge that boyle
but a walme or two, then straine it and
drinke of it eight or ten dayes together
two draughts in the morninge about eight
and also about ten of the Clock, make it
fresh every three dayes.

For the winde Cholick

winde
Cholick

Take gravel seed parsley seeds Elyfanden
seede Coriander seed fench seed Anise
seede Caraway seed of each halfe an ounce
gramis one quarter of an ounce all these
beaten somewhat grossly, Lycoris halfe an
ounce, nutmegs and ginger of each a quarter
of an ounce all these sliced small white
Sugar Candy five ounces beaten mingle
all these together and keepe them in
a box dry, and every morninge fastinge
and every eveninge when you in bedd
take of it in a Spoon what quantity
you please.

An Excellent Approved
Vomit for an Ague

Ague.

Take of the herbe Aparabecka of the
Leaves

Leaves thereof pound them, straine
out the Juice thereof & steep it a while
in a little beere then drnk it a little be-
fore the fitt Comes, you must Consider
strength of him that takes it, for
it or 13. Leaves is enough for the strong
est, but to some 3. as for a Child, to some
5, to some 7. & to some 9. accordinge
to their age and strength Make
ready good store of posselt ale to
drinke in the workinge thereof, that
it may worke with the more ease
and less danger

Ague

winde
cholick

vomit

For the same an Excellent
Approved medicine

Take a peice of a dead mans skull
and beat it exceeding small into pou-
der in a Mortar, take one spoonfull
thereof and steep it all night in beere
about the quantity of a reasonable
draught take it at the Cominge of
the fitt but make but one draught
thereof, it is a present remedy. and Can
fish

for a
shaking
Ague

Causeth neither vomit nor purge
For the wind in the Sto-
mack. /a Julip/

winde
in the
stomack

Take possit drinke & boyle these
in some broad tyme some sweet fennel
seeds and some Coriander seeds, and so
drinke it as you please.

A good Julippe in a feauer

An easy
Julippe

Take small ale barley Cream or
the Juice of sower Oranges or Limons

A delicate Julippe by m^e
Rousswith

A delicate
Julippe

Take (small ale) of faire water a quart
of hard sugar three vnces of Sinamon a
little stick boyle them a while then put
them in a bason and to them the Juice of
three Lymons of whitewine ten spoonfulls
of rose water sixe spoonfulls. Straine y^e
and reserve it to drinke in extremety
of heat and thirst. 4 or 5 spoonfulls at
a tyme the cold of it benige a little abate

To make Siruppe of Damask
Roses.

Take of the buds of Damask roses
a good quantety, Stampe them & straine
them into a narrow mouthed glasse and
set it in the sun, Covered wth Sallet oyle
an inch deepe untill it pitch then take
away the oyle & straine it let it simmer
over the fire wth the double wright of
sugar, & make a siruppe of it

Sir: of
Dam:
Roses.

For the head ach a good
remedy

head
Ache

Take a pretty draught of Surfeit wa-
ter with a little sugar in it, and it will
presently cause ease

The virtues of powder of
Earth wormes. by Doctom^r
Bonham noted.

Powder
of
earth
wormes

One dragme of this powder mixed wth
the Juice of marigolds & wth some Sweet
wyne as Muscadell or Mathiaglyn, dath
Cure the Epylepsie. Also wth white wyne
& mirke it helpeth the droppe, the
Jaundis wth new wyne as also the stone &
ulcers in the reines or bladder, it stay
eth

the Loosness of the belly helpeth barren-
ness, & expelleth the secondine abwaith
the paine of the Sciatica, openeth the
obstructions of the Liver, taketh away
tertian Agues, & expelleth all wormes
bred in the guts, bringe quins, & take
with the decoction or distilled water
of Germander wormewood, southernwood
Garlick Censory or such like. See Topfel
his history of Inpextix in the end Concer-
ning Earth wormes where is noted the
maner how this powder is to be made
Gal: 310.

powder
of
Earth
wormes

An approved speciell
Medicine for the stone

Take Cherrystone kernells one spo-
full, six Almonds blanched three tymes
beaten and strained, then take a
pint of white wyne & six spoonfulls of
red rose water, & as much of beane
flower water let them all simmer upon
the Embers for a quarter of an hower
then put to it 3. unces of sugar and
so drinke it warme morning & Eve-
ning

Stone.

For makinge of the beane flower water
you must at the tyme of the yeare take
halfe a peck of beane flowers & as much
of wild tyme & steepe them a whiles
in milke & so let it be distilled

beane
flower
water.

A glisten for the stone.

Take of Beets of mallows of violet
Leaves of pelitory of the wall & Cala-
gnite of each one handfull boyle all
these in a pinte of milke & turne it
wth some white wyne which bringe
strained put therunto the yolkes of
two eggs one spoonfull of hony wth a little
bay Salt fenell Seed & a little Anyse
seed.

Stone
a
glisten

An approved medicine
for the Ague

Take one handfull of red nettle
topps and as much spyders Cobwebbe
and Crummies of wheaten bread with
a little red vineger and a little bay
Salt bmdie this to both handwrests
and bottoms of the feete

Ague

For the yellow Jaundis

yellow Jaundis

Take Fermerick one dragme & a halfe saffron .24. grames, powder or fine shawmges of harts horn & one dragme Ivory shaued or in fine powder halfe a dragme sugar as much as all the rest make a powder therof, and take of it euery morninge fastinge in whitewyne as much as will lye on a groate

A gentle purge

purge

Take holland water one scruple Diaphenicon one dragme & halfe Sirup of Roses solutine one ounce & halfe Cynamon water & oyle of vitrioll of each vij dropps make a draught with boyled and Ocumed beere

Against the green sicknes

greene Sicknes

After the party hath taken a vomitt use the pills following for xxij dayes together takinge euery day fower scruples of the sayd pills which are thus made

pills

Take of the powder of prepared steale one ounce and halfe of the spices of Hyera halfe an ounce, of gumme Armoniac

disolued & of Myrte ij drag: & halfe of the powder of rubarb one dragme and halfe of Aloes Amber red Corall nutmeg ginger Cloves Cynamon anise seeds all in powder of each halfe a dragm mixe and make them vp into a masse adding to the rest of the Chymicall oyles of Cloves and Cynamon a few dropps, and euery morninge after your pills drmk a little white wyne wth wormwood steeped in it

pills

For the runninge of the Reines

Take dry turpentine ij dragms Amber one dragme white Corall one dragm bole or ient ij dragms & a little Cynamon beat these into fine powder mixe them with red wyne make it into a masse then divide it into xij parts and so dry them disolue one at a tyme in red wyne e very morning, drinking it for six dayes together or more if you need

running of the reines

For a vomit

Take of the Leaues of the herbe Alsara bacca .vij good leaues pound them small straine it out into beere or posset drmk

vomit

and so drinke it, & between your vomiting
drinke some warme possett drmk.

For them that be almost
Spent of the Consumption.

Consump
tion

Take the herb ros. solis & of Aquavita
of each two quarts steep it in a glass with
stopped three days, presse out the liquor
hard & keepe it in a vessell close stoppt add
thereto vnto a pound of good Cape dates
Drinke herof halfe a spoonfull euery
morninge & Euening

For the Pleuresy

Pleu
resy

Take brook lyme and sheeps tallow
of each a like quantety. a quarter so
much of oyle of Almonds boyle them
together that the herbe be not hard
Anoint the place with the oyle and
bind the herbe on to the place.

A Sirupe against the
Cough

Cough

Take of the roots of Elycampane
two ounces of Lycoris clenfed & brused
one ounce of dry leaues of Colts foot two
handfulls & halfe of maydenhaire one hand

Scabious perroyall horehound and sweet
marierom of each half an handfull of
Anise seeds two ounces boyle all these in
a pottle of faire springe water xxiiiij
hours and let it be strained. to euery
pound of the strained liquor put one
pound of the finest Sugar and halfe a
pound of Libe Honey boyle it scumming
it & Clarifying it to the Consistence
or thicknes of a Syrupe then put it
up for your use

Cough

To make an oximel
single

Oximel
single

Take good wyne vmiger one parte
Choyce hony two parts Cleere water
fower parts first the water & hony
are to be boyled together when they
be perfectly scummed put in the vmiger
boyle it to the Consistence of a Sirupe
still scumme it as need shall require

To make Oximel Compound

Take the vther part of the roots
of march fenell parsley Butchers broome

Oximel
Com
pound

oximel

spange of each ij unces of the seeds of
smallage fenell of each one unce twelve
pints of fair water let them lye steeped
xxij hours & then boyled to the Con-
sumption of the one halfe then straine
it and presse it after wth hony two pintes
boyle it into a sirupe this is good for
the stoppage of the lungs or P^hysick

Lungs
or
P^hysick

Hony of roses

Take of the Juice of red roses & of
good hony of each a like quantity boyle
them together on a soft fire to the
substance of a sirupe

For the stone in the
Kidneys

Take milke water distilled one pinte
prosser & pellitory of the wall of each
a quarter of a pinte Reinish or good white
wine one pinte two good nutmegs & two
good racts of ginger thine sliced put
all together in a glasse stopped close
Set your glasse in a borsnet of water
to boyle an hower & then let it stand
in the water till it be cold, next day

Stone
in the
Kidneys

Straine it from the spice put into it
thirty dropps of oyle of Sibeol and
as much fine sugar as will make it
sweet so put it up in a glasse & drinke
of it Every morning Eight spoone
fulls

Stone
of y^e
Kidneys

For Scalding

Take groundell and Choppe it small
and then pound it with an hoggs mort
and lay it upon Harts tongue leaves it
will fetch out the fire and heal it
you must Change it twice or thrice
a day.

Scalding

Heere follow Sundry Medecines
for wounds sores
swellings bruises
Aches
&c.

To staunch the bleeding
of a wound or Cutt

Put first into the wound or Cutt
greene hyssop bruised & mingled with a
a good quantity of Sallet oyle then
take some horse dunge beinge hott
from the horse and lay it a good
thickness upon the Cutt or wound
& it will stay the bleeding yf
this will not then take hogges
dunge & that will doe it.

bleeding

For a bruse or hurt
by a fall

Make a posset of white wyne or ale
and

bruse

and put a little balme and a pretty quantity of turpentine of Venice in to your possett and drinke it warme and keepe you warme after it. Also to drinke Stone pitch taken in wyne or to drinke Sperma Cota is good.

For a bruise newly done

Bruises

Take benyroyall and boyle it in strong ale till it be tender then take the herbes & lay them hott to the place bruised & it will swage & Swellinge. Also take an handfull of Mallows & sooth them in fresh grease & straine them after that put to it a quantity of Aquavita & annoynt the place bruised before the fire with it.

oynte ment.

An approved pultis for a bruise

pultis

Take a quart of Malmesey two or three good handfulls of Onyons sliced of pepper small beaten fower

Spoonfalls boyle all these together till they be thick then spread it uppon white leather & lay it to the place bruised as hott as you can suffer it & let it be on two dayes and two nights before you shifte it

For a tetter or ringworme Scabs or any other breaking out. Approved.

Take fower ounces of hogges grease one ounce of quicksilver kilt it with fastinge spittle one ounce of verde grece beaten into powder of Camphyr one dragme of black sope a spoone full as much of mustard Temper all these together & put it into a box and annoynt therewith all places broken out Evening & morninge untill it be perfectly whole

roll it

tetter

Scabbs

ringe worme

To kill a fellon at first Cominge

Take raw Sage & the fatt of rasye bacon of each a like quantity

fellon.

fellon
Cominge

Stamp them all together, & lay the same on a linnen Cloth warme to the place greined also tarre aplied to the place at first is very good yf it will not breake

To heale a fellon bominge broken

fellon
broken

Take hony the yolk of an Egge wheaten flower the tuice of plantaine and of Smallage mixe all these together make thick and lay it every day to the sore, yf there be any hole put a pice of fatt baton into it and lay the salve ouer it

To drawe out a thorne & to heale the place bominge red & Swollen.

Thorne

Take Smallage finely beaten in a mortar and put to it black sope and bores greast beat all these perfectly together and make an oniment & spread it on a linnen Cloth and lay it warme and gently bound on to the sore

for

For a stroke or Prick in the eye, yf it Cause the paine

Stroke or
prick
in the
eyes

Take a pidgeon & let him blood in one of the winges in a vine & let the blood spinne out of the veine into the eye & it will helpe you, yf you use it 5 or 6 tymes

To beat back any humour fallen into the eyes.

Take a rotten apple & roringe out the juice of it & droppe it into Eyes morninge & Eueninge

Eyes

An Approued medecine for any burninge or Scaldinge to kill the fire heale & shine it

Burning
or
Scalding

Take ground Ivey & boyle it in faire water & when it is well boyled bath the place well with the wa & lay the Ivey Leaves so boyled to the sore place

For burninge or Scaldinge

Burninge

Take May butter hyle hoofe houseleek & Sheeps doung stampe them together then fry them & straine them through a cloth & when you use it warme it a little and anointe the place with a feather

A Salve for a Cutt burning or new wound

Cutt or new wounde

Take an handfull of wheat flower a peny worth of hony, a penyworth of turpentine two eggs whites & all a penny worth of white sugar finely poudred mingle all these together & apply it warme.

A good oyntment for Aches

Aches

Take garden Snayles shells & all put to them a good deale of bay Salt also a good quantity of Camomill and elder buds Choppe all these small & put it into a fryeng pan put to it fresh butter & Capons grease and fry it all together, then straine it

it & keepe in a cleane vessell, and anoint the place

A good pultrise for a wrench

Take Smallage & Chickweed lower Leauen & Sheeps suet small oatmeale a little beere & boyle all these together then lay it hott as you can suffer it to the sore

wrench

For the same

Also take a good handfull of date meate half a quart of new milk fro the Cow one handfull of Smallage and a quantity of Sheeps suet Cutt the Smallage small then boyle them together till they be thick put into all these two spoonefulls of oyle of roses this is a very good pultrise.

Straine or wrench

A good water to heale a sore and to eat out dead flesh

Take a pint of vinegar twenty Clove a rose cake or rose leaues white Endive one peny worth of rock Allum burned a saucerfull of hony boyle all these together

dead flesh

and scumme it wth a feather in the sixth
m^o Strame it & dippe the Lynde in
water & dreffe the wound, it is good to
put in mel. rosatum

A very good salve for a
festred wounde

wound
festred

Take a quarter of a pound of rosme
and wax & black sope of each a like qua
tity one handfull of howseleek of va
lerian smallage nightshade chick
weed as much beate your Rosin small
& break your wax as small as you can
put them into a Skillet and boyle them
till you may not perceiue the herbes ther
in & so make it wth oyle as you doe
other Salues

For an ordmary Ache

Ache

Take oyle of Olives & Chafe it by
the fire vntill it be dry

To make the black Salue
Cureth any plear or old
sore be it neuer so foule
or stinkinge

the black
Salue

Take a gallon of stronge Ale two hand
fulls of woodbinde Leauer halfe an hand

full of red seeded nettles as much col
wort of the ragged leafe halfe a pou
nd of red Onyons halfe a pound of
garlick peeled one pound of ~~lett~~ May
den Leeks a litle handfull of barke
dust Stamp all these small in a
Morter seuerally by themselves and
put them into the ale with halfe a
pound of Rock Allum then set it on
the fire & let it boyle till one part
of it be consumed then let it stand
3. or 4. dayes and straine them thr
ough a Cleane Cloth into a Cleane
vessell put into them of wax rosme
& nerue oyle of each halfe a pound
a quart of English hony then let
them boyle on a softe fire vntill one
halfe be consumed then put it into
an earthen pott & keep it very
Close for your vse

the
black
Salue

A good m^o treat for wounds & sores
which is drawinge Cleasinge and
healinge of wounds Smewes &
joints impostumes festred cankers

and drawinge of thorns & Iron out of wounds

Joints

Take of betony veruaine pimpernell & Plantaine of each an handfull stamp them all together in a mortar seeth them in a gallon of white wyne till it be to the third part then straine it cleare & put the Straininge on the fire againe & put therunto pitch rosen virgin wax of all the quantity of a pound by Even porcons and three dragmes of Mastick in powder seeth them till they be thick then take them of the fire & put thereto a quantity of turpentine and stirre them all together till they be Colid and use it plaister wise to the sore

Sinewes

Imposit
times

An Approved salve for all maner of Sores

for all
Sores

Take of all Sawme betony reu Smallage woormwood wateryan Plantaine woodbine Leades Camomill Sage hyssop Orpine Melilot bugle & selfe heale of each of these one handfull beat them small in a stone mortar then take xij. worth of may butter beinge Clarified

May in the Sun a good quantity of peere fect or Sheeps fect so much as with the the may butter shalbe thought fitt to fry out the strength of the herbs boyle all these in a pan together when they have boyled till the strength of the herbs be gotten out then straine the liquor from the herbs and set it againe on the fire & put into it a pound of wax & a penyworth of rosin and halfe a penyworth of verde grece beaten into powder & when the rosin & wax be melted straine it through a strong Cannas cloth (so it be not too thick) & let the liquor runne into a pottinger & let them stand till they be cold & when you would have it out set it on a few hott ashes a very small tyme then turne it downwards on a faire table and the salve will fall out then dry the wett from it & keepe it from the dust.

for all
maner
of sores.

The flower of Oynments

Take rosin & perrosin of each halfe a pound virgin wax and frankinsence of each a quarter of a pound of Camphyre two dragms of Mastick an ounce melt that which is to be melted, and powder y

the
flower
of
oynments

roch is to be made into powder boyle it well & straine it into a pottle of white wyne and all the other stuffe together Let it Cole a while then put thereto of turpentyne a quarter of a pound stirre it well together till it be cold & keep it for the best oyle or salve for warrants for it is good for all maner of wounds for the head ache or smginge of the braine for all impostumes in the head or body for Sinnewes shrunke or stramed for bitinge of any euill beast for festier or Canker or Noli me tangere breaketh all impostumes good for Swellings of the members for the Emphoyds healme them very farre & is Especiall good to make a Seare Cloth.

A water for a Canker

Take two gallons of water of wood binde leaues of rosemary sopps of Salen dme of Rew of red Sage of each one handfull of Bryony roottes otherwise cal led canker roottes boyle all to the Con sumption of Almost halfe then take as much alkume as will make it sharp and put into it .6. or .7. Spoonfulls of English hony .

wounds

head ache

Noli me tangere

Emphoids

Sinnewes shrunke

Canker

For the Pearle in the eye or any thinge growinge therein yf it be taken in any tyme an. Approved present remedy

Take of the herbe Robert some call it red robert or Lusty robert one handfull with halfe a spoonfull of bay Salt pound both together very well then tye it fast to the Contrary wres of the hand on the little pit therof & Change it euery third day

A good medicine for a Childs nauill when it comes forth with Cryenge.

Take wax as it comes from the hie and let it be altered wth nothinge but straine the hony cleane from it & then keep it till you haue need & when you will use it melt it in a saucer & disse some black wood in it & binde it to the Childs nauell.

For a Child that a sore mouth & cannot speake

Take Columbine leaues, Cynqfoile or

pearle in the eye

Childs nauill out

Childs mouth sore

five leasud grafs & Seeth them tooeth
in milke & give it to the Child some
what warme

For the eyes that are
much bloodshotten

blood
shotten
eyes

Take a tost made of leaused
bread browne & lay it in red wyne to
soake halfe an hower then break it
into peices & wrappé it in a linnen
Cloth that is fine and lay it to the
eyes when one goeth to bedd one
peice to the one eye & the other to
the other eye.

Probatum /

For a pearle in the eye
also for a pynne &
webbe

Pearls

pynne

webbe

Take fine white ginger & grate it
upon a whetstone & beate fine a litle
white Copperess & put to it & when the
patient goeth to bedd put some of it
into his eye with a quill & when it hath
been there a while stampe a litle grou
nd joy & strame it wth womans milke &
put 2. or .iii. dropps therof into the eye
in the mornng & Euenng, after the ginger

and the white Copperas hath been
there a while

Probatum.

A principall medecme for
burninge or scaldinge

Take first rape oyle or for want
therof take shoemakers oyle & of
barrows grease of each a like quan
tity of each a like quantity two
Spoonfulls of runninge water and
beat it together untill it look
white the first tyme that the
patient must be dressed put to
the medecme more oyle then bar
rowes grease because the fire then
most feruent but after three or 4
dayes put of each like quantity
but put of water but two spoonfulls.
but yf there be any proud or dead
flesh after you have dressed him
often then take red Allome & burne
it upon a tile stone & make there
a powder & lay it upon the sore
and lay on a plaister of the said

Burnng

dead
flesh

ponder

salve vpon it put not the powder
to it vntles the flesh be ranke or
dead. for the salve will heale it a
Lone yf that the playster will not
Come of without paine. wett a linnen
Clott in luke warm water so wett
the plaister & wash the sore with
the same water after the plaister
is of and dryed againe yf there
be any place yellower then other
in the sore then take linnett scrap
ed & put of the salve vpon it & put
it into the hole & lay the playster
vpon it This salve hath done many
great Cures

For one that is deafe

Drafe
nes

Take Saffron mirhe & the oyle of bitter
almonds tempered wth the juice of poppye
warne put it in the drafe eare & it will
bringe hearinge, yf it be not irrecouera
ble

To drawe or heale the
prick of a thorne or nayle

thorne

Take two handfulls of Salendme & as

much Oprie Cut it small and boyle it
with oyle Olive and unwrought wax
then straine it & soe vse it to the
sore.

thorne

A very good remedy for
the Pyles

Take Lung wort or Louage & Chop
it very small & boyle it wth fresh but
ter a great whiles then take it and
keepe it in a box or a glasse fast stop
ped it will keep so a long tyme
And when you vse it wett linnett
in the Oyntment & lay it to the
Pyles

piles

Another for the same

Take the yolke of an Egge & as
much oyle of roses & stirr them
together well till they be thicke
then wett linnett in the same &
Lay it to the piles somewhat warme

piles

Another most approbed
remedy for the piles

Take a pretty quantity of Marty
mas

piles

mas beife Choppe it then boyle it a little then take it off & let it stand & settle a while powre it from the bottome and the liquor you powre out take & boyle againe & wth it boyle a pretty quantity of the herb southern wood Cut small & after it is well boyled take it off & straine it as hard as you can through some cloth & then boyle it againe puttinge in so much fresh Southernwood as at the first & so keepe it as a salve being a second tyme boyled & strained & apply it as a plaister spread vpon linnen

An Excellent approued
medecine for the
Kings Euill

Take of Ale two or three gallons and boyle it and therein put two handfulls of Mugwort as much herb Robert otherwise Called red stalkes as much Agrimony & as much March when the drinke is stale to be drunk, let

piles
Kings euill

the Patiente drinke it Euery morninge a good draught therof, and also at night when he goeth to bedd this will Cause the sore to break.

A salve for the Kings
Euill

The sore beinge broken assoone as it is broken, take the yolke of a new laid Egge one spoonfull of hony one spoonfull of wheaten flower and beat it together to a salve & so lay it vpon some linnen & put it to the sore & it will drawe and heale it

An Excellent approued
remedy for a sore
throat

Take young Cale budds or the Leauis therof, as also the budds of Alder yf the tyme of the yeare be for them yf they be not to be had take of the green barke of the Alder and pound them together and after they be pounded put thereto a little fresh

34
drinke
for the
Kings
Euill

Salve

Sore
throate

throat

butter and a little hony & beinge Cold Lay it to the tyenge it Closi with a Cloth & fastned to the toppre of the Crowne of the head

A very good approued remedy for deafnes or Smogge in the head Caused by Colde By Dr. Matthias

Deafnes by Cold

Take an Onion of a reasonable bigness Cut an hole in it then put a little agnauite & treacle into it then roast it a while in the Embers then straine all together & make an oyle of it & Euery night goeing to bedd droppe two or three drops therof into your Eare and lye downe so as it may soake into your head.

An approued remedye for the tooth Ache.

tooth ache

Take broad tyme licoris and ginger of each a like quantoty beat all these into fine powder take a little quantoty therof in a quill and

and blowe it up into the nostrill on that side the paine is

An approued remedy for any kind of Ache or paine in the body

Take a pinte of Sallet oyle halfe a pint of Aquavita fower spoonfulls of Sperma ceta an handfull of the blesinges of rosemary boyle all together till it be come to halfe a pint then straine it and applye it warme vnto the place greiued by annoynting & rubbinge of it

Ache

For a bruse

Take oyle of Sperma ceta & pepper oyle (but moste of Spermaceta) and mingle them together and warminge it a little annoynte wth it.

bruse

For Rheume in the Eyes

Take one pennyworth of Longe pepper as much of Cumyn seeds and as much of mastick pound all these together & plaisterwise Lay it to the

Rheume

pole

pole of your head & it will draw back
the Rheumo

An Excellent & Experimented
oyle against any poyson taken
into the body or the bitinge
of any venomous beast and
Serpent: whether it be rece
ued inwardly by drinkinge
it downe or outwardly annoi
ted on the body by

Antonius Fumanellus

Take of oyle olive one pound the
flowers & the leaues of S^t Johns wort
boyle them by the space of three howres
& straine them then boyle againe other
fresh herbs flowers & leaues of the same
herbe and straine them hard & doe so a
gaine the third tyme then adde to them
the rootes of Gentian & Tormentill of ey
ther one vnce boyle & straine them
as you did before and reserue this oyle
for your vse: Also Mathiolus for the same
Commendeth this wth the oyle of Scorpions
which beinge annointed on the pulvis out

Antonius
Fumanellus
his oyle
against
poyson &c

Mathiolus

wardly is a singular remedy. the way
to make it he prescribes in his preface
on the sixth booke of Dioscorides Also
unquenched Lyme mixed wth hony and
oyle and applyed to the place the thick
ness of a goat is good against the
wounds of any venomous bitinge.

For stinginge of Bees
wasps or hornets

The Juice of Mallows mixed with oyle
preserueth from stinginge of Bees and
besides it helpeth the stinged
Also the dead bees found in the hony doe
speedily bringe Cure beinge brused and
applyed so for stinginge of wasps to bru
se and apply them

Also Mathiolus Commends Sperage beaten
and wrought up with hony to Annoint y^e
place
Others Commend any fresh earth Especially
fullers earth or bullocks dounge applyed
as a pulvis to the stinged place

To make a precious balme to heale
any greene wound Burninge or
Scaldinge or any Stiche in any
part

Bees

wasps

part of the body
The balme

Take three pnts of Sallet oyle one pound of venice turpentine halfe a pound of wax one ounce of red Saundis one pint of Sack and halfe a pint of rosewater & doe it after this manner

Take your wax and breake it and melt it then take your Sallet oyle and Sack and mingle it well together then take your turpentine and rose water and mingle it together till the turpentine be white then haunge your wax melted and taken of the fire put your turpentine into the wax and mingle it well together doe the like to your Sallet oyle then put it over the fire and lett it boyle one good walmc then take it of the fire and let it stand one one hower and halfe then you shall see all all wyne stand in the bottom pour out the wyne & set it over the fire againe & let it melt when it is all melted then put in your Saundis and stirre it well together and let it boyle one walmc continually stirring it. After you haue heard your Saundis leaue thysmge take it off
and

and so put it up in earthen potts and let one pott of it stand close covered with a tile stone wrapped over with leather and sett it in an hole digged deepe in the earth and one dropp of that will doe more good then ten of the other.

when you vse this medecine for stiches you must melt a pretty quantety in a draught of white wine or ale drinkege it as warme as the patient can suffer it you must also annoint the place greived with the same oyle Chafmge it with a warme hand and after you haue so done put a bagge of warme Embers as hot as the party greived can suffer it to the place pained and so keepe him to sweate.

Probatum.

take speciall care in makinge of it for it is dangerous for settinge the house on fire.

Directions giuen by Dr.
Kings for the small
Pox or Measills

They often breake out in Children bee fore they be sick at all It is not good to forward to giue them eyther Rott or

Stiches

Caveat.

pox or
measills

Coolinge
thingsCoolinge things Coolinge is not good lest
they be kept in by that meanes.hott
thingsAnd hott are as badde because they bringe
them out to fast and to full by which
means may be danger of Choakinge and
danger of the eyes.

Rules.

And experience teachith vs that fewe
miscarry but such of whom the greatest
care is taken which happens eyther
through to hot keepinge or to much
Physick or meat.

Cordials

Let them therefore be kept from taking
Cold & let them not be kept to hott
Cordials of hart's horne or Cytron pills
with sirupe of Sorrell may safely be
giuen whether inclynge to the small
pox or Ague.milke
&
SaffronAfter the pox be come forth or measells
you may better giue them saffron with
milke with which also it is good to
Annoint the eyes And in danger of
their Cominge forth kindly or goeing
in againe. I know no better Course to be
taken then to wrappe them in Scarlet &
to giue them Cordials As Bezar Stone and
the like.If the throat be sore with the pox then
they may take a little Barly water w
a little sirupe of Mulberyes or water boy
led with Lycoras and fogg's and a little
Gumme Tragagant dissolved in it.If ther be no Ague Goats milke is good to
to be ordinarily drunkeAnd Physicians prescribe Barly pappe to be
eaten and Barly water to be drunke.
Conserues of Roses and Conserues of Rappes
is very good moderately giuen Especially
where there is no danger of their goinge
in.But especially take Care that their di-
et be spare for much food doth increase
the humour which must breake out,
and hinder Nature from workinge upon
it by imployenge its powers to the di-
gestion of meates when she should
otherwise vse her force to expell the
poyson. for the proportion of Saffron
you may giue a penyworth at fower
tymes in fower good messes of Milke

A very good pulteis for an

Aler boyle & by

M^r. Heymorethroat
Soregoats
milkeCare of
diotthe quan-
tity of
Saffron

take

Aler
or
Boyle

Take one handfull of Mallows Leaves and
rootes violet leaves one handfull a little Lin
seed & fanogreek beaten in a Mortar halfe
an handfull of each. six or seaven figges bru
sed Cammomill flowers halfe an handfull
boyle these in sufficient quantity of milke
and in the end thicken it with beano
flower and after it is thickned put in an
ounce of oyle of lillies and as much of
Barrows grease

A very good purging whey
for the purifyinge and Clea
ninge of the blood and Clea
ninge the body to be ta
ken in May.

By m^r. BurgesA
Purging
Whey

Take six dragms of Senye halfe an ounce
of Polipody rootes brusid of Agrimony of
Borage Anglos Endiue Sorrell Succory
fumitory Scabious of each of them one
handfull Anise seeds and fennell seeds
of each two dragmes put all these into
three quarts of Morning milke whey
& put it into a pipkin and boyle it
a walme or two then let it stand xij
hours on warme ashes Close stopped wth

out boylinge then Straine it out hard
and beinge cold mixe the whites of
two Eggs beaten in a dish then set it
on the fire a game and make it boyle
a game without stirring it then
let it ranne through a Cotton or Linnen
Cloth or bagge as longe as it will drop
without strammige it. Then take a
pinte of it in a morninge at twice
some two or three hours betwene wth
some thinne breath betwixt the takinge
of it

Purging
whey.the
dose &
tyme

For the bloody flux and all
inward bleedings.

Take of red Rome a pynte five yolks
of new laid Eggs a pretty quantity
of Cynomom (the thicker the wyne)
the better, a little Sugar the Powder
of Pomgranet rinds a good quan
tity boyle these in a dish over quick
Coales to a reasonable thickness take
of it a reasonable quantity in the mor
ninge and in the Eveninge an houre
before Supper.

bloody
flux

A powder.

A powder of Approved Effect
against all inward bleeding
whether of the Lungs or
other partes

Bleeding
inward.

Take of the flowers of Pome
granets and of red Roses of each
two Scruples and halfe of red Corall
white Amber Choyce hole of Armenia
of each two Scruples, of Cynomon half
a draome, of true Mummia one Scruple
make of all these mixed together a
very fine powder. Take of it one Scruple
with Râspas, red or Clarit wyne take
of it as often as shalbe needfull.

To make a glister

Glister

Take a wyne pint of milke one
ounce of Anyse seeds beaten small put
them to the fire together, and when
it doth boyle Straine away the seeds
put into the milke two ounces of but
ter three spanfulls of kitchen Sugar
the yolkes of two newe laid Eggs well
beaten Stirre all these together & when
it is blood warme, take it.

Another good Glister

Take a pint and halfe of Cleane
water put therin Chamomill Mal
Howe leaues violet leaues of each a
small handfull Parsley and fennell of
each two or three rootes wash them
Cleane and take out the pith in the
middle boyle all these together in
till it come to a pint then put in of
Anyse seeds and fenell seeds beaten
of each two or three spoonfulls boyle
them together a little whiles with
a few red Rose leaues then Straine your
Liquor and to a wine pint thereof put
two ounces of Sallet oyle and two ounces
of kitchen Sugar two yolkes of newe
Laid Eggs well beaten and a little
Salt, Admmister it blood warme

glister

A Drinke for the Pynne
and webbe.

Take the leaues of haymaydens and
of red fenell of each an handfull nyne
woodlice or Loopes bruise these together
and

Pinne &
webbe

and styrine them with a wyne pint. of Ale for three Mornings draughtes

To make a Gentle purginge Beere.

Sasafus

Take beere and to every Gallon of beere take one ounce of Seny, two ounces of Pollepodium one vnce of Saxifrage of fenell seeds & anise seeds of each a spoonfull and a little quantity of ginger and nutmegs Scurvey graffe one handfull of fumitory one handfull, & of Scabious one handfull dry or greene, your Sasafus must be sliced thin & the herbs & the seeds must be brused an all put together in little baggs and hanged in the beere. It must be put in when the beere is tunned that it may all worke together and so it must be Continued.

To Comforte the sight and Memory.

Sight & Memory

Take three parts of dried Eye bright and one part of Mace make a powder of them & take therof every Morninge to the quantity of halfe a spoonefull in white wyne.

A Comfortable Gulipp for one that is in a feuer & wants Sleepe

Take of Diascordion one dragme Sirupe of Poppye violets Lymons of each halfe an ounce the Confection of Aloes half a dragme mixe all these together with two ounces of Carduus water Borage or Sorrell water one ounce Shake it all together & so drinke it & Settle your selfe to sleepe

feuer & want of Sleepe

A. Purge

Take of Pulvis Sanctus one dragme Sirupe of roses one vnce and halfe oyle of Vitreall. 6. dropps, boyle some beere with a little sliced nutmegge and ginger in it then mixe with your boyled beere with ones draught of it your powder & Sirrupe and drinke it up as a good draught in the morninge betymes and keepe your selfe warme after it all the day

Pulvis Sanctus

For a Canker in the mouth:

take

Canker

Take a wyne pinte of good ale and of red Sage a good hand full and of Alum to the quantity of halfe a small ege boyle them well together & wash the mouth therewith a little warme and yf the sore be lowe Gargle it.

Against the Collick
Paine

Chollick

Take the kernells of Peach Stones and good triacle equally mixed into a paste give therof about the weight of tenne pence in siluer, with Ale boyled with rosemary.

Against Chollerick intermit
tinge Agues

Agues

Take possett drinke made of white wyne and the juice of Oranges drinke it hott in the beginninge of the fitt

To remove Stoppings of
Uryne

prime
stopp

Take three bees beaten and strained with white wyne, and then drinke it.

A receipt for a Canker.

Canker

Take of Cinquefoyle of Collumbine of red Sage of Hysope of woodbinde and of red bramble Leanes of each of these one handfull which must be boyled in a quart of faire runninge water be consumed then take hony as much as will sweeten it and a little Allu more or less as the greife requires, then once boyle it about then Scumme it, Strain it and apply it with a fine linnen ragge use it two or three tymes a day until the party be well Cured.

A receipt for the Eyes.

Eyes

Take white Copperas beat it small and scarce it through a lanne ragge if it must have no knobbs in it nor nothing but very fine dust, and so you must take white sugar Candy and beat & use that in the same sort and to halfe a quarter of a pinte of Rosewater well strained from haunge ragges in it you must take as much Copperis as you can take upon a peice of three pence, and halfe as much

of the sugar Candy, and put into y^e halfe quarter of a pinte of Rosewater beinge white yf you can get it yf not the damaske & droppe this water in to the Eyes that be sore.

An Excellent diet drinke

Take the rootes of Patience & red mader of each halfe a pound Sena fower ounces Anise seeds & Licoris of each two ounces Scabious & Agrymony of each one handfull Scrape & Slyce the rootes of Patience bruse the Aniseeds & Licoris breake the herbs with your hands & put this into a Stone pott Called a Steane with 4 gallons of Stronge ale to steepe thre or fower dayes so drinke the liquor This Cureth the Dropsye the yellowe Jaundis all maner of Itch & breakeinge out it purifieth the blood fro all Corruptiō It preyaleth against the greene sicknes & all other Oppelations or Stoppings.

Diet drinke

Dropsy

Jaundis

Oppelations

To make Sirupe of Halaiaia

Take as much Halaiaia or wood Sorrell as you thinke fitt & boyle it well in a sufficient quantity of faire water then take out the boyled herbs and put in fresh ones 3 or 4 tymes till the water be strong of the herbs lastly boyle it in a reasonable quantity of Sugar to bringe it to the thicknes of a Sirupe It tempereth the heat of the Liver and openeth the stoppings therof it cooleth an hot stomacke & moueth Appetite it softneth the belly and cooleth the blood Exceedingly

Sirupe of wood Sorrell

virtues

Mrs Hayes her receit for the Stone

Take the Inner Skinne of the gizzard of a Cock Chick dried to powder the shell of a new layd egge & parslly seed dried and pounded all which beinge mixed in like quantity take as much as will lye upon six pence & drinke it fasting with white wyne or when the paine Comes

Stone

Another for the same.

Stone

Take the red berries of the Tree Bramble the black topps being taken off drye them to powder & drinke it with white wyne 5 mornings fasting as much of it as will lye on a peece of six pence

A Stewed dish for the Cholick by m^r Glisson

Cholick

Lay of Nettles an handfull in the bottom of your dish of Cammomill an handfull then fitt your dish with Embers and put upon them of green speck topps Chamomill hyssop & bay Leaves of each a good handfull tyed up in a cloth and applyed to the place.

And to drinke in the morninge fasting one spoonfull of Mustard seed is good with half a spoonfull of parsley Seede in beere or parsley Shred and to fast an hower after it.

A Composicion for the eyes.

Eyes

Take Axungia or hoggs grease very newe three ounces wash & steape it in red rose water six howers then take a

parte of the best white wyne and heat the Stone called Lapis Calammaris in y^e fire & put it into the white wyne till it hath done his singe so heat it & so quench it xij tymes & then wash the hogges grease so prepared as afore said in that wyne for 5. or 7. howers together fundr mge each part from the other & Casting m by Steams fresh wyne so ordered as before.

Then take of Tutia or tully well prepare and finely poudred one ounce of the stone hematites well prepared & washed two scruples of Aloes well washed & disolued in fenell water dryed in the Sun and made into powder xij grames of Peble in powder 4. grams.

Mix all these together with the water of red fenell & make it up into an Oynment and use it at night when you goe to bed the last thinge you doe before sleape puttinge a little of it into the Corner of the Eye of each Eye & drawe it ouer the very Edge of the Eye Lidde only so as it may moyster but not clogge it withall

Eye Salve

next

next morninge wipe the eyes with a faire cloth or wash them in cleane water it cures all sore droppings & itching eyes.

A Medecine for the greene Sicknes

Green Sicknes

Take a quart of wyne and boyle in it halfe a pound of Currence & when it is boyled put in halfe an ounce of Reddinge pounded & drinke it euery morninge .3. or .4. Spoonfulls warme & eat with it some of the Currence

For the Bittinge of a Maddogge

maddogge

Wash it with salt & water yf the wound be not to deepe tinte it with a clove of garlick yf the wound be to deepe that a clove will not reach to the bottom then pouid some garlick & put in the Juice and the clove upon it & dayly for a moneths space drinke or eat garlick this will cure the body & the wound will heale of it selfe

An Ointment of English Tobaccoe

Take of good sallet oyle a pinte of the leaues of English Tobaccoe stamped very small in a stone Morter one pound & three quarters sett them to boyle in a brasse pan ypon a gentle fire stirring it continually vntill y herbe wax black and will bubble no more the cleere liquor beinge strained put on the fire againe to it of wax .4. ounces of Resine .2. ounces and one ounce of good turpentine venice melt them well together & keepe it in potts for your vse. It is good for all posthums Swellings old vlcers burnings greene wounds all Cutts. & hurts in the head

virtues

An Ointment for younge Childrens yf stripped wth heat or with their water

Take mutton sewt & Steepe it all night in water then bruse the sutt and put therto Juice of Sengreene and a

Children Stripping

little Camphyr melt it well together & Annott the place

A Salve to ripen a boyle or Swelling

Swelling

Take a quarter of a pint of Sallet oyle and two ounces of rosmie 2 ounces of Pitch three ounces of wax an ounce of Venice Turpentine boyle it altogether Scamme it & put it up to yo^r use

For the Ague

Ague

Take Angelica Smalage red Archangel or Shepards pouch red Sage Sawme of each two handfulls Dandelion Rosemary of each one handfull & halfe beat all these together very small, and bind it to the handwrests

For the Gout

Gout

Take two handfulls of bay Salt and beat it into fine powder two handfulls of browne or red Sage stamped and Juic strained out. 3 spoonfulls of Sallet oyle a peny worth of Saffron beaten into powder stir all these until it come to an oyle and ther with Annott the place affected thick & bind it wth a cloth & it will ease the paine

For the Pleuresy or to Scatter some in the Side:

Take the oyntment Althia and a little fine Camyve seed serced and mixe all together then take a Calfe Lefe and take away the ribbs and Annott him with the Oyntment & Applye it hott

Pleure
sic

For Scabs or Itch

Take Juniper berryes one hand full Bay salt or Comon: one spoonfull beat them very well with melted lard of an hogge Straine it presse it and Annott therwith & it Cureth in two dayes.

Scabbs
&
Itch

For the Shingles

Take the blood of a Cattle wth Creame laid on and yf that prevaile not take Sweet Jallet oyle the Juic of Senpreece and the head of Milke of each a Compe tent quantity worke them together wth beatinge to the thickness of Butter and Annott the place therwith

Shingles

Against the Plague
Approved:

Plagus

Take of the best Treacle one ounce
of the Juice of Lemons halfe an ounce
of Saffron one Scruple of Pearls of red
Corrall of Sorrell seeds of Each one dragm
of Camphyre two grames this beinge all
well mixed Let them be wrought into a
Liniment or Salve wth a few dropps of
odoriferous white wyne Spred it upon
a peice of Silke & apply it hott to the
Region of the hart

Probatum.

A Salve for a green
wound.Green
wound

Take two ounces of Barrows greafe
and put therein as much Rosie and one
ounce of yellow wax boyle them till
froth Appare & Let it stand in the
pott for your use.

A Medecine for a Boyle

Boyle

Take a quart of raw milke and
and two spoonfulls of girts brused
a few Mallowe leaves a little March
a little feaverfew a spoonfooll of
bar

Barrows flick boyle the herbs & girts
and milke together till it come to half
a pinte then put in the barrows flick
and make a pultise thereof and apply
it to the Boyle.

Boyle

A Medecine for the
Itch.

Take a pottle of water a quart
of Ashes a pinte of Salt & better
boyle these together till it be boyled
away halfe then let it Pitch and An
oint the sore wth the Cleere thereof

Itch

A Medecine to get a good
Colour

Steepe some wormwood in beere
over night and drinke it in the Morn
inge before your bodyes be laced then
take some Parsley & boyle in some milke
& when it is ready put in a little But
ter & drinke it an hower after you
have dranke the beere

Colour

To make a Suppository

Take a candle & melt hm a little

Suppositor

then take bay Salt brayed a little role the
Candle in it then take fresh butter and
hony as much as will hange about the can-
dle & so use it as you have occasion /

A Medicine for the *whitts*.

whitts

Take medlers and dry them in an
Oven and beat them into powder and
drinke of it Every Morning as much as
will lye upon six pence at one tyme on
till you are well

A Medicine for one that hath Paine in the Stomack

Stomack
Paine

Take some Chamomill. 6. Bayberries
Sliced the flowers of Malloves or the
rootes and one spoonfull of Sweete fen-
nell seed boyle all these in possett drinke
and drinke it Every Morninge till you
be well.

For the feauer & Ague when
a woman lyeth in Childbed

Ague

Take Every tyme you are in the fitt
the herbe stuffe Capon Stamp it and straine

it with beere a little Saffron and a little
Synne scraped into it and drinke it it is
good to dissolue the Ague out of the brist
or any hardnes therein

Fever

For A Consumption

Take house Snayles and breake the
shell and put them into white wyne to
purge themseluss and then boyle them
in Broth and take them you may also
purge the Snayles in water & Salt.

Consump-
tion

A Medicine for the Ague before it be Settled

Ague

Take Sage & stampe it and take
two spoonfulls of the Juice of it in bare
fastinge Sage possett is likewise very
good to drinke in the fitt.

For the dryth.

Dryth

Take halfe a pound of Currance &
boyle in a quart of water and a stick
of Lycoras brused boyle these together
till halfe be Consumed then take two
or three spoonfulls of it at a tyme
to drinke

For the Itch

Itch
Take good tobacco and shred it
and boyle it in lard or fresh butter
and when it is well boyled straine it
and Annott the place

For the Rheume in the
Head

Rheume
Take the Stemme of a branch of
Hyssop and burne it on a Cole of fire and
let the smoke of it ascend into your
nostrills & it will stay the rheume &
it shall not fall downe into your teeth.

For the Palsy maide

Take Guaiacum four ounces infuse
it 12. howers or 16. in fower Ale quartes
of warme water then put to it three
handfulls of Sage an ounce and halfe
of Licoras boyle it on a soft fire Close
stopt till a third part be wasted.
then straine it and drinke it Morninge
and an hower before meals a draught
warne with a spoonfull of Sirup of Chycho-
ry and Stacados equally mixt. And after

three dayes use of this drmk take a
vomitt. After the vomit take oyle of
Lilleys & of Spike equally mixt and
therwith twice a day annott the
neck & halfe way the ridge bone of
the side infected also the whole Arme
rubbe gently with the hand a little
moysned wth the said Oyle

Oyntment

Every mornmoe smell halfe an hower
together to the Oyle of Amber or
put halfe a droppe of it into the nose
to keepe the sent therof

Smell to
Amber
Oyle

In all your beere Steep Sage and the
more you use the Guaiacum drmk the
better it will be

beere

Annott mornmoe & Euenmoe the lower
part of the belly with oyle of Castor
and also the Perennum

A day or two before the vomit let blood
in the Medyan vaine of the right Arme
5. or 6. ounces and doe the like three
or fower dayes after the vomit.

Let
blood

The Lord Denhams receipt
of A Cordiall powder with
Directions how to use it
Called

The Gascome Powder

Take the fragments of peazle or seade
Pearle of red Corral of Crabbs eyes of
Harts horne of white Amber of each
a like quantity, hence all severally
beaten into fine powder and searce it
in a fine serce Then take so much of the
black tippets or toes of the Crabbs Clawes as
of all the rest of the other pouders for
that is the maine Agent of the worke
and beat and searce them as you doe
all the rest of the pouders then weigh
them severally and take so much of y
tippets or toes as of all the other five
Pouders and mixe them well together
then make it up into balls with some
Jellye made with harts horne wherem yo
must use some Saffron more or less
as you desire to have them Collored

A
Cordiall
Powder.

So let them lye untill they be dry and
fully decocted & so use them as you
have occasion. If the tippets or toes of
the Crabbs may be had before they be
boyled they be the better. Otherwise
they may serve hence boyled so that
the Crabbs be in season and that is
Eythher in the Moneth of May or in
Septamber.

This Powder hence finely Shauen or
Scraped with a Knife may be taken
in a spoonfull of dragon water or lar
dus water. tenne grames at a tyme
washing it downe with another spo
full of the same water But to a Child
seaden grames may suffice

The man
ner of
taking

Dose.

The Virtues of this
Powder.

First it is good to prevent the Small
Pox, and so put forth the disease it
recovereth those that be fallen into
a Consumption yf it be taken dayly
for a good tyme together

Virtues

Pox

Consump
tion.

it is v.

Burninge
feavers

It is excellent against all burninges
feavers be they never so violent and
against all sorts of Poyson it serveth
Especially to master & extirpate the
venomome of that most fearfull &
infectious disease the Plague wherin
no terra semina Sigillata Bezar stone
or Unicorns horne (though taken in
a double quantety or portion) can
match it or shew it selfe Equivo-

Bezar
micorns
horne
not equi
valent

lent.
It helpeth Quotidians tertians and
double tertian Agues but for Quartane
Agues it cannot much commend it
only it may Comfort the spirits and
mitigate the fits but for the other
Agues it is Equall to any Anymall or
vegitable medicine what so ever.

Passion
of the
heart

It is also very good against the trem-
blinge and Passion of the heart and
for that it is most singular
It being taken in wyne it preserveth
a man from all diseases and Infections

And it Continueth him in health and
Vigor and it doth worke without
any violence to nature and maketh
scarce with any sensible motion for
it neither provoketh seige or vomit
or giveth any offence at all to the
heart Smell or Stomack & it lasteth
longe & decayeth not.

A Purge for the Itch

First take for three Mornings halfe
an ounce of sirupe of fumitory in posset
then take bene three dragms Rubarb half
a dragme Aniseeds brased half a dra
or one dragme infuse it in ten good spoone
fulls of white wyne with a little Cynamo
till it come to five or six small spoone
fulls Straine it and sweeten it with
one ounce of Syrope of roses and drinke
it warme to purge the day after that purge
give a little Metridate in Carduus water
or posset best) and let him sweate two or
three howers After that drinke Sirupe of
fumitore Compound in posset a good spoone
full Every Morning for fower or five dayes.

purge.

after
use the
Oyntment
of Tobacco

A good Glister for the
Burminge feaver

Glister

First I wishe him to take a Colicge
and washing Glister such as this that
followeth. Take of Violet leaues Mallows
white beets of each one handfull finest
seeds the weight of six pence brased
boyle all these in a pint & halfe of milke
when it is well boyled turne it with beere
then straine it and to one pinte adde
two yolkes of Eggs beaten wth some of the
liquor and two spoonfulls of hony & a little
Salt & so giue it glisterwise & to giue a
glister now & then is very good

An Electuary

Electuary

Take Conserue of betony Conserue of
of Rosemary flowers of each three quarters
of an ounce Syonamom to dragms Nut-
meggs & Cloues of each a dragme in
fine powder Saffron halfe a dragm Steele
prepared half an ounce sirupe of the 5.
rootes as much as will make it an elec-
tuary

To make a Comfortable
Jellye for one that
is weak

Jellye

Take of Harts horne and Ioric
rasped of each an ounce Conserue of
red Roses an ounce & halfe boyle this
in a pint of faire water then put to
it red Rose water three ounces Claret
Wyne fower Spoonfulls Let it boyle till
it be halfe spent then straine it and
put one ounce of Sugar Candy into it
and boyle it againe a little

A Liquor to stoppe the
inordinate Courses of
the Menes.

Menes

Take red Raspes fower quarters of
Sugar Candy one pound Cloues & mace
three quarters of an ounce and a little
Rosemary Boyle these till it come to
one halfe then putt altogether into a
glass close stopped, for your use.

A receipt for makinge the
red water. Ros solis

The water is to be made in May &
with strong Ale and to every pott
you must put a pound of Lycoras and
a pound of Aniseeds Reisms of the Sun
a pound & of great figgs a pound half
a quarter of Cynamon a quarter of
Cloves and Mace half a quarter of gin-
ger of Dawne and fenell a good quantite
tye an handfull of wormewood an
handfull of broad tyme an handfull of
Sweet Marjoram, an handfull of Mynts
A pretty quantety of Angelica a quan-
tety of dragons 2. or 3. branches of
Rosemary, an handfull of Germander
for every pott as much as is heere set
downe. And Steep it in the pott wher
in you make it wth your Ale two days
then distill it
you must gather your Ros solis in June

and pick it very Cleane and take no
stampe but the blades And as many galls
of water as you put wth in a great glass or
pott so many pound of Ros solis is to be
put into it and stopp it very Close &
Let it stand three dayes before you
straine it. it being strained put it into
a great glass together & take a pound
& half of laxe Super & pound it very
small & put it into it in the glass then
take a pound of dates and pick them
very Cleane & mince them very small
& put them into the glass then take
a pound of Lycoras an scrape it Cleane
bruse it & put it into an oven & when
it is dry pound it as small as dust &
serce it fine. the Snow, dates, & lycoras
are to be put into the glass & let to
stand nyne dayes & stopp it very Close
& keepe it as longe as you will.

The makinge of Aqua
Mirabilis

Take Gallinagallons Cubbitts
marcus Cardimoms Nutmegs of each
two dragms to w^{ch} you may add if you
please the like quantity of Ginger of
Mace & Cloues beat them all into pou
der wth a good handfull of Raisins of the
Sun & two penyworth of Sugar Candy or
Loafe Sugar and mixe them wth the Juice
of Cellandine, one quart of good Aqua
vita three quarts of good white wyne
put in a stamme or two of Dragons three
or 4 branches of heds Mercury, and all
most as much Mellisott. Put all this
in a stillatory of glass and stirre it
well wth a stick of Cynomom & so let
it stand all night the next day still
it wth a softe fire of Charcoles it must be
kept some day & night untill it be all
drawne. which will bee neare the space
of two days & two nightes.

An Excellent Experienced
water for the Yellow Jaun
dis and all Stoppage of
the Liver

Take a good peck of Garden
Snayls in the Shells and wash them
in a great bowle of beere then put y^m
into a dripping pan & set them on y^e
fire and keep stirring of them untill
they leaue tissinge or making a noyse
& then take them out of the Pan when
they are cold and with a knife and
a course Cloth pick them & wipe y^m
Cleane from the green froth that is
upon them then in a stone Morter
bruse them shells & all Take also a
quart of Earth wormes slit them
& scoure them with salt diuers tymes
over then wash them well from the filth
& put them in a Stone Morter and beat
them in peices then take a Clean Iron
pott on which you will set your Limbeck

Snayls

Earth
wormes

then take two handfulls of Angelica
and lay it in the bottom of your pott
and two handfulls of Salendine upon
the top of that then put a quart of Rose
mary flowers and two handfulls of bare
foote Agrimony Radish Dock roots and
the barke of the Barbery tree woodjone
and Bitony of each two handfulls of
Rue halfe an handfull of fenogreek &
Turmeric of each one ounce will beate
then lay your Snayles & wormes on the
topp of all the herbes & flowers and poure
in three Gallons of the strongest Ale
and let it stand all night and longer
if you please in the place where you
mean to make the fire vnder it In
the Morninge put in three ounces of Clo-
-os braten to powder of Starts horn. fi
Lid six ounces six peny weight of Saf-
fron dryed to powder you must not stir
it after you have put in your harts home
for it must be uppermost then set on
your Limbeck & Close it fast with paste
very Close, and so receive your Water in

in pints the first is the strongest &
and so smaller and smaller the smaller
may be mended by puttmg in some of
the strongest when it is used.

Dose

Take two spoonfulls of the strongest w
four spoonfulls of Ale or Beere the smal-
lest you may take so much Ale or Beere
as of the water.

Tyme

It must be taken in the Morninge
and in the afternoone two howers before
you Eate any thinge and walke & stirre
after it.

To make Ague water
in May.

Take Angelica Rose water Rue, Sage
Wormewood Fernaine Mugwort Salendine
Pimpernell, Bitony Scabins Agrimony Dra-
gon Galeryan & Carduus Benedictons of
each of these one pound of the rootes
of Tormentill two ounces of the rootes
of Maddir one ounce Cutt the herbes
and rootes somewhat grosse & put the
into an Earthen pott all together, then
take

Ague
water

take to these herbes sixteen quartes of white or Clarit wyne and beinge Stopped Close let them Steepe 24. howers then distill them in a Rosewater still keepe the strongest by it selfe & the smallest by it selfe which is the second Cominge An hower before the fitt Comes take viij. Spoonfulls or more beinge blood warme But for a Child much Les And goe presently after and Sweat an hower or two by ther by goinge to bedd or usinge some exercise this you must take fastinge if your fitt goe not away at the first you must take it three or foure tymes and fast after it at the least two howers

This is a speciall good water for any that are newly infected with the Plague or feaver or any other Common disease if it be taken with a litle good Methridate at the first Cominge

when
to take
it.

virtues

A Medecine for the Ague.

Take bay salt Red sage Ground Goy green Gras Smalage & harts horne of field of each one handfull pound all these together & moyster it with Vineger & so bind it to the handwrests of the party greived there to remaine two dayes then Change it againe And an hower before the fitt Comes take a tost & treacle or a draught of dragon water, or Aqua Mirabilis

For A sore Throat

Take the oyle of Sweet Almonds Oyle of Chamomill oyle of violets & the fatt of a henne of each a like quantity mix it together and with a warme hand Chase the throat and neck with it then take a litle wooll dippe it in the aforesayd medecine & binde it to that side of the throat that is moste pained Also take a good quantity of Crige foile boyle it in fair water. put it into a narrow mouthed Rugg & take the Steame of it often into the mouth.

Ague

Throat
soare

To make a Cyster for
the Stone

Glistre

Take a quart of whay Mallowes violet
Leaves Althia rootes & Leaues of each an
handfull Chamomill Pellitory of the wall
of these halfe a handfull Sweet fenell
Seeds Anise seeds Caraway Seeds of each
one spoonfull Bay berries & Juniper ber
ries of each of them . 10. or . 12. bruse
the seeds & berryes & boyle all in the
whay untill halfe be wasted then strain
it & put into it, two ounces of Sirup of
violets, two ounces of Browne Sugar &
two spoonfulls of the Juice of white
Beetes.

A fomentation for the
sameFomen
tation

Boyle all the abovesaid things in the
like quantity of fair water with a
little white wyne & let it boyle well
but not so much as the other then
put it into a bladder and lay to the
side pained and Anoint the back &
the same side, with the oyle of Scorpions
& the oyle of water Lillys a like quan
tity mixed together.

Annoint

A Purging Ale to be taken
Springe and fall: By Doct:
Burges.

From the first of April to the end ther
of, And from the middest of September
untill the End of October it beinge ta
ken in tyme it will Cure all these disea
ses followinge As it hath been Approo
ved by many. viz: The Dropsie the
Palsy Megrime or Headack Faulnes
of the Lungs Paines in the Stomack
Back and sides other diseaues /

The Receipt.

Take four gallons of the Strongest
Ale you can brew beinge boyled from
four gallons till it come to three or
thereabout, and beinge Cold tunne it up
with good strong Barne that it may work
well And against you be ready to tune
it up make a Canvas bagge and put into
it these ingredients following with
a Hassell stick thrust through the bag
& so fasten it that the bagge goe not within

three inches of the bottome nor flowe on the toppe with the barme. And when it hath done workinge stoppe it Close Leauinge a good store of Barme on the toppe and after three or four dayes drinke thereof duringe the tyme aforesaid. Euery Morninge halfe a pinte at twyce About two howers space between. And Euery Eueninge (yf yo please) three parts of an halfe pinte.

The Ingre-
dients

These be the ingredients to be putt into the bagge betwix all brusid into grose Poudre (except the Senny).

- . 6. ounces of Senny Alexandria
- . 6. ounces of Polipodium of the Oake
- . 2. ounces of Bay berryes hulled
- . 2. ounces of Anyseeds
- . 3. ounces of Ashen keyes brused.
- . 2. ounces of Soldinella

Let all these be severally brusid into powder as aforesaid (Saunge the Senny) which must be put in whole, and beinge used as aforesaid, (yf it will not Cure the greifs afores named) they are remedies.

Altho this drinke is good for many other

Greifs not heere named and may be taken of a Child: or old body without offence yf you take a little warme broath euery morninge it will make it worke the better but in the Eueninge you must take it when yo goe to bedd, keepe your selfe warme during all the tyme that you take the drinke the more you exercise your selfe the better it will worke with you.

order

This Ale used as aforesaid, will Clense the body of all Corrupt humours as water & winde. And will Purge and Cleanse y Stomack, Luer and Lungs and Head & other partes of the body without offence. Auoydinge much wynd and water yf any be in the body. Preserbinge the body in the naturall Complection of body & blood. Makinge the Countenance Cheerfull and body Lightfome and of much Alacrity and will purge no longer then there are superfluous humours aboundinge.

virtues

An easie Purge

Purge

Take Bawme and Hyssop a little quantity of either and boyle it in beere and a little ginger sliced then make it sweet with hony and so drinke a good draught of it when you goe to bedd in the Morninge take some of the same beere and put into it a dragma of Pulsis Sanctus and two or three dropps of oyle of vitrioll and drinke it warme and fast after two howers or better then take some hot broth.

A water for sore Eyes

Eyes

Take of Tutia of Moes hepatica and of the finest Sugar three dragmes and beat them very small then take a pint of red rose water & a pint of white wyne the best you can get. Put all into a stronge glass bottle with the Ponder and sett it in the Sunne the hottest tyme of Sommer, for the space of a

moreth at the least and once or twice a day Shake the water in the glasse the longer you keep it the better it will be. In Ordmary Sore Eyes you must mix this water with halfe red rose water and droppe it into the eye halfe an hower before you rise and so last at night.

Sore Eyes

An Oynment for an Old Ache

Take barley beinge burnt to Ashes and boyle those ashes in Bours grease untill it be a stronge ointment then Straine and when you use it warme it it Cureth the Old stich in the Sides

Ache

A medicine to give a woman in travell to give her quick Delivery: & to strength

Take the weight of eight dragms of Amber and make it into fine Powder & so drinke it with Carduus or Dragon water, or with posset drinke.

woman in travell

A medecine for the
Stone

Take an Allame Popsot made with a
pinte of milke and as much Allome as an
Hassil nut put it into the milke it being
pound small & so boylinge it & take up the
Curle & drink of the Cleere often And Ap-
ply outwardly where the paine is baggs
of Salt heat hott & applyed one after the
other as the one coolith so use another.

A water to settle the teeth
of those that haue the scurvey

Take a quart of white wyne vine-
ger a handfull of red Sage a handfull
of Marigold flowers a dosen Cloues &
boyle all these together till halfe be
Consumed then adde to it two spoone
fulls of Aquavite use it if the teeth
be very bad fide or six tymes a daye
it being warmed.

A Medecine for the
Scurvy

Take as much dunge as an Egge of

a Goose newly made & bruse it with 6.
or eight Cloues & mixe it with halfe
a pint or three quarters of a pint of
middle beere and so straine it & drink
it fastinge in the Morninge at the least
seaven days followinge at a tyme in deep
outwretches three weekes together in
the Morninge and takinge foure or 6.
Spoonfulls of Sirupe of Lymons or Sirup
of fumetory or Juice of Lymons at
foure of the Clock the same day at after
noone. And avoyd all Salt meats & use
to eat watercresses & brooklyme boyled
with fresh meat And yf any member
be black spotted and as it were dead
bath it in a bath with Angelica boyled
in water and anoint it with Balsum
oyle & so goe to bed after bathinge

Salt
meats
avoyd

A Short medecine for the
Same or to Cleanse the
Stomack & open y Liver

Take three great handfulls of
Water Cresses and three good handfulls
of

of Scurvey gras and an ounce of Apothecaries grames and boyle all this in a gallon of middle beere until the one halfe bee Consumed then Straine it & put it into a Storage Jugge and drinke a draught of halfe a pint of this warmed first in the morninge and last at night for fortnight

Another for the same

Take Dittander and eat the Leaves of it minced with Vmeger as you Eat sauce with your meat. You may also pound horse Radish and Scurvey gras together & Straine them with milke & beere together and then drinke that Strained Liquor five or 6. tymes a day

To make Cynamom water.

Take to Every gallon of good Sack one pound of good Cynamon and so distill it in a Limbeck softly. Keep the first drawing by it selfe, & the second by it selfe

it is good for any Surfeit or for Loose ness, & to give women in travell.

virtues

An Easy Lenitive or Purge that may be given to a weaker person in a feaver.

Take 12. Spoonfulls of Carduus water infuse in it the weight of 7. pence of Rubarbe a Spoonfull of fennell Seeds, one large mace and a little Cynamon infuse all these together one night the next day Straine it & put to it two good Spoonfulls of Syrpe of Roses & take it fasting and fast two howers after then take some thynne broth warme. In any feaver you must not take any flesh nor any broth made of or with flesh.

An easy Purge in a febr.

note. no flesh in a febr

Consumption.

Consumption

A receipt for a Consumption

Take 4 ounces of Conserus of Red roses. 6 ounces of Raisins of the Sun Stoned. two ounces of browne Sugar Candy. six dropps of Oyle of Sulpher. twelve dropps of oyle of vitrioll

Electuay

The Conserus the Raisins & the Sugar being well pounded & mixt then mixe both the oyles together with them of which take as much as a nutmege first and last

D^r Vilvins Pills prescribed for dryng up phlegmatick Rhume.

Pills for Rhome

Pillula Cocthe or } dose. one drachm
Agregative — }

Observe w^h agrees best to your Constituti on & make use of them it must be taken in 4 or 5 little pills in the Morn: once a weeke

D^r Vilvins Diet drinke

Take a handfull of Sage dried in to a gallon of wort which must be put in wth the hoppes & Strained out with them:

Diet drinke

Take of Sassafrage & Sarsaperilla of each halfe an ounce. to a gallon of wort it must be put into the first boylinge & put in a bagge which must Continue in the vessel

An Oynment for a Cold Cause

Pally

Take May butter one pound & Shred into it of Bay, of rue, Angelica, Rosmary Sweete Marierom of each one hand full and boyle them in the butter & so straine it & oyle it you must take also one gall Aquadita & neats foote Oyle & boyle all these together & take of this Oynment and mixe it wth the other & Anointe the Pally Arme.

Oynment

An Emplaister for the Spleen

Spleen

Take Chamomill Speermynts wormwood
and Fluowort of each a like quantity
picke them cleane and shred them small
then take of Stone pitch halfe a pound
of the best Rosme halfe a pound of very
good ran hony one pound of fine Melted
Morte two pound and halfe of yellowe
Bees wax six ounces Melt your wax Ro
sme Morte & Stone Pitch & hony all to
gether in the Pan in which you will boyle
it with a softe fire Still Stirringe of it
untill it be melted then put in your herbs
benge finely Shred & let them boyle
almoste halfe an howre Still Stirringe
then takege it from the fire put
into it one ounce of oyle of bay & one
ounce of Oyle of Speck stirringe them
well together till they be almost cold
then put it into your pot in which yo
will keep it, And when you use it, you
must spread your Playster upon fine

how to
use it

white Leather and Apply it Cold to
the place where the paine lyeth.

Ointment

You may save out of the same an
Ointment that will be on the toppe
of this where with you may Anoint
the prived place, before you put on
the Playster.

Ointment

This ought to be made in
May in a very dry Season.

To make a water for hot
Agues.

Take Scabions Pimpernell Dragon
Carduus and Angelica of Each of they
a quart of distilled water then Still
it againe wth a Pound and a quarter
of Treacle of Jean and draw it as
longe as it will runne keeping them se
uerally the best for Old people & the best
for Children. you may take five or six
Spoonfulls at a tyme and Sweat upon
it. It will lay the heat and violence

A water
for hot
Agues

virtus

of the feaver or any hot disease & yf it be taken in tyme it Cureth it. In extremety take with it Diascordio it will also drive forth the small Tox the Measells & Purples, yf they come not forth kindly

A good Receipt for Aquavite

Aqua
vite

Take Angelica Rosemary Pragens Speermyns Carduus. Betony Elycamia Rue Red Sage Pempennell Scabious Holy mory Chamomill Melilot Marigolds flowers Borage flowers Redweed flowers a few) of wormewood Colandric Satwall Tormentill herbe & roots yewwort Centory & Gothernwood distill the herbes dry in the Lees of wyne then in May distill the water againe with the abovesayd herbs greene.

To keepe the body Soluble
& to temper the bloodBody Sol
uble.

Turne a posset wth whitewyne and boyle therein some Borage flowers & add thereto one spoonfull of the Sirupe of vio Lets and drinke it in the Morninge fasting

To Stopp bleedmge of a
Wound.

Take the white of an Egge and brate it well then dipe some flax in it or fine scow and apply it. it will soake the wound and stay the blood. yf a vaine be hurt and that this will not stop it then take some of the blood & dry it and bringe it into powder and mixe it with the Egge and apply it to the wound and it will stop it.

bleeding

To make a water very good
for the stomack.

Take of wyne what sort you please and distill in it red Canker Leaves in a Limbeck then take some of the Leaves fresh gathered & steepe them in the water & it will give it a fine Colour. And it is excellent for the Stomack

Stomack
water.

virtus

To make Aqua Mirabilis a very good receipt

Aqua
Mira
bilis

Take the Juice of Celandine one pinte of the Juice of Sawin, and red myrtles of Each a quarter of a pinte of whitwoyne three pintes, of the best Aqua vita one pinte & somewhat more Galligall Nutmegs Mace of Each somewhat better then half an ounce of Cloves one quarter of an ounce Cinnamon fower Ounces of Cubibbs & Cardamoms of each a quarter of an ounce of Borage Buglobe Rosemary flowers Cowslips made into powder of each of these neere two handfulls after they are made into powder Sirupe of Red Poppy of Clove Gilleflowers and violets of Each .3. or 4. great Spoonfulls of Conserve of Red Roses .4. ounces, of the Juice of Sowerthorne wood a quarter of a pinte mingle all these in the Juices & put thereto better then one dragme of Saffron pulled abroad the put it all into a Close pott and let it steep one day and night being Close Covered and then distill it in a Close still on a soft

fire when you put it into the Still take a good quantity of the yonge hartstone leaues Centory & the flowers of Marigolds of Each two handfulls & put them into y^e bottom of the Still yf somewhat less of y^e Centory and above of the hartstone and Marigolds the better And when you have drawn a pinte & halfe of this water then put into the still some Small Aquavite and the water you drawe then will be best for for Childe bedd weomen and for Children

May the Aqua mirabilis with Rose water and Borage water and a lible Muske Bezar Sirupe of Gilleflowers and woodsock and M^r. Munks Lozenges yf you haue ye And take therof a great Spoonfull when you finde faintnes.

Sumed
in
May.

To make Oyle of wormwood

Take wormwood before it be seedd and Cut it small and put it into your pot and tread it hard in then put in some fair water into the pott

Oyle of
worme
wood

to keep it from burninge and one handfull of Bay Salt and so distill it as you doo: Aquavita in a lymbeck. and on the toppe of the water there will be an Oyle which you must take up with a spoone, and put by it selfe.

Virtues

This Oyle is good for the stomach to Annoynt it wth it like and Annoytinge of Naueil therewith it killeth the wormes in the belly. the water is good to drinke for the stomach but not the oyle.

wormes.

Stomack

A water for the Stone Sharp
nes or stoppage the urine

Take a gallon of new Milke of wilde tyme of Saxifrage, of Pellitory of the wall of each one handfull two handfulls of Parsley two or thre Radish roots sty Ced & brused Filupendula roots one handfull Put all these to infuse in the Milke one whole night. The next Morninge distill all together in an Ordinary Rosewater Still wth a Moderate fire

Stone

Drawe not above three quartis of water for your vse

take

Take of the water six spoonfulls and as much Rhenish or white wyne a little sugar and some sliced nutmege make it blood warme when you drinke it At euery full & Change of the moone three dayes & three nights is good taking of to keepe on from the Stone And good at all tymes yf need be required yf there be not need you may take it in the mornng four or five tymes and not at night

Stone

how & when
to take y
water.

A receyt to make an Excellent
Sirupe for a Consumption or any Cough

Take Coltsfoot maydenhayre Setrack Liner wort heartsongin Lungwort Splenwort of each a good handfull and almost so much Enulacampane roots thmue sliced halfe a handfull of Marigold flowers as many of Cowslips as many of buglos & burrage flowers a little liquoris Two litle spoonefulls of Anyseeds a good handfull of raisins of the Sun Storiod and halfe so many figgs sliced put all these into a gallon of water and let them stand all night a soaking in

Consump
tion

a Pipkin. in the morninge set it upon a soft fire close covered till it be one part in three boyled away then straine it through a good thick Cloth and let it settle and straine it so twice or thrice then poure it from all the Setlinge, and put to it halfe a quarter of a pint of the Juice of baked turneps, and so much Sugar as you thinke will boyle it to a pretty high Sirupe. And so take a spoon full of it first in the morninge and at last at night

*D^r Burgois his Medecine
for the Plague*

Plague

Take Malmsy three pintes of Sage and Rue of each a handfull boyle them vnto a pinte be consumed then straine it and sett it ouer againe then putt therto a pennyworth of long pepper, halfe an ounce of Ginger and one ounce of Nutmegs all beaten together then let it boyle a little and then put therto fower penyworth of Mithridate, & two penyworth of Treacle

a

a quarter of a pinte of Aquarita or rather hot Angelica for it is better. Kepe this as life about all worldly treasure Take it allways warme morninge and Eueninge. And a spoonfull or two if you be already infected and Sweat thereupon if not: then once a day is sufficient. In all the tyme of the Plague. vnder god trust to this for Certaine for ther was neuer man woman nor Child whom this deceiued, (if the heart were not utterly Mortefied)

a rich
treasure

A medecine for the Plague.

Take three pintes of Muskedell or of Malmsy, boyle in it one handfull of red Sage one handfull of Rue boyle it till the third part be wasted then straine it and put into it one penyworth of long pepper, halfe an ounce of Ginger, one quarter of an ounce of Nutmegs beat them well and put into the wyne & let and let it boyle a little longer then take

Plague

Plague

Dose to be taken.

it from the fire and add therunto two penyworth of London treacle and fower penyworth of good Methrydate & a quarter of a pint of Angelicall Aquavita Take of this Morninge and Eveninge one spoonfull warme And if you be infected Sweat upon it if you be not infected halfe a spoonfull is enough this doe durmge all the tyme of infection and with gods blessing it will preserve you.

A. Soueraigne Water for the Palsy.

Palsy

Take of Lauender flowers Strip from the stalks and fill therof a large gallon glass and then pour on them of good Spirit of wyne perfect or Aquavita distilled from all flame Then Circulate them for .vi. weeks very Close Stopped with a bladder that nothinge may breath out let them stand in a warme place, Then distil them in a

Lymbeck with fire. Cales then put into the water of Sage Rosmary & Betony flowers of each half an handfull of Lilly of the valley. Durrage Buglos & Cowslip flowers of each one handfull Steep these in the Spirits of wyne Malmesey Aquavita Every one in their season till all may be had then put to them of Balme Mother wort Spike flowers Bay leaves the leaves of Orange trees with the flowers if they may be had of each one ounce put them into the Aforesayd distilled water altogether and distill them as before beinge steeped the space of sixe weeks. Then put into y distilled water Citron pills dried Pyony seeds hulled of each six drachms of Cinnamon halfe an ounce of Nutmegs Maco Cardamomes Cibibbs (Saunders) of each halfe an ounce of Lignum Moss one dragma make all these in Pouder & put them into the distilled water aforesaid and put to them of Peey berries new and good halfe a pound with the stones taken out and Cut them small Close your vessel well with a double bladder

Red Saunders
1/2 of pound

Palsy

Let them digest six weeks then straine this hard with a press and fill up strait way the liquor and put into it of prepared Pearls Smaragdes Muske & Saffron of Each halfe a Scruple and of Ambergrece one Scruple of Red Roses mchdried red and yellow Saundis of Each one ounce hange all these in a Barbet bagge in the water beinge very Close stopped

A receipt for the Dropsy

Dropsy

Take two ounces of Sirupe of Roses of Danewort Seed one Scruple and be sure to take no more then a Scruple & bruse them well and mingle them with the sayd Sirupe of Roses then put it into a draught of Sack and let the Party drink it last at night and but twice in eight Eight dayes

feaver

For a Burminge Feaver

Take two quartes of Stronge drinke put it into a little Kettle then take two good handfulls of red Sage Shred it one

one ounce of Caraway Seeds brused one Nutmeg Sliced two pennyworth of Maces five or six Cloves boyle all these from a pottle to a quart then take it off the fire & straine it havinge so done dry two penny worth of Saffron bruse it & dissolve it into the liquor then sweeten it with almost a quarter of a pound of Sugar put not in too much least it should be so fullsome for the Stomack Drink of this the value of a quarter of a pint in the Morninge fastinge two howers after and as much at night one hower after supper warminge it when you take it

Burming feaver

An Oynment for any Swelling wound or Bruse

Swelling

Take of french Sorrell Chamomill Hy sop Organ Marigold leaues Southernwood Featherfoyle and Elder buds of Each of them one handfull Shred them Small and boyle them fill it Come to an Oyle and Annoynt the Swellinge

bruse

A very good receipt for
any weaknes of body Especially
for a Consumption Called
the Cock water

Consump
tion

Take of Rosemary of Bayone wild Thyme
Pimpernell and Pennyroyall of Each of these
two handfulls Shred them grossly then take
a pound of Currances rubbed but not wash
ed and a pound of Raisins of the Sunne
stoned but not washed and a quartor of
of a pound of Dates the stones taken out
and the white filled away next the Stone
and the hats then Sliced Put all these
into a Rose still. Then take a good red
Cock pull him and flie off his skin and
cutt him in peeces quarters wipe away
the blood Cleane with a Cloth of Clean
Lynnon but wash him not break all
his bones with a pestle then lay him
amongst the herbs into the Still
then Currance Raisins and Dates w^o
the herbs and Cock then put into it.

a pottle of good Sherry sack pass up your still
round about that no Ayre Come forth then
take a quart glass & put therein a quartor
of a pound of white sugar Candy and gold
together set this glass with the hood of
leafe gold of xviii pence price beaten toge
ther with the sugar Candy vnder the nose
of the Still and let it be Close Stopped w^o
no Ayre Come forth nor into it And draw
a quart of the best water and it may
be you may drawe more water that may
be also good which you may spend first
takeinge it with a little sugar.

Consump
tionCock
water

When you drinke of this water you must
take two spoonfulls fasting and fast one
hower after the takinge thereof And you
must remember as oft as you take it to
shake the glass before you take out your
two spoonfulls And m Sced of Sack you
may use Milke if you make it for Child
ren.

how to
take it

Probatum.

A receipt for A Pectorall
Drinke

Take Hyssop Coltsfoot Cowslips of Jeru-
salem of each a good handfull of Dates
3. ounces Prunes and Rayms of the Sun
the Stones beinge taken out three ounces
Chyna 3. ounces boyle all these in five quart
of raine water till it come to three quart
keere must also be Anyseeds two ounces of
Enula Campana roots halfe an ounce May
den hayre and Betrach of each one hand
full beinge boyled as aforesaid straine it
through a cloth then put to it 5 ounces
of Liquoris Scraped and brused Steepe
it twelue howers & then straine it againe
then put to it Sugar or Clarefield hony
in a decoction of Chyna Rootes Then
to Every good draught you drinke you
must adde three drops of Ironstone

The hony is more Medecimable then
the sugar so decocted an ounce of
Chyna to a pinte of water.

Another Corduall water for
weake Persons and Childre
in a Consumption

Take a fatt Suckrige Pigge fine
ly roasted Cut it in pieces and put it in
to a Gallon of milk then put thereto of Sea
bious Speedwel Sanicle Coltsfoot Succo-
rye Cowslips Ingloze of each one handfull
of Currance Rayms of the Sunne Stoned
and figges of each halfe a pound of Lycio-
nis and Anyseeds brused of each halfe a pound
put all these into a still and paste it close
and when it is distilled put it up into a glasse
and Adde to it Six Leauos of pure gold of
white Amber poudered two ounces of Pearle
one dragme finely poudered Take all together
and giue it the Child Euery Morninge &
Eueninge One spoonefull of it Eyther by it
selfe or in Sirupe of violets or Clove Gills
flowers.

Lycoris
& Anyseed
of each 2
Dunces.

Another Drinke for weake
persons in a Consumption.
Take.

Take a Pullet Censed from the entrails
or a piece of veale of the same quantity
let it be boyled in a pipkin of fair running
water together with Scarronera roots
Asparragus roots fenell roots of each an
ounce Snayles prepared twelve Coltsfoot
leaves Lungwort winter Sauory, Sage of
Jerusalem Bawme and Clary of each one
Pugill one Sprige of Thyme tenne Pionye
kernells and as many Pistacles one spoone
full of red Currance and a Crust of a white
Loafe and two or three flakes of Mace and
in the end two spoonfulls of white wyne keep
it Scummed and when the flesh is come
from the bones, take it from the fire and
runne the liquor through a woollen Bagge
when the liquor is Cold take off the fat &
keepe it in a stone or glasse panne And drink
therof Every morninge halfe a pinte and
as much at Euoninge before Supper you may
boyle in it a little Chyna and a quantitie
of Harts horne Scraped accordinge to your
discretion /

for

For the preparinge of the Snayles Choose
those that are gray Shelled wash them first
in Bucklye then wash them in whitewyne
and last of all wash them in Milke and
then use them

Snayles

For the Scouringe when
Weomen lye in: or for
others

Take a quart of bay Salt and parch
it very hot in a fryenge panne and put
it in a bagge and lay it to the lower part
of the belly as hot as it may be endured
and heat a sheet very hot and worappe a
bout them, and let them lye still in their
bedde /

Scouringe

For the Spleene or for
wilde

Take a quart of Dates and parch
them in a pan with vineger and putt
them in a bagge and lay the bagge abo
ue the spleene & it will dribe it downe

Spleene

A receyt to make biscuits

Take a pound of refined Sugar & 14 ounces of fine flower well dried in an oven three tymes after bread or Cakes serce it twice then take the yaltes of ten Eggs and the whites of six and beat them Exceedinge well untill they are almost ready to come to an oyle then take of your flower and of your Sugar wh hath been pounded and Serced and mix them together & beat it in by degrees to the eggs then beat altogether an hower at least then put in two spoonfulls of Rose water and halfe an ounce of Caraway seed and then butter your plates with a fithon the lay your cakes on the plates smoothing of them with the feather and then take some of the sugar left of the sercinge being a little bigger than the rest and straw upon them as they are goinge into the Oven you must fill them but a little more than halfe full then take them out upon a paper and dry them a little more upon the paper.

A receyt for makinge wynd Cakes

Take halfe a penyworth of white gumme and lay it in Rose water over night then beate it abroad and put into it twelve pennyworth of Alkermes. six grames of muske. six grames of Ambergroece and three or foure dropps of oyle of Anyseeds then take halfe a pound of Loafe Sugar or more accordinge to the quantity of paste which you make then paper them up & lay them in a dry place for your use.

The Cure
of an eye
blind or
stare out

Take y^e little bladders that grow on
an Olive Tree nere about y^e place
where they bleed, and scrape out
the Juice of them, and drop a drop
or 2. of it into any eye that hath
been newly pined out and lay a
wet cloth of y^e same about y^e eye
aday and night and y^e Cure will
come

Take Cardimuns Cubeb Gallengale
mellilot Cloves mace Ginger Cinamon
and nutmaigs of each of these drams
rubarbe halfe a drame safforne a
fourth parte of a drame bruse all this
and steepe them in three pintes of sack one
pinte of Juice of Celandine halfe a
pinte Juice of balme halfe a pinte Juice
of Spearmint the next morning
when you goe to still itt putt to itt a
pinte of the spirits of wine soe putt
itt into a rase still and draw itt off
with a leasure fire and when itt is
destilled putt itt together & sweeten itt
with Double refined suger and bottell
itt up for your use you may add unto itt
all soarts of Cordiall flowers and the
Juice must be Clarified

Page 133 To make water for Convulsion. Itt to
be used inwardly or outwardly for any
heate or Cough or any other distemper

Take rosmary flower single wall flower
Comfrey flower burrage Bugloss flower
lilly of the valley flower tops of lime with
the flower Lavender flower
Red rose bud & chrysanth flower of earth
of this one ounce of Dandelion flower --
half an ounce Siperis root tormenta root
elliptompane root Choly thistle root --
Ginsion root one pound sithen pill of
earth one ounce shre all this and putt them
in with the flower in three quart of sack
then take a pound of the best Venisgale
and dissolve itt in three pint of the best
red rose water and putt itt in to the wine
then take one ounce of hartshorne and
boyle itt in three pint of water
till itt come to one pint then putt itt
~~al~~ altogether in a rose still & draw
itt with a faste fier and ke it up for
your use
was all your flower Green

To make A Surfeits water Page 134

Take a gallon of the best anniseed water
then take half a peck of poppies and Gipe
of the blake and putt them in your anniseed
water the next day strame them out -
and putt in as many moare and soe for
three or four days till itt be stramed
enough of the poppies and well Collired
then take a pound of Reason stone them
a pound of figg shred half a pound of
dary cutt and peeld a quarter of a
pound of liorish strapt & shred to ounces
of Coriander seed two ounces of Caraway
seed brused take all this and putt them
in the fore said water and lett itt stand in
the sunn three week then strame itt out
and putt itt up for your use

To make white Meade

Take two Gallons of fair water heat itt
nott staldinge hott butt pretty warme
then take a quart of honey and putt itt into
an earthen pott and putt your water to
itt then take three good leffe round of -

To open wheat lofe lett them be very
hott and spread them over both sides with
yeast & putt them into the pott warme at
Cloath Clay over itt and a warme larking
vpon that & sett itt in the Chimly corner
and befor you lower itt you must putt
in a few Clout beater & cover vp in a little
baige. So lett itt stand 48 howers then
bottell it vp.

To make Treacle Water. ↪

Juice of Wallnuts - - - 1 pint
Juice of Red - - - - - 3/4 of a pint
Juice of Cardis - - - - - 1/2 a pint
Juice of Mary gold leaves
and tops - - - - - } 1/2 a pint
Juice of Balme - - - - - 1/2 a pint
Juice of Butter berry - - - 6 Ounces
Juice of Burdock - - - - - 4 Ounces
Roots of Slugeliga - - - - 2 Ounces
Roots of Mustard wort - - - 2 Ounces
of Scordium one handfull.
Treacle - - - - - 2 Ounces

Mithridate - - - - - 2 Ounces
Spirit of Sack - - - - - 3 pints
Vingur - - - - - 1 pint & 1/2
Juice of Lemmons - - - - 2 a pint.

Let the Roots be scraped and sliced and
bruised the Berbs bruised and so stilled
in a glass still in sand (that is) put sand
in an Iron pott and sett it over the
fire, then putt the glass still in the sand.

This is the way of stilling, they call it Balme Maria
an ordinary still well and the luted, or kept with
past on brown paper to keep in the Steam both well.

The Oylment for a Felter.

Take a pint of very sweet Cream out of milk a Skillet and
put to it one Ounce or two what lye of the best Rock alum
beaten, an Ounce and a half of the best Refined beaten
Soft lye ingredience by the gently on the fire until the
Oyle of the Creame begin to rise round about the Skillet.
then stir it together and when it begin to cool putt
it up for use.

To make Chocolate.

Take y^e Chocho Nuts and grill them over ^{the} fire either
in Earthen pot or bottles for frying pain keeping them
stirring wth a straight spoon till they be very soft and of black
brown, then take them and pull of the shells with yo^r fingers
they must look of a black colour though not to much burnt
then you must pound them in a great Iron or brass Mortar
and beat them through a fine downe sote, and so pound
them againe and so beat it ~~through a fine~~ till all
getts through, then take two pound of ^{the} powder and
three quarters of a pound of good white Sugar about
5 or 6 lb of powder being beat all out as the
Choco-mutt, then put a Nutmeg and half an ounce of
Cinnamon and pound it well together and beat it wth
them in before mentioned and to each pound of Chocho
Mutt y^e like quantity; when you have mixt it all
allogg then take y^e Mortar and putt it on y^e fire and
make it pretty soft and take three pices also, then putt
the stuff in it and beat it till it cometh to a smooth
paste, then take it out and weigh it into Quarters of pounds
then roll it round in yo^r hand and then putt it on a double
of sweet of paper and take y^e paper into y^e two hands of
Sugar - it spread round till it cometh to a short Roll.

To Make the Egge Plaister
for greene wounds

Take the y^e of an egge a little
honey the Juice of barley or marsh
mallows and make it pretty thick with
flowe^r Sprée it upon leather soe apply it
Historick pills

Take Castor oil Grams Salt of steel
Lette a Grams make of it into pills
with extract of Rue they may be
taken once or twice and drink a
little triony and raw water after

To Make Orange water.

Take eight quarts of brandy and take a hundred of the best rough coated oranges you can get peel them and put the peel in the brandy and the Juice all soe lett them steep in an earthen pott 3 or 4 days then take six quarts of spring water and mingle with it and soe put it into a Common still all to qualtie and stirs on the top of the water in the still six penny worth of the best Oris. roots made in to powder & one ounce of Coriander seed bruise & steep in sack sack 24 hours past the still very close and still it with a soft fire

To stop bleeding

with one paper Elix Elix
Lammathabach^{thay} in his own
blood and ~~the~~ stick on his
fore head

A Drug for Samings

or Dropsy

Take half a Dram of Jalop In powder
A quarter of a dram of cream of tartar
ten grains of Ginger make it into pills
with honey take itt early in the Morning
Drinke nothing butt possit Drink till noon
A strong man may take more In quantity

For a Dropsy

Take an ounce of Antimony a handfull of sea
wormwood a handfull of the herb mouse ear
putt the Antimony & wormwood in a bag &
lett the Mouse ear be loose so lett these
worke in a gallon of small Ale and
when it is fine drinke it for your constat
Drinke this is an admirable remedy and
has cured those whose bellies have bene
so big they could not come near a Table

144 a Byel Drink

Senna . . . 8^{oz} Ashenkey . . . 3^{oz}
Meliod of 1/2 lb Sassafras . . . 2^{oz}
Sate . . .
Bay berry 1/2 lb Sarsaparilla . . . 2^{oz}
hulled . . .
aniseed . . . 2 Rhubarb five Drams

The above Ingredients after they
are picked bruised and the
Rhubarb sliced must be put
into a Canvas bag & then put
into a Vessel of small ale
containing four Gall. Working
it, & in about a Week afterwards
Drink halfe a pint every morning
& evening

this Drink is for y^e Rheumatism

Rheumatism

Two ounces of y^e flower of Brim-
stone & four ounces of Treacle to
be taken at four times by a person
of strong Constitution but other-
wise at six times staying one
Day between each time of
Taking & in a few Days after-
wards a Dose of Camocollinum
must be taken, NB Salt Meats
& malt Liquor must be avoided

148 To Make Eldes Wine

Take your Raisons & Chop
them & to every pound of
raisons put a wine Quart of
Cold Spring Water, cover it
up close and let it stand twelve
days stirring it every day then
Strain it from the Raisons
to every Gall of Wine put a
wine pint or a Quart of the
juice of ripe Eldes beery then
turn it up & let it stand Close
till it be fine

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For the Bite of a Mad Dog

Six ounces of Rue cleaned
picked & bruised, four ounces
of Venice Treacle four ounces
of fyled Pewter or scraped Tin
Boyle them in two Quarts of
Strong Ale or Beer over a gentle
fire in a Pan covered close for
one hour then Strain the
Ingredients from the Liquor, Give
five or six Spoonfulls of it to a
Man or Woman who is to be
Cured to a Horse or Bullock the
Breast being fasting, 3 or 5 to
a Sheep Hog or Dog, it must be
given within 9 Days after the
Bite & if possible Use some of
the Ingredients on the part affected

344

Mr Smiths Plaister

Take one pint of Sweet Oyle
 $\frac{1}{2}$ of Bees wax $\frac{1}{2}$ of Red Lead
 2 oz of Castles Soap 1 lb of Stone pitch
 bruse your Stone pitch to powder
 Shave your Bees wax & your Soape
 Small, Let your Oyle Boyle first
 then put in the Rest of your
 Ingredients keep stirring it
 with a Clean Stick, Untill
 it be boyled enough wch you
 may try by putting it on a piece
 of Glap & see it is not greasy
 its good for Strains, or any
 Bruise, applying it on a plaister
 on leather

Wound Water

81

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Take tea Sage, Bidony Agrimony
 of each a handfull, Holy herb, S^t John
 wort, Wormwood, Fennille, Browns wort,
 cornfild, Mugwort, Bugle, Sanicle,
 Great daises, Long plantane, Round
 plantane, Knott gras, of each two
 handfulls, of Aristotricha, 4 ounces,
 bruse all these together in a Mortar
 & then infuse them in White Wine
 or Lease of wine enough to cover the
 Herbs, put them in an Earthen pott, &
 cover the pot very Close & lett them
 stand so 24 hours at least, then
 distill them in a Limbeck to spirit
 then put it in cleare bottles & stop them
 close and set them in a Window

Turn over

Wound Water

where the Sun comes, for a month, & set them every night where its dry and after wards keep it in a dry place

It cures all green wounds and Bruise by Applying it to the part Afflicted & if Bruised within to take it inwardly or for y^e Cholick 3 or 4 Spoonfull

For a Whooping Cough

Take a good handfull of dryed Colts foot Boild in a p^t of Spring water till halfe a p^t. Strain y^e Soy y^e dissolve in the Liquor an ounce of brown Sugar Casia, for a child of 3 or 4 years on Spoonfull hot or cold 3 or 4 times a day or as often as the fit is continuing till well

Water for a Consumption 115

Take 3 Quarts of Snails & cleane them with salt and water then bruis them in the Shells 4 handfull of hay maids two handfull of horehound one handfull of wormwood, two Nuttmeggs greates, 3 q^t of milke and Quart of Mastigo, distill it in a Cold Still

To Make Goosbery Wine

Take 3 Gall: of Water & boyle it with 1 lb of Sugar & let it stand till it is Cold then take 40 pound of Goosberries & grind them & put it to your water & let it stand 12 hours and then strain it off and mix in a runlet with 1 lb of Sugar let it stand 6 Weeks then Bottle it with an ob of Sugar in each Bottle

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To make Mead

To every quart of honey put
four quarts of running water
when it is dissolved. Strain it
clean & put in what old herbs
you please as violet leaves
maiden hair & Liver wort. Straw
-berry leaves & hartstongue leaves
Before you take it from the fire
put in the shells of six eggs being
broken in pieces let it boyle
till they look blackish & the Mead
clear then Strain it into a
clean vessel. & next day tun
it then take three or four nut-
-mags broken in pieces, a quarter
of an ounce of mace, a few cloves
Crush all & put it into a bag & put
it into the Cask then stop it when fine
bottle it

Martha Davis Eye Water

146

Take 2^{oz} of Roach Allam, or 2^{oz} & half
of Burnt Allam 2^{oz} of white Sugar Candy
2^{oz} of Double refine Sugar 2^{oz} of y^e best
Hunny 2^{oz} of white Coppes

Take & pound them fine. Separately
Before you put them into two Quarts
of Raine Water. Shake it once a Day
if you find it to Stronge you may add
one quart of Water more to the powder
you may make use of it, in a Weeks
time Drope a few drops into the Eye
agoing to Bed & dip a small bit of
cloth & let it lye on the Eye all night
& likewise a few drops at your uprising

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Cearie Wine

Take 10 Gall. of Water add
to it 25 of Loaf Sugar boyle
it half an hour Clarified
with the whites of 8 Eggs
when it is Cold put to it
half a Bushell of Cearie
put it into a Vessel with
a little Baume

To Cure Corns

Take Marygold flowers with
the like quantity of Salt pound
them in a mortar then mix some
Soap & make a plaster

To make of Leadon Salve

84
177

Take 2 or 4 lb. of good Olive Oyle 3 of the best
Red Lead & 1 of white Lead well beaten
12 oz of Spanish Soap Incorporate all
these well together in an Earthen pot
well glazed, before you put it to boyle
when it is well incorporated if it Soap
cometh upward set it upon a small
fire of coales containing it for the
space of an hour & half still stirring
it with an Iron ball made fast upon
a stick, then make it fire a little
stronger until the Redness thereof be
turned into a gray color & it still
until it be of y^e color of Oyle or some
what darker, then drop it upon a
wooden trencher & if it cleave not unto
your fingers it is good enough make
it into Roles & it will keep 30 years
the older it is y^e better

Milke Punch

Take 20 Leamans & pare y^m
& put y^e rine into a quart of
Brandy to infuse for 2 days
then take 4 Quarts of water
& put it into a pot & add 3^{lb} of
powder Sugar & the juce of all
the Leamans when the Sugar
is disolved put 6 Quarts of
Brandy & the quart infused
into it all, then take 2 Quarts
of milke let it be scalding
hott & put it into y^e afores. Liquor
with two great Nutmeggs &
stir it all together & let it stand
for two hours then strain it
through a flannel Bagg till fine

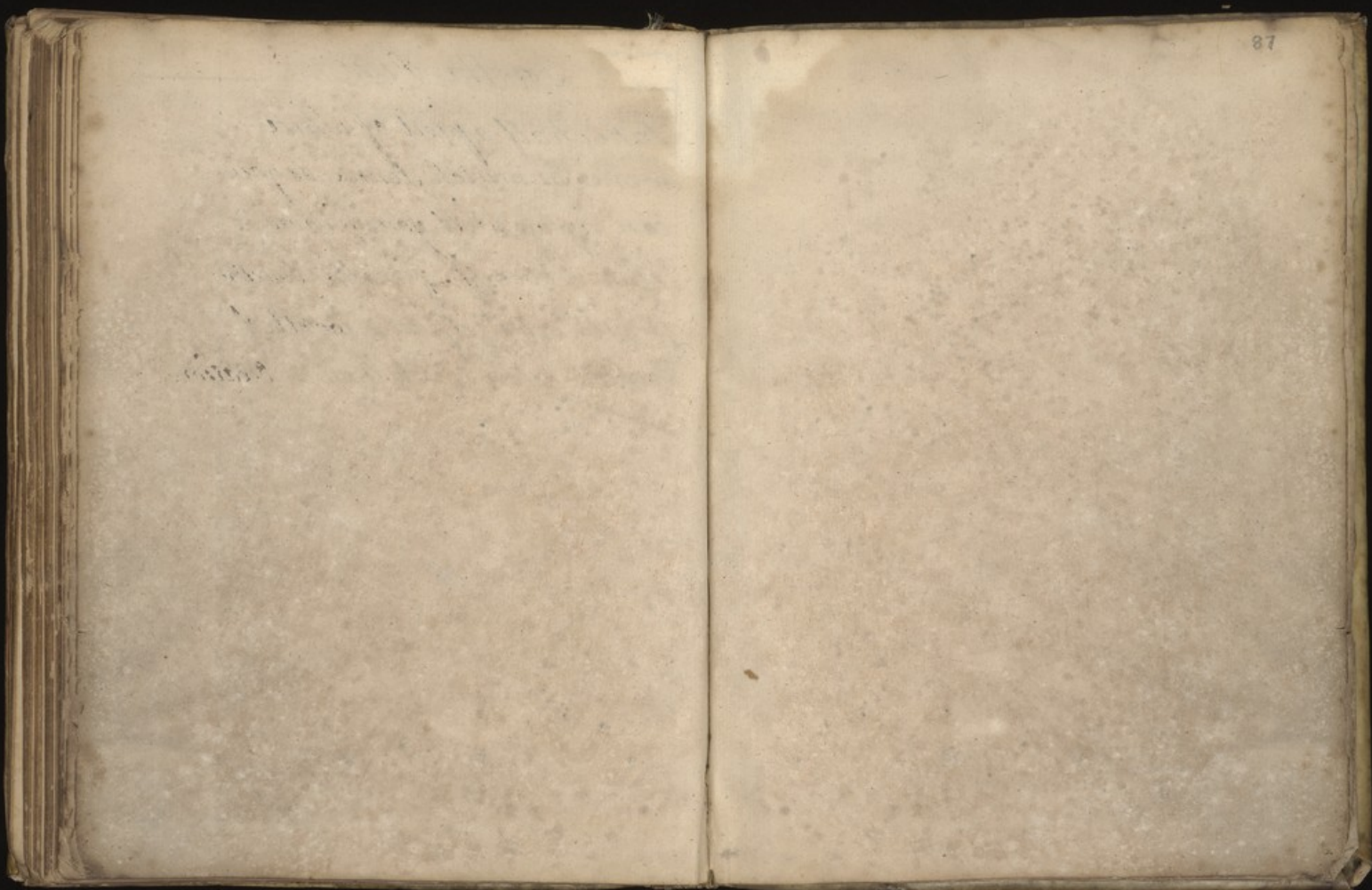
Cowslip Wine

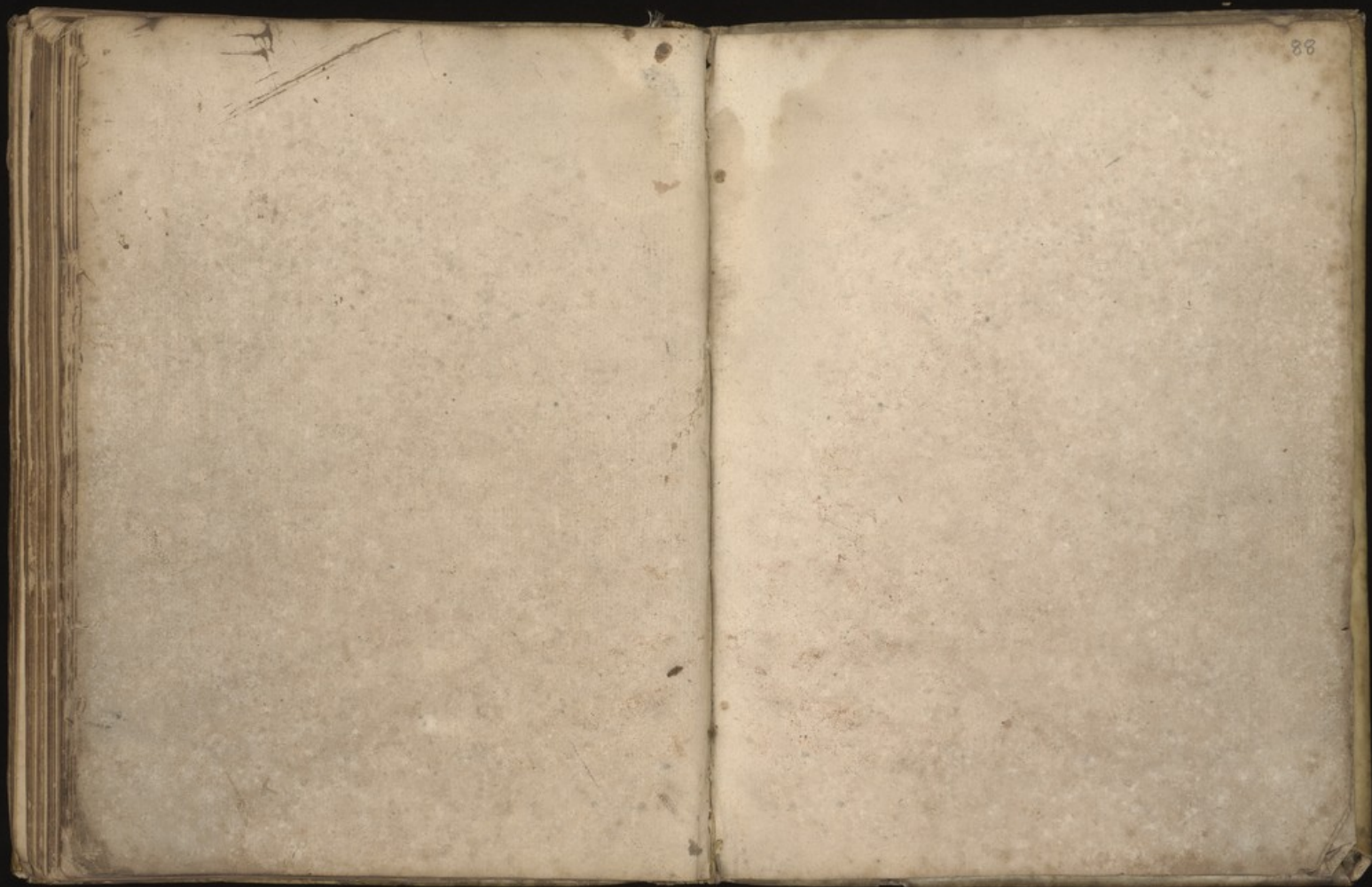
85
Take 14 Gall. of Water 3^{lb} of Sugar 10 Whites
of Eggs beat y^m well together, y^e put y^m
in to y^e Sugar and Water in a kittle
over y^e fire let all boyle one Hour Scum
it as it boyles when it is cold boyle 1^{lb}
of cowslip well pickt put y^m into the
Liquor with a boown toast spread on
both sides with yeast of all, let all
stand together 2 days & nights on
working

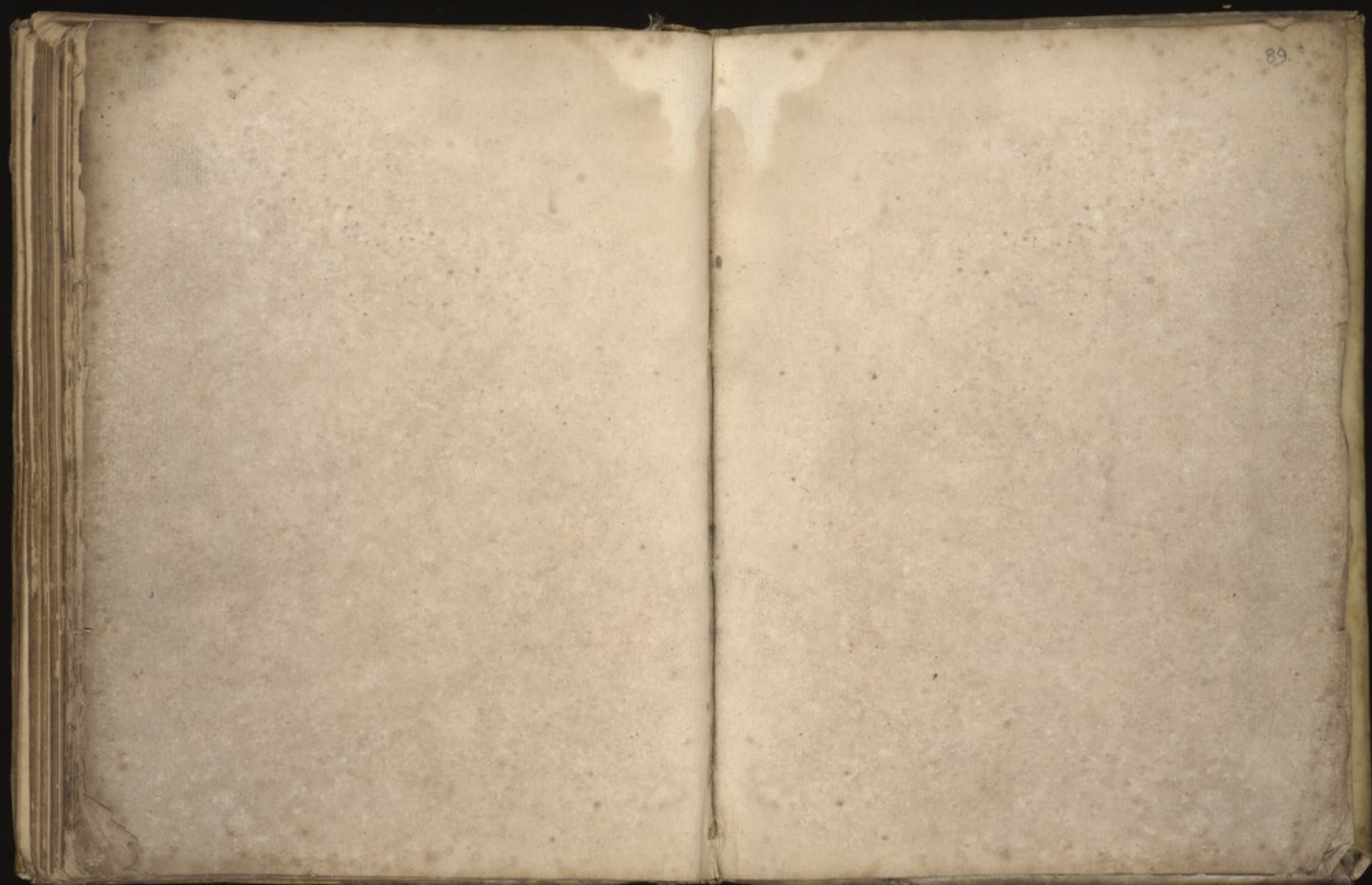
the night before you strain it of put
y^e juce of 4 Leamons y^e al, 2 Quarts of
Rhenish wine 10 oz of Syrop of Leamons
cover a close for one night y^e next
strain it through a Streinet. or a flannel
Bagg, put it to a Vessel, when don worked
fill it up stop it close in 3 weeke time.
will be fit for y^e Boule.

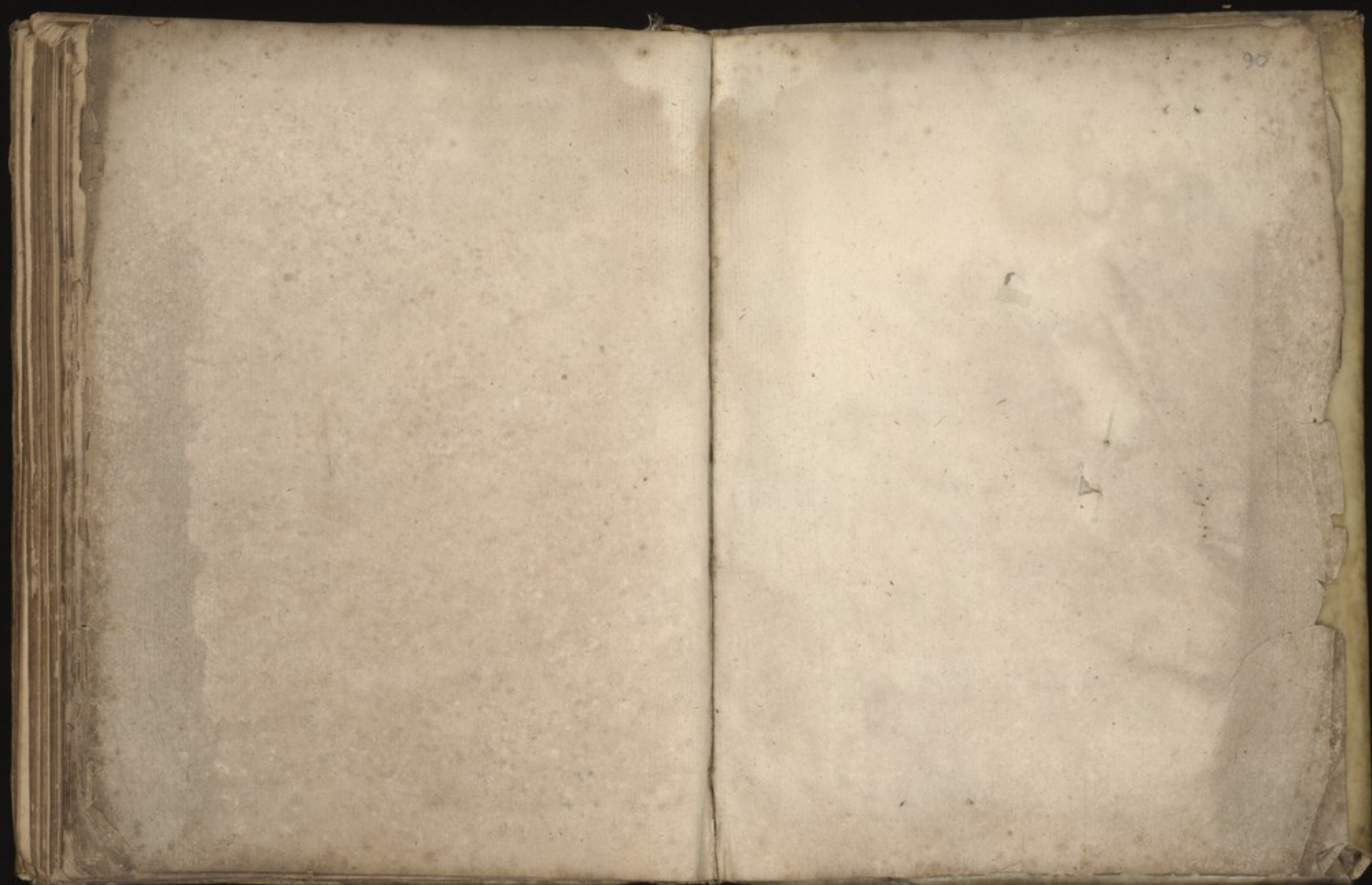
For the Pills

Take half a pint of white
 wine, as much Tenna as you
 can dip up with your fingers
 Infuse it over the fire then sweeten
 it with a half a penny worth of
 Treacle & soe drink it when occasion









No 22

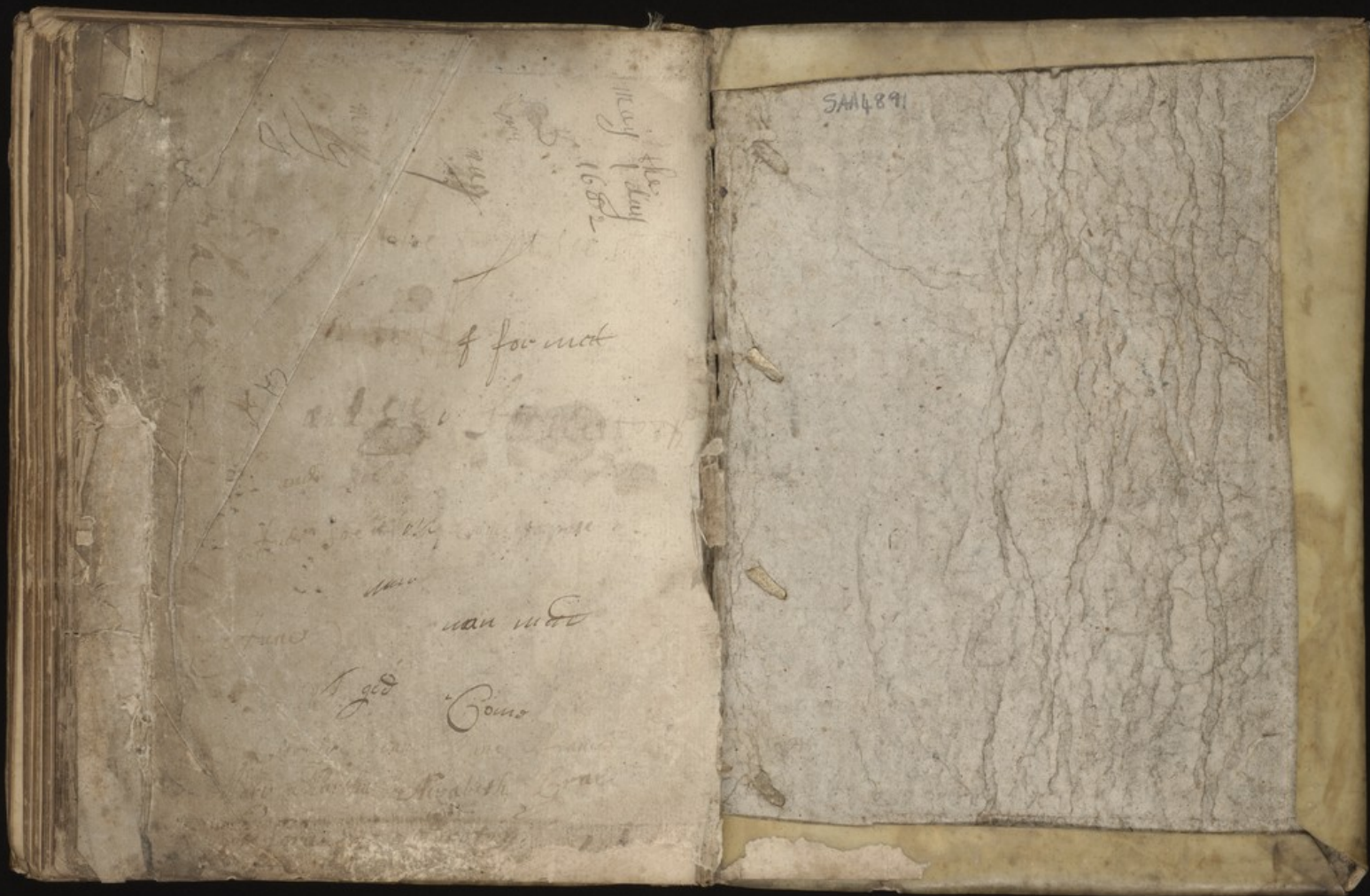
H

G. Martha
in Martha Holms

o heaven

Blessed
Blessed

o grass
o g f



May the King
1682

of four met

man with

Coins

54489



