

Okeover, Elizabeth (& others)

Contributors

Okeover, Elizabeth

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>





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For my dear
 For my
 For my
 For my
 For my

My books have been working





An approved Medicine agst ye
Sicknes by Dr. Bar.

Take 3 pintes of Malaga, boyle therein halfe a handfull
of sage and as much Rue, untill one pinte be wasted,
then straine it and set it over ye fire againe, put there
toe one graine worth of long pepper, halfe an ounce of
Cinow, a gr of an ounce of Nutmegs well beaten
together: let it boyle a littell, then put there to
of Mithridate, $\frac{1}{2}$ of Treacle, a gr of a pinte of Rosh
And this water take it warme evening and morning
a Spoonfull or two if you be digested all read of for
a Spoonfull, if not once a day: a Spoonfull is sufficient
In all the Sicknes time there was neither man woman
nor child recovered by this medicine, if ye heart
were not cleane mortified and drowned by the same
before ye taking of it. This receipt is long since
not onely against the common Sicknes, but the
small Pocks and Measles.

1
The Lady Allens water against all Pestilent
Dysentery, Pox, Measles, furfitts, or
Casting, and many other dysenterys.

Take Sage, Salladine, Rue, Rosemary, Wormewood,
Rosa spina, May wort, Dimpennell, Scabious, Egrimens,
Scardine, Bellone, Cardus benedictus, Betty flowers
and leaves, Centaury the Lesser Marigold flowers and
leaves, of each of these one large handfull, Tormentill roots
Angelica, Alcompane, Pionis, Sedewer, Licorish, of each
of these doctes, clean scraped and then sliced halfe an
ounce. Pick ye herbes very cleane and shred them,
then put them all both herbes and doctes into a
Gallon of the best white wine, and stop them close
covered two dayes and two nightes, stirring them once
a day, then distill them in an ordinary still wth
a soft fire, the closing of ye still being close luted,
take of ye first running a quart, of ye second a quart,
of ye last a pint, fittest for childe ren. of ye first
and strongest may be given two Spoonfulls of the
second four Spoonfulls, of the last two or three.

6 2
9 For the plague the small Pox and other
dysenterys to keep them from the hart
and Stomack.

One pound of Rosemary, halfe a pound of Dragons,
Dimpennell, Tormentill, feather few Wormewood,
Cardus benedictus, Burnett, Balmé, Sorrell, Herb
of grace, Elicampane roots sliced, the flowers of
bread coultis, Marigold flowers, Spurge ment,
Harts ease the flowers of it, take halfe a pound
of each of these herbes and shred them, Cardomony
seed, Sweet fennell seed, Anisid, Coriander seed, of
each two ounces, bruis all these seedes, and mingle
them wth your herbes when you have shred y
then put all these things into a broad mouthed
butts pot, and then put to it 5 quartes of sack
and as much white wine, and then stirr all
3 or 4 times a day, for 4 dayes together, and
keep it very close stoped and then still it in
such a still as you still rose water in, and when
you still it first if ye still stand about wth haste
you may still 2 still all a day, you may keep ye strong
water by it self, or els put it all together when you
give it the sick party, if small water will be,

4
S-~~om~~ enough for children with a little miltidate
or ~~that~~ warmed with a little sugar
warne. A.R.

¶ An antidote against the Plague:
Take conserve of wood sorrell and miltidate
(or venice treacle) and mingle these together
like an electuarie, then take the quantity
of a nutmeg, Morning and Noone.

¶ An excellent medicine for a green
wood or any old sore. A.R.

Take Sassa and Dorrage of each half a pound
virgin waxe and Frankincense of each a
quarter of a pound of Mastike an ounce of
hart's tallow a quarter of a pound, of Camellie
two drams that is not to be melted, but make a
powder of it, and then boyle them on the fire
together, and straine it through a cleane cloth
into a bottel of white wine. ^{Lighter} and an ex-
proved ^{good} Salve ^{but not}
by mistake.

7
Then boyle it then let it coole a little then put
into it a quarter of a pound of turpentine, and
stir it well together untill it be cold, and see
keep it to your use for the best usement it
may be gotten. It hath these vertues it
healeth old and new wounds, it suffereth not
corruption in a wound, for all flesh to be engendred
it is good for head aches, jaundis in y^e braine,
all imposthumes in the head or body, for
swellings in the ears, or for Scares, for
or stained, for swelings in the cheeks, or
bitching of throtts, it draweth out broken
bones, it is good for the biting of vermin
beasts, it healeth all manner of bores, festers,
cankers, or noli me tangere, ache in the
liver, spleen, or spleen, for swelling of y^e
members, and inflammations of the face, flax,
for excelling good for a cloth is made of this
for all these greifs.

This is y^e same in vertue as y^e flos vagator^{is}

Rosin half a pound ———— 00.03
Venice Turpentine 9 ounces 00.09
Frankincense powdered 9 ounces 00.09
Camphire powdered 2 Drams 00.04
Mastic powdered 1 ounce 01.00
Wormseeds 2 Ounces ———— 02.00

Some Receipts in this Book by mistake
was writ twice over; so one of each is Cross 05.00
But this harder Yellow Salve
Should not have bin Cross

A severe cold for a cold cause
 Take of virgins wax and deers churtt of each
 a like quantity, and halfe the quantity of
 Turpentine, with a litle salit oyle boyled
 on the fire adding there unto the powder
 of Cloves, mace and cinamon beinge both kept
 the cloth thoren, and spread it beinge hot.

A severe cold for a hot cause
 Take the things above mentioned without
 the spices, used as a fore said.

A very good medicine for ye scies.
 Take Beards and Eggs liquor and mix to the
 Consistence of a Salve and anoint the soare
 three a day. or apply it good upon pledgets made of cotton

A plaster for a tympania.
 Take Camomile, Pelitory of the wall and Cardus
 benedictus an handfull of each sort. Cinna seed and
 Annisee boyle all these in cleare hoggs drink
 till it be halfe consumed, straine it and put in ye yolk of an egg
 and a litle salt, and give it once a day.

For the Tympania.
 Take Carbons grease, Cardus and smallage and
 put them into an earthen pot, and boyle
 them together and after you have purged
 apply it to your soare as hot as you can.

Another for the same
 Take Tyme, Parsly, Pelitory of ye wall
 Saffrage, and cattle foot, Bebenidlo
 Grammill seed, the seeds, Smallage Malles
 Red nettell seed, Alexander's Radish roots,
 Eggs shells, an ounce of Benz, Red nettells,
 Clarife, Camomile, Saurage Licorish,
 Annisee an ounce, figgs cone seed, as many
 as the seeds of ye sores, boyle all these in
 strong ale or honey, and put in one pint
 of Riate wine, of saffron and Treacle 2^d
 of each; boyle it againe halfe an hower,
 then straine it, and take of it first and
 last as hot as you can.

An other for A Tympany.

Take Camomile, wormewood, and herbe of
grace, cummin seed, take a disse and put
hot fire in it and lay y^e herbs a fiske,
then, lay a thin flannel atop on the
dish, and as hotte as you can apply it
to y^{or} greife; use this as often as your
paine takes you, drinking a good draught
of y^{or} drink as hot as you can.

An excellent Gylster. N.B.

Take a pinte and a quarter of cleare freest
drinke, and boyle in it a small handfull of
camomile flowers, and a handfull of Malloves,
with a spoonfull of caraway seed bruise, Let
all these boyle gently till it come to a pinte,
then straine it, and put to y^e liquor a Venice of
sweeth butter as big as Pigeons Egg, then take
the yolke of an egg, a good spoonfull of honey or cast
sugar beaten together,

And put them to the liquor stirring
them well together, and administer it
warre, this may be given to a woman
with child.

A cradle for a woman with a
flux in child bed. Dr. Ch.

Take a pinte of sherry water and a pinte of
claret wine, a stick of sinamon y^e yolkes
of horse eggs, and a crust of bread boyle
these together and sweeten it with lofe
sugar bying his armes and legs in the
most flaxty places as hard as she can suffer
you. To Charge the body after
child birth.

Take Sage, Rosemary, balne, mother time, y^e
margurim, Camomill, of each of these a like
quantity and boyle ym in Ale, then straine the
herbs and take y^e liquor and sweeten it with
Powder sugar, and give it warre this must be
given a weeke after his delivrie.

never
advice
a salt
Peele
Child
and
other
time
adding
to y^e
next
a few
water

Against a fellow.

+ Take Spring water wheten flower and hys
grose boyle them to a houlty, and apply it
as warme as you may, this will breake
down and heale it, it must be doest twice
a day.

A houlty for a sore breast

+ Take the grounds of strong ale the crumbe
of white bred, white lily leaves. Shred
them, and hys grease, apply it twice
a day as warme as you can suffer it and
they will heale it.

Against the Rume in childrens

+ Take Spring water and white bred and
boyle them to a houlty and apply it
warme morning and Evening. or cold to
elder people.

To kill quick silvers

+ Put quick silvers into a glasse violl and
put fastins shittle to it and stopp the
violl with wax then shake the glasse till
it looks like ashes.

An a-crowed medicine for a
sore throat

+ Take y^e of quick silvers put it into a wooden
dash, and fill it with fastins shittle
then take up of oyle of Calfe and put to
it the iuce of sage leaves, so cover all
well together and put it into a caly
pott and keep for your use all the yeare
you must anoint the corners of the throat
and the nape of the neck, but lay ad
very little at once, doe it when you
goe to bed; keep your self warme, and
at twice doing it will cure.

for a sore throat

+ Take ginsell, comells, hives ears one of boyle them in a quart of Ruffet ale till the hives part be consumed let them remaine in the drinke and take 8 spoonfulls at night and morning.

for a sore throat.

+ Take a greate onion and cutt off the toppe, and fill it with life hony, then roste it when you have put on the toppe againe and when it is well rosted binde it to the nape of y^e necke and it will cure.

Against the quinsy.

+ Take album gream and beate it to powder then put to it a pinte of strong Ale, and as much hony as will sweeten it then straine it and put as much nutmegg to it as will give it a good taste, and seeke it often.

to be mixed with
honey a little of it at a time
taken when it is excellent

+ If the throat be sore and swollen without fever make a plaster of hony and Album gream warmed spread them upon a peece of linnen and apply it to y^e sore throat. For to loose fleame in the breast and breake it for us to come away with by expectoration.

+ Take bispe's universal, of each a handfull rose mary & branches; Alcompane root of Rhod half an ounce, licorice an ounce and a halfe, anise seeds an ounce, bruse the seeds and y^e rootes being first sliced, then put all into 3 quartes of fountains water, boyle it to three halfe, then straine it from the herbs, and put to y^e liquor for much white wine vinegar as will make it somewhat tart and give it warme first, and last, halfe a pinte.

To kill the worms in children.

Take a lye of lye and stirred upon it methurcate, and sprinkel upon it some powder of cloves and apply it to the navel.

For the Stone, Trobe:

Take two good handfulls of biterns large smart, and boyle it in 3 gallons of wort, not too strong, then transfer y^e wort from it, when it is cold make it up as ordinarie beere in to a vessell, and hang in the midst of it before it begin to work, 2 baggs with y^e of ginger, 2 of Bay berries sliced and bruised, waight it downe to the bottome of y^e vessell with a sabbell stone, and lett it remaine in y^e vessell so long as y^e beere lasteth, let y^e beere worke 6 or 7 dayes or before you drink it drink 2 good draughts every morning fasting, and fast 2 dayes after it, let this be y^e ordinarie drinke,

To stay bleeding: ^{Boyle Hemorik withed in the} on y^e same maner as was done

Take boyle wheat quantity you will and the white of an egg the Corax being finely ground mix them well together and drye in a press of flax and tie it to y^e flax.

For the Colique Grobe:

Take the inward skins of y^e geards of pigeons, scrape them, wash them, and cleave them well, and beate them to as small a powder as you can, then take the quantity of as much as will lay upon a fixer, with one Spoonfull of Ranyon water take thus of it three mornings together, or at any time when you feele yor self troubled.

Against the wind in the Throat.

Take one good handfull of Motherwort, and boyle it in halfe a pinte of Rose water, halfe a pinte of Claret wine boyle the to the halfe then straine the liquor from the herbs, and put to the liquor one pound of fine sugar and boyle it to the consistencie of a syrre, and keepe it for your use, give the partie ground & horse Spoonfulls at a time.

An oymnt to strengthen a weak back. This wor:

Take hart's horne, and make a jelly of it and when it is colde take of it in a pimper and ad to it a Spoonfull of Rose water and one Spoonfull of white wine vinegar mingle them with your finger and anoint your back with this ead morning and night.

How to make cakes of liquorise that be good for the lungs or any staying in the breast.

Take halfe a pound of liquorise, soake it very well, then slice it very thin, put in a paper bagg, and let it hang where it may have some warmth of the fire till it will beate to a powder, but be shure it hang not too wet then sift it as fine as you can and take foure ounces of it, and putt to halfe a pinte of Rishie water, then take six handfulls of the tobbs of Rishie, foure handfulls of Colts-foot, one handfull of Colemans flaxseed, or in their sted halfe a handfull of Rosemary tops, beate all these herbs small in a mortar straine the iuce, and put it to the Rishie water and liquorise, and let them boyle a littell while on a soft fire, then straine it a quine through a fine bovlter.

And put there to four ounces of brazen peas
 canly finely beaten and rased, turn it all
 together on a Chafin dish and coles
 (but not too fast) till it beke yellowish,
 all waies stirring it till it be for thick if
 you may make it into cakes, of what
 figure you please, and lay them on glass
 plates till they be drie enough to be cutt
 of, warme the bottom of the plate when
 you take them of, and with y^r fingers
 in water when you make them up,
 otherwise it will stick to them, you
 must keep neare the fire when you
 make them up, they are to be taken at
 any tyme. For a cold.

+ take a quart of spring water, and 4 ounces
 of Licopanis roots, boyle it to y^e consumption of
 halfe, then straine it and sweeten it wth Sugar candie
 let it boyle againe till it be like a Syrod.

For the Almonds of the throat being
 swollen w^{ch} cometh of Cold
 take barley seed, daggins of the Sonne pond
 and faire running water taken of against
 the streame, put all into an new earthen
 pott, and seate them, there with gargarise
 as hot as you may reasonably suffer it.

An approved meadine ag^t the
 yellow Gaunice.

+ take the urine of the sick parts and as much
 white flower as will make it a cake, w^{ch}
 being made, stick it on the back of Chym
 and as the cake wastes the disease will
 leave the ill affected.
 To stop bleeding.

+ take a napkin and wet it in spring water
 then wring the water forth, and apply
 the napkin to y^r groin it will immediately stop
 for bleeding at y^e nose to bind a frequence hard from y^e veins of the
 forehead with a fillet, or y^e wine in y^e nose by holding it to it and use the
 dish of a soft quilt.

A Decoction for the Kings Evil ^{the roots may be known in}
and breaking out of those ^{of a red or flesh colour}
sores when other things faile.

x Take the green flage wech is like a wood flage
and growes in the water but be shure to take
none but that wash drie and scrape the roots
very cleane, then putt them in a mortar and
beate them as fine as you can then mix it
with fine hony, as to make it like an Ebot:

take of it in a morning fasting as much as a
wall nutt, and fast an houre or more after it
take as much when you goe to bed this must be
taken three times together this cured one who

had sore sores at one time upon his and nose came
after a fortnights taking, but if any new sores
arise then presently make a pottage with milke
and the roots of figwort cutt small and apply
it to breake it with it will doe then being broken
lay upon it both to draw and to heale it if plaster
paracrispes it is good notwithstanding this, if any
figwort is by some called small Celestine or Pile wort

(Flag Rootes be of a redish colour or flesh colour)

sores doe arise, to give the roots of figwort
to the party either boyled and buttered, or
fried very often.

To make haire grow.

x Take two pound of white yellow wax, 6 ounces
of the powder of red brick finely broken
putt altogether into a re Glasse well luted
then sett the in an earthen pott filling
it round about and beneath with fine sifted
ashes or sand, and set the body in it of
the pott, on a furnace and soe distill
it with a soft fire, and there will come
forth a faire yellow oyle, which congeale in
the like shape when it is cold if you
purifie the oyle or distill it againe it
will be better this oyle worketh wonder
on them that shed haire of their
head or beard.

See other for the same.

+ Take young bees when you take up a stock and lay them to scowther and ad to the scowther for much good hummy, as will moisten the scowther very well and then anoynt the face or beard and it will make the haire grow thick.

To make dog cakes to stoppe
Acheune

+ Take red doge frames and chop the whert of an
for beehes them in paper baggs till you use them
as follows, set at many as you will vpr before
the fire, and when they be drie, beat as many
of them to scowther. It will make four ounces,
searce it very fine, then put to it an ounce of
nutmeggs, finely beaten and ferow, then take a
bound of sugar and boyle it something over three
a hysk, and put therein 1/2 or 3/4 scowther stirring the
vber well together, wch being done poure it upon
a plate, and when it is cold, you may cut them in
to what ration you will, and take yn at any tyme but
especially at bed tyme.

Pulpyes.

For the Pulpy that maketh a
man Pedriculer.

Take both ye crocks and 8 shames of bruce
scowther them in good red wine till it be
like a supment anoynt all y^e body
wth it. And it will make the whole

For the Pulpy

Take y^e iuice of red nettells and mustard seed
bray them together in a mortar, and then
squeez out the iuice there of. anoynt the
head and neck therewth. This is very good
A mortar for the same.

Take a sheeps head the wooll and all w^{ch} is
best breakē of y^e honyes then break them to
dust, and put them into a pot full of spirit
wine,

and 2 gallons of sweet milke y^ett^e all till it
be consumed to a quart or lesse, and then straine
it th^row a cloth, and keep it in a glasse
close stopp'd, and anoynt the place in paine
th^ree with 9 dayes by the fire. This is a
tried medicine.

An approved medicine for the Palsy
that taketh away y^e speech.

Take comen, Pepper, Bayes, Corry seed: Pellitory
of Grayne; ana: ʒij. Fenell seed ʒijij
Collage seed ʒij; make all these into powder
and mingle them with clarified Honey, as
much as shall suffice, and thercof make an
electuary, and put it in a faire box, and
let the party that is taken, take thercof as
much as a beane at once, in his mouth and
soe let it melt and swallow it downe, and somtimes
put some of it under y^e roote of his tongue and in
continuance it will enter in to cury vaine of his body

A proved medicine for y^e Rubme, and the
Gynosthume of y^e head but chiefly for
the Palsy.

Take the strongest vinegar, and pellitory of
Grayne and Chickweed but not soe much by halfe
as pellitory: boyle them in y^e vinegar a good
while then take it of the fire being well
boyled, and let it stand untill it is cold, and
then put to it mustard and hore hony
and every morning fasting take half a
spoonfull at once and hold it a good
while in yor mouth, and soe spit it out
againe doe soe 7 or 8 times in a morning y^e
space of a week together, but take it especially
in winter for then y^e Rubme is increased
it is excellent good for y^e Palsy and diseases
of the head.

A very good medicine for y^e halfe but
not the shaking halfe.

Take consolle flowers, lay them in maln-
sey 2 or 3 dayes then distill them: wash
the glasse therewith for it is very good.

A pretious medicine for y^e halfe.

Take a good quantity of effeto, otherwise called
grawe and y^e water of rosemary, bray y^e
hearts and y^e water together and let them
lie and soake till y^e hearts have drunk of
all y^e water, then take 2 tyles of wire
makyn layd with lyme, and heat them in
y^e fire till they be thorowly hott and then
lay y^e hearts between them and soe let it
lie untill y^e hearts be well stowed but
let it not be drie, and soe lay it to y^e place
where y^e halfe is and doth drie away y^e blood

but you must first rub y^e place drie with
red natelly at first as it is infected, if it
may looke red and rise in himselfe and
then let lay y^e halfe to it this you
must doe evening and morning 2 dayes
together and other ten dayes you must
anoint y^e place with y^e blood of a fox or
y^e water distilled of a fox. this was proved
An excellent drink for y^e halfe

from divers tymes

Take y^e flesh of y^e fox new killed, lay it all
night in new milke, and y^e buds of rose
mary, leaves and flowers, and of in great
quantity 3. i. m. of hearts tongue but take
away y^e string of goeth on y^e back of y^e
beaver, a good quantity of beavale: a few small
raisins distill all these together with
a gentle fire and when it is 4 dayes old drink
it fasting it destroyeth y^e halfe. and maketh
y^e blood good.

To be taken water

As these following flowers are ready to be gathered put them in severall glasses, and see much spirit of wine as will well cover them and see stopp them close.

flowers of	Sage	of each an ounce and a half.	Balm	of each 2 ounces
	Wormwood		Wormwood	
	Yarrow		White mint	
	Rosmarie		Rosmarie	
	Camphire		Camphire	

Bay leaves	of each an ounce	Laurdor flowers
Laurdor spikes		Stricked from the
Orange flowers		Stalks a hottel

When you have all these flowers together put them with the spirit of wine into a great glasse, and lute an other glasse with y^e mouth.

downward to it as fast as you can, set it in a warme place 6 weeks to digest have out y^e spirit of wine from y^e hearb and draw it of from y^e rest w^{ch} you mak keep to y^e use, and if you put y^e salt of y^e hearb to it it will be y^e better.

Put onto y^e spirit of wine these things following beaten unto powder:

Citron and Lemmon pills	6 dramms of
Popony seed huts	1 each
Cinamon, mace	halfe an ounce
Nutmeggs	of each
Long pepper	of each
Guinibes stones	3. halfe a pound

Put this in a warme place stopp'd as before 6 weeks, then filter y^e liquor thro' a cleare and hang in it in a bagg these things following

Magist. Perlarum
Preparat. Smaragd
Ambar. opus
Makke Satron } of each half
a scruple.

Red roses dried
Red and yellow Saunders } of each
in powder } one ounce

Keep this close stoped for yr use
The vertues of this water

It is exceeding good in Swornings, and weakness
of heart, decaying of spirit. of great vertue
against all apoplexies and palsyes all pangs
of yr ioynts, all outward Crizes, outwardly
bathed and clothes dried therin, and layed
to it cleaveth yr externall senses from
weath of memory, restoreth lost appetites
all yr weaknesse of yr stomack being taken
inwardly, and bathed outwardly.

take of it halfe a Spoonfull, and wth in
halfe an houre it helpeith all quindies in
the head, lost hearing, bringeth a pleasant
breath, there can be noe better remedy
in palsyes and a poplexyes, both to helpe in
the fits, and to prevent if you take morning
or evening, a quarter or halfe a Spoon
full wth crumbe of bread, and sugar in
it: it helpeith yr lost speech, helpeith
all cold dispositions of yr liver, beginning
of droppies, it helpeith all cold distempers
of yr mother, and what not.

A dyt drink for yr security

take junny graspe brooke Lyme water crosses here
mint red sage Lemell catchall of each a good
handfull Bruise all these and put them into
an earthen vessell and put to them a bottel of
white wine and as much good ale let them steep
24 houres and then drinke it.

An approved water for y^e dimness
of eyes.

Take a new laid egg and breake a little
of the end and put out y^e yolke wth y^e white
very cleane then fill the shell wth spring
water and set it on Embers yf it may boyle
softly and skumme it wth a feather, yf
put in as much white copheris as a gray
craze, and when it is boyled halfe away
put it into a glasse and morning and even-
ing drop a drop into y^e eye yf it is ill
The great cordiall.

Take y^e extract of amber grece 4 drammes
Besar Stone 1 drame, terra sigilata 2 drammes
Magist. perlaro 1 ounce and 2 drammes
Tincture of all y^e cordiall herbes 4 ounces
Starts horn callined 2 drammes,

Sugar candy a pound and a halfe grind
all severally first very small, and
altogether very strongly, put in some
earthen vessel, and yf longer it is kept
y^e better juce as much as a fraze at a
tyme.

A direction for wormes
in children.

Take of Spine one ounce, sweet fennell seed
grossly beaten halfe an ounce corbine and
wormseed grossly beaten of each 3 drammes,
Agarick three drams and then bound up in a
little ragge one drame, let these be intul'd
in a quart of water, in a pipkin close cover'd
in hot Embers 12 houres after take straine
it, and put to y^e liquor one pound of good
damask prunes, cleave washed and picked, and
halfe a pound of fine suger then strain them
after y^e said manner they are to be eaten 3 or 4 at
a tyme at pleasure.

Take a pottel of white wine, and a
pint of Rhyse water and 4 heads of garlick
yt will way about half a pound, take some
of y^e wine, and as you besle y^e garlick put
it in thre besle y^e garlick in y^e wine you
creed it into take away y^e best nesse of
the garlick, then putt it out of y^e wine
into y^e pott of white wine and Rhyse
water, and let them boyle take harts horne,
and liuro wort, mother of time of each a like
handfull 3 or 4 sage leaves, all washed and
dried a day before you use them, boyle
all these till y^e liquor be half consumed,
then putt in a quart of y^e best honey, that
never came nere y^e fire, boyle all these
well together, and scume it cleare, when it
is boyled enough straine it throu a piece
of course canvas.

It is good for y^e black jaundie, for the
wormes, and conuulsion fits fulnesse of
stomack, shortnesse of breath, or any stoppage,
you may give it to a sucking childe or any
sort of people, try with a spoonfull very
early and let them sleepe after it, with in
two howres after they may eat what they
will if you finde strength take two
spoonfull 9 dayes together.

Saile water good in a consumption
or jaundie to cleere y^e skin
or reuue the spirits.

take a peck of garden faules in thire field
gather them as nere as you can out of laurie
or rosemary and not in trees or grasse wash
thre 3 tymes in beere in a great tub, then if
chymik being very cleare poure out a bussell
of charcoles and when they are well

bundles make a grate tub wth fire flued
 and put in the sailes and put in some of
 the cleere burnt coales amongst them, and
 let them roast till they beare makeinge
 youe then you must take them forth,
 and wth a knife and cleane cloth, pick
 and wipe away y^e coales, and green froth
 that will be vpon them, then beate them in
 a mortar, shelly and all, take also a quart
 of earth wormes, slice them and sooke y^e
 wth salt, then wash them in whitt wine
 till you haue taken all y^e filth from y^e
 them put them in a stone mortar and beate
 them to peeces, then take a fuzet cleane iron
 sett to lett y^e limbeck on, then take two
 handfulls of Angelico, and lay it in y^e bottom
 of y^e sett and 2 handfulls of Galandine or y^e
 both of that, then put in two quarts of

rosemary flowers, Bearefoote syremory, y^e
 reddest dock roots you can get y^e barkes
 of redd forell Bettony, of each 3 handfulls,
 of our fennerock and Turmerock of each
 one ounce well beaten then lay your sailes
 and wormes on y^e top of y^e crab of y^e
 flowers, and poure vpon them 4 gallons of
 the strongest ale you can get and 2 gallons
 of y^e strongest sack you can get, and let
 it stand all night, or longer stirring it
 diuers times, in y^e morning put in 2 ounces
 of cloves, 12 ounces of harts horne 6 ounces
 of mory, y^e weight of 2^s in safron y^e cloves
 must be bruised, you must not stir it after
 these last things are in, then put on y^e indick
 and close it fast wth redd laste, and recraue
 y^e water in fints, y^e first is strongest and
 for afterwards smaller and smaller

The smallest may be mended by putting in
some of the strongest when you use it take
3 Spoonfulls of beere or ale to 2 Spoonfulls
of the strongest.

As to this 3 quarts of cowslip floures,
one quart of Buglasse and Burrage floures,
and 3 handfulls of leuermort and if you
will you may put in 3 gallons of sack and 2
of ale onely and draw it noe longer then
it will becom, and put into euey quart
glasse 3^d of safron and 3 ounces of cloars
if you will
you should feed your Smiles with saluandine
and barberry leaues and boughs and wash
them in pinn milke 4 times and then in
a great bozle of strong ale and then
burne them.

An excellent paltis for any
swelling

Take oate meale and red rose leaues boyle
them with ale till it be thick then apply
it and it will syther a swage of swelling
or draw it to a head.

An excellent and approved water for
to cure y^e Rikune in y^e eyes
take lapis tuda one ounce, which must be
thus leuere first beate it to fine powder
then steep it 3 houres in romant milke
then draw y^e old milke from y^e tutian
and put in fresh of y^e same woman, which
must continue 3 houres all soe, then you
must steep it as often in white rose water
and then it is prepared

Take Aloe Alois Citrina of brightest you

you can get one ounce, of white sugar candied one ounce, both of them being beaten to powder; take also of chamfere. take an ounce cut it small wth a knife then beat it as small as you can, wth a blance & 2 almond or 2, put all these into a quart of cherry-sack, shake y^e glasse wth where in it is twice or thrice a day for 2 or 3 dayes at first, then pour forth of y^e clearest of it into a spoone, and drop into the inner corner of both eyes, though but one eye be sore when you drop it, if the water may run all over y^e eye, this water will keep good 2 yeares, and when it is halfe spent you may put in another pint of sack into the ground,

and shaking it well together it will be very good. This water will stay y^e Rheume instantly for a week or fortnight at y^e first and it will stoppe y^e colour off it, but afterwards at twice or thrice dressing it will expell y^e Rheume when by taking cold or y^e like it returns againe it takes away all cloud and redness of y^e eyes, and weaknesse of y^e fanice being caused by Rheume.

Against the small pox to wash y^e face.

Take one handfull of mallow leaves one handfull of holly oak leaves, and shred y^e m^o very small, and boyle them in some milke then straine them, and put a little butter into it and dip therein.

In case they be strake in to keep
them from y^e hurt

Take one quart of strong ale 2 heads of
garlick, one handfull of leue, one hand full
of red sage, one ounce of tyme, halfe a
pound of Camys Treacle put all these into
a babbikon and cover it very close wth a
thin skewer it till it be half consumed,
then give 5 Spoonfulls at a time for 3
mornings together.

Flor ouerboram it is good for
y^e same things it now
does yellowe salua is and
is called y^e flower of
sint marks because it
is good for so many
things

looks upon
y^e yellowe salua
much had wth A.R.

Take rosin and frankinsenc, of each half
a pound, beate y^e rosin in to powder and
also y^e frankinsenc if it be old and brittle
else cut it small, take of virgins wax three
thin, of rosemary in fine powder of each a
quarter of a pound, of camphora 2 dramms
beaten small, then take a skellet, or pan an
foot put in y^e wax, let it cure a soft fire
till it be molten then put in y^e rosin
and melt it, then y^e frankinsenc and melt
it, let it boile as little as may be for summe
away y^e finest part of y^e gummes, when
all is melted take it from y^e fire, and
looke if there be any dreasy substance in
it, if there be, take straine it if not
then pour it into a jar, where you leaue
hat a littel of red wine, and wth skellet it if
warne put in y^e powder of rosemary.

and stir it with y^e gummes for as it may
 all cleave into t^hread, then set it on y^e
 fire and boyle it untill all y^e wine be
 consumed then stir it well with a stick
 if it cleave not to y^e hand w^hch you shall
 know by putting a little into y^e fire for
 if it stinketh it is not consumed, and y^e
 wine being wasted let it boyle no longer
 least you lose y^e best of y^e gummes, but
 take it from y^e fire and putt in y^e can-
 thora, and stir it well till it be half
 cold, then putt in a quarter of a pound of
 Venice turpentine, and stir it till it be
 almost cold, then putt salt oyle there to
 soe much as will bring it to an oylment
 without y^e oyle it is a very good seave cloth
 y^e use of it is to anoynt y^e place greene w^hch
 must be kept warme wth clothes.

An excellent medicine against all
 agues feavers, pestilentiall
 diseases w^hch is alsoe very
 Cordiall.

Take endive, Angelica, quercy, Buglasse,
 Burrage, Betwand, Serrall, Pellendive,
 Erymomy, Pimpernell, scabius, long sue
 they are all w^hch grow amongst y^e
 grasse, of each of these 2 handfull of
 scabius 4 handfull. Chopp all these
 together, and putt them in an earthen
 clann, put there to a gallon of w^hch
 wine and steep it all night and soe
 distill it in a cold still.

An excellent receipt for
 consultation ^{of the}
 Take y^e lilly of y^e valley y^e flowers of y^e
 and steep them in Jacke

and distill them in a glasse still and
 be give y^e party some to drinke and let
 hem take it 3 dayes before any alteration
 of y^e moone and in y^e flt you may
 distill it in an oyle pary still and
 thoked it wth whet wine but the
 October is y^e best.

A very good water for a feaver
 to cast sleep.

Take cowslippes a good quantity and still
 them for put y^e water into y^e still again
 in wth more cowslippes and still it over
 againe and soe doe 3 tymes over still
 putting in more cowslippes let them drinde
 of it a wine glasse full of it at a time.

for oyle to cure y^e cramp.

Take Mattick albanum of each 3 ounce or
 a half beat them into fine powder seeth
 them in 12 ounces of oyle till y^e 3 part
 be consumed.

This oyle is good for all limbs of men and
 women feebled wth travell or cold if they
 be ther wth anoynted, as alsoe for y^e cold
 passings of y^e Mother, It helpeth y^e cramp
 as hath been proved if y^e disease be
 ther wth anoynted against y^e fire in old
 diseases and old men.

A most excellent oyle for y^e cramp.

Take oyle of neates feet put it into a glasse and
 put therein rosemary & cloves 1 handfull stop
 it close let it distill in y^e same when they
 are distilled put in fresh cloves and when
 they are distilled straine out y^e oyle and keep
 it for your use good for achis and stiff sinews.

For the cramp of late
long continued

Take wale of y^e flanke of a black sheepe
carded in flakes and distilled in salt oyle
this will cure y^e cramp whets for ever if it be
traged the patient be aged, the place
diseased must be rasped round wth cards
wooll.

Another for y^e cramp.

Take good white wine, and ginger bread, and
gallincale; put it in y^e wine and seeth it well
and when hee is gone to bed let him drink a
cup full of it; then cover his head warme, and
use to bathe him with good hearbe of y^e best
and dry; after this bath anoint him wth
good castor grease before y^e cramp doth
come: Good est.

Medicines against y^e Deley figg fienis
Impossumes y^e take in the or
else were.

Take Aloe Hepatic, Cilio vind and Anrop-
ionatum: ana: make them into powder
and lay them on untill they be whole

To breake impossumes in y^e Arse
Take oyle of roses and as much scrup as
will make it into an ointment or take
Litharge and burnt lead and temper it
wth y^e yolke of an eye

It drink for y^e sick of y^e fienis.
Take of bounde Stone 3. Ma: Millfoile wild
mints ana. 4 m. straine out y^e iuce, put
there onto of pepper and mastick ana.
1 graine in fine powder drinke it and
renew y^e potion 9 dayes.

To heale fluxus Emorrhoides and
Imperforatus in ye fundament.

Take Trocholum Acetosum: wrap it in a
sharpe cloock leafe, and bake it under the
Embers, burne it not, neither dry it too
much: take it and bray it, and lay it to
ye disease. It wasteth it gently above all
medecines, wound this must true.

Tubus Greus.

Take Antisigmentum, black fishes am
calcer: ana. ʒi: chere distilld honey ʒ
sinte, vinegar one sinte, make all the
3 things into subtile powder first then
mix them well in a mortar, with the honey
and vinegar to ye thickness of a cake, then
dry it on a tile stone wthout burning it
may be beaten to powder, keep it from
moysture aire and winde

It stoppeth blood, mortifeth in all
places of ye body, it cureth cankers
and bleeding fests and maketh them to
die and rot and to fall of.

Powder Perregrina is alsoe of like vertue
this powder must be layd on ye fess, and it
will make it losse loofe if you may draw ye
rote out with your fingers then put in of
the powder after it hath well bedd, and lay
on sum baste, and cure all a plaster of new bone
and for cure it as other maladies of same
maturation. An impostume in ano is knowe
by swelling: paine: burning: itching: pricking
Note: All impostumes in ano not cured wth in 4
months turne to fistulas Cankers Note: there
ought noe reperculion to be made in the
bursting place: those are to be used in ye eares
wth ye armes, in the flanks, in ye side

A glyster for an imposthume.
Take oyle of roses a quantity w^{ch} yolke of
one rawe egge, a quantity of crocodile, Lanthane,
or burnt lead, infuse it wth a glyster. Suffe
it mitigate the swelling paine and prickings
and doth reliefe well in hot or colde causes.

Mathegin good for the liver and spleen.
Take to every gallon of honey foure Gallons of
faire water. Stir it well together and if it
will beare an egg it hath ben enough else not
then take of all such speking rootes and
herbes as be comfortable for the stomack liver
and spleen or for any other grief w^{ch} you
haue wth seeds and Spice for to breake wind
then first seeth the water and leue as long
as any steam will rise from it and skum it of
cleare then put in yor roots and let the seeth
and then yor herbes and when you feele y^e

taste of the herbes in it but in yor beads
and Spice grossly beaten and for seethe it of
and when it is well boyled one quarter being
consumed thereof straine it thurrough a faire
cloth into a stand such as ale is used to be
put into and being cold put upon it good
peas ale yeast and course it wth all and for let
it stand 4 dayes and then draw out the
clearest into a ferdin wherein you may keep
it as long as you please it will be better at
the yeares end then at the first let the
most of yor herbes be such as are pleasant in
taste and wholesome and of such as are bitter
and strong take the lesse quantity of Hyssop
Sage Rosemary the flowers and of Mother
of yone St. Annys herbe Maidenhair
Pabious egremeny Betony Hartshorne Currant
succory Mather burrage and y^e flowers.

Bugles and the flowers, Hyatys, fennell and
 Parsly roots, fiedrach, Buck horn roots
 and Polihodium of y^e Cake, Wormwood
 Allicopitane roots, Dock roots, small seeds
 fennell, Coriander seed, Caraway seed,
 Galingall, Spignell, of these take one good
 handfull an of each of y^e seeds an ounce
 of cinamond, Ginger, Nutmegs cloves,
 Make long Symp of all these one ounce and
 a halfe bruise them and put them into
 a litle Bagg of fine Linen or cyprus and
 a litle stone in wth them and tyt the
 bagg and hang it by a string halfe way
 into y^e vessell and fasten it about y^e venter
 hole it being well stopt wth clay.
 The best making hereof is betwixt y^e 2^d &
 thaird dayes and not to be drinke before all
 Colicokide it is good for any distace in y^e Liver
 or Lense

for a fistula excellent.

Take wood bettans, Wood Bugles, Dandelion
 egremony, Beards, Burnet, Parsie roots, Beewood,
 Plantain, Sanicle, Wormwood, Motherwort, Usual
 take of each an handfull washing them very
 cleane but of wormwood a very litle quantity
 boyle them in 3 pintes of Rhenish wine and let
 them boyle 3 quarters of an hower in a soft
 fire, then straine out the hearb and put
 into y^e drinke a pint of English Honey, or more
 as you shall see cause to make it sweeter, after
 let it boyle a litle, and skum it very cleane
 drinke of it you must see out the worst
 this is all as it is to be done to y^e fistula
 onely every day to lay a fresh Collyat heat
 to y^e sore, but if be not sufficient to draw
 out y^e core lay some stronger drawing salve
 to it for y^e drinke will make it draw much

The drink must be made in the summer and
 set up wind the dries all the winter laying only
 on it a fresh sweet cloth this is a speedy and
 most certain cure it must be drunk two or
 three somers in the first you shall see very
 great amendment.

For the Green Sickness

There is one medicine for certain as to give
 half a dram of nitre excellently refined and
 made into powder and dissolved in any
 appropriate liquor or in spirit or rhenish wine
 this must be taken divers daies and purgeth
 onely by Urin.

Oyle of Frogs good for all itches
 Get good store of frogs about midsummer put
 them a brace into an earthen pot and put
 into the as much salt oyle as will almost cover
 them with a good handful of salt

then cover the pot close and set it into
 the sun when you take it forth straine
 them thurrow some strainers and keep the
 oyle for your use.

To make walnut water
 Take young wallnuts before the shells be hard
 and beare cods both being minced and then
 stilled in a common stillatorie way drink the
 same water fasting and put some of it into your
 wine or ale and let it be your drink, this water
 is good for the hart and to make one have
 a good appetite to his meate it is also
 good against the palpit that cometh from
 the heart if it be drunk with wine and also
 to walk the patients hands and it is good
 against the dropsie to be drunk with wine
 Casting it is a perraine medicine for the eyes
 above all others, and it is good to make the face
 faire

being water therewith and if you washe
 the temples there with it casteth sleep it
 is good to cleape the body of beehes, and so forth
 it is good to wash all festered wounds and sores
 eateth out of exul flesh and in a darreth
 good drunk with wine it is good for all manner
 of dysprases within ones body, and for all in-
 flammes and who for ever of the y^e same
 temperately, it will lengthen his daies
 and kill all ill humors in his body still
 it is other waters and keep it well you
 must cut them in quarters as you put in
 into of still. Dr Simon's of the same
 as an aphrodisiac water against the stone.
 Holy Me tangere selicina oel certina
 brada

The Sighars
 of the
 his dysprase never breedeth but in the
 face and is caused by y^e rust of sterly.

salt in the body which breakes the rone of
 skin and afterwards bites inwardly of his
 martial nature, y^e sterlie flesh, y^e martial
 place expells his salt to y^e skin, it produgeth
 like by chaps with suffery and simphely, upon
 the appearing of these sicknesses y^e salt
 fretteth in by corroding nature of crusts,
 clegeth under y^e nose and afterwards pro-
 ceedeth forwards to y^e consumption of y^e
 soul and bringeth death.

The cure. First by mortifying y^e matter
 take of realgar sublimated ʒi togh it in
 strong vinegar 2 houres where it is drie and
 oyle of Margerum ʒiii mix them with this
 ointment binde y^e soare according to his breadth
 as thinly as may be often washing it with oyle
 lest it drie let it soe remaine 2 daies and 2
 nights in y^t tyme y^e soare will matter

and send out water, at w^{ch} sicke apply
this plaster and let it abide on till noe
more saue or moisture flow

by Mundification.

Take shit such one pound the gum rosi
of y^e pine and fir tree: ana: the gum
rosi of y^e yong buds of the larich tree: the
sini latigue ziii melt them together wth
half soe much wax as y^e whole of y^e rest
and as much oyle as will suffice to make a
plaster that wth this will not draw out
noe other can

by Curation

Take wax comm^{on} such ana: R^s antimon
beate ziiii round Aristolochi ziii Malva
ziii make a plaster wth w^{ch} blade y^e fore
morning and evening. or else take rosen

of the fir tree R^s musciba of Combray
ziii iuce of falladine as much as shall
suffise to make y^e plaster.

Water for a Consumption
that hath Haltern those
that have been turned
in bed wth towels
through breakes

Take a col of a yeare old or threeabouts
and choake him and pull him cleane from
back of his backe and cut of his combe and
bill, then slit him and take out his guts
and cleane cleane wthout breake any and saue
the blood in a dish then cutt him out in
quarters and chop the bones the neck and y^e
head and putt it y^ether into a brester or earthen
pott and putt thereto a quart of sack or

of muskadeine w^{ch} the party liketh best
and be let it stand all night then put
it into a common still and all the liquor
wth it then take of Saffron Bugles Burrage
Sedine of each a handfull and of Pimpernell
as much as all y^e rest chok all these together
and strow them on the Cok then take a pound
of raisins of y^e sunn being stoned half a
pound of Currants and half a dozen dates all
choppt together and strow it on the cok al
for 2 ounces of pinkmond broken into little
pieces strow that upon all the rest and se
the still steem out and let the sick party
take thereof when hee please and as
much requireth if the water bee too strong
then mitigate it wth a little Pimpernell water
and when the party drinketh put store of sugar
to it.

To make a snail water

It is very good for the yellow jaundie, and
all yellowness of y^e skinn, it is also very good
for a surfet two or 3 times daily and fast hee have
after it it causeth an appetite, and sweet breath
and expelleth any thing from the heart. Take
a peice of garden house snails and wash them
shells and all in very faire water then dry them
in a cloth then stund or break them in a fine
mortar and putt them to steep in 3 gallons of y^e
best strong ale you can gett, adding unto it 6 ounces
of beards horse scorched or steed into powder, and
2 ounces of cloves beaten grossely, one ounce of
nutmegs and one of cinamons all beaten crossely half
a pound of liquorish, and soe much of Aniseeds, and let
all these steep close covered 24 hours, and then still it
wth a limbeck, on a salt fire, but you must remember to
a broad stiling stone in the bottome of y^e pot to keepe
keepe the water from burninge.

Impostumes, or impostumes.

Take saim, sage, rue, and tansy. ana. ℥. straine
them, boyle them in oyle of olive till the herbs wax
blacke, and hoggs grease fresh, straine it, put thereto
wax and oyle as you will have it, hard or soft. it
heales impostumes hard or soft.

Take the spines grease, beate it and straine it ℥ij.
of vitrioll ℥ij. grinde it with oyle in a brasse mortar
a greate while then mix it wth out fire, it makes
a profitable ointment: you may if you please use
wax and sicke and make a plaister. It cureth
corrupt impostumes, carbuncles and canorous sores.

Take hallowe roots cleane washed ij. ℥. cutt
them in pieces, boyle them in water till they
be soft, then take them out: take of linden
and fenegreake ana. i. ℥. boyle them in the same
untill the water is like birdlime, then straine
the roots, put them to yow^r water wth a handfull
of barley meale; then lay them wth burrowes grease.

or sharpes smart, apply it soft to the place, change
it every 12 hours. Fill ^{the} hole.

It destroyes impostumes wth bludely
fitches and swellings.

Lay to the Impostume a plaster
maturative.

Take wallows and wormwood boyle them hard,
strain away the water, then mingle them
wth all, and boyle them in oyle of roses or
barrowes grease; lay it on hurts or venous
cloth and apply it.

This comforteth the place, mitigateth the
paine: it gathereth it to ripeness: good for
impostumes and squats in all parts. It is in
cure of the Paps most excellent.

The Chirurgien must not expect an impostume
that hath once reare the orge to breake off
it selfe but hee must ripen and breake or haue it

for the Canker, often proved by E. N.
Take honey, White wine, the middle banke of the roote
of the flon bearing bush or black thorne, and a little Mlome
boile them well together, with this wash the sore mouth or other parties

The Sweetest Water

℞: 2 quartes of the best Aquavite, halfe a pint of
Damascie rose water, halfe a pound of white suger Candy beaten
and put in, so let it stand close covered 12. hovers, then put
there to of red poppy water having the blacks cut of 3. ounces,
of raysens of the sun stoned 3. ounces, of large Mace, Cinnamon
and Anniseeds slightly brused of each halfe an ounce, of Licorice
scraped and sliced 2 drams, of Dates stoned and sliced 7. ounce
let all these stand to soake by infusion 7. dayes, then take one
handfull of red poppies the blacks cut of & put them in a bagg, 2
graines of musk and 3. of amber greese in a bagg hang them in
a shred in & let them stand close covered 10. dayes, then sunne
it well 10. or 12. dayes shaking it daily, then straine it out
hard & keepe it for use. It is good to drinke when any thing
lyeth at the stomack, & is good to staye vomiting

An excellent Plaster for the Stomack.

℞: Red leads. ounces, white lead 7. ounces
grind them and seare them then take one pint of oyle
of olive 3. ounces of castile soape sliced very thin,
then boyle the oyle and soape untill it be melted then
put in the red and white lead and stir them continu-
ly and when it turnes greenish then drop it on colder
Iron, and if it come off without sticking and will snape
and break in funder, then take one ounce of oyle of limes
2. or 3. ounces of bees greace, stir it well together with
the stuffe then take it off the fyre, and dist clothe to
make searclothes or make it up in rooles,

This plaster being layd upon the stomack
procureth appetite and taketh away paine there in be-
ing layd on the belly it healeth the Collick present-
ly it healeth all swellings and bruises taketh away
aches pushes felloes, taketh away any running hu-
mours without breaking the skin it is excellent for
any old sprayne or limbs that have bin out of Egypt

To procure urine

Take Hollyrunella or Creame of tartar of either as much as will lye on a great pint in your crock To take it

Take way wood of yuniper all & Myrtle of each one handfull boill them in halfe a h of water till the water be gone ~~then~~ out then straine both the hearts & annoynt the legmak with the butter lay a plaster of it to the stomack with brown paper

For a raw nose or face Take freshum sublimat & beat it small mingle it with running water with the finger then dipp albanen cloth there in & laye with annoynt the place where the ranknes is when it is all on a scabbie laye oyle of Cryame a little Arim rano a little white Rose & a little Alie made into fine powder & there with annoynt the places

For sudden losse of hearing Take worme bread out of the oven lay it to the deaf eare or hill the

For a dropsie Take the topp of greene Doome the topp of Malwort holl in white wine boill a pottle to a quart drinke it night & morning

For a staid head Take pason & Geve each them together make a plaister here of sherd of doe hore are apply it somewhat hott

To make breath sweet Take the powder of Sage of winter savorie of Clones & mace mix

meag all powder a little musk speced in juice of Lemons & white wine drinke of this compound a spoonfull or two morning & night

water to cleare hands & face

Take a quart of pure water a pint of white wine the juce of 4 Lemons put therein Beamblessens white lillie Blessens Cher Blessens of each one handfull put to it a whole Daisie roots & marsh mallow roots 2 or 3 Branches of Parsley as much fumitone the secret of 2 in Comphine put all these in an earthen pott sett it on warme ashes all night in the morning strangle it through a piece of white Cotton put it in a quaryon mount a little salt in the heat of the sun 3 or 4 times if there be any thing plus or redness in the face take a quantity of water in the glasse & beere the white dung of an hen in it one night

then straine it through a cloth with your face with this annoynt & it will cure your haire & three or 4 brided Almonds this is an excellent water for

A powder for teeth

Take the powder of Sage the thaimmes of Juniper put them among the juce of Lemons in a mortar rubb it for teeth her with it will make them both white & sweet

All Muckeyer

Put it into a little silver pott salt me subtle to it stopp the vial with wax then shake it till it looks like Alie

For a sore throte

Take 3 of ancke lily put it in a wooden dish & kill it well with salt me & pines then take 2 of oyle of Bees put to it the juce of Sage leaves to grow all well together & put it in a achapott & keep it all the seare annoynt it Cryon of the neck & the nape of the neck lay a very little of hance so do it when you goe to bed keep you worme thrice draying it cure you

Another

Quinckernell. Geve each a quart of pott cleare part becoming a pint them remain in the drink take 8 spoonfull night or morning

Another in Brycoe

Take a red Onion cut it in two fill it with Line honest rest it with a stopper when rashe the skinne it to the nape of the neck this will cure

For toothache M. Brookes

Take long pepper Quins pepper Rastberries if inward barke of the bread tree the powder of red nettle seek bruse all to powder put in a little salit in a bagg wet the bagg in serving Aquavit & lay it upon the gums of the teeth or that acheth solet the phlegm till this is for teeth not hollow but if they bee Take Gum Araby bruse it small then laye lint dip it in Aquavit & so seal it in the Gum & stopp the tooth her with

Quinckernell in the spleen

Take the inward stins of the

Take a good handfull of water wort boyle it in halfe a pint of
Red wine & halfe a pint of March wine Boyle it to halfe straine it
from the hear & put it in a glass of fine Sugar boyle
it in a glass keep it as long as the trustled & apbondit a time

In vintment to strengthen a mans Back

Take heartshorn made in alle of it when it is cold take of it in a
Saucer & add to it a good full of red wine & a good full of
white wine vinegar & mixe it & anoint the backe with it morne
& night

Cakes of oile for Lungis oranis stoppung in the breast

Take halfe a lb of sugar scraped well & sliced thin put it in a
per bag & hang it to have some warmth from the fire pound
it in a fine sive can take 4 ounces here of put to halfe a pint
of Rhenish water take 6 handfulls of the same by full sive of holes
of the top part of hear & strain out the juice into a glass
water to licord let all be made at a soft fire strain it again
through a fine sive & put it in 4 ounces of browne Sugar Cap
of leard to be an on a Chillingish of oates not too late in it
loose if ellorosa allway & bring it till it be thick to be then in
what cakes you please lay them on Chasses plates in a tray
enough to cutt of what you want the plate to come a little wet
they sing in water when you make tad up keep the near
the fire & take them at a soft fire

To make syrre of Compses to procure slepe
Sachis good for and Couche of it Lungis

Take red Poppy that grows in the corne cut the black of vary care
fuller than take the leaves still them as they take a quart of four
cattled water & put it in a handfull of the same leaves fresh
gathered with the black cutt very carefully from them as before
so let it stand 12 houres in the Embers then straine it lightly and
put to another handfull so cutt what it stand 12 houres more straine
it lightly againe put to it the halfe of sugar sced & three grain
of Muske tied in Lanne

To stop of Bleeding of a wound or nose

Take a cleath webb it well in froge sparne then dry it laying there of
the wound will stop the effusion of blood of frogs dried & powdered
to powder being drunk & worn about the neck on a rag

For a scall or Durne

Take the sharpest Onions salt of each alike quantitie pound them well
together & apply it as it warms put pasteth for 2 or 3 houres & then will
cure it if he let it be not broken though so to blister

For a Pearle in the eye

Take a fine peice of Holland & boyle it to a shes in a perter dish then
blow down the shes there will be an oile at the bottome of the dish
which son may take with a small feather and dress the sore that will
cure at thrice dressing or the oile of white paper yed this good

For a consumption Mr Turner

Take Linerwort hartstroping Mother of thyme of each half an handfull
a quarter of one of Caraway roots as many fennel roots scraped sliced
the Dutch hysop & red Licors scraped & sliced very small of
smeeds halfe a quart of a of Curran as many Raisins of the sun
straine boyle all in a pot of running water till halfe be consumed
add to it a ounce of browne Sugar Candy drinke of this syrre let
a quarter of a pint or more at a time blaw warme let the water be
taken from a spring that the sun yeth upon boyle it an earthen
pot keeping it still covered it must be made every 4 or 5 dayes when
the drinck is wanting let the patient take syrre of Turmish or horse
home Jellis made of the water & warming of
For a Astilent Rheum or Short Couche Mr Pessel

Take a quarter of a pound of Sphaxims stone & pound them fine add 2 ounces
of Saffron of Sages 2 ounces of Sugar Candy & melt Beaten beate all
well together add 10 or 12 drops of Spirit of Salt yur roach all is well
mixed use the quantity of a primen & morning especially or any
other time

For a Vomit

Take 7 of the biggest Arabace leaves bruse if very small then
put to that be degrees one ounce of white wine straine it very
hard then put one ounce of white wine more to the green substance

by degrees & bray that put it to the former then drinke it halfe a
quarter of a pint is ounces 2. *probat*

For swellings & Itches

Take Elder flowers when they be full ripe pick them very cleane in
a double clothe with the stoppers then fill your Glass with oyle &
set it in a pott of water till it stov 12 houres strain out the flowers
and put the same quantitie of fresh flowers shew them as before
doe this *repetere* 4 times then straine out the oyle for your use *probat*

For a bruise in the eye

Take Orig roots sift them in a fine sine take white rose water mingle
them to be like a poultice and apply it to the place this will take a
way the blacknesse *probat*

For the heate in the Liver. *M^o Crest*

Take halfe a pound of Currans and three handfull of Linerwort
boyle them in 2 quartes of running water till it com to 3 pintes
straine it & put it in a glasse take 3 or 4 Spoonfulls morning &
night or as you see cause

A good Salve

Take serpents tongue & cut it small take as much may butter as it
heart will make coken then it must lie afort night rolled up together
then take some wax and melt them together & straine them
this is good for a burn cut biting of a mad dog or shingles. *probat*

Against the Kings Evil

Take the flowers of Broom still them in an ordinary still drinke this
every morn & full of the chone 3 or 4 night & mornings together
in a wine glasse full fasting 2 houres & using gentle exercise. *probat*

For the Stricthullion

Take Spoonfull of Syrrup of Alther put to it as much powder of
Slate as will make it thick give it fasting & awhile after let

him drinke clear whey boyle a mallow root mat

For a Burning Fever

Take a quart of white wine an ounce of seeme & two drams of Rhubarb
grated put them in an earthen pot shutting it close least it vapour out
when it is full boyle it away till it com to it half of the best primes
washed & dried to let them steew till they be enough add to the primes
a quarter of an ounce of refined Sugar let it boyle for 4 or 5 houres in the
morning 3 or 4 of the primes & two Spoonfulls of the Syrrup if you
find not this enough take more this may be given to a woman with Child
without danger it is a present remedy for a burning fever and an
excellēt purge for head & stomach

A Disselt Drink for the Kings Evil

Take 2 quartes of Syrrup water 2 two good handfulls of white hrech
and 2 ounce of foresell emell seed bruised half an ounce of
Licorn Serpēt or tryal root take till half be consumed then let it settle
& pour the clear off from the bottom when it is cold putt in 2 ounces
of Oyl of Rosary & lett the Patient drinke 3 times aday a good wine
glass full in the morning next the hart at 4 of the clocke at bedtime
either warme or cold

For the Sore

Take butter without salt or touching of water then the rooth of a black
theye taken from the head made it is alme take & rinse without salt
& a little butter & as hot as they can endure wash the sore with it
that being done put in some new soot oyle then put the soot to it
lapp it warme 3 or 4 times & once or twice aday as you see cause to keepe
downe the proud flesh use burnt Alum

For the Cough in the Lungs

Take halfe an ounce of flower of Broom one an ounce of Syrrup &
Sift soot as much fine sugar as will make this like an Electuary the
the quantity of annt see night & morning

Water to cure in all wound or yse

Take 2 ounces of white Conera, beaten small, ounce of Camphire, spread
 put it in a pot that is well glazed, & calcine it until it be hard when
 it is cold breake it out of the pot & make it into fine powder put to it
 4 ounces of Rose-Homonack, beat all together & sift it through a very
 fine sine then weigh it into ounces & every ounce take a pint
 of spring water but it is put one ounce of the powder in an earthen
 ballen then put a spoonfull of rose water to it temper
 it well together then put in the rest of the water to it till it
 be hot so stir it together untill it be cold then put it in a glasse
 when you use it for sores warme it & shake it together wash it
 three times for eyes then the clearest of it is best. Sallendine
 leaves & hazle leaves & ground swie of each an handfull pound
 all together & squeeze out of the juice mingle with it a little honey
 & a little red rose water stir it together & smelt it with a syringe
 into the eye morning & night you will cure your horse altho it be
 curable the Quic is not that which is a white smooth leaf but a
 rough leaf growing commonly weede yonds and hit chere

A Good blacke Searcloth of my Mothers

Take Red lead yellow waxe sallet oyle of each 4 ounces beat your
 red lead very fine melt your wax & oyle in a Skillet then put in the
 lead & lett it boyle on a soft fire 4 or 5 hours till it be as blacke as
 pitch then take it of the fire your cloth in the stuffe whilst it is
 hot till the searcloth be full of the liquor. Will hold the cloth over
 the Skillet till it be cold then lay it on the table & smooth it with
 a knife roll it up keepe it close in a boxe the remainder putt in a
 gally nett & putt the thicke in the bottom from it

For the Blooing Flux

Take milke seech it putt to a good quantity of Allon then take
 a curd of drinke it as hott as you can if you can eat the Curd doe
 oyle of Nutmegs

Take a pint of Nutmegs well broken put them in a new nessel of earth
 well leached with wine then powder on them Manises or other wines
 till it be a boue the Nutmegs 2 fingers high put to them 2 lb
 of fresh butter mingle all together covering the nessel well
 leave it in the heade of the sun in a pan or some hot place 4 or
 5 daies then boyle it with a small fire till the wine be consumed
 when you use it through a coarse linnen cloth before it be cold
 this curet the oyle in a glasse in the sun till the thick substance
 descend to the bottom then poure it through the cloth put it
 in a glasse & keepe it

For an Ague

Take 9 syrygs of Gentery with the roots cut them small with
 Bay leaves broken somewhat short & 1 small spoonfull of
 pepper bruised beat all in a quart of ale to a pint then straine
 them & give the rest at the cold till well warme & at y^e coming
 The Vomit Antimome prepar'd of y^e coldst give it

Take the powder of Antimome if all night shaken together in 7 or 8
 spoonfull of clear posset drinke then at the beginning of y^e cold
 lett it be taken warme power out all save the settling of y^e m^y
 bodome after it hath wrought the first time take betwene
 every Vomit 6 or 7 spoonfulls of posset lymde warme

Balsom for a green wound

Take a lb of waxe dissolved in a pint of sack then put to it
 nice & Turpentine halfe a pint & a halfe boile all together
 till a little then lett it be cold put y^e wine from it & put to the
 Balsome one ounce of red Samters mingle them well together
 keepe them for your use when you use it putt it hot in your
 wounds & let it drye link & take in the Chalk & apply it to the
 wound so he it up with a dressing it is Justice & y^e good

To prevent Consumption & strengthen the stomach
 Take the bynes of a walnut of Mithridate with sugar for three
 mornings together other 3 take the powder of Licampane
 rootes flower of Brimstone & sugar Candis well mixed to
 gather one spoonfull take these often ^{at a time or 3 times a day}

A Cordial for a Consumption
 Take adram of Rels Corall as much white Amber made into
 powder hart's horne halfe adram powder of pearle & scruples
 Musk & ambroy greece of each 8 grains with 12 ounces of refined
 sugar dissolved in red rose water of flowers 8 grams oile of
 Amijcocks 4 grains & make it up in smal balls

For a consumption to be taken fasting
 Take a bottle of benjowite & a quart of small Aquanita or for
 it a pint of fair water mixe it together that it be not over
 strong then take halfe a pint of the sun sponed 3 or 4
 sliced figgs as many Dates & nutmegs & cloves a little Cinamon
 or a stick of Licorish cleve Amijcocks put all these together
 in a part of the aquanita steep it 24 houres then straine
 it & add a good quantity of sugar & a little rose water so put
 it in a bottle & hang a bag of Muske in it & stop it close

To stay the whites in the Back
 Take Maltice & wrap it in conserve of Red roses so swallow it
 night & morning

For the same or to weake back
 Take a handfull of Cumpheire & so much of Clary knot grass cleane
 of betony & leaves of Hyspe & handfull of violet leaves of Maris
 gold & strawberries leaves & quantitie of Citron or an handfull of
 C-harts tongue & yich put the haire as much plantane & quantitie
 of Archangel both red & white a quarter of right Coyne Dates &
 many ~~other~~ blancht hazel nuts & a more than take they with

of an ~~over~~ backe & slip it out of the skin beate it & dates nuts
 and an handfull of every sort of the seeds together very well then
 when all the seeds have beate together a good while put in them
 that you beate before & when they have beate together very well
 againe strain them through Linen Cloth then let them to
 cool before it be cold put in a quarter of the best Sugar drink
 halfe a pint at a time morning & evening & you shall find great
 ease Speedily

Another
 Take red wine Cumpheire Maltice Jazie roots Gum Arabicke Gum
 Dragamant or beate of shere beads yurce Clary & Cumpheire nyce
 & knot graspe of all these an equal quantitie chop them very
 small & make a Tansy there with 8 eggs eate of it morning and
 night

To make fatt and strengthen the Back
 Take of the spirit of Clary a spoonfull or 2 in the morning fast
 me or beate of white Sanderling the stroakings of 3 or 4 hole to
 take quantitie of a quart and in persnyys cut in thin slices
 put them in a vessel & set it to boyle as it boyleth shake it some
 times well that it burne not when tis enough put Sugar &
 Cinamon in powder so eat it

Another
 Take red rose water & sugar then rost 8 or 10 dates in brown
 paper and put them in eate here of morning & evening

Another
 Take of Cumpheire adram & halfe a libbe white sanders & red
 sweet Almonds blancht beat all together into fine powder so give
 it a penny worth of Muske in a penny weight of this
 powder & drinke it 3 mornings together

Another
 Take the whites of 30 eggs beat them into an oyle let them stand
 an hour take of all the froth & as it riseth beat them againe

and let them stand another hour then take a pint and halfe of the best Muske fine halfe a pint of the redde Rose water 4 or 5 Nutmegs sliced very thin put all this in a glass & shake it together lett it stand 24 hours & so drinke it fasting in the morning & night 6 spoonfulls at a time

Purge for the Backe

Take an ounce of Cassia that is new Araron and a dram of Rhubarb make it in an Electuarie this will serue two mornings

For the wormes

Take a quart of Milk of Worteech bruije it & then boile it together till halfe be consumed putting therin halfe a pound of Fron with honies to make it very sweete yest

To Kill wormes in any Bodis part

Take stronge dung for as hee makes it in a double cloth apply it do if it will kill him to a good worme which worme die and wash than dry it in an oven and pound it to powder and give some of it in any drinke the patient shall it will breake the bed of wormes

For the Wind Collique

Take high Cyntris white wine the best and the subiect yeerings of oranges a good quantity boile them with a good part be consumed so drinke it very hott and fast two honies after it

Another yest

Take a handfull of wild Thyme as many water Croffets halfe as much more a little wormewood boile all in a quart of Ale and put it in a pint of sack after yee have strained the Ale from the leaves wate 3 or 4 times a day 3 or 4 spoonfulls at a time

Water for the eyes or any inflammation

Gather many dew of Barley to the quantitie of a pottle being with out raine for 2 dayes before take 2 of white Copperas & one yinte of

bay salt boile them in an ewe pipkin not used let it stand boiling gently 24 hours till a quart is waisted then strain it gently through a cloth into a glass that hath not been used & roy it in the eyes and bath the out side

An excellent yurge

Take a pint of the Redde water & the pint of white wine if you would bring it strooke of her wise a quart will be enough take 2 of an ounce or halfe if you find it not strong enough for use of the first trial of Cassia the cane break the sticks of it small in pieces before you put in the liquor unt to it a quarter of an ounce of Licorish halfe an ounce of Clove & a little sumac cleane the Licorish into 2 or 3 slices cut them in short pieces put all in an ewe pipkin cover it very close & set it on the Embers for 4 or 6 hours but be sure it do not boile thicke & cloth strain it let it & cool it may be taken in hott warme carles in the morning fasting & three pome after if it bee so long awaicing drinke some warm broth a good while longer till before you put it out of the pottle to warme put in two ounces of Roshes beatine in the yestinger shake the pottle well amongst the liquor this yurge is good if you a fruit in most dunnis or if other stomack bee not good but especially for a woman once a month after her flowers

For the Stone or Stangurie

Take the stone in an ewe Gall beat it to powder so drinke it in white wine in the morning as yestinger as much powder as will lye on a foxeyence or in syrrop of Althea

For the Stone

Take marsh Mallow rootes & Erngo rootes of each a quart of an ounce parly seeds & Gunnsin seeds of each halfe a pound boile these in a quart of yestinger till halfe a pint be consumed & drinke of it at 3 or 4 times of the day & stritten it with a little syrrop of Althea if you please

For the stone or Sympane

Take a pottle of Rhenish wine & slice it of horse Radish therein let it steep 24 hours then drinke halfe a pint morning & evening this is approued to make one void urine when nothing else will

Another

Take horse radish stamped in a mortar boyle it in sallade oyle & so make a plaster lay it over the fellie below the Nauell prot

For an Ague

Take Camomil wood Hemell of each an handful with a few marjoram flowers boyle this in posselt drinke cool while and let the patient pray but when the fit is coming drinke this as hott as you can and it will make sweat & drive away the fit

For a tertian Ague

Take 2 part of a pint of white wine the quantitie of a great Rurmes of London & drinke it in the Embers 3 hours not to boyle till a quart of an hour before they take it of & then put gently one or more wine the night before the first if ye sleepe after it it is the better so you take no cold it will cause a gentle sweat use this three times and it will drive it away prot

To keep the Bodie soluble

Take a pint of white wine & lay an ounce of beane to steep in it all night a sprig of Rosemary let it seeth then straine it put the liquor in a pott as many pines as the liquor will cover so lett them in a pott in water that reacheth so let them stand till they be steeved into six of them end of morning y^{er}

Another prot

Take Damaske pines stone them and fill them with sugar put them in a galley pott so lett them stand 3 or 4 dayes eat six every morning

To purge away vberish humors
Take ~~the~~ Meccell the weight of 12 freye it in a pernie pott of sack
drinke or drinke it in the morning fasting

A purge for the Axytie prot

Take a quart of an ounce of Diaphambon put it in a pernie pott of white wine or els semitorie water drinke it in the morning fasting

For any hott humour

Take Cranesbille straberrie leaues succorie Endine purslane sorrell & violet leaues boile all in posselt drinke & drinke it often

For an heche

Take one of oyle red lead and powder of Brimstone 1 waxe 1/2 pint 3 ounces melt them together at rayes stirre them then straine it and some lay up your throat by the holland wit & spread it on thornes to cool as it cool the stretch it plame out then roue it with white papers rubl with oyle

To breake a Feauer by outward application

Take a good handful of the tops of Groundhill halfe an ounce of pepper brused the Quantitie of an Egge of ordinarie soye beat this well spread it on peeces of leather lay it to the right soles of the feet going to bed

To cure the Flux

Take harts horne burne it in the fire till it looke white like burnt bones lift it then take y^e dragon dose water & a little Amber greede make it up like pigeons eggs six graines must be giuen at a time & this may be giuen to a woman in child bed

For a scantle or burne when it is dangerous

+ Take the inward barked of Elm that which groweth betwixt the out barked & the body of the tree tyng water salade oyle beat this well together & anoynt the sore if you will try have stix there on lay the oyle on the top this you may keep it till it be quite whole & all will scale of together

Oyle of Eggs

+ Take eggs & rost them till they be hard then take the yolkes & put them in a broken pott that is well glazed set it on the embers & stir it till you perceive an oyle substance coming out of it as it rises still poure it forth allwayes stirring the yolke till they be burnt dry this is good to the any ordinary scall or Bruise or to the Nipples

A poultice to dissolve hard Breasts

+ Take white bread & milke boyle it to a poultice lay it as you can as you can suffer it twice a day this is good to dissolve an inflammation so it is taken at the beginning and alittle sheeps fat if it be a swelling in the legges and such places good

A poultice to draw an inflammation

+ Take a pint of milke boyle it tillen it with oyle meale let it boyle to a poultice allwayes stirring it then put to it one handfull of Chicken weed minced small & let it boyle up then take it off & put in hoggs greace Oyle of Roses the roses also lay this as warm as can be suffered on the place & beyond the rednes on all sides good

A strong drawing poultice to breake an inflamed inflammation

+ Take strong flesh oyle meale boyle it then put a good handfull of Chick weed minced small & add it a little roose ferns first rosted in Embers in paper till it be quite a poultice then put it to some hoggs greace & mix it

A salve to cure outh wounds pcerabel

+ Take plantane rader: ynte Gallade oyle & ynte yellome wax 3 ounces boyle all together till the water be consumed which you shall see when it leanes bubling together then take it from the fire & add three spoonfulls of honey give it a heat or 2 more then take it of a game & let it stand till it be but blood warme then add 3 ounces of Turpentine mix them well together put it in a galley pott and kepe it for your use if you wound have it more cleafing well some & add more honey according to discrecion its good in all old or new wounds ulcers burnes & scaldings as in case any wound or sore be wrapped with any sove medicines this will bringe it to a good condition againe in a great wounds especially in all wounds of the head & nerves melt it in a saucer & lay some of it apply it as hot as it may well be endured & apply the Red Lead platter over it

The Italian Mountebanks Balsome for a greene wound

+ Take of oyle olives: ynt of Shippitch in English Turp 3 ounces waxe 2 ounces of Gum: ounes & boyle these 2 an houre over a gentle fire and mixe it well then take it off & put it in a pott drop it blood warme into the wound then lay a linen Cloath to the Balsome & cover it over

Sir George Hastings Balsome which hee kept by an ome Experience found to have helped & done much good for all thair Greines & Ailes For the running of the Reines as much as usual without it scates together falling For any Conuulsion inward or outward for you may both anoynt with it & take it inwardly For paine in the head against the temples & with in the face For an old sore for a greene wound being applyed warme or any wound of a nature taken inwardly

For to get the fire out of any burne or scald anoynt with it
Excellent for sore breasts for swellings & boyling in the stomack
anoynt the places take it inwardly be sides for toyles to anoynt
give inwardly the quantity of a pintree at a time there is no care
of taking too much & it is very good to drinke adrought of possit
drinke after it lastly it hath helpel siners of the cough of the
one that had it 20 years

To make the Balsome

Take 5 pints of the best Sallade oyle 1 pint of the best venice tur
pentine of yellow waxe 8 ounces of red Sanders every ounce in a
paper by it selfe in fine powder sifted & put the oyle in a pot
of it selfe with a quarter of a pint of red Rose water & let it
boyle till the water be consumed then take it off the fire &
let it stand till it hath left bubbling then put to it the waxe and
turpentine which must be thus prepared cut the waxe in thin
slices wash your Turpentine in a quart of aynt of red Rose water and
beat it till it looke very white then put it our waxe Turpe
ntine together and being well melted put them to your oyle
let all boyle together a quarter of an houre then put in all
Sanders ounce after ounce very softly and stir it con
tinually least it run over boyle it another quarter of an houre
Straine it through a new Cloath layre washed & so put it to
keepe it to best to take it off the fire when you put in
the Sanders & it will thicke ^{to be used} the oyle is pr. Ay
you cured a head that was burned to the very skull

The sweet ointment an ayroned good one

Take Sage & Rue of each 1/2 Bistonia & wormewood of each
1/2 melt in beards flowers of Camemile flowers of Spike Rose
mary red rose leanes & Johns wort of each .i. good handfull more
Mallows & good handfulls Choppe all these small as may be weigh
them and put to them theire weight of pure sheepe suet
but heere suet is better Choppe it very small & stampe it
& the hearbe together till it looke all greene then put it
pints of sallade oyle in a pot mixe them well together and co
uer it close with leather and yafbe the sides that no aire ge
in & to let it stand 7 daies then set it on a gentle fire & let it boyle
stirring it allwise till the hearbes looke some what drie then
straine it very dry & set it on the fire againe and put in these
oiles Camomile Rose white Lillies Spike wildes Turpentine
of each one ounce mixe all very well let it boyle 2 or 3 heats
put in Gum Belemme 1 ounce and halfe Benjamin 3 drams Gum
torax Calaimis 3 quarters of 1 ounce & all in fine powder mixe
it well together & straine it againe so keepe it in pots Close stoped
for your use this hath cured the dead palfie & is admirable good
for sore bruisa or any yame proceedinge from a cold cause
anoynting the yam yamed and rubbing it in with a hot hand
before the fire for aches stiches lamenesse Sarim Kinge of

Sinewes plarifie in the side & ache in the backe I gave it to
a woman of Burton who trent on shrutches Inward seares to
gether & using this a Month was so well that she slung her
away Katherine Beckm Jpro

For the Sciatica in the hys & cety Cont
Take of Butter unrefined & Clarifie it Rosemary tops and
Flowers a good handfull as much greene Lavender tops Le
mender Cotton handfull as many elder buds shred them small
stray them & mixe them with the butter then boyle it about
an houre on a gentle fire straine it & putt in a pot for your
use applied warme for the swelling proceeding of a hot or
cold cause

To cure the sciatica or ache in the Syney proceeding from a cold
Take of Butter unrefined & Clarifie it 2 or 3 handfull of water
and pound it small then put it in your butter and add to it halfe
a pint of amies water then boyle it on a soft fire till the wa
ter be consumed and it looke greene then straine it into a pot
so keepe it you may anoint any part of the body but the face
& the rines of the backe

For the Canker
Take of the tops of Rose browne sage and Browne flennell of
each a handfull Roche allomy quarter of an ounce Honey
vintre shread the herbs & boyle them in the honey till it come
to a struy then straine it and dresse the Canker with it

To cleanse & couple the Kidnies
Take the whites of 2 new laid Eggs & beat them take of the
froth & mixe with the Eggs as much Rose water as the Eggs

& put to it $\frac{1}{2}$ an ounce of white sugar Candy in fine powder
when it is stirred well together straine it 3 mornings toge
ther then use these pills Take an ounce of semice Turpentine
and wash it well in redose water take of white waxe 1 quarter
of an ounce scraped thin 1 quarter of an ounce of Cinamon
in fine powder Sole armonacke 1 quarter of an ounce mixe
them well & rowle them up with Cinamon take of them
for 10 dayes together or longer 2 at night & 3 in the morning

To cure a sore that is kept from healing by a salt humour
Take 2 quartes of the water that smth tooke these iron in
it must be syring water then take a good handfull of red sage
& the lignes of an Egge of rocke Alum boyle this till halfe be con
sumed of the water it is to keepe long straine out the
herbs & not warme it blood warme wash the sore & laye
Cloathes dipped in it upon the sore Jpro

Plaster for the Gout to give present ease
Take a spoonfull of blacke Soyelignit Barne Sole armonacke
beaten very small of each a spoonfull the yolke of a new laid
worke them together to the substance of a plaster then spread
it on blacke paper & lay it cold to the place cruel let it there
continue 12 houres then lay a fresh plaster of the same to it
For a Rupture

Take Monieare make it into a very fine powder then take a little
Cumpheest Rootes & boyle it in milke take as much of the powder
as will lye on a fyre pence and put in a spoonfull or two
of Cumpheest milke sweetened with Sugar then wash it
downe with a spoonfull or two of the same milke let it
partie take this 9 more times to gether & rest 3 ^{or 4} dayes
till it ou have taken it 3 times oyle in betw an houre after
the takinge lettng and on his backe if the saide ne Dones
foot or in stead of Monieare in the same waye Dones foot
is alsoe called Chines hill or Stor Hill and groweth neere
high wayes deserts and untilled groundes especially in
mild & hills it springes in March & April & floweres in May
which is of a bright purple colour of Moniears there be
3 kinds great small & blew all growing on sandy bankes
& untilled groundes that lie open to the aire the flower in
May & June the great beares a bright yellow colour of
small yellow & blew a small blew flower

Another for the same

Take garden hold hautes and bruse them in a wooden mill
then put them in a linnen bagge hang them ei
ther before the fire or in the heat of the sunne let some
thing under them to receive the oyle that falls from them
which if you must enery night & morninge the partie be
ing on his backe with a warm hand hott bath in the night

broaking it upwards a quarter of an houre together

A very good Balme

Take pure white oyle 3 pintes right Canary Sacke
6 spoonfull beat them very well together take of the best neme
Turpentine 2 wash it in 3 severall waters till it be pure white
 $\frac{1}{2}$ of yellow waxe finely scraped bruse all this together an houre
and a halfe in a steele fire for the flame will cause it to
flye uppe & spoyle it then put into it an ounce of red Saxe
stony finely powdered it must be new and not used with minie
ger as the common way is boyle all till it be come to a perfect
ointment it is good for the head ache & biting of dogs &
burnes & casteth the yoleene & causeth digestion & Scaldeth
bones & it helpeth fistulas & expelleth any infection or
yusse of Stancheth bleedings so Eaten yame that came
of colic is good against the wind Colicke & the biting of a
mad dogge

For the Piles

Take a little of the best and put out all the blacke that is within it into
a large venter dish scrape it together with a feather mingle
with it lime honey thicke as salve then spread upon a cleane
and apply it if the sore be within make it make it very
like a suppositor & put it uppe

For a Scald or burne

+ Take halfe a hen coult if over a candle over a Basin of water
let the bacon & candle droppe into the water then spread it on
a cloath & apply it to the sore take salade oyle & the white
of an egge very well beaten dress it with this first to fetch
out the fire

An Eye water against a hot cause E: G

+ Take 2 new laid eggs & roste them blew hard wth of the
shells and mince them small then take Lapis Calumaris and
Cubia being first ground by the Apothecaries in fine powder
of each a quarter of an ounce & mixe them with the eggs
then take 1 pint of white winey pint & halfe of white rose
water mixe them very well with the backe of a spoone in a
basin & straine it through a thin straine put the water in a
bottle it when you use it stop it close & with a feather
wash the out side of the eyes & temples the oftener & better
For to prevent a miscarriage

+ Drink a quart of dronget of faire water & lye downe in a bed
warming then take 3 little fulls of scarlet or purple silke
spread it very small & the treach of 13 eggs with as much
serenes of Red roses as will make it thicke minde this very
well & give it the woman halfe an houre or an houre after
her draught of water & let her take this 3 mornings toge
ther 3 nights laying to her navell & to the wth in the
leggs

Against an ague

+ Take 1/2 of Saffron Carrows 1 quarter of a pickled cleane
but not washed stampe the well together & part it

in three equall partes two partes kinde to the wrists the 3^d
to the pit of the stomacke let her be kept to the place mentioned
a fortnight. ¶ pro:

Another

+ Take bay salt & Rue of each a handfull Saffron & Carrows of each
& beat these together put to it a spoonefull of pepper or the
beaten & bat it to the wrists before the third full let it lye on
a fortnight. ¶ pro:

A poultice for an Unquinn or Felon

+ Take a spoonefull of fine honey the yolke of 1 egge & mince
wheat flower as with the kin is then spread it on a cloath
& lay it to the swelled place or sore. ¶ pro:

A present remedic against the Humble Flux

+ Take an ordinary pigeon & strike the body full of Bees waxe
& let it roste at a gentle fire till the waxe be cleane con
sumed then eat the pigeon thus being dieted 3 dayes will cure

A very good receipt against the Rickets

+ Take flew Carrows rub them very well in a cloath then
round them in a wooden mander with fine honey & boyle
this in a small quantity of Spring water till it come to
an ammalade then Exce it & give the child as often
as it will take thrice a day at the least & be shure to rub & breathe
& feed of it every mornenige with fasting spittle

For the Greene Sicknes

+ Take Camomile flowers Marigold flowers of each a small hand
full wort Syrius of Saffron byle all in one quart
of wyll drinke bymle halfe a ynte of this at a tyme for a fortnight
fasting walking halfe an houre after it takeinge

Against the Colic & the yellow Jaunders

+ Take the shanings of Irece and fill a pypm with it of
the boyd Core being off put on the top againe & rost it ueris
soft eat 4 or 5 a day but especially at bed tyme

For the Stone

+ Take a gallon of tyeu milke with thine Saxe rage Pellitory
of the wall of each handfull 2 or 3 Radish rootes sliced and broy
ed put all these in the milke to infuse all night the next
day fill it all together in an ordinary still with a moderate
heate the best making of it is about the latter end of May
use it thus take 4 spoonfull of the water & as much white
wine or Rensh with a little sugar & sliced Nutmegs make
blood warme & take it last 2 houres after it & last 2 morne
ings & nights together when you goe to bed at the full
change of the Moone or when need shall require. Pr
ad to this wayles May 2 Phelipendula May 2 this cured one
that had bene exceedingly troubled with the stone 30 years

The wound Drinke

+ gather these herbs in May & drye them in a close roome from the sun
turne them once aboyt till they be drye then make them all together
and put them in to Canvas bages & they will keepe all the yeare
you must haue alie quantity of water of these herbs & you must
gather the buds in April South one roose yormewood Bugle
Mugwort wood Buttons Pantane Anabellias Englyste Rytwort
white bottles daisy rootes yloeues honey Suckles thyme hathorne
buds Eprimont vke buds Broomle buds wild angelico mints Sections
Strawberrie leanes violet leanes Cumpres leanes Sanacla most
bedryed by it selfe for if it woult be in the head put it in

An especiall powder for the Memorie

Take 3 ounces of Seena leanes dehears Cumim parthy and kill
seed of each 1 ounce Cloues Nutmegs Galingall Calamus ying
nell rootes Sage Quinqueterian amedols of each 1/2 of an ounce
Sugar 3 ounces pound all these small & tyme them together
take of these mornings & Evening about 1 dram at a tyme it
strengtheneth the braine as well as memorie good against giddings
in the head cleareth the blood good for the stomacke yre soereth
preserueth the Lungs from all superfluous humors with it and with
all diseases of the heart yome of the Lungs melt & shall firmeth a
way the cough maketh a good colour & a cheere face against
Froellings against all yestilentuall aire holden in the mouth
It taketh away the stinking breath & keeys men in good health
A water for sore eyes

Take pint of fume water set it on the fire between 2 licks when it is ready to hatch put in 1/2 Spoonfull of Lime honey then stir it with a feather very cleane then put in white Copie the bones of annt then it cleane then put in some leaves of Rosemary let it boyle till the leaves be tender then set it to Clotte drop it then in your Eie morning & Evening & roule it up & downe so doe till it be well C. pro.

Use of Swallowes to take away Rheum ache or swelling in any part
Take 10 young Swallowes out of the nest put them into a fine marker put to them Lavender Cotton Spike Lavender Red oraffe Ribwort Baume Pillarium Rosemarie tops 5 draubers of violet woodbine tops plantaine strings of violet French mal lower the tops of walnut leaves the tops of young bases 1/2 lb violet leaves Sage of vertue Roman worm wood of each of these 1/2 a handfull beate all these together put to them 1 ounce of Cloues when beater put them in an earthen pot put to them ointe of Neats foot vyle they it close set it in a Jeller glasses then take it out & open it put in 1/2 of a Bees waxe halfe a pint of Sweet Sallade oyle set the pot a little on the fire let it boyle 7 or 8 houres then straine it through a strong Cloath put it up & let the bottom remaine this is good for a Pyrene or brule C. pro.

* Take 1/2 of Burrowes with 1/2 of white mirams waxe 1/2 of a of frankincense powder boyle these till they be melted then take it off & make it into roundes. pro.

An excellent Glistre for the Cholicke
Take 1 pint & a halfe of new milke 1 ounce of Anniseeds 1/2 ounce of fennell seeds brused Malloves Camomile flowers or Camomile it telle of each it handfull boyle thele till the 3 parte be consumed then straine it & put in 1/2 Spoonfull of Linger & 1/2 Spoonfull of Salt late velle a quarter of a Spoonfull of white salt for altogether & then give it warme

An excellent salve for the eyes Dr. Sheldon
Take Lippis claming is heate it red hot in a fine honell & quench it 12 times in a pint of white wine then straine it when it is cold take 1 ounce of hogs grease new & cheepe it in red rose water 6 houres at least then wash it in the afore said white wine for 6 or 7 houres for each er emptying out the wine & putting in fresh then take of ruttis milk prepared & finely powdered 1/2 ounce of the stone Hemathatis well prepared & washed 2 scruples of all these well washed & dissolved in red fennell water & dried in the sunne and made into powder or 12 crames of yecale in powder 5 grames mixe these in red fennell water & make it into an ointment

The fallinge sicke powder
To make a col powder take a peece of wormes lay them in some springe water in an earthen vessel & cover it up with a linnen cloth in the morninge then haveing a good fire in reding the water out the water from them & take the wormes as cleane from the filth as you can when you have taken as many as you can cleane from the bottome set them in a cleane iron drigginge pan before the fire set it somewhat aboveing that the water may runne from them as they are which water lade forth with a yooone to prevent sliding downe of the wormes when they are drie enough beate them in a mortar which done put it in a cleane glass & keepe it as you use

let the patient drinke here of a spoonefull at a time 3 times be
before the full or change of the moone each morninge & after
at least 2 houres after hee eateth at least let him drinke the same
quantity in yoll et ale or beere a little warme so fast at least an
houre after it hee must keepe a good diet abatinge from gre
like onions rouses & the like hee must take heed of the same
& if it be onely the falling sicknesse you may be confident it will
cure hee may drinke it at any time when hee expects his fit
coming; the cleaener the wormes are gotten & better & pro
+ The patient for a soraine or bruse or any ache that comes of
coulde cause or this Lamenes or skinninge of the sinewes
Take 2 handfull of Amomile 2 of herbs of roche 2 of mint 2 of La
mender gotten 2 of lavender 2 of Dore lime 2 of wormwood
2 of Elder leaues 2 of Buple 2 of Bann 2 of Rosemarjorale
coffe 2 of Sage 2 of hyssop 2 of Soudherwood cut them all
bruse them in a mortar then take 8th of yolk clove butter
gather a yottle of blacke snailles in the meddowes put the butter
in a kettill & let it melt next put in the snailles & let them boyle
halfe an houre after them put in the herbes & let them boyle
till the strengthe of them be out then put in somuch hene
dung new made as will lye on 2 offer shelly & somuch Ore
drunge new made 4th of frankincence brused 2 ounces of thimmes
leaven let these things boyle a quarter of an houre longer
till stirring it especially the snailles & butter which are
first put in then straine all this from it heautes into an earthen
pan & let it pletty 2 or 3 dayes then take of it half a scruple
on a chafing dish of coales & so put it into yob when you use it
warmed it a little in a seruer

For the Spleene

Take honey & a spoonefull of powder of Helony every morninge

For the Guts

Take an orange rind in a paper then take white rinde of it & y
poy of a yig in as much ying glasse as much ground saffron
as will lye on a sixe pence mixe them very well & then applye
to the yartie in y manner of a youtlice

For a Cough

Take y pint of hyssop water 1st of the best Sugar boyled to a
syrup & a spoonefull of white wine minged & as much of y
best yule take it night & morninge or a quartill stick

Another

Take a quantity and halfe as much saltale yule to make it an
Easte brought put there to sugar candis or good sugar
drinke it in a morninge & keepe warme or temper the y
der of amil seeds & sugar gandy with saltale yule to be alittle
thicke take the quantity of annt as often as you shall see

For a Horse

Take a trayled red herringe & eat it last when you go to bed
drinking a good glasse of burnt wine after it

For a yeare in the eye

Take a handfull of wormewood & yewle it straine it into a quarter
of a ynte of ale drinke it in bed lying upon the side it affect
thru lills in 4 times a daye

For the Kings evil

Take harts tongue b handfull boyle it 2 quartes of syring water
the sup rising upon the syringe let it boyle till halfe be con-
sumed then straine it & keepe it you must take it at the full
or new of the moone & divide it into 8 parts 4m long morne-
ing & evening & a halfe together one partie of it shallinge with
spoonfull or two of Sirry of Endine

To stay bleeding of a wound

Take a peece of silver and burne it the fyre apply the ashes to
wound or haire slice topically applied or hard finger yowes

For the Cough

Take mico flea them & cut them in halves take out the entrails
and fry them in butter so ease them

For a burne or scall

Take fresh butter bees waxes new sheeps tunge of each alike
quantities melt them & straine it into a pot an gill the fyre
with it & binde it up

For Quornes

Cut your quornes play the skin of an Egge upon them for three
dayes & every day a fresh skin
another

Take wallact lime flacke it minniger & make it into a gylle
the bignes of a barley corne upon the quorne

For the Almonds or swelling of the throate

Take ounce of yepere beads it small make it with much lye
honey as will wet it sove this up in a broad stay & wearo it
next the sore against the sides or swelling on these partes
Take muller either heate flower or roote lread it small
then boyle it in fresh butter and apply it warme to
place quorne

To stay bleeding

Take Eggs shells & burne them to powder take 2 smill & 2 smill of papilla
take a wounnd put it in it & keepe the excess of searles burnd
the ashes applied let him receive the smoke into his nostrils
also of roost to let the yrie bleed into a Cagging pipe of Coales the place
is a fall hat burnt is also very good

For the Palsie or Numbnes

Take the hune of an dog tree and anoint the wrist & nostrils of the quorne
side Also take 2 handfull of Lavender & mixe it in a bottle of beer
all night over a lowe ember then drinke it the same in the same maner
Take also 2 egg Lavender Camomile & a little Lavender cotton take
these in Sacke from a quart to a pint bad & a reme it is very well
in this affliction & very good if would be very good to have sack
anyever in all kind the yrie take it & receive from any affliction
remie for such a hurtfull

For the Ulcere

Take a wounnd take a handfull of the mother of Rome die & 2 ounce
Syring & 2 ounce of amber & gravel & slit the hole in a quantity of bread
the wounnd boyle it till halfe be consumed then gill it & wearo

To stay vomiting

Take halfe a pint of white water water of red roses & 2 spoonfull of
of a pint of wine vinegar a nutmeg grate a peece of roome bread
the bignes of the palm of ones hand halfe an inch thick pare it
round sticke it full of cloves then boyl it burning it & ten fill it
beate then put it into the liquid with halfe an ounce of pomegranate
it comes powdered to powder then it with a gentle heate beate it
dishes apply it warme with a spoone to the stomack & drinke it every
4 kindest procure laxatives
Take a peece of them cut it smooth butter it & use it as a suppositor

For the stone

Take a gallon of white wine three handfull of shepheard's bush
2 of the yere Rose & 3 of the greene which is amongst the red
foet others make the greene & white wine & boyle them from a gallon
to a pottle take of this thrice a day $\frac{1}{2}$ pinte at once

For the Gout

Take a quart of white wine boyle it a pottle with faire water then
put a halfe a pint of oyle since for it will together & apply it warme
an inch thick to the place greued when tis done put in more partes
of the sun & boyle it small and applyed to the place in a pottle

For the whites

Take a quart of white wine boyle it a pottle with faire water then
over a Chalmers hie of Coales till it will fluff to you let this be
as much as will live on a six pence in wine or what you please like
like, save beaten & seared a much as will live on a six pence
mixt with conserve of roses & eaten light & last is excellent

For the change of the Reines

Take a quart of white wine boyle it a pottle with faire water then
then sweeten it with sugar Candy & make this morne Evening

Syrup of Eggs for a Consumption

Take a new laid Eggs wash them very hard then have in readiness
3 ounces of white sugar Candy finely powdered take your eggs one
by one cut them the longe way & take out y^e yolke wipe the hole
& fill it with the said Candy set them in a dish with sawney
bittome to keepe them from fallinge then cover them the next
day they will have syrups in them then take an ounce & a halfe of
sweat of maiden haire Cutt off y^e flowers of each as much mixe
all together & take a halfe or a whole spoonfull at a time after

For an old Cough

Take 2 ounces of brownie sugar Candy brused & a quart of white
wine set it over a Chalmers hie of Coales with 3 or 4 pieces of English
Licorise set the Wine on fire & stir it with a Licorise
stick so long as it will flame then boyle it to a pottle
& use it as you see occasion

Suppositives

Take a little red wax butter and a little Cummin seed brused small
boyle all together till it will rouse when cold take it of a drop
with a little spoone on an oyled trencher the length you will
have them of then strein on more Cummin seed in the middle
Drop more on the toppe so make them up your fingers being
buttered & put

To mitigate the heat in Peanones

Take a pigeon and slit him through the middle and apply hot to the
soles of the feet if it be a child apply a Chicken like with Lemons
sliced and applyed to the stomack in the of the knees and anles &
soles of the feet like wise Mummy buttered well insides out side
if worne on the feet is prevalent

To take away pimples & rednes in the face

Take $\frac{1}{2}$ of an of red dole root brused & sliced a pottle of vinegar
two or three shells all whole stopp the close let it stand till the eggs
be soft then dip a cloath in the stufe & lay it on the pimples when
it is drye dip it againe this will keepe backe the pimples like wise
Corymb

Directions for The Pickets

This cured my Brother.

+ Take hartstongue Coltsfoot Succory Madenhair Lemitory Lagenwort or
 Conflips of Jerusalem knowne commonly by the name of Bedlam
 Conflips fennel grasse & water Croffes of each a good handfull Hor
 pound & salt Lillipe & pennyroyall of each a quarter of an handfull
 liquorish scraped & brused Amisseeds & sweet fennell seeds rub
 bed & brused of each an ounce boyle all these in three quartes of good
 water in a close covered vessel till y^e be consumed then straine
 it & let it stand a little then take the cleere & cast away y^e bottome
 to every ymte of the decoction take a lb of sugar & to boyle it
 up to a Syrrupe & Brewed drinke for the Rickets

+ Take Liverwort hartstongue Tamariske Squirrowy Bettony Hemlock
 Succory Madenhair Coltsfoot Cunnrey Conflips of Jerusalem
 of each a good handfull hammer each of them till they be
 all these in 3 gallon of ordinarie water about the strength of a
 beere when it hath boyled up of an houre take it off & cleanse it
 when it is cold weake it with warme water doe other beere and
 put it in a small vessel when you drinke it put in of it juice of
 Succory grasse & water Croffes of both too ether about a ymte
 Let it worke at 4 or 5 dayes untill the child worke of it at
 meales or any time else constantly

Let the child take of the Syrrupe 3 times a day in the morninge when hee awakes
 & exercise him gently by way of play handlinge him very meeke & gentle
 might but untill the patient is first sealesome gently with him acced
 vinge to his strength as you see it increase so increase his exer
 cise & keepe him as meeke as you can when you have playd with
 him about a y^e of an houre let him eate his bread soft

a spoonefull of the Syrrupe at a time y^e enough give him as much at 4
 a clocke & when hee goes to ^{rest} ~~leepe~~ you may see if you see occasion give
 it him oftener & in the breast & sides with this ointment following
 every night before a good fire & stroke it in gently with a soft hand
 let him presently upon it for feare of cold doe not anoynt him
 in the morninge for that will open the pores & make him apt to take
 cold which must be carefully avoyded but in seasonable weather
 doe not reframe him from the aire for that is very good for him
 & let him be used to all exercise & recreation that may delight him
 to bringe him to a cheerefulness of Spirit which is with much con
 duce to the cure of this disease

Anoynt ment for the breast & sides

+ Take the tops of Greene wormwood Greene Samomile Red flammell
 the tops & pillins of greene ^{amar} ~~amar~~ wort & hartstone of each
 a handfull wash shredde & stampe them well with a lb of new un
 salted butter then boyle it to gather till all the waters be
 stance be consumed then reserve it when it is strained for
 your use asore spoken of with this also you may anoynt y^e
 knobbed Joynts of the child

An ointment to strengthen y^e Legs & Back

+ Take an oxe gall and putte the cleere into a vessel and put to it as
 much good Mustard and a little fine powder of hartthorne heath
 then to each a lb with this anoynt the Legges & 2 or 3 times a weeke
 the chine of the backe
 If the Legges grow crooked you must be careful to bolster them
 with soft bolsteres & curre them straight by rowlinge them doe not let him
 go in shooes to beare too much wylon them till you see strength come

It is good to let the child drinke new milke from the Cowe but let it be
 newe weeme keepe your pot in warme water till you make some
 waime of yone put a droppe more of sugar candie or sugar of red rose
 Alas it is good to let him have some fine powder of hartshorne some
 times in his breakefast to preserve him these things helpe much on
 the former disease take away the cause by these constant use
 a good while together ~~if you failed any of these~~ ^{if you failed any of these} ~~carefully~~ ^{carefully} ~~use~~ ^{use}

If the child be subject to be hott by sillis you may give him ^{some}
 a spoonfull of Strup of woods Secret made without fire or a spoon
 full of Syrruy of Sweetcorn Simples
 + All the child by Colic take care you meddle not with phisicke for
 that is contrary nature in such little ones but you may take care
 him a little Mann dissolved in thin broth & strained but beware the
 use of these things keepe their bodies in good order that way it is
 good to use Syccory & Cowslippes theroplatem in all the broths made
 It is necessary the child be let blood in the eares in those times that come
 from the forehead especially if the head grow bige though this be they
 brend of by some phisicians because of the small quantity of blood
 that can be drawn that way yet I have found by experience
 that the cure is more difficult without it when they are foregone
 & the head big but if they have bene gone before you may forsake it if
 you see it lat it be done in the increase of the moone

For the Rickets

The yill Lempre roasted and with the oyle followinge there from
 anointe the necke the stomacke the ancle bones & the ham in the
 cure be wrought Lay the child on a warme onely the sheets be warme
 change the sheete every third day & warme him under the arms
 three day

For the greene Sickne

Take for the cure 2 ounces of white sugar candie & 2 of softron powder then
 mixe them together take as much of this as will lie on a 24 yeare in an
 infant & you may be spent past

Another good for the Liver & Spleen

Take to every gallon of Honey a Gallon of faire water stir it well
 together till it will be as an Oge it hath done enough chunge the
 of all such openinge roots & herbs as be comfortable for the stomacke liver
 & Spleene or for any other crule that you have with hony & spice for
 the trouble more than first leech the water and hony at leese as any
 Scum will rise & skim it cleare then put in your roots & let them leech
 & then your hearts & when you leech the right of your hearts mit then
 put in your seeds & Spice grolle beaten & leech it uppe & when it
 well boyled one quarter remoe consumed there of straine it through
 a cleane cloth in a stand such as all is wont to be put into & beane col
 put upon it good Ale yeast & cover it & let it stand 4 or 5 dayes & then draw
 out the clearest into a glass where in you may keepe it as long as you
 list it will be bitter at the yeare end then at the first let the
 melt of your hearts be mistan in salt & such as are whole some of such use
 Rittit and Orange take the lesse quantity as helpe face Solmes
 the flowers & the water of Rome Stamard Horchard Maidenhair
 Scabious Sorimow Bellony Hartshorne Liverwort Succory Mother
 Berage and the flowers of Anoles & the flowers of Asparagus Lemnell
 and parley roots Sward Bluecherne Contray Heliocholan of 4 root
 Caraway seeds Corraooy seeds Galbanall Spicell of these two
 good handfull: ounce of Cinamon Ginger Nutmegs Cloves & Mace
 1/2 ounce pepper of all these 1/2 ounce & halfe truse them & put them in a
 little bagge of fine lann or Cyres & a little stone in with them let
 the bagge & hence it take way into the vessel by a stringe soften
 it about the change hole it being well stopp with clay & putt more
 here of it betwene the 2 & Chary dayes & not to be drunke before
 All hallo this it a very good for any distesse in Liver Spleen or Lungs

For the Spleene

Let y^e partie affected drinke his owne urine for it hath cooled many

For the Spleen Cardiac excellent

Sweepe an oven cleane & barre in it fflam wood onely so much as will make
about a quart of Ashes with which mixe some faire water to make it like Dough
then make this into the fashion of the Spleen either 7 or 8 which fill with the
patients urine & lid them with the same of the Clay & let them dry carefully
as the urine in the pottis walk so with y^e disease in the affected

For the same Same

Take three Grayed & cut out the toppe of a pretty large apple & make
out the Core fill the hole with three or right the apple then eat it apple
when you see to beg

And for the same

Take of the powder of burnt eage shells 3 white sugar candie 3 2 of
Salt rof both beat small mixe it together like as much as will be on a
skilling three times morning

For the same

Take a quart of water drinke in which boyle 3 of Onions 3 of hart
horne 3 of Saffron ananting of Sorrell Rosh gished belled
thin to the consumption of halfe then straine it & drinke 3 or 4 times
morning & night

For the same

Take the Lemon cut of the Rinde & with your little finger work out
the white in the middle & the Rind fill the hole with Saffron in
powder then rest the Lemon very soft & when tis juiced let it stand
it into worme wood wine but washing that into pure white wine one
quart of the lemon to great other wine a quart

To lay by 3 breaths of Children having 3 cold

Take the end of a good Cotton Light & blye it with some mixed wine
to halfe could spread it upon a greene paper & then lay on in
powder upon it so you will it to 3 breath of 3 cold or Disyngling

For a Burne or Scall

Take a ston hotte Lunge about a quart full & straine it & from one
yeare to graze if it may be with in the Lunge or the hollow Cleath
& apply it to the place burned where ever it be & having a touch
of feathers wait in a Lunge to continually wettinge the Ashes that lay
upon the burne for it must be kept continually wet though you would
all meat to doe it till the paine & heat cease you must ever have a
get fresh Lunge if you can & after the paine is gone aske neare the cleat
that hath bene with will rise from the skin which clippe off by degrees
& wash the skin with some Lunge to rest of 3 Lunge that will be on y^e
skin this hath bene proved to heale with out a Scarre

For hies

Take a quantity of blacke Snails prick them with a pin & mixe them with
horse dung & put them all together & set it on a dunghill to make close
cohere for a fortnight or more & then take it & straine out what Lunge
you can & keepe it in an excellent to anoint sides with

For a Consumption

Take certain Snails some 3 at a time & lay them in a bell full with some
beech betwixt every rowe & by the morning they will have leaved
themselves very cleane then take them being staid & prick them with
a pinne speckes all and see till them as just as may be with Sugar candy
& change them in attin Basse or Laxe & there will drop from them a blood
it self with Saffron which take a spoonefull at a time morning or
night or any time before

For a Burne Relief

The oyle that comes from speales beinge runge in a cloth & excellent
it bringe truth by the belly anointed with it by patients keepinge
in bed upon it some worse or some haire

For the wormes in children

Take earth wormes & having washed them cleane make them in lye &
distill them with comforable herbs & give of the water to 3 child
three times a day & you shall see emen & likewise Creame of Tartar as much
as will lye on a greese at once in milke or broth is very good

* Take the quantity of halfe a pike of good strong Ale put it up in a vessel out of which the **Do** will then take the puffed breade some 2 or 3 loaves grate the leues of grasse that is red is best boyle these ingredients in a pottle of Ale that is taken out of the pottle with water Cresses in the greene are best when they be well boyled put the ingredients into a bagge and the Ale that are boyled in a when they are cold haunce the bagge in the drinke A little Ginever sliced in the drinke is good Also rate of greene framell often with vinegar & sugar in a salade

Drinke for the scurvie

Take Hemtor & scurvie grasse that which groweth by the sea side ana 2 M Brocke limes M water cresses 2 M wash them & dry them well & stampe them & hange them in stronge beere 3 Gallons of Ale after it is stale drinke a good draught in the morninge Fastinge & fast on hewe after it drinke another draught an hewe before dinner & another halfe an hewe before you goe to bed the more exercise you use after it is better & it is very needfull that you be well purged before you drinke it or any other thing for it maketh the drinke & workes better in or a month together if you cannot haue greene hemtor use the

Wash for the leas of one bath & scurvie

Take of Camomile of Melilot flowers ana 2 M Masshalowes other mal lowes ana 3 M Hemtor & rye & wide to me ana 3 M scurvie grasse worme wood Brocke lime 2 M water cresses 2 M boyle them together in water & bath the leas before & after bathinge an hewe them in a quarter on the plaster of M Hemtor followinge

The plaster & treatment prescribed by M Fonten

Take may butter 2 oz of the iuice of scurvie grasse of water cresses of wormewood ana 3 M Malowes or Muskome 2 M boyle them together till the iuices & wine be wasted then put in 2 poundes of yellow waxe 2 oz so boyle it to a thicke salbe then put in 2 poundes of fine vermil meale searced by strait silk & make it into roundes & contented up some leaues out of waxe & pitch it is good to any sore & leas with before you lay on y^e plaster or both them

For the greene woundes burnings & scalds an excellent salve
* Take of Johns wort scallie heale Galun by ground Malowes Echer leas ana 3 M mixe them small boyle them in Satake oyle till it looke very greene haue out to it Turpentine 1 lb yellow waxe 2 oz that being dissolved straine the salve into a pot for your use

For any sore in generall

* Take old Linen rags & wet them in stronge yarrowe as long as you may lett it hange them up to dry & wet them againe & so may keepe them fresh & if you wet them with wine it is the better lay it on the sore it will heale blood & haile it For a blood shot Eye

* Take Parley wormewood ana 3 M ansted 2 M Hemorick leaf 2 M make little boyles & boyle them in Satake water 2 M milke 2 M rye 2 M women salom of it not A most precious Salme

Take an earthen yott bite a hole in the bottoome of it & stop it with y^e put into the yott of the best shade oyle 2 M water & boyle it till it helpe a quarter of an houre melt 2 lb of yellow waxe in a skellet put to it be **Wound** ther pent me 2 oz 2 or 4 times in faire water & then in rosin water till it is white as snow when your waxe is a little cold takeing it from y^e fire stir it till it be well mixed then put the paper out of the yott & let out the water into a dilla & put the oyle into the waxe & Turpentine & let it ouer the fire againe & stir it well then put it into an earthen yott that it may not taste of the presse & when it is thurron coude bore a hole in the middle of it & let out the water if any remaine in the bottoome let it on the fire againe till thoroely melted & stir it well so put it for use

* It draweth forth all broken bones or yott out if no utill parts be hurt it will cure in 3 or 4 dayes it heales all bruised cuts it is very soueraigne for any wounde that being poured upon it will be inward applied to burnes or scalds with lim applyinge place

about the hurt it keepeth it from inflammation it cureth all yames
 of cold or moist humours Colic that arises in the bowes or sinewes
 Anointing it with a layme awarme cloath it it dispells the paine
 Collice of stick in the side chafing it into the side a^g of an hour & morning
 together with warme cloathes it healeth the head ache anointing the
 temples with a layme taken with a little sacke is good against poison if wound
 also against venemouse bitings of serpents drinke with worme milke
 against the plague anointing the lips & nostrills before you goe forth it
 cureth the Ulcers of the wormes or cankers applyed a^g For a canker
 first anointed & then a peece of lint dynt in it & applyed warme to
 place For the wormes anointing the Throat & Stomacke at bedtime
 For the plague smale pox meales a^g taken presently in warme
 broth & so continued 4 mornings together & sweate after it

For the hearinge

Take woman milke luke warme & bath your eares both within & without
 then take Malmsey in a boyle it well with cloves and put it into a shewegge
 and cover it close with a mull in it then lay your eare into it so long as
 you may well suffer it to goe into your head then take some egge of bitter
 Almonds warme it & supple your eare there with a let 5 or 6 drops fall
 into your eare then wet a little blacke wool in the oyle & stop your
 eare with it keepinge your head warme all the while you use it he
 then or 10 daies if you be very deafe secured & Earle of Huntington

For rednes in the face caused by the small pox

Let the patient weare a night for the first 6 weekes a small piece
 of cloath dynt in sheeps suet & afterwards weare it on nights till
 the cause cease

For melan cholicke

Take flowers of Brasils borago bettony Sarcory & Eddine anad m
 put them into malmsey in a there to aqua composita 2 Clot it shew
 for 3 or 4 daies then straine & use of it before & after meales

For a Bruiſe

Take organ rootes & camphire My holly rootes 7 m Stamp them all together
 straine out the iuce & put it in a draught of beere or ale luke warme &
 drinke it 2 or 3 times a daies even

Syrroy to yurgo the lunge & flegm out of the stomack

Take Serrer haffay violet leaves & Mecampaing Rootes sliced ana 7 m
 boyle these in water 10 lb till halfe be consumed straine them & take the
 cleere put to it 4 or 5 3 of sugar boyle it a good while halfe be consumed
 the rootes must boyle a little before you put in the hearbes

A blacke salve to cure any sore

Take yuri white lead & red lead ana 7 m Colm & Frankeſence ana
 7 m of Sallado oyle 1 lb boyle all these together till the oyle is thicke then
 put it into cold water & lay a little Sallado oyle on a trencher & put
 waxe thicke into it mixe it into rooles when you use it spread it then on a cloth

A salve to cure any greene wound & bleedie

Take the leaves of Bramble Brown moort Alec & Marigold Primrose
 Plantaine balerian Calwort Marsh Mallow ana 7 m of Alec & Franke
 Mutton suet 2 lb a pretty quantity of oyle boyle all these together
 halfe an houre then straine it into a yonginger & laye it for your use

For a wild fire or any swellinge

Take the iuce of horse lecke & L almost almost as much Creame burne
 allow the miltines of a lute the white of an Egge beate & worke them
 very well together & when you applye it make it luke warme and
 bath the swellinge or sore & lay a cleath upon it

For an Aone

Take Sager M goies C bay salt & beaten yeg the miltines of two
 haile nuts stamp these together with 2 y galls of Eggs & applye
 it to both the eyes upon a cleath before the little corne
 to clere the eyes

Take a little turpentine & white suger candy & dry every morn & even
a drop into the eyes
An excellent water for the stone takinge | Coice in 8 dayes in the
morn & eve to be made one le n Mar

Take Gmoe Galinall Engmon Dubmeas frames Cloues Amillleale
femell Peas Carrea wassels ana 20 grains Lige Mints & Corro laves
pellifort of the wall Memary theme & wild Thyme Marjation Laven
der Borale Stone ana 1/2 M philyen & vonda roots 1/2 M beate the spices
fmo & bruse the hartes well & put them int a Gallen of Red or salcaine
wme let them infuse 24 houres stirring them of ten then distill them
in a lymbreke keepe the first water & it selle whilt cleere & the
other by it selle being close stop in a glasse sett it in the same in some
wme over all the summer & in cold weather being taken as above said
it comforteth much the spirits heateth & cleaseth commoe of cold & it
coult pallyes wormes in the stomach & belly & breaketh the stone & chole

For wormes in children

Take worme wood double Tanke & bearefoote ana 1/2 M chop them also
ther & boyle them in hogs lute till it be an ointment then anoint
the stomack & belly of the child & strew the powder of floues all over
where in anointed be this twice at all for 2 or 3 dayes together
& it will certainly cure

To stay M

Take new bagges Linds & put a great heale of it into a pence pan
& warme it then put it into a bagge apply it as nere to the place as you can
to bringe them in child bed

Take burnt white wine put in some oyle of Almonds & bruse it to
a gentle & approved medicine
Orferuative water for plague

Take Balme Rue Rosemary worme wood Mus root Small face ymponel
Scabious Corimone & resin Liber worre Sarrus bonedickes seladone
steape thyme a Gallen of white wine 3 dayes & night then take out the
hearts from the wine & still them

Broth for a sicke person

Boyle a chicken or 2 or 3 ribs of a racke of Mutton with a few Strawberries
leaves & large red Currants & Calittle Mace the juce of Lemons
water cresses ana 1/2 Calittle white sandars in a clothe when the flesh
walk by itself & the liquor come to an the ynte take it off & when it is come
skim of the fat this will serue but 3 times

Abiding glister for the blood

Take Juncey plantane Knot raffe shephards purse & hye red Cloues
ana 1/2 M Soyle all in new milke & till halfe be consumed then straine it
& take of the milke a little above halfe a pinte then take 1/2 of the new
new lute & of the Rones malt it & straine it by it selle with & then put it
to the milke & some moderate worme & let it be retard as long as
long as may be if you will the top of the juce may be taken in very
fresh butter

For the yead of helinerie

Boyle 1/2 of white linge with a tops of the speeint & 1/2 of Saffron small ground
till halfe be consumed so drinke it good draught in case of necessity
put as much powder of lutes stones in a glass full of it as will lye
an a sixpence grate a small drinke the wine after it

For consumption

Take hearte lince stamps & straine it & take of the juce 1/2 of wine
1/2 of mingle them take two raggs & wet them well in it & put it on
childs nostrils in each one leane the ends out to pull them out by
the ends

For an Ague in a womans breast

Take Rosemary boyle it in a pence water till it bringe hold the breast
over the fire ana a pinte while keepe it nere warme after wards
wood foot grinded very small & mixe with hoggs grease & lay it on
upon the breast for doe till it be well

For a sore throat

For a sore throat

Take an inch rinde of an elder tree Greene 3 or 4 of your inward libbe
tops of the Colewort beate it small together then put to it some blew
gracum fmo shaued & a little honed mixe it together on a cloath
& made it to the throte & rooffe of the mouth & off this will cure a throt
that seemes rough with it

Another that will breake it though fmpus throt
Dett sorrell in the cypress then mixe with it cleues & make small beat
all in gracum shaued if your throte be so sore you cannot see it
let it lie in your mouth & dissolve

Against the bitting of a mad dog
Take Scabious Mallowon yarrow Nightshade will save the leaves of
white lillies ana distill them in acore still 4 C of this water mix
with it Col-tracle to man or beast that is bitten within 8 daies after
and it will not faile but it is better if it be done presently if you
have not the water take the iuce of the hearts milled with tracle
& to keepe the sore from rankling take dill & Egrinome & ruty lion
beate them together & lay it to the sore pro

For the stone
Take oyle of Marhe & fine Borax powder mixe in a spoone with a little
Cinnamon water & give it it will make the yame to goe thorow

For the Almonds Swell
Make a posset when the curd is off balle in the drinke Strawberleaves
diolet leaves Cinquel oyl Plantaine organ ana 2 or 3 j of Rose
when the urtine is gone into the drinke take the hearts forth & beat
them small & mixe with the curd make it on closo up to the rooffe of the
mouth as hot as may be suffered stirring upon the spoutice some
Album Gracum put the Cloath up to the eares & bind it certen
up on that so keepe in the heate when the curd is cold take it of
& warme it & put it on againe especially when you goe to bed be
fore you put on these thimor wash with the throte with some of
the drinke gargling it up & downe as hott as you can endure

This will cleane the Almonds of phelgm if you doo it with a sermo
will see it better some the mouth & it be nere ill with frankincense
& amber of the Gala to adorne see this more as enen

Another good medicine for the Stone pro
Take Bramble berries when red the berries the inner pith of the leaves
Elenma berries the nut keses the roots of Indayenda ana 2 or 3
Penes of flowers ana but not so much of these as the rills of any one of
the other dry all these in an Oten till they will powder them well
of exogress Almander Parsley Coriander fmo & Cayll am seeds of each
of these ana in much as if any of the former dried & beate also weather
to a fine powder then take Licorice well scraped as much in quantity
as all the former beate it fmo & mix it with the rest keepe it close
from the water & use it morne & Eten with yustle Ale with some
of the mount sol m' when you eate port age or any broth put
some in it if you have fore yame if you have any stone if you can away

Take the drinke of yolkwage & it will leade noe corruption in bladder
of Rosemary & white thyme boyle them running water till it is a new
well of them & com from a cold sweeten it with soft sugar
time for 9 morninge to weather

An approved medicine for the Stone to breake & drawe it
Take Damphier that groweth on the heckeres yicke it cleane from earth
& still it when you begin to feele yame take narrowt there of blood
warmed & much yained Ale yore & then morne & Eten to take some more of

An approved medicine for the Stone
Take hawberries when ripe bruse them a little & still them take a
draught of the water blood warme as oft as you feele yame

Another
Take cherries if ripe or greene stampe them well stones & all things
all one night in good Ale or white wine the next day straine them
well together & still them take of the water as you see cause
Another

Take buds of hawthorne before the blossome keepe the water when they are steeled & when pained take 6 or 7 warme with sugar

Another
Take seeds of broome made into powder & drinke in Lemish or white wine
Moderate powder for the stone to cause it to come away in travell
Take Licoric well serued & Amiseeds ruddish & durted and 3 Bagberies
hulled & yea 6 cloues & mace snapt 2 3 date Stones 3 cloues of lilly
red 3 three Carnes the white side & 3 Dyster shells burned red fendell
& red sage ana M: dry these fill the seale beate to powder & then seare
them first take the weight of 8 spermaceti mingle with the powder
when you feele paine take of it in a quantity of what name or possit
He was me

For the head ache
Take mustard seed beate it well & make it hot upon a chafin dish of Colde being
mixt with vinegar so put it on a cloth & binde it on the place where
paine is as hot as may be suffered It will be somewhat pained with
it but the oricle will come to eate

A very excellent medicine for the head to draw it downe
Take an ewe laid ege open the top & let out some of the white then
put in powder of Comm seed belittle & little & strone it with hony
seeds & close up the shell againe with course paste & set it in y^e ashes
when that are warme take it offe gently till it be very hard then
cut it through the middle & apply it hot to the naye of the nose
Another

Take the biggest white yea & the biggest fay salt ana 3 Cross a
quantity of rorraig vinegar a peece of xrepe cake a hat may a peece
of Rye breade kate all these in the vinegar to a paste & wryte it in
a it web & lay it in the necke in the morning & evening

An excellent & approved medicine for the cough in old or young
Take an apple & cut it in the top & cut out the Core then wype it a little
& fill it up with oyle & set it in the embers & when it is steamed up
the oyle youre sworne when the cough is worst & well sealed with oyle

crack it but weene a cloath in your hands & lay it upon the navel
next the skin as hot as you maye thinde good or bright & it will
loose the flegm & cause it to be moved with ease & likewise for a
cough an apple roasted with fallage oyle & then swettend with sugar
& eate & eaten when you go to bed is good

Lasinges to it at the Rheum or for a cough of the Lungs or other
Take fine seared Emula Campana roots the weight of 3 Licoric
powder put them in a silver dish over the fire & mixe them well put
in a quantity of cleay water & let them boyle till they come to
a scum then put it out upon a Die plate & so cut it out into Lasinges
& when through could take them off

An approved medicine to stay loosenes
Take sage drye it over the fire betwixt 2 dishes & then put it in a linen ragg
& let the patient sit on it as hot as may be suffered continually till hee hath eate

Aberies Creame good to open & liner
Take 3 or 4 roots a little bundle Crute of Burgoyne put a sliced mast
Yamick beads 10 or carriage of 1 small roole sliced french Bartay spord
the licorice these sliced beate all these in cleay water so by the way
it brake a great 6 of new barles ofered 6 moment floures beate them toge
ther in a stone mortar & mixe the liquor steame them together & put
a little oyle & oyle water to it & keepe it close

Approved for a burne
Take sallome oyle & snowe water beate them together & anoint the sore
till the burne is out then boyle fresh butter & mixe with more oyle then a little
& keepe it when its almost come to boyle use it then in a new cloth & lay it
on the burne change it once in 24 hours till it be well

For them that cannot very well heare
Take capons greise that is very well beate & the succ of Selenari put
them together then well beate & take a little Mast

cut it comel from the they do it there in & put it in the case you will
worth ife it in the fort Every day til you have cald for

Another

Take raw milk of Camomile the best in the mill put it all in a linnen bag
& put the great end of a good linnen cloth in & receive the same by the other
of the coars morned even for 4 or 5 dayes

Another

Take Beane trash gathered rub it betwene your handes & put there
it into the wares once a day wash it with fresh

for the spleene

Take the Camomile flowers warme red & Cinamon leech them in
white or Clarret in the latter end of their leeching put a little white
sugar in it with sponage as hot as you may well suffer it to your
bed where the spleene is

for the mother

Take some honey of the house of the bigg woodbine Rosemary thyme & flowers
and steepe them together & put it into the honey let it be as long as the honey
is let it be somewhat thicker keepe it close & use therof the quantity of
a brace or often as you need you must fast two hours after it this will
continue good years

Running of Reines

Take rose water of the currows wash with a little white wine with together
fill the currows to be kept higher than put a little white wine & a little
lytle a little longer then drink of it altogether Most vertue for
much at a time as you think fit

Approved for the toothache

Take the inner bark of an Olive leaf if you have a fire shewell bringe heated very
hot let it coole to alittle take & put them into of me both cloth & apply
it to the greife let it be til you have ease

Approved for the collic in the stomack

Take a great hard onion cut of the toppe & fill it full of the best Frankincense
put it in a glass & put the same into a clothe paper & roll it in the clothe
fill it to the toppe soft then cut it in the night & as soon as the patient can
eat it apply it to the belly bind it hard with a cloth

for the collique

Take beane shells & sex of any dry lay them all night in white wine & then still
them & keepe the water to drinke as you need require

An approved medicine for a bruise

Take a sheep skin and lay it from the backe apply the fleshy side to a bruise
as broad as you can let it lie so 4 or 5 dayes if the bruise be great then
change the skin & lay another in like sort let the patient sweate and
drinke stone pitch with Maladia & crated Nutmegs this medicine must be given
in a little wine & afterwards if you have got the garden beans seek it in
pullet de hill strings of it then powder the skin from the beane & mix
into it sweet butter & crated Nutmegs & use therof three of Morning
& even & at oyl as hee can in the day for it will cause the bruise to
be led if you want a skin apply the beane sodden as before say
bringe forth doe much good

for a pain or web in the eye

Take new milk & the yolke of 2 laid eggs beat them well together dip them in linen cloths lay the Lay upon the place in fashon that you see be worne take them off and lay on fresh till the heate be abated

for an aque salu into y legs or other part of y body

Take new milke & the yolke of 2 laid eggs beat them well together dip them in linen cloths lay the Lay upon the place in fashon that you see be worne take them off and lay on fresh till the heate be abated

To stay rheum

Take fine flour & the yolke of 4 eggs beat them in Rosewater with fine fineer halle & a few amylleids & 2 or 3 sticks of Licorice fearce and these be cather & make it up in thin cakes to take them temperately & eat there of at pleasure

for a tympanie a very good water

Take wallnuts when they be kerned with the greene shede & the leanes on them to gather stamp them & still them take for 2. Co of the water in the moreing fast morn & at night & it often taketh. Keep it a yeare

for atimyanie or fulnes of the stomack

Take red beere & the yolke of 2 eggs beat them in Rosewater with fine fineer halle & a few amylleids & 2 or 3 sticks of Licorice fearce and these be cather & make it up in thin cakes to take them temperately & eat there of at pleasure

To keepe the sunne yox out of the eyes & noystril

Take 1/2 oz of Saffron very large let it soule in warm water till it be an houre & with it either annoynt the eye lids every 1/2 of an houre therewith both within & without & round about the eye as long as any of the yox be so come out the like use to the nostrills that the breath be not stayed
The yill pestilentiaill good agaynst winde or infection

Take Morte and Saffron ana q^{ty} Aloes & 3 beate them generallly to fine powder fearce the Morte then mixe all beatinge them all in a mortar with Syroy of Lemons or silc flowers till it will roule into Pills

Sursit water

Take a gale viter 1 pint in a mud red weed as will colour it to the height of Claret wine set it in exiers till your flowers have lost their colour then straine it wke be felled put it in yowr glasse add a nutmeg sliced 2 or 3 slices of large Mace a few cloves Little Cinnamon 2 reeces of Ginger sliced 2 drs sliced Raisins & figs to keepe it some a glasse just a time
for a sursit

Take Taraxac water & sweetened with sugar morne & Even

For the stone approued

The mother of y^e pellicory of the wall & Saxatras ana M^y Parsley seed & 3 beate all these in new milke & then put in Lemons wher wine as will burne it then straine out the hearbe & lay them by hot to the place grievend & for when the poyset with fine sugar & be made warme morne & night All Marigold flowers if you please

Against melancholly

Take white wine & mingle it with the white of an new laid Egge and a little quantity of Saffron with some sugar drinke this every mornenge

For weaknes in the backe

Take horthorne Gellay & 2 or 3 Co of it put in Rose water 1 C white wine & 3 beate all these in new milke & then put in Lemons wher wine as will burne it then straine out the hearbe & lay them by hot to the place grievend & for when the poyset with fine sugar & be made warme morne & night All Marigold flowers if you please

In gredientes for physike drinke to be used in

Take horthorne Gellay & 2 or 3 Co of it put in Rose water 1 C white wine & 3 beate all these in new milke & then put in Lemons wher wine as will burne it then straine out the hearbe & lay them by hot to the place grievend & for when the poyset with fine sugar & be made warme morne & night All Marigold flowers if you please

Take of the bark of the gum of the leaves of Alexandria the leaves of Penyroy all
dryed like the best of garrick 1/2 roots of yalyony of the oak 2/3 Caraway
seed 3/4 Licorice 3/4 cut these that are to be cut mixe altogether & make a
roffe powder

For the runinge of the Reines

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

Very good to comfort the stomacke & ag & winde

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

To stay colic

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

For a consumption of the lungs

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

Thyua broada

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

Strawberry Julip

Take pure of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

Astringe to helpe the consumption

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

Agister for the winde

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

For a paine in backe

Take of the best of the white of the egg 1/2 pint of the white of the wine 1/2 pint of the
white of the wine 1/2 pint of the white of the wine 1/2 pint of the white of the wine

since he hath the mark of redness water twice then put to it redness
 water till it will run then make it by into pills let them be
 redness water & take in the morninge 7. 8. or 9. a cloche

For y^e whites

Take new milke boyle it & thicken it with the y^e colles of 2 new laid egges
 & put to it Nutmegs & Cinnamon powdered sugar & as much powder
 of Bolus meane as will lye on 2. groats & so drinke it every morninge

Against y^e consumption of the Lungs y^e Fevour

Take anme glass of distilld milke & make a quart of brackes water boyle
 it & riden of the summe stomed wth maiden haire & Gallifrete ana. ℥ij
 boyle halfe the water away & straine it & season it with syrre of Licorice
 Syllabre or rose water & sweet this may be taken at any time

To procure sleepe

Take a convenient quantity of the Juice of Lemons & with new milke
 make a pisset of it take the curle & lay it to the nose of the sicke

Cornial Leinges to comfort y^e face

Take Diambray fine sugar ʒij boyle the sugar to a candy heighth
 then put in the Diambray & being well stirred together pour them
 out on cokes on a plate

Against vapours of melancholly

Take amber ʒij white sugar ʒij the reddest coral can be got ʒij
 & y^e Syce ʒij so much as a walnut all being in fine powder mixt together

For y^e yellow jaunders

Take the y^e colles as much as a walnut scrape it & being fine of same quantity
 of soften milke it very fine & much stony shred fine mice then all
 together & take as much as will lye on a groate in a little beere or Ale
 it will certainly cure

For a woman that is stopp'd & cannot make water after delivery
 whether her Eordice is stopp'd or not when no inward meane can be set
 to ease her

Take a live bectell put him in a widdowes shell & lay it with ʒij seeds to the
 fire it on till the bectell is dead

Against falling of the pallet of the mouth

Take the powder of Acorns cups boyled in Claret wine & gargle wth it warme pres

To take away a chetter

Take the ashes of an ash tree mixt with some convenient quantity of Syce & a
 little pepper with the Juice of the inward bark of an Elder tree pound & strain
 & anoynt the place

To cure a red and carbunckled Face

Take the boys of red nettles in March or April wash them cleane stampe
 them well & so put it into a draught of beere & let it infuse all night then
 in the morne straine it off & drinke it fast 2. howres after it & so provide
 every night for a fortnight together or longer if cause be & for an
 ayment of the face take brimstone & fresh butter every night

For a tertian ague most approved

First boyle beaten pepper in aqua vitae & white wine & vinegar ana. ʒij
 till it come to a yroy thicknes then apply it to both the breasts wth
 on a cloath put on fresh every morne then in the burnings lidd fine
 pepper water in C. Aqua vitae ʒij with the Juice of Lemons mixt & so be brought

Ametherglin good for any cold disease

or unwarmed

Use the best life honyes of Spring water & mixe these well together
 & boyle them continually scumming the froath that ariseth till it be cleere
 then put in these hearbes followinge fenge first ynto a bagge & faste
 yged sage by lye wille thime yong royal lettorye ana my Lavender by
 Rosemary flowers flowers of the coulden Sta chas ve cotton weed ana
 bright lisse flowers & wyle towie of the oake ana My take also ynto a bagge
 bagge Bay herries brused wth sweet flemell seed & Male Dwy seeds ana
 Zing Malonye rootes Zing boile all these very well together in the Mithes
 tin till the third part be washed still scumming the froth of it still boyle
 it till it will teare an ege & then take it off & straine it & put it into a
 vessell that will well hold it but be shure it be well hooped if any
 funnel the better After 4 or 5 dayes that it is thoroughly could hange it
 at the bunge hole in a litle bagge these spices Synamon Nutmeg ana
 y almyal ymger grames of Paradise ana y then give it some time to
 after wards fill the vessell to the very toppe with some of the same liquor
 which you must soue for that purpose out of the best beelinge Lattye
 stoppe it by very close but be shure to leane the bagge of tyces in it
 & after three monthes for y conser it will not be ready you may drinke of
 it 3 or 4 times in the mornynge & at 4 a clocke in the after noon

An ointment for to ynt backe the milke & prevent swelling
 in mans breast after they are brought to bed

For any thing burned with ym powder Blasted or scalded
 Take the best of herbes elder wth rums by the ground & theye trickles
 them all in these cryme till it come to cyle then straine it & anoynt the sore
 here with twice a daye Inuentum Album plaster maye use the like

To stoy a laxe or bloody Flux

Take the marrowe yone of a pound of Bacon before it be boyled out of
 the flesh as cleane as you can then set it drye in the fire till it be
 red when it is boyled enough it will take white there ynto a fist & take it
 fast ynto in yost drinke or what you please you

A water to heale a watery stone

Take white wine & y lege that is red ynto boyle it in the wine till it be soft & the wine
 almost consumed which wine will then be redish coloured soaine the same lege &
 wine & both the stone there with as hot a waye undred & y lege by in the stone
 & dress it in that manner twice a daye & anoynt about the stone the yde of poppyes

To knit one that is burson

Take ored snalles & drye them in an oven leaue them fast ynto 3 or 4 holes ynto
 ynto them to yowder keepes evers fastles powder by it selve & chere morne
 fastime sine the powder of one snalle to the party in a draught of white wine
 & fast 2 houres after it weare a trulle & keepe warme after it

For them that cannot make water

Take a handfull of Bees out of a hibe put them in a leather bagge then pound them
 & straine them into Ale there it make the welle to drinke it or the broome seed
 drid to yowder or greene bruse them or take them in yost drinke it wth wine

A water to kill wild fire

Take running water in yordene Copeny wth red sage wyle bind leaues ana
 bruse them well together & legge it in an earthen yost & bathe the sore there
 with as hott as maye be suffered 2 or 3 times a daye

For a sware breast sweld and not broken

Take white lilly roots with gilt word ... the water roots in a little ...
milk still through it till it be as thicke as whaly yndage then spread on a
cloth & lay it on the breast reasonable hott if with gather & break it

An oyle for an ake or Sicatica

Take the honey Sallad oyle Ricaff root oyle ana 2 red sage Lavender leaves
Mother of Perma ana My yound or cut them & then boyle them a g of an houre
in the oyle then straine it amongst the place with it might & motie before & sine

For a sore throte and almonde

Take plantan water 3 or 4 G. Sirny of Mulberries 6 mixe them together
and warme them to gargle your throte there with very warme the oftener
you doe it the better eate nor drinke of an houre after & keepe your necke
& feet warme

To cure y Canker

Take rammage water 2 round one leaves red face violets straw berrye
& columbine ana Mj ad each Alum 3 honey 3 boyle them well together
& wash the mouth there with

For old soares an excellent yllaster

Take Cerule 3ij Chalkez make them both in fine powder hogs greese as
much as will glue them together in a stone mortar with a wooden ypoll
still put in of your liquor as you beate & beate it till it will worke
like waxe in your handes then make it by round bath so keepe it when
you would use it make a yllaster as broad as your soare & of a good thickness
in the forme when you lay it on first bnde it very hard soevers
day take of the yllaster & temper it in your handes afresh soevers
of the yllaster will heale any old soare

Aqulister for cooling the backe and

Take camomile Malloves heliops pellitory of the wall ana Mj boyle all these
in collett drinke or milke after straine them out to a g of this keepe your
yolkes of 2 egges suers 6 so put it by blood warme

For the Collique

Take mustard flours & binger flours all together let a yllaster be made
of it & lay it to the

To cause one to wake water

Take yarrowe seeth it in white wine & booke it mornenge & eveninge

An approved thing called the purginge ale to be taken aboyt

springe & fall from the first of April to the end there of & the midst of September
to the midst of October

The Ale taken in a bone laid will cleanse the body of all corrupt humours water
& wine it will purge & cleanse the stomach & Liver Lung heart & other partes
of the body restore the vertue to his naturall complexion of body & blood
make the countenance cleere & cheerefull & the body lightesome & of much
alacerty & will purge noe longer then superfluities doe abound it is good for
the Cronie ylls Megrim of head ache the fulnesse of the Lungs the names of
backe & stomach & divers other diseases it may be taken of an old body or
childe without offence

The drinke

Take 4 Gallons of stronge Ale wort boyle it till it com to 2 Gallons put it
by with good store of harme that it may worke well against you are ready
to tame it make a calves haage & put in it sebr Alex & polipodium of the oale
ana 3ij bay berries ana 4ij seeds ana 3ij Ash leaves bruised 3ij Saffrage
wood 3ij Sildanaka ana 3ij Rhubarb 3ij let all these be bruiled into powder
except the sena which must be put in wholes when the Ale hath bene
worken stop it by close & after 3 or 4 dayes drinke there of every morn
inge 3ij or there even three parts of 3ij in the mornie take some broath
at honore before dinner & it will worke the better but if it crye may
take it when you goe to bed keepe your selfe warme & & more yd
excrete & better

G.
L.D.

G

Take the quantity of these ingredients ...

An approved medicine for a dysurie or any such

Take 2 of the balls of a ston horse ...

An admirable receipt for a Consumption

in white wine is below
87 mornings

Take Rosa solis this herbe groweth in meadows low marsh ...

For an Gynosthyme in the throate or eare

Take a swallowe ...

Take a swallowe ...

An approved good salve for any sore vll or new

Take a very fat ...

An approved water to lay to cure old or new sores

Take some fishes or other live ...

Little lesings late by on the wood benge roots in the same kinde by with
all the clothe you can both woollen & linnen for the warmth & strengthe
Lobb much yf fit the same stronge backe lay with the same wine
with both bringe out bones & stretch & strengthe the ioyntes & heate's fame
very faire

To make childrens teeth come forth wth our paine
Take the beed of chere beedel or rusted and brend there of
mehoned or lalter & shovnd the gumis there with often as you shoul
it to be in backe fat Bacon is alle good

Almond milke
Take the hertes of Rusin gramen & paragu cul & anaz aramos
Daries prepared the leavice sliced & browned the leavice of Mathewes
melch & leavede grasse by boyle all these in faire water by 2 or 3 dayes
then take the weight of a french crowne of each of the great could good
beate them with a few almonds & white rose & sing to make
almond milke

A Jelly made by Twine to restore one in a con
Take a faire pld w^{ch} you not wast dakes & of the ioyntes Chalme & one kerne Se
vrian & other bratin such and the good Twine as you can get a good pld
to all bread & nambe by boyle all this in a little water by the sunn high
fall from fackones & the liquor wasted it may be clarifie'd with Roshime
or with out

To make one Soluble
Take Malweis the seath them in water till soft let the water from them
& as hot as may be apply them to the Nabil

For the Stinging of an Alder
Take the Cree of Con in june & the Stampe & hearts & lay to ground

For the biting of a mad Dogge
Take a little of the same in May & take the water in want by & wash the sore
with it

For the stinging of a snake
Take the Cree of Plantaine about the place there with

For a spider broken on the face
Take the Cree of Plantaine about the place there with

To take away warts
Take Capons blood & salt let it rest the warts there with like wise make snail
put also into a glasse with double salt will wash with wine & wash
the warts then with cure of fresh by salt & have less if you can use

To take away Freckles and Symbrievrige in the face
Take white Amber for Emment the more them to it put them in a cartion
it with a little of Symbrievrige water & by 2 or 3 dayes of length some when the water is
colored & by 2 or 3 dayes wash your face there with every moont

To Kill Rich and clarifie y blood
Take Saffron & white Stampes strain it with posset the more adought every
mornance & evening

An excellent Salve for Libes
Take ground of My Champe it & send there to a good quantite of Clarified
butter & waxe melt them together & then streame them into an earthen p
& shakin & great on a cloth & laid to the Libes with & myno warme in p
at 2 or 3

For a Straine or wrench proved
Take Capons greates & rote of Roses ana stir them together into a cleane
cloth & lay it by the wrech or straine

An approved remede for a woman with child if she faller by
Take French Calmeat pld in red wine a little Cinamon & Rosemary
when it hath broked & reasonable time take it off & let the woman drink
a reasonable quantite of the Keepe the she may be assured she is with child
if she cast it or by probable she is not carefull she is in defect of red wine
& severe cloath

Take theore balow cleane red downright waxe an' Rosen & the grandence
in powder & boyle all together & come it cleane with a leather

Take new laid ege roasts it stoned head then crush it in a cloath and lay it to the crowne of the head & once in 24 hours lay on fresh till it drawe

For a bitche & cannot whelpe

Take white lillie roote stampes strime it & give it her milk

To comfort araw and wege stomach

Take Romaine wormeword ana Myrtle them in saike a good while then put the beads in alowen cloath & wringe the liquor from them and lay to hit as may be to the stomach or it couleth wet it in the same liquor again

for childrens are fretfull

Take new bere floure that is mingle it with honie & spreade it on a peece of new linnen as a chillice lay it upon the navel of the childle when a cloath hot and upon the same let it lie all night or all day may be eage

To ease care wexe to come forth & hindreth hearinge

For the fret in children

Take oyle of silk oyle of Capmaile an wet a cloath therein & lay it warme all over the body when tis dry wet it againe as often as you see eage

For wormes in young children excellent

Doast an ewe bere soft crush out the papper & spreade it upon red leather the breadth of a fritt brancher straw & powder the powder of Alowen & lay it to the navel lett it lie till it fall off after you may give him the powder

Approved for the stich

Take Bennet seed & Camomile sprinke it with Malms of that it be wet make it very hott put it into a bagge & lay it where the stich is use it three or four times together

The gowden oyle very plious for all manner of aches for the Coit and resties of the face

Take Sage New Ginaldore Lavender Santalme wormewood rosemary Sage

oake of Hierofalem Conflins berbine Dener of all Sabers hisse Marjoram Bawn Wits of Roman herb a grade of white mints Marigolds Chensy leas Bay leaves & Dill ana My bray them well & put them in a glasse put to them the best oyle olive a pottle or more then let it stand in the sun a month then put it in a pan over the fire to seeth till the oyle be greene take it off the fire & straine it & keepe it for use

Approved for a Cancer

Take the head of a Crane & the mearks there to dry them well man oven make them in powder & put it in the cancer & it will weare away

To make a new nail grow on a finger

Take wheate & honie mixe them together & lay it to till it bringe the nail to short time

The vertues of Rosemary

Take it whilst it hath leaves & flowers the dew upon it & wash it & wash the face there with head & hat it will strengthen the eyes & habilitate it with & keepe the body in good health Also take the Rinde of the roote & put it on bet cogales so that it smelle well about your nose & it will bringe all Cortes out of your head also make a bath & straw this herbe in it it will comfort the bodye eat it with bread & honie & fasting & it will expell all swellings in the brewels also for the gout seeth it & lay it hot to it will all waie the swellinge Likewise seeth it leaves in a strange vinegar & lay it to the navel & it will helpe your stone also braye them & lay them to a cancer & it will in time helpe you

To fetch out grieke from a swound

Take of the comen papper & bruse it a little take halfe a sheet of white paper lute it by the straw some of the pep & brayd every fould & lute one end of the paper round the other to the right side till hee come to himselfe

Likewise the roots of comen primerose dried to powder & with a mill
blow into the nettles with fetch them againe

For the files approved

Take blacke quales clay them small & fry them with avery little
fresh butter & burne them not spread them on a scabbie or red
cloth & lay them to the place as hot as it may be

Paracelsys his plaster

Take of these 4 Gums viz Galtanum Opopanax ana zj Anomiacum Plal
Zinn ana zj Fry them very small & put them in an earthen pot with
beaded or glazed pounce upon it very good wine vinegar & let them
stand for aday & a night then boyle them in the same vinegar
upon a gentle fire of coales that the gums may melt when they be well
ed yowre out the same into a bagge & wringe or wrage the same that
it may be well cleanned from beeggs then take the same liquor for
strained & let it boile in a pot till the vinegar be wasted away
thre or continuallie keep the beere cleane & longe covered that
nothinge fall into it then take some olive or new waxe & put them
in an earthen pott well leaded & brige enough set the same over
a soft fire & let them melt by leathers then put into it Leorce
some beaten & y^e still strewe it & put in your powder by little
& little till all be therowly mixt to gether & the water be a
braine colour then take the aforesaid gums that where they
boyled the quantity of a Nut & put to it by such a quantity
at a time put in all the gums ever stirring it so mixed melt
in a leaded beagle not ober or be too much heated in hot of it y^e
after put in these simples take of the two kinds of Abroquia ro
bunda Calaminaris Mitha Franciscense ana zj they may be made
in powder then yowre upon it with de bas zj

to lottle ad fine white serpentine gum boyle all together with it till
if you would know what is enough put a little into cold water
if it be so hard that it will not cleave to your finger is enough
other wise not when it is yowre it into excess Boale of water when
it could anoynt your handis with oyle of Camomile or Roses & keep
it well covered or howre so lay it up in a cleane vessel & will last good
above 50 yeares

Vertues of this Plaster

It is good for old or new sores it breeth cleareth breeth good flesh
it conforteth & comforteth it healeth more in a weeke then any other
in a month it suffereth not any sore to putrefie or any dead flesh
to grow in it for Sinewes cut broken prickled with thorne or
other vile to most excellent
It draweth out of Iron wound or Lead the bitenge of Venemouse
beats it caneth all kinds of Empoistumes & bleses to ripen being
lead there too it is excellent as amst the canker or fistula & the
shingles it oberaigne helpe to asswage all paines & aches & for all
kinds of wounds as the Luther the poffer hath by his own expe
riance found it
It is a singular helpe for bones out of joint so that the parties
here fast the felt no paine nor weaknes after
For sores & thrusts you must not tent them except the matter
before you com to them but onely lay this on it two plasters are
holly sufficient to heale it or any other sore or swelling but
if dead flesh be in a sore before the plaster be laid on it will not do
thre it but if it slide none it will not puller it to breede when
you lay up these plasters put them in oyle of napies or Leathers for
it will keepet better from drying too much lay it out in sun or weale

The wound water trike

Take wormwood Beale M. wort wool betonye Sanchle plantane
Danleyon piliberie white bittle framble birch daily rootes
honey suckles abens hawthorne birch Eyrimony white angelica
Mistis Serivons ana Mij put these to carbe in water of white wine
a gallon of cleere of ymde water boyle all these together till halfe
the liquor be wasted then separate the liquor from the herbs & put
it into a glasse then straine the moisture out of the hearts & put it in
a glasse alsoe then poure it into a potnet & put thers to honell. & let
it boyle a pretty time then put it in a glasse stop it close untill
you use it Let the party take morninge Even 2 or 3 times till it be
well performed very strange things doe it good for sores both
old & new of wrednes in the bodye Laynge with open them a plaster
of honell & waxe for women brayes for putrifical bones cause them
to seale for aches in the stomacke & to braye in imposthume cause
me it to come out it hath driven busses out of the bodye that have long
layen there in & healed the place of the issue

A blessed oymntment

Take the butter of Banne frage loaves fittles Eller leaves fern Glen
Mallowes Mugwort S. Johns wort Mary gold leaves Chexes heather
fennel anise of halshere leaves Dens royal Gerorde Lavender mille da
ies Rosemary fennell some wormwood beyle souther wood plantane
strawberrie leaves Elefander leaves Orange leaves ana Mij Colman
Cumfrase Camomile Calambus leaves Floriger deluce leares ana Mij
leaves all these to gather in a pott & boyle them well then put them
the butter to gather in a pott & boyle them Leisurely & rightly
while then take them off & put in oyle of Starbium of Roses of
swallowes ana Zj let it have another water then straine it well
& keepe it close in a pot

For one that is very weak

Take Saxeage betony nerdyne plantane Eyrimony ana Mij. Quins
stones in lites of water of white wine of crust of white lye
graces of ymde brimel a strike of Cinamon faire water of 1 and a cooke
boyle all these together 24 howres close stopp that noe ayre enter
let the pot in a greete pot of water to keepe in a keepers full till
the other be much less 2 or 3 of this to drinke at what time will

An excellent posstice for abryse

Take good white wine of Lordech of beere then very small and boyle
them together till it cometh to a half let it be kept in a pott

An oymntment for abryse

Take leese Que ana Bealecure wormewood ana Mij they shall
boyle all together till the hearts & must be all one then take a pottle
of white wine & boyle the hearts & must till it be all like cover
with a close for 24 howres & then boyle it in a faire pan over a soft fire
till it be a pottle of oyle it will be an oymntment then put it in a pott

For the Piles

Take a quantity of vnslect lime put it in a pottle of cold water
till it be a pottle of oyle it will be an oymntment then put it in a pott

For the tooth ache

Boyle the bones of the contrary arme at the boilinge as hard as
may be suffered it will cure pro. saye

For the bloody Flux

Take the fluxe in a sieve shred it very smally give as much as will
been of experience in posset drinke

An especial oymntment for swellmas aches many parte boyle
with cold water a wound sooner then any Salme or salve & for
ould Aruities & very good to coole all avery sores

Take a gallon or pottle of new oyle then take Sage Lavender
Southern wood worme wood & Camomile ana sliced them small

put them into the oyle & stir them well together till the oyle be of
 hardnes let it stand & rest till 24 dayes to rest then let it on a charcoal
 fire if it wants oyle poure on more & stir it well 3 houres or more
 when you can for reate straine it well & put it keepe it close
 it will endure 20 years the older the better when you are annoynt
 annoynt the place with it before the fire with a warme hand for
 2 or 3 dayes

To strength bleeding at the nose

Take sharpe yarrow & put into 3 nostrils it helpeth presently

Abalm

Take oyle olive & put it in a wial in the glass all the flowers of St John
 wort or mallow & orzill set it in the sunne amoneth new & then change more
 the flowers till the oyle be red & clear time then will rest in the
 sunne in a close

For the stretching of Sinews shrouk an oylment

Take cloves stroage & make it with butter & straine it & annoynt with it
 the place & stretch

An oylment that healeth any inflammation they it be to the head

Take either of gent or savor in both equall quantites brake them
 into powder fine & then take a little vinegar & put them all in a
 mortar with a little oyle of Roses or stange that shall be oyle

A pretious oyle to heale a sore wound in 24 houres

Take the flowers of St John wort & Rosemary anally put them in a
 glass & fill it with oyle olive for it that no care set in a let it
 stand 20 dayes in the sunne when the oyle shall get the colour of
 the flowers straine it & put in a drop of Ginger & a little saffron
 dissolved in good wine then putt it in dayes then annoynt the sores 2 or 3
 times a day with it becomes warme

An excellent oylment for all aches & lamenesse

Take Lavender flatter for great Basil St John wort & Smalad & straine
 from it & take the ynd vnder very small then take May butter & kneade
 it with the hearts let it stand 2 or 3 dayes then straine it forth & let
 it stand till it be cold then take it by a moxe it with a little Saffron
 & tence it

To make yf oyle Delipericon good to stoppe blood of a greene wound

Take delipericon May gather it the first of June pick it cleane & put
 it into sallade oyle of summe is a daye before you use time to make a
 wine the & then shut it do see thrice let it be 3 dayes before every
 time to change a way the oyle then water of the flowers & put them
 in shittins them thrice & a daye before every time then let
 them stand in the sunne with the flowers in till the oyle be some blage
 red & then it hath its full perfection it will last good 20 years

For the cure

Take the fat of a stur cle tinge roasted & unbatched drop it into
 eares & then put in blacke wealk pre

For the scawe

Take a great onion take out the core & put into it a little oyle de
 Bai & a littlefranconse & a little agna bita set the onion into y
 ambers to roast & when tis roasted straine it through a fine linnen
 cloth & put a drop of it into your eare & let it jule be upward yrs

Another

Take the juce of wormewood or betany warmed & drop it into the
 it offendeth the hoolmes & some more in the eares

To recover blood lost by the Greene scuelle

Take carrons & lay them to drye in Malmsy & all they have soaked
 it with & enerd even & more etc & put in y powder of Nutmeggs
 ordines & salt for yrs

For aynne in y side

Take the root of the herb scall them & frame it put into it a little
there of morrice & ebor & anoint the place with oyle of lillies

For a great burninge

Take a Quinte of French Calles sceth it take of this barley water
2 partes & of the white of an egge 1 parte mixe into it & some of 3 diamonds
then it & drinke it

For a scull or burne

Take sheeps foot red & the green barke of Elder & theys large
sceth them & when they are lay them to put in creame

To lay a swelling in yf

Take the root of the herb scall them well together & lay
to the place of the swelling

To open the pipes

Take yfitt ale & put in Resins of the red stone & Licurice brayed
to the place well in it & then brayen it well with white wine
to the place of the swelling

Hyssop for a burninge ague

Take the hyssop & lay it in wine water & some drinke
to the place of the swelling

For a scall or urtuch

Take the root of the herb scall them & lay them in a glass
to the place of the swelling

Medicine for a sore breast

Take the leaves of the wood parrow comfrey & round wormes
to the place of the swelling

To heale a sore breast

Take salde oyle of the Bases Turpentine water Rose boyle them
to the place of the swelling

For a surjet in any one

Take aqua compulsa dragon water Rose water & frende
to the place of the swelling

For a woman that cannot be helured

Take the Amber that is light black & white late Stones Dims Peckes the
blacke pick from each take the other one boyle them alto

An ayppressed medicine

Take the root of the herb scall them & lay them in a glass
to the place of the swelling

For yf bitinge of a mad dogge

Take the Liver of the heart of the mad dogge & boyle them
to the place of the swelling

Drinke for bitinge of a mad dogge or aller

Take the root of the herb scall them & lay them in a glass
to the place of the swelling

For the bloody Flix

Take in the middle of May the reedest & lay them with
to the place of the swelling

For a sicke mans salu out of the hole into the Leggs

Take some leaves & sharpes all waye theye them to catche & lay them on
to sore cloath to the leges it will draw out & waite off not away the
though it may be mede

An oylment for swellmes aches or to supple joints or tenony
in the face or any part or to conserve a sore ke of the maiche breame
or red shallow with a hot hand applyed by night
Take half a pece of Braeme flowers & a half a pece of leaves of
brayar that groweth low on the ground lande of egypte take all these
together & then put them in a litle & put there to it of new butter
but altho let it boile till all the stea of the heartes be come forth then
take it off & let it stand 24 houres then strage it when melted
a gaine through a new peece of couthe canvas then put into a mace
broken small you maye of the weight of the best aqua composita
if it be out againe till it com to sterve soft ointment then put it
in a litle of soft cloath after youe the mace will cate it all

Excellent for one if is blasted for the gout stragener Calt
Take solihale cete a pottle full of Nofus 21 remies turpentine & the
resence of the borebunde Chickweed & red saue ana Mj 20 camomil
ribons & take them all except the turpentine maffone pipkes not
in brasse lett it constantlye halfe an houre then strage it as hot as
you can in to a stone for & put in the turpentine & keepe it very
close till it be verye cold then put it in what is on with the othor
it is the better the best making it in a Mase boyle it with coale
not wood & let it on a coult douer be hot but on all other mase
what youe could

To breake any vncombe bite or swelling what auer
Take the strongest Galle Loge you can get put to it a good quanty
of Be bread or rather hys Leuen paste & then ather till the red
thick then put in a good quanty of oleye of the leuad of ja app
it will not be a litle of it as for as the paine toucht youe

To Kill the heat of any Sore
Take small quantitye gold leaues & serrill ana Mj strage & strage them
take the juce put there to as much white wine vinegar as that it beate
then face ather then wet a cloath with it & lay it to the sore as it drye
it will draw out the heat

A water to wash a sore with
Take verye stronge wine of put there to red sage Mj the quanty of
a wallnut in a litle Southey bone & boyle all from a litle of the
of the

To couse one to drin
Take some Berberis berries & orange keepe them all the care also
Gromell & yerlet strage & composed with white wine & drinke with
it

To stay if bloodye Flux
Take the pills of pomegranates Cinamon & balour minasse in powder ana
put them in syringe waters & drinke them proued likewise see
the first
in the wine of a apple to if Nabel as hot as maye be suffred proued

For if saure
Take red wine worme wood water rose leaues cameilde flowers bran and
salt yarched together in a french pan with a litle vinegar then seeth
them all together till theye be thicke & make a plaster therof laye it
about the bladder

A sirop for the lunge
Take Lengwort Mj 20 campana leaues herchand & coltsfoot ana
Mj boyle these in a pottle of water till it come to half & must boyle 7 houres
then strage it & boyle it with suger & the sirop

A cawle for if backe
Take 2 pint of an eye backe cleane pickt & boyle it small & made it
with muscadine of then strage it & boyle it with 6 habes sicut
sicut
thick of Cinamon as manye large Mace Nutmegs sliced redise water

Sugar y^e let them all boyle a little then take it from the fire Take this 2
or 3 leaves together f^r 1/2 lb & put a little powder of Corall & amber in it
what you like there of

To strengthen y^e backe

Take Myrrour or opine M^d in summer y^e leaves in winter the roots a
quantity of y^e marrow or pith of an ox backe range beate y^e pith & leaves
together fine & straine them with a little Myrrour & then it with
shells of a new laid eggs a little Cynamon y^e nutmeg that it may be
like a Caudle & drinke of it 20 spoonfulls this is proued to be very
soveraigne for them who through weaknesse mis carry of their children
or for any other weaknesse in y^e backe Experienced by y^e L^o Bonny

An excellent Salve for any sore

Take the charge of Leads & haunses et with brimston in a mortar (see it out
to put in it) sufficient quantity of oyle & bringer this it with roscate
all one way till it be like butter & there with any of the jora & lay them
at a plaster of diaculum

For swellinge in the throate ayre sent remede

Take the Arme of y^e pears newly made boyle it with Myrrour & lay it
to the nape of the necke y^e oyle

**For a woman newly delivred feeling her selfe sore
bryed or sicke**

Take Rose ments, Saffron pears, rose all face & y^e rest of roots seeth them
in white wine or in water then straine it & put sugar and saffron
to it & drinke it morne & Even

For the fallinge sickness

Take y^e young roots of y^e y^e pennell beate y^e pith & lay it
for both boyle it & drinke it morne & Even

For y^e Dilre

Take the marrow of a hinder legg of becke & y^e well leaven Myrour then
put them with y^e marrow & till the leaver be greene then straine
it & drinke it in a halber proued

For a sore mouth or to wash a greene wound

Take plantaine still it in May & white roses & Saffron for it when both have
of each water take 1/2 lb put them in a glasse together with camphire
they it close & lett it all summer

Oyle of Cinnamon very soveraigne

Take Cinnamon stampe it grossly then put it into a glas with a ana distill
to let it stand 3 or 4 dayes then distill it with a small fire there will
com forth both oyle & water which you shall separate some of it
to distill it with y^e same with Saffron & the oyle of Marcellor
vertue for it pierceth through flesh & bones & is very hot & drye it is
very good against all cold & moist humors & especially for the heart
& head of one that speeth this it will recover him & healeth all
diseases that com of cold & y^e matricke humors it healeth and
bringeth away the tumors it helpeth them that have great
paine in their travell & bringeth forth the child in the house a little
if it with oyle of Marra mingled with wine & any of the same there
with especially the face & the hands it driveth away the measles
& spots w^{ch} cometh the breast helpeth the head aches & any of these
the water is good but the oyle most excellent

**An approved Salve to heale and drawe away y^e suppur
thome fistula or swellinge in any part of y^e body**

Take y^e small leafe pull of the leafe & take the middle thyme take 1/2 lb of y^e same
so strait or more & w^{ch} them in the leafe & lay them in a cumber to drye
very tenderly if you want leafe put them in papers to roast

Let them lye in the Embers a^g of an houre till they be drye well & then
 haue them set a^g in to them from heere grease the outter leg the better way
 with your knife pryse them & more them together & it will be like a glue
 then take some lye cleere or cleere & lay it hot to the place so the
 twice a day for the both both heale a bigle & draw all welmes amongst
 humes of a fole or any place sore therefore of worth to be used in any
 place of the bod^e being painted by y^e hand

For y^e mother

Take the white stone & burne it in worme wood water & give it to
 the child a houre before meales

For a better or ring worme

Take white Coppye & verdel & reas & y^e allu^m & burne them all together &
 put all these powders into runcge water & let it stand till the 24th dayes
 then take of the cleare of it the water & wash the better or ring worme
 & it will cure with 4 or 5 washings

Aglyster for y^e wormes in children

Take cleare posset ale & a gale garden y^e y^e & put it in a straine
 & let it stand till it is cold then it may be used & is a course way
 to cure it & beinge given thus admixtred is found most excellent good

For an ague

Take y^e root of a verye fine y^e waxe it with a qua bite & fogle it till it be
 like a fole then boyle it hot to the weight an houre before the fit & let
 it lye on till about an houre before the next fit come then take it
 of a lay on trash let it lye on till about an houre before it be excited
 & come then than some will come if in that case shall never be troubled
 with the ague more than hath bene good for many y^e have seen & proved
 Like w^ho posset ale boyled with Rowan & Strawke is excellent
 I knowe this hath often bene proved

To Keepe y^e smale pox from pittinge

Take a litle rest of malden & boyle it with the lye of the bread as
 if you can & when the y^e is to pass that the be all come forth
 might your face all over with the lye was me & about a g^l of an houre
 after you have bene that in beferable time for it th^ese all over with the
 creame with a feather thicke a before that to drawe it with the lye & y^e
 without a g^l of an houre after with creame of lime so that you be thore
 the matter be drye for it will lye till you may well
 them in the meate also & never after to pull the scab off but let it come
 of it selfe so y^e till well I knowe this hath bene proved & am shure it
 hath bene good

For a y^eoung child that troubles with a bilious

Take a litle of hart of grace with sug^r & with caye it is a good
 when for almost a daye & shall with it

A medicine against y^e plague

Take the lorneth of wallnuts & the lye & as much heart of grace as y^e
 y^e pound all together in an Aleward then make a litle of milke & put
 the quantite of a smale nut of the Electuary into the posset & drinke of it

For the same and hath cured many

Take an onion cut it crosse wayes through the midd^e then make a litle
 hole in one of the halles & put in a litle medowes & as much treacle
 with a litle of y^e gros y^e more all together in the hole of the onion
 then clay both pieces the leather as a me & rest it in embers & beinge
 wrought in a wey brown y^e when it is verye soft take awaye y^e
 y^e y^e & straine all the inward confection through a fine cloth
 & let the patient take the liquor with some carthm^e or Dragon
 water so y^e one or hae feelles the infection take health of his

To comfort y^e stomacke

Take a good bread full of Rye bread steepe it full of cloves then boyle it
when it is boyled take a quantity of Malmeys & a much Ringer & put
in the bott let it steer after then straine it make Nutmeg and
Cinnamon to powder let then lay it hot to the stomack

For the stomack and to helpe digestion

Take aqua composita of Cinnamon ana 3℥ an Cardamome made of
an 1℥ nut Sage Cardamome tops & Licorice white ana 1℥ thread 1℥
put them into a quarte with the spice brimel put all into a glass
with stout with water then let it in a pot with water so let it be
a while that on a soft fire then straine out the herbs & put to
the liquor some few drops of rose water & so drinke them to good
effect it is a good take before & after meales at a time

For the stomack oppressed with stitche windes & Colic

Take Rume white 1℥ 1/2 menwood red rose leaves ana 1℥ & a good
bit of mace nutmeg both brimel so clove brimel a piece of fine linnen
brimel & rated made quilt all these together in a linnen bag warme it
over coals being sprinkled with rose water & being apply it very hot
to the stomack Even & morne

A sirny to comfort the stomack

Take mace the top of Rosemary ana 1℥ a good quantity of mace boyle in
water & then put to that being 1℥ fine sugar boyle all these together
& drinke it morne & Even

For the toothacke

Take verjee of mustard & honer ana 1℥ fine sugar boyled till it be
a linn & put some of it into a fine cloath & lay it to the tooth paine

To wash the teeth

Take white wine 1℥ 1/2 Rosemary cloves sage a litle allum & honer
1℥ boyle these together & wash the teeth with it

For a consumption

Take a brace pig the best you can get & stiffe him chop of his head & feet him
runninge water a good while then put into him a pottle of the best Ringer
pennor regins ana 1℥ 1/2 a quantity of cloves & make robole boyle all
together then straine it & drinke the broth morne & Even when you please

For the stone

Take the seeds of Saxifraga & Grenell ana 1℥ 1/2 canpana rootes a small quantity
beate them to dust & drinke it in white wine warme & coult at most 3℥

To stop the flux or runninge of the reins

Take Sangle with it in wine & Ale & drinke it in Emerue & Justice there is
no medicine to be taken that will more specially helpe this

An approved scarse cloath

Take the oil of Rols 3℥ 1/2 virgins waxe 3℥ 1/2 melt these then put in
virgins 1℥ 1/2 3℥ 1/2 smelt beate lat these boyle gently together at least 2
houres & till the change their colour then put in camphire 1℥ 1/2 beate
small boyle these 3℥ 1/2 walne then take it off & let it change colour & proce
make it in your cloath

A scarse cloath to take away the red spots

Take of the whitest virgins waxe 3℥ 1/2 scrape it into thin & small that it may
eene melt & take permaceti 3℥ 1/2 put the waxe to it in some silver thimble
when it is melted wet a faire peece of cambricke or some cloath there in
till it be wet all over but let it not boyle in any case than lay it on a
board with a cloath under it & sprinkle it all over with white rose water
& so let it be for halfe an houre then take the Rosewater from it & rub the
cloath with white soap & make it like skin in all places then boyle it & put
in white water on that side like white & rub it on the other side then steake both
sides very well & so keep it to your belt & it is a excellent reme dyng laid on

An excellent balme for a bruise spraine ache or cray swellinge

Take salade oyle 3℥ 1/2 put it in a good mouthed glass & set it in the sun for 10
dayes & then as the com in season flowers of Solentine 1℥ 1/2 3℥ 1/2
brimel

for
the
red
spots
of
the
face
it
is
a
good
remedy

Roale flowers that groweth in meadows & commonly called the white
womble flowers the flowers of heparion called the white
flowers that groweth in the fields in the month of June
in December water it over again with temperate warme water & straine it
through a linnen cloth that cometh for the use an excellent yllitice

For sciatica or ache in the knee

Take the white flowers that groweth in the fields & lay it in a cloth & lay it
over the knee
Another
Take the white flowers & a quantity of white wine & let them stand
in a small quantity of white wine till they be together with
the powder of Mustard & some straine the same when the weather
is rather into an earthen vessel & is hot as may be caught the greatest place

To stanch bleeding of a wound

When a wound is cut take a piece of white salt beefe as much as will stop
the wound lay it first on the wet Embers & let it roast there till it be
when the salt is hot into the hole & smelt it soft & stick it presently

For one that spitteh blood

Take the juice of betony & summer it with goats milke & drinke thereof
three times a day

For the falling of the gutt out of the fundament or rupture

First with your warme finger or tooth & cut out the gutt into his right
place then make this bath take yong granth's rindes & the rindes of
the flowers of roses & red harts hore Allam & y gall in a small
them in raine water add there to red wine & make there of a bath let
the child sit there in by the Navell side of Mustard & very good for
the same if the fundament be there with any other ailment

For the prickling of a thorne or neede

Take wheat flower & hal temp it with wine &inger beale it till it
be thicke & make a plaster of it & lay it to as hot as may be suffered
it will ease the paine & open the hole & heale it againe

For one that cannot hold his Urine

Take clays of a goat burning them & make powder thereof & yest
in your urine & straine it all at a time
An excellent uniter to wash a greene wound or all sore

Take columbine leaves wood vine leaves bayonne face fish brayer leaves
ana M^o of rosemary M^o of borle then weell in a pottle of wine & some
straine them out in honey & y a of each Allin

An excellent blacke salve for any sore

Take waxe a quantity of Rozeny & yole of balsam & salade wales sur pentine
ana y melt all together in a little deere white then take yong
plene leaves Rosemary & y ana M^o brude the hearts wells put them
into a little & let them bryle soe a litle over a gentle fire & stir it
bryle it till halfe be wasted then straine it through a new corrie cloth
soe as may be kept it 2 yeares & out for much take it of from the fire
as y as it riseth & when his halfe set it over againe the salve will
not heale a great sore throughly & till it be left & straine out all
the heat & corruption & there it will heale it perfectly without
any other salve

For a wen in any part of the body

Take 2 old wooden Ladles & heare them at the fire & lay them on the
place as hot as hee can suffer them one after another so that they
ladle be on the wen then do it 2 or 3 times for 3 or 4 dayes it will
grow away

Excellent for a strain or bryse

Take Nauch Lard & yole of y malmsey ana M^o borle them together in
a new necke pottle till it com to a D^o straine them well till it cometh
to a D^o

For an ache

Take an old fat hander stroke him & drage him but wash him not then
take blacke snelle of troume flowers & y put them all in the pander
bryle & brast him as long as hee will drage & put that in a pot for ever use

Drinke for y lizicke

Take of the best part of y pomroyall M^o live honey & y brused Georce
emulsion & yole of y yole it till halfe be wasted then straine it & put it
in a pottle & y drinke it first & last

An oyle for stretching the sinews

Take of the oyle of the lorde lulle gill of a new comp of the ...
water of linden for cotton for cotton ...
then strain it into a glass pro:

For a white cancer

Take smilke water of honey a great ... put it in the water ...
in any white arseth then put in sage & wood bind leaves ana ...
let them boyle well in it

For the red cancer

Take red rimer of ... as much as a wall nut honey ...
leaves sage hearts of grace seek it & put it in a clothe ...
partly ... then take the leaves & lay them upon the sore place

A water to kill the itch in a wound

Take as much Alum as a crab halfe as much greene ...
in a fire pan then take ruynging water ...
let it & wash the wound with it

For a stone in the kidney or bladder

Take of the best venice turpentine & take what a quantity will ...
burne in a glass ...
then take it & the instrument ...
make pills of ...
of them ...
at the ...
a cook ...
after it an hour ...
under the patient ...

For a woman that is rent

Take leeches of seek them & take the water ...
the leeches ...

To knit sinews if are cut

Take cleane ...
the ...

A purgation to be applyed outwardly

Take ...
the ...

A soluble medicinus to provoke 2 or 3 stools

Take ...

A purgation for all cayses

Take ...

A purgation

Take ...

A blister to breake munde

Take ...

Take a little English honey & boyle it well then put in a little bay salt & a quantity of the powder of Rue then roule them on a stretcher with a little salade after let the patient take it

To stop a lake

Take treacle Geane & powder of Cinnamon make it into little balls or pills & take three at a time fasting pro

For the Croysie

Take a swines milt & lay it to the patient members they shall bin out & laye

A medicine to kill wormes and purge winds in a child

Take Colquhitha seeds Cyp barries & Common seeds & take the seeds & berries small beaten & severally mingled with an oxe fall & winter that is strange & spread the same on a cloath like a plaster & lay it warme to the childes Navell the breadth of a hand shift the same every 4 or 5 dayes

An excellent medicine for a thynkeinge breath whiche it proceedeth from the Liver frame or mouth

Take conserve of Barbarys roses & violets and of the water of Common seeds boyled under a Rosewater of Amberreece & graines Melle & grimes both being sifted & small with a little Rosewater mixe all these with strong white Claret wine of take first & last of your mouth beinge first well washed with vinegar & sage & rubb with a lince cloath he is rubb the back of your temples & behind your ears with the same

To take away Quornes

Take masticke & Resolue with oyle of roses make there of a salve spreade it on a cloath & lay it to it will take it away

To take away wites or Quornes

Take sabine & sassaon of each a little bruse them together a little then pure four quorne or wites binde to the medicine

For the fallinge sicke

Take a roe & cut it alonge the backe & take out the liver wrap it in a woad leafe then put it in an ewe earthen pot & drye it fill it with beate to powder & give it to drinke in the or white wine & so continue it till it be well

For the delivrance of a woman whole child is dead in her wombe

Take a quantity of Malices let it seeth a good while & put to it the powder of the quantity of adalt Stone of more challe so much powder of Mercha a little English Saffron a little Comin let it seeth a while the same patient there of to drinke

Another

Take a quart of malices or white wine take of the wood & put in 2 tops of ramere and a little quantity of Quinterz hyle the yssel drinke againe then straine it & let the woman drinke of it

For frauticke eyes

Take the skin of a hare & anoint it with oyle de Bees & make the skin to the head of a kerchie & let it natione. Keepe it same to his head night & day

Another

Take smalely ince of good vinegar ana dip almen cloath there in binde it to the head bringe swift speed

An approved medicine for y piles in y swelant

Take an Ege & roest it hard take out the yelke & make it small on a stone mingle there with the oyle of Rose the powder of Frankincense & Gumme of each as much as will thicken it like a plaster & bringe very warme apply it to y sore upon a white Cotton change it often & it is a present remedy

For y snare

Take the shells of two new laid Eggs raw & very well cleinsted from the white put there to Turpentine a good Cup oyle of Lillies & brate them together to a salve lay it on a cloath warme to the sore & change it often pro

For the Yellow or blacke Jamdie

Take red docke rootes the yellowest scrape them cleane wash them & bruse them in a stone marter then put to them a yottle of stale & seeth it to yd & put there to English honey & saffron drinke there of horne & even blood warme

For the gorte

Take a fat whelpe flay him & put into him blacke nayles & Common seeds roast him & anoint the gort with the oyle as a very souverayne thinge

A water for sores approved

Take faire water 6 Gallons which runneth towards the East toward
 suckles the Rots chopt off Mycelandine leaves & flowers of red Rose
 ana My fine sup. chmrey such as the Rots fronds with all Rotes
 & the rootes Ladder of heauen Rosemary popler buds
 setwell hearbe grace plantaine smalcege Red ruses with the
 Linds on ana My seeth all these in the water till 2 Gallons be
 wasted then straine it & put to the water English honey 6 oz
 Rich allum^y Madder Long yper seeth all these together till
 halfe be wasted then put the water into a faire glass bottell &
 longer y^{ou} keepe it the better it is the water is to be made at
 midsummer or May

A salve for any wound

Take Ladder of heauen & plantaine My houndstongue setwell Dangle
 salentine ana My Lym My smalcege serpent tongue selte healeane
 My serpentine salade ofe Rots wax Hoary goale or tarwires ana
 & Mutton suet set these on the fire till molten then when tis almost
 could againe put into it the hearbs beinge first chopt and stamp
 then let all boyle together with a soft fire halfe an houre then
 stringe it then take it of & straine it

A tobacco salve good for aggrue wound

Take oyle of Rotes oyle of Olive wirt ana the leaves of tobacco stamp
 in a stone mortar & besse these together in the consumption of a vice &
 straine it then & set it on the fire againe adme there to be hse in
 vine & glitannin & Madder beinge in most fine powder & with some
 at all times make into a salve & use it as above there to wax on
 Rots to cure it if it be but the worst exceede well in evil & rinde
 Rotes & other in woundes & punctures the was sinen with the following
 Take tobacco leauy fruite them yellow wax & Resins 3ij hyle their
 ther till the hearbs be blake then straine it out to it 1/2 pint of
 rance Turpentine 3ij wash with rose water

A preservation against y playe

Take three worme together ana 1/2 pint of welle creted & annimes put into
 maintey of y ana 1/2 pint of welle creted taken in the head then set the quantity
 of 2 Nutmeags of setwell treacle seane a large 0 white time

runne water 6ij mixe all these together & make it as warme as milke then
 let the patient drinke it warme till a sweate & within 4 or 5 houres it will
 come to a sore keepe the patient in a temperate heate & w^o 4 dayes after & to
 wate of takeinge any cold at all

Purging ale for a consumption of y Liver

Take Rispium spikenard squinid sord Gage maren Galm gal setwell ana
 weight 4ij eachs sacrosage plantaine ana 1/2 weight Gnamia 1/2 weight Cano leauy
 & oyle laxi recort scurvie drasse halfe a pecke

To take away Freckles

Take oyle of carter and anoint them often therewith you may have it at the
 Apothecarys also take Madder 3ij seeth it in stronge white wine & 1/2 pint halfe
 be consumed then mixe with it honey 6 oz & mercury sublimatum 1 weight seeth
 these together againe till it becom thicke with this anoint the freckles or moles
 & it will take it quite away

Infusement of Rotes

Take the oyle of Rotes with the tops cut off & seared them put them into a glass
 to their barrow areas so much as the glasse will hold set it in a still & cover it let
 stand 24 houres then straine it beere hard & beate it very well then put it
 maug roses to it as aforesaid & use it so now & a third time be change it at last
 for they are soure hearbes

For y stone and strangolion

Take comen mallowes Delibony of the wall marsh mallowes tops plantaine hold
 leades ana 1/2 pint stronge ale of make it into a pecke take away the coard &
 roste the hearbs adme then take Cornels of pumpions & almonds ana 3
 of it as you make almost milke then season it with red wine & use it as you wish
 drinke it warme in aft as you can to be outwardly applied to the bottom of the
 belly take the comen mallowes pellibere of the wall marsh mallow tops plantaine
 bruel leades Camomile flowers white flowers all flowers ana 1/2 pint of the
 into 2 bouges & boyle them in a pottle of new milke & apply them to the bottom
 of the belly one after the other for 2 houres together

To expell swale stone & out of y bladder and rance
 and to helpe therr presently yinke bloodie water

For a breast which can give in it is likely to come to a sore

Take Mass gold & silver & copper sell otherwise called senan housele one
frange these together then put to them the yolke & whides of 4 new layd Eggs
as much as to make a crease as an egg wheate flower the best all these together
then take so much of it at a time as you thinke sufficient to lye on upon a cloth
to cover all the breast orer warme it blood warme cut a hole in the middle for
to melle lat it on every morninge if the milke be not corrupt it will dissolve it
with out breakeing it if it be it will breake it & heale it without breakeing
melle walking it with sponges here sudden & ab every dressinge this heale heale
every pittiful breast & secrete it not

For a sore for a sore breast

Take a wine of good milke purg it salentine My with best ewe excordill Mallois
pactes in all My but be a little more of parley & all oves then he set and
pound all when the milke boyles put them in a cleve small & let them boyle
of an houre then put in a little myrrour sweet minced small with bran
fresh butter ana a little oyle & let all boyle togather 3 or 4 of an houre
keepe it alwayes warme then put to it as much water as will make
it thicke as a poultice set it to the priered place

A liniment used by a chirurgeon

Take Gum Lemme & Venice turpentine ana 3 Ounces sweet charbe hand
& hoes greas ana 4 make your gum small in water then melt these
on a soft fire when thoroughly melted put them thorow a cloth into
a pan for your use this cures any greene wounde though never so
depered with out any fear warme it in a sawer & convey it
to the wounde with a feather sippinge about & rubbinge in the mouth
if it be a plaine wounde draw it in with a feather & lay the oyle open the
wounde on your plaster beyond it

For heat in the face

Take wine of pines berries or heads of houselecke pull them till they
are drye in a cloth then take the leaves of pines berries & make the same
in a small
millent in Campfire & let it distill all night then straine it & keepe it in a glass
when you would use it dip a cloth in it & lay it where the heat is

To prevent the plague

Take running water & good wine & as much breade as a small nut drinke
then once a weeke

A gentle purge for children

Take 3 or 4 of a night in succory water & with sweet fennell seeds drinke
3 or 4 drinke this out in the morninge & to 3 or 4 of that liquor put 2 of

For a yellow jaundice

Take a dragon roote in an oven to hard & drye if you may grate it bafe of it
grated as much as will lye on a crooke more to an ounce next on a me it
drinke in 3 or 4 spoonfull of apples drinke or any thing else a little
if the child be cut of an houre shred smale & given in to drinke in a
hinge will kill them

To kill the worms in any child or young

Take a dragon roote in an oven to hard & drye if you may grate it bafe of it
grated as much as will lye on a crooke more to an ounce next on a me it
drinke in 3 or 4 spoonfull of apples drinke or any thing else a little
if the child be cut of an houre shred smale & given in to drinke in a
hinge will kill them

For a sore throat

Take camomile oyle of sweete betwixt 2 hot tryck then yowre oyle of camomile
amongst it then havinge anointed the throte with woth oyle of camomile
warmly lay the camomile upon a cloth & bnde it hot to the throate & keepe
your necke & throat warme in the mornng lat on fresh cheese the cure
is gentle purge for children and good to rectifie y Liver

To cure away a worme in children that they may not offend

Take a good spoonfull of sirrup of Marsh-mallows in a little broath or posset drinke
Take a little warme lastmoe in an oyle of baye & yowre oyle
To yowre away a worme in children that they may not offend &
hemache after they be killed

To take away a little Rheum in y eyes

Some the boynge corolina & wermeseed the corolina boynge be
taken to fine powder others use corolina alone in yur plan water carthm
water posset ale or froath & yowre last after the usual Len medicine for y
To take away a little Rheum in y eyes
pound the heart Mathan or may weede in a mill in corne put of y juice
to posset ale & drinke it luke warme & layes dogeather lastmoe

An excellent ointment for a burne or feault or to annoynt the face

& heads of children yowre broken ort
Take a greene baste of Alburne plantaine that hath broad leaves houselecke ana
pound them small & put them into a posnet put to them salde oyle of
it on a soft fire let it boyle halfe an houre with the hearts then straine them

From it & put the liquor into the vessel as a me yet by it bees more it & seek
it halfe an houre to get it when you see it anoynt the place with it & so

A souveraine medicine for any coull

Take broome Sug cards 3ij a little steel liquors trused amiss seeds 3ij tops of
any rosel of anye sort of red flower ana & at many a mill use in the yoke of
a your hand wash & mingle the hearts & take about halfe an ounce with all these in a
bottle when then set a pot of stre water on the fire when it sceth put in this
liquor & let it sceth till the sug cards be dissolved to a sirrup which you shall
discerne by how much the halfe is twice & on the light then straine the sirrup
through a cleane cloth for the take a little saltnesse in a spoon after dinner men in the
morning & evening

For a short dry cough and coull

Take a pottle of running water take the smell each of amiss seeds 3ij or 3ij of liquor
of anye a little of anye of the roots of 3 or 4 figs cut wood root the water
through a net set before the water all together in a pottle close covered till it come
to a little more than halfe the liquor first 3 or 4 spronges then as a time freed and
with a pottle of wine can be consumed straine out the ingredients

For a consumption of the lungs

Take the roots of the sun stone & strange them very small broome sug cards
taken in a conserve of red rose water make them into a conserve with a drop
of wale of sulphur & a drop of oyle of rhye take the quantitie of an ounce

For a piles

Take a pottle of rosaz in a pottle of oyle of oyle the weight of a greath in salt you take it
in powder then take all together & anoynt the place

A gentle glistre

With make some cleare posses drink In boyle therein the hearte mercurie
Mallowes camomile the flowers of each a little 2 or 3 branches of the tops of
the amiss seeds & caraway seeds ana & boyle these till halfe be consumed then
straine it & take three or a white haire of nut there to sirrup of ryes 3ij
with oyle of camomile 3ij put it all by in the glistre pipe let it get blood
warmed in to the bottle

A gentle purginge ale for children

Take of white wine & oyle cleane scraped & washed 3ij or more & water
forreth water crasses of each a little Rosins 3ij boyle all in 3 pottles of
water untill it come to 2 then let it run through a strainer take away the
ingredients & put warme to it when its ready take it by alter or by a glass
of wine it constantly either at meals or betweene for a month or more
Sirrup of colts foote for a cough of the lungs

Take a pottle of colts foote stamped & made it into a conserve with
a little white wine & a little of the clearest wine & put in
a little water & white wine & it will be a sirrup in the
morning & evening

Morne & even in the ordinary way you leave out the hyssop water & to all the
herbes with it a bunch of Maiden haire & dragee by

To helpe or prevent a consumption

Take a bundle of derry tree leaves let them be dried on a table in the room
till they will rub to powder & at some times that must not be dried in the sun
or over a fire of the powder & at a time in milk & some from the Cow & some
with a white honey & dragee it faste

For an ague

Take a pottle of wine to close stamps & straine it out the wine in a draught of beere some
it about halfe an houre before the sun comes there neck must be drye of the
To strengthen and comfort the lungs

Take an ounce of anye of the roots of Enula campana sliced
as thin as a lisse & some say it doge take it with a little of brown bread to eat
a little worme & even

Angelicall wood for the lungs to comfort and open

Take the resin of Anelica in cleare water till the be soft & shifmee them from
hot to hot when last full of the oyle & water & straine the water from
them in a cloth over a chales when drye let them be dried in a dish over a
gentle heat & put some some Resinate to them & straine the oyle on them & burne
them continually & straine the oyle on them till they can be set by the fire
or in an oven if most could be

For a cough or consumption

Take a pottle of wine & a pottle of the sun cut in peices boyle them in beere or
ale untill the liquor will be burnt as you see buttered ale with an oyle
or beere & butter & sweeten it with honey not just the half a pint
neglect it not

A posset for the winde

Take cleare posses & take or sprig of wild risme or want me that a little
be put in as many Caraway seeds as will be wetten it let it boyle till
it be thick by the bottome then straine it out into a cup & take away the
dragee & a little worme morne & even when the winde approacheth you

For the Quinsy or sore throat approved

Take milk & set it in 2 or 3 cleare eares a few columbine leaves when it
sceth put in dragee to burne it let it have a wolve to suck the curd by
take out the curd with the ingredients & let the party drink a good draught
as hot as hee can then take live honey & sirrup of violets & mulberries ana
as much per pottle of white wine & as will be in a

might them together & put them after they have drinke the yost take a
quon of this ay you can take up on a scale yount at 2 or 3 times then take
the yost cure with the flowers leaves & the deary stead them small & drye
the oyle of roses & oyle of lilies & Egrimonie butter both the cure steer in
these oyle apply it as a poultice outwardly to the throate at eveninge
a little quantity in the yoye in se & wear a red cloath about y necke

For y tricling of hume in y throat

Take conserve of roses powder of Amis & Georice mmeale thym as you
thinke good take about the quantity of a nutmege when you use & come
in bed & so after every fit of coughinge

An excellent ale to cure a cough and dry y Throat

Take 7 gallons & a halfe of good ale wort boyle in this caldum instead of
brew let it boyle till it com to 2 gallons when you have permed that
straine it up in your vessel take a butler bea put in halfe sea-leurree
& ale halfe garden scutell crasse & the quantity of all the most pure
most well dried out of it a little smale or punda take orange pills so
much as may please your taste poure them China 2 years it shall
growe all together & put them in your bag & hange them in your ale with
some little stone to weag it downe after a weeke drinke of it morne even
at meales pro

**Drinke for all sorts of people to cleanse the body purge the head
& melancholly & open the spleene**

Take 4 gallons of good wort not smale put in it Egrimonie Bettonie
Scarvius hemittie Maiden haire scurry & ale Breckelme & water crage
of every of these or of as many as you can get Wistocke rootes hemell pass
ley & succory rootes cleane scraped & the yiths taken out Wistocke
rootes onely washed polyonim of the wale & the roote sliced Cinaz all
these must rather be dryed before you solthem put to it annistole ten
well soke Georice parol & sliced Ginger sliced & drinled away all these
put in yone wort with every fewe hope & wormewood My soule it to be
After an houre then have ready Rhubarbe 3 A garick 2 y both very
thin sliced & laye in a thin large cloath that the wort may have some
to weake amongst the Rhubarbe be a Stone in it & cleane a thred that
may be fastened to the bunce hole then set it a worke & when it
is run it into a little vessel & put the cloath with it in & let it
be 3 dayes old before you drinke it drinke adrevent every morne

fast more or lesse accordinge as you see it worke if it come not & stooke
then drinke adrevent 2 howres before supper let it be well stopp

Drinke to cleane the Liver

Take 2 gallon of wort swarrest short stonage and My 2 or 3 tops of Gelemarie to be
drem well in the wort then when tu could enoyel put thome there to if the worke
be troubled with any imperfection in the head off to it being My it in the eye of
eye bright My then tyme it up when it is 2 or 3 dayes old drinke with it 2 or 3
Morne & at 4 or 5 Even

For the wormes in children

Take wormewood heather lew Rose ana My it empye all together add to it thare
wine dring 2 or 3 Then straine it out & put 12 much of the rull of an oxe
as therout of the other lecher & a reasonable quantity of Almes in yone more
them all then warme a little of it & anoynt the childes bodell in the morne & at
night 3 dayes thereafter. It is a very effectuall

Against a consumption of yoye & D

Take new melle & put there to some of yone My coldy to be My 2 40 & nails with shall bene
drinled a little with the oyle of appple & shan dill them in distill the distilled water
& put it in to a glasse bottle & put to it nutmege sliced 2 or 3 stick of Cinnamon white
pear & and 2 y of Georice stone My they all these close in the bottle with the water
the rest of all these Georice stone & drinke it warme & cl even at any other
time the oftener the better It will cure

**Cherry water a very good Cordiall for Melancholly and for the Distem-
per of yone of the heart**

Take cherries of yone of Georice My Botton My Cinnamon brused 2
nutmege sliced bring the cherries intoe all these in an elyphen pot close covered
all night We next day distill them with an yalie fire more ordinary till put in a
new as will sweeten in the glasse & drinke it in yone water it is a very good

An excellent medicine for a stetter

Take yone butter & yone melle to together & anoynt the place covered y a lag cloth mid

Excellent for the mother

Take yone of yone to be as a quarte out of wien the is drinled to cate dry them in
at wien drye & then poure them to fine powder & take as much of the same
as will lay upon a childes bremge put melle or 3 of lalle or of want of that
in other drinke is none as you seele your fit come take it & is sile blayge it will
cure at 2 or 3 times because it hath brought rare effects

Stomach powder

large pur grains of powder made fine and 32 lb weight of fat then be made
in a like powder & put through a fine cordial sieve & with it of the purst soft
make that all together

A rare cordial
Take of the best of Dom. Cornish 3 lb. plant of ground them then boyle them in ale
till it come to 1/2 put into a still and mix 1/2 of more water is come by 1/2
all out & put it in a glass bottle with pure loafe sugar & in the morn & even 1/2
times & it is excellent in cold weaknesse or faint fits & very much approved

Balsome to cure all ligerses and allperate wounds xxiii
Take of the best of Dom. Cornish 3 lb. plant of ground them then boyle them in ale
till it come to 1/2 put into a still and mix 1/2 of more water is come by 1/2
all out & put it in a glass bottle with pure loafe sugar & in the morn & even 1/2
times & it is excellent in cold weaknesse or faint fits & very much approved

The vertues of this balsome

- 1 Dead bodies applyed therewith will not corrupt or putrifie
- 2 It restreyneth pined bodies that are fallen away tempered with roge water and
any kind of from the nec to the rames
- 3 It taketh away the shalme of a newe of one heure before the fit come gon
awaynt the backe to one warme leanemoe it se byn abinnen Coath
- 4 It soundme it in at where the last refuse to amoynt the backe bone
- 5 For losse of the speech lay a little therof under the tongue
- 6 In infection of the matrix and in the fallinge sicknesse & many other
leem upon necessity you may give 3 drops with some white wine
- 7 It comforteth the heart & thertwith Melancholie fumes that are sad
confused for such temper it with oyle of Rose amoynt the members
affected or the backe bone in or out of hat
- 8 To amoynt the backe bone there with prolongeth life & the nape of the
necke from whence all the sinewes come
- 9 It letteth it comforteth all the bones It cureth the pallie & bringeth
it to a more of the heart & there is no better medicine to cure present
comfort to the heart the stomach being augmented with it

Apprehensio of the heart the stomach being augmented with it
Apprehensio of the heart the stomach being augmented with it

experience with fire powder or Gun powder or what so ever else & be made
applied presently hindereth all Disturbance or breakmeoe but or be made
applied at any time healeth without doubt in so much that the soldier of
war equipment hath bene seene to suffer hot burnemoe he can be fall in
his hands and by legmes Gun Lead in the assistance hee had in the
present recovery which hee applied to his hands not beinge toucht before
with any defensive matter **The oylment**

Take of the best of Dom. Cornish 3 lb. plant of ground them then boyle them in ale
till it come to 1/2 put into a still and mix 1/2 of more water is come by 1/2
all out & put it in a glass bottle with pure loafe sugar & in the morn & even 1/2
times & it is excellent in cold weaknesse or faint fits & very much approved

Balsome to cure any greene or bleer

Take of the best of Dom. Cornish 3 lb. plant of ground them then boyle them in ale
till it come to 1/2 put into a still and mix 1/2 of more water is come by 1/2
all out & put it in a glass bottle with pure loafe sugar & in the morn & even 1/2
times & it is excellent in cold weaknesse or faint fits & very much approved

Take theunge of a grege goose & the iuce of a cleworne ginde them wch in a mortar & lay it on the fore of the head

For an eyne swelling in the head

Take pillitory of spaine & spikenard take a penn with boyle them well in good wine or white wine & add yow honny & mustard ana a lewcer full to it & well mingle it let the patient lye at a head of & lye it so long till hee be fort to lye at a head of the thre or four times after meate & before bed for 30 dayes it will helpe

For the leud palse

Take Rosemary Bahme & Saxifrage Ma of cowslips flowers rootes & leaues of yow roses Ma Stamp all together & put to them shingor Oij. fyna dila Oij. Mustard seed O. Water paper O. Stamp all these together a while & straine them & put to the strained liquor hieyrate drames & rub the tongue 3 times & therate it this liquor & put som by into the nostrills day & nyght wch with a lay to the nape of the necke & often you renew the the better

For the inteyrin

Take the iuce of Becons & smyger with crums of browne bread make it into a playe & lay it on the sore & what you can be consumed pre:

For the emoroi that blede

Take great Stamp & straine it with white wine drinke it more & often pre:

Mother of holur water

Take Turpentine & ffranchence & liouun Alois & of masticle clauds & Camphire sinamon Nutmegs & Cubebz & of light Alemma & as much quantity as the quantity of oil and in stamp these things together & put them in a stillation & after 3 dayes distill them with a soft fire the water sponge from them is mother of balme

The virtues

The clearest water is excellent to beautifie the face by takinge away heat & purles the face if you wash therewith once aday it taketh away all rindes & nettles & if you wash with a smolt drop a litle into the eye it taketh away the cleare chark & maketh the eye more it is chereke specially if the wounde be not mortall & healeth all sores as fistules warts & nolden poyntes & bathed with it by lioure leaues one drop drop on a carbuncle & cureth it in 3 houres if the eye be troubled with blindnesse the ym & web or the pearsle or any other carnely drop put one drop of this cleare water in it every thre dayes & it will cure it if the cure be not of Chelme in a litle while or thymistone breaketh the stone in 2 days or 3 dayes it also openeth the passage of ym however stopps in 2 houres its good for the collic in belly or stomack drinke in a litle wine or broath it will helpe the hente or bruite or ache in the head or the thynkeinge of the sinewes if it is

often bathed therewith the red water called holy cureth leprosie it is comen from the parants by hermeinge O in the water or strongly cryes moreinge fastinge for 30 dayes to gather the curack of the shortnesse of breath Gallia Oropie Scatica the paininge of the hearte & ymte about the cap fuminge & sweaw the stragure & it strengtheneth the aged recoveren & speacheth & walketh

For ayn and webbing Eye

Take a round that which hath the round & rough loote for this or at some call it gill ground & tread it small & make it to be both written on the pulso & make the face to be more & it will cure chane yownd it

For a pearsle or any thinge that growes in Eye

Take a new laid egge & break it & take the lesser ym & that you may take out the yolle whole then lay that away & put the white in to the shell & game a pot in the Embers & harden when the harde chop your knife in to it & put into white in a litle Knobs till it be full & let it stand in the Embers till it be dissolved then take it off & with the point of a silver bodkin or awle of a spone crush out the ym from the white into a chaffe & lay drop into the eye more & maketh it a very pretious for the eyes ym

For a blood shot Eye

Take a rotten apple & find it to the eye when you goe to bed or els to bed to the eye a piece of raw leane bread when you goe to bed either if thain were any

For rheum in the Eyes

Take a litle conserve of red rogs & make it in a litle white rose water & make it to the eye when you goe to bed & in the morninge wash it with white rose water & do this for 3 or 4 nights to gather it will cure & it will be very good for those that are subject to sore eyes to use it every night continually as long as you maye great good thereby pre:

To staunch blood in the nose or of a wounde

Take the Mole of an ashe tree & put it in the nostrills or into the wounde it will stop it

To stuy blasse

Take new milke & boyle it till it come to a D & then drinke it pre:

For ayn and web

Take the greene leaues of wilde Linnes & pound them & straine out the iuce drop a drop of it in the eye 3 morninges & together & put some white fine canly finely sceried into the eye 3 times aday this curad the Emoroi

To stop violent averflowing of all after miscarriage

Take hazell twigs of the yeres growth & the thorn of the ends & wash
with yon percomie a cleere pure com forth at the ends of which
bring a stop in to the eyes when you goe to bed get more brags to
bringe for the morning mee

To draw backe y^e Humour in y^e eyes

Take wood betwixt water & hot betwixt two files & make it hard
to the shape of the speck & when that is cold lay on more

To stop y^e violent overflowing of M^h after mistearinge

Swift take mee hunger & houte leafe & cut it into small peeces & put it in the place
they take it from full of her owne M^h & then blowe some it her to
to drinke in a little of the most drinke or ale beer it will turne the
course of her blood by occasioninge remittinge or retchinginge

For the shingled

Take many cold knowse leafe and drye them & boyle them in a
butter or oil till it be nere gone then straine it and
anoynt with it in good for shingled pitter oaks with fire or full he

For y^e frose or frost in childrens mouths

For it is with these putt dont is nere good but the best is to
take a little of the frose & hold it in a cloth put the bare head in the mouth
of the child as close as possible you can & not touch it & have
receive the breath of the child which will kill it & then place that
away & use another so till you see the child moude & the frose
frome away which will certaimly be ere longe

For the Palsie

Take Lavender flowers & still them with yonder your nostrils & ear
kinula & your wrists there with every day if you cannot get flower
enough then still leavys & stalks

For a boyse or scull

Take fresh Barrow grease & laye y^e or 2 M of the leaves of the
thorne Apple cheafly still them on the fire together & when the
liquor is growne take it off the fire & put it into an earthen vessel
to let it stand & sweete then warime it agane & straine forth the liquor
& put them into the liquor & boyle them with a feather when they
are kepte it for the place that is boyned or scoulded might
be annoynted 3 or 4 times a day but no cleat of any thinge to
put over it & then it will heale without fear

For the fallinge sicke

First observe the time of the moone when the fish come because a good time
is if you may get a good moone in the night & a little before the fish come
take the milt & save it much of the blood or you can of the liver & bladders
shred them very small & put them with the blood into wine wine
the wine must be blood warme & if of the powder which is made of game roo
& Smils campana roole of equal quantityes must be put in to the wine
then stir it very well & drinke it if without warminge it some will
made without warminge it whilst the nature of the remeasom it
& will certaimly cure it & cure one that had had it many yeares

Dippin posset drinke very excellent and pleasuring in a fever

Take 1/2 of milke set it on the fire then take ypping yare & stre them very thin
& put them into the milke & boyle them together till it be all scoured then
squeeze the yuce of an orange into it & then straine it & sweeten it
with sugar & then drinke of it

For the frose in childrens mouths and throats

Take one part of leaved grape & red sage and drye them & place them
small then put them into a cloth & hold them there till it com to a
then straine it & put to the yuce equal quantityes of M^h & hot
with ymelle & carde ster then them together & a little while
put in a little life honey then set it by for use & when you drisse the mouth
with it which must be 3 or 4 times a day or oftener take a little of it in
of sauge & melt it with a feather & drisse it with it let some go home

For y^e sinne

Take sage Rosemary woodbine & holly of each about 1/2 of each of each
y^e yrickes of the holly & the tops of the Rosemary sage & woodbine & y^e y^e
ste which eye must moxe to either y^e in a fire shovell over the face
with constant stirring of it till it come to ather y^e which you must seaze
to flowe a little of it through a swill into the childes mouth & y^e a day
when it goes to sleepe wet it with a little milke as may be & when
it awakes wash it with y^e with plantaine water & y^e of Malva raris

To draw backe the Humour from y^e eyes

Take older leavys lay them on a dytt upon a little of coles &
sprinkle them with white wine vine cover the dytt with another
& when they be very hot boyle of the leavys to the shape of the necke
as hot as you can suffer them & when they be cold hold on fresh
the water that comes from rotten ypping & y^e bange field is very good
to wash the eyes with that are red & sore

For sore eyes

Take Rose water plantane water or straberry water put it into a little bottle put to the same white sugar candy in powder a little can make it thicker than well together & drop a drop into the eyes in the morning & evening till well

To cause sleepe safe and shure

Take the masse of an aspre the boyle it in a pot & brought of pepper & prick it with a needle & bringe it stand when you see it

To cause the cause sleepe in a fever

Take milke & when it is boyle burne it well with the juice of lemon then take the curd & make it in a hem cloath in the Raye of the necke & make of the yessel & make bringe sweetned & you may

To cause the beinge stop

Take muske of a nut shell & set it nere the fire but let it not boyle but ston put into it the rinde of a orange if small ones other wise one shall with it if a saffron let these few be together till it come to bringe close covered then take it of & take a brought of it for 3 hures together bringe warm & eat a piece of the orange pill every time till all be gone this will bringe them at last & often pruned like wise by your good to eat an orange rinde & it you go to bed

For a burne

Take a piece of the skin of a calfs man which you use for rumpes and apply it to the burne it will fetch out the fire & heale it if it be not extraordinary like wise fallade oyle & yow water or faire water beaten together

Walnut water which is called water of life for its use

Take walnuts in the beginninge of June & beate them in a mortar then still them in an ordinary still & keepe the water by its selfe then make a second water & gather your walnuts about mid sommer or 3 or 4 dayes after you take it before & keepe it by its selfe then make a 3 water & gather your walnuts a fortnight after mid sommer & do it as the other & keepe it by its selfe till you have done then take 3 of each & put them together & still it in a stillatory of glasse & so keepe it very close that no aire com to it

The yerlye

It will heale all manner of dropsies & all manner of Distilla if it be drunke with wine possession it is good for eyes & for you put drop there in if it is good to helpe consumption of a woman & make it made rately in wine since a day it will make one have a faire skin if it be drunke there with it will destroy Lead still & increase good good also for bagles & wounds if they be made there with it & allas good to heale all infections within the body & knock out all corruptions if it be made rately drunke with wine or water it will kill the worms in the body either drunke with wine or the water it selfe so to kill to be the water continually shall live in since as nature may continue in him if you have any worme that is found put a little drink of the water into it & stop it close it will recide the same againe within 4 dayes Lightly it is approved good for a woman taken worme at night

Barley water

Take a gallon of rymme water & put into it a great handful full of the white stone & smelt roots & chaslig roots and the roage hartshorne smor wort & garden hare violet leaves and the french barley the quorne 3 or 4 paces & beaten flat & mixed in with all these together laym a callen to a pottle or lesse than the 4 drunke of it in wine to bed wards & call in the morning & may some almond milke there with

Treacle water the best way

Take of the iuce of red root & the eye in iuce of the eye in iuce of Carduus Marigold & Baum & the of Bales & the roots sliced & of baye & the roots of an elia root & in after wort roots and 3 or 4 of Carduus me. of hence it call & methuride who 3 or 4 of Conary some 2 or 3 of white wine winter 2 or 3 of iuce of Lemons & mixe all these together & put them into your limbecke let it last & let it stand in a bain for 2 dayes then distill it & keepe it close stop & keepe it for use

Barley water

Take barley beate it in a mortar then still it in an ordinary stilling the water will conserve the appetite & digest all winds in the body & stomach it also strenthens the cordons & purgeth all ill humors of the breast & reanes

Clove water

Take equal quantities of Cloves Ginger & Rosemary flowers steep them in good wine the space of 10 dayes & then distill it & keepe it still it is a most souveraign water to comfort the stomach & to ease

Homocan & pama of the belly it killeth the wormes & make the a fat
body leane & aleaner but take yonge frankle with sug
An excellent water for a heart

Take the best aqua vitæ of ayle water one pint & with leuice &
amylacis as will make it thick & set it in the ayers all night & in the
mornynge straine it & keepe it for your use

To make haire growe

Take water & yorne it & wet your combe with this
To stay a swelling from rising higher in case of a Cancer

Take the armoniac & the white of eggs mixt & cauter it & spreade it
with a lince of linae alonge the wallinge

Capon ale for a consumption

Take to crummet of Ale of fowr gallon & Capon China & karkshone &
fles the Capon & brasse them very well then brasse them very well with
the other things in 2 Gallons of the worst Ale all the goodlyffe of them be
out then cleane through a hoire siade & when it is coule out to it the
other beinge brased so thin it is when it hath purged & it shall stand
will be in a oze dayes from the time it is brased draw it forth into stea
ins & stop them very close & set them in sand in a stiller & skilme of it
when you please you must put but new saw hoire in it & draw it out
also it maye be cast with china wood hat & yorne & maile haire & yorne
& yorne Ale brased in it will doe as well as the haire done much good
with for cough & weaknesse

To cure

Take the waxe of yon Burgomy pitch & set ana melt them well
then put to them some venice turpentine & stir them all well together
then pour cold water to it & with it wete with in the water & wete
coole it after it is well wret in the water then wet a handkercher
& wet your hands to keepe it from sticking & make it into roote

To prevent miscarriage Droyel

Take nut shells dry them & brase them & give as much of the
pouder as will be on a f in breade or broth

To cure Quorise

Take ground Tre play it to the ye in tri mē 24 hours & lay close
to the ye to your nosel with a mynt & with care in a short space
that you shall neuer more be troubled with them

Abroth for a child or other for a male inclination to consumption

Take 30 great earthwormes at a dore time but if a smedd or round put
them into white wine & salt 3 or 4 hours or els into a white
them cut of the heads of eyles then slit them & wash them in white
wine & salt then brase them in brast with good hearte as yomped
with the me & yomere & yorne & yorne violet leaues & tranber & yorne
cattileote or as many of these as you please with yomere or yorne
of the breade & yorne in a wecke in winter when the wormes cannot
be had by the yomere of them in brast thus made & the wormes
when yorneed as above lay them beinge opened & scoured in an earthen
well one by one in an enon & drye them yorne them to powder
& take it if in brast in the mornynge

A gentle purgative drinke this to cure yomere & yorne

Take Cassia melle cane & yorne & yorne & yorne & yorne & yorne
to yorne of the ale & yorne & yorne & yorne & yorne & yorne
then yorne & yorne & yorne & yorne & yorne & yorne & yorne
Sene Alexandrina & yorne & yorne & yorne & yorne & yorne & yorne
prep. red & yorne & yorne & yorne & yorne & yorne & yorne & yorne
moetar to yorne & yorne & yorne & yorne & yorne & yorne & yorne
with them all very cleane & yorne & yorne & yorne & yorne & yorne
ana M. wash them cleane & yorne & yorne & yorne & yorne & yorne
then yorne & yorne & yorne & yorne & yorne & yorne & yorne
or more from the belly of the yorne & yorne & yorne & yorne & yorne
of yorne & yorne & yorne & yorne & yorne & yorne & yorne & yorne
hail with your hande or with 2 Frenchers into the Ale the yorne
it in yorne as before & yorne the yorne & yorne & yorne & yorne & yorne
a good drinck & yorne & yorne & yorne & yorne & yorne & yorne & yorne
yorne without offence to the stomack

For the Sciatica

Take the quantity of Beare greas the like quantity of Capons
greas & yorne & yorne & yorne & yorne & yorne & yorne & yorne
yorne & yorne & yorne & yorne & yorne & yorne & yorne & yorne
yorne upon the place named in the yorne & yorne & yorne & yorne
yorne and ole to be of yorne

For a stitch in the side

Take a peice of Roshm as big as a yeste & helle a red maye & drop them to
very fine powder & at night when you slee take it into a cup
of Ale or wine & drinke it & it speedily helpeth you

For the stone & Collique

Take bay leaves they are them & beat them to powder take helle
nut yew craze it very small & mingle it with a quantity of the
powder of bay leaves & drinke the same in a Cup of wine when you
are thirsty

An excellent remedy for the paine of the Goute

Take one of Roses white morning & white morning when you
are thirsty four times or such other place printed there with
the Colicwort leaf & cut of the pith that are hard & lay the
leaves upon the place likewise then draw on a Socke when your
toe comes out of occasion for you may use it like wine at night
but beware that you must have new leaves printed

To stay bleeding of any cut or issue of blood

Take yew twig & white of Egge & beat them together
should be to the place bleeding & it stoppeth it you

For the Collique

Take mortar of thorne alias willie thyme M & sceth the same
in wine or in posset or in ale or in beer & it is excellent being drank

**For a Boile or pimple with thorne or any other thing
to draw out & brooke it speedily**

Take sorrell M & roze it in a paper in the Embers as you roast mace
when in well roasted broacht in a dish or in the palme of your hand
& temper it with some fine henes or all the oyle & make a plaster
of it & lay it to the place & if it break it not the first
night then take it off & lay on a fresh the next & so it will surely
break & draw out the corruption or thorne & in one night
out a thorne out of a gentlemans hand that had almost lost his
hand with it & heale it speedily

An excellent oyle for a rupture in the Belly

Take a new laid Egge & fill them with Irish butter & sweat till they
be almost hard then put the eegs into the upper side of the
pan & let the butter runne from the eegs into the lower
with runne no more then take out the eegs & put cool aquavite
Cup into the liquor & let it stand a little in the pan then take it

out & it will burne to an oyle with which every morning Even and
the greace & laye on a good piece of Roshm

For to ease the pout

Take some leaves of Roshm & salade yole and set them in a pan to heat
the leaves be hot & fried in a bag then both the place & animal there with
alter lay the leaves so & fresh warme to the same as a plaster: pro:

Nourishing victual for any if are weak & Consumptive

Take the skin of a veale & make a Mutton the brayne & some
part of an old red cocke cut of all the fat & put the meabon Gobbet
a thread & hange it in a cleve earthen pott to steag about the middle
of it then cover the pott with adrencher or such like & stay it well with
brownes Lye that no aire get in then set the pott in a cleve Kettle
or pott of water & boyle it till a day & still fill by the water neere
the necke of the earthen pott but so as none gett into the pott & there
will be a good quantity of mee comp from the meabon to the bottom
of the pott & when this is well boyled take out the mee & keep it
in a season it as you thinke best when the sick partie eateth of it alittle
at a time either with Lemmons juce or any other way also
Goblets will come from them in good & Envy will

For the falling of the bulle or pallat

First put by the pout with your thumb a cross noy then take a
little of the best Amber beate it to powder & strewt it upon a few
coales put in a chaffin dish littel or some other narrow thing
then the Amber strewt on whelme over it a summinge fish and
receiue the smoke into your mouth out of the pipe & it is special remedy
Another

Fill a tobacco pipe with Belear momecke beate to powder & put
by the pallat with that end of the pipe which hath the powder
in it & blowe the smoke the same way let another blow the powder
by the pallat of the other end of the pipe

For sore Rhenn in y eye and hot

Take faire spring water make it not above ather be warme
but not to take the cold of it or if you can endure it warme
could take a peece of y pounce & yake it with this both

Your eyes here often but if instead of faire water you use cleane
faine water it is the better but either is excellent & to wash them
in an eye cup with faire water: pro:

For the rednes of the Eyes

Wash them many times in an eye cup with your owne stale
An excellent plaster for the Quening of y^e Reines or
any other weareours or ache in y^e Reines or in y^e cut

Take a sallet vnto of Redd Lead & white Lead & of the same 3ij parts
Take together in an earthen pot well leached the same being washed
with the same powdered les than twice gently till it be of a Chisell
colour stirring it with a stick a little before you take it off the
fire put in oyle of Bees & when you have taken it off put in as
much y^e finest greale as when youe thin new cloath in the
same hot & when they are almost cold roule them with a round
y^e fine & smooth them your Cloathes must be halfe a p^{er} sonare
when you lay them in & once more layes take them off & wipe
them from the face & lay them on againe: pro:

For the ague

Take redde Cinthickie dancie & serpentine 2 of each beaten toge-
ther & spread vpon leather & applied to the ribs:

For the wormes

Take of the sprigs of Lavender not the flowers 1ij & boyle them
in Redd Vinnye lot of a ymbe untill the Lavender smelt to the
bottom then the Reu it with the flower of Barley into the
thicknes of a penuldrice spread vpon a cloath vnto in will reach
from the pit of the stomach vnto the Navel & let it lye 14 hours
& then put on a new one & so doe three times

For the eyes

Take white Rose leanes red rose leanes & Rhoe ana 1ij Eye bright
Saleritine red Lillie leanes ana 1ij vermin 1ij liguine 1ij small
round stones which lie round like peales to be found in the earth at
the foot of an old oake of each of these 1ij distill all these together
put to 8 water proceede from this to cure of a Boy with night in a
faire linen cloth & water may be thus all 8 years: pro:

To cure of cough & hoarse of

Take the same water as last said & put it into a little drall close & mixe
it with faire canny beaten & lye/kenes ana 1ij then the drall close with
cooke & let it in a possenet of boyleng water over the fire with 8 mouth
above the water a 1/2 of an houre

To cure of biting of wound logge

Take beards of graue wood heads 1ij the y^e pick of of gasticke clous
almost a handfull of Treacle 1ij of scraped y^e same y^e same the hearts
& the earles then boyle all together in a pottle of new beere till it com to
then straine it & drinke of it 1ij times 8 den 1ij of the y^e same of the
place litten & part thus & lye to good either for man or beest: pro:

For a bruse both outward & inward

Take blacke berrye Berer leanes Ailie leanes & rootes of all 1ij
orange Comenille Camfers roots 1/2 of the leares of polipneum of
the oke bade of each of these 6 things 1ij shred them all & put them in
a pot with a gallon of beere till helle be wasted & cleane it so lye then
put in new milke 1/2 then straine it & put in honey 1ij & 1/2 of
glasse scraped to powder & drinke warme

The outward ointment

Put in the same hearts & rootes into beere & greale & so let it boyle
vnto a litle till the hearts be of a pale colour then put in a litle Decort
best of treacle it & anoint the troubled place with it

For a Colly and Stone

Take small eare more made with 1/2 of an Marrow some penicrowth
& 1/2 of an eare take the rootes of Saxelrage in September wash them
& lye them in an oven at severall times then beat it to powder as
of white wine 1/2 of a rage water mixt together

For the Chollicke in the guts

Take a route of Burdocke straine it with it & straine it with
1/2 of an Decort of it it helpeth for collicke

Verligoe

Roete Southern more in wine & drinke it

For the moother

Take rose & hysop in white wine to mede a decoction of softness & it mighte
if you please when you goe to bed etc. but the summe of knowledge
then lay a linnen cloath about the hynde of a ball of your hand in
Cinnamon water & tie it 2 or 3 times upon your necke very warme

To cure a spreading ulcer or to stop bleeding

Take great quantity of Chale Bayle Blacke butter Fryer Waxe Beale then
in a linnen napier fill it to be made then mince them well & lay them
by the sore anoynt it round about with broken yew Allome spread
upon the rest of a hog or sheep or Creak if you have a Cancer in
fore parte of eye & wound some legues with the oyle of Turpentine

To cure a biting of a murril Dog or Adder

Take horse dung & boyle it in springe water & if it becom
that is bitten some km to the mouth by being the mede of a Cow or the like
& always beside the heart that cometh by place bitten & will certainly cure

For the stone

Eate constantly fasting & at night a crutt of dore bread for 10 or
12 times & take also often drinke in a morninge soft urine adroitly
by ale in which at night a great onion hath bene steeped beinge pill
& a little hysop

For the Rheum in the eyes

Take plantane water & white rose water ana & set them in the fire & when
it is boyled putt in crum of bread & put in some Venetian red & boyled
till it is small & a little oyle of roses then put of it in a linnen cloath &
apply it to the eyes as a poultice warme when you goe to bed & if the
Rheum be extreme violent keepe it to adage putt in to fresh
milk & morne drop a little plantane water in where you putt in
beene steeped beinge powdered cleere from the dreges & mixe it with
bread milke & use it morne & noone drop a little into the eyes
worme this is all to be used to my owne eyes when so extremely sore
ill they began to mend & then boyled them very often in plantane
water or springe water & used the poultice night & day

To skin & heale choyl & sore Nipples

Take saunce Kernele which you may see in a clothe by you all the year
when you have occasion to be them put some in plantane water
& let it stand all night & it will icke then anoynt your breast
there with it most excellent

To take rednes out of the eyes by comers by Rheum

Take by an oyle of yewell roots with it a full it with soft candy then
step by the end & lay it in the ground for 2 or 3 dayes then take it
out & put the water in a glasse so drop it in your eye as you please
An approved water for herpes most Rheum of the eyes

Take white Rosewater & white sugar candie and beat them
till they be soft as flower then put them into a glasse with the water
& shake it every day as your first makinge & for 2 weekes together
drop a little of it with a spoone into the eye morne & Even first
shakinge the glasse till the water looke white

For the stone

Take 4 or 5 thorne berries dry them & pound them & take as much
as will lye on a 1/2 m. possit & drinke in morninge as often as occasion is

For a cough

Take 2 or 3 drops of blacke Cops blood mixe it with 3 spoonfull of blacke
cherry water & give it to drinke often: pr:

For the worruces

Take Turmericke 30 graines which will be 1/2 a much worme seed
which will be 3 also mixe these well in halfe a pebble & give it
at the full & change of the moone 2 morninges & 2 nightes upon the
like wile earth wormes served in a bagge & laid by the fire well

For an ague and to draw in a wound

Take olibanum & Balsam of Meauke & powder them the Balsam
may first beene wash in plantane water & dried & againe
mixe them with Turpentine & like a salve spread them pieces
of leather & lay them by the wright were warme when it is lay
lay fresh stuffe to lay & lay to draw by the limonds of the earth
spread it on leather & lay it behind the eare & to draw up the
vinea shone a little haire of the crowne of the head & lay a
poultice there of fo it: pr:

Dr. Baker's Plaster most excellent in sore bruses whereof there is not been

Take 2 of the paracelsus Emplaster & one parte of exorcium
mixe the eather & spread it on leather or cloath & lay it to the
brused place it will take away both the sore & effect by colouring of it

For a Froocke plaster

Take of the best Balsam of Meauke in fine powder mixe it with
fresh Goufferale to make it spread like yllue then beinge well

mixe it on peeces of leather of the bignes of a half crown
 & lay these being warme to the
 of the head & noye of the necke & shift them yntime
 on fresh if there be occasion when the first fall off these
 will helpe children of a gull thum laid in spruce wood
 all in it & the more wash with it is good as first

For paine in the hipps an eyse

Take the inner bark of a young Elder sticke & fry it well in
 Nerff oyle vntill it be as brown as the oyle & it will helpe
 & recue with the oyle chase the place well with a warme hand

To stop bleeding

Take plantane root & white wine vntill ane & mixe them
 together & wet cloths in it & give them the patient to kowle
 at his nose & in the palmes of his hands lay some in the nape of
 his necke & in his temples & as fast as they drye lay more fresh on

For the sunne

The whites blood dryed & poud to powder & some hot hoggs
 lunge mixt together put into the nose will stay it immediately
 if not with that more these things it continueth bleeding
 the onely way is to open a vein in the arme to turne the blood

For a woman in hard labour

Take Common seeds castoreo graines of Paradise late stones white
 Amber of each alike quantity as much as will lye on a groate
 bringe all made into fine powder & there must be of the Common seed
 a proportion double as much as of any of the other letha to quene
 a little warme Aleburg put toge as much as will lye on a
 sixe pence & give it in the extremity of labour

A poultice to breake any imposthumes or swellings

Take Sorrell My binde it with a thred in a clewvort & laye then
 put it all night under hot Emboss made of wood beinas well cover
 ed with the ashes in the morne take out the sorrell & wash it
 well in water or Bole & mixe there with oymment of Basilicon
 3ij Turpentine 3ij so spreade the warme & apply it

Any good blacke salve

Take of the best sallate oyle 4ij put it into a vessel that will hold
 about 3ij for the oyle will boyle hie & hie but it will not
 over thinne it into 4ij small beards of lead & 4ij fine as with a
 sticke of an ft of lead that will hold 4ij
 take such in a small Char coile fire but let no flame be then
 you get it then put in more 3ij put the rest & more over
 one onto the oyle stir it till one way & let it boyle a pace
 when it hath got the glasse they set it into it of sticke
 oyle to the cloath with not cleane to your limers it is enough
 then have a broad little hollow with a hole like a shoole oyled
 well & put the salve into it & have a kind of red & 4ij
 & come till it be cold enough to take it out your hand
 then take as much as will make a sticke & pull it out & it will fill
 colour is bright then make it byp & do must be made
 of it & your hands very well & you cannot make it
 or anye wounds besides Spraines any Swellings

Water for the eye

Take of the best white wine a little water of the white rose ana 3ij
 Calendine 3ij Cintho 3ij water ana 3ij mixe the same water
 altogether & be the best clove the puttickine prepar of then boyle
 to yender of each of them 3ij but Alce best cintho ana 3ij
 white Tur Sand 3ij beate all to very fine powder & then mixe them
 & water put them altogether in a strong glasse stop it very close
 with yellow waxe & leather set it in the open aire where the sun
 may come on it & let it not be taken in night nor day for 40
 days together shake the glasse & burne it over a fire 3 times
 then take it in a sebet by close for your use it will last good
 6 quarter & if the same distill water be spent renewe them againe
 & poure on the grounds of the former sett the glasse in the
 open aire as is foresaid this healeth water moe eyes & inflammation
 of the eyes the yre & web & the guttles in the eye & ether the all
 out yre crises of the eyes & may be applyd with the glass
 that the eye creked let bright from abroad & let your drop of the
 water be drop into the clew & presently close the eye lids close
 together & should them up a of an ft that the virtues of the
 waters may spread it selfe over the whole eye

The water should be warmed in a silver pottle before be used the water
stone is prepared in the manner thus much of the Apocricaria in one
Lamp is worth 20 or 30 of the Musk alone & white Rose water and 20
part both together with a dry pottle or stone cup which may be choic
ed close make the stone red hot in a char cole fire & smelt each time quent
it in the same & water then cast away the water & take so much of the
stone as is prescribed & use it as afore said

A Receipt for the Eyes

Take good quantity of Eye bright & a quantity of Balsom not
full strength in the eye bright white Marjoram these must be
wield & used in a cleane cloth about a fortnight then they
must be put into an oven after the bread is drawne & there is need
that they may be easily beaten to powder chuse the best time of the
yeare to gather these herbs unto the which you must put elittle honat
seds & Cloves & Nutmegs & bring them all into one powder & put
thereto some brown & this can be mixe all well & it to be taken 3 or 4
times a day & a time & a time in 3 or 4 months till it is dissolved do
this 2 or 3 times a week or oftner if you please & it will not only cure
but I wold so

Actensinge water for an old corrypt & sore

Take bene Orens and quicksilver of each equal part then into a glasse
a shalke them often for 3 or 4 dayes take of this water 3 or 4 sprays when you
make them you may make it stronger or weaker as you see occasion you
may make this Drying water take white or brick shewe salt yest one
part Sol. 3 parts calcined with camphire 3 of base of this powder when it is
calcined put to it strong Beets 20 part the sore more & wash with
this water you may use some of the powder if you please before you use
the water wash before the sore be with chensal for 3 or 4 dayes

A purge

Take best yellow 20 grams cream of tartar 20 grams cinamon and
powder of each elittle to take a way the windynesse of it take it in
bread & drink stronge your body before it works of it selfe for then it will
come about

A powder for the windle

Take Army Teels Santa ampans Barbares Gomas orange ylls Lead
Licorice Jana 30 h corrier walls 30 of effren 30 of powder of cerce Ham
all finely mixe them the well then take 1000 parts weight

in white sugar candy & ed broken base of the powder every morninge
fasting as much as will lye on a halfe crown in what liquor you like
take it as much at 4 o'clock in the after noone ye the the for month

For burnes or scallis

Take moffe of an ash tree boyle it in may butter to an oyle or ch
Salale oyle & apply it without as most excellent

In danger of miscarriage

Take some ayntonon consistit and put them into the serrins of Althea
& let them be turned by a Lorne in it & use a pottle whole there in
then use them & purg of the serrins of stone full at a time or there about

A cleansing and cooling way for the springe time

Take Bellary Myl Dam Sorage Indus Succors Carden have sorrel
Egromage Lobster wort and My Strawberry Violet Legues and
the flowers of Dylomarys camphire 20 20 oakes or Lavender gentle
make My the flowers of violets My Amysacke & sweet flammell such
and 30 boyle these in water for 3 or 4 dayes first cleared till half be
waite all when you could frame it & set it in some coole place drawe
of it about the all parte more or less as you finde it to be with
you you may warm it if you please take it in the mornenge
& fast at least a Lorne after it if you desire to have it more
purge use it to the chancill trees set Lorne Sena 20 Carden
leaf 20 if you would have it more open more & prous Lemn dem
than take in it the roots of Succors Baynell & perles and Myl

For Costivnes in a younge childe

Onely any of the Nettle with Milk butter

The ylls of the eye for mine eyes when very sore

De ylls be hucis maior 30 rock & hand or my of Sum cult Dule
and in 10 yll & these ylls are most prep to purge the Nettle

The electuary of Hooke of him to purge my sight

De cons hucis 30 of fumculi Dule gut 10 of Sum cult Dule
30 in 10 Electuary him

A first Aynke prescribed wase for my eyes

De Sama Alex andrina 20 polipodium of the 20 white & changed
and 30 Lignum with a Saffron 200 barries and 30 Amysacke 30

Grind all seeds prepared 3℥ Licorice 3℥m Solonella choice 3℥m
barbe ana 3℥m Rinde of pamarise 3℥m Bottons Eyebright Sage
Swart elder ana 3℥m Mithridate 3℥m para 3℥m gartificially
put them into a linen Canvas bagge to be hangd in 6 Gallons of
of strong Ale worke let all worke together & stand for 7 daye
then after wards drinke adroght of a hand 3℥ of it in the morne
fastinge it will worke 3 or 4 times you may cause kelle if it
you please to be made at a time which taketh away the & yet put
it to the proportion of worke set downe for the whole of
at 3 bronde enough to worke 3 or 4 times

The water prescribed by him to wash my eyes with
To which all the rest heere to powder & then mixe them
with Rosewater straind or plain water & strain
is sufficient for 2 ounces of the water It is a very milde
water wash 2 or 3 times a day with it the powder that comes
from rotten apples beinge still is very good for sore eyes

The Pills

Pilli Coch 3℥m Pilli hercatis 3℥m alio vario pile 3℥m

The ointment for the eyes

Incensu Relati Foti ana 3℥m Seculi 3℥m Jharria Acacia Sparat
ana 3℥m ficut Chambe has modus but yntment of Redd wright
in the water of Birds of Prey

The drinke

described mo's for a hot violent flux after hemmorrhage
Take red wine 3℥m plantane water & red rose water ana 3℥m
Sweeten these beinge mixt with sirrup of yustian sirrup
of Corall & some Mithridate drinke of this here often like wine
let all the breere that the pipe drinke be sweetned with
sirrup of yustian & wat yustian with salada for menthe like
wise it is good to drinke new & then adroght of water sweet
ned with sirrup of yustian or sirrup of Corall likewise
get good dates out of a little at the top & take out the stones
then fill them with red wine beinge set by right in a sauser
& so set them before the fire to roast & at their roasting wet them
with red wine when roasted, take 2 or 3 there of often
to make of the drinke afore said & let her drinke daily breath
made of Cella facts with herbs borne & Quercus china wood

plantane & knight grass & Shepherds purse troyle in it
the cella fact and they are good for her or some
might cure a springer of new melle troyle & this used with the yeare
of an eye often a much fine hole or man acke put in it as will be
on a little Concom in it & sweeten it with a little conserv of
loges if the can take it or the fine juce of the blue to very violent
it would be good to use the arrowhead & if that faile not to open
a dring in the time & let it bleed a little at once & repeate it againe
if need bee and get a cunymge glasse & apply it with more light
to both breasts & underneath them at night when in bed & in the morne
inge wif occasion bee & let them remaine on about a 3℥ of an houre
at a time & lay a cloth upon your breasts for feare of cough & les
warte in this condition from 10℥ to any wayes

For the mother most excellent

of the right myrtle of the oak are it to powder & take there of
Drinke to strengthen of Eyesight
Take Scrimus Bitter Eye Redd Plantane ana 3℥m to about 7 Gallons
of water ad thereto wormwood 3℥m let them be well troyle in it & gorse
layes all you may drinke of the Beere constantly if you please when
you thinke fit

**The temples plasters most excellent to draw Rheum
from y eyes or teeth**

Take facanels 3℥m fine Mastice 3℥m opium dissolved in spirit of Sacke
& essence of Saffron of Bolus morindacke 3℥m muske Amber, resin & oil
of nutmegs ana half a crame a little oyle of Mastice make it in a tub
for plasters accordinge to arte

For a bruise or Swoele

Take broome ptes 3℥m in white wine &inger & clay it to the troubled
place as good excellent

For a dropsie

Take a good quantity of a greene broome & put it in an oven that is cleane
and fire to it but take away the fire & come when the broome begins
to burne that it mingle not with it & when the broome is burnt take
to every 3℥ of Ashes 3 Gallon or 7 quarts of strength wine or water

**Alles of Greene broom light often both cures & keeps a
drowly from returning**

put them both into a skillet or stone pot with a spigitt in it & when it hath bene well mingled to gether let it stand 2 or 3 dayes to settle & then take adraught of it every morninge & if a docke you may if you please put the yllke in a very thin Canvas bagge

For a scull of burnt

Take Gill run by the grounde & ground Oyle percol it & hyle it with fresh butter then straine it & with the coagment of a cleiter croget the fore saye laye whit y per next the eye you may use to any other burne with infused oyle a very good oyle to fetch out y fire & heale it

For the yellow Jaundice

Take Cardus & ercine Droome and My Currons & hyle these 3 ymces water & fill y beconsument then straine it & put to the liquor white wine Or Saffron & drinke of this worne 3 or 4 times per

Pontatum

Take hoggs feet or Lead cut it in coller & lay it in water & lyes change the water every day then wash it till about a jerage it cleane & boyle it in amptor then pare 6 apples & slice them or some water and boyle Lemons pared & sliced with some white Lillye rootes amonge them put all these in an earthen pot to seethe with a little faire water & white Rosewater or Beane flower water or May dewe than set the pot on a soft fire till it sett & scum it cleane & straine it through a cloath into a pane of faire water could when it is could take it from the water & put it in the earthen pot againe & put to it Spermaceti & with some white Rosewater in plantand & juce of Lemons then melt it & scum it againe then straine it into a great earlith beate it with a botle slice till it be could with roze water & you may keepe it with juce of Lemons or some other water that like you

For the stone

Take Cardus & ercine & pound it all y peices & put him into a glass still and juce a spoonfull of the water to any one in great paine it is good like w the aced hearinge & yed & pound to powder & as much of it as will lye on a grate in a small glasse of white wine taken fasten in good

For Convulsion fits

Take of the best cleret wine Or almost of Rosemary Blossoms & Nutmeg cut into small peices & clove & put them all into the glasse to the same slat of stand close cover ed all night then still it & keepe the water close stopp & give it the patient in combustion till after hee hath layen awhile & it reconneteth yro

For an ague

Take the neck of the patient that wauch hee make after his first sleape & tie it by close in a hoggs bladder & change the bladder with the chimney & as the water continues & deface will waste away yro

Preservative against the plague

Take every morninge conferne of Good hony jorrells methridate mixt together the muchnes of a walnut as most excellent

For an extream cough

Take the rootes of Smilax & ana lryel of 3 halfe as much lemons & an equal quantity of Amulseed to the leworde halfe as much of either of these if you will or all & hyle ymces of all these a very fine powder then take sirrups of Maiden haire & hylaps & ana 3 in yure like hony 3 in & mixe them together & take exactly & take it at the best part of a Caster both day & night this cured the Part when hee was brought nearer waake without

For all diseases in the eye & to cleare the eyes

Take greene walnut husks & with a shovoe of their leanes shall they beoether & wash the eye therewith

For a dimme in the eye & yroned

Take new laid egge & beate all the of the end of it & put the yllke out with the white icary cleane then fill the shell with spruce water & set it on the fire to boyle softly & scum it with a feather than put in as much white Cogas as a gray pease & when the boyle halfe away put it in a glasse & mirae & open the eye into the eye

A Cawle for a weale backe

Take a quart of Almonds blanched & 3 reds grinde them very small with a little Ale then straine them with Mustardine Oyle and Ale & then grate a little Nutmeg there in & a little Ginger & jorrells & take of it as oft as you can

For a cold in young child

Take oyle of sweet Almonds fresh drawn & made into candle the
more the better & give the child at one time
of the day upon a litle of the child be Cough mixe a
litle Syrup of violet with some oyle of Almonds & give it a
litle of it morning & night

For Convulsions or Swolne Litige malittle child
Take Sill verve Hamell, Peacher few id sage ana My Barm
Myl bringe all in a mortar together then put them into a stryng
an together with salted oyle Do the best yet the pan over
a soft fire on ben you thynke the child straine it when the
of & anoint the stomack with it warme & with a warme hand
horne & then He is good for the yme Swolne Litige or fallage

Sirup of Rue to cure many diseases in the stomack
Take Rue my Chop it small put there in white wine Do^r Christ
honey Do little by little till it be thicke then straine it &
drye some for a month together take it

For all bone Achee
Take m^r Legermes for ainger lovit the place in a cleath & vinger
An ointment for childrens face and hands
To breake out also for burnes or scalds

Take greene barge of Elder or plantane with broad leaves & as
much baylike beate them small & put them into a shell with sal
lade oyle & set it on a soft fire till it be halfe an houre then
straine the herbs froth & put to the lymd substance bees
waxe & let it seeth halfe an houre then wring it out & take it

Honey of Roses or violets
Take of roses & stonge them & straine forth the juce
put it in honey this is good for any hot feaver

An excellent surfit water
Take a cow bit a gny put it in an earthen pot & boyle there
in as many poppie leaves as it will containe for 3 dayes
then straine them in a Curvas stramer repeat the Copping
then strice & straine it then put into the water English becom
dried & aniseeds beate them small & put in a stone
kates be after it hath stood a month & straine it
you use it mixe with Cow heere of Germe water

For the yreene Sickers
Take live lings or clarie it on the fire then take paye grolly
banden & mixe them together & let them beare one houre
the fire then take the juce of My hearte of orace & the juce of My
of red Sage mixe it with the honey & let it have one boyle
on the fire then put it in a cleath & it in the morninge
warme an houre before you rise & fast 3 or 4 houre after the change
of it with some exercise & likewise at night as much warme
when you goe to bed take of it 3 dayes before the change of y^e moone
3 three dayes before the full & so untill you have made an end of y^e yme

Another
Let horehound & Currins ana My be well tryled together in sove
water & make water Genell there of & let her take there of 3
every mornunge & mornes together & after walke abroad half a mile

A Soople Ointment
Take a Moll Willow roote a litle evore take the pap of a Dome water &
blamekt Almonds pare the roote very cleane beate all these together
in an Mollasher mortar very fine & have it into Ders suet & beate
them together againe then put it in a when you rub your
face with it see it with a piece of scarlet or Hamell for it will
take the my mels better out than the white

For Convulsion fits
Take a dead mans skull beat it into very fine powder also take y^e
roote of the small Dunny & beate it like wise to fine powder
& give the patient a much of each of these as will lye in a grate
in a litle yorringe of red cowes milke hot from the Cow & fast
an houre after let this be given to a woman child & if a Male
childe take it the powder of a womans skull & if the female
young this give 7 mornings together & absterve a Diet not suf
ferme to eat any breades nor any part of any meate from
the girde upwards as shoulder or winge or the like but of leg
& so forth

Oyle of Churche

Take of the best oyle olive or Cowslip flowers My seed in the joint
 3 or 4 dayes till the veruice of the flowers be come into the oyle
 then put into it Bay hyls Camomile & Sage broad leaved Lavender
 Rosemary worme wood vnles hyssop & Gyns wort ana My let it
 stand thus 3 or 4 dayes but not in the sunne then set it upon a soft
 fire & let it simmer but not boyle then straine out these & put in
 the same quantitie of heartse againe and a good M of dulers an let
 it stand 3 or 4 dayes then set it on the fire & let it simmer then
 straine it againe & put into it 3 or 4 G of Rhenish wine or white
 wine & then boyle it till you can see no yuce of the hearts but the
 oyle leakes very cleere this oyle is very good for a bruse to be
 taken 2 or 3 drop inward & outward it is inward alsoe it is approved
 good for the head ache & about the temples there with

For weaknes in the backe
 Take sweet Almonds of the whitest & well cut in a Cloath brate them
 small & put to the oyle of the yolk of an eye backe the skew cleane
 yolk of 3 eggs stamp them together very small & put into it the
 yolk of 2 eggs & stamp them well then take the 30 Muskadone
 & put this by little & little into the stuffe workeinge it with
 the pestill till it be in then straine it through a Cheese Cloath
 straine as hard as you can into the skellet you maane to boyle
 it in then season it with sug & Nutmeg & stir it continually
 till it boyles & presently it will be enough you must take
 fastnes & at night when in bed Chy warme drinke of ten pound
 milke made with plantane water & red rose water & sweetened

Aposset for the stone
 Take sweet Hannell seeds Annis seeds parsley seeds ana 3ij then
 brate the milke an of white wine My boyle them & make appost
 take of the curd & boyle your seeds in it com to a goodnes it warme
 mornes & Evn againe brought but twice

To increase milke
 Make a posset with butter milke or Rhenish wine & Lemons a good draught
 there of mornes & Evn
For a swelling

Take white rootes & flowers My brate it till it be smooth & like a salve
 then put to it a peece of four Leaven a peece of salt butter & the
 yolk of an Egg well beaten brate all this to a salve then spread
 it on a Cloath & brate it to the welkme & it will both bracke & heale it

An excellent corsiall water against syriffs
 Take Spanish Licorice & Safford seeds Slice your Licorice 3ij & sliced
 Quills of the same sliced 3ij Safford seeds 3ij strike 3 pecke of heart
 & sand peppes & Gallens of ana vj & put all these into a run let
 & let them steepe glasses the to day & brate them & till the liquor
 for spirits still your water in lukewarm water your peppes are in there prime

For a settle could in the Limbes which cause the Lemenes & ache
 Take Mustard & Ringier hyle then together fill thick then apply
 it to the places greved waine & spread upon peeces of new Lec
 herem let it remaine on for 3 houres then take & wash it off with
 butter & here this will certainly cure but will cause excessiue
 burneinge & paine for the 3 houres the cured in Delticke when
 she was not able to goe for Lemenes in her legs caused by cold

For a cough from a thin chere & a cold stomach & mist Braine
 Be Soule campana 3ij of Marsh mallow rootes 3ij of quinces
 3xij & if it be a time when quinces are not to be had take Marmalede
 or gludome of quinces & boyle them in faire springe water
 with the rootes till they be soft to bracke then bracke them
 in a mortar with the quinces & passe them through a sieve
 or strainer & for every pound of mixture ad 1/2 of white
 honey then boyle them together but do not over boyle
 them then brate them a way from the fire & for every
 pound of the matter add of Saffron 2i of Cynamon 3i flower
 of sulphur 3i of Licorice 2i incorporate them & well together
 for other it is made but it ought to be aromatized w
 muske & rose water

This marvellous electuary must be taken in the morning fasting & when you goe to bed. This cured Andri aged 86 & had a cough to yeares & hath bene often experienced by my Cozen

For the Toothache

Take a clove of garlick & pound it small then mixe it with some Saffre & make a plaster of it & binde it to the sole of the foote of the contrary side that the tooth is on that paines you pray

For the Whites or scabbes in the Back

Take the pith of an ox Back wash it & skin it and bete it very well with a spoon full of milke put to it the yolkes of too eggs & a little fine flower, a little fine ment & white sugar then shread a little handfull of Clary very small being very clean washed & mix wth it, fry it in fresh Butter & eat it as oft as you can she was better after once eating & well in 3 dayes. Like Angell flowers pund in to a Conserve wth sugar & eat oft is very good for the same...

A very good Black Salve

Take a quart of the best Sallet oyle & put it into a Killet that will hold a bovt three pint for y^e oyle will boyle high & be great & heauy you must take heide it boyle not ouer, put y^e oyle in to y^e Killet, then put a pound of red leade, finely beaten into y^e oyle, stir it with a stick a quarter of an houre together then sett it on a quick Charcole fire but let no flame be: then putt in an ounce of good Pitch, of a Shipp that has been long at sea if you can gett it, then put in an ounce of pure wax, put the pitch & wax into the oyle when it is ouer y^e fire, stir it well allways one way & let it boyle a pace, and when it has gotten y^e Colour, drop a cloth in to it, & if it stick well on the cloth & will not cleue to y^e fingers it is enough; then haue a board a little hollowe, with legs like a stoole, oyled very well, then putt y^e salve in to it, & haue two shins well oyled, stir it wth a downe till it be colde enough to take into y^e hands, then take as much wth will make a ball & pull it extremely, till y^e colour of it be bright then make it up, there must be two at making it for one cannot do it, you must oyle y^e hands wth y^e oyle, or che you can not make it, it is good for Greene wounds, Joreins, Bruises, and Swellings.

Take one whole scale Coma down
 Take bole Armoniacke one dram Sinnamon
 2 scruples make of these a fine powder
 when you use it have a warme cloth tye
 In excellent Water for heate in face

M^r J. Wilby Take 4 ounces of Bitter almonds, a pint
 and halfe good measure of fucetary water
 and halfe an ounce of Mercury sublimat
 in fine powder blanch your Almonds out of
 colde water & beate y^m in a cleane bowl or
 marbell mortar with a little of y^e water to y^m
 & beate y^m a litle then straine it through a
 prett thick cloth & y^e put more water to
 y^e & y^e pour them a litle more, y^e straine y^e
 do for foure or five times but they must not
 be small att last against that is done you
 must have your Mercury ready which must
 be thus prepared put it in a pice of an olde
 butter dish & put in a litle of y^e water you
 left from y^e almonds to rub it very well wth
 your fingers to y^e dish & when it is well
 mixed wth that putt in a litle more of y^e
 water rubbing it well with y^e fingers you
 must not use in a bowle a y^e of y^e water
 when it is killed cause then powre it in to
 your bottill then powre to it y^e almond water
 putt in y^e cork & shake it well together to mix
 it hang in y^e bottill 2. granes of myrr. youe use
 blue a boat it but flie or orth shake it when
 you use it

Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke
 Take y^e same as per booke

This is of
 Salve of
 all wth
 maza
 putting in
 half a
 pound of
 each sort of
 Resin and
 a pint of
 of wine

The Vertues of this Salve
 with this cured y^e fistulas 2 between y^e eyes
 womens bristes thought incurable new & old
 woundes hurt shynnes egles stabs bruises
 it drupeth out thornes breaketh baches y^e most
 mundes & comfort of members prickings bitings
 of venemous stables good for minding y^e braine

Incontinencie in y^e head head ache & toothach
 Inuenes that ache spinites & kidnes Cureth
 the yatica Emerods all acher made in to a
 searcloth It is Cleasing sedoring & engent
 flesh suffereth nye Corruption a quick & sure
 healer of wounds & sorts it Cureth Cankers
 & fistulas exuberated it will stopp y^e in
 nat flowing of neomens — if it be used
 to y^e Navill plaster wise it Cures Agues
 layed to y^e soles of y^e feete plaster wise

For the Issue.

Take pure bisse & fine albanum of each
 a like quantity make y^e in to very fine
 powder & y^e with y^e best Venice Turpentine
 make y^e in to a spreading consistance lay it
 on y^e flesh side of 2: Heeres of sheeps tetter
 and apply it to y^e inside of y^e heeres of y^e
 patient a thumbe breadth from y^e hand
 6: howers before y^e fet comes at least
 remoue it not yn: 14: dayes what ever
 event is when you take y^e of keepe
 the wrists warme

For y^e Greene Siches or paine

M^r Hurth

Take a quart of white wine, a good handfull
 of sentuaries, a quart of a handfull of greene
 worme wood, one ounce stored & put in

whole, put all these into a pott, cover it
 close, & sell it in your oven, with your
 browne Bread, then take out y^e pott
 draine out y^e liquor throue a strainer,
 take of it euery morning 3: or 4: spoonfulls
 fast two howers after it, & some exercise,
 then let her Breakfast be water
 & collage, with in some powder of sentuaries.
 To dissolve a hard Brest, & to prevent
 it from gathering to a sore:

Mother
Adderley

Take a handfull of sage, and breed it
 very small, then take as much of y^e yend=
 erd, fat of a hog, as will just make it
 stick together, w^{ch} take for recess of lane
 or tetter, & tie it up as much as an eye in
 each, and save it under both armes, it
 must be settel warmed, before y^e fier, &
 if occasion be it must be shifted once
 in fore and twenty howers, but its sildome
 used a brace twice, once will doe if it is used
 to in time.

D^r Willode

Take a handfull of greene worme wood to a
 whole egge shell & all pum y^e well together
 & put it betwene a cloth & binde it all
 ouer y^e bruse. if a great bruse it must be
 taken off & fresh applied once in 24 howers as
 long as is necessary, and if any corruption hapen
 salve must be applied to y^e part to open & cleas y^e wound

W. Radices bellous Given my matter
which sortably Cure y^e g^rues in y^e
Guts and piles Diphtheria.

Take the magisterial Bezoartical
powder to the grains of the Opetics
which goes into y^e making of your confection
de hiaci with grains: ʒi. driscordium halfe
a dram Confection of Askermis wth out Musk
and Ambergreen one scruple make abols
of this. This is enute for 3. Takeings
given in a spoonfull of sinomon water when they
goe to rest

a good purge for the distemper.

Cured my mother
many sufficient
Laying a dose of the
of the same night
as a gentle effect
small quantity of
as section requires

Rubarb fortified Theriac grains given in a
draught of rose drink sweetened with sugar. ^{fasting}
for the wormes; M^r Willbee.

Take Bears foot dry it & pound it in to powder &
give to the diseasid party as much of it as will lye
in a glass in a morning fasting in perfect drinke.

To wash the eyes if they tender & sore with
Lume B^r Willbee.

Take a quarter of a pinte of Rye water, steep in
as much as a Pea and if very rather a les quantity
dissolved in the water by lying in it, with this
wash the eyes as oft as you please.

For a laske in children.

Good Take to a quart of new milke an ounce of hart
herne boyle them together till halfe be consumed
sweeten it with conserve of red roses so give it to drink

For a Bruse or Strain

Take a Table spoon full of limeson
a Teaspoon full of Sardinianum
and a little salt,

Rub the part, till well

An Excellent Ointment.

Take ʒijss fat, fresh without salt
bate them in a stew pot, on a
very slow fire, or boile them
take the Booth and let it stand
till cold, then take off the Oil
and then boile it in a little soft
water, to clarney for it,
then take of the oil, which
is the ointment, fit for use
Mus. J. Dowell

This Ointment very good for bad
breasts, bad legs, childrens, bad heads
or for any green wound &c.

An excellent Plaster to draw humors
from the face and eyes. *notar*

Take of gumme tragacanth halfe an ounce, mastiche
and olibanum of each three drames, of bole armoniac
armoniacke one drame & halfe, of mirtle seeds
of persian seeds, and pomegranate flowers, of each
one drame, of Burgandy pitch six ounces, of Carrana
strayned twelve drames, of gumme ellimo three
drames, Venice turpentine halfe an ounce, make
it up as followeth, let all the gummes and flowers
bee made in to fine powder severally, then take
the Carrana gumme ellimo & y^e pitch & melt y^e
together over the fire, when they are well melted
put in all y^e powders, and mix them very well,
then put in y^e turpentine, & after having stir-
red it well in, take it from y^e fire, and when it is
cold enough to bee touched, butter y^e hands, make
it up in a rowle, & keere it in a bladder, it must
not bee boyled at all *very good*

An excellent sweet plaine to
draw humors with

Take halfe a pound of Virgins wax a quarter of
a pound of Venice turpentine, three ounces and
a halfe of vermilion, one ounce of Red Lead, one
ounce of peras Loos, two graines of muske
melt the wax & turpentine together then put in
the powders being finely ground up all well and
whilst it is ~~hot~~ most recently hot dip peeces of linnen
in, not too long when cold spread y^e & cut y^e as you will

This Smale
Elix. Recover
now Adherley

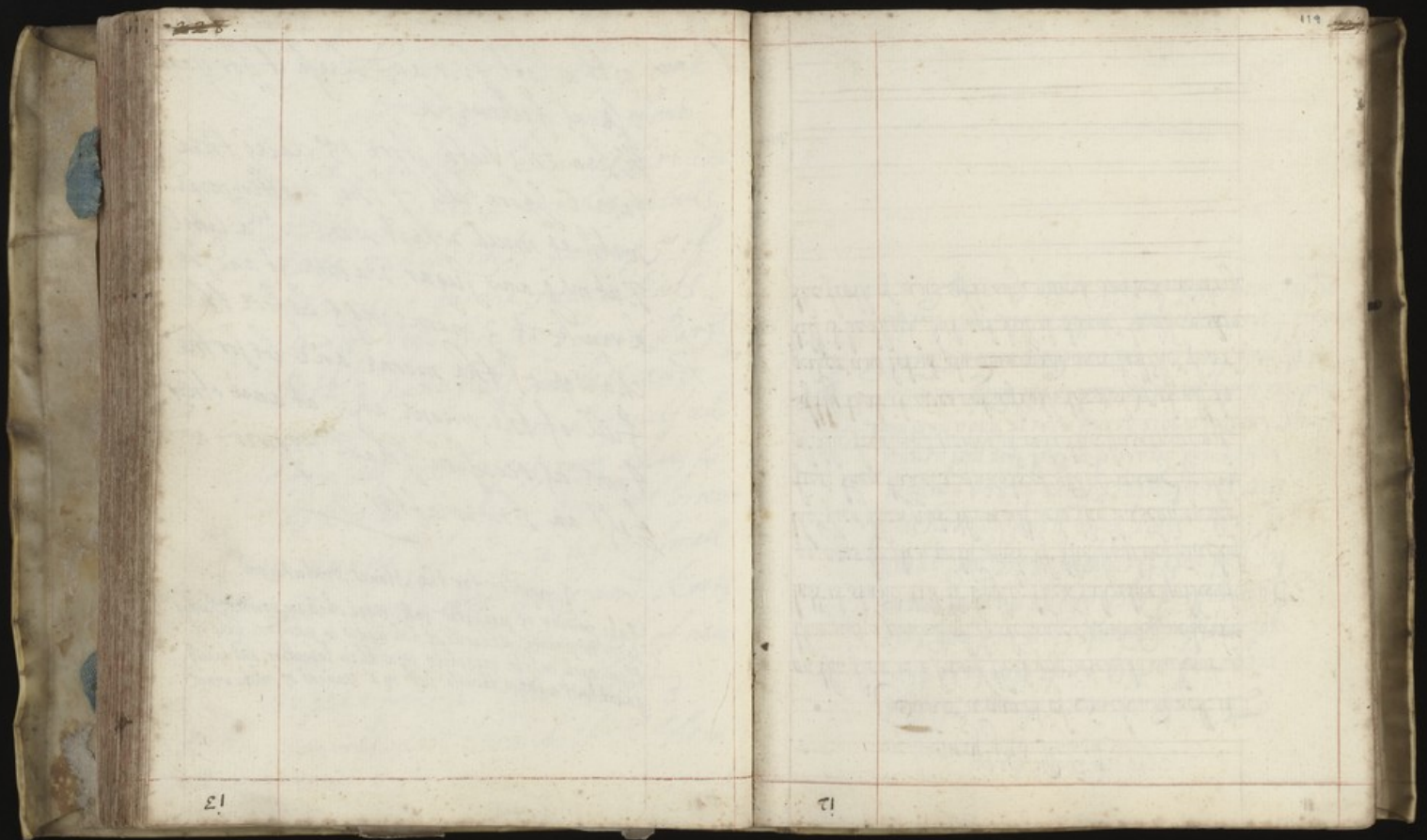
Lucatellus his Ballowing; Auct. C. O.
Excellent for many things

Take a pint of the best Canary a pint of y^e best
Salit epsle and 2. ounces of ylle of Singsolin, w^{ch}
beate them all well together in the mortar, then
put to it 4. ounces of wax cut thin, which boyle
with the sack, and oyles halfe a qt. of an flower or
les, then shake in gently 2. ounces of Red sander
les, being finely sertes, let all these boyle softly an
hour, then take it off the fire and paper in y^e paper
& 8. ounces of Venice turpentine, which must first be
well beaten in 2. oz. water of faine water till it
looks very white; let the balsum on the fire a
gaine and let it have but one warme, then take
it off and put in 6. pennyworth of natural Balsome
they straine it through a new course cloth in tea
the backe, then put it after you have put y^e sanders
in you must be care to stir it continually with a wood
stick till it be strained, *very good*

A receipt to procure Urine
and to break the Stone
Take Saxifrage Running fine and
parsley of each two handfulls
horse radish roots 3 ounces & of
the biggest garden radish Roots
parsley seed bruised 3 ounces Parsley
seed 3 handfulls smalage and
ground Turp of each a handfull
Bruised or Rubens roots alling to
be like in English buckhorn broome
2 ounces Press the herbs small
and bruse the seeds and roots
put them into two quart of new
milke and let them stand 3
howres and then distill them

with a soft fire and keepe it for your
use as followeth
When this hath stood 15 daies then
take 6 spoonfulls of this matter mixed
with as much whet wine with a little
Nutmeg and sugar warme it and for
drinke it 3 mornings before the
change of the moone and before the
full of the moone and at any other
time as occasion shall require and
last an howre after.

A powder for the Stone, milke, &c.
Take powder of prepared yest. Egg shell in powder. Parsley
seeds in powder. Kernels of salt Keyes in powder. Take of
these each a like quantity mix them together, and take
quantity of a large thimble full in a draught of white wine.



To Make Cheescakes

Take a pint of Cream when it begins take 7 eggs

if they be very yellow take out 1 or 2 of the yolkes put

them being well beaten in to the cream when it begins

to curdle, then put in to it a quarter of a pound

of sugar, and a quarter of a pound of Curlew

Butter half a quarter of rich put in to the Curlew

the butter in to beets in to it with 3 or 4 spoons full of

water and make the rest of it and when it is well

mingled lade it upon a table and soe roule it out

into 3 square Bys, and soe put your Curlew in to it and

make them up

Take the whites of 6 eggs and put them in a quart

of good Creame if you would have white put in

yellowe the yolkes with the 6 whites

and after you have beaten them well put in a little

of good Creame and soe season it with

the yolkes well beaten with the 6 whites

and soe season it with

the yolkes well beaten with the 6 whites

and soe season it with

the yolkes well beaten with the 6 whites

and soe season it with

LEPOM
an egg
1/2 lb

To Make good Biskets

Take 12 Spoonfulls of rice water 4 eggs 2 of the whites being

taken together a pound of large sugar finely powdered grate the

bread, beat all together till it is well mixed, put in what yolkes

you please, then put the plates and set them into a oven rich

must be as hot as for mackerell

if you will you may put katie a of Allin

in some Biskets very finely beaten, with must be beat with

the yolkes & sugar, you must allow a little more

water for the yolkes if you put there

the yolkes & sugar, you must allow a little more

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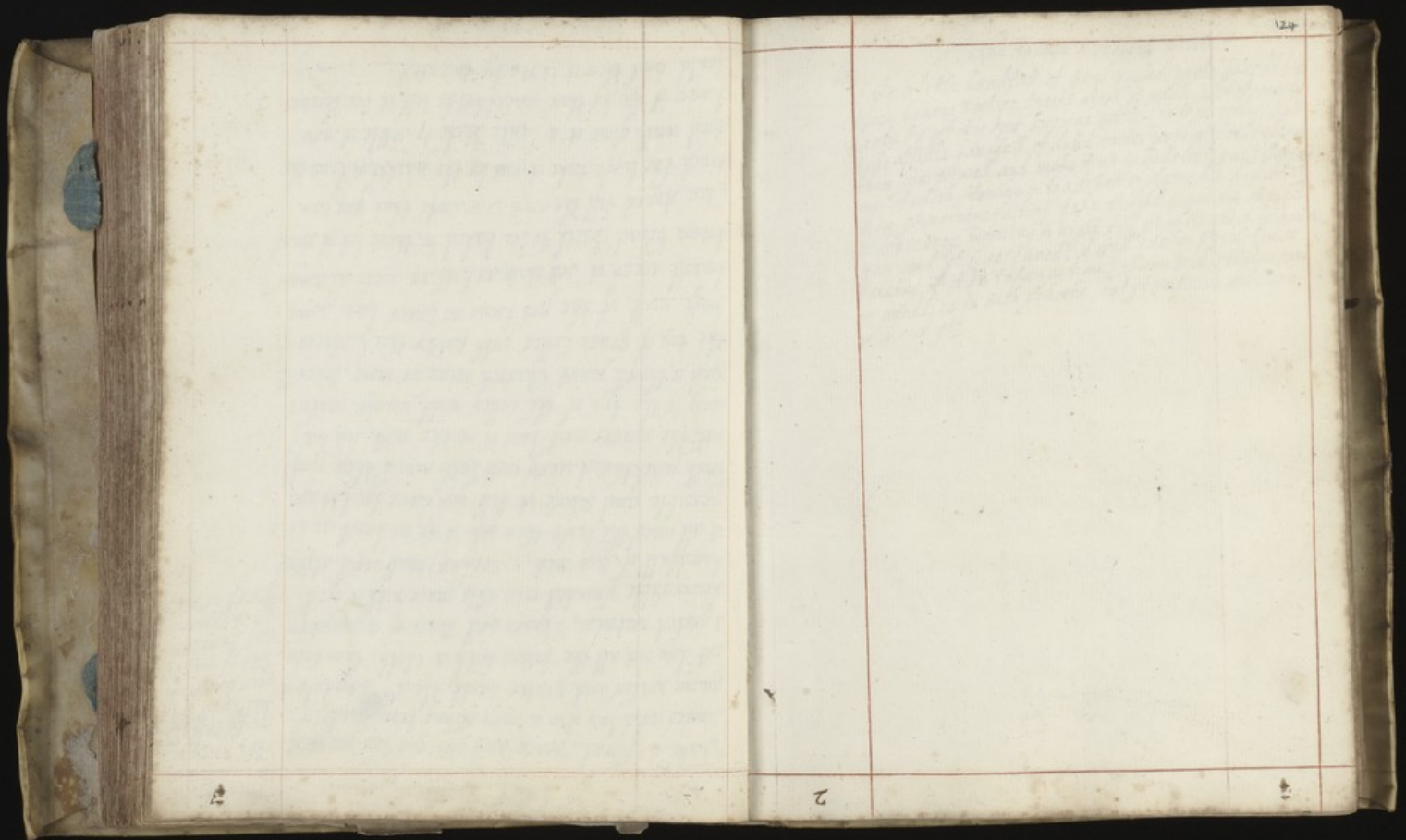
water for the yolkes if you put there

the yolkes & sugar, you must allow a little more

water for the yolkes if you put there

the yolkes & sugar, you must allow a little more

water for the yolkes if you put there



A drink to cure a Peule of the murther

take a little handfull of gras called herle gras it has
 greene leaves & white specks about ye middle part of every
 leafe by wh^{ch} it is best knowne get it cleane of ye rootes and
 take a little handfull of clavic rootes wash ym for the cleave
 then run ym well and make it up in balls as big as hulet eyes
 one of which straine in to a draught of strong Ale and drink
 it in ye morning fasting take y^e like quantitie at night
 to doe every morning & night till ye white speck be quite
 gone and y^e eye cured; it will cure in 3 or 4 times
 or possiblye in with y^e herbs but y^e medicine will cure
 with out ym

A Plaster for the Back

take Turpentine of best sort but one, y^e best belemnite
shaved and brayed very fine as much as will make y^e
Turpentine of a pretty red Colour, when it is well mixt
spread it on a peice of new leather on y^e one side of the
leather spread it not too thick, then scrape a little
Franklinence all over y^e plaster so that it tog, small
of y^e Back & let y^e Plaster be longer y^e brayed & rodded
as one end y^e other & y^e head end should downwards
neare to y^e bottoms of y^e Back Bone it must be laid on
with out warming, and worne till it dries of itself

To cure a Sogness

heat Turpins in a cleane thiane hott being have cover
and tyo y^e hott over very clay, being full to y^e top, set
it in aoven with indyed head, which hadl spees y^e liquor
from y^e Turpins and let y^e sick drink night or morning
or both of it either warme or cold what quantity they
please & apply some of y^e Turpins warme to y^e navell

Blas salve most excellent

How to make
Eliz. Obcover
How to
Eliz. Adderlay
in y^e month of may take marggetts flowers leaves stalks
one handfull, as much Camomile, two handfulls of anise
Major with y^e stalks, wash y^e herbs cleane & dry y^e in
a cloth writh drie, then bruse them a litle in a cleane
mortar, then put y^e in a cleane hornet or kettill with
three pintes of the thickest Creame, y^e can be had of
y^e top of y^e Creame hott, or a pound of Butter wash
and without salt, mix y^e herb with y^e Creame or Butter

very well and set it on the fire to boyle, lestively till y^e cream
be boyled to y^e top, or till y^e Butter be green, then take it
off the fire and Straine it into a hott to keepe for use.
the best way to knoe if y^e rained or y^e cold had be blasted
is to enoynt the place so rained with this oymnt and
if it be a blast it will in a litle time come to y^e greene
harty to be of a glowing heate all over, and y^e haine
will suddenly be led, it must be oymnted twice or thrice
in a day, y^e many yelds y^e have black bottoms are best son say

For the Rickets mis Chilllocks, smaggle, & other
of the Ingredients

take figgs Raisings of the hune of each one pound
Licopico 2: ounces, Anniseed and Coriander seeds
of each one ounce, Hibon, Liverwort, and maiden hare
of each 2: handfulls, 4: handfull of Celery root and
4: pennyworth of foxferm roots.

foxferm
which is
Male fern

The drinke

Stone y^e Raisings quarter y^e figgs slice y^e Licoris
then divide 3: pennyworth of y^e foxferm roots with all
y^e ingrediences in to 4: parts, boyle one part in 2:
quarts of spring water till one quart be consumed
then Straine and sweeten it with Browne Sugar Candy
and let y^e Child drink of it as often as it will.

The Powder

let y^e other pennyworth of foxferm roots and some
Anniseeds, then mix 3: parts of y^e foxferm roots with
one part of anniseeds and beate them to powder and give

the Childe as much as will lye on a grate, every morning
fasting in bere or spoonmeat.

If cure is best
in the Spring
if the child is
cold in April

M^r Chillecke seldom undertake to cure y^e children
in winter, & oft Blads y^e in y^e Eares in order to their
cure, and allwaie gives with the afore said direction
a small quantitie of oymnt with directions to
be used nine nights putting y^e Childe into its warme
bed as wone as it is oymnted, it must be rubed in warme
with ones fingers Just at y^e top of the Chest be
twixt y^e two bones at y^e botom of y^e neck, rub it round
with y^e fingers & not stred y^e breast, rub y^e Ankles
well with oymnt and so wth y^e back of the Legs.
all manner of milke is ill diet for the Rickets.

To make the oymnt for y^e
Rickets.

Take Lavender. Rosemary. Sage. Allchoffe. fime
Bayes. Myssop. Costmary. Camemelle. of each
of these herbes a handfull shred them small &
mix y^m and pound a little with 2. pound of fresh
Butter rub it in cleane kittle & cover it close next
day sett it over a small fire and let it boyle gently
till the herbes be dry, then straine y^m out and keepe
y^e oymnt in a bot for use. it is best to be made when
y^e herbes are all fresh & full of verue, y^e Butter must be
savored in y^e mouth of mas & not a wine in a bot unwashed
and without salt. *Lickets was cured my Kety
and best of the know this remedies, by Gods blessing
and obtaining of y^m healing y^m warme in France making
y^m as cheaf of y^m horrible with scurving and sucklike*

exercise a good maxime that giving y^m of it a little at a time
and often, and but little if any milke makes it seem ill,
for y^e distemlow, and I righted their Breast back & sides
lines & Ankes with sweete oymntment hot at bed time and
lett y^e warme in France making y^m warme in France making
This disease is best known in Children by y^e largnes
of their heads their weaknes & faintnes want of strength
to goe alone, narrownes of their Breasts, thicknes of their
Leggs and many times knots upon their Legs if it
take y^m verie young they will not thrive nor grow well
if it come on y^m of for they be of any convenient growth
by any siknes or y^e nurses being wth Childe or sucklike
they will shrink of their flesh on all y^e Lower parts &
y^e weake and many times looke very fresh & faire in face
y^m are also generally very thirstie, it is good to let
them seeke as oft as they incline to it willingly

A medicine for sore eyes.

Take a quart of y^e best Claret two handfull of
Red Rose leaves boyle them almost halfe away, then
with wash your eyes, and at nighte binde some of
the pulp on y^e eyes with a linnen cloth as hot as you
can endure it.

The Blacke Salve

R^l of Pitch, frankensence & Rosin ana
 Pitch of a Sheeps suet. $\frac{1}{2}$ lb of Saffron Cloves
 and mace, ana $\frac{1}{2}$ lb, of Labdanum $\frac{1}{2}$ lb, of
 Comin seedes halfe a pound dryed, beat the
 Gummes, spices and seedes verie small & shred
 the suet in small shavings, first melt the
 pitch in a vessel that may seeme much bigger
 then to hold these ingredients. for otherwise
 upon mixing the gumme spices & the rest there will
 be much difficulty to keepe it from seething
 over, after y^e pitch is thoroughly melted pour
 in y^e frankensence rosin & sheeps suet wth the
 seeds & spices one after another: stir it continually
 wth a stick in these ingredients leasurably, let it boyle
 one houre wth stirring some of it upon a quart
 & being colde it will not stick to the vessel the whole
 is boyled enough, then the party that is to make
 the salve must annoint their hands with Oyle or
 butter, the salve being set of the fire to coole,
 & wth it is of a temper to handle it must be made
 into roundes: when it is to be used it must be spread in
 plaster rose, upon the rough side of a sheeps skin of
 a glowers dressing or tanned leather & layd to the soles
 of the feet, lett it rest till it fall of, wearing socks

The vertues

This plaster draweth downe the gonorrhe or any ill or super-
 fluous humour from the head or body, it breaks Imp.
 ostium helpe y^e sight or hearing, it hath been found
 good in the cure of ~~hemorrhoids~~ dropses in y^e body,
 it hath drawne humors from any sores oyle or newe & swell-
 ings y^e salve applyed to any such wound or sore may
 have its power to worke with more facility

An Excellent Ointment to Cure y^e Piles: m^c Litchford
 Take white Ointment with Camphire, & quarter of
 an ounce, Ointment of Populeon halfe an ounce
 these together wth Oint^y of Saind Iacob, or make plasters
 with Coker wood, upon which lay of Ointment &
 apply it to y^e sore place

To Make Ointment for A Bone or Scald: M^c

Take one pint of Wine Vineger, one quart of Sweet Oyle
 one pound of Letridge of Gold
 Put all these together into a Pan & take a Whisk & Beat
 y^e all together till it comes to a Salve

Take a Clean Bellitt & put into it one ounce of Rosin
 which being melted put to it three quarters of an ounce of
 Wax & when it is melted put in halfe a pound of tryed
 Hogs Grease, & as soon as it is melted put in one Spoon
 full of ordinary Honey; & when all these are melted & well
 stirred together put in halfe a pound of ordinary
 Turpentine; & as soon as it is dissolved take it off of fire
 & put into it one ounce of Verdigrise made into very
 fine powder, Stir it well altogether but be carefull it
 run not over for if the Verdigrise will cause it to rise;
 if set it againe upon fire till it begin a little to
 Siner, if take it off for if you suffer it to boyle it will
 burne Red & loose its vertue of healing & become a Corro
 sive; if Straine it through a Cloth into some Earthen
 Pott & keep it for your use, laying something upon it
 pott to keep it dust out, & if it be not Strained it grow
 and in the bottom will Corroasive a sore & not heal it;
 this cleanseth a wound be it never so foule or infected
 with Dead proud Sprungey or naughty flesh; it
 carnisifieth & healeth a wound abundantly, & if all soe soone
 by & finally as if it doeth never more break forth, it
 draweth forth Thorns, Splinters, Nails & all such

Run it through a
 Canvas Straine
 not covering nor
 squeeze it at all

things in q. flesh, & in a word it cureth all sorts of
sores & Wounds, In man and best

Take a pecke of Sea Turneps glass, a handfull
 of Roman worme wood, and the same quantity of
 ordinary worme wood: two handfulls of Rose Sage
 and a few topps of Rosemary, let all these be
 well pickt, washed, and well dryed, and then
 put them to a quart of white wine, and a
 quart of strong Sacke, with two Spoonfulls of
 Rose Marsh-Mallows, Scumpe, put these into a quart
 stoneware Jugge: Close stopp it with Cinke
 Measles, and turning, a wine glassfull. but
 if the patient be very ill: a bag of Iron
 well prepared must be hung in it, this is
 to be drunke ten days together at the least.

The Cordiall water for weak Children
 and those that are inclin'd to fits.

Blacke Cherries 5 poundes Hang away the stalks
 Rosemary the finer topps half a handfull
 Balm ore handfull, Sinecer 2 Ounces Nutmegs
 half an ounce put them into an earthen pot
 and ad to them 2 quarts of the best Clarified
 wine

let them be chopps Courard, and stand
24 hours, then distill it in a paper vial
still with a quick fire, and to usury
yale of water, put 2 ounces of white
Sugar Candy, being finely strained your
Sinnamor must be broken into small
pieces, and your Nutmegs sliced.

The Fistula Water Lady Brutaich

Take 2 ounces of Bead Allome, & two ounces of white Coppine
burne in a fire shovell, & half an ounce of precipitate =
finely ground, take a Gallon of spring water, let it boyle
till it is cold, & bottle it up; This is for a fistula in the Eye
or any other part. It is payson to be taken inwardly there-
fore be always Carefull where you keep it.

A Blistering Plaster M R

Take one Dram of Salt that is dry, two ounces of Melilot Salve
of this to be made in fine powder & as much Melilot Salve as a
Larg french Walnut worth of Salve betwixt the fingers of hands
till all the powder is moyst in it, have a piece of Ships Leather
finger breadth broader than you would have, blisier & spread it
of a plaster in the Beak on to make it stick, & put it on fingers
of Blistering Salve as you would have it, but it must not come
near the fire, take of the vertue of the flies this is a very strong
blister & will surge severall times if kept cold up together.

For the falling Sickness M R

Take of the Common Stinging. Pettle seed dryd & beaten to
a powder as much as will ly on a Shilling put it into two
Spoonfulls of Black Cherry water & as much White wine
let it partly ground Take it in the Morning & fast too
howers after it Continue this for a whole Year ~

For the falling Sickness M R

Take to half a pint of good wine Vinegar a pint of Rose
Water a handfull of dried Sage & betony together boyle
till a third part or more is wasted, & powder it in to a
pot or bag so let it stand covering it when new cold till
next Day (but you must put in white salt as much Allomas
will make it a little rough upon the tongue) Then strain it or
let it ran cleare from the Excess of the hot oil, if you must
have a bowt a Dram of it, but much beaten to powder is
mixe in a litle round betwixt Dish or pot in a very litle
of the liquor grind it in a Laise haft or any thing that will
incorporate it well so put in more till it is all fine mixed
the powder it into the hot oil so stop it & keep it for your
use must be every Morning constantly or often if need
be, it recoverd my tooth that was shot soke & so sore be-
cause it out every moment; If the more doe not trust privity strong
you must put more

For the falling Sickness M R

Take 2 ounces of Beas Matton Saet, & half an ounce of
Vergins wax a quarter of an ounce of Spermacilly and a
quarter of an ounce of Oyle of White Lillies, dissolve it all
together & dipe in some old fine holland cal in the shape
of a fore head Cloth & you may wear it on both sides
This is said to be an Excellent thing ~

To Cure Measles in y^e Face M H

Take White Coprus Camphire of each 2 Drams Also
halfe an ounce of Rimston or Dram & a halfe beat all
these into fine powder put y^e in a Glass to a Linke
of Whitewine shake it 3 times a Day let it stand
4 Days y^e Clear it of & wash y^e face wth y^e thinsit
& when you goe to bed y^e bohem of it & noynt y^e pinode
let it not touch y^e Eyes at y^e same time take every
Morning 10 or 12 Beasons of y^e Sun steeped over night
in flowe of sprenfulls of Sack & drinck y^e Sack after y^e.

Syrup of Camomil M H

Take Camomil being first wash'd & a litle chard full a good
big Sagg wth it as full as you can thrust it, y^e put as much
spring water upon it as y^e Sagg will contain after it is so
thrust full of Camomil, y^e parte it over y^e top & set it in
y^e Oven wth brown bread, & let it stand till y^e hear y^e bread
y^e strain of y^e Liquor & Clarifie it wth whites of Eggs &
boyle it wth as little Sugar as is possible to Syrop. if you desire
one to keep it for any time you must ad. Sugar accordingly
otherwise y^e lesse y^e better, Take of y^e Syrop a good spoonfull
in a Morning & at 4 in y^e after noon in a litle draft of
small Ale.

The Digestive Powder M H

Take of Boriander seeds halfe an ounce, sweet fennel seeds &
Anis seeds of Each 2 Drams, Cardians & Caraway Seeds of
Each one Dram, Cinnamon & Cloves of Each halfe a Dram
let all be made into fine powder, y^e add twice as much
Sugar, as all y^e rest let it be well Mixt, y^e party may take
one Spoonfull after Every Meal.

The Boriander Seed must be prepar'd, thus, let it be steep'd
in Wine Vinegar 24 hours y^e dry it, & beat it to powder.

For A Violent pain in Head through

ill Digestion & Haves M H

Take an ounce of Cloves, 2 ounces of Cardianum Seeds 3 ounces
of Cinamon made into fine powder & take a Spoonfull in a
Glas of Sack every day after Dinner & after Supper.

For A Leasels or Gripping of y^e Belly M H

Take y^e Yolks of two Eggs new laid well beaten y^e put to it six
or seven Spoonfulls of Annis seed Water & a litle beaten Cinnamon
& sculten it wth Less Sugar it is best to Steep after it.

Take 4 Quarts of Spring water & one handfull of each of these Herbs Rosemary, Woodbine Leaves, Cowberry Leaves, cold Ram Ha, & Broom Sage, boyle all these together till halfe y^e water be wasted y^e strain it out & put in while it is warme a penny worth of Bech Alon, & as much fine Honey as will make it palatable, & if tis cold put it in to bottles but let it stand till tis clear for it will be very thick at y^e bottom y^e Drink a Glass of it first in a Morning & last at Night & if there be Sores wash y^e with this water 3 or 4 times a Day & it will make a perfect Cure, as much Alon as will make it Conveniently Sharpe, Six Quarts of y^e Frank in y^e Spring & all y^e sal perfectly cured a Young Gentleman of the London G^o & Surgeons Cole not hee take a Durg at first ~

Take y^e Roots of Common Flew flowers de Lewis, Scrape and Clean y^e very well prand y^e in a Stone Morter, Strain out y^e Juice & take Ten Spoonfulls & as much of y^e best White wine & quarter of a Spoonfull of Sugar & as much Cinnamon as will lye on a 2 pence mix these together & shake y^e very well in a Glass Bottle, & take one half of it in y^e Morning at six a Clock Take warme & fast 3 flours after y^e drink some thin broth made of Veale or Chicken & now & y^e while it works & fine at 2 or 3 a Clock of boyled meat, & drink moderately of warme Beer; at Night when you goe to Bed take 4 or 5 Spoonfulls of this Syrup & y^e next Morning w^h you awake take 4 or 5 Spoonfulls more, y^e 3^d day y^e salt to Sweet for 3 or 4 flours y^e doe two Dares, y^e 3^d third Day. After, take y^e other half of y^e Darge & observe y^e same directions if y^e first Darge should not work very well you may add an other Spoonfull of y^e Juice of y^e flower de Lewis you must take y^e Syrup a while after you have taken y^e two Darges, & ob^o serve y^e same rules as before, keep your Chamber a fortnight & have a great care of taking Cold w^h will be dangerous. ~

To Make y^e Surrop

Take 2 Quarts of well Brewed Ale set it on y^e fire & Scum it as it heats till it boyles, have ready a handfull of Alicompene Roots, scraped & cut in thin pieces, one ounce of Lichens six Springs of Soap & boyle it very well till it be half wasted y^e put in one pint of Honey & let it boyle till y^e Honey be mingled w^h it & scum it well if you have good Soap make, put in half a pint & leave out y^e 5 prigs of Soap, you must also put in y^e quantity of a Walnut of Venus Treacle & a good Spoonfull of ordinary Treacle & a little Saffron. ~

The Gentian Water in comparable good

Take six Quarts of White wine, steep in it one pound of Gentian
Century tops halfe a pound, Common Dock roots scraped & sliced
½ lb of a pound, of Rabarb thin sliced one ounce, of Gentian root
be thin sliced, & of Century cut small put all these into y^e White
wine to steep in a lagg earthen Pot close tied up for 4 Dayes
stirring it once a Day, let it stand warme but not to boyle y^e
Still y^e in an ordinary Still wth a slow fire, past down y^e Still
to keepe in y^e strength, & let it drop till it beine to come
sower & so mingell your flaret & last together

This makes Clereth y^e body of all maner of diseases it is good
for all Impostumes, it makes a good Colours it repells the
Stone, it breaks y^e Stone in y^e Urine, it expells & putteth
away waterish humors, it purgeth y^e Gallen, it helpeith
all wounds when in y^e belly, it purgeth all Colles & corrupt
blood, it is good against all poysons & bitings it is also
cleas y^e sight, is good for norms in Children

Hungary Water Cor: Okeovers

Take two handfulls of Rosemary tops, and two
handfulls of Lavender tops, & two handfulls of
Sweete. margerion, put all these into your pott or
stone still in, then pover one Gallon of Brandy
upon these herbes, and so paste your Lymbeck on
the make not too greake a fyre for feet it burnt up,
you may Draw two quartes of good water off of one
Gallon of Brandy wth A nother of Small for any
use you please, when you thinke the strength is boves
take A peece of white Cap paper & dip it in some
of the water & when y^e paper is all over well sett
fire to it and so long as the paper doth not burne
but onely drye it is strong enough to mixe with the
first bottle as run of,
y^e is good but I thinke a double quantity of
Rosemary or rosemary flowers may be better

To Make y^e Cordiall Tincture good for a Rheumatism¹³⁷
 Take a pinte & halfe of y^e good Brandy & a quarte of
 Strong oyle, & put y^e both in an Earthen Jugg & put
 these ingredients into y^e

Take two ounces
 good Rubarb in grosse powder halfe an ounce
 Manna halfe an ounce
 Creane of Tartar in powder halfe an ounce
 Julap a pence worth in fine powder
 Damask Rose Leaves 2 pence worth.
 Charisseds halfe an ounce
 Caraway Seeds halfe an ounce
 Cumin Seeds halfe an ounce
 Let all y^e seeds be in fine powder
 Againsts of y^e Sun storred one pound.

put these things all together into an Earthen Jugg
 & stop it close up & set it in hott Embers to infuse
 24 or 26 HOURS & wth could strain it hard out
 & keep y^e Liqueur in Bottelle for use; Take every Night
 3 or 4 Spoonfulls of it warmed, & soe many Spoonfulls
 of it warmed every Morning; & Drink a Draught of
 warme posid drink or broth after every blood & last
 one Course after it; el morning or two you may
 take more or less of it as you see it worketh wth you;
 & wth you have strained out y^e first Liqueur put 3
 pintes of strong oyle into y^e Jugg & keepe it hott by
 y^e fire 24 or 26 hours as you Did of first Liqueur

if you strain it hard out & keep it by it self & it will be
good to drink of good Draughts of it Night & Morning
warmed; but not so good as if first Lettuce is

The Names of y^e Cyles to eluciynt where y^e pain is
are as under written

Cyle of Amber	Cyle of Caster compound
Cyle of S ^t . Johns Wort	Cyle of Camomil
Cyle of Coseter	Cyle of Swallowes
Cyle of Turpentine	Cyle of Foxes
Cyle of peler	

of each sorte of these Cyles one penneworth

Cyle of Spyle two penneworth

Cyle of Tacamahac two penneworth

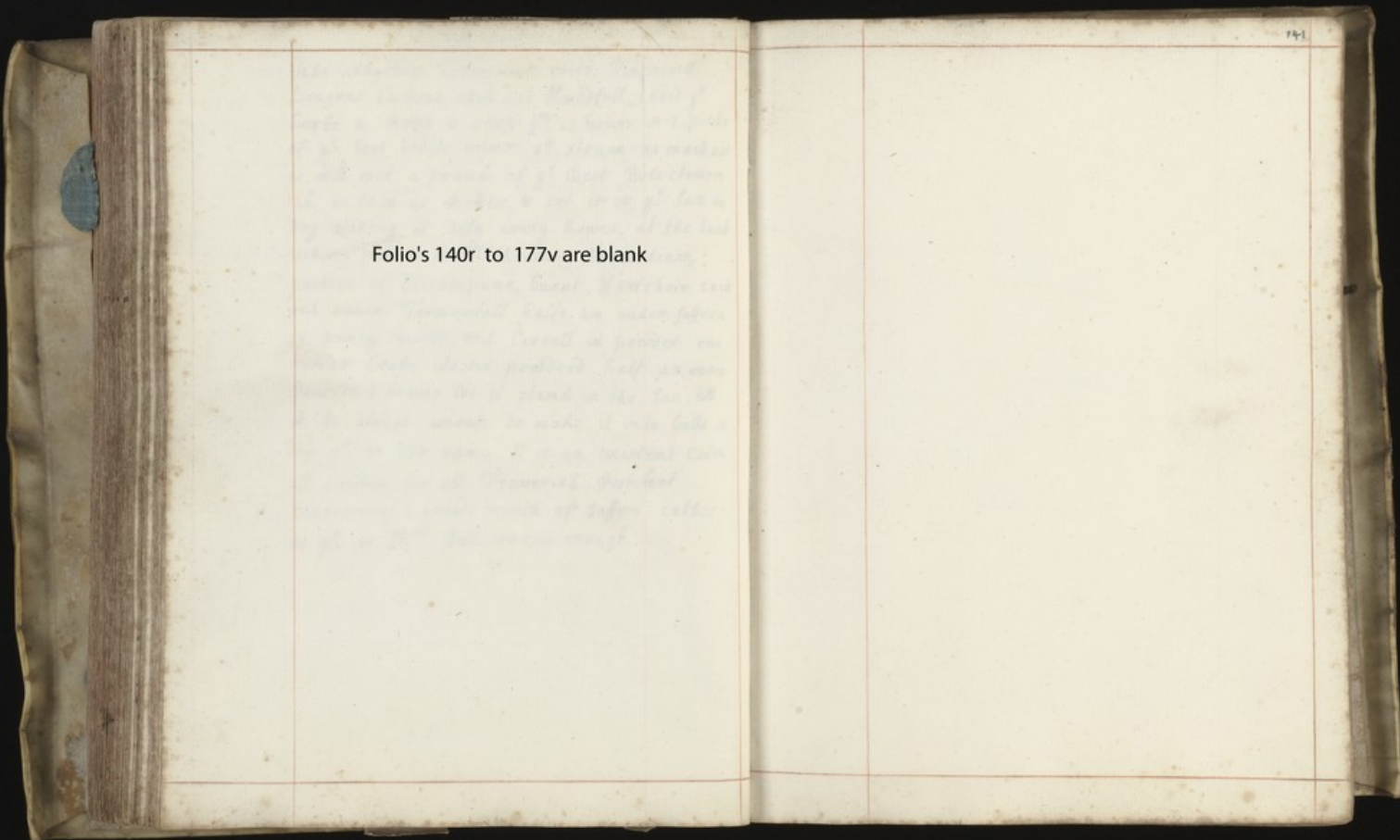
The Cyles to be mixed all together & warmed & rubbed
in wth a warme hat. before y^e fier be wrapped in
flannel.

if Cosen Betty made use of these things she should bleed
twice or thrise but but a little at a time Cos. Thornby
had bled too much ere he had these remedies so had
we occasion. but others y^e have used it & found great
benefit by it did bleed a little & soe y^e he had Cos.
Thornby he must have done had he not bin blooded so
much before. if Cos. Betty would be perswaded to make
triall of these things. I hope y^e would receiue her a great deal
of good. Tho. Smith was extremely ill of this disease
of last Spring so ill he could not stir further y^e he was
helped & recovered him. Sometimes y^e could not get all
Cyles of y^e place so have made use only of those y^e could
get. When she begins to take of y^e Turpentine she should
continue taking it till y^e whole quantity be don.

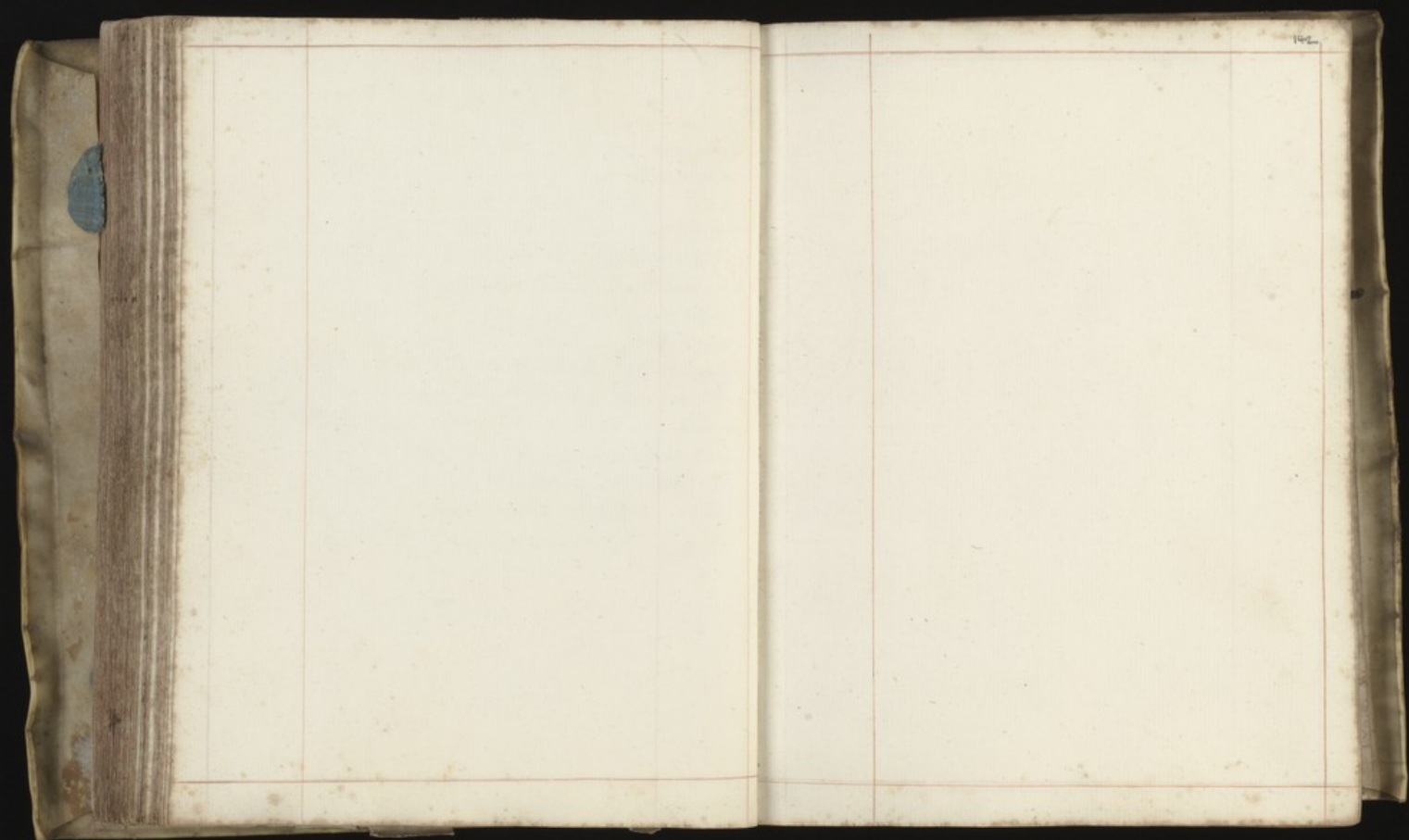
if you strain it hard out & keep it by it self

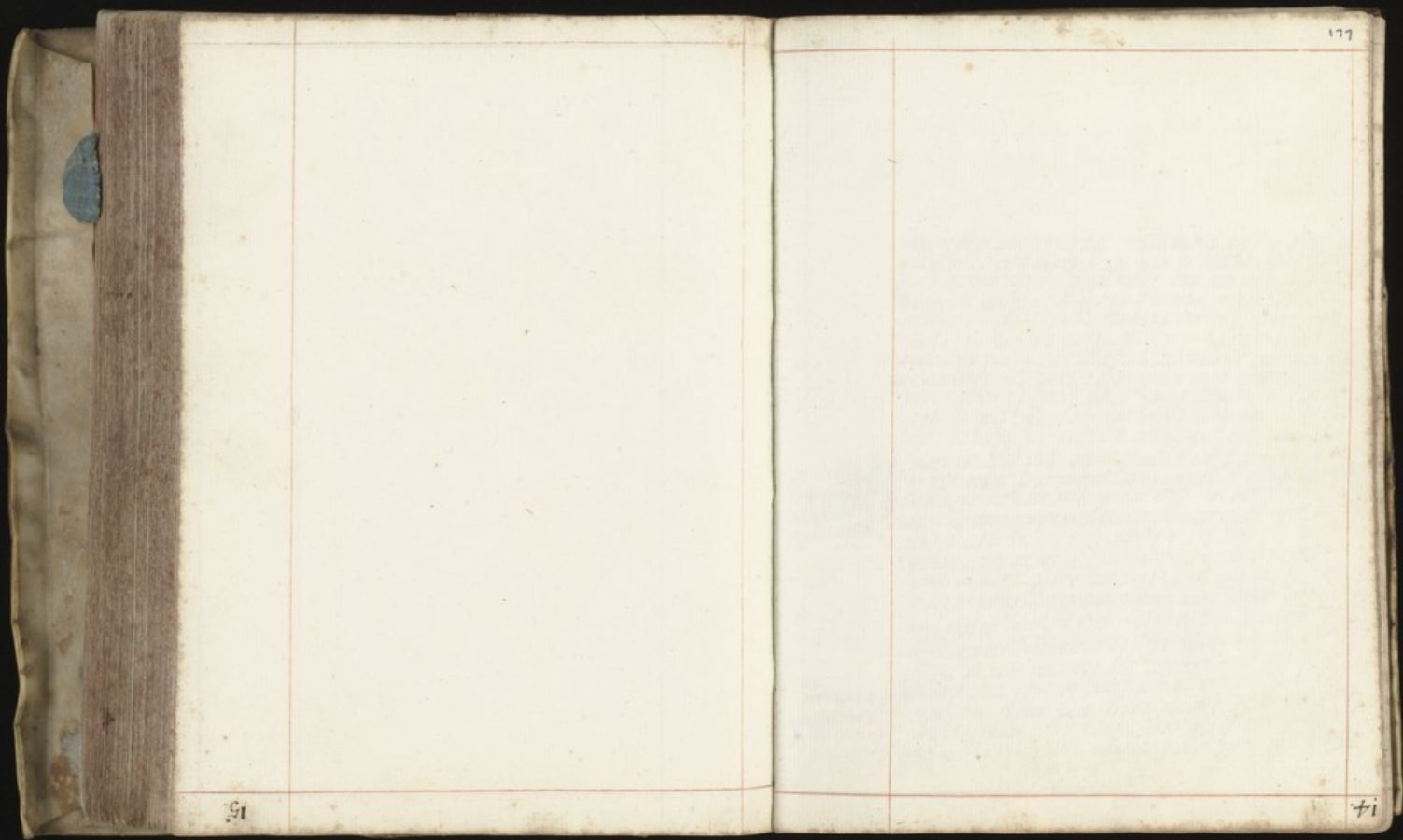
Take Rue, Sage, Balme, Beekony Planton
 Penicill, Handelyon Scabions, Wormwood, Myrror
 Roosmary, Saccifrage Red Bramble Tormentall,
 Shepardspurce, Loveage, Cardos, Centuury Angeli
 co, Egramong, Faumetary, of each a quarter
 of a pound, shred them small & steep them
 9 dayes in a Quart of white wine close stoped,
 then strain it & to y^e Juice put a pound of
 fine Bolus chironick pound small, y^e set it 9
 dayes more in a jamey windoe stirring it often,
 when it hath dryed up the Juice & is like
 dough, you may put some Safora & Diascordie
 m to it if y^e pleas, then make it up in Balls
 lay y^m not together till y^e bee well dryed &
 The vertues of y^e Powder It is good in fevers
 & chages small Pox or Loosness & for y^e
 stomache, little Children may take as much
 as will lye on 3 pence elder people moer, let
 y^m lye to sweet mth it &

Take Angelico, Tormentall roots, Pimpernell
 Dragons Cardous, each one handfull, shred y^e
 herbs & roots & steep y^m 12 hours in 3 pints
 of y^e best white wine y^e straine as much out
 as will wet a pound of y^e best Balschmen
 ick as thin as Batter, & set it in y^e Sun to
 dry stirring it duly every howre, at the last
 washing put to it Mithridate, Discordiam,
 powder of Elicompans, burnt Hartshorn each
 one ounce Tormentall halfe an ounce Saffron
 12 penny worth, red Carrall in powder one
 ounce Crabs claws powdered half an ounce
 Pearles 3 drams let it stand in the Sun till
 it be steeped enough to make it into balls &
 dry y^m in the sun. It is an excellent Cord
 all powder for all Feaverish Pestilent
 Diseases & a groats worth of Saffron either
 in y^e or M^{rs} Addisons is enough



Folio's 140r to 177v are blank





omnia in hunc modum sunt scripta. In nomine domini Amen. Et postquam
 ista omnia dixisset, ait illis: Nunc mittam vos in mundum predicare. Qui non
 accipit crucem et calceamenta non potest esse meus discipulus. Qui
 vult se salvum facere, seipsum perdat. Qui seipsum et animam suam
 vult salvare, perdat eam. Qui seipsum et animam suam propter
 regnum celorum perdat, salvus erit. Qui seipsum et animam suam
 non perdit, non poterit esse meus discipulus. Quis vult se
 salvum facere, seipsum et animam suam perdat. Quis seipsum
 et animam suam propter regnum celorum perdat, salvus erit. Qui
 seipsum et animam suam non perdit, non poterit esse meus
 discipulus. Quis vult se salvum facere, seipsum et animam suam
 perdat. Quis seipsum et animam suam propter regnum celorum
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 illis: Nunc mittam vos in mundum predicare. Qui non accipit
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 suam vult salvare, perdat eam. Qui seipsum et animam suam
 propter regnum celorum perdat, salvus erit. Qui seipsum et
 animam suam non perdit, non poterit esse meus discipulus.

Quis vult se salvum facere, seipsum et animam suam perdat.
 Quis seipsum et animam suam propter regnum celorum perdat,
 salvus erit. Qui seipsum et animam suam non perdit, non
 poterit esse meus discipulus. Quis vult se salvum facere,
 seipsum et animam suam perdat. Quis seipsum et animam suam
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 vult se salvum facere, seipsum perdat. Qui seipsum et animam
 suam vult salvare, perdat eam. Qui seipsum et animam suam
 propter regnum celorum perdat, salvus erit. Qui seipsum et
 animam suam non perdit, non poterit esse meus discipulus.

will the stalks and stives together and doe it over
 a pan to save the juice, when you have finished them
 nought them, so to 4 pound of cheris take 1 pound
 of sugar beaten fine, and put in a laying of sug
 or and a nocker of cheris in to the pan and noe.

To dry cheris the best way

them. . . .
 the dish that that night, and the next morning get
 it up on your sillines and lett them stand in
 in dishes and lett your serving boyle and soe put
 next scowring wery cleane, and lay your Downes
 boyling will serve, you must keepe them continually
 will stand, a bout thate quarters of an houre
 and then sceth them wry softly till the serving
 serve soft to them and lett them stand 3 days
 dish and when they are all broken yowever the
 them out as they break and lay them in a silber
 they will come from the stone with softnes then take
 downe and when any downe is broken and when
 before you sett them on put allwaies the broken side
 and durne them the hole side in to the serving, and
 but lett them not sceth but take them of heat and then

matter but since that runs from them, then lay
 them wery fast till they looke cleare then take
 them and putt them into a silver basin or earth
 can trank and soe lett them stand all night untyl
 served, the next day take them out and lay
 them up on glasses and sett them in a stone to dry

Take Basteries and will them from the still set
 put them in to a receter dish and brise them and set
 them over a soft fire to drye them make your sugar
 have a pound of sugar for a quart of Basteries, having
 Clarified it boyle it to a candly hauf, and when you
 Basteries will come cleare from the bottom of the lid
 then put in your sugar and keep it with continuall stirring
 for if it boyle it will never drye, and when you see it
 drye as to come from the bottom of the dish, take them on
 glasses, and keepe them in a stoue with a small fire.

So make Bastery Cakes

Take a pound of green Shericcks new gathered
 and boyle them in warm water till they be ten
 and enough to fill and when you have filled them
 put them in warm water the second time and let
 them stand close covered till they be tender
 take green, then make a thinn sugar with a
 pound and a quarter of hard sugar and when
 you have scummed the sugar lett it be cold, and then
 put in your Shericcks and let them drye gently
 and when your sugar is thick enough keepe them in
 glasses you must make your sugar of the second matter
 or else it will not keep green.

So make the Shericcks Green

Take a pound of Damsons not being over ripe gather
 red with the stalks on and mixe them clean with a
 look and take the same quantity of beaten sugar and
 is secondly of green water and mingle your sugar
 water and lett it melt upon the fire and scum it
 and in your plumes and set them over the fire

So preserve Damsons

Take the fairest Basteries you can get mixe them with
 your sugar being finely beaten then strain a little of it in
 a tann first then cast in the Basteries and the rest of the
 sugar upon them, take to a pound of Basteries half a
 quarter of other Basteries and strain the Juice thereof
 upon the sugar and Basteries, then set them upon a med
 erate fire untill the sugar be dissolved in the bottom
 and sometimes shake your pan, this done lett them
 up faster, as the scum riseth take it of cleare, lett them
 boyle thus hardly half a quarter of an hour, then
 take them up and lett them lye betwixt two siluer dishes
 for an hour then set them over the fire and quickly
 give them one malin or two more this way will make
 them looke well and be very tender

So preserve Basteries hole

Take youe quinces I save them, quater and cut
 them them cut small in so much water as they will
 thicken, then boyle them untill the water be sum
 what strong of the quince, the stronger the better
 then take a quart or more of the liquor for powder
 of long sugar, and if you would have it redde
 let it boyle gently and cover it, if white you must
 be very quick and before

To make Syllie of quinces

you may boyle them all the yeares
 they the best and cold put them in glass
 first sugar to the sugar, and boyle it till they
 are and set them in a cleane, then put a little more
 doo from much good, then more the m, and take them
 will come than with shawing, and preserve them, and
 and set them skinned, then put the water for the water
 and set a little, then put them in a glass
 boyle very gently, and you shall see them turning as
 clarified sugar as will cover them, and set them
 as you would doo a coddling, then put them in soas much
 they see shawing cold you may, till a white, some of
 coddling see take them in with a shawing, and when
 one of them then cold in water water, and
 pike them with a little water, a little of them in every
 and cut of the blacke at the end of them, and
 Take the same quince preserve as before, then see too

To preserve quinces white

Take theare brought in sugar before they be pared,
 then take to every pound of sugar a pint of water
 and mingle them with your sugar, and let it boyle the
 same a rise which being taken of put in your
 quinces and let them seth as fast as a recee
 of be of till you think them had a nyg, in this time
 you must of ten turne them, then sum what slake
 the fire and cover them close sum what warm
 them, and see lett them boyle till they be well
 colored, let not the sugar boyle after the quinces

To preserve quinces Red

Take theare brought in sugar before they be pared
 and to every pound had a pint of water and doe
 not give boyle them, so when your sugar is melted
 them in and lett them boyle very fast till they be
 tender and take them up

To preserve quinces white

To make your *Spermatocystes* stones and all and to cure
 them take a loaden and stone your *Spermatocystes* then
 put them in a report of refined sugar finely beaten
 and between them stow the beaten sugar and count
 them with it only save 2 or 3 spoonfuls to stow on
 them when they are a boyling then set them stand
 all night soe and in the morning that sugar and that
 which comes from the *Spermatocystes* will poule them then
 put them in a room that is bright for them and
 poule them as fast as you can stirring in your sugar
 when they poule a piece and when the stirring is done
 there will rise frothy some rich must be scummed of
 and you must turne the *Spermatocystes* with a spoon to
 get all the some rich out you must poule the sugar new
 thick clec it will not keepe well doo stand in a little
 must some times then put them in your glasses and
 keepe a little stirring to cover them
 If you would knowe them lay in yellow make a little
 of return water and offer they are necessary
 take them out of the water and poule them a
 little in the return water and see that the yellow
 and *Spermatocystes* be together into the glass
 must lay one by one in the glasses

To preserve *Spermatocystes*

To make your
 stones is made
 in the glass
 and

Take your *Chemical* being prepared
 or *Rapberry* &c.
 To make *Spermatocystes* of
 from the stalks put them into a shalot or
 then put them in a glass and set it over a shalot
 in a bath of water let it keepe till the *Chemical* be
 very soft then take them and straine them
 take the white of the Juice in your which are not
 a little water and poule it till it be a candy hard
 then put your Juice into it stir it well together
 when it hath runne it set it over a shalot and
 poule which you may know by seeing some of it
 in a glass to keepe as soon as it becom the
 in the glass it is enough then you may
 make your *Spermatocystes* of *Chemical*

To make chyn of woodson
 Take your sorrell and rack it cleane from
 need, pound it and strain it thence it
 on the fire & clarifie it with 3 whets of
 eggs well beaten with a little of the liquor
 strain it & put it into a yellow bag that it may
 be cleare, take to every pint a pound and
 half of loaf sugar beaten, put it into an earthen
 pot & set it in boiling water over the fire till
 all the sugar be dissolved, then take it of and
 scum it cleane & put it in for your use.

How to steew a dish of rabbits my way
 Forsters my

the
 name
 call

Take your rabbits and parboyle them in a very little
 then cutt them in peeces and put them in half a pound
 pint of good wine, then put to them half a pound
 of fresh butter, then wash and scald a little half
 of parsley, some mint & saffron and other savours and
 half a pound of carrots washed, Cloves and mace
 together, put all these together in a pot, and lett it
 steew very leisurely close covered, when tis enow
 saue it in with syppers of the liquor it is steewd

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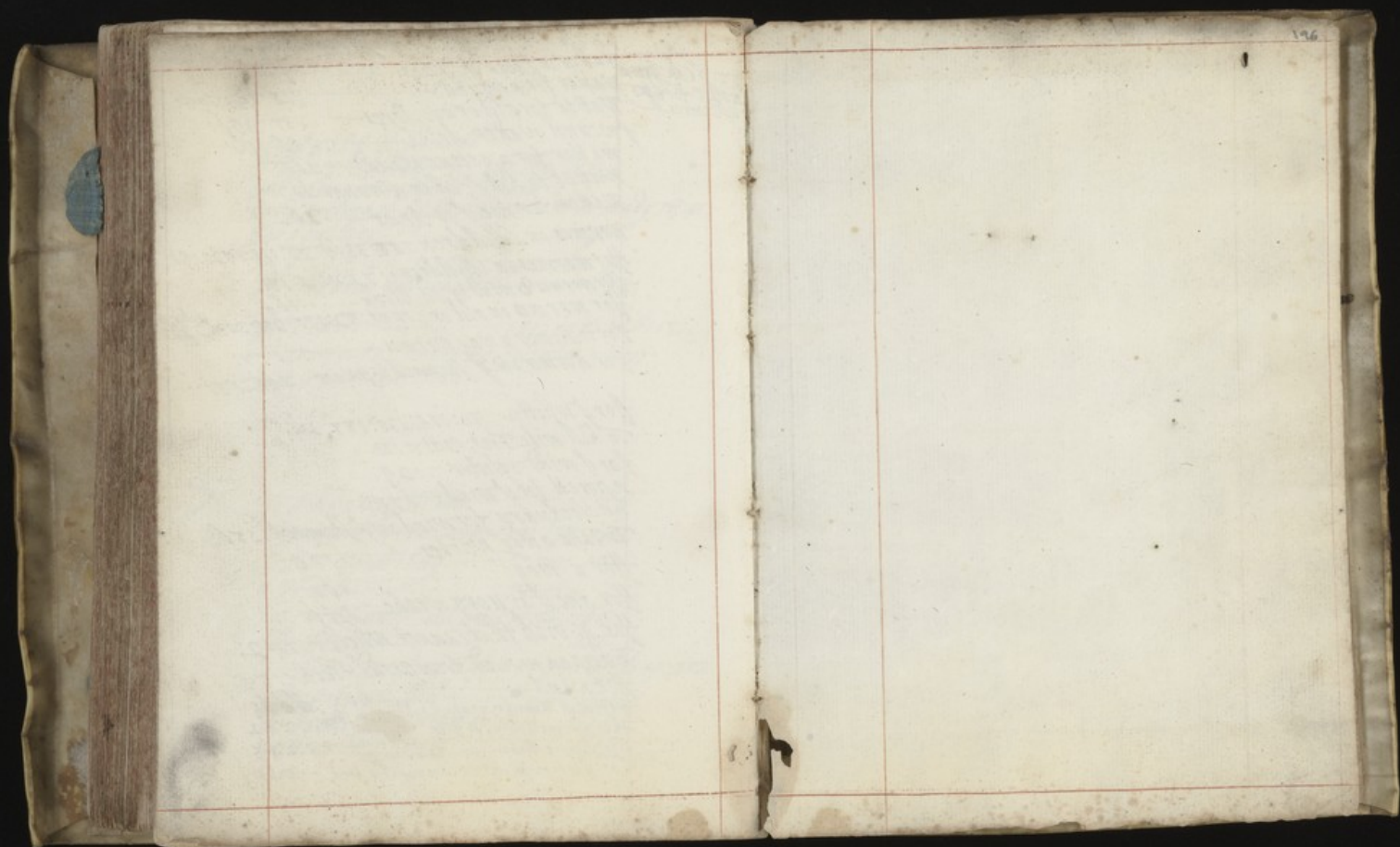
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