

Gradwell (& others)

Contributors

Gradwell
& others

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>



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Andas

~~Handwritten scribbles~~

Andas

Uoque and in yor

ejuna qreentou

Nam nior del comitatu

Abenibus que repare

Nam equa vult Turres

Regum ^{et} filibus

1986

~~Handwritten scribbles~~

Decorative flourish

to make Calves foot pyes
to make Conserve of red Roses
to pot Venison
to make jelly of hartshorn
to make whait Elderwaine
to make whiap Cream
to make lemon Cream
to make aples sope
to make a carrot puding
to make atans ey
to make Jelly of corrans

To make

putate puding
to make shroob
to make rosing waine

A Receipt

For the Scabby in the Teeth

Take 1 penerth of whit wain vinicher
1 penerth of bartaras 1 penerth of
hony pound the vabgas fair and boil it
in the vinicar som taim then put in the
hony Cepe stirring all the whail till it becom
a gentel salve when boill robe the teeth and
goms with a sege leaf dined in this till you
make them bleed take Care non of this be
swalad down the throat

The Bladder is subject to the Gravel stone
and ulcers which cause a weakness or stoppage
of urine either with or without pain the stone
in the bladder is sometimes conveyed thither
from the Kidneys thro' the ureters or else it
is bred there from a gross and very crude humo
which flows from the veins with the urine
into the ~~the~~ and there becomes dry and hard
ened with heat the signs of the stone in the
bladder are the pains which the patient feels
in the neck of it when he makes water a
great itching at the end of the yars a inclination
to make water and go to stool without being
able to do either the one or the other a great

uncertainty either in walking standing falling or
down the cure of the gravel or stone in the kidney
will also serve for the same in the bladder and you
ought to remember when you are about to bring
away the stone in the bladder you should always
begin with tight opening barley waters and these
are to be taken always fasting or four hours after
meals

The following prescriptions may be
safely used

Take two drams of the powder of woodlice in
an ounce

A Draught of the Salts in a fever ³

Take black Cherre water two ounces, Compound
piony water one ounce, Salt of Hartshorn
one Scruple ^{Salt of wormwood} Salt of amber ^{half a dram} three Grains
Spirits of Sulpher fifteen Drops
Take this Draught every Six Hours till
you have taken eight or ten Draughts
this has don very Great Cures without
the Bark where the fever is occasioned
by a great Cold it Sweetens and cools
the Blood and revives the Spirits and
is held to admiration

a Receipt for ^{Syrup} Sweetning

Take Gum ammoniac one drachm ^{Syrup} ascalida
half a drachm dissolved and mixed in
6 ounces of penny royal water add to
this mixture half an ounce of Syrup of
Saffron and take a Spoonfull twice or
thrice a day

2 large stiches of horradish 1 handfull
of wood bair leavs 1 handfull of water trease
won handfull of broock laim boill it
in 5 pints of whey till won half be
consumed take half a pint first
in the morning and last at night

half anounce of rhab^mistle
1 ounce of whait suger candy
2 ounce of oyl of swel almonds
made ~~and~~ in to allechuary

For the Colick

Take half dram and a half of Dr Hollands
powder and mix it in a little sack and take it and
drink a glas of sack after it it gives present
ease

For a pain in the stomach

Take conserve of wood sorrel and mithridate
an equal quantity mix it well together and take
night and morning the quantity of a nutmeg
so do for fifteen days together

To Cure the Jaundice

Take alive trench. Split it down the belly take out
the guts and clay the trench to the stomach as
fast as possible and it will cure immediately

To make plaster for an ague

Take a pennyworth of black soap one pennyworth
of gunpowder one ounce of tobacco snuff and a
glass of brandy mix these in a mortar very
well together spread plasters on leather for the
wrists and lay them on an hour before you
expect the fit. let them lay on a fortnight

To stop vomiting

Take half a pint of mint water one ounce of
syrup of violets a quarter of an ounce of ^{isuff} miter
and half an ounce of syrup of roses mix all these
well together and let the party take two spoonfuls
first and then one spoonful after every vomiting
till it is stayed

For the Jaundice

Take some tars such as you feed pigeons with and dry
them in an oven and beat them to powder and sift them
and take a spoonful of that powder in a morning
fasting and drink half a pint of white wine after it
and do this for three mornings and it will cure the venery
tar 400

a. Good Bitter wine

Take 2 Quarts of strong white wine infuse in it 1 Dram of
~~of~~ Rhubarb a dram and one half of gentian Root Roman
Wormwood Top of Carduus Century Camomile flowers
of each 2 Drams Yellow Peel of Oranges half an Ounce
of Nutmegs Mace & Cloves of each 1 Dram infuse all these
2 Days and Nights strain it and Drink a Glass fasting
and an hour before Dinner & Supper ad Filings of steel

If it is proper 2 Ounces

are for the piles By the Rev.
Mr Wilson April 5 1755

3 Drains of floor of Sulphure
2 drams of Cream of Tartar
one ounce of Lenitive Electuary
well mixed to gether the quantity of
a small nutmeg to be taken
morning and night

54

To cure the dropsy Rum: scurvy and Cough of the Lungs

Take English orrice roots, squills and eleampane roots
each one ounce hyssop and horehound leaves each one
handful the inner rind of green elder and dwarf elder
of each one handful send one ounce and half agarick
two draws ginger one dram cut the roots thin and bruise
the leaves and put them into two quarts of the best
Lisbon wine Let theas boyl an hour and half on a
gentle fire in an earthen muge very close stop with
a cork and tied down with a bladder that no air
come to it and so set it in a large pot of boiling
water set it so that no water get into the muge
which must hold three quarts that all the
ingredients may have room to go in when it is almo
st cold strain it out very hard you must scrape the
elder downwards take this for a week together if
you can and then miss a day and if that dose not
do go on with your other bottle of the same take
it in a morning fasting ten spoonfulls at a time
with out any posset. drinke it will both vomit
and purge you it is an unpleasent taste thear for take
a lump of sugar after it when it is quail cold after
it stered of let it stand in a flagon anaed on a day then
bottle it up for use it is an admirable medicine.

To Stop Floodings

Take the whail of an egg and beate it with
four or fawe spoonfuls of red rose water and
and drink it off morning and night nine
mornings together it has cured when all other
things have failed

Let the party often take isinglals bolts
or dissolved in warm new milke a pint a
time

a present Help for the Colick

mix as much milk ridate as the bignas of a bean
in a spoon ful of dragon water and give it the party
to drink and lay a little such on the navel keep
in bed

For the Dropsy

Take 3 ounces of the outward barks of elme
boiled in 3 quarts of water till a third part
is wasted drinke nothing else to make it pleasant
you may put in som Sugar or wine or elder wine
or elder wine or Syrup made of dwarf elder berries

Dropsy

Decoction of Guajacum given forty days
in steeles water and wain

6

For a weaknes in the Back or Reins

Take an ounce of venice turpentine wash it in
red rose water worke it in the water till it is what
pour the water from it and worke it up into
pills with powder of turmericke and a grated
nutmeg you may put a little rhubarb as you
see occasion take three in the morning and
three in the evening in a little syrup of elder

For a tartian ague a never failing
Remedy

Take itone brimsstone finely powdered take
as much of it as will lie upon half a crown in
in a glass of white wine about an hour before
the fit comes it cures at twice taking

For a Rheumatism

Let the patient take spirits of hartshorn morn-
ing and evening beginning with 25 drops in a glass
spring water increasing five every day till they
come to 50 to be continued of for a month if not
well sooner by this. A woman was cured that
could not lift up her hand to her head

begin ind

a Caritan Cure for the Dropsy all the

Take the stamens that grow from the stock or
Root of the artichoke pluck of the leaves
and bruise only the stamens in a marble mortar to a
quart of juice put a quart of madiera or mountaiⁿ
wine straining the juice thro a piece of musling
let the patient take a wine glass of it fasting
and another just before going to bed continuing
till the cure is completed

a Restorative Jelly for one in a Consumption

Take four ounces of hartshorn shavings two
ounce of eringo root root one ounces of isinglass
two vipers one pint of snails the snails being
washed and bruised put all these into three quarts
of pump water let them simmer till it comes to
three pints then strain it of and add the juice
of two seville oranges half a pound of white sugar
candy and one pint of old rhenish wine drinke
a quarter of a pint fasting and the same quantity
an hour before dinner time

For the bloody flux

Take one garlick press out a Spoonful or two warm
it well hot then dip a double rag in it lay upon
the navel let it lie till it is cold then repeat it
two or three times it cures immediately

a Successful method to cure the Jaundice

In the first place give the patient a vomit of the
 infusion of crocus metallorum and oxymel of
 squills according to his constitution then take of
 aloes and rhubarb of each two scruples of prepared
 steel a dram tartar vitriolated a scruple make
 pills with syrup of horehound of which give four
 every night then Take of the roots of turmeric
 half an ounce tops of centaury the lesser oronia
 wormwood and horehound of each a handful roots
 of the greater nettle two ounces boil them in
 three pints of water to the consumption of half
 when it is almost boiled enough add to it juniper
 berries an ounce yellow saunders and ^{or} what of
 gosedung made into an odulus of each three drams
 saffron two scruples rhenish wine a pint
 when it is boiled enough strain it and add to it
 compound water of snails and earth worms of
 each two ounces taking three ounces of it after
 each time of taking the following electuary

Take of the conserve of sea wormwood of the outward
 rind of orange peels of each two ounces of species
 of diacurcuma and prepared steel of each three
 drams of prepared earth worms and rhubarb

of each two drams flowers of Sal armoniac
and Salt of amber of each two Scruples of
Saffron powdered one scruple with a sufficient
quantity of Syrup of horehound make an
Electuary of which take the quantity of a large
nutmed twice a day drinking three ounce of
the bitter tincture after it

an excellent method to cure the Dropsy

Take a good quantity of Black Snails Stamp them
well with bay Salt and lay to the hollow of the feet
putting fresh twice a day take likewise a handful
of Spearmint and wormwood bruse them and put
them in a quart of cream which boil till it comes
to an oil then strain and anoint the parts that
are swelled Take of the tops of green broom which
after you have dried in an oven burn upon a
clean hearth to ashes which mingle very well
with a quart of white wine let it stand all night
to settle and in a morning drinke half a pint
of the clearest at four in the afternoon and at
night going to bed do the same Continue ^{ing} lay
the pullice to your feet and drinke the wine
for 3 weeks together this has ben often used with
success

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To make Hierapicta

Take a dram of hierapicta and a dram of coc
lineal and two drams of unseeds beat them
all fine put them into a bottle with a pint
of sack and a pint of brandy shake them together
five or six days then let it stand to settle twelve
hours so pour it off into another bottle clear
from the dregs keep it for use it is good against
the cholick or stomach ach take 4 spoonfuls
of it fasting and fast 2 hours after it you
must take it constantly 3 weeks and drink
after it the following drink

Take new laid eggs break them pull off the
skin in the inside dry the shells and beat
them to powder sift them and put 3 spoonfuls
of this powder into a quart of these waters
half a pint of fennel water half a pint
of parsley water half a pint of mint
water half a pint of black cherry water
take a quarter of a pint at a time shaking
it when you pour it out take this three times
a day at 11 in the morning at 3 and at 8 at night
take this as long as you take the Hierapicta

A plaster for the weaknes in the back

Take *planta comfry* knot grass *Sneyerds* purse
of each one handfull Stamp them small and boile
them in a pound of oil of roses and a little vinegar
when it is well boiled strain it and set it on the
fire again and put to it four ounces of wax
one ounce of chalk bole armoniac one ounce and
terra sigillata one ounce boile all well keeping
it still stirring then cool it and make it into
rolls and keep it for use spread it on leather when
you lay it to the back

A Drink for the same

Take four roots of comfry and of knot grass
and clary one handfull a Sprig of rosemary a
little galangal a good quantity of cinamome
and nutmeg sliced the rith of the Chine of
an ox Stamp ^{and} boile all these in a quart of ^{muscardine}
and put in six yolks of eggs
Sweetne the cawdle to your taste with double
refined sugar and drink a good draught
morning and evening Take of crocus marbis
and conserve of red roses mix to gether
three or four times in a day

To cure spitting of Blood if a vein is broke 9

Take mace dung beaten to powder as much as will
Lai on sixpence and put it in a quarter of a
pint of the juce of plantane with a little
sugar give it in the morning fasting and at
night going to bed Continue this some time
and it will make whole and cure

For the dropse

Take 3 quarters of a pound of Bordoock Roots
Cut in pieces put it in to 4 quarts of watter
and boill it till it is but 2 then strain it
and drinke half a painb of it warmed every
morning fasting the like quantity in
the Evening if your stommake will not be
so much take a les quantity you may make
it stronger or smaller as it best agrees with
you you may drinke a little of it be said at
Enny tinn of the day

water with Sal Ammonica will pass
through a Human Skin

Ascites this is one of the three kinds of
dropsies more dangerous then the Tympany
and the Tympany then the anasarca

this distemper proceeds from a great deal of
serosity and very little blood by reason of the
weakness of the liver and reins which being
spread between the Epiploom and peritoncum
flod in the belly as wine do^s in a boottle that
is but half full

the body in this disease sinks and grows
lean the patient breathes with difficulty
makes thick and red water and has no inclination
to make water and tho his fever be small yet
it is without intermission

For the cure of this malady bleeding
liberally is necessary and therefore it may be
don from time to time also give glisters of
the herb mercury Leeks mallows and camomile
mixed with 3^{om} leaves of Rue and annise
with four ounces of cots sugar & pinch of salt
with three spoonfulls of the oil of olive
purge him once or twice a week with ~~the~~
adram of ~~the~~ Rubarb and as much
agraic half powdered and infused for a night
in hot ashes in a glas of the decoction of
agrimony and Bledony the next day having

10
Straind this in fusion dissolve in six drams
of the double Catholicon or else of the juice
of Flower-de-luce or garden flag to the quant-
ity of what may be contained in halfe an
egg shell with two drams of R. h. bark reduced
into powder and four ounces of honeyed water
mixed together to be taken in a morning
fasting twice a week or

He may take an ounce of the juice of the
root of palma christi with as much sugar
fasting

He may every morning in some broth take
half a dram of fern root or of the root
of wild Cucumbers powdered or of three
drams of wall wort seed in white wine
or five ounces of broom water before he
eats any thing

but if he makes water with difficulty
give him five grains of the ashes of
Crickets found about bakers ovens

Remedy agaynst the gravell

It is a thing certayne that if the patient
swallow down three dragmes of newe Cassia
every day before dinner he shall never have
the gravell

Adial drinke
Take two ounce and a half of Sceny two ounce
and a half of baybeeres two ounce of annasseed
two ounce of Juniper berres a handfull of
fellow wood a peece of Tenshon root
scrape the fellow wood round them In a
mortar put It to four gallon of ale

For the stone
Take 3 snails and theas shells draced to
now there take was Bees draced and
beat to powder then take was as much
of the Bees powder as of the snails
mix them well together and keep them
in a beel (Clocock) when you use it
take as much of the powder as will
lai on a sixpence and it in a quarter
of a pint of the distilled water of bear
flour and drinke it fasting for the jaunds

Take earth worms wash them in white
wine then drai them and beat them in to
powder and put a litle saforon and
drinke it in Bear

11

For the running of the Reins
take the rovs of red Herrings dry them to
poultice upon the Cols the give it to the
patient to drink in the morning fasting
as much as will (y upon a swelling in 5
spoonfuls of ale or wain
for the same

take Cuns of acorns and grate them
and grate some nutmeg put this in Beer
and drink it

To Make a peditock good for a bruise
take Spirits of wine 3 ounce water 1 ounce
Camphor 1 Dram Cast a penne half penne
win ounce of hard soape sliced very thin
so put the spirits of wine and Camphor with
the soape in loa botell set it in a pan of
warm water till all be dissolved then put it
in small betels and Corke it Clos Ceep it for
use

The Astringent Pills as used by Doctor Brackin

Take of Dragons Blood Red Coral amber ⁱⁿ mastice
safron of marr of each m Drachm Saffron and opium
of each i Drachm and a half oil of Cinnamon and
nutmegs of each 10 Drops Balsam of Gilead 2 scruples
Scruple of white poppies as much as is sufficient to
form into pills of a moderate Siz Dose is every 6 hours
till the flux abate

Dr Hills Drying Plaister

Take of Drachylon plaister 12 ounces of Red Lead plaister
made brown 4 ounces of Lapis Calaminaris finely powdered
6 ounces Melt the plaisters over a gentle fire and when
removed from the fire stir in the powder and make
it into Balls gently hastily or else it will grow stiff

To make Volatile Salts Extempore

Take equal parts of Crude Sal ammoniac and quick
lime unslacked powder them a part and put it in to a
vial upon which put 10 or 20 Drops of Sal volatile
then shake it up and keep it for use 40 1 ounce of each
put 1 pennyworth of Sal volatile

A Gooseberry Fool

12

Put some Gooseberries in an Earthen Jug or Pitcher And set it in a Pan of boyling water And when they are Cooled enough, Strain them; then make them hot again, and when they are scolding hot beat them very well with a good Piece of fresh butter, Rosewater, and Sugar, and put in the Yolks of two or three Eggs, you may put more Rose water to it And so stir it Altogether And serve it to the table when it is Cold

A Gooseberry Tansy

Put a pint of gooseberries into a Frying Pan with half a Pound of Butter and Fry them till they be soft Then to them Put a Pint of Cream and Eight Yolks of Eggs well Beaten so fry up your Tansy but not too brown Straw good Store of Sugar on it and Mix Rosewater and Sugar for Sauce

An Apple Tansy

Parse your Apples, and Cut them in Thin Round Slices, then fry them in Sweet Butter; then take ten Eggs, Cream, Nutmeg, Cinamon, Ginger, Sugar, and Rosewater, Beat all these together, and Pour it on your Apples, so fry it up

To Make Cream Cheese

Take three Quarts of Morning milk as much
of the Evening's cream, warm them as for other
Cheeses when mixt together; Put about four
Spoonfull of Steep; When hard enough to break down;
Turn it easily about two or three times so that you
break not the Crud, Then take a fine Cloth and
Put in the Cheesefat you Design to Make your
Cheese in, Then Put in by dishfulls (not breaking
the Crud) as you find y^e. Whey go away, then Lay
upon the Cloth your Sinker; Then about two hours
and Lay on three or four Pound for your Presse;
At night turn it into a Dry Cloth; next morning
the Sike Then Sprinkle a little Salt and Rub it fine;
Then take Nettles and Lay on Leaf by Leaf and to keep
your Cheese from going abroad take a fillett, and
tye about with the Nettles underneath; and
so turn it every day for ten days together or longer
as you find it soft & Crustoo: Then set over a Pot
Basone & set it warm & y

A Calfs foot Pudding

Boyle four Calfs foot very tender and shred them with Suet then Put
put to them a quart of milk eight eggs well beaten some Rose water &
Sug^r. a Pound of Currance & some Salt; so Boyle or Bake it

A Carrot Pudding

13

Beat Six Eggs very well and Put to them a Pint
of cream One penny Manchet sliced a Quarter of
a pound of Sugar some Nutmeg and Rosewater and
one or two Carrots grated Mix all well together and
Put in some melted Butter but Let Not the
Oven be too Hot when you set it in to Bake if you
Please Put in a few Currans # #

Sauce for a Roasted Goose

Steepe the Pars in Wine and Water then boyle them
in it and Put them into the Goose with Four or five
Onions and an apple pared and cut in Pieces When
the Goose is Roasted take out this Stuffing and Shred
it in small and boyle it with Cinamon Sugar & Ginger
till it be turned somewhat brown; So serve it up.

To Boyle Pigeons

Stuff your Pigeons with Parsley and Butter
put y^m into an Earthen Pot, and put some sweet
Butter to them, so let them boyle, then take
Parsley, Thyme, Rosemary, Chese y^m and put them
to your Pigeons, and withal some Spriggs, Then
take some Great Pepper & Salt, for the seasoning
the Yolk of one Egg beaten and Strained with verjuice
but the fild thomb Lay Sippets in the Dish; So serve
them #

A Possett the Earl of Arundell's way

Slice a quarter of a Nutmeg into a quart of Cream.
Then set it on the fire and set it boyle a little while,
And as it is boyling take a Pot or Bason you
mean to make your Posset in, and Put in three
Spoonfull of Sack and eight of Ale, and Sweeten it
with Sugar. Then set it over the Coals to warme a little
while then take it of, and set it stand till it be
almost cold, then Put it into your Pot or Bason
and Stir it a little and set it stand to Simper over
the Fire an hour or more for the longer the better
A Devonshire white Pot

Strain four eggs into a pint of Cream Put to
it a little Salt, a little Sliced Nutmeg and Season
it with Sugar somewhat sweet then take almost
a Penny loaf of fine Broad Sliced verry thin, and
Put into a dish that will hold it the Cream and the
Eggs being Put to it; Then put to 'em a handfull
of Raysins of the Sun / being boyled / and a little
Sweet butter; So Make it

To Boyle a Fresh fish

Take a Carp, or Other Fish, and Put it into a deep dish
with a Pint of white wine, Large mace a little Thyme,
Rosemary; and a Piece of Sweet Butter Set it boyle between
two Dishes in its own blood Season it with Pepper and
Verjuice and serve it up on Sippets

A Pig Dressed after the French Manner 14

Spitt your Pig and Lay it Down to the Fire and when it is thorow warm Skin it & Cut her of the Spitt as another Pig is and so Divide it into twenty Pieces more or less as you Please; When you have so done take some white wine, and Strong Broth, and Stow it thers in with an Onion or two Minc'd very Small a Little thyme also minc'd with Nutmeg sliced and Beaten pepper some Anchovies and Elder Vinigar a very Little Sweet Butter and Gravis if you have it; So Dish it up with the same Liquor it is Stow'd in with Sippets and Orange and Lemon # 228

An Excellent way to Dresse Fish you will

Wash your Fish in a Little Vinegar and Water and Let it Lye a while in it, then Put it into a Pipkin with a Cover, and Put to it about six spoonfull of water and four of white wine and as much vinegar a good deal of salt one handfull of sweet herbs, a Little White Surril a few cloves, a Little mace, and a Stick of Cinamon. Put all these in your Pipkin being Close Cover'd and set it in a Kettle of Seething water and here set it stew three Hours. After this manner you may Dresse Carps. Eeles. Tench. Trouts. &c

To Fry Garden Beans

Boyle and Blanch 'em and fry them in Sweet Butter, with a Little Parsly, shred onions, and a Little salt and melt Butter for the Sauce #

A Carps Eye

Scale your Carps. take out the Great Bones, Pound the Carps in a Stone mortar and Pound some of the Blood within the Meat, according to your Discretion, but it must not be too soft. Then lard it with the Belly of a very fat Eel, Season it, and Bake it like Red Deer, and eat it Cold. This is meat for a Pope

To Fricate a Calf's Chaloron

Take a Calf's Chaloron Let it be a little more than half boyled, and when it is Cold, cut it into little Pieces of the Bigness of Walnuts, Season them with beaten Cloves, Nutmeg, mace, Salt, a little Peper, and Onion, Parsley, and a little Tarragon, all stroed very small. Put them into a Frying Pan, with a Saddlefull of strong Broth and a little Piece of Sweet butter, so Fry it, when it is Fryed enough, have a little Sear made with the Gravy of Mutton the Juice of a Lemmon, and orange, the Yolks of three or four Eggs, and a little nutmeg Grated thorsie Put all these into your Pan to your Chaloron, Tosse up your Fricate two or three times so Dish it Foroe it up # #

To Make Buttered Loaves

15

Take the Yolks of twelve Eggs, and onely Six Whites, And a Quarter of a Pint of Yeast. when you have Beaten the Eggs well; Strain'em with the Yeast into a Dish, then Put to it a Little Salt two Rases of Ginger beaten very Small, and Put Flour to it till it come to a high Paste, that it will not cleave, then Roul it with your hands, and afterwards, Put it into a warm cloth, and Set it bye there a quarter of an Hour; then make it up in Little Loaves, and Bake'em Against they are Baked Prepare a Pound and an half of Butter a Quarter of a Pint of white wine, and half a Pound of Sugar These being melted and Beaten well together Set'em into the Oven a Quarter of an Hour.

To Make a Fat Saub of a Pig

Scald a Fat Pig, and cut of his head Slit him and trusse him up like a Lamb then being Slit through the middle and Flawed / Parboyle him a Little, and Draw him with Parsley, as you do a Saub, then Roast it, and Brodge it, and serve it up with Butter, Pepper, and Sugar.

How to make Cowslap Wine

To every gallon of water take two pounds and one halfe of Sugar the Sugar must not be put into the water untill it boyles you must put in two whites of eggs a little before it boyle and lett it boyle three quarters of an our Skimming it very well and when its Blud warme put in four quartts of pickt Cowslaps with the juce of two lemons and the rine of halfe a one and then take a good Spoonfull of ^{ms} Baw and beat it with some of the licker and lett it work all together for a fortnight Close covered Stiring it once a day then put it in the Barrall and lett it work Six or Seven dayes in the Barrall before you Close it up Bottle it of In Septemb

.. Salazarus nefra Drops for the pain of the Stomacke

Take half a pint of plantain water one ounce of Sugar Candy 2 Spoon full of sweet oil and the juce of a lemon mix them well and drinke it of the above good for the gravell

To make Blackberry wine.

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Take 10 quart of Blackberies well wold dry put
them in to a pot & pour 6 quart of water upon
them that be boyled upon the fire set into the
oven and when you think the have stood as
long as the berries be hot through take them out
& strain them in to a new pot when it is cold
put to the 1/2 of pound of Sugar & 10 pint of the
Sun let it stand 10 or 12 days stirring 5 or 6 times
a day & at the last bottling take it off at the
end of 10 or 12 days bottle it up for 6 weeks
in a cold bottle and put a spoonfull of Rhenish brandy
in each bottle a lump of Loaf Sugar and it will
keep well 7 year

To make Birch wine

To every gallon of Liquor take two pound of
Sugar Boyle the water half an hour before
you put it in the Sugar & a quarter
after scum it cleane & run it thro^{ugh} a cloth
when it is almost cold put Barreto it
and let it worke like ale stirring it once
a day when you turn it. Smoak the Cask.

with brim stones and to every gallon of wine
take half a pound of Raisins grossly cut
In to the Cask Let it stand half a year
before you bottle it — — — — —

Quinch wine the best

gather them when dry then Gratter them to
every 3 pound of gratterd Quinch put one ^{qu} of
of Spring water which put in to an earthen
pott which lett stand 2 days I quesse the liquor
from them with your hands then strein it
it thro a flannell bagg to every gallon of
liquor put 2 pound of fine powderd sugar
then lett it thro a flannell bagg again in to
your vessell which fill very full lett it stand
5 month and so rack it off and lett it thro
the bagg a gain then waish your vessell
Clean and put the liquor in to it so close
it which must stand in like manner till
march following so bottle this the longer it
stands the better and finer it will be this ^{ved} apr
to be very good do not bottle this till the latter
of may when you rack it off put to it a
little of young glass put in pises which will fine
it

Rasbery Wine

First boyl your water which lett stand till Cool
then to every Gallon of water 3 quarts of full
ripe Rasberyes Clean picked Bruist them with
your hand so put them in to the water lett the
stand 24 howers then run them thro a flannell
bag so to every Gallon of liquor 2 pound and
half of white powder sugar it stand 24
hours in the vespall till the sugar be dissolved
stirring it well severall times taking the sugar
skum off the top of it then trunne it in to
a Clean vespall till close it when fine bottle
fill the vespall full in half a year time it will
be fine but you best know by having a tap in
the vespall and draw a little out now and then

To Make elder Bery wine

Take Elder beres full raips pick them from the
stalkes then set them in to a warm oven all night
in a earthen pot then sques well throw a seve or
Cors cloth to every gallon of water take three
pound of brown sugar boyl it slow as long as
any scum raises when cold ad to every gallon
a quart of the wine put to it a pint of fresh beer
stir every day for 6 days then get 2 or 3 quarts of

So set them in to an oven with a little of the Licker
Stren them through a sieve in to the wine and turn
it up when it is near on working if you use it this
year 2 pound and half of sugar well so it must be
und at six days end

To Make Oring Wine

Boyl your water full an hour then is Quen
Gallon water take 2 pound and a half of Sugar to 6 Gall
4 shails of Eggs beata and stird well in some of the water
after that Boyl it an Hour and a half scum it well then
take to every Gallon of water 4 Oringes pare the out
ward rind off put it in the vessell you intend to worke
it in pour the Boyling water on them when as cold as
you will all to worke cut your Oringes in four Squares
the pulp in to it put the in rind on a Thred put it
in take some of the pipes of put Barm to it worke
it like all when you Tun it put Tringlas in to Clea
it but you must put it in to a Sieve first to Squeese
all well out but the out Rind you may may let it stand
Half a year be fore you Boyle it

To Make Balm wine

Take Spring water and Boyl it an Hour
and to every Gallon of water ad Two Pounds
of powder Sugar let the Sugar and water Boyle
an Hour scumming it very Clear and take
every Three Gallons of Liquor when cold ad

a pound of the Tops of Balm. Shred a Little put
Two or three Spoon full of all Barm in it
Barrell it up let it Stand three or four Days
be fore you Close it stirring it up three or
four times a Day let it Stand three Months
and then Bottle it

To Make Mead

to every 10 quarts of water take a quart of honey
one pound and a half of lofe Sugar let the water
be hot be fore you put the honey in let it then
boile till no Scum ardes then put it in to the mugg
you in tend to keep it in which must have a tap in
it then Squeeze in 4 or 5 lemons and they peels and
20 Cloves 2 rances of ginger a little balm put
the Spruce and balm in to the pot and poter the
Liquor hot upon them and Stop it Close up with
a Cloth to keep the Steem in when it is milke
warm put in 2 Spoonfull of good east Spread it
upon toasted bred let it Stand 3 or 4 days Stering
it up every day then Close it up and let it Stand
a fortnight then bottle it the juce of the lemons
must not be put in till the liquor be Could

To Make coron Wine

Strip you fruits from the stalk and crush them
and to every part of ber is put a part of water
Let them Stand stand forty ours stirring them
well 3 or 4 times a day then Strain it through a

flannel bag to take out your bees then put to every
gallon of licker 2 pound and a half of sugar and
sill barme let it work 3 days then turn it and close it up
you may bottle it at 6 month the end

To Make Resin Wine

Take 2 Dozen of malique vesoy pick them from
the stalkes Chop them verry small put to them 1
gallons of water well boils and put it to boyling
hot when cold put to it 4 spoon full of barme & work
it 5 or 6 days then let it in to your vesal and let it
for 6 months you must not close it verry close lest
it work out of the vesal

A rescept for the pain of the stomacke

Take Gentiane Root three Drams Orang Bark half
an ounce Ledore Root two Drams Valerian Root four
four Drams Best Rhubarbe a Dram and one half
pound prauvian Bark six Drams Salt of Tartar
two Drams five grains of Cochenoal all Mixed
to gather and put to one Quart of white wine

Take a pound of Blew currons a quart of the best
white wine worm seed six penny worth worth
steel dust a quarter of a pound white sugar
Candy a quarter of a pound stew them in an over
till they become a lecluary then take the bignas
of a woll nut 5 or 6 times of the day brose the
Cottons and worm seed in a mortar drinke a flur
of wast of sentory or Cammay way

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a Receipt from Dr Boerhaave at Leyden
y^e y may for the gravell and stone in the
Kidneys

Manna	— — —	2 0 3	} mixed all to gether
Pule of Casia	— — —	1 0 3	
Rhubarb	— — —	2 Drachms	
Liquorish Juice	— — —	1 0 3 0 1 2	
Turpentine	— — —	3 Drachms	
Catech Earth	— — —	4 Drachms	

Marsh mallow Leaves	} of Each a Handfull
Pelyory of the wall	
mild Spotted as mart	
Elder flowers one — — 0 3	

Boil them together one Houer in three
pints of water

Take half a Drachm of the mixture at 6
Seven or eight in the morning fasting
after which take a full of the Drink

Recipe p^{re}pare of the Holy Bitter

Take Cinamon. Mace Arica backa Spick nut
mastic and Saffron of each six Drams the
finest and clearest aloes five ounces and an
half Powder according to art

For all hurts that have a sore head or face of long
long continuance given by Dr Morlow.

Take two pound of the freshest Laine pour on it
a gallon of boiling water strain it well
and let it stand a day then Drest it of and pour a gallon
of oil on a quart of the Cleanest you can get
stir this up for a quarter of an hour Let it settle
3 hre days at the end of this the Child must
drinke a teacup full of this twice a day sweetne
with hune and soe parts must be washed with
sepe and watter 2 a day you must follow this for
six weeks

a receipt for the Worms

Take the tops of Cardus tops of Centuary Roman
wormwood flowers of Cammell all of them dried
and of the Latest year growth of each a small
handful Cut the herbs small but not the flowers
and put them with an ounce of worm seed brused
small in to an Earthen pood and pour upon
them a quart of Spring watter Coue it well
it well about an then lie the pot over with
a double paper and let it stand 48 hours then
it and string it 5 or 6 times in that space at
the end of which strain it of throw a Cloth
of the of these give to a Child from 2 to 4 years
out half a spoonful mixed with a Quarter of
a spoonful of oil of beech nuts every morning
fasting and fast an hour after and the same
every after noon a week or 10 days in that time
if the worms the will come out Calave or de
with Childer must give more from 2 to 4 years
or more with half the quantity of the seed
with it

R. Ios Turpen
 Casill. Soap
 Rhubarb Equal Quantities to be made up
 in to pills 3 to be taken in the morni^{ng.}
 and at night.

a Receipt for a horse that has Colic or the
 Wake Diepente half an ounce flour of
 brimston half an ounce Juniper berries
 powdered half an ounce all come pancy
 one ounce as much soft Soap as the
 bignes of a nut meg in a pint of all
 something better then Luke warm
 it Dissolve the Soap so give the horse
 fasting

& a felloe Drinke for a Cow
 3 of metheridale
 1 of Greens
 1 of Formerick
 1 of Beberies
 1 of juniper berries
 1 $\frac{1}{2}$ of flower of Brimstone a pound of
 breakles

For the Gravel

16 drops

Balsom of Sulfur well unalseeded

for the same

Take onions stamp & strain them into
a glass of white wine and so drink it

for the same

oil of Turpentine 30 or 35 drops to
be taken in warme Drinke or Rum

For the Gravel

Take five ounces of milke water
3 ounces oil of Sweet Almonds 2 ℥ Syrups
of maiden hair or marsh mallows
1 ℥ of manna 60 or 70 Drops of spirit
of Harls horn mix all together
you may take 2 or 3 Spoonfuls 2 or 3 Times
aday first shaking the Bottle

To make a Glistar

Take a quart of water put in to it on the
handful of wheat bran & some seeds boile
to half the quantity then strain it throw
then put in to it 2 Spoonfuls of browne
& as much salt & as much sweet oil
together when its cold enough put it in to the
bladder & give the patient it

For Loos of spirits

Take of Simple Chamemile Flowers
 water six ounces compound gentron and
 wormwood waters each an ounce and a
 half compound Spirits of Lavender sal
 volatile Tincture of Castor and Gum
 ammoniac dissolved in some simple
 water each two Drachms Tincture of
 Snake weed and Tincture of the Spruce
 Junbree each a Drachm the Chymical
 oyls of Lavender Juniper and Nutmeg
 each ten Drops mix with a Bib of the
 yolk of an Egg to make the whole unfer
 a safatide and Camphier in a Bag each
 half a Drachm But these may be left
 out by thos to whom they are disagreeable
 Tow three or four Spoonfuls of this is a
 present Help in such Cases It will
 keep six months good

Kidneys
 For the gravell in the

Take thirty drops of balsam of Capive
 every morning fasting in a little sugar in the manner
 of a bolus wash it down with a glass of cold water

Mackroons

Take a pound of Almonds, blanch them and
throw them in to cold water a while then take
them out and dry them with a Cloth beat^m the
to a fine past rolling the end of the pestle
of taina in roas water to keep them from
dry in then take a pound of Sugar finely
saten and serced and put it in to the alman
by degrees and when you have beaten them well
to gether take the whites of 2 new laid eggs
beat them to a froth and as the froth rises
put it to the past so stir them well together
then drop on the past on the stove and lay
them on paper that the burn not so bake
them

To make Elder Berry wine

Take 21 Pound of Malbique raisons or raisin
of the sun and Pick them but do not wash
them then bruse them In a mortar then put
them In to a vessell and boyle 20 quarts of
water & pass on them and let them stand
Close covered for 10 days stirring them twice or
a day then put to it 7 pwinls of the Juice of
Elder then run it In to your vessell let it stand
8 week or 2 months then Bottle it on a clear day
when there is no frost

To make white gravy Take
lard or all and boile it to a strong
gravy as you can with a little more
it with thick bread and flour and so
put up your meat in it

To make Stumb

5 quart of Brandy and a quart of wine
Take 2 lb of Rose Sugar mix it in a ring
and let it stand till the Sugar is dissolved
Then put it in a drink pot with the yellow
rinds of 10 Lemons let it stand 3 weeks
Then bottle it

How to make potato pudding

Boyl 12 potatoes peel them then put them
through a small sieve 12 eggs take 6 whites
of them out a pound of butter a pound of
Sugar a pinting a large glass of Sack Beat
them all together and bake it before the fire

To Color booke Take a flent. of booke but not
two fat beat it with a rowling pin then set
it by 3 days

To pot wood cokes

When your cokes are pulled and drawn
plump them in a pott of hot water and
when they are cold Season them with
pepper and salt and some ~~salt~~ (Rovse
Malt and put them in a pot and a good deal
of butter on them and fair water cover yf
close and set it into the oven and when
you think they are enough draw them and
take up the cokes out of the gravid and when
they are quite cold put them close in a pot
and put clarified butter on them yf quan-
tity of halfe a pound to every cok. you must
boile your butter before you put it on

An oat meal pudding

Take two Spoon full of oat meal putt
it in a gill of water Let it stand a while
I bring it up now and then then I ven it
throw ydolk in to your pan and let it boyle
over a low fire a good while then take half
a pound of almonds blanched and beat as much
Biskot or what bread & eggs leaveng 2 or 3 what
out a little Syamand and nutmeg half a pound
of butter half a pound of loaf sugar a pint of
cream to be in a dish next the dute

To pot venison

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Take the Lidd and handle of a buck Cut the
Lidd in to four or 5 pieces and the handle in
to 6 or 7 take 3 Ounces of gross pepper a
quarter of an Ounce of Mace as much of
Cloves and an Ounce of nutmegge Beat the
pieces fine and put them to the pepper and as
much Bay Salt as you think good for it
all together with the venison then take the
~~venison~~ pieces and roll them up like Cloves
wrap very close put them in to a pot very
close cover it with a sheet of Lead fit for a
pot on the top of the venison then cover the
pot with a sheet of paper and set it in the oven
let your oven be as hot as for brown bread 4
Hours is a enough to bake it then take it out
and drain all the gravie from it then Clarify
fyre as much Butter as will fill the pot an inch
above the venison It is you must take off the
sheet of Lead before you put the butter on some
put Salt paper when they season it

How to roe Chars

Take your fish gut and Cull the heads of saip
them four times over in Clean Clothe but do
not wash them take a proper quantity of Black
peper and Salt mace Cloves Nutmegs Cinamon
mix all To geather and rub them verry well put
them in a bask any pott and Clarify as much
Butter as will Cover them set them in the oven
three hours and a half will Bake them when
Baked pover your Butter from them then and
and keep it warm then take your fish up with
out Breaking and lay them upon a Table when
drained putt them in the potts you send them
away in Verry Close Covered them with the same
Butter they are Baked in

To Sew Pidgeons

Do as you do to boy then take grated bread
Cloves mace Salt Nutmeg a little black peper Salt
some of the best uers byd and shred mix all the us to
gether then make it up with fresh butter in la
bals then stuff the insides of your pidgeons and
sew them up at both ends then take as much water
as will Cover them one onion stuck with Cloves set
this over the face when all most an enough pover
part of the Liquor from them and vingar to what
remains to your tast or reder lemon when done and
roof them on the grate with butter an hour is a glas of
white wine serve them up with suppel you may if
you please add some bold to the gravy some you put in the said

How to preserve Peiries

take a pound of Morrellay Peiries and a pound
 of Sugar beat the Sugar and put the moast
 of it on a white plate then pull the Peiries
 out of the Peiries and then at little at you
 can and lay them on the plate and cover
 them with the Sugar set them on the fire
 in a pan with halfe a gill of the juce of Lemons
 of the same sort of Peiries I should let
 them boile fast and at the same time
 take it off and throw in the Remainder of the
 Cowen Sugar by degrees and let them boile
 very fast till you think the be enough
 and take off all the Summe

To pickle Pickles

take y^e Pickles of the largest sort and
 make them as when at you can from the
 same boile them on a clear fire and when
 open pull out y^e Pickles then wash them in
 the Pickle ^{4 or 5 times} over and take out ^{of the Pickle}
 or pot as soon as they are cold and let the Pickle
 that comes out of them stand till it be
 settled then take all the clear of it and
 put it in to a Glass pen and some mace
 and pepper a whole nutmeg and ginger
 sliced and some Salt boile the Pickle before
 with as much vinegar as you think fit a
 little before you put the Pickles in and a
 little after and cover them (To be more like
 better)

To make an orange pudding

Take the yolks of 12 eggs and half a pound of butter
lof sugar beat your eggs an sugar for half
an hour then take half a pound of butter
waished from the sullie me lb. stoly and let it
be all most Coult then put it to your Eggs and
sugges beat them all well together then have
redy the rines of 4 half Candied oranges cut very
small and thin stir it well up in a dish and lay
upon faine paste upon it half an hour will
bake it

white or gray pease soup
waish and pick your pease and put them into
Coud water to boile til the soft then with your
hand rub them thro a sieve so put the pulp in to
the water the was boild in If too thick add some
hot water then boile it with 2 or 3 collops of dryed
beef and a large bunch of mint Savory Sweet marjoram
thyme and a few Leeks when well boild have a little
browned butter and flower in your frying pan
which add to it and salt to make it swary
remember to take out the beef so serve it
up with fryed bread ~~to taste~~ as any other soup
som like a little sennage you may make it with
out beef if you please

To make a lemon pudding

Take four Lemons pare them and boile
 the parings in water till the be tender
 Changing the water once or twice then
 put them in a Mortar and beat them very
 fine then take the Yolks of ten Eggs 10
 ounces of Cane Sugar 10 ounces of Butter
 beat if eggs well pound the Sugar and mix
 all well together and make a past and put
 Sugar in it and roll it out thin and lay
 it in the bottom of a buttered dish and lay
 the Lemons thus mixt upon the past and
 cover it over with a lid of the same past
 cutting it about the Dish side and so
 bake it

To make Raisin wine

Take two gallons of spring water and let it
 boil half an hour then put into a stein pot two
 pounds of raisins stoned two pounds of sugar
 the rinds of two lemons the juice of four
 lemons then pour the boiling water on the things
 in the stein pot and let it stand covered four
 or five dayes it will be fit to drinke strain
 it out and bottle it up in fifteen or sixteen
 days it will be fit to drinke it is a very cool
 and pleasant drinke in hot weather

To recover wine that is turaced sharp
Rack off your waine into another vessel and
to ten gallons put the following powder take
oyster shells scrape and wash off the brown
dirty out said of the shell then dry them in
an oven till they will powder a pound of this
powder to every ngin or ten gallons of your wine
stir it well together and stop it up and let it
stand to settle two or three days or till it is fine
as soon as it is faine bottle it off and cork it
well

To juggle hare

Take your hare Cut her in pieces and wash
but not drain her too much from the water then
put it in to your jugg with a bunch of sweet herbs
and onion if you like it a ghas of Clarie a
quarter of a pound of butter if your sauce
be too thin thicken it with a little browned
flower this must not be done till the hare be
taking of the fire it will take near three hours
doing you must make your jugg very close when
you set it in the water

To pickle Onions

Take the best Onions you can get peel
all the tough skins of and throw in to
water as you peel them then spread them
on a dry cloth and wipe them very dry then
pour the pickle very hot on them in a pot
with a narrow top and cover them Cloase if
pickle must be the best white wine vineg^{ar}
with a peny quantity of Salt black pepper and
whole and long pepper brook in bits but not
pounded the ale must be boiled all together
very well before you pour it on the onions
you must not boile the onions

To make Calves foot jelly

Boile the feet till the Hard round of and drp
them (then then boile them very well again
and take 3 pint of the liquor beat the whites
of six eggs well and put to it with a gill of
white wine and the juice and rind of 2 Lemons
Sweeten it with double refined Sugar then set
it over the fire again and keep it constantly
stirring till it just begin to boile so run it
through a jolly bag as often as need require
till it look clear and if you please you may
put some of the rind in small pieces and
put in to your glasses

To rooll flare

Case the flare and wipe her clean and cut her
ingros pieces season her with pepper and salt
so put it in to a rooll and cover it with butter
Lay a past over it and bake it for a bout
an hour ther, drain all the gravy from
it and pick the bones out so beat it very
fain. then season it with mace cloves and
nutmeg a little Pall press it very hard in to a
the rooll and cover it with the butter it was
first baked in let it col and cover it well
with Clarified Butter

To make sosinges

Take the fat and lean of pork a ribe piece and the
fillets with as much fat as it theas makes the best
Cut it in small pieces shred them small season
it with salt pepper jamaca pepper sage dryd and
rubed to powder. a good quantaty of let the meat tast
well of the spices and sage so fill the skins and tinsie
them so keep them for use on the top of the kitchen
when you use them cut the links and throw them
in to boiling small bear let them boile a few
minutles put them in the frying pan with the fat
Coms from them eat theas with mustard you may
use theas to roasted fowls or Scotch Collops they
are good with fryd Calfs Liver

To make a Cornat puding

take 10 ounce of grated bread put to it ~~some~~
Sinnamon Salt nutmeg and Sugar to your
tast you temper it with cream and 4 Spoonfull
of Sack and orange pill out Small take 3
quarters of a pound of raw Carrats grated and
8 yolkes of eggs beaten mix all well together
then take 5 ounce of Melted Butter and put
in and butter your Dish and Bake it

To make a Lentay

take a quart & a half of Wheat Some Lentay
being in it two or three eggs Making out halfe
the Whites beat the eggs and then Strain
the juce and eggs through a Sieve a pint of
cream a halfe penny White Rose and halfe
apound of biscalls grated a nutmeg and
a little beaten Sinnamon Sugar what you
think fit mix it all together and either
Bake it or ~~Bake~~ fry it as you please

To Pickell herring and sprats

Take them and lie them in salt three days then
pull the ure Rids of and their yals out then laie
them in a muge of ale and strow on them peper salt
mase and sinnamon be twist every tear then
take vinegar won 3 of roller and boile it a good
deale of seasoning in It Let it stand till it be
Cooled then remove It on and so reare it
Every 3 days

To make a marlborough pudding
Take yolks of 12 eggs and half a pound of loaf
sugar beat them well together work a pound
of butter in rose water to a cream mix all to
gether paste your dish at bottom and round
the edge half an hour will bake it

To make an apple pudding

Take 12 apple pippins or any good baking
apples boile them ~~and~~ over a slow fire till
they be soft then take the pulp of them and
12 eggs leave rub six of the whites grate a
nutmeg and a nutmeg 3 quarters of a pound
of melted butter put in sugar to your taste
stir all well together then put in to your
dish lay a lid over it half an hour will
bake it

To make Sugar Cakes

Take 3 pound of flower dryed well where
could rub in to it a pound and a half of
butter and a pound and a half of fine
Sugar Sifted make it into a paste with
ten yolks of eggs then make it into cakes

To make Ratiffes Cake

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Take 8 eggs break them in to a bason beat them up with a pound of Sugar very well with a whisk til it is as whight as cream then have ready a quarter of a pound of bitter almonds blanched and beaten very well with rose water and whisk them up well then stir in a pound of fine flower as quick as you can have your pan ready buttered then fill it and trench over it a little flower and sugar It will Bake in as little time as a light pudding

To make a Seed cake

Take three pound of fair flower dryed to for the fire when cold put to it one pound of Carryway Cornflour two pound of bitter in small peices then rub it ~~between~~ between your hands lightly til it be like grated bread then put to it six spoonfull of yeast 4 eggs & 2 spoonfull of Cream work them in to a light paste if it cleave to your hand it is right let it lye half an hour before the fire to rise

bake it in a tin pan let the oven be no
hotter then for man chels an hour will bake it

Ginger bread Cake in a tin pan the Best

Take 3 pound of Treacle 6 eggs taking
3 of the whites a quarter of a pound of butter
set it over the fire with a gill of brandy
let it be just milk warm an ounce of ginger
an ounce of cinamon finely powdered some
Collyanders and Carraway seeds bruised
or ounce of Candyed Lemon orring or
Citron cut in good large pieces a quarter
of a pound of almonds sliced beat all
well to gether with your hand a quarter
of an hour then work in two pound of
flower well dryed butter your tin you
put it in and put it in the oven. Som rub
the top of it over with treacle and yolk of eggs

and so

The 20th *Reumatism*

A Receipt For the Rheumatism

Take one ounce of Gum Guaiacum
pound it very fine then put it to half a
pint of Rum let it infuse near the
fire for 2 or 3 Days shaking it up
of ten till the Gum is all dissolved when
you go to Bed take Four Teaspoonfull
and keep warm the next Day

A felloe Drink for a Cow

Take Bay berries Juniper Commeric
Sugar Correns of each 1 ounce of
Grains $\frac{1}{2}$ N ounce then add to them 1
hand full of hart felloe Grass and as
much Ground ivy cut very small
then boy! the Herby and powders to
gether In a quart of Good Drink 5
or 6 minutes and when Luke warme
give it fasting and fast 2 howers after

83

Thought. Dropes given By M^r Linsay
take the thin parerings of 6 Swell
oranges 2 penneworth of Gentian Sliced
2 penneworth of snake root 6 penneworth
of Saffron well rub out 2 penneworth of
Scucheneel well brused put all this into
a quart of the best Brandy let it stand for
one Shaking it every Day for ten days

The Richest way to Take Fair out of a born as
ordered by Doctor Bracking

make a poultice of oat Meall Mix In It
a good quantity of hogs Lard apply this to the
Born till the fair is out heall it with
serob

for an. in flemashe after
Bleeding or the In flames For
make a poultice of oat meall and butter milk
put in it some hogs lard apply this to the
Sore

30

A Receipt for the Scurvy

Take half a pound of the fresh root of
great water dock, cut it in to thin slices
put it in a stone jar and pour upon it a
gallon of boiling water cover it up and let
it stand 24 hours then put the whole into
a saucepan and boil it about eight minutes
after this let it stand to be quite cold then
strain it off without squeezing: Drink a half
pint bason of this twice a day avoid high
season's food and use moderate exercise

from Dr Sloth's Second Essay
the part to be fomented with a weak
Infusion of Hemlock a little honey of
roses being added to it in the day time
and at night to be applyed over it the
hemlock plaster which he says is
thus made Take of the routhers of hemlock
two drams and a half and of the honey
of roses three ounces this is mixed up
and applyed to the part affected as often
as the physician judges necessary

For the Lunsey

Take three pennnyworth of the Grains
of paradise well ground, one half
pennyworth of album fine ly
pounded and as much Honey or Treacle.
but Honey rather that will make them
when well mixed of the Consistence of an
Electuary or Conserve

Carburiles

Take salt well beaten to powder sift
it and incorporate it with the yolk of
an Egg and apply it. it will draw away
the venemous Humours break any boil
or sore and contribut much towards
the healing of it

you ought to burn the salt over the
fire before you make it into powder &
then reduce it to a fines in a hot Iron mortar.
The yolks of the Eggs ought to be boiled
hard this done Take the yolks of four Eggs
Salt in fine powder four ounces powder
of Bay berries pigeons dung Strasbourgh
Turpentine of each two ounces; Camphire
in powder, Sal Armoniac, of each an
ounce mix and make a poultice and
apply it

For a Confirmed Cancer
or Cancerous Humour

Clivers, Howebeck, Groundel, Rosmary
Dandelion, Camomile, Red Sage
Hyssop Elder buds or Leaves and
mint of each of them a handful
Boil them in five quarts of water
till one quart is wasted strain
off the Liquor and boil it up
with one pound of Loaf Sugar
Drink half a pint morning &
Evening months then $\frac{1}{4}$ of a Pint
for 3 months more & so continue
directionally, for when the whole
mass of Blood is so affected as to
cause a Cancer it is not taking
out the Part will produce standing
Cure but the whole Juices must be
cleansed and that requires a time

32
As the Disorder is more or Less
obstinate at the time of
Drinking this Decoction this
Ointment must be used for the first
3 Days twice a Day then once a
Day for 3 week if Broke this will
heal take 2 ounces of Sallad oil
woob oil, Carriers Oil, Linseed
oil, of each one ounce half
an ounce of flour of Brim Stone
mix and stir them till well
Incorporated Anoint the Part
and Cover it with a bit of fine
Rag or flannel

- an excellent receipt to make
- yeast or barm

take two quarts of water put to it
four ounces of brown Sugar boil it half
an hour when tis warm put to it 4 ounces
of yeast set it in a deep pan so near the fire
as to keep it blood warm let it stand a day
then pour away the clear Liquor & keep the
remainder for use with 4 ounces of this first
yeast more may at any time be made six or 8
spoonfuls of this yeast is sufficient to a
basket of flour

how to make Blamang

take an ounce of ising glass split in pieces
pour boiling water upon it & let it stand
all night till it be dissolved to a gelly then
put it in a pan with a pint of fresh milk
and sugar to your taste blanch & beat a few
sweet and bitter almonds & put to it let
it boill a little & stir them all together
then put it in to a bowl & stir it till cold
then put it in to your pots or Tins

To make a 4 hours Puding

take 1 pint of new milk & 8 eggs make it very sad with flower beat it very well stone a pound of raisings & cut them in take 2 pounds of such shred small 1 nutmeg a little sugar & salt the longer you boyl it the better

To make a quacking pudding

take 3 quarters of a pint of a pint of Cream & three eggs beat them well and add a little sugar and nutmeg to your taste boyl it 20 minutes & serve it up with butter

Queens Pakes

Clarify a pound of butter let it stand stand till you take only the clear butter & leave the dross take 8 eggs leave 6 of the whites out beat them exreamly well then put to them a pound of fine sugar beat and

Sifted & beat them well together & add
a spoonful of orange flower water if you
chuse the flavor you may put in a small
quantity of mace finely powdered then
put in the butter & beat it again &
just before you put ⁱⁿ the tins sprinkle
in to it by degrees 3 quarters of a pound
of finest flower well dried mix all well
together but do not beat it much after
the flower is in, last put in half a
pound if you like them full of fruits
set it immediately in to the tins &
fill them about half full

To make a white plumbe Cake

take 4 pounds of butter wash it in rose
water then beat it to a cream 4 pounds
of currants well washed & dried 4 pounds
of fine flower dried & sifted thro a sieve
2 pound & a quarter of loaf sugar
fairly beaten & sifted 1 pound of Citron
^{sliced thin} of jordan almonds blanched
& then sliced the broad way 3 quarters

34

of an ounce of mace half an ounce
nutmeg and a quart of sack to every
pound of flower nine eggs leave out 8
of the whites of the eggs beat the yolks
and the whites separate very well have
things ready before you begin to beat
the butter first put in the whites of
the eggs and then the yolks and the sack
sugar & seasoning beat it till the
oven is ready put in the flour warm
the Curtains and sweet meats & almon
just when you set it in the oven 1
hour & a half will bake it

the Tiring

like pound & a half of double
refined sugar finely sifted & whites
of eggs 5 spoonfuls of rose water
7 spoonful of orange flower water
a grain of musk beat all these while
the cake is baking & when you take
it out spread it on

To make orange Syllab

Squeez the juice of two Swell oranges
and one Lemon in to a China Bason that
holds a quart sweeten this like a Syrop
with double refined Sugar put to it 2
spoonfuls of orange flower water and
strain it thro a fine Sieve but a large
part of thick Cream with some of
the orange pill cut thin when tis ready
could pour it in to the Bason of Syrop
through a Funnel which must be hold
as high as you can from the Bason it
must stand a Day before you use it
when it goes to Table stick slices of
Candy orange Lemons and Citron
on the Top

To make a white
Syllab

put a pint of Rhenish or white
wine first steeping the skin of a lemon
in it to a quart of cream & whisk it
all wou way take of the froth as it rises

35
& put in to the glasses till ^{it} all be
beatn in to a froth & let it ^{stand} 2 or 3
hours till it settles

To make a Trifle

Take half a pound of macaroons
lay them on a Dish & upon them
a glas of whait wine pour upon
it a pint of Cream Custard &
upon that a whijt Syllabus
Almond Custard

Take half a pound of almonds blanck
& pound the same with rose water then
strain them with a pint of cream the
whails of 5 eggs & a quarter of a
pound of fine sugar put the custard in to
cups or crusts & bake in a slack oven ^{the}
baked set them on a dish & scrape on them
deable re fine sugar

Almonds grinding
pound half a pound of sweet almond
with a little orange flower water to
keep them from oiling mix in with them
3 or 4 grated biscuits half a pound of
butter & 4 or 5 spoonfuls of sack
the yolks of 8 & whites of 4 eggs
and a quart of cream half a pound
of sugar lay a paste at the
bottom of the dish pour in your
mixture & bake it.

To Preserve China Delf & Glass

Take 5 Black snails crush the oyle
out of them to the oyle add 7 Drops of
Linseed oyle 1 Drop of the oyle of amber
2 spoonful of Brandy and the white
of an Egg beaten to oyle put all the
Ingredients into a Bottle together

To Make Everlasting Julibubs

Take a Quart and half a pint of Cream
 a pint of Rhenick half a pint of sack
 3 Lemons half a pound of Double refin
 ed sugar beat and sift the sugar and
 put it to the Cream Grater of the
 Rinds of 3 Lemons in to the wine
 and put these to your Cream then beat
 altogether with a wisk Just half
 an hour take it altogether and fill
 the glasses twill keep ten days

Countiss of Derby

Cream Fummary

Take a pint of Cream 3 Spoonfulls
 of Rice Flour very ~~fine~~ fine ground
 or beat and sifted till it is small

3 ounces of Sugar and 2 ounces
of almonds beat small beat with
som spoonfuls of milk for fear of
oiling the wharts of 3 Eggs beat
strain the cream and Eggs to the
almonds and set it on the Fire and
stir it all one way till tis thick and
smooth as a Custard then pour it in
to deep glasses that when tis cold may
turn out in picked Shapes blanch
and cut some Almonds in Slips to stick
upon it

Gradwell alike for Tea if you like it

Take 2 pound 2 ounces of Flour
Rub in 9 ounces of Butter well in to
the flour then rub in 6 ounces of
brown Sugar & one ounce and a half
of Caraways Seeds Then knead it
with water and Barm like Common bread
let it stand to rise It will take about
2 hours in the oven

Another

37

Take 2 pound 2 ounces Flour rub
3 ounces of Butter well in to the flour
then put in Four ounces of Currants
well washed Pickl & ruber with a cloth
4 ounces Brown Sugar and 1 ounce
and a half of Caraway Seeds then
Knead & order it as before

200 200 200
Another

Take Four pound Four ounces of
Flour Knead & order it as above
Double the quantity of Butter Sugar
and Caraways as the Flour is double
the quantity and put in a pound
of Currants It will take 3 Flour
in the oven; the as 3 above are
Unshell Gradwells Buns

To make oatmeal Flumary
put 3 large handfuls of oatmeal in 2
quarts of water let it stand a day
and a night strain it thro a fair hair
sive put in one Spoonful of Sugar
and 2 of orange flower water set
it on the fire and boil it till
tis as thick as Flasy pudding stir
it all the while that it may be
Extreamly smooth when Boild
enough pour it in to shallow dishes
for your use

Harts horn Flumary

Put a pound of Harts horn shorn
to 3 quarts of water boild it over
a slow Fire till tis consumed to one quart
then strain it thro a fair sive in to your
Bason and let it stand till cold then
just mett it over the fire and put to

it half a pint of white wine a
pint of new thick Cream and 4 Spoon
fuls of orange flower water Scald
your Cream and let it be cold before
you mix it with wine and felly
put in double refined Sugar to you
Tast then beat it all new way
for an Flour and a half at least
for if you are not thus careful in
beating will rather mix nor lock
to please you Let the Cups you
put it in be dipp'd in water for
if the are dry it will not turn
out Keep it in the Cups a Day
before you use it when it is set
to Table you must turn it out and
stick it over the top with Blanched
almonds cut in Slices Eat it with
Cream or wine which you like best

A whipp'd Syllabab Extraordinary

Take a quart of Cream boil it &
let it stand till tis cold then take
a Pint of white wine pare a lemon
thin and steep the peel in the wine
2 hours before you use it to this add the
juice of a lemon and as much sugar
as will make it very sweet put all
this in to a Bason and whisk all one
way till tis pretty thick Fill your
glassis and keep it a Day before
you use it twill keep good 3 or 4
Days Let your Cream be full measure
and your wine rather les if you like
it perfumed put in a grain or
2 of Ambergreese

Lemon Cheese Cakes.

39

Beat the yolkes of 8 eggs in theas grabe the
raind of a large lemon add to thease four ounces
of fine sugar well poundd and sifted and a
quarter of a pound of fresh butter warm
all theas gently over the fire keeping stirr
ing it all the while till it begin to thic
ken then take it of and put it in to coffin
mad of puff paste and bake it in a gentle
oven

another

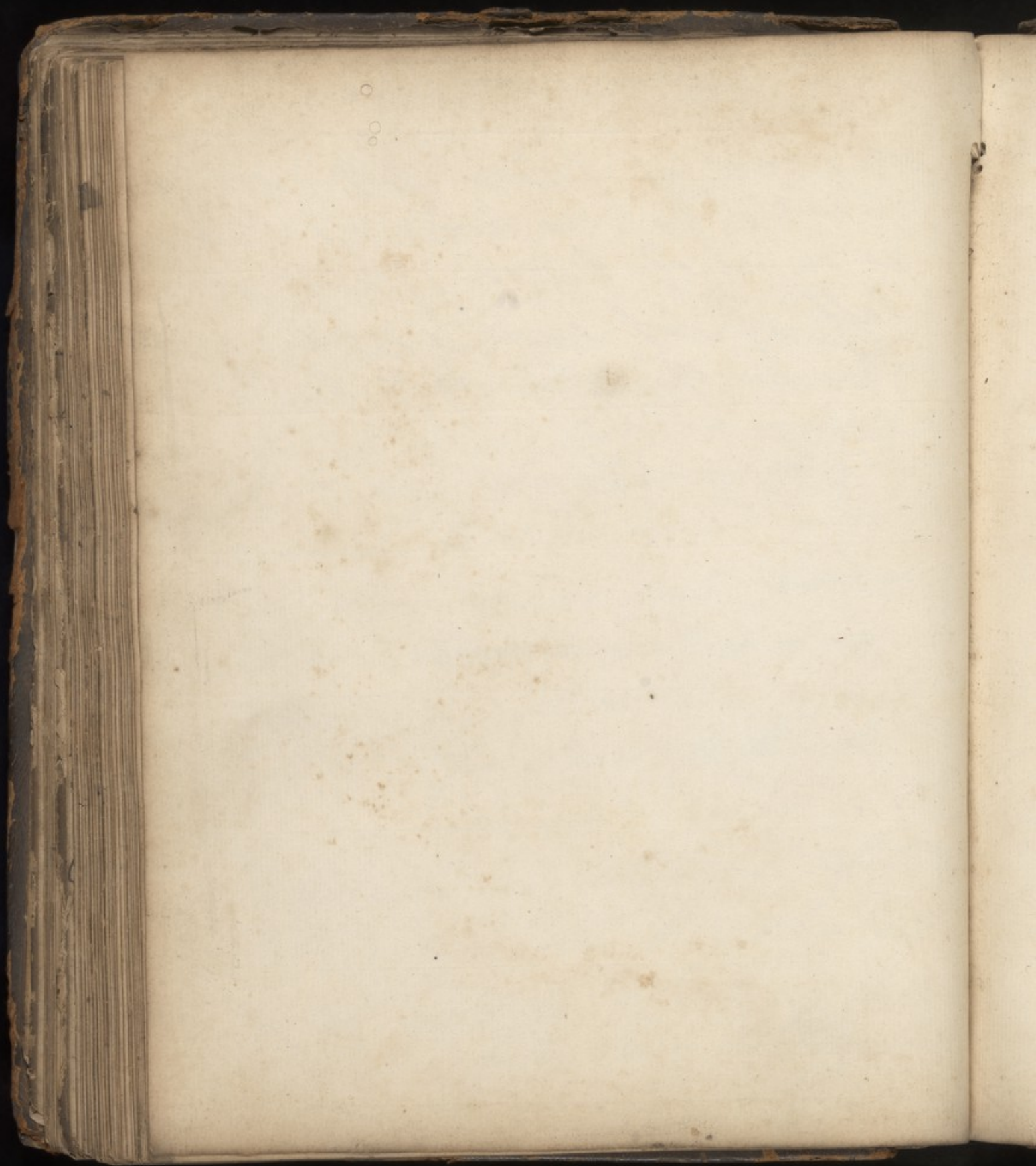
boill the raind of a large lemon in 4
waters till tender pound it in a mortar
and beat it with the yolkes of 8 hard eggs
6 ounces of loaf sugar finely powdered and
a spoonfull of orange flower water then mix
this with as much cream and 2 eggs beat as will
make it of the consistans of cheesecake. near
be for it is baked then put it into coffins
and bake it in a gentle oven you may put
in currans if you please but then the must
be well plensed a plunger over the fire in sugar
and water the best way of making theas Cheese cake
is in patty pans and to fill them with meat near
an inch thick.

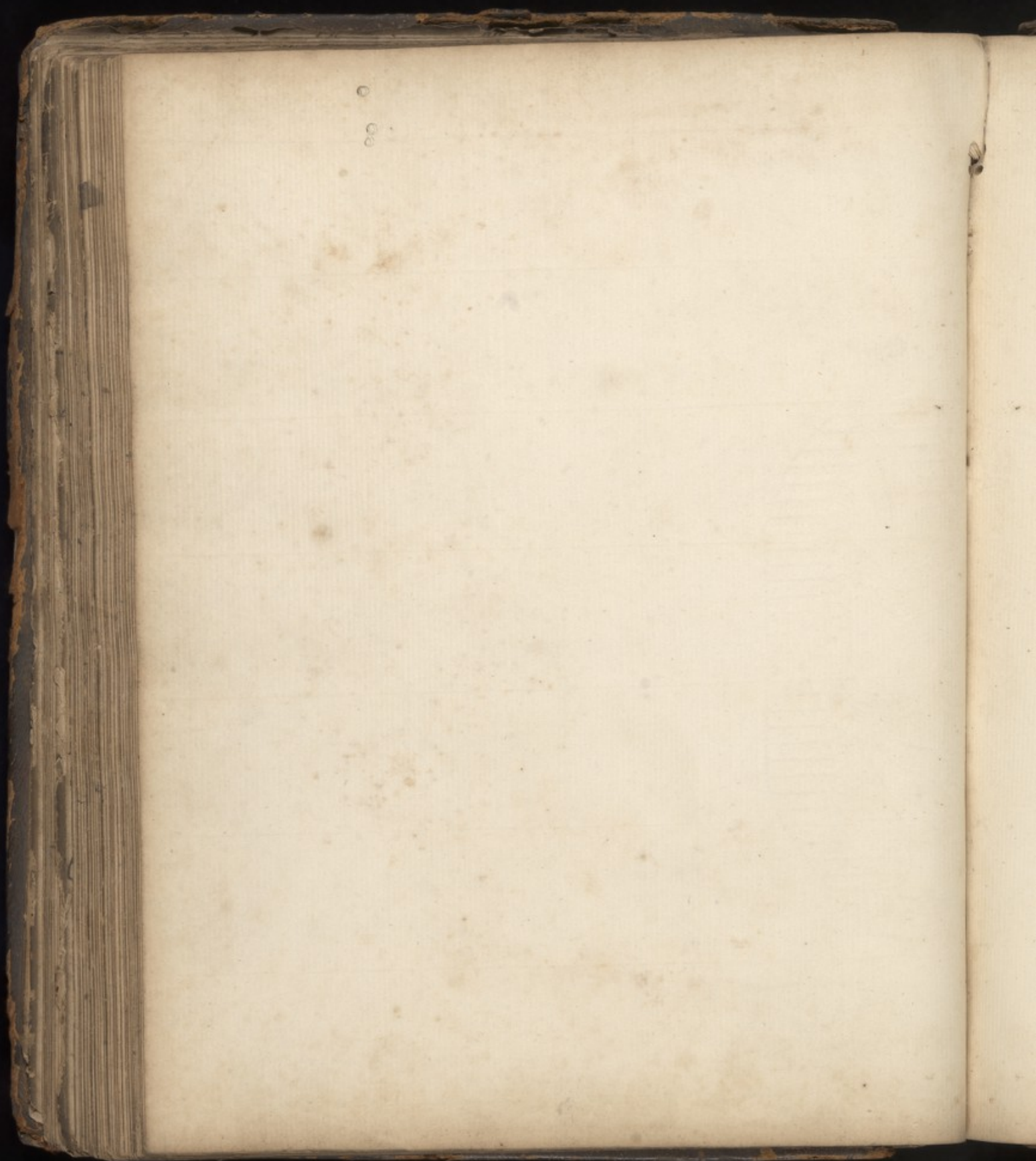
to Barbecu a Pigg
Take the pigg and Cut the her and feet of
then Cut it down the back and take out the
intralls then Lay it flat upon Spells in
in a Dripping pan with the raine Down
first then fasten it high with both sorts of
pepers and Salt and mace then mix Sage
Sweet margaram & grates bread and where
kott Strew it on and bast it well let
it bake a bout three Quarters of a hour
then turn it the raine up and when near
a nough Strew on some grates bread and
froth it up ~~seare it up~~ seare it up on
the inside to Ly in as little room as
you can for sause boill the
brains and take some Gravy with
out seasoning and abtle out of the
Dripping pan and mix to gather and
thicken it up with flower and butter
and send in a bason and the Gravy in
the Driper pan upon the Dish under
the Pigg

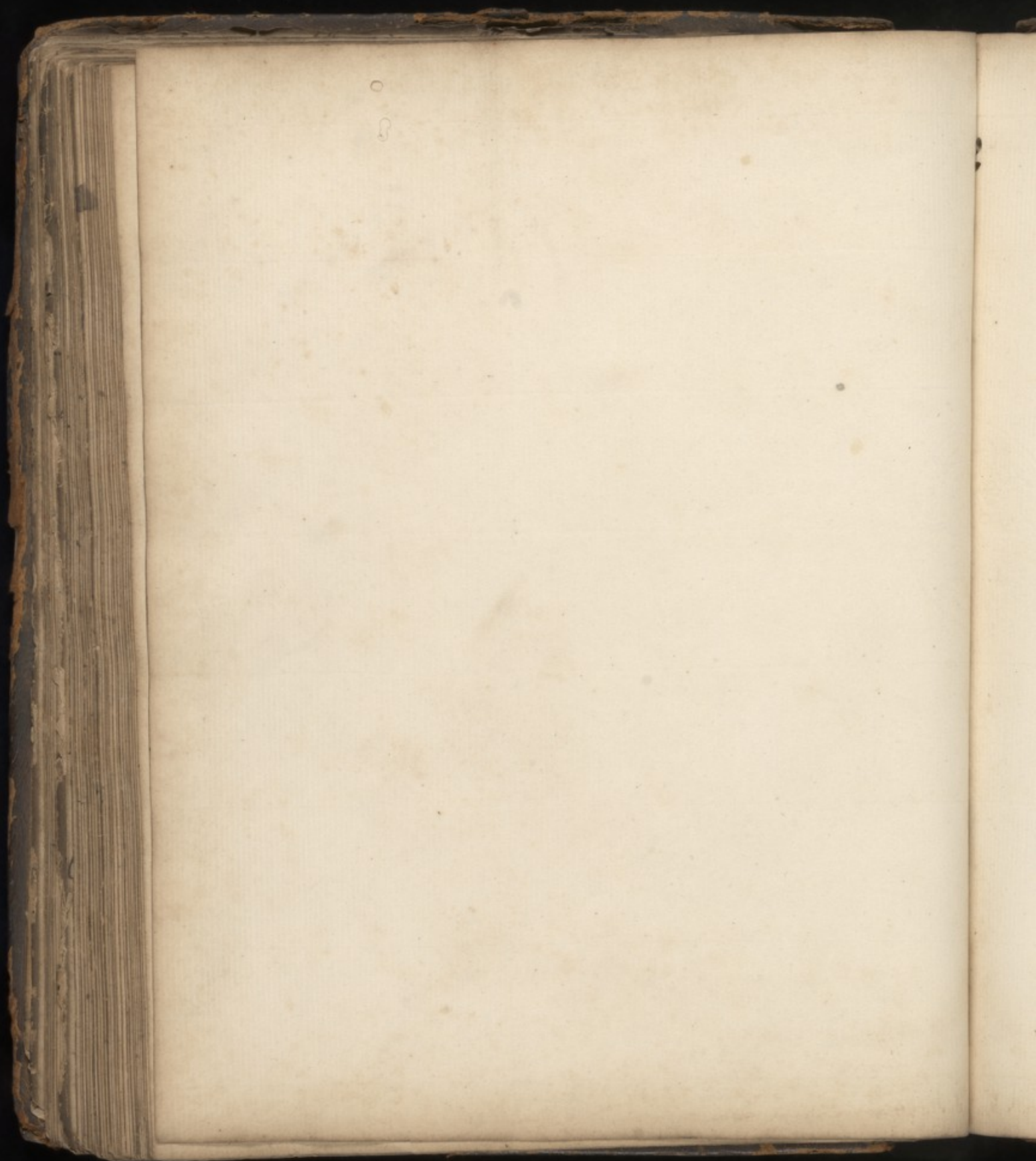
a gud cake

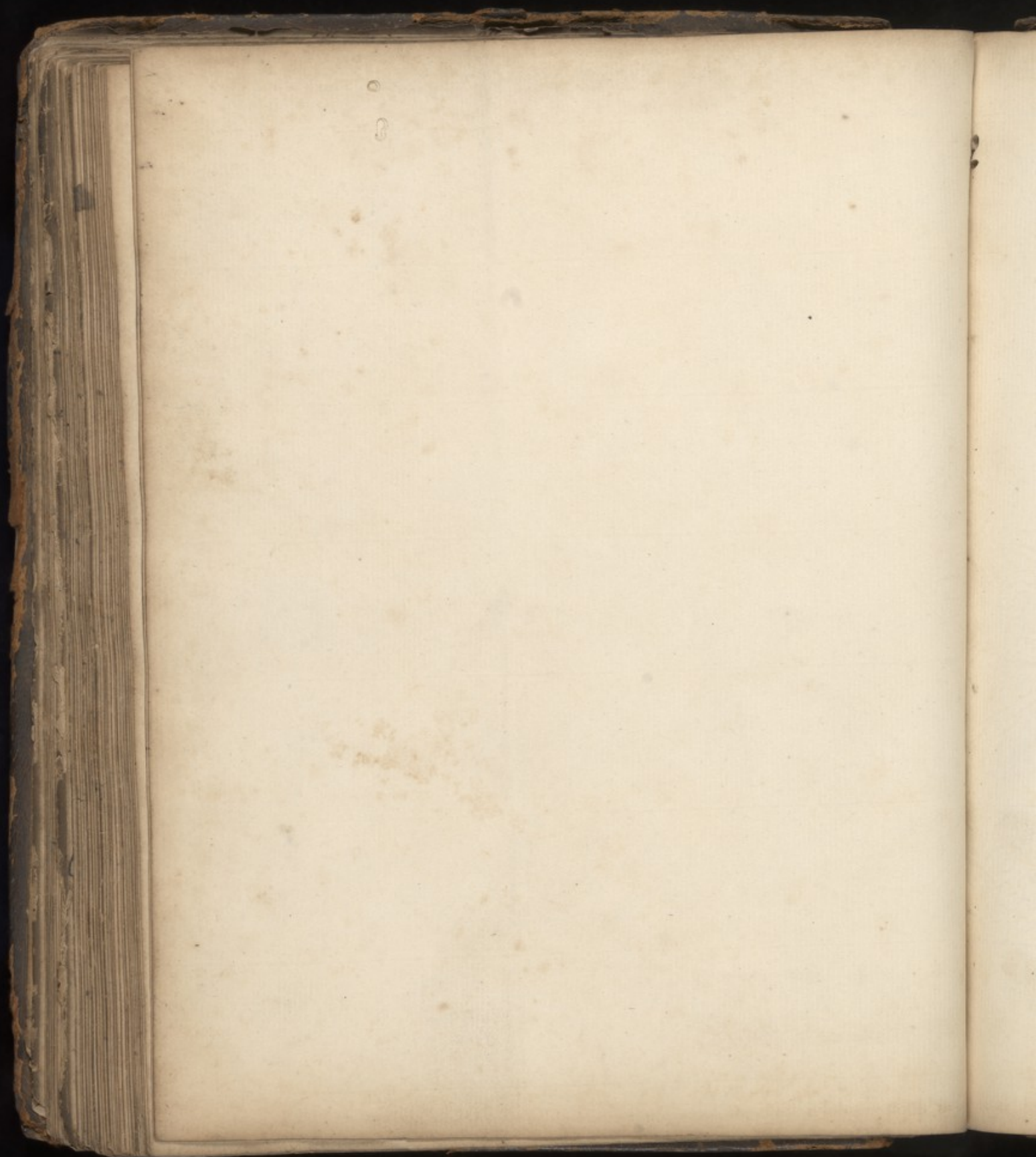
2 pound of flour well drized be
for the fair a leven egg 5 whails
20 ounce of butter 1 pound and a
half of loaf-sund 1 pound of
Corrons Beat it well half an
our

[Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.]









Carlton

20
20

20



1712

Faint, illegible handwritten text, likely bleed-through from the reverse side of the page.

be hush my ^{upon} fears it is his all mighty will that shall
the storms and bids them all be still be Calm ye tempests
vanish every care while with triumphant faith
my soul draws near to god in all the confidence
of prayer He has not bid me seek his face in vain
Talk to the winds or to the waves complain
He hears the Callow ravens are redress'd
young lions thro' the desert for their wants
He marks them and the wild petition grants
the gaping furrows thirst nor thirst in vain
parch'd by the noon day sun for timely
with silent ^{Rains} swills the fair declining flowers
Request and gain the kind refreshing
show'rs

and will the almighty father turn away
nor hear his darling offspring when the
no breach of faithfulnes his honour stains
with day and night his word unchang'd remains
the various ordinances of the sky
stand forth his glorious witnesses on high
summer and winter autumn and the spring
for him by turns their abettations bring
unblemish'd his great league with nature
stands

and full reliance on his truth demands:
 nothing that breathes a second deluge fears,
 when in the Clouds the radiant bow appears
 Can the most High like man at random
 Speak,

forfeit his honour and his promise break.
 Do's he that falsely swears, his vengeance
 Claim

and shall he stain his own tremendous name
 the earth the heavens were witness when he
 Swore

by his great self what would thy fears, ^{live}
^{more}
 and has a greater then himself been found
 that greater had the high engagement bound
 shall fleeting winds th' all mighty words
 reverse

or breathing just his solemn oath reverse
 Can he like man unconstant man repent
 shall any Chance or unforeseen event
 Start up his solded pernos to prevent
 or can fail in the expected hour
 a stranger to his own extent of pow'r
 what profit can a worm his Maker bring
 that he haud flatter such a worth less thing

why should he Condescend to mind my tears
or Calm with soft deluding words my fears
Can he of perfect happiness partest
Deride the woe that human life molest
or mock the hope that on his goodness rest
nature may change her course Confusion
reign

and man expect the rising sun in vain
but should the eternal truth and promise fail
In fernal night night and horror must prevail
The throns of light would shake the air
gods pours

would soon the air harys amidst the blisful
no more the soft the sweet melodious strain
would gently glide along the lapny plains
no more would tunefull Halls arise
and should to triumphant fill the sounding spheres
Each heavenly Countenance asulan air
of grief and anxious diffidence would wear
the golden palaces the Splendid Seals
the flowry mansions and the ~~sublime~~ soft retreats
the rosy shades and sweet delicious streams
would disappear like transitory dreams
angels themselves bear brightest hopes
on nothing more ^{recline} unchangeable than mine

am I deceiv'd what can their Charter be 48
fair Seraphim may be deceiv'd like me
If goodness and veracity dwine
Can fail, their hearts an airy dream
like mine

But oh I dare the glorious venture make
and lay my soul and future life at stake
be earth be heaven at desperate hazard lost
if hear my faith should prove an empty
boast

what'er your arts ye powers of hell suggest
the truth of god undantled I attest
produce your annals with insulting rage
Bring out your records shew the dread full
page

one instance where the almighty broke
his word

Since first the race of man his name did own
In gloomy characters point out the hour
Exert your malice. Summon all your powers
with vile infernal all your pomp display
and match with horror the tremendous day
Confus'd you search your dreadful rolls in
vain

the eternal honour shines without a stain

unblemish'd shines in men angels view,
Just are thy ways, thou King of Saints and
true

To thee all glorious ever-blessed power!
I consecrate this solemn midnight hour
while darkness robes in shades the spangles,
and all things hush'd in peaceful slumber sit
unweary'd let me praise thy holy nam
Each thought with rising gratitude in flame
for the rich mercies which thy hands impart
Health to my limbs and comfort to my hart
Should the scene change and pain exhort
my sight

Then see my fears and listen to my cries
Then let my soul by some blest love be rais'd
Here sure I'll ever range from eternal woe
arm'd with so bright a hope no more ill fear
To view the dread full hour of death draw near
But my faith's strength as my life decays
my dying breath shall mount to heaven in
praise

As may my prayers be fore thy throne arise
an humble but accepted sacrifice
Be kindly sleep my weary eyes lids close
and cheer my body with a soft repose
Thy downy wings may guard an angel's head
and from all dangers screen my helpless head

Lady Jane Gray to L^d Guilford

49

With anguish that no force of words can tell
In these sad lines I take my last farewell
Approaching Death had no surprise for me
Could I with less reluctance part from thee
Thy solemn prospect sh^d my thoughts employ
And banish ev'ry tender scene of joy
But thou dost still return upon my Soul
Wh^t force the soft temptation can controul
I meet thee still nestled in thy charms
Sigh on thy Breast of languish in thy arms
O! Guilford'tis now wretched love of Life
Th^t fills my Soul with this uneasy strife
The flattering Blandishments of youthfull joy

J. G.

o

8

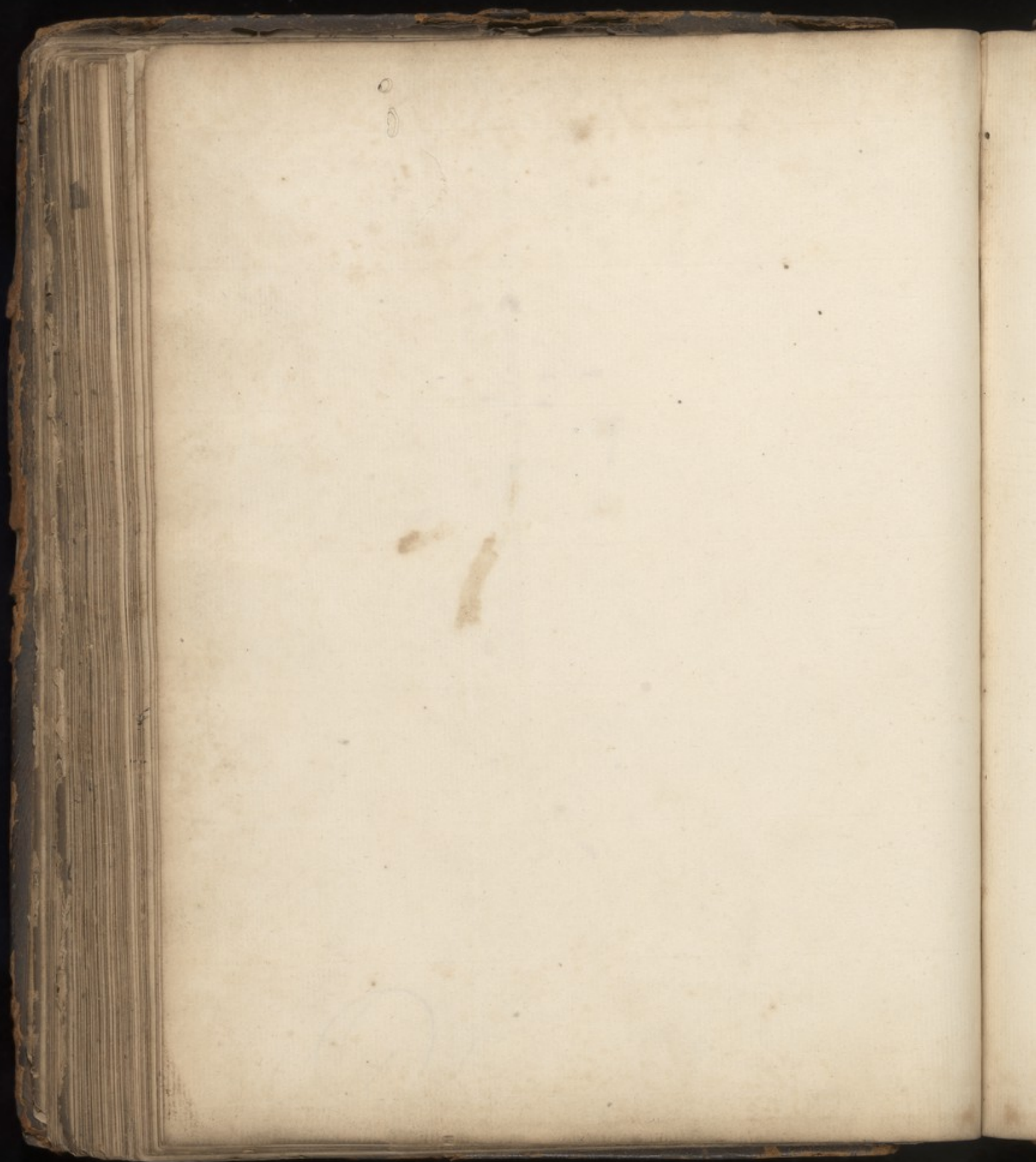
The first of these is the fact of our
 being a people of men and women
 who are not only free but also
 equal in the eyes of the law.
 This is a principle which has
 been the foundation of our
 government from its birth to
 this day. It is a principle
 which has made us a great
 nation and which we should
 never allow to be forgotten.
 It is a principle which has
 made us a people of men and
 women who are not only free
 but also equal in the eyes of
 the law.

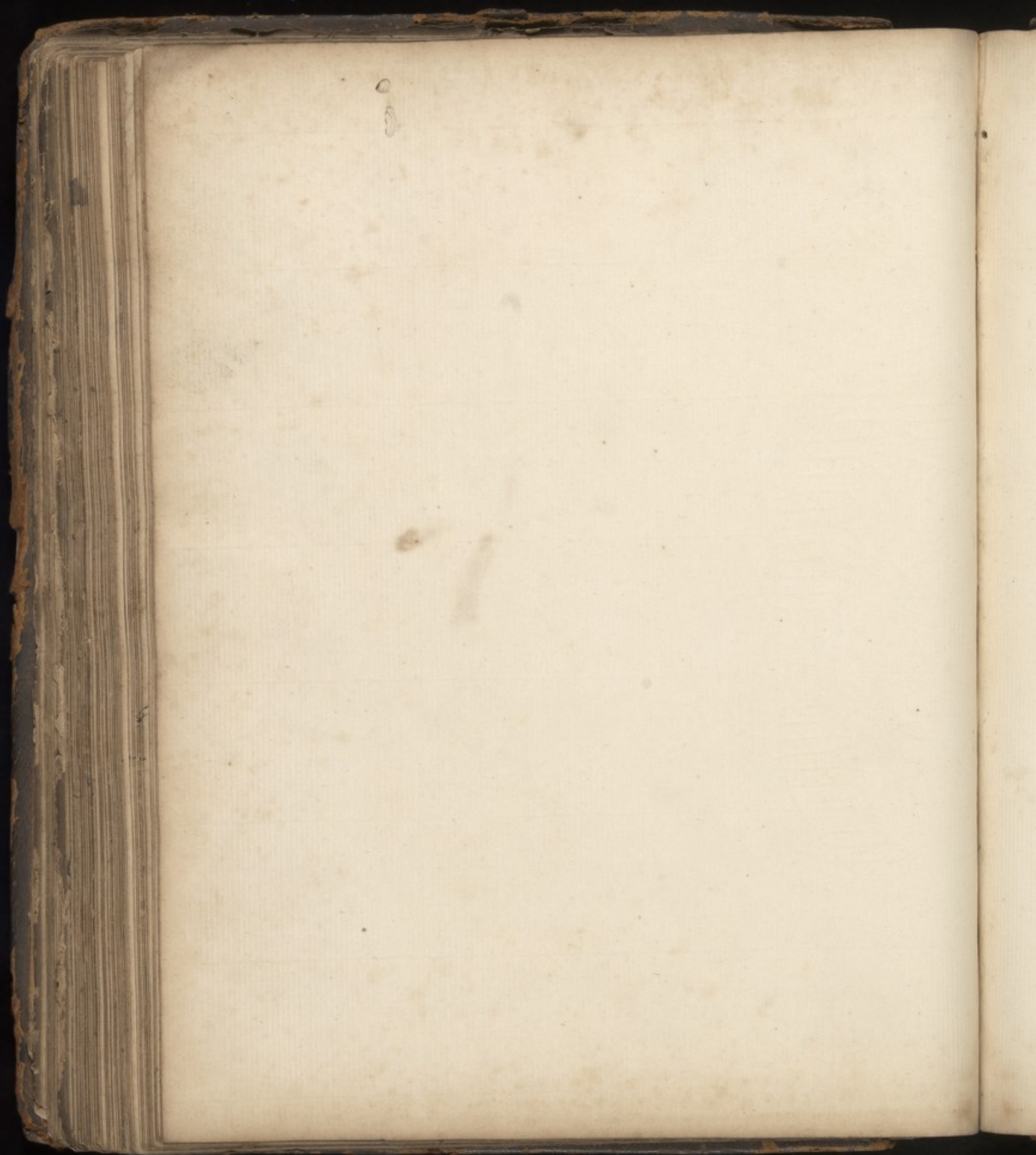
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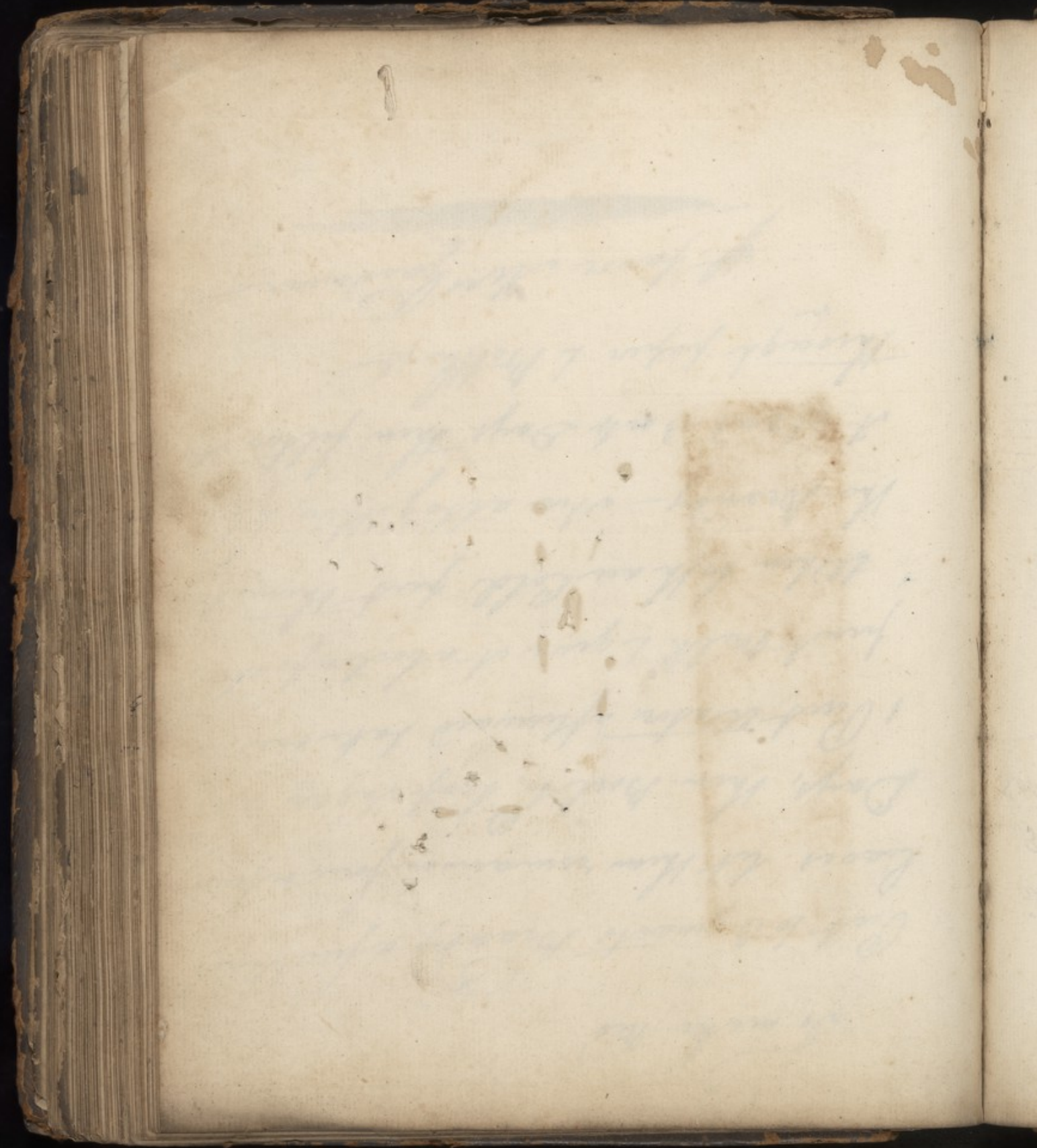


1000
1000

1000

To make No 1

Put to 3 quarts Brandy a few Crack
Nuts let them remain four or five
Days, then Boil 1. 1/2 loaf sugar in
1 Pint Water, when it is done
put Milk & give it a boil up a little
When to have Cold put them to
the Brandy - in a bottle. Let
it stand 3 or 4 Days then filter it
through paper & Bottle it
A few Mithridates



P



[Faint, illegible handwriting visible through the paper, likely bleed-through from the reverse side.]

give name in man or woman
is the immediate jewel of the soul
who feels my power leads back to something
it was man in his it have been place to the name
But he that feels from me my good name
Robt me of that which makes not him the richer
and makes me poorer indeed

1

[Faint, illegible handwriting]

Robt
B
76

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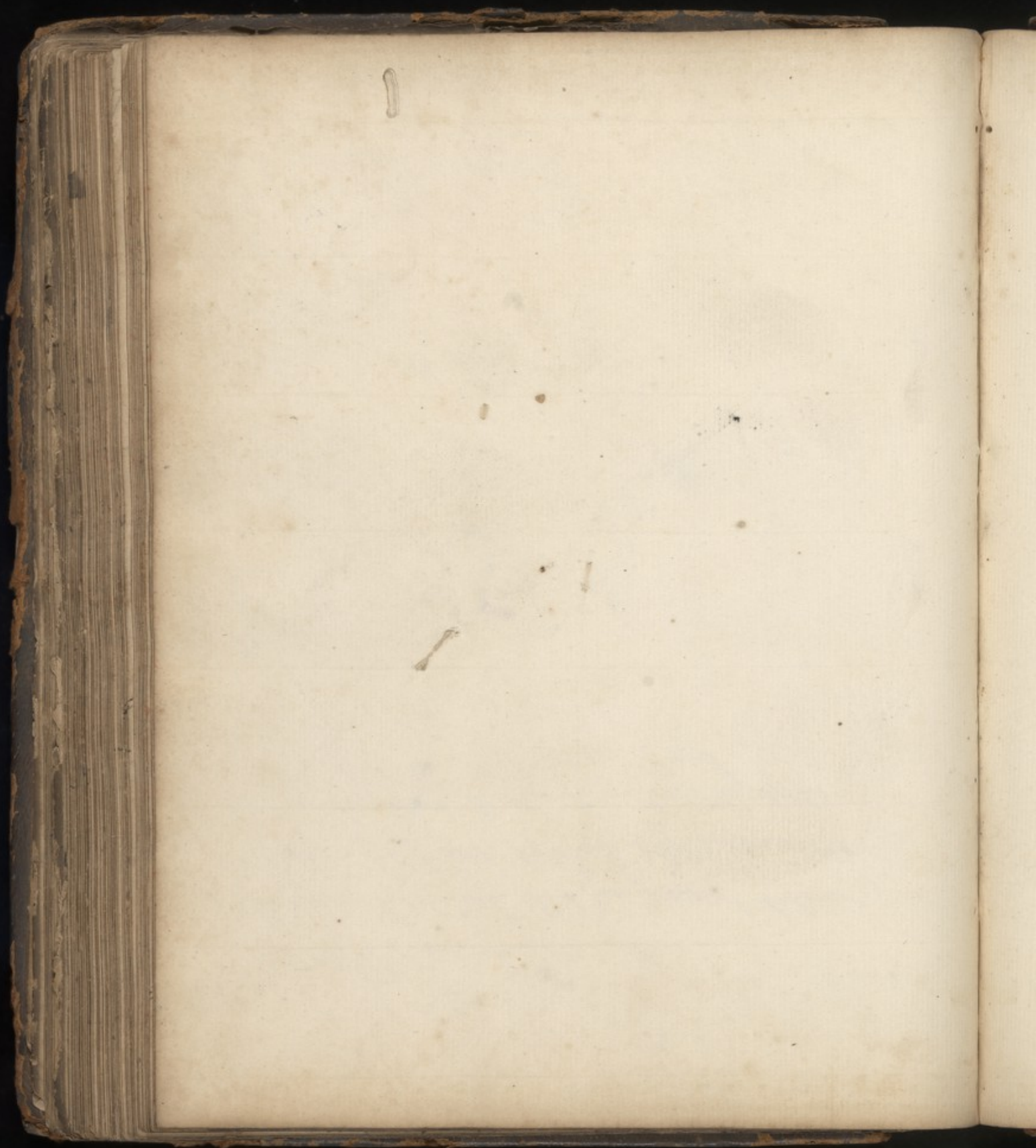
Go, & the Doctor: we alike adore
 them on the brink of Danger not before
 the Danger past, but he alike requires
 you is forgotten, & the Doctor: is forgotten

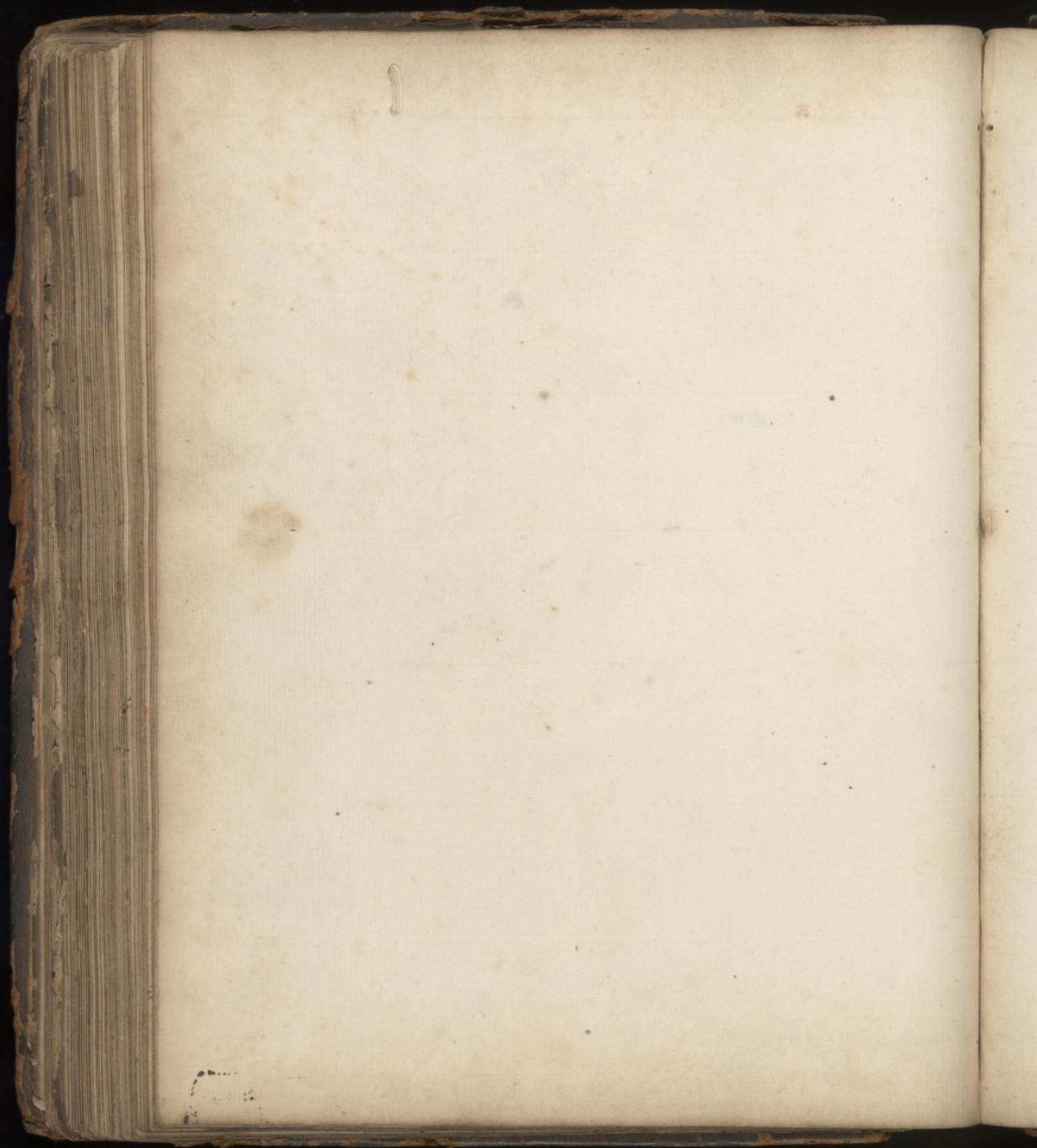
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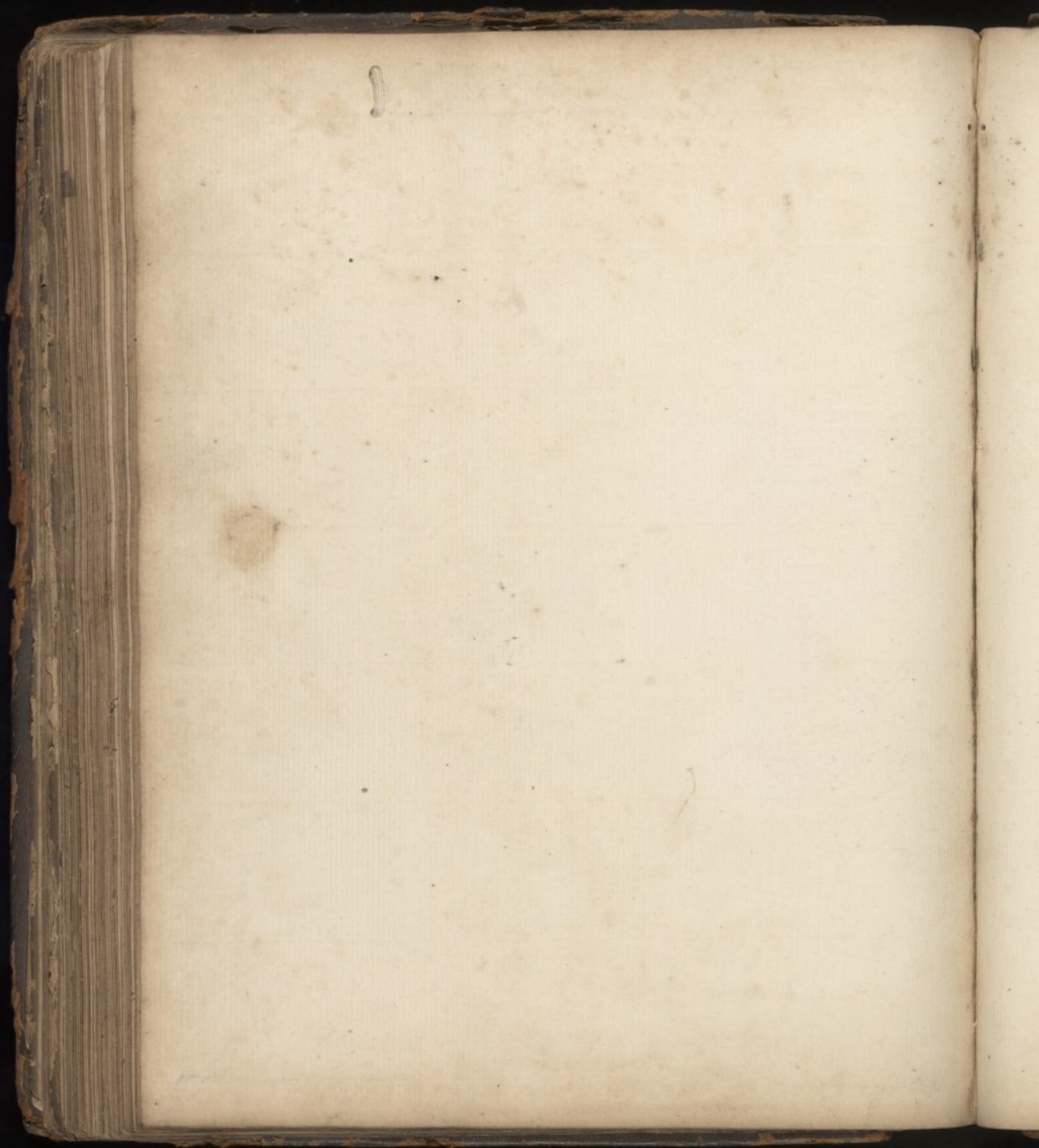
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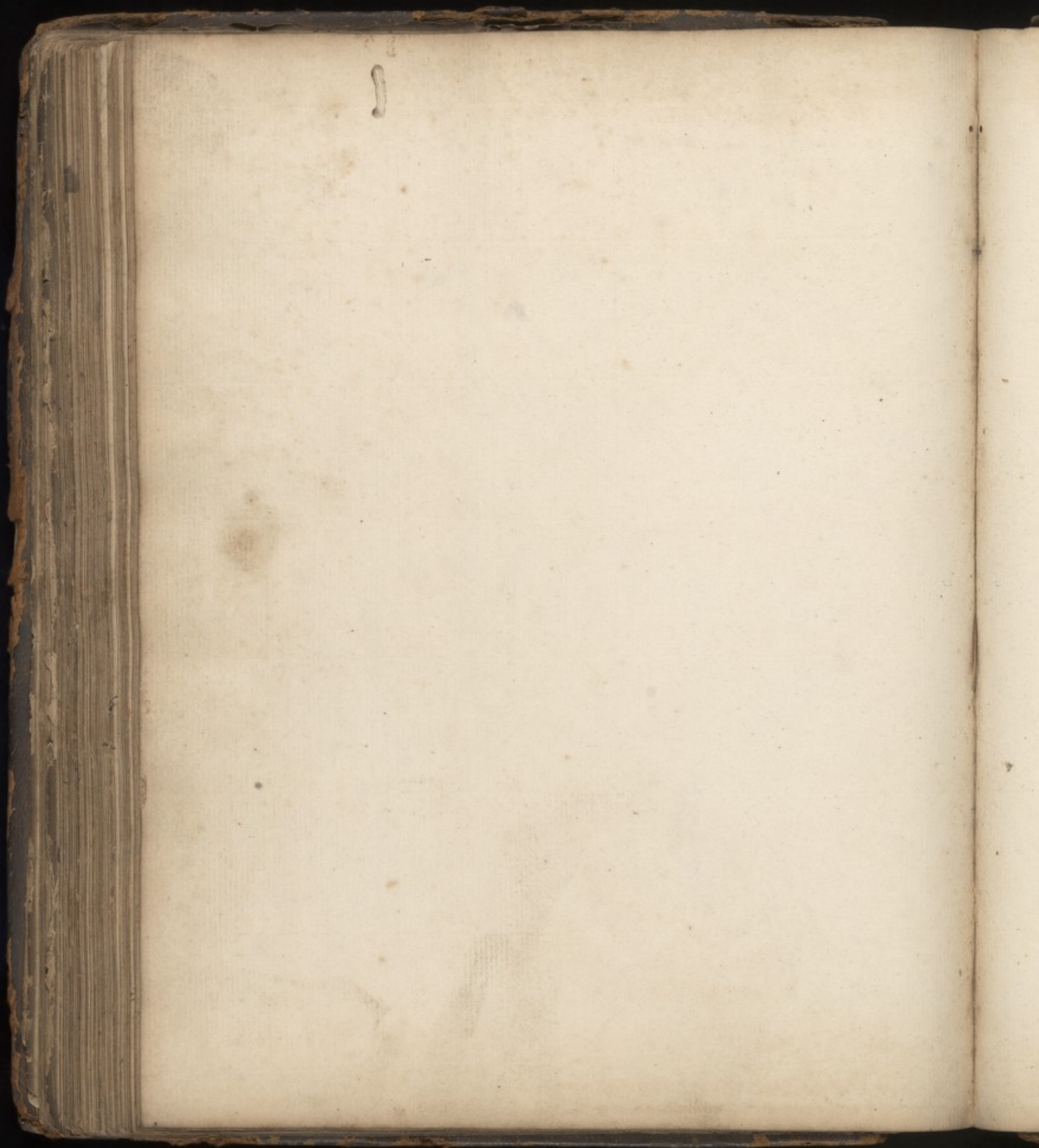


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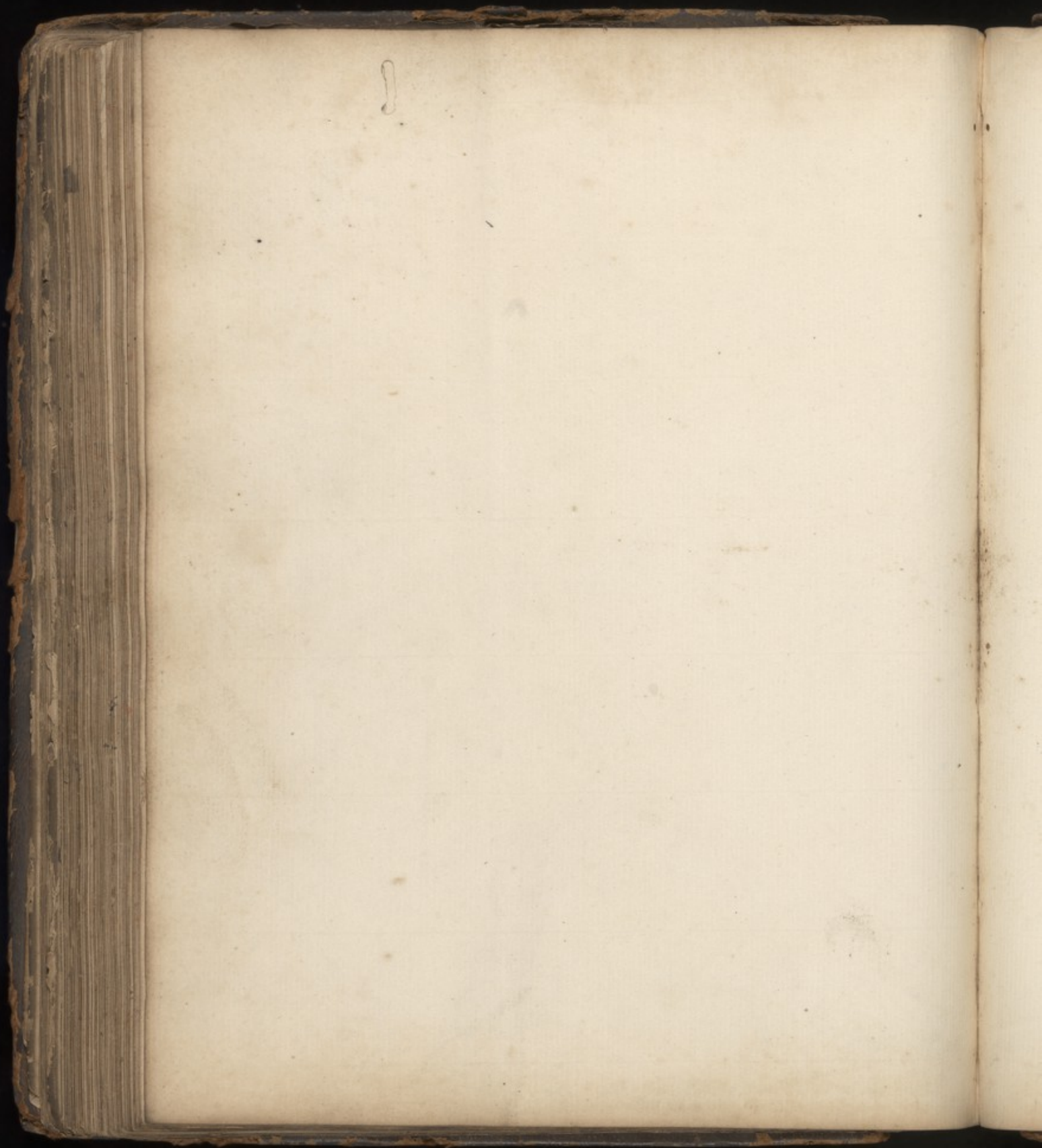
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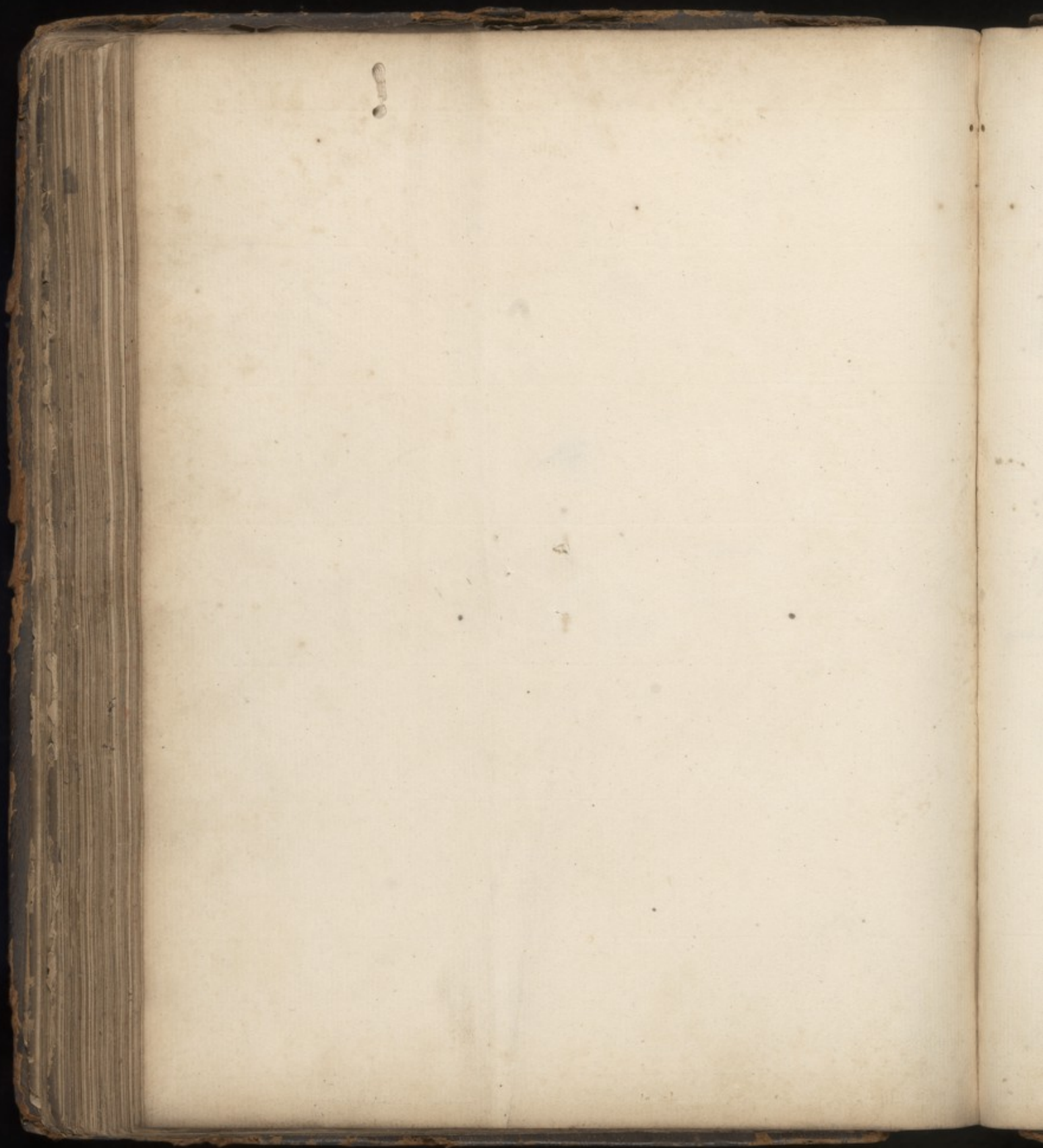
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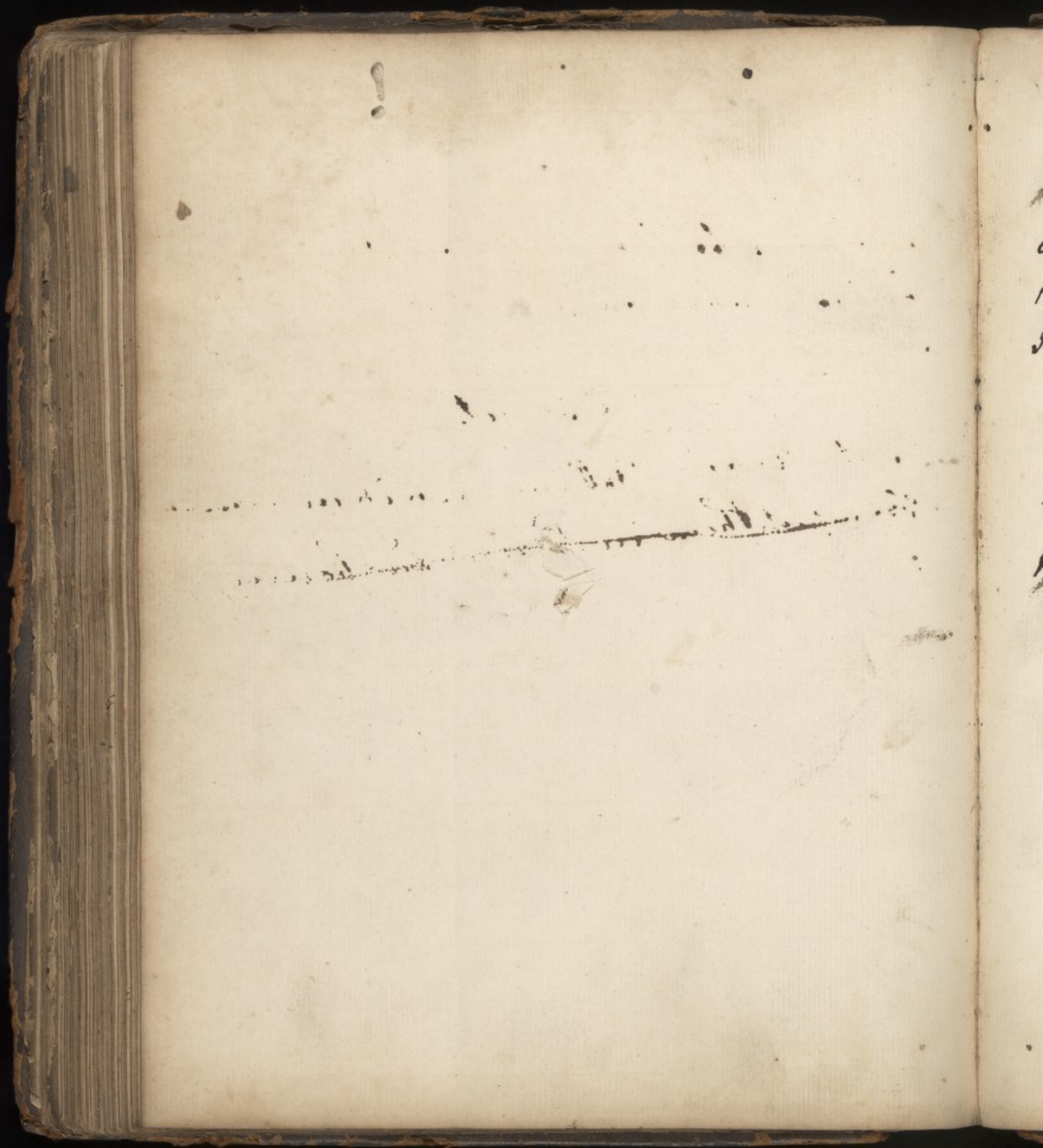


1

...the ... of ...
... half a p^o of oil of ...
... pour ... water ...
... in which ...
... these ...

Garnett

... the ...
...
...
...
...



To Dye Blue

66

Take half an ounce of Indico and
a half a p. of oil of vitriol put it in a
and pour boiling water on it put your
things in when dark enough rince and
Iron them half Dry

Garnet?

Take Brazil & Alum put it in water
~~then put them in Potashes and boiling~~

!

... the ...
... of ...
... and ...
... things ...
... have their ...

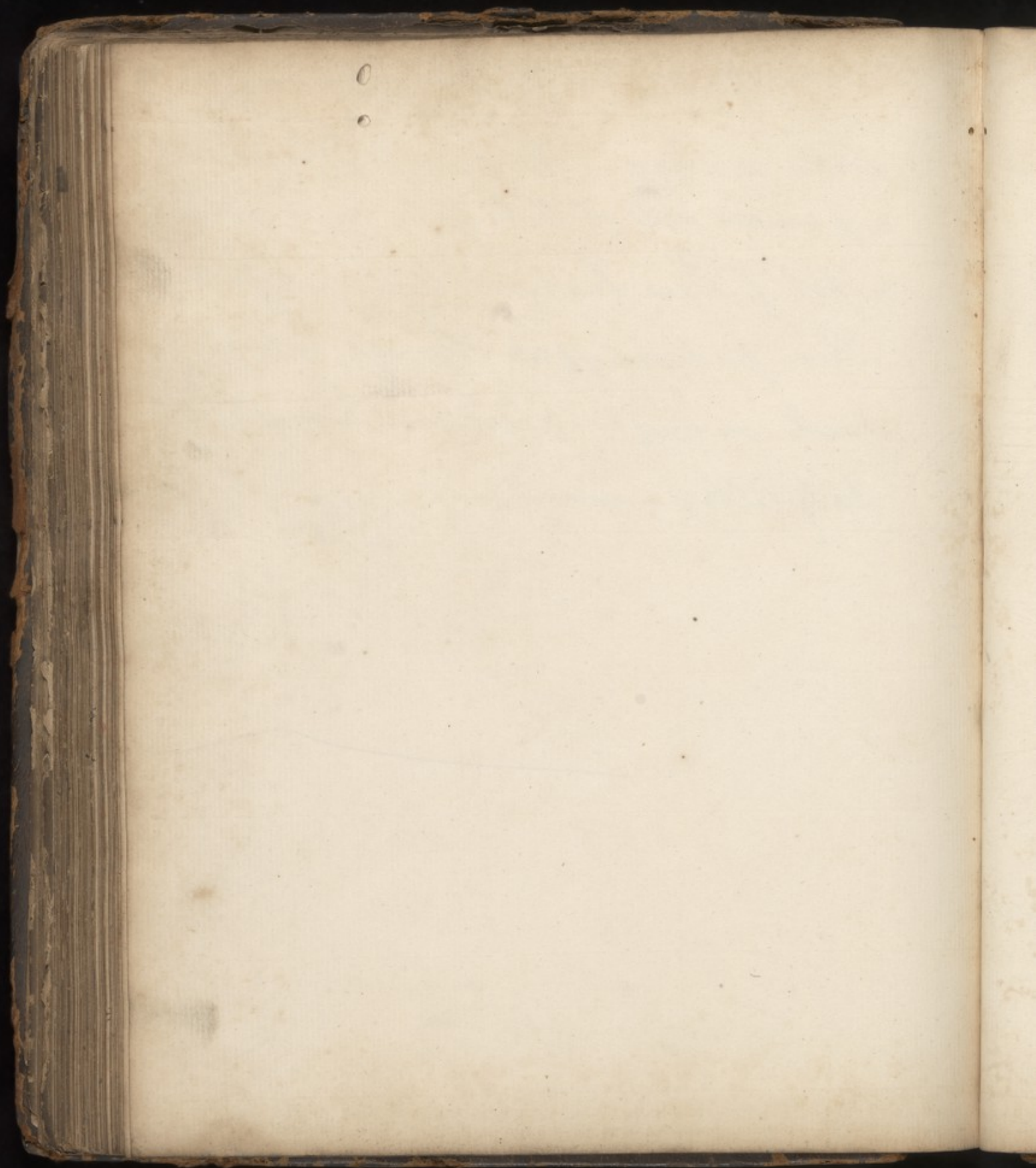
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...
...
~~...~~

- So Dye Blue

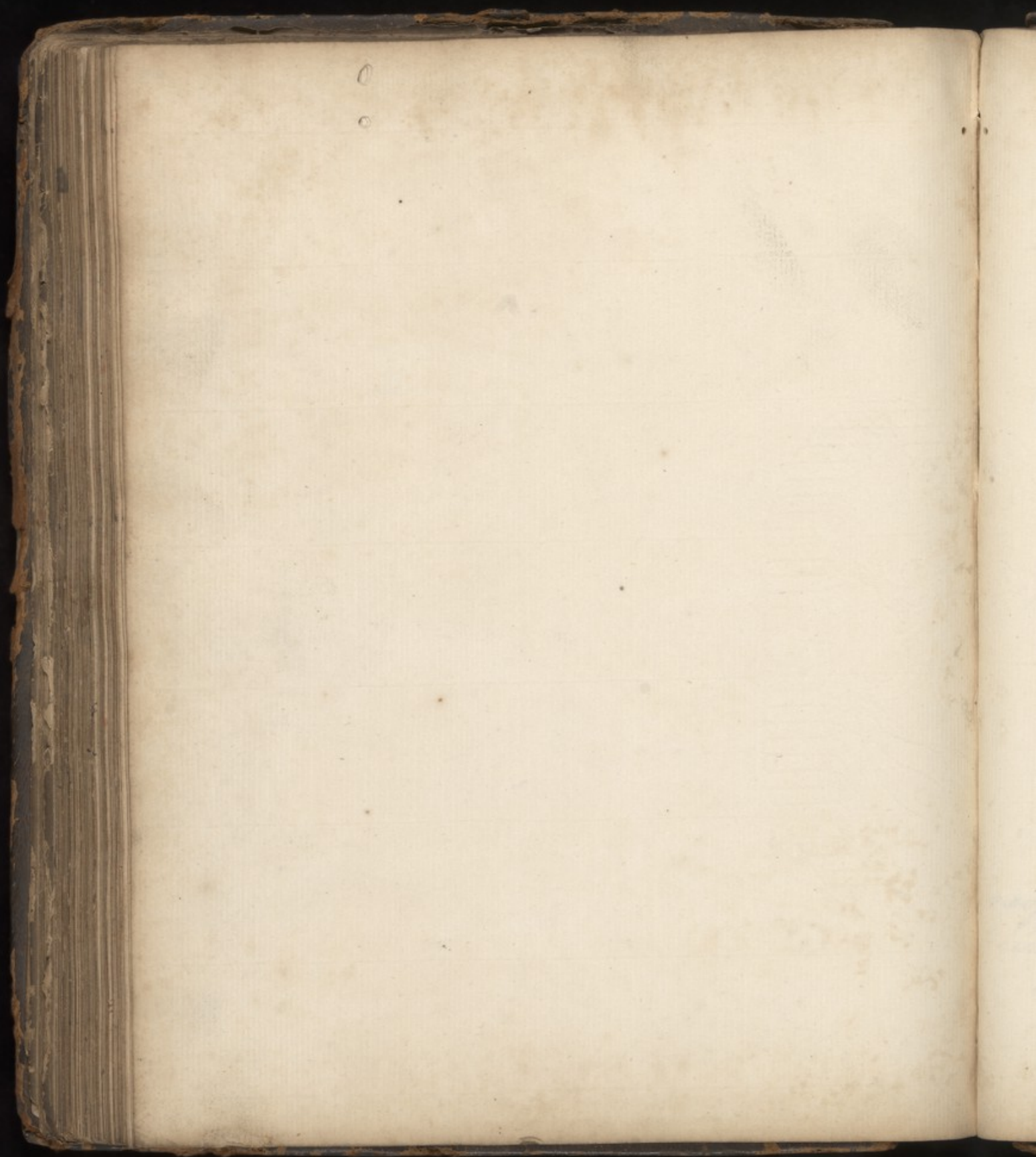
67

Take half an Ounce of Indigo. & half
a pound oil of Vitriol put it in
a pot & Pour boiling Water upon it
Then put in your things, when
dark enough rinse & Iron them
half Dry —————

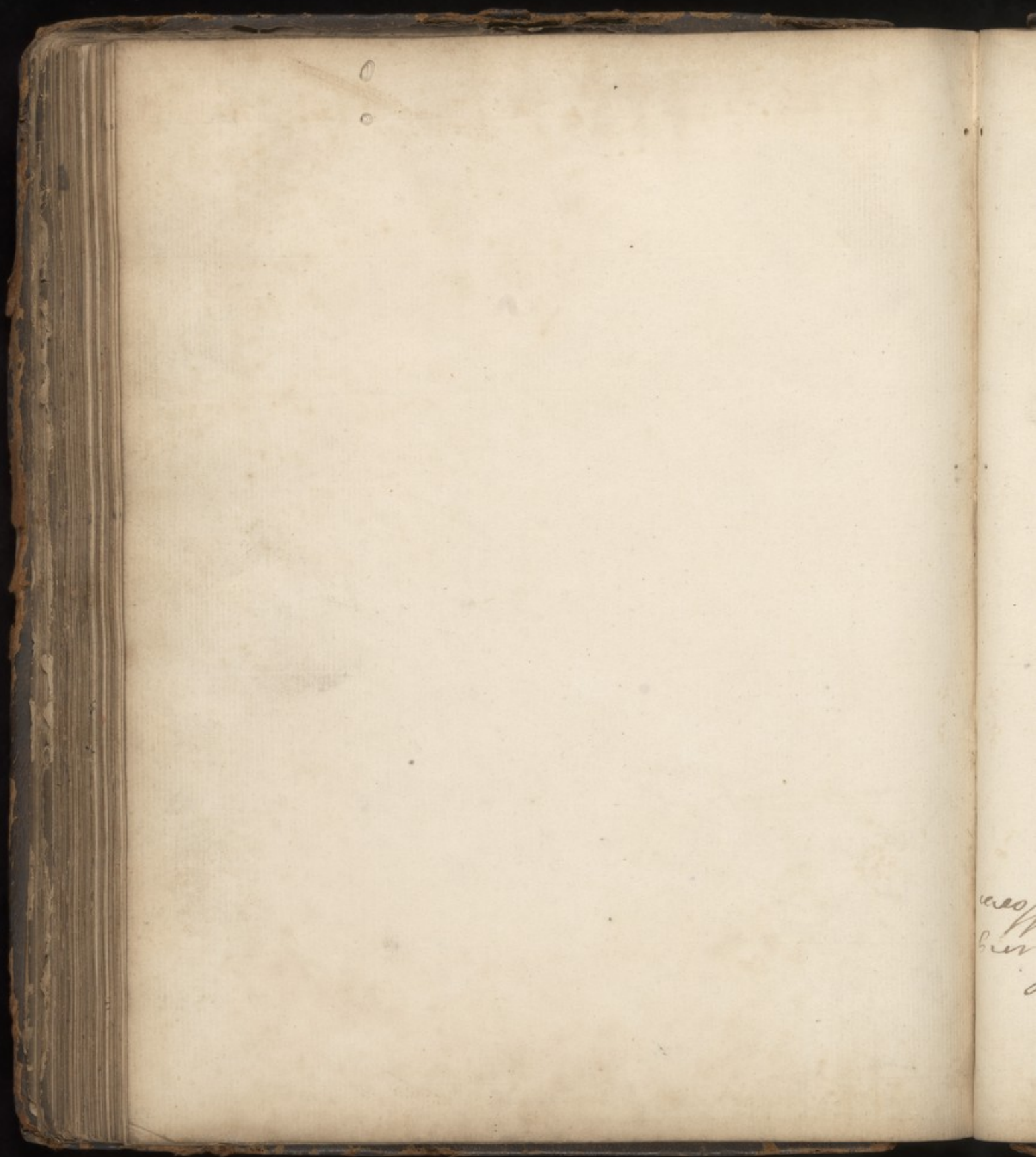


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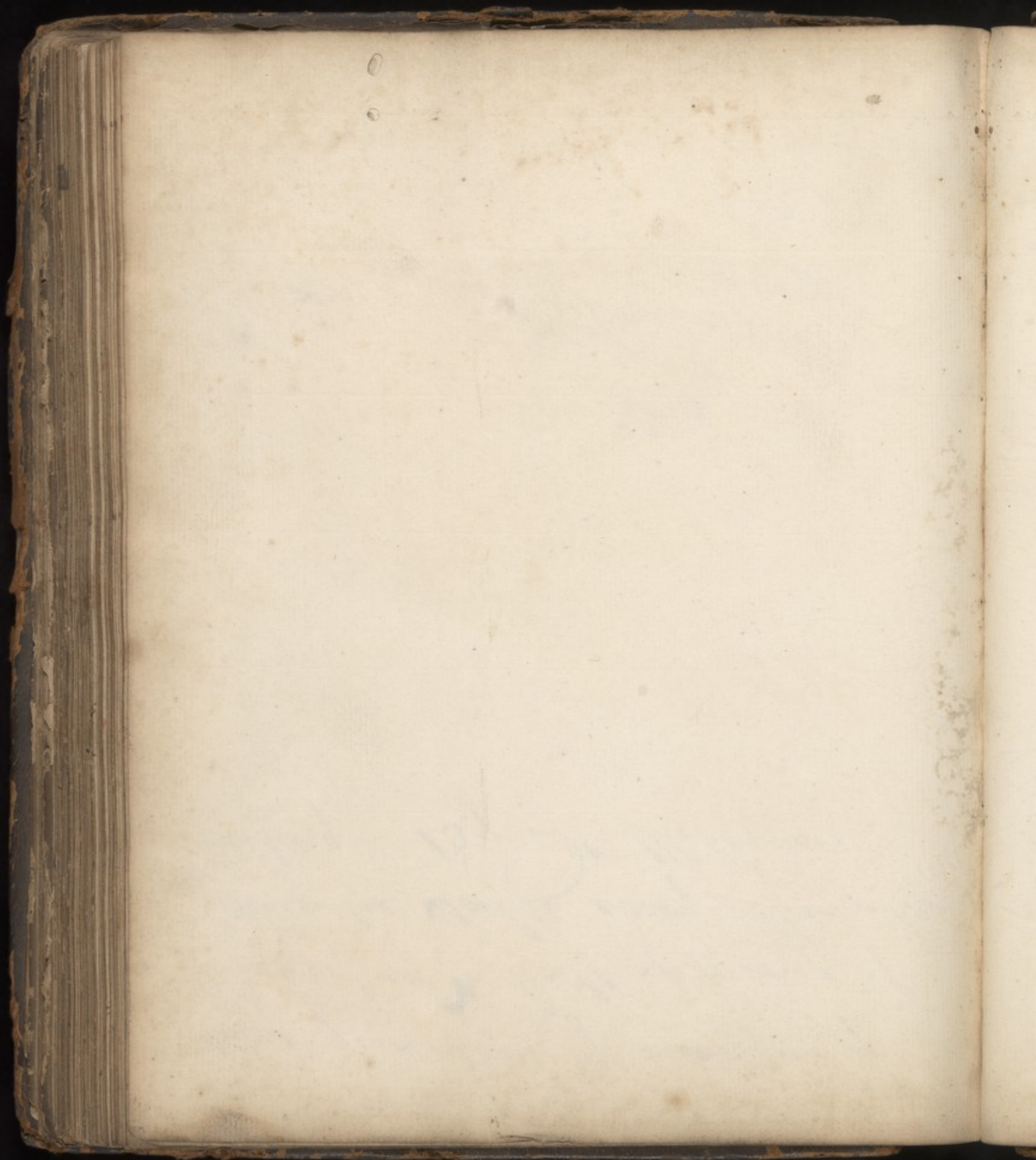


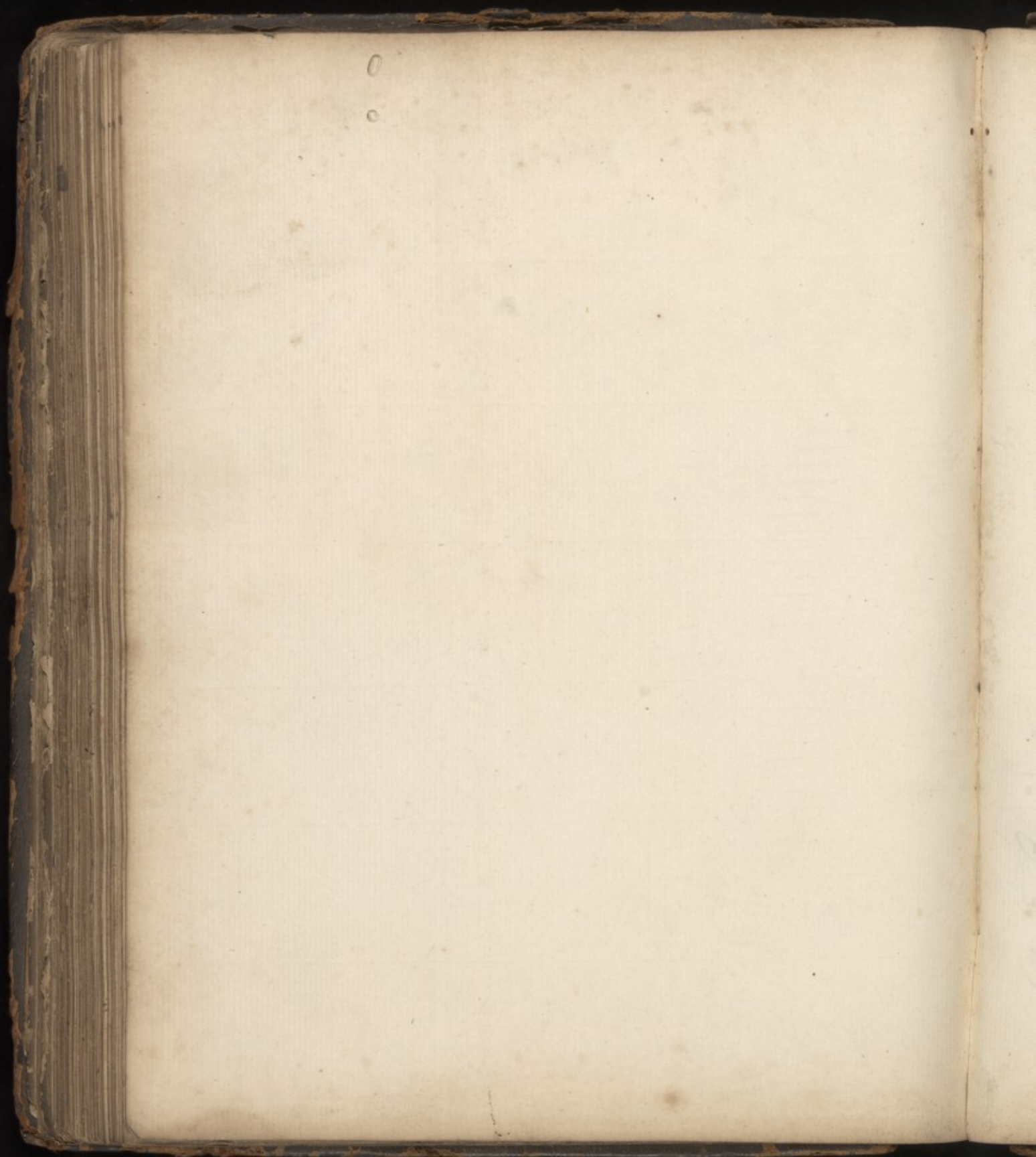
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Take
 three quarters of an ounce of
 Durchschlitz ^{or} half an ounce of
 Rhatartic Walle every other Morning
 Washing By Dr. Hoberden

Handwritten text, likely bleed-through from the reverse side of the page. The text is mirrored and difficult to decipher due to its orientation and fading. It appears to contain several lines of cursive script, possibly including names and dates.





[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]

Take three quarters of an ounce of Zinck powder
and mix with an ounce of Collicolic pills in a
Dissolution of Camomile in a way other
to take the pills
Morning after noon. Observe take the pills
The Morning before the Zinck powder fasting

Dr. J. J. J. J. J.

three quarters of an ounce of quick
 silver every other Morning ^{fasting} ~~fast~~ in
 an ounce of Cathartic Balls made
 in a Receipt full of Chamberlaine
 every other Morning fasting.

By Dr. Meibomius

Take

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[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page]

William Sumner's Receipt for gold to be
given to be for it be 24 Stivers etc

Three ounce & three quarters of best
Purified oil this half a gill & well
a piece of Staff a pound of Treacle
as much more of Butter make
put all in to a very meso Cup or
pan sett on a clear fire & stir it
till the Treacle be melted and be like
warm give it in a Capps Storm

A Cure for the Age 1779

1 ounce of the Best German Bark
1 time worth of rills of stick makes
it in a alebetry with the best
turn. The liquor of nutmeg to be
every 3 parts. It is after it a gill
of good Ale or strong Beer. repeat
this mixture 3 times

Receipt how to make Black Ink

Take 2 ounces of Gall one ounce of

Cyprian one ounce of Gum put them
in a pint of water shake the mixture

Every morning for a fortnight
put a little white sugar to

make it light

Receipt how to Cement broken glasses

Clar of Eggs ground with Gum Arabic and
Skins and egg shells of each alike and

with the mixt of Eggs and Gum Arabic
make strong glue with which smear the

Edges of the broken Glass

for broken pots and tubes ground on aglets
grinding stone with new fine Emery of old
cheese and whites of Eggs or the same of old
Labour

Take 2 ounces of Common forpentine
the yolk of 1 Egg mix them well to
gettin them as 1 ounce of honey then
mix well & use again when need is it a
little more

It make black face for a sore
1 pennyworth of Brimstone
1 quart of good ale

half ounce of black pepper
of butter half a pound of treacle
morning when put to it 2 granta
must not be put in till the next
all in the hve and unmade which
boil them well in bear over night

1 ounce of unmade
half a Stand full of cloveage
half a Stand full of Rue
white Stand full of hurettion grass
take a large Stand full of groundary

good Pelton drinke for a Colic
by John Walker of Boulton

How to rent a fair Bow
Take one pound of whatt rent
a quarter of an ounce of turmeric
plus a qt of fair seed oil an
ounce of whatt paper turack
will be gather in the wood with
you and so your pen on the side
must be bored with a
feather before you mix it with your
men

An excellent Receipt when the stomack is
depressed by drinking strong liquors
next to the bath water in the following
Take an ounce of Elxiv purpuratiss three
drachms of Elxiv of vitriol, and one drachm
of myrsicall's substance of steel made
together and let the unhappy suffer
take a Tea spoonfull in a small wine glass
full of white wine if that can be afforded
or else wormwood ale, or a Cup of Camomile
or Carduus Tea, every morning
fasting and every evening

Boyle I have in as much Clarified they advise
 fill an ale not a very short time to prevent
 ye volatile salt from evaporating
 for when it loses its vertue when it is
 cold that it shou'd rise & burn it up in an
 ale not to drink of it every day because
 it is about half a pint at a time
 at 5 or 6 Clock in the morning & four in
 the afternoon and of ten or 12 grains
 at meals Drink also six Pills 3 times

- of Balm
- Sherr mink
- the Court
- sweet fu
- Stump Bry & leaves
- violet & leaves
- saits
- Bitter Butrage
- margolis leaves
- fine female
- Hevone and Sateby
- Each one hand full

A receipt for the Scurvy given by Mr. Levey
of Lancaster proved by her self

at the beginning of March & Latter end of
August use the following Directional
Dose of Crab wyves & milk each a Lije
Quantity about as much as will fill a
pint Cup & make it in to a poffel then
take of the Curd and then take a Sugar
much as you can hold between your fingers &
shrub of fresh Scovy gyrf and smoke
it in a mortar then put your poffel
to it and strain it through a Clothe and
Drinke this Eight mornings fasting there
take an Saffor butte twice three days
to gether and Drinke the following in
which Drinke turning the Sun in
Dose of Sumator
Agurmony
Governor vialls S. Leves of each use have
Levers also gyrf gyrf
Jase

Take powder of *Trecuauaha* root half a
 Washin oxymel of *Squilla* two Drachms
 at external with water one ounce & a half
 Tridemic or *Silage* water two Drachms
 this & make a powder to be taken in the
 Evening

Useful for the *Scurvie* by the *Cherri*
 most withon order of *Roots*
 Take powder of *Trecuauaha* root half a
 Washin oxymel of *Squilla* two Drachms
 at external with water one ounce & a half
 Tridemic or *Silage* water two Drachms
 this & make a powder to be taken in the
 Evening

If the two or three Spoonfuls may be taken
 now or three times a week or at pleasure

Take powder of *Orange* ~~stone~~ *stone*
 ounce powder of *Peruvian Bark* half an
 ounce powder of *Feruary Root* and
 Lichen of each two Drachms piece of
 Chamber with out Perfumes one Drachm
 Saffron half a Drachm Symp of *Saffron*
 as much as is sufficient to make it into a
 an *Electuary* the Lichen of a nutmeg of
 which is to be taken twice a Day Drinking
 of it is a sign of sea prepared with
 Le *emerald* flowers *Singer* 2 Drachms

Take the best Rhubarb in powder 10 ounces
and a half Salt of worm wood a Dram or 2
Take half a ounce of the nutmeg 2 or 3
Take Cochineal half a Dram in Ruse & show
the warm fair take in a quart of water
it of weight 16 lbs and 10 ounces for 1672

A Family purge: from Dr Heynes

Also highly recommended and has been used with
success in Convulsions & jaundice

Use moderate exercise with it. ~~It~~
Draw of what was good and take 3 or 4 Spoonfulls therein
a glass of Sack or white wine an hour before evening
Gallons of strong Ale for 12 hours then distill and
fresh beat and these ingredients and infuse all in
Rasse an Ounce of powdered Cassia and 3 Ounces of Rose
some Sumnerch and Fenugreek of each 2 Ounces
Pomegraney flowers one quart half a pound of Rask
Soft roots of each 2 handfulls Ruse half a handfull
Wood sorrel Agimony Bearfool Parbarney Banbury great

This may be very good but I think nothing so effectually
cures the feele as doing them with Camphire & white eyes
They break

So Camphire spirit of wine

Put a ounce of Camphire into a quart of slightly rectified
spirit of wine, set in the sun and allow spirit close & kept
as red as the dipole & its fil almost for all uses as fishes
Gilliam for head ache many vertiges of vertigo that want
drinking therefore is sometimes doctored in good Hungary water
ought to be in a family

Take for a Burn or scald which will effectually
take out the fire

Take a pint of Sassa Oil halfe a pound of ^{white} Lead & a
pound of virgin waxe boile all together softly till it
looks of a dark brown colour then resolve into Oyle

The Ointment which is a Certaine cure for any scabs
pimples or old generatons

Take a Dr of an Ounce of Red Precipitate ground
make it like the flour of Romaine
once this with an Ounce of flower of Saffron and with both
with ~~the~~ with 3 ounces of Indent without salt as it comes from

Most Incomparable value to break any swelling and
and head and good for a burn

Take a pint of Sallad Oil or for want of it a
much unrated Butter five Quarts of the best Surrentine

6 Quarts of Honey & Quarts of Bees wax & Quarts of
of Clove put the Surrentine Bees wax & Honey
into a new Dish & let them simmer together till all
be melted then put in your Oil and let them all together a
little while rapidly when put into Oyle for Use

There are sent a very choice necessary value for also
families and almost for all uses and indeed I have seen
almost a Maraculose cure on every bad Swell by this Oyle
Therefore am oblig'd to God like Justice

For sore Spleen or Spleen Sticks

Take a pint of best Sallad Oil Make a pound of Oyle
one Ounce of red vealing wax & an Ounce of Clove & Quarts
of Bees wax put all these together and let them boil to
of value as soon as ever it turns Blacky tis enough then
put it out presently or it will be too hard to run you use it
you must melt it and anoint the place given with your
finger spread on a Cloth and keep a Spider on it

Droopy of the belly

Mechoacan Sallay Juice of flowers reduce

clarified which may be given at ʒiij. with

symplic of Marsh ʒvi. partly water ʒʒ. Dr.

arrhoda ablati ʒi with peach flowers dried

and bottles in wine Sinctura pilleymagoga

Hy siyaga grolingii.

Durethia of mentem note

are powder of earthworm given at ʒi in

Decotion of ajacagua or Sennel or pteridary

water fall of ash: fixatum of beam straw

in white wine

pp this Be ashes of Beam straw mvi of

Broom and Sugar a.m. ʒʒ. of rosbrie

m. ʒʒ. of Eggsells m. i. make a weak

fixatum in Rhenish wine dose ʒv.

of the powder of a good dried and cabined in an

oven being taken at ʒi. in wine both wonderfully

equal the digestive by wine the first treatment

floor of referring to dietary himself was covered there

by continuing to his expectations

The following is an excellent preservative
 of steel prepared with sulphur or rust
 of Iron 3i. Compound powder of Iron
 roots of water bark a. 3j. Salt of worm
 wood ʒss. Calcein, lesser Galangal
 ʒss. grains of Clove a ʒss. Clove
 Ginger a ʒi. Sugar of rosmery flowers ʒij.
 make a pain powder ʒss. morning
 night in the magistral water of Calcein

Pills Cashecius made with oil of
 water to much Cornmeal and goose
 and drinke in decoction of wormwood
 us sharpened with oil of sweet almond
 good use so also fruits of oak in pom
 1 year time

Decoction of Guaiacum given forty days to
 gether has cured many it may be made with
 flaked water and wine

For the Dropsie

for the Droy by Dr Crotch
 takes matter and red brues and hot water
 take matter and salt of worm wood powder
 it ~~is~~ boiling water take the first
 2. to 8 Iron Sulphur this according to its
 strength 3 or 4 turns a Day
 Case of the tincture of
 Black Red born 2 or three layers be for
 the Change of the men a tea spoon full
 morning and night continue this what
 the Eucalum of whom you is a 100 you

Rx Cerber Eyes prepared ʒi. Saffron white
 ʒi. salt of sulphur ʒi. Confectio alborum
 ʒi. ʒi. small sugar ʒi. iij. mix and make troches
 for Rx Coral and pearl prepared a ʒi. sal
 prunella ʒi. salt of stony grass of worm
 wood and self heat a ʒi. make a powder for
 three Doses

Take Rheumatism ʒi. i. water Chermis m
 ʒi. sal prunella ʒi. sal tartari ʒi. Calc of
 tag shells ʒi. Calc strain and sweeten with
 syrup of stony grass for four Dose

of fluxion, sharp mineral waters especially of Bristol.
 Sympne de quinqu' radibus, Sympne de deo hysano. ʒij. ʒij. —
 and Quinqu' of coral, Radix Quinqu' of coral etc. —

Receipts for the cure of the Scurvy in
the Cervicall sinne in Salmons Eyne. Med.

Then altogether to be given in the Scurvy of the Tongue the
following things are prescribed. Take barley water lb ℥ss.
Salt of Tartar ℥ss. Saccharum ʒij. Sors ad ʒij. either
alone or Mixture with. Or take Mixture of the four greatest
and best lb i. Saccharum. Tapi powder. a ʒss. Sors ad ʒss.

In take barley water lbss. Mixture either ʒij. —
More ʒi. Salt lb ℥ss. Mixture either lb i. —
either Sugar Candy ʒij. Or take either either lb ij. —
Mixture either lb i. Saccharum either lb i. —
and Mixture either either Sugar or Sors ad ʒss.

For the Scurvy de-

lucous humors and official Compounds either either —
This first opening ʒss. Trifol. ʒss. Sharp. Perms ʒss. —
Acedwort, Surs of Lithois, Taurins & Crayes, Wood ʒss.
Mupper ʒss. Mutton Borden, Soudellon, either ʒss. —
Ofean-root, Herbes Jewell, Surchins either ʒss. —
Colubines, Milk, either either Milk, Surchins, Cardus, —
Celsa, or the Capillary herbs, Surs, either ʒss. —
Liquor, Morage, Bugle, Botany, Surs, either ʒss. —
Ornet, Salt Surtin, Surtin of the Armoire, Salt of Tartar
deceit Surtin of Salt, Surtin of Surtin, Surtin of Surtin
in us, or the opening ʒss. Trifol. ʒss. Perms ʒss.

in which humour of the left Pyroseron or
this difference only the man had try once of
in his practice the boy had only once that the quantity
must always be regulated by the age and strength of
the patient
of getting the great success of
one at Edinburgh in the cure of a quinsy by the
external application of recent Ergosterium or
grounded beat down into a very coarse temper
It is applied cold and causes strong vomiting
for some hours after it is applied which is
only done on the days free from the pyroseron

Some Extraordinary Cures by the
 External Application of Tobacco and Ground
 Tobacco Juice he beat well with vinegar or brandy
 into amber and apply in a lining to get the
 stomach occasions strong vomiting and haemorrhage
 seems very good effects in removing hard tumours
 of the Hygroma there is 2 instances of it
 making a Compendious Cure on it of an old man
 who by sleeping in the green ear that the night
 was fell into a fever with an abundance of heat
 body which was followed by purging and vomiting
 that being gone of were succeeded by all the symptoms
 of a jaundice with the hart and liver under the short
 ribs of the left side the urine went off in a few days
 but the humour increased he used variety of medicines
 for 5 years without help when a sea surgeon by applying
 a poultice of Tobacco and green leaf and ^{powder} of ^{oak bark} cured him
 upon the Application of this poultice in a hour 3 hours
 once a day for a month together and what was
 on the feeding vomited much purulent matter but
 the vomiting ceased from removing the poultice
 the other there was a boy 14 years of age of about

of medicine proper of or the powder
are Venice marshes, Geneva, being
dissolved in warm milk, and taken twice
was related, Salt and spirit of salt, among
much of mass and Beards blood, and
Salt and spirit of beef, milk, and
real virtues, but a horn or horn being given
also takes of tartar of potash, fish eyes
I was told, neither or filings of ox
horns from horns, but horns given
four or three times a day, good dung
(Jarmetich) sugar, and dextera, quercitani
in a Jarred thing, and first of course at
three or four times, and so also the
good rhubarb dung of a sheep, given a 3. 3.
ad 3. 10. for several days

To make Elixum

In a boy head of strong ale take a heaped
 bushel of other berries and half a quart of
 juniper berries beaten put in all the berries
 when you put in the hops and let them boil
 together till the berries break in pieces then
 worke it up as you do ale when it has done
 working add to it half an ounce of cloves
 as much mace an ounce of nutmeg as much
 cinnamon as much by bealer half a pound of
 citron as much every no rot and Calberide
 of candied orange peel let the vessel made be
 cut very thin and put with the spice into
 a bag and hang it in the vessel when you
 stop it up with it and let it be five then
 bottle it up and ornish it with bumps of
 gomme and sugar in the glass

gives that expectand

are species berries and Trajkanon with
 castor pidge fat

39
Take your shoulder of mutton and take the
skin of it and spit it and roast it and eat
So Roast as horse ar of mutton

When the Pig is Clean dress from the hairs
as you do for roasting Cut off the head and legs
split it down the belly take out the bowels
the entrails then split it down the back then
make it very thin take out all the bones cut
each half in to two so make four Collops
Season it with pepper make nutmeg & make
pepper and salt of each as much as you think
proper Be not to put in to both bottle it in
maker and salt till you think it tender but
not to much you must boyle the head whole
with the Collops then set them to boole then
make a gibell of wheat Bran and water with
a few hot Cornes of becke paper boyled in
it and salt to your last so steage it throo cloth
so let it stand till it be cold then put the
pig in to the tubell

So Collop Pig

It is a Collop for I will you must have a strong
gray the chenee brown with butter Clarat and
Eggs fampure powder the face over the belly
dash it up with Lemons and barberries

To Make a Remedy of Bees
Take the Bees 2 or 3 days thin take a hand
full of parsley as much spruce a few sweet
herbs & anchors an rison half a pint
take pater and nutmeg mix it up with
yokes of Eggs so stuff your Bees and this

So Collar a Brest of Veale or Mutton
Take all the Boones & Cristes out of the
meat and lay it flat then take a little more
savoury wine & parsley nutmeg Cloves more
Black pepper & shall a kind of Lemmon and grate
them all all over the meat & roast it very hard
so it up in a cloth & set it in 2 quartes of
miller & 2 of fine Ale Beer when it boyle
put in your veale or mutton let it Boyle 2
hours a bout a quartar of an hour before
you take it of if the Liquor be not strong
enough put ~~more~~ in more salt & pepper
and a gill of Ale quor when Boyle put
your liquor in to the pot & when Coude
put in the Colar taking the binding of
Covering up Close you may keep it in
the pickle some time

James Greenhalgh
James Greenhalgh

Take salmon 12 pound weight & wipe it very
clean from the blood season it with a pound of
salt on ounce of fall pepper quarter of an ounce
of clove pepper halfe an ounce of black pepper
all must be gather & let it lay for 6 or 7 days
& then cut it in as many peeces as you thinke
propper & for the pickel take 6 quartts of the
best whall wine vinticker 2 quartts of
water one ounce of long pepper half an ounce
of black pepper half an ounce of mace 2 quartts
of an ounce of cloves 4 or 5 Racens of ginger
2 quartts of an ounce of Clove pepper a fine bay
leaves a little fenel put the seasoning into
the pickel & let it boyl then it last of the
seasoning then take it out of the pickel & let
it stand then it be cold & when cold
put put it in a mugg as you desire to keep
it in & so cover it close & it will keep
all the year you must take the fennel out

Go Pickel salmon given by Mr. Lescar

So putt a pig
 shred seafain and a crout of wheat bred and so
 so putt into the belly of your pig and then so
 the belly up a gen so far it down to a clear fair
 when it is near a nof the air will drop out then
 cut the head of and cut the ears hansomly of then
 split the head then split the sheet and take the
 stems out your pig being quait and cut
 the pig up the back so cut it quait in
 too then take the sege out your butter
 Rece mield putt your grece sege and stems into
 it then lay your pig on a dish and then split
 the ucer go of the head and lay it on the dish
 eg won dresit to the oter and the cars set
 up won to for the oter sem laik then pour you
 sos on to your dish so sero it up
 you me mack an othert mack
 Eue you must boil what bred in water and
 both wether it agost deal of coreris when it is boild
 and of you must putt comfrait. again to it
 and drive all up to get her

and enter

say it serve it up with French Cases or Cream
 the each and say the liver and becken round the
 on to a each and say you had in the meat of
 one of your most much it all to gether 20 quarts
 raw hairs of feathers when the much to bottle
 liver and that you must first with the with them
 you must boil the liver and reduce all but the

It does also reduce

make them and cut them in small pieces
 and fry them in water then fry them
 with butter and a good deal of parsley so
 serve them up with the parsley an grease

to fry young ones

This is a receipt

Boyle four Calfs feet very tender and thred
them with suet then put to them a quart
of milk eight Eggs wth beatnes from Rofevat
and sugar a pound of Currans and some
fall so boyle or bake it wth an ayre
your inward

A Calfs feet Pudding
blanched Almonds on the top of 1/4 of you please
and sugar so serve it up you may strike some
up and make your faust with butter Rofevat
Staffe and hour as fast as you can then lake it
that it may not run out and be it beside fore
Butter wth Cloth very well and let it be so thick
all to gether and season it according to your taste
it so well that there be no lumps in it put it
through the flour with your Cream But mingle
fine flour and two Spoonfull of Rofevat
three beaten very well with two Spoonfull of
cream the yelks of ten Eggs and the whites of
Take a pint or somewhat more of thick

All Quaking Pudding

40984

Pr

1 pint or somewhat more of thick
yolks of ten Eggs and the whites of
ten very well with two Spoonfull of
Flour and two Spoonfull of Rosewater
Season it according to your taste
And let it be so thick
And let it be so thick
And let it be so thick

1 Making Pudding

WELLCOME
HIST. MED. MUSEUM

400984











18th Cent paper MS. ⁷³⁸ 40984

Household, cookery & medical
receipts

Uneducated writing & spelling

l. 6 v. Medicinal characters [ayrbrs]

l. 7 n. Fruit receipt cure for scury from Salmon's
Syn. med.

l. 12 v. "a famaly purge from Dr. Cheyne"

l. 14 v. "How to pent a fair blow"

l. 15. How to make black ink, ^{to cement broken glass} Lt deé purple

l. 16 n. "a Cure for the Age 1779"

l. 16. Prescription from Dr. Heterden

l. 36. Quotation from Shakespeare. //
Othello.

Commencing other end: ^{mostly} medical receipts
on fly-leaf, name "C. James Greenhow"

l. 4 v. Receipt dated April 5, 1755

l. 8 n. To make Hiera picra.

ll. 12-18 Cookery receipts

l. 19 n. Receipt from Dr. Boerhaave
at Leyden y^t y may for the gravel
and stone in the Kidneys"

ll. 22-28 Cookery receipts

ll. 32-40 - - -

l. 36 v. "Bradwell" in margin

l. 37 n. "Unkell Bradwell's Buns"

ll. 46-49 Religious poetry

l. 49 n. Lady Jane Gray to L^d. Guilford.

Ms. A. 9. 2. 25. 9

As soon as possible next year you shall be informed of the address to which objects for exhibition should be forwarded.

I need hardly say that the greatest care will be taken of every object loaned, and that all exhibits will be insured while in my possession, as well as in transit, if requested; packing and carriage being paid both ways.

You will, I am sure, be interested to learn that very hearty support has been given to me, and many highly interesting objects have been offered from all parts of the world.

With renewed thanks for your kind loan,

I am,

Yours very truly,

Henry J. Allcock

ing the objects described over
As soon as possible next year you shall be informed of the address to which objects for exhibition should be forwarded.

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With renewed thanks for your kind loan,

I am,

Yours very truly,

Henry J. Willcocks



the dropisy Rum: scurvy and Cough of the Lungs

lish orrice roots, Squills and eleampane roots
and leaves each one
ber and dwarf elder
ace and half agaric
le roots thin and bruise
quarts of the best
ur and half on a
very close stop with
adder that no air
rge pot of boiling
t into the mug
that all the
in when it is almo
must scrape the
week together if
and then miss a day and if that dose do not
with your other bottle of the same take
ning fasting ten spoonfuls at a time
any posset drinke it will both vomit
you it is an unpleasent taste thear for take
sugar after it when it is quail coold after
let it stand in a flagon and in a day then
use it is an admirable medicine



The Wellcome Library

