

## **Recipe Book, 18th century**

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18th century

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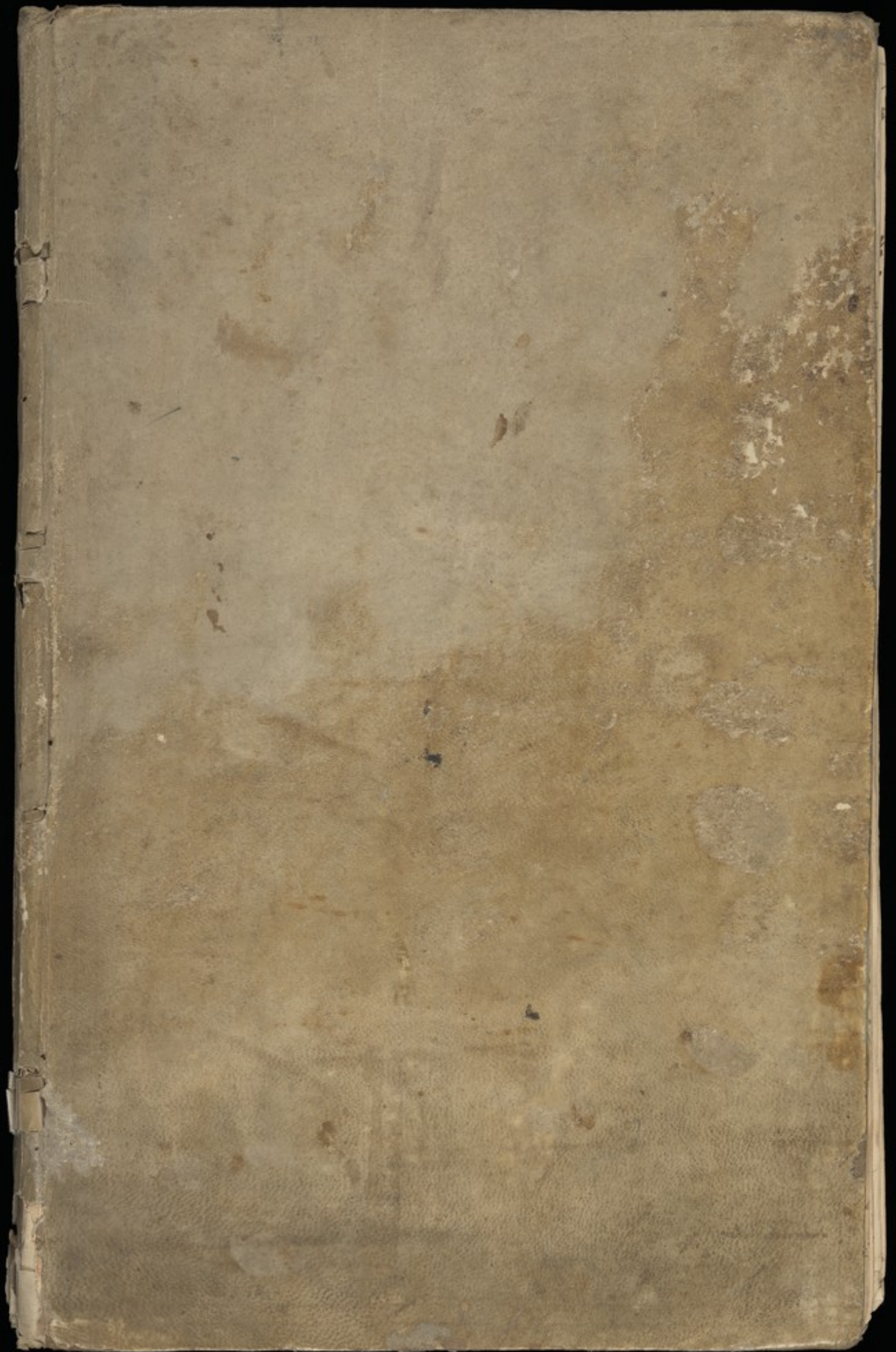
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FOR THE HISTORY OF MEDICINE

WESTERN MSS

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100

## Plaster for an ague

1 take 2 ounces of bay salt 2 ounces of white frankenscience and a handfull of smutage make ym into a plaister and aply to ye wrists of both arms 2 hours before the fit doth come they must take Germaner tea for a mounth 3 tea cups att a time both morning and afternoon fasting an hour after it it must be made very bitter

## Seed powder for wind

2 or nevil take coriander caraway aniset fenel and anis= seeds of each one ounce loaf sugar 4 ounce make all into a fine powder take of it at any time w<sup>ch</sup> opprest with wind once a fortnight take a quarter of an ounce of Senna in powder mixt with it to cary of the wind more efectually its excellent and never fails

## a very good medicine for an Asthma

3 mrs 15<sup>r</sup> make syrup of the juice of felks got before they bud for flower take 2 spoon = full in a gill of hot ale morning an hour after dinner and an hour after supper its an excellent medicine

## To make powder excellent for the green sickness

4 15<sup>r</sup> 154 take one ounce of prepared steel nutmegs cinnamon cecampagne anis = seeds of each half an ounce loaf sugar one ounce make all into a very fine powder take every morning and at 4 in the afternoon 3 thimble fulls drinking a gill of wormwood wine or ale after it fast one hour using excirsise forbearing milk and cheese take it for a mounth this never fails to cure an create a most delicate complexion

## consumption or sore cough

5 take 4 ounce of white sugar candy as much of raisins of the sun 8 ounce of conserve of roses beat al together add 24 drops of oyl of sulphur 32 drops of oyl of vitriol beat it til it look a crimson colour take ye quantity of a nutmeg first in ye morning and last at night

## To make Steel pits

6 take 2 ounce of steel prepar<sup>d</sup> with vinegar 4 ounce of blue curans beat ym to a conserve mix ye steel with ym make of it into pits with powder of liquorice take 3 every morning and night purge once a week with some easy purge

## To make York Gingerbread

7 take a pound and quarter of grated bread a pound of sugar cinamon and red saunders of each an ounce 3 quarters of an ounce of ginger mace and nutmegs of each half an ounce a few cloves put your sugar and spices into a pan with brandy and ale of each a gill set it over a gentle fire till it boyl ym put in half your bread stir it wel let it boyl again put ye rest of your bread into a bowl pour your stuf to it work it into a past with a quarter of a pound of flaxseed almonds cut into peices make it into prints you must keep a little of your spice out to print with

## receipt for a dropsie

8 mrs 15<sup>r</sup> take a galon of strong wort red sage m<sup>e</sup>mary Germaner broom of each a great handfull boyl ym till half be consumed take it



To make the bitter drink

9

Take wormwood centaury carduus of each a small handfull gentian root caraway coriander and anis-seeds of each one dram Rhubarb 2 drams one nutmeg cut ye herbs slice ye roots bruise ye seeds put ym into a put to ym one quart of whitewine and a pint of boyling water infuse it by ye fire 8 hours strain it take a gill every morning fasting its good to clear ye blood

The White decoction

10

boyl 2 ounce and a half of burnt hartshorn in fine powder in 2 quarts of water till it come to one mix a little barley cinamon water with it run it thro; a hair seive shake it wth you use it its excellant in case of a violent purging in lying in or any other time

White Salve

11

take rosin 8 ounce virgin wax frankenscence deers suet of each 4 ounce camphire 2 drams musick one ounce melt ye rosin and wax and suet put in al ye other in fine powder but ye camphire wth they are well melted put in a quart of whitewine by a little at a time least it run over boyl it til it be somewhat thick let it cool yn put in ye camphire and 4 ounces of venice turpentine drop by drop stirring it al ye while make it up into rowls its excellant for whitlows tiles swelings headack toothack cuts sores it draws out thorns or iron

very good worm powder

12

take senna and cream of tartar of each one ounce wormseed 2 ounce coriander seed hartshorn of each half a dram rhubarb half an ounce make al into a fine powder keep it in a bottle close stopd give to a child 2 years old 10 grains 3 years 15 grains 4 years 20 7 years 25

for the toothack

13

take as much scraped hartshorn as will lye on a shilling some peper moisten it with brandy ye it in a rag hold it betwext your teeth

for deafness or ear ack

14

goose grease and juice of rue cures the ear ack and thickness of hearing yt comes of cold

biter drink

ms naylor  
15 in 8  
open

take carduus centaury camomile flowers mixt together one large handfull gentian root sliced senna one ounce ginger as much as will lye on a shilling boyl ym in 3 pints of water til half be consumed strain it drink a iack going to bed and in ye morning hot eating water gruel 2 hours after this is as good a medicine for ye stomack as you can use

lime Water

16

to 3 quarts of water put a pound and half of unstackt lime



let it stand in a stone pot covered at night yn strain it put  
to it sage, fragg thin sliced and blue caraway of each 4 ounces liquorice  
caraway sweet fennel and anis=seed of each one ounce let it stand 7  
4 days yn strain it boyle it take a iack every morning and afternoon  
you must put in a pint more water because ye time will consume it  
and there is to be 3 quarts w<sup>n</sup> its strain<sup>d</sup>

Doctour Taylours receipt for the head

17 take lily rosemary and lavender flowers infuse it 10 days in mint  
and lavender water add 30 drops of spirit of nitre

a diet drink for the kings evil

18 to 5 gallons of ale put 600 hobs 2 handfulls of sage rue rosemary  
betony eye bright houndstongue of each one handfull beat ye hobs cut  
the herbs so run it up if you would have it purge add some rhubarb  
take a gill warm morning and afternoon (aproved)

for wind in children

19 take sage mint hyssop penyroyal lemon tyme sweet=marjoram of each  
one pagil infuse ym in a pint of boyling water

diet drink doctour bromwell

20 take mugwort Roman wormwood penyroyal of each a good  
handful boyl ym in 3 gallons of wort work it w<sup>n</sup> you run it  
add a pint of scury=grass juice ~~and~~ put half a pound of filings  
of steel and half an ounce of horse radish root in a bag and  
hang in it at 10 days end begin to drink it as your constant  
drink avoid milk meats (aproved) it sweetens the blood and  
procures a fine complexion.

how to prepare hiera pica

21 take an ounce of hiera pica put to it a pint of whitewine and  
a pint of anis=seed water shake it often dose a gill aproved

a purge Doctour bromwell

22 take tamirinds half an ounce rhubarb senna of each 1 dram  
coriander seeds and tartar of each half a dram

for a cough and intermitting feavor

23 boyl one ounce of bark in a quart of water strain it of very hard add  
an ounce and half of balsamick syrup and some cordial water take  
5 spoonfulls every hour

to make wine of any sort of fruit

24 take the juice of the fruit run it up in a vesel with wine lees put  
2 spoonfull to a pint of any sort of wine w<sup>n</sup> you are going to drink  
it and it will give it the perfect tast of the fruit

to make snail water

25 put a peck of garden snails into an oven as hot as for cheese=  
cakes be w<sup>n</sup> they have done making a noise take ym out of the



shells wash ym clean in beer take 2 quartz of earthworms run a knitting needle thro: ym cut them open with a knife wash them in beer put in the botom of the pot you set your limbeck on betony and celidine of each 2 handfull angelica wood = sorel agrimony the inward rine of barbery tree of each 3 handfull rosemary flowers and hips of each a handfull and a half bear = foot and rue of each half a handfull bruise ye worms and snails put them upon ye herbs and upon them fenegreek and tur = minick grossly beaten of each one ounce cloves 3 ounce beat weight of a shilling in saffron 5 ounce of shaved hartshorn 2 quartz of sack 4 of ale one of brandy pass the limbeck close let it stand at night then still it

Stoughtons drops

26

take 3 ounces of orange peel well dried 2 ounce of gentian-root sliced thin half a dram of cochineal one dram of saffron put them into 3 pintz of brandy put into a bottle let it infuse one hour over a slow fire the bottle being wel rapt in hay

eye Water

27  
doctore  
hackett  
T. mrs  
Hall

Shave white coperas and put it into fair water wash ye eyes therewith shaking it up every time wn you use it you may make it stronger or weaker as you see best agrees with you its a great cooler and dryer up of rheum it also ~~strengthens~~ ye eye sight mightily wears away scums pearls and strengthens the life

To make balm wine

28  
mrs hall  
of doncaster

take one peck of balm shred it a little let your water boyl an hour pour it hot on ye balm. wn its almost cold run it thro: un hair seive to every gallon put 3 pound of sugar a little burn beat it in 3 times a day til ye sweetness is almost gone of run it up let it stand 6 weeks put to every gallon a lemon or 2 before you pour on your boyling water

Lemon brandy

29  
J. nevil

Steep the gallon Rinds of 12 lemons in 3 quartz of brandy 2 days put 2 pound of loaf sugar to 2 quartz of water boyl it to a syrup clarify it with the whites of 2 eggs run it thro: a jely bag wn cold mixe all so bottle it

for breakings out

30  
mr mar =  
shal  
Y H  
urse L ill  
to 4

boyl dock root in butter strain it add a little flower of sulphur mixe with some white ointment so anoint — to a iack of brandy put a knife point full of mithridate shake them well together wash with it wn dry oint with the ointment this will dry up the places without danger of striking ym in if any stacles remain anoint with juice of lemon and it will take ym quite



page 5

out purge well 3 times and bloud  
for the mouth ears or throat

take black brier leaves rosemary red sage of each one handfull  
put ym into a gallon of water which boyl to 2 quartes run it thro;  
a hair seive add half a pound of beacie a large spounful of honey  
alum ye quantity of a walnut let it boyl up scum it well put  
it into a panchen let it settle ym clear it of botle it up yre paper  
over ye botles this is an excellent gargle for ye mouth and throat  
but if it be for hearing add yre and severfew of each half a handfull  
a quarter of a pint of woodlice put at in at ye first put five drops  
into ye ear bloud warm puting in hares wool moistened in one drop  
after it

31  
Y 770 mms  
savile 1773

to make calve foot jely

take a calve foot boyl it take out ye great bones and al ye fat lay  
it in water at night lay 2 ounce of hartshorn and half an ounce  
of ising-glass at night in a quart of water put ye foot so it ye  
next morning and a few cloves boyl gently over a slow fire til half  
be consumed run thro: a hair seive let it stand at night take of  
ye fat from ye top and al ye drosse from ye bottom put to a iack  
of rosewater a quart of white wine a grain of musk whites of 5 eggs  
wel beat 5 ounce of loaf sugar juice of 3 lemons peel of 2 season  
to your tast with nutmeg cinamon cloves mace boyl softly 14 minutes  
let it drop thro: a swan skin bag into your glases

32  
Y 770 mms

Doctor Stevens Water

take a gallon of wine ginger cinamon nutmeg galingal grains  
of paradise anis=seed caraway=seed of each a dram sage  
red mint rose leaves tyme pelitory of the wall rosemary wild  
tyme camomile lavender of each a handfull bruse ye spices  
cut ye herbs steep al in the wine 12 hours so still it

33

Cordial Water

take a pound of white sugar put to it a quart of water 3 pints  
of spirits rose ~~or~~ angelic water angelica water rosa-sola water clove=  
water qininent water of each a pint its good for the stone colick  
and pain in the stomach

34

water for melancholy

take stock gily flowers 4 handfull rosemary and roses of each 3  
handfull marigolds and pinks of each 4 handfull borage and  
bugloss flowers and baum leaves of each 2 handfull clove  
gily=flowers and cornstips of each 4 handfull put ym in  
a large pitcher with 2 quartes of sack stir it often keep it close  
stoppt put to 2 nutmegs sliced half an ounce of cinamon grosly  
beat let it stand hours so still it put to it 5 ounce of white  
sugar candy finely beat tolle it up let it stand an hour in hot  
water after take of it at any time as you find occasion

35



36

a cordial Stomack Water  
 take galingal cubebs cardamum melilot flowers nutmeg cloves  
 mace ginger of each one dram 3 pintz of whitewine one of spirits juice  
 of setadine mint and baum of each a gill beat ye spice mix all  
 let ym stand al night yn still it sweeten it with white sugar ca  
 candy its good for melancholy excellent for consumption coughs  
 heat in ye liver or face purges ye blood comforts ye heart causes  
 degestion with many more vertues to be taken morning and even-  
 =ing

37

lady Aleins Water  
 take sage setadine rosemary wormwood mugwort betony baum  
 centuary scordium scabius carduus agrimony dragons angelica  
 = roots gentian tormentil zedoary liquorice of each half an ounce  
 of the herbs each a handfull slice ym al put ym into a stone pot  
 with a gallon of whitewine clay up ye pot bury it in ye ground  
 3 days yn still it its good against a surfeit smal pox meazels or  
 to prevent any infection

38  
3<sup>rd</sup> garbrough

lozenges for a cold  
 take 8 ounce of sugar mastick gum olibanum of each as much as  
 wil lye one a shiling 2 ounce of dryd roses make al into a fine pow-  
 =der add 12 drops of sulphur bole armoniack as much as wil lye  
 on a 8 pence white amber as much as wil lye on a shiling both in  
 fine powder gum arabick as much as wil lye on a shiling steep  
 it al night in fair water mix al and one must beat al ye time  
 another makes ym up

39

plague Water  
 take setadine sage rue wormwood mugwort rosemary dragons  
 scabious agrimony baum scordium centuary carduus betony rose solis  
 marjoram pimpernel of each one handfull angelica = roots gentian  
 zedory tormentil elecampane liquorice of each half an ounce  
 cut al steep in as much whitewine as wil cover it let ym stand  
 2 days yn still in a cold still

40

pills for one hot dull and the stomack out of order  
 take aloes mastick and red roses in powder each a dram put  
 in as much elder vinegar as to make ym a past heat it before  
 ye fire make it into 40 pills take 3 at night thay work gently

41

pills good for the stomack head and spleen  
 take aloes one dram asefiredia myrrh mastick of each 10 grains  
 reduce al into powder make it into a past with rosewater make it into  
 20 pills take 3 at night keep warm drink nothing yt is cold



Mr Sciverers Salve

42

take frankensence Turpentine bees wax of each 4 penyworth  
camphire & penyworth resin white pitch of each 2 penyworth melt  
all together yn pur to it a ounce of unsalted butter washt well

43

Conserve of hips for a consumption

take out ye seeds put ym in a pitcher stew ym in a pan of water til  
they be pulp strain ym add their weight in sugar if ye party be  
bound add an ounce of pulp of pipins if loose as much pulp of  
quinch boyl it to a conserve take constantly ye quantity of a wal-  
nut morning and night

44

plaisier for a consumption

take penyroyal ground=ivy maidens hair anis=roots finely powder  
of each half an ounce flower of trimstone and fox lungs of each  
ye same quantity powder of liquorice 1 ounce make it into an electuary  
with comon treacle

45

Steel wine

infuse 2 ounce of steel 15 days in a quart of whitewine yn pour it  
of and infuse in it zedorary galingal gentian of each one dram 12 hours  
yn pour it of take a wine glass morning and afternoon fasting an  
hour after and using exercise

46

for st anthony's fire

take oyl of sweet almonds and sperma celi of each one ounce beat ym  
into an ointment with strong lime water

47

wood drink

take sasaperita sliced and bruised and china of each 2 ounce  
sasapras one ounce coriander seeds 2 drams boyl ym in a galon  
of water to 2 quarts drink it as constant drink in a morning put  
milk to it and drink it as tea

48

an exceleent medicine for the piles

flower of sulphur one ounce fine sugar 3 ounce make it into  
lozenges with gum tragant steep in rose water each lozenge  
one dram eat 5 a day this hath cured very many

49

for an intermiting feavor with purging

boyl an ounce of bark in a quart of water to a pint strain it of  
very hard add an ounce and half of balsamick syrup and some  
cordial water take 5 spoonful every 3 hours making ye white  
decoction your constant drink

50

Lucattelus balsom

take venice turpentine and bees wax of each a pound oyl of  
turpentine & 8 ounce natural balsom 2 ounce the best bole=ar-  
=moniack one ounce in fine powder red saunders half an ounce  
sallet oyl a quart anis=seed water a pint make it into a balsom



pomatum

51

take of sperma ceti and oyl of almonds each an ounce a little wax  
put it in a pot set it in hot water til it be melted yn beat it with a  
spoun till quite cold

## Gascon powder

52

take 4 ounce of ye powder of crab claws half an ounce of coral  
an ounce of ye inside of oyster shel mix these powders with 3 grains  
of bezer hull an ounce of leaf gold & snake skins made into  
powder & penyworth of saffron steep at night in rosewater with  
which water yn strain from ye saffron make it up into bally

## for a hot feavor

53

take salt and soot of each 1 handfull strains of 6 eggs put to a  
gill of vinegar and a little rosewater aply it to both ye wrists  
shift twice a day for 2 days give a cooling ylistor

## for an ague

54

take wormwood sage motherwort hysop of each 1 handfull  
cut yn put to a gallon of new ale let it stand at night take  
a gill morning and night

## for the stone

55

55  
margent  
vibro

make a quart of clear poset drink boyl in it a handfull of pelitory  
of ye wall 12 bay berys a penyworth of parsley seed boyl it to 3 gills  
strain it put in a spoonfull of sperma ceti ye juice of one lemon  
a little nutmeg drink a great draught of it in ye fit 3 or 4 times a  
day and 3 times a month by way of prevention

## for griping of the guts

56

put to 2 pecks of poppy flowers 2 quartts of brandy or ye brandy  
must stand on ye poppy 16 hours close covered yn strain it to every  
quart put a pound of fine powder sugar work it not to close at ye  
first give 7 spoonfull at a time

## Electuary for the Stone

57

take casia newly drawn 1 ounce and half rhubarb in powder  
one dram cypress powder and turpentine of each 7 drams species  
diatragachintha frigidi one scruple liquorice powder half a  
dram make it an electuary with syrup of althea take ye quantity  
of a walnut in a morning fasting drinking a draught of poset  
drink after it

## an excellent powder for wind and digestion

58

take caraway coriander and sweet fennel seed of each half an  
ounce crabs eye coral of each 2 drams zedory calamus aromaticus  
of each 1 dram sugar 3 ounce make al into a fine powder take a  
spounfull after meals immediately



69  
02. uavisor

take a pint of oyl olive red lead 8 ounce virgins wax 4 ounce  
ointment of popution oyl of camomile oyl of roses of each 1 ounce  
melt ye wax in ye oyls ym put in ye popution and red lead boyl  
til it be black dip in your cloths hang ym up to dry

lip Salve

60

take a pint of red wine curants 4 ounce a handful of rooks of  
alpknet let it boyl 15 minuits put in 4 ounce of unsaltid butter 2  
ounce of bees wax let it boyl fast til ye wine be consumed which  
you may know by cooling a litle

2 ounce oyl for bruises excellent

61

take spermacita and elder blossoms of each 2 handful beat ym  
with az mada bean flower as wil make a past add a quart  
of oyl olive sun it 10 days stirring it once in 24 hours rub it wet  
in for an inward bruise take 3 spounful in a glass of sack

Green ointment good for strains bruises swelings yt come of  
cold and sciatica

62

take red sage and rue of each 1 pound bay leaves and wormwood  
of each half a pound a handful of camomile cut ym small but wash  
ym not p add 3 pound of suet hot from ye sheep being cut small  
beat ym wet in a mortar ym work it wet in a bowl with 2 quart of  
oyl olive let it stand 7 days close stopt up in an earthen pot boyl it  
on a soft fire wth half boyl put 10 4 ounce of oyl of spike strain it into  
pots and keep it close coverd

Syrup of roses

63

take 2 pound and half of honey 4 ounce of juice of roses chopt rose  
= leaves 1 pound boyl it on a slow fire strain it keep it close stopt ye  
older ye beter

63

White Salve

take 1 git of wine 1 of salet oyl white lead half a pound boyl it softly  
til it with royl stir it at ye time put ym into cold water as you royl  
ym lay ym on a cloth at night ym lay ym up in oyl paper keep it in  
a box ye same way you may make black salve only put in half red  
lead and half white cloths dipt in it is a very good searcloth for  
any strain ack or pain you must boyl it in a large pan or it wil run  
to help children that come hard to teeth

stir a flowerdeluce in the midst hold it fast betwext ye gums  
one hour ye rheum wil run out it wil cut ye gum and bring out  
ye teeth with a great deal of ease and to admiration

a purge good for al cold and moist distempers of  
the brain and head

64

841  
of  
1770

65

take senna half an ounce anise seeds and cloves of each



half a dram mint and betony of each half a handful ymc  
half a pugil boyl in a quart of water to y iack strain it infuse in it  
2 scruples of ye best ayarick torchasated cinamon half a scruple w<sup>n</sup>  
it hath stood 12 hours strain it and dissolve in it 3 drams of di=  
=aphaeniocon and 1 ounce of syrup of roses

an opening drink

68

infuse 2 ounce of sarsapilla 12 hours in 12 pints of water boyl it  
to 9 pints strain it add coriander seed sugar liquorice as much as wil  
make it pleasant in al cold and moist distempers of ye head use this  
as your constant drink

a digestive powder

67

take coriander-seeds 1 ounce anis and sweet fenel seeds of  
each 3 drams cinamon and nutmeg of each 2 drams coral  
ivory pearl prepar<sup>d</sup> of each 1 scruple sugar of roses as much  
as at ye rest take a spoonful after every meal neither eating nor  
mice) drinking of 3 hours after

medicine for the lethargy

68

take scammony 1 scruple castor 2 scruples give it oxymel  
this hath cured many desperate lethargys } the horn of  
a deer or goat burnt to make a great smoke is excellent to  
bring ym out of their deep sleep so is ye smoke of white amber  
rub ye soles of ye feet with salt and vinegar anoint ye hands  
with ye oyls of rue and castoreum

69

Make for the apoplexy and lethargy and to resolve humors  
take bay berries and iuniper berries of each 1 ounce and half  
angelica pelitory of spain and zedory roots of each 1 ounce betony  
sage rosemary of each 1 handfull savory marjoram and lavender  
flowers of each half a handfull boyl ym in vinegar dip a sponge  
or linen cloth in it and aply it to ye head warm its a wonderful  
thing to see wt good this doth in sleepy disease but ym you are  
to rub arms hands legs and feet with ye same

ointment good for the apoplexy

70

take castor half an ounce mans hair burnt 3 drams iuice of  
rue vinegar saler oyl of each 2 ounce boyl to an ointment anoint  
ye head therewith after bathing with ye former water but above  
al things in this distemper besure to use castor give 4 grains of  
it in oxymel every morning

Apoplectick water

71

take of piony root and misselthe of ye oak of each 2 ounce gal=  
=ingal cyprus camialus aromatics of each 1 ounce betony  
sage marjoram of each 1 handfull anis fenel curaway and



11

piony seeds of each 3 drams lavender staechs and rosemary 6  
flowers of each a pugil nutmeg cloves mace cubeb cardamum  
grains of paradise of each half an ounce cinamon 2 ounce saffron  
a dram and half species of diambra and of diamocha of each 2  
drams beat ym stit in a glass still with as much wine as is sufficient  
let it stand in a bottle of warm water with <sup>spirit</sup> hay in for 8 days after  
draw it of and keep it close stoppt

72

To make the hair grow thick and stit  
rub your hair every morning with oyl of ben its an excellent  
thing to make it grow thick and stit and sit well

Apoplectick Balsom

73

take oyl of nutmegs half an ounce ambergrece musk and civet of  
each 1 scruple oyls of spike cinamon amber rosemary cloves of each  
half a scruple in apoplexys touch ye palate rub ye nostrils and  
drop some into ye ear its also a very good and wholsom perfume  
to smell at or use any other way

74

Lozenges good to prevent an apoplexy  
take ambergrece half a scruple oyls of cinamon anisseed nutmeg  
of each 3 drops oyl of cloves 1 drop sugar 4 ounce orange flower  
water as much as to make it into lozenges take a dram every  
morning

75

pils good to strengthen the head and prevent apoplexy  
take cubeb mastick cloves nutmegs of each 1 dram musk 5  
grains ambergrece half a dram make into pils with juice of mar-  
=joram take 1 scruple twice a week w<sup>n</sup> going to bed

76

powder good for the same  
take of white amber half an ounce electuary cated diarrhodon  
= abdalis 2 drams piony roots 1 dram and half make al into a  
fine powder before every new moon take 1 dram in ~~warm~~ milk water

77

for the palsie  
take Guajcum 4 ounce water 4 pints infuse 24 hours boyl half  
away add ye last boyl 1 ounce of senna turbitth and hermodactls of  
each 2 drams strain it take half a pint every morning for 15 day  
this is purging let your constant drink be guajcum boyled in water

78

ointment for the palsie  
take ye juice of squits 4 ounce juice of cowcumber and rue of each  
one ounce euphorbium castor sagapenum amonniacum ( ~~but~~ Bellium  
dissolv<sup>d</sup> in vinegar of each 1 dram and half myrrh frankenscence  
petitory of spain and nitre of each 1 dram ye oyls of elder turpentine  
euphorbium of each half an ounce wax as much as to make it into  
an ointment Celixir propriatis is excellent for this distemper (also  
spirit of tartur is a good remedy so is balsom of galbanum  
an ointment for convullions

79

take ointment of marshmalows 5 ounce oyls of turpentine and



camomile of each 1 ounce oyl of sylke 3 drams oyl of foxes half  
 an ounce liquid storax 2 ounce anoint ye back bone and ye part where  
 ye convulsion is often therewith (Castor taken in at their drink is ex-  
 = ceelent young pidgeons slit and applyd to ye part is an admirable  
 and speedy remedy or a chicken or ye hot lungs of a sheep  
 another ointment exceleat for convulsions

80

take oyl of turpentine half an ounce oyl of cloves 6 drops juice  
 of Briony root as much as to make into an ointment anoint ye  
 part affectd and ye root of ye nerve yt comes into it this quite  
 cures a convulsion removing ye very cause) ye root of wild valerian  
 is much comended for ye cure of convulsions and hath often  
 cured at once or twice taking dose half a spounful in powder given in  
 water this last is for the falling sickness this mistake made for  
 convulsions

for the falling sickness in children

81

take spirit of vitriol 3 drams spirit of barbar 9 drams treacle =  
 = water with camphire 12 drams (let ym stand in a bottle close  
 stopd a month take a dram at a time in water its exceleat)  
 oyl of amber and spirit of vitriol of each 2 drops given in betony  
 water do presently free a child from a fit of the falling sickness)  
 the smoke of tobaco blown into their mouths is very good) so  
 anoint the nostrils ears temples and crown of the head with ap-  
 = poplechick balsom is very good) give a little musk in fine powder  
 3 times a day in whitewine and it wil cure perfectly often proved)  
 take a young black sucking puppy choak it take out ye gall give it  
 in tile = tree = flower water give it in the fit and you will see them  
 cured presently as it were by a miracle

for the palsie

82

take every night and morning a spounful of bruised mustard  
 = seed in a whitewine poset this cures the most confirmed palsie  
 even in the oldest person and that in 10 days time even to a won-  
 = der if it be taken constantly

for madness

83

take balm flowers 1 handfull infuse them being cut smal in 4  
 ounce of spirit of wine add prepared pearl give 2 spounful at a  
 time using medicines to procure sleep this is much used in a cor-  
 = rain noble family and is accountd a great household secret)  
 sheep lungs applyd hot to the head and often renewd is exceleat  
 (take rosemary betony balm borragge buyloss fumitory sweet marjor-  
 = lam of each a like quantity sow bayberys and black helabore grossly  
 beat in a linnen rag boyl at in water take a pint every day morning  
 and night for 9 days and foment the head being shaved with  
 cloths dipd herein for an hour twice a day and apply the bag wherein  
 of the helabore is to the open of the head binding it on so lye down  
 and rest this wil purge the brain so that the fifth filth sticking  
 to the brain and skul wil be wonderfully dissolved which few



other medicines can perform

for a catarrh

84

colloquintida steep in urine and given 1 dram is a gulant remedy for all cold diseases of the head for it purges the brain strongly) spirit of sulphur given 4 drops every morning and night in rose water is of very great force in this disorder

for the headack

85

take half an ounce of the best aloes pearl red and yalow saunders and red roses al in powder of each 3 grains make into pills with syrup of wormwood and violets take a dram twice a week before supper) distill'd water of vervain is most excellent to wash the head and drink 4 ounce with 3 drops of spirit of salt the herb hung green about the neck hath cured very many when all other medicines hath failed) sheep lungs applyd hot doth much aswage the pain) 5 horse teeth set to each temple at the same time wil cause a great attraction of blood which wil draw forth the whole matter of the disease and is a most approved remedy

medicines for the eyes

86

there is nothing better for clearing the sight then the constant use of eye = bright water or eye bright lined up with their drink) a young pidgeon slit and laid to the eyes is excellent or to let a dog lick them is good) make a leams' loaf with powder of rue fenel cotedine eye = bright betony with a little hony as soon as drawn cut it in slices put it betwext 2 pewter dishes the water that comes from it wil do wonders being dropt into the eyes) take of white violet leaves 1 handful radish seed 1 dram ammoniacum half a dram make them into powder and steep 24 hours in fenel water boyl it a litle strain it add clarifyd juice of fenel 1 ounce balsam of peru 2 drams this medicine dropt into the eyes morning and night after the body is well purged doth so cleanse the eyes that it take away spot or skin wonderfully) take of the juice of snialage vervain bur-net germander aveny sage celadine rue knot = grass chicken-weed powder of cloves of each 1 dram gross peper nutmeg lignum = alves of each 3 drams steep them in the urine of a boy and boyl a litle then strain it keep it close stopd drop a litle in every night this cured a man that had been 9 years blind) infuse 1 dram of crocus metallorum in 6 ounce of celadine water for 48 hours drop 3 drops in 3 times a day for a long time it hath cured severall that were very dim sighted it hath an excellency which few other medicines have that it cleanseth very powerfully without any sharpness) beat swallows alive with their feathers in a mortar put in every pound 4 ounce of bread crumbs and 2 quarts of whitewine infuse 5 days distill in balneo set it in the sun close stopd 20 days drop it into the eyes morning and night its admirable) take 2 pound of the liver of a goat hony and calamitus aromaticus of each half an ounce juice of rue 3 dram waters of celadine vervain fenel and eye = bright of each 3 ounce



long peper nutmegs and cloves of each 2 drams saffron one  
 scruple rosemary flowers bruised half a handful saffron and aloes  
 of each 3 drams gall of crows 1 ounce add 2 ounce of white  
 sugar honey of roses 6 drams slice wt is to be sliced bruise ye other  
 still in balneo maria with a slow fire keep it close stoppt as very  
 precious drop it into ye eye twice a day with this one quite blind-  
 was curd being first well purg'd) for an old disease of ye eye which  
 comes of over much moisture gross humors and mists as ye have heard  
 whirness mists suffocation this water is ye best known medicine after  
 sufficient purging drop 6 drops in w<sup>n</sup> you go to bed and 2 hony after  
 water wil flow out in abundance take of aloes 3 drams rue betony  
 fenel of each 2 handful vervain tormentil of each 1 handful  
 saffron 3 drams froth of nitre 2 drams and a half sugar candy  
 3 ounce syrup of roses 4 ounce urine of a boy half a pint lizard  
 dung 3 drams horehound 3 handful eye bright 1 handful and  
 half ginger long peper spiknard nutmegs cloves of each 2 drams bal-  
 = som of peru 3 drams honey of roses 2 ounce verdigreace 1 dram  
 licium 2 scruple radish leaves 1 handful make ye spices into  
 powder infuse al in whitemine with a 4 part of the hony stir  
 it once a day for 10 days yn still it) take oyl of roses 3 ounce rose=  
 water 9 ounce camphire 1 dram rasy 1 scruple hony 2 ounce goat yell  
 half an ounce lupin meal half a dram aloes = succotrine 1 dram  
 sugar candy half a dram juices of horehound fenel rue of each half  
 an ounce myrrh 1 scruple ammonicum half a dram saffron 1 dram and  
 half make into powder mix add a little sheep suet and wax so boyl  
 a little to an ointment anoint ye upper eye lids lightly therewith w<sup>n</sup>  
 in bed and their wil flow plenty of water from the corners of the  
 eyes its excellent for drying up and drawing out of the moisture  
 yt flows from the head to the eyes but you must purge wet bath  
 the head and body before you use it) for any white spots on the eye  
 hony distilled is very good so is sugar candy dissolv'd in eye = bright water  
 (take new hony 2 pints elder flowers fenel and eye bright of each  
 2 pugils sugar candy 4 ounce distil in balneo maria and drop into  
 the eye 3 times a day thick cloudes in the eyes are by this cured ye  
 body being wet purg'd before the use of it (dary seed put in over night  
 purge the eye mightily of filth so greatly conduce to the taking away  
 al spots (juice of fenel mixt with a drop of balsom of peru doth  
 potently take away al spots and cloudes) bloodshot if young is easily  
 curd by pigeon blood dropt into the eye but w<sup>n</sup> old and stubbon their  
 is nothing like dryd hyssop tyed in a rag put into hot water so applyd so  
 the eye for experience teacheth that this is of force to draw away  
 ye blood quite which wil stick to the rag) the fume of vinegar  
 takes away the yelow color left by the jaundice) an apple roasted  
 in the embers doth much uswage the pain of the eyes so doth woman  
 milke also thin slices of veal or mutton often applyd are very good for  
 the same use) infuse crocus = meteloram in eye = bright and fenel  
 water wash often therewith its no way sharp as most other medicines



are but doth powerfully resist inflammations and stay the flux) lithrages  
 infused in vinegar and applyd to the eye by a rag dipt in it curth their  
 inflammation instantly) take flower betwee root and red roses of each one  
 scruple rosewater and plaine water of each 3 ounce boyl a third part  
 away on a slow fire strain it add 8 grains of white vitriol in powder  
 this discurth and kinde eth defluxions) lapis = caliminariis mixed  
 with fresh butter is good) take tuty 1 ounce and half camphire 1 dram  
 verdigrease 12 grains beat ym al by ym selves take fresh butter 1 ounce  
 rosewater 1 dram boyl ym gently ym p take it of ye fire put in ye camphire  
 first ym ye other stir it wel strain thro: a sursnet anoint ye corners of  
 ye eyes its a most approved remedy against inflammations both wet and  
 dry against itching weeping use it as orderd and ye patient will soon be well  
 (ointment made of may butter and <sup>juice of</sup> tobacco well certainly cure without  
 al doubt it cures inflammations w<sup>n</sup> desperate and w<sup>n</sup> al other means  
 have failed the eyes must be closed and ye outside anoin<sup>d</sup> therewith  
 w<sup>n</sup> in bed) ye best and most famous waier for inflomations is made  
 of oyl yt comes out of linen rag burnt betwext 2 close dishes 1 drop  
 hereof mixed with ye spittle of a child must be dropt into ye eye with  
 a feather) a hard egg cut and laid to ye eye takes away al heat redness  
 so doth a fomentation of hyssop) <sup>(hot)</sup> to wash every morning with red  
 wine and fenel water doth wonderfully take away redness and strength  
 = en ye eyes) to wash often with brandy cleas and strengthens ye sight  
 dries up rheum) take whitewine 3 pints rosewater 1 gill tuty drayn  
 cloves 1 dram camphire half a dram make into fine powder shake ym  
 together in a bottle close stopt for 2 hours set in ye sun for a month  
 taking it in every night and seting out w<sup>n</sup> ye sun rises ym filtrate it  
 put 2 drops into ye eye w<sup>n</sup> in bed this takes away ye oldest redness  
 it dries up al rheum and fistulas consumes al moisture and quickens  
 ye sight) take salt 1 handful wheat 2 handful put ym in a cooper  
 cover it wel over with whitewine cover it let it stand in ye shade  
 til ye liquor turns green stirring every day with a wood spoon filtrate it  
 one drop put into ye eye take away al blemishes redness and defluxions  
 and quickens ye sight) boyl quinde leaves in water yt was gatherd carefully  
 in spring and dryd and kept from dust wash ye eyes often therewith  
 its a wonder to see how it doth preserve cleas and stop rheum) rowl  
 a smal pillow of fine cotton wel dryd upon ye eye over night and ye next  
 morning youll take much filth away with this being done for many nights  
 many eyes have been curd which could not otherways) for ulcers in ye  
 eyes take 20 egg whites set ym in a pewter dish in ye sun til they be dry  
 take their weight in sugar make al into a fine powder put into ye eyes  
 this doth much good without causing any pain)

for a cancer in the eyes or other place

87 the best remedy in the world is many chickens slit in the midst and  
 applyd warm

for pain

88 kitchen hots infused in ~~te~~ oyl of water lily and of roses is the best of anything  
 anodines in the world for pain in any part teeth or ears or wherever)  
 oyl of camomile is an excellent thing to assuage al sort of pain



for a strain  
to bath the part well morning and night with oyl of swallows  
(is excellent) or make an infusion of rose leaves camomile flowers  
lavender centaury sage rue wormwood boyl at in ale bath twice a  
day with a flannel cloth for an hour rub after with strong spirits  
lay on a plaister of oxycructa

for deafness  
3 drops of juice of angelica drop warm into the ear every night  
(is very good) ants eggs mixt with juice of onion and drop into the  
ear doth cure the oldest deafness) the blood of a young wolf drop  
warm into the ear doth cure after any medicine stop the ear  
with cotton muskifyd for a grain of musk thus put into the ear hath  
wonderfully cured many

to aswage pain  
whire of egg beat to froth half an ounce and breast milk 2  
ounce mixt and drop into the ear will ease all pain thereof or  
bath any part that is paind herewith and it wil give it ease) or  
take plaintrain and nightshade of each 1 handfull camomile and  
melilot flowers of each 1 pugil make a decoction and bath there-  
with) water that comes out of ash wood as it burns drop into the  
ear both easeth the pain and disolveth the cause thereof) boyl head  
crams in milk to a pulp add 2 egg yolks oyl of roses 2 ounce saffron  
1 scruple aply it warm this eases all manner of pain

to cleanse any ulcer impostume or sore and dry  
take decoction of barley 4 ounce hony of roses 1 ounce drop it warm  
into the sore or mixt burnt alum with whitewine and wash therewith  
(or take of vinegar 8 drams hony 10 drams boyl and scum it add a  
drum of verdigrace wash therewith) the rust of iron is much comended  
for drying up ulcers) or scales of iron ground and boyl'd in ye best vin-  
=ager) but ye best is to grind ye iron scales with vinegar yn dry  
it doing thus 7 times yn make into powder boyl long in vinegar  
til it is as thick as hony so make into powder and use with hony)  
wash an ulcer with sublimate water 4 times a day for it dryeth very  
much as cleanseth without any pain or biting its made thus take  
plaintrain water 4 ounce crude sublimate 12 grains cover it close in a pot  
let it boyl bet in a pan of water til half is consum'd) to dry up any  
sore the powder of red roses blown therein is very good

to stop bleeding  
to stop bleeding at ye nose or any other part the most excellent thing  
is a pulp made of tyme boyl'd in vinegar it must be aplyd warm  
the thickness of 2 fingers twice doing wil certainly cure for bleeding  
at the nose it must be laid to the temples and forehead) powder  
of egg shels and burnt paper blown into ye nose stops ye bleeding  
but fill your mouth with cold water to prevent it getting chert) the  
cobon of an inkhorn stops bleeding) the juice of nettles is highly



excolled for stoping bleeding of any part w<sup>t</sup> seever therefore its given inwardly & ounce at a time for twice for bleeding at nose snuff up ye juice also aplyd to ye temples and forehead being made into a pulvis w<sup>th</sup> with bran if for wound cut or sore wash ye place with ye juice and aply ye pulvis) boys dung aplyd hot is very good) ases dung is most excellent a physician subject to violent bleeding carryd it always about with him in a little box if yn which he confesd he never knew a beter medicine if it was dry he mixt it with juice of nettles if wet he put it alone into ye nose or wound he curd one yr had lost 17 ounce of blood and could be curd by no medicine by dryd ases dung used both inwardly and outwardly) the powder of burnt snails is good) an old woman was curd of a fluxe of blood of 3 days continuance only by mint put into ye nose) 1 dram of spinknard taken in any tiquor being in fine powder not only by a hidden force but also by strengthening ye liver stops bleeding) a dryd load put in red sarsnet put under ye arm holes or held in ye hands til it grow warm with stanch blood presently and it wil be immediatly congeal<sup>d</sup> as if it ap=  
=rethened some terrible thing) syrup made of juice of nettles taken 2 spoonful at a time is excellent for al inward bleeding) the bark of malbory root or the powder of earth worms is very good

## for the toothack

93 the decoction of vervain is much comended) some use ye leaves of hen=  
=bane and persicaria maculata as a sweet magnetick charm thay  
boyl ym in vinegar and thay after it hath been aplyd to ye part and ye  
leaves burnt ye pain wil be gone) take of sandanick 1 ounce wine and  
vinegar of each 1 gill boyl it strain it hold ye tiquor long in ye mouth) a  
decoction made of root of great nettle made in wine and vinegar each  
alike adding a little nutmeg and saffron held warm in ye mouth doth  
wonderfully draw ye humors forth at ye first ye pain wil be worse but  
it wil soon be mitagat<sup>d</sup> and cease) the root of ye sharp dock gatherd in ye  
spring before it grows out much and dryd held to ye tooth doth appease ye  
pain by a secret hidden vertue) lint dipt in oyl of cloves aplyd both draw  
out ye humor and strengthens ye part) oyl of camphire is very profitable  
but above al ye oyl of box is excol<sup>d</sup> which being but once dropt into the  
tooth instantly stays the pain) oyl of hazel nut is good) a nettle bruis=  
=ed and laid to the jaw doth instantly stay the pain) the leaf of el=  
=leborager rubd on a tooth makes it instantly drop out but besure  
defend the rest with soft wax

94 to make the teeth white and prevent or stop their rotting  
spirit of sulpur or vitriol mixt with water and ye teeth rubd therewith  
with a rag tyed to a smal stick and yn wipd with a clean rag is ye best  
thing in ye world and cleanges the foulest teeth) take white coral  
alun root of snakeweed each 1 ounce make into a powder rub ye teeth

## to stop bleeding

95 a plaister made of frankenscence have down aloes is a most excellent  
thing to stop any manner of bleeding) gum araback in powder is very good  
for it hath a power to stop cool glutinate dry) water and vinegar snuff  
up ye nose doth stop bleeding w<sup>th</sup> nothing else will  
for a quinsy

let blood open yn give the aqua benidecta of doctor rowland



give to the quantity of 2 ounces it doth wonders and for the most part cureth the disease in the space of 2 hours) or take of the powder of swallows nest which in the opinion of many authors hath a hidden vertue or peculiar property to cure this disease) take of swallow nest and albin = graham of each 1 dram the powder of camomile and flower de luce root of each half a dram hens grease and oyl of lily of each 1 ounce a little wax make into an ointment anoint the throat (this is in the opinion of all writers a perfect specificke cure) if it tend to water to break it take agarick cut it and steep with a little ginger in a decoct = ion of alathea ye & part of whitewine a few figs a little syrup of marshmallows hold it in the mouth swallow it down by degrees it wil break the imposthume yn clewse the throat with burley water and mead

## for an asthma

97 one scruple of saffron gives in a spoonful of whitewine is good) tobacco or doves smoked in a pipe hinders the fit) take of syrup of horehound liquorice coltsfoot of each 2 ounce oxymel 1 ounce mix and tick it by little and little) take of aloes saccharine half an ounce myrrh and ammoniac of each half a dram saffron half a scruple flower of brimstone half an ounce make into pills with syrup of coltsfoot of which take a dram 2 hours before dinner for some days its good to remove stufing from the lungs and to clear them) tincture of tobacco drawn with aqua vita and a little honey swallowed by degrees draws flegm in abundance from the stomach and lungs (12 hogs lice  $\text{y}^{\text{d}}$  in a cloth and steep in whitewine 12 hours yn strain and drunk doth in a short time cleanse the lungs) oleum sacchari doth power = fully dissolve thick glutinous humors in the lungs and causeth expectoration (decoction of red colerworts with sugar helps the asthma) but the juice of cle = worts with syrup of coltsfoot is yet better) 4 drops of spirit of sulphur in syrup of coltsfoot doth dissolve stinny flegm and open the lungs) flower of brimstone and fresh butter taken 1 scruple for 3 days together doth much help) lac sulphuris 7 grains doth much help) take marshmallow and comfrey roots of each 2 ounce flower of brimstone 2 drams flower of benjamin half a dram sugar half a pound dissolved in white lily water make lozenges which take often they are excellent

## for the pleurisy

98 let blood open at the first) give this iulep which restrain the heat and boyling of the humors and stops the defluxion poppy water 4 ounce syrup of poppy 1 ounce sal prunella 1 dram) after the first bleeding take oyl of lily camomile sweet almonds of each 1 ounce hens grease and fresh butter of each 1 ounce and half oint the side with it and cover with greasy wool) anoint with ointment of alathea mixt with oyl of sweet almonds yn sprinkle on powder of cumminseed and lay on a cole = wort leaf this is highly comended) sheep lungs applyd hot are good) hot bread from the oven dipt in butter applyd doth very much dissolve the mater fixt to the side) give barley water for constant drink with liquorice poppy and maidens hair boyl'd in it give it new milk warm wine in this disease is payson so is sharp things w<sup>h</sup> nature begins to evacuate by spitting take oft sugar of roses or syrup of violets in the declination to discuss the reliques of the mater apply a pluister



made of brimstone and bayberys shavings of a bouys husk or ashes of  
 butts vizil or popys or prepared coral are all medicines of a peculiar  
 proper or hidden vertue) give a dram of powder of box tree flowers in popy  
 water an hour after bleeding it doth so purge the blood yt it continues  
 pure for a long time after) fresh horse dung in curdus water strain'd doth  
 powerfully disperse both pain and humor in this disease) powder of hen  
 dung a dram given in curdus water doth the same) soot given one  
 dram is good) goats blood 10 drops given in curdus water doth powerful  
 disperse the pluisy

### for spiting blood

let blood in the arm on the same side you find the pricking or heavyness  
 take a smal quantity every 12 hours yn open a vein in the foot of ye same  
 side yn take plaintrain and popy water each 2 ounce syrup of dry rose 1 ounce  
 lapis pumela 1 dram take it 3 times a day purge often the serious and  
 and colirick humors with this preparation take rhubarb 1 dram yallow  
 myrobalaus half a dram ramarinds half an ounce infuse in plaintrain  
 water wn strain'd add rhubarb in powder half a dram syrup of roses 1 ounce  
 take it afterwards give medicines yt close ye orifice of ye vessels by the  
 astringent quality as take egg glair 2 dram sugar of roses 1 ounce starch  
 3 drams) syrup of purslain is very good even ye best) or plaintrain water  
 4 ounce and spirit of vitriol half a scruple presently stops blood coming  
 either by coughing or vomiting) or 2 spoonful of syrup of coral taken every  
 day stops al sort of bleeding but ye tincture drawn with lemon juice is  
 yet more powerfull) take ye roots of snakweed romintile comfry of each  
 1 ounce knot-grass yarrow veronica winter-green sanicle sheperds purse  
 each 1 handful bramble tops and mastick wood of each half a handful  
 sumach myrtle berys plaintrain seed bayberys and white popys of each 5  
 drams flowers of winter tylys quinces roses gourds of each 2 pugil bruise  
 yn and infuse by ye fire 8 days in plaintrain purslain soret and agrimony  
 water of each 2 pints ~~wn strain'd~~ add conserve of sloes 2 ounce seated earth  
 and bole armeniac of each half an ounce ~~yn~~ yn still take 2 spoonful  
 every morning its most exccellent) oyl of amber doth peice astringe and  
 dry powerfully give 2 drops in plaintrain water) those yt have been given  
 over by physicians have been cured wonderfully only by 4 ounce of juice  
 of nettles drunk in a morning fasting for 5 days and eating nettle broth  
 much at yt time) dragons blood doth wonderfully close up al inward  
 veins taking half a dram at a time in plaintrain water) bloodstone  
 given often 4 scruples at a time is very good

### for a consumption

the decoction of Gujacem taken at ye beginning of a consumption  
 by way of prevention doth wonders it must be made in whitewine)  
 milk doth hit al intentions for cure it cleanseth with its serious parts  
 it conglutinateth with its coagulating parts and nourisheth and refresheth  
 with its unctious parts womans milk is the best because its most agreeable  
 to our nature many are cured by the use thereof wn al other means  
 fail asses milk is the next it doth easily peice into the veins and  
 exccellently cleanse the ulcer let it be drunk just wn milkt feed the asse  
 with plaintrain ~~vervain~~ vine leaves brambles and barley put sugar of roses  
 to it 1 ounce to 8 of milk sleep not soon after it but walk gently about  
 mares milk is very good) conserve of roses not above a year old taken in



a great quantity and oft both with medicine meat and drink  
 and at any hour hath recovered many it cured a woman of a dis-  
 =perate consumption so yt she was not only sound but very fat after  
 =wards) the syrup of comfrey is excellent for it cleareth, healeth  
 and strengtheneth so doth comfrey roots boyled in broth) many have  
 been cured by no other medicine yn syrup of groundivy 1 spoonful at a  
 time and no other nourishment yn Barley broth sugar and water for  
 their drink and every morning q ounce of ye decoction of cray fish  
 with 2 drams of sugar) several have been cured by the only use of  
 well leavened bread and sallet oyl) take 10 white poppy seeds starch  
 gum arabick and gum dragon and starch of each 3 drams purslain  
 and melon seeds of each 3 drams pompion melon cucumber  
 gourd and quinch seed of each 1 dram spodium and juice of liq-  
 =uorice of each 3 drams penides the weight of al the rest give 2  
 drams every morning being made into powder in syrup of popys this is  
 an excellent medicine) the balsom of peru is very good give one drop  
 every day made into a pil with sugar) powder of turnet 1 dram every  
 day in broth is esteemd excellent) take russi pil 1 ounce antimonium  
 diaphoreticum and gum of gajacum of each half an ounce make  
 it into a mass with balsom of peru take 1 scruple every day for a  
 mounth it doth wonders) take succory and sovel water of each q pint  
 infuse 3 ounce of yalow saunders sliced in it 24 hours cover it very  
 close in a pitcher boyl in a pan of water 3 hours take 3 ounce  
 every morning for 40 days its a very good medicine) syrup of turney  
 is very good in a consumption let their constant drink be sugar and  
 water or barley water with liquorice or a thin mead or a weak de-  
 =coction of China

### Swooning

101  
 thro' roswater in their face pour wine into the mouth put snuff  
 into their nose if none of these recover them its usaly deadly) let  
 them lye on their back throw cold water on ye face put spirits  
 into ye mouth hold hot bread to ye nose call loud shake ym stop  
 their nostrils ring ye fingers pull ye hair rub ye skin bind the wrists  
 for weakness

102  
 mix cordials in al their nourishment as confectio alkermes or  
 confectio de hiachantha cinamon water cock broth and the like) slit  
 a sheep heart in ye midst wash it wel slice it put into a earthen pot  
 with some cloves no water past it very wel over with rye dough let  
 it stand 12 hours in a brown bread oven after ye bread is drawn  
 give ye liquor for a mounth this hath oft cured wth al other medicines  
 have been used in vain

### want of appetite or loathing

103  
 take syrup of quinchos and cundy citron of each 2 ounce cinamon  
 water 1 ounce oyl of sulphur sulphur 12 drops take every know a  
 spoonful this is excellent) the often use of zedoury doth exceedingly



Strengthen ye Stomack it never misse of cure but yn you must use  
 it often) take washt hysperline 2 drams mastick powder half a dram  
 aromaticum rosatum half a scruple take of it 2 hours before diner you  
 can take no medicine yr is more powerful) take agrimony centuary  
 wormwood of each half a handfull boyl in a pint of water to a gill add  
 sugar 1 ounce drink it its good either in a hot or cold cause) take coriander  
 seed half an ounce sweet fenel and anis seed of each 2 drams cinamon  
 and cloves of each half a dram sugar twice as much as them all this is  
 a very good digestive powder) take 1 spoonful after every meal) a few  
 drops of balsom of peru in wine an hour before meat is good) some grains  
 of peper taken fasting is good) citron orange peat and caraway comfity are

### To stop hicuping

castor 1 dram juice of mint 4 ounce anoint ye stomach with it warm 3  
 times a day give a spoonful or 2 in ye fit) cloves held oft in ye mouth  
 doth much good) boyl 2 dram of dill seed in 8 ounce of wine take 1  
 ounce first and last and smell oft at dill seed) anis seeds eat have a  
 peculiar secret and hidden property for to cure hicuping) aloes are very  
 good

### To stop vomiting

in a most violent vomiting give 3 grains of laudanum with 2 scrup  
 =le and half of cochine pills ye lesse this wil stay ye vomiting and in  
 4 hours after shay wil work downwards) after purging strengthen ye  
 stomach with syrup of quinchs or old conserve of roses or comfry roots) a  
 few grains of mastick taken in ye morning is good) 3 grains of bulsom of  
 peru made into pills with sugar is most excellent (juice of quinchs taken  
 2 spoonful at a time doth wonders) camphire often smelt to or taken  
 with rosewater is good) water made sharp with spirit of vitriol doth  
 powerfully stay vomiting) 1 scruple of salt of wormwood given in a  
 spoonful of juice of Lemons is a most excellent medicine) pusing ye hands  
 into cold water stays all sort of vomiting

### To stop vomiting of blood

bleed off a little at a time yn give half a scruple of camphire in 4  
 ounce of oxycrate this is excellent) beat wel together egg white rosewater  
 and vinegar of each a like add almost a 4 part of the whole of chalk  
 give 1 spoonful at a time often) there is not a better thing yn juice of  
 plaintrain taken morning and evening to stay any manner of flux of  
 blood) ye troches of carabe do not only asstringe but also dissolve  
 congealed blood therefore use ym often let your drink be water wherein  
 iron hath been quenched with syrup of quinchs and spirit of vitriol

### for pain in the stomach

a glister of whitewine with oyl of iuniper doth wonders) take cypress  
 roots galingal calamis-aromaticus of each 1 ounce mint ordym pencyoyal  
 marjoram hysop saga of each 1 handfull anis fenel caraway and carrot  
 seeds of each half an ounce bayberys ye same melilot rosamary lavender  
 and camomile flowers of each 1 pugil put into 2 bags boyl in sack  
 aply hot being squeezed a little to ye stomach and bely keep renewing  
 ym as thay cool) take of alarhea root half an ounce roses camomile  
 flowers wormwood of each 1 handfull boyl in 3 pints of water and  
 1 pint of camomile water til it comes to 3 gills add a little



runish wine vinegar and rosewater bath ye stomack and bely  
 very well herewith yn anoint with oyl of rue and dil mixt with aqua  
 vita and a litle oyl of sage yn aply a plaister of bayberys this is  
 highly to be comended having presently cured w<sup>n</sup> al other meany  
 have failed) this iulep is most admirable to aswage pain discuse wind  
 and strengthen ye stomack take wormwood centuary agrimony of  
 each half a handfull add so ounce of water boyl huff away add  
 1 ounce of sugar take it in 2 mornings) decoction of camomile  
 flowers taken 3 ounce at a time warm is a most excellent  
 medicine to aswage pain of ye stomack and in traily severel  
 have been cured with only once taking of so great pain as hath  
 made ym roar out as soon as thay have taken it thay belch and  
 fall into a sweat and so al their pain vanishes as by an enchant  
 =ment so yt thay need no other help) you may with good success  
 aply hot bread from ye oven cut in ye midst

for the ~~colick~~ colick

108

a dram of wolf gubs in powder given in whitewine cures immediatly)  
 to boyling water add a 4 part of oyl and some grose peper take 3  
 spoonful as hot as can be endured and ye pain wil be instantly gone)  
 take also 1 dram laudanum & grains dragidium 6 grains make into  
 pills take it in ye morning thay take away ye pain in 1 hour and after purge  
 away ye noxious humors) a dram of antiseed powder given in wine doth ye  
 first time of giving aswage and ye second time quite take away the pain)  
 were their is a great thirst give cold water many have been cured presently  
 therewith) stone horse dung 1 ounce infused in a pint of popy water adding  
 8 drops of spirit of vitriol straind and drunk cures) rhubarb infused in spirit  
 of wine is very good so is a dose of hiera pica

for one that is bound in the bely

109

the bigness of a walnut of fresh butter taken an hour before diner and  
 a draught of wine and water drunk after it is good for one yt is costive)  
 meacle poset is very good) cream of tartar 1 dram and new drawn custard  
 1 ounce taken once a week is very good) boyl bees and mercury in  
 broth eat it as soupe an hour before diner it doth most certainly  
 loosen the bely)

to stop purging

110

a purging with thirst is stopt in 24 hours by ye use of sub-prunela  
 in al their drink and a iulep of letice and purstain water taken 3  
 times a day) plainain boyled in broth is excellent) ye smoak of  
 fleabane taken into the privities doth stay the flux of the bely by a  
 hidden quality) eating medlars in a great quantity hath speedily cured  
 many) take juice of persicaria maculata and of the great houseleek  
 of each 3 ounce boyl to ye consumption of ye third part drink it in the  
 morning this doth certainly cure any flux be it never so old

for the bloody flux

111

purge often with rhubarb take but a small dose at a time beware



of strong physick give salt of lead 10 grains with conserve of roses<sup>12</sup> (many have been cured with rice boyled in milk with yolks of eggs and groundivy) 1 dram of powder of dead mans scull given in broth 3 times doth cure perfectly) juice of quinehes boyled w<sup>th</sup> as thick as wax =acle taken 2 spoonful at a time oft is very good) ye fat guts of a sheep boyled w<sup>th</sup> ye liquor be but a pint ading a little oyl cures at ye first or second draught) oyl and rosenater in equal parts do the same) juice of plainrain 4 ounce at a time is excellant) juice of groundivy hath saved many a mans life) a quinch filed with virgins wax roasted in the embers taken some few days together is a most proper remedy) use of medlurs cures any old flux) one was cured of a most desperate bloody flux by eating service berys) powder made of oak grapes which is under the earth upon the shair is no later remedy under the sun to stop al manner of bleeding) take gum arabick 1 dram coral and bole of each half a dram give in broth 3 times) take citrine myrtalans and rhubarb of each 1 scruple take it in powder at once its highly comended) take cattle bone burnt 2 drams sponge dipt in pitch and burnt in a pot and egg shely of each ~~half~~ a dram make a powder give at twice in plainrain water al new dysentrys are presently and surely cured by this powder of elder berys is by experience aproved) let their ordinary drink be water and conserve of roses or else water with filings of steel boyled in it

### for a flux of the liver

many have been cured by only 1 scruple of rhubarb given in conserve of roses for seaveral days together) the liver of a wolf is a specificke and proper remedy) tincture of coral is very good so is raising of the sun eaten in a great quantity) juice of young netles given 2 ounce for 3 morning together stops the flux and purifyeth the corrupt blood

### for worms

112  
hiera pica kiloth and expeteth worms excellently) electuary di = acarthanium is an excellant remedy to expet worms and to purge flegm and corrupted chyte of which they are bred and nourished) wormseed infused 2 hours in vinegar and then mixt with boyled hony is praised as a principle medicine against worms) oyl given with juice of lemons is excellant for the oyl choaks and the lemon expets them) oyl taken out of a hazel nut stick given 4 drops with a crum of bread immediatly kilz worms and casts ym out by stool for touch but lice or worms with this oyl and thay instantly dye which is wonderful to behold) oyl of iuniper 2 drops in broth is very good) aloes and wormwood is excellant) water made sharp with spirit of sulphur do presently kil them) oint with oyl of worm = wood and sr zowms wori al over the bely

### flux of the hemorrhoids

114  
bleed in ye arm give a purge of rhubarb) samirinds have a special power to stop this bleeding being taken often) the pits of Bdellium 1 scruple before diner and super are much comended) a fomentation of mullein boyled in smiths water is very proper used blood warm) blood of any creature injected hot with a syringe doth wonders



and restrains any manner of flux of blood) hares down burnt  
 mixt with egg white and spider web applyd to ye end of ye vein stops  
 the bleeding) sheep lungs hot and bloody sat upon have great power  
 to stay this flux drink nothing but iron water and decoction of  
 yarrow wch ye pain is great anoint with oyl of poppy seeds but oyl  
 of box is ye best because its stupifying and as it cures al manner  
 of toothack miraculously so doth it mitigate al other sort of pain  
 dip lint in it and apply to ye place) hog lice boyled in oyl of nuts  
 is highly comended) oyl of eggs doth much aswage any pain)  
 butter set in the sun in a lead pan til it grow black is an excellent  
 medicine) boyl wild flax in hogs grease strain it add an egg  
 yolk apply with lint it aswageth pain miraculously) leeks roasted  
 in a wet cloth take away both pain and sweling add some fresh  
 butter) a pulvis of bread and milk egg yolk and oyl of roses is used  
 to take away al pains) only elder leaves stump do take  
 away pain at the 3 dressing) purslain stump and applyd aswage  
 away pain and sweling and takes away proud flesh) onion roast  
 and mixt with butter take away both pain and tumor) pom ant with  
 red wine and alum boyl this takes down al swellings) a suppository  
 of goats suet and opium hath perfectly cured many after al other med-  
 icines have been used in vain but besure wash after with strength-  
 ning things warm) roast an hollow orange filed with oyl of spike and  
 roses apply it hot repeat often its wonderful and hath cured many im-  
 mediately after al other means have failed) decoction of yarrow as  
 ordinary drink both aswages pain and consumes the mater) powder of  
 mullein in milk is much approved) pills of Pellinum taken oft both con-  
 sumes the piles and takes away the cause ~~is~~ insensibly

for heat of the liver

open a vein yt much cools ye liver takes away ye cholera opens ob-  
 structions open ye liver vein of ye right arm give syrup of sucory with  
 4 times as much rhubarb its very good because it doth innocently purge  
 away the cholirick humors opens obstructions cools and strengthens  
 the liver) take oft conserve of hips yt grow on ye canker rose it  
 doth powerfully cool the liver) a bath of warm water doth more  
 powerfully cool ye liver and moisten the body yn any other remedy  
 especially in lean people use it oft

inflammation of the liver and obstruction

first blood yn purge drink constantly barley water) take smalage  
 parsley and asparagus roots of each 1 handful crystal of tartar  
 1 dram boyl ym in chicken broth take it 9 mornings together)  
 powder of the root of cow-cuckow-spink is comended exceedingly  
 for the opening of al sort of obstructions take 2 drams every day in a  
 decoction of hyssop) take oranges roots of asparagus smalage elecampare  
 of each 1 ounce agimony maidenhair ceterach dodder carduus of each 1  
 handful sea wormwood and centuary of each half a handful winter  
 cherys 1 ounce boyl in 3 quarts of water to 1 quart strain it add  
 juice of sucory and burnet of each 1 pint juice of fumitory and green  
 hops of each 5 ounce juice of fenel and

115

116

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117

118

119

120



parsley of each 3 ounce vinegar of squills 3 yils sugar 5 pound  
 = make a syrup add oyl of vibriol as much as wil make it sharp take con-  
 =stantly 3 spounful before breakfast dinner and super its good against  
 at obstructions of the liver mysentry and veins by which many yt thro:  
 evil habits have fallen into dropsies have been perfectly cured) steel  
 medicines are excellent in this case they plainly open obstructions presently  
 they compel all men to use them even those who reject all medicines  
 made of metals use it either in syrup wine or powder use exercise  
 for 2 hours avoid milk run of steel with your ordinary drink) decoction  
 of sweet briar for constant drink hath cured many of desperate obstruct-  
 =ions for it opens powerfully and strengthens the liver

### the right way of preparing steel

steep filings of steel in vinegar dry it in the sun do thus 3 times then  
 grind it upon a marble

117

### for the jaundice

hirmerick taken in hot ale every morning is good) wood lice bruised and  
 drunk in whitewine is good) take madder roots half an ounce celadine  
 1 handful sea wormwood and centaury of each 1 pugil cinnamon half  
 a dram saffron half a scruple infuse 12 hours in 8 ounce of whitewine  
 then strain it add half an ounce of sugar take it 3 hours before dinner)  
 dung of a green gosse yt eats grass and dung of a hen in equal parts in  
 powder taken a dram at a time for 3 days is excellent for it hath a  
 wonderful quality to cut attenuate and dissolve) many have been cured  
 with syrup of horehound wn other means failed) take netle roots 1 pound  
 saffron 1 scruple beat and strain them add a little whitewine take 4  
 ounce every morning for 4 days cover warm so sweat its very good

118

### Schirrus of the liver

take aloes half an ounce gum armoniack dissolved in vinegar as much  
 mercurius a dulcis 2 drams diagridium 1 dram make into pills  
 with oxymel of squills take half a dram 4 hours before dinner for 30  
 days together) their was a very strong schirrus cured by conserve of  
 horehound taken for 40 days together) turpentine washed in white-  
 = wine made into pills with sugar taken 1 dram every day is very  
 good being an opening medicine which provokes urine and loosens  
 the belly) leaves of henbane boyl'd in vinegar apply'd outwardly with  
 oyl of bitter almonds is very good let steel whitewine be your constant  
 drink

119

### for the dropsie

drink steel wine 2 a day use exercise take a dose of hira picu every  
 10 days) juice of flower deluce with hony 2 ounce at a time hath  
 cured several it works both by urine and stool in 3 times taking both  
 belly and feet ceases swelling and in a few more they are cured)  
 rhubarb taken every day so as to purge hath cured many it purge noxious  
 humors and strengthens the liver therefore is excellent) a sweating med-  
 =icine made of the butter of antimony cures all sort of dropsies) take coliquin  
 = tida 1 dram bran 1 handful infuse 12 hours in whitewine strain it add  
 1 pint of tripe broth oyl 2 ounce salt peter (3 ounce of) 1 ounce vinegar  
 1 spounful give it as a glister it brings forth water in abundance)

120



2 ounce of juice of cherivil taken every morning works strongly by urine and is an excellent medicine) salt of wormwood given in whitewine doth wonders it runs into all ye parts of ye body and opens them in all ye course of ye cure take 1 spoonful of cinnamon water in the morning and before supper eat dry meats drink little avoid sweety things as the plague let all your drink be stealed) to wash ye belly oft with a sponge dipt in lime water is good for it binds ye water is consumed ye cold and moist distemper of ye bowels taken away anoint also with oyl of rue and powder of baybergs) to anoint with oyl of scorpions and rosemary is good) bruise snails with their shels lay all over the belly let lye til it gely of it draws water forth violently so is very good) medicines of steel tartar and vitriol is excellent because they strongly open and provoke urine without any great heat) vitriol mineral waters are the best because they powerfully open the bowels correct their distempers provoke urine experience sheweth us yt many dropsies are cured every year at ye span) one was cured of a very sore dropsie by eating a great number of pomgranates) one was cured by juice of plain tain boyld half away

### hard swelling of the spleen

121 give steeld water for ordinary drink of all medicines those of steel are ye best in this case) dissolve gum = armoniack opopanax and bellium of each 2 drams in whitewine strain and boyl it add confectio hamech and diaphanican of each 2 dram double catholicon half an ounce pitula febrida 2 drams take half an ounce with 20 grains of mercurius dulcis for many days together so the hardness will vanish) powder of blind nettle given 1 dram in wine is comended for an admirable remedy having wonderful success) lime water to bath with hush also cured many) take oyl 3 pintz ex muro 1 pound butter half a pound juice of briony and sowbread of each 1 pint boyl til 3 parts be consumed add bees wax 8 ounce powder of catarach caper bark samurisk and agnus = castus seeds of each 3 drams this is an admirable medicine by which severall have been cured

### hypochondriack melancholy

122 take dodder of ryme half an ounce lapis = lazuli and agarick of each 2 drams scammony 1 dram cloves 30 drams make into a powder give 2 drams 3 times a mounth in whey many have been cured by this so yt its called a blessed and divine help) give glisters oft for many have been cured by yt alone) a bath of warm water in which cooling herbs hath been boyled hath cured many without any other medicine) 1 part of confection alkermes and 4 of conserve of borage flowers taken ye quantity of a chesnut 2 hours before meat every day opens all obstructions and strengthens mightily) ambergreace 6 grains a day in wine doth chear ye spirits relieve the natural heat and much rejoyce the heart) bezoar stone 3 grains in rosewater is good for it doth much strengthen the heart) but sharp and vitriol mineral waters are behoud all medicines for by correcting the distempers of the bowels they do powerfully open all obstructions especially the warmest which do make the humors thin they cleanse and send forth the filthy humors warm ye stomach and strengthen ye liver and spleen salt of vitriol goes behoud all medicines for it opens all obstructions strengthens ye bowels and qualifys their heat dose from 12 to 20 grains continue it for a



mounth or 2 give it in rosewater) many have been cured by a decoction of wormwood taken every morning for 40 days) juice of bugloss 2 ounce <sup>with as much wine</sup> taken every morning for 12 days is excellent to qualify the melancholy humor add 2 drams of sugar) the quantity of a nutmeg of venice turpentine taken 3 hours before dinner 3 times a week is extraordinary good it loosens ye belly strengthens and warms the stomach opens obstructions provokes urine let your constant drink be decoction of sweet briar for it opens and strengthens all natural passages decoction of lignum nephriticum opens all obstructions without any manifest alteration

## for Stone in the kidneys

123  
petitory applyd as a pulvis is good) oyl of sweet almonds above all medicines doth mollify and relax the passages and assuage pain take 3 ounce at a time) take strawberry and saxifrage water of each 2 ounce whitewine 6 ounce oyl of sweet almonds 2 ounce spirit of vitriol 1 dram give a third part as hot as can be endured ye 2 dose 6 hours after ye 3 8 hours after yt if their be occasion ther: ye 2 seldom misse of cure) ashes of burnt egg shell given 7 drams in whitewine doth powerfully expel the stone yt sticks in the passages) goats blood is commended by all as the best medicine to dissolve the stone (dose 1 dram) goat urine drunk warm and paunch of a sheep applyd hot to ye belly and privities presently consumes the stone without hurt to the vessels and the patient is perfectly cured it effects this even wh at passages are so stoppt as a drop of water cannot pass its an excellent medicine and doth wonders) winter cherys beat and steep in whitewine 12 hours yt straind and drunk doth wonderfully bring forth the mater of the stone yt you may take it up in your hands) an ounce of savin water doth purge away stone and gravel) 2 ounce of horse radish steep 8 hours in 4 ounce of whitewine strain and drunk is very good) boyl a ounce of bark of ye roots of carduus = asininus and liquorice 2 drams in 12 ounce of water boyl half away strain it take it many days it doth wonderfully cleanse away stone and gravel) 1 dram of oyl of scorpions taken in whitewine doth wonderfully further = or the voiding of the stone) half a dram of syrup of bean cods given in whitewine doth much good) take sena 2 ounce rhubarb half a dram turbit 1 dram and a half hermodact 2 scruple polody half a dram cinnamon ginger growvel = seeds saxifrage broom = seeds of each of each 1 dram give a dram and half of the powder in whitewine 1 a month its most excellent by way of prevention) iij juice of pustain boyl'd til thick given 1 dram doth powerfully cleanse the reins) powder of pomegranate flowers 1 dram doth purge away the mater of the stone) later and sugar candy taken every morning fasting doth cleanse the passages and hinder the breeding of stones) 10 or 12 bitter almonds eat every morning do the same) filberts eat before meat hath cured many yt have been long afflicted the skin must not be peeled of) take 7 ounce of warm water before meat for some time it cleanseth the reins and prevents their breeding stones let your drink be wine and decoction of sea holly many have seen excellent effects thereby) the bignes of a nut of turpentine rowld in sugar swallowd every morning cured one in 6 months both of the stone and joint gout who could not any way get help



natural balsom is much comended for expelling stones a man  
50 years of age yr had his water stopt 18 days was curd hereby first  
he took some drops with oyl of sweet almonds encreasing ye quantity  
till he came to half an ounce of balsom and 3 ounce of oyl in 10  
days he voided 6 large stones he was preservd afterwards by taking  
every morning half an ounce of oyl and 6 drops of balsom he made  
a sandy urine and lived long) green tobacco stiled hath taken  
away many stones out of ye hollow of ye reins

distilled water of for stone in the bladder

124

onions is most excellent ye use of it for 20 days thren a  
stone the bigness of a bean out of ye bladder) 1 dram of powder of  
hog lice given in spirits half an ounce and red pease broth 10 ounce  
taken 8 hours before dinner for 10 days hath curd many) 1 ounce of  
salt of white tartar infusd in 1 pint of parsley water and filtrated  
this is countd a famous water and much prizd by great men) the  
indian jewel is most famous for breaking ye stone

for those that cannot hold their water

125

give a purge of rhubarb yn ye brain and stones of a hare) hares  
dung is good so is snails burnt with their shells its excellent so is  
powder of burnt mice so is hogs hoof so is ashes of date stones)  
powder of egg shell is aprovd so is roasted nuts but above all is com=  
=ended ye powder of agrimony) ye inward skin of hen gizzards in  
powder is much comended) ye throat of a cock given in powder  
in wine before supper hath been seen to have happy success

for stoppage of urine and strangury

126

take benedita laxativa half an ounce roches of myrrh 2 scruple  
decoction of savin 3 ounce by this a woman was presently curd)  
one 80 years old was curd of a stoppage of urine by a strong tea of  
ashes egg shell and renish wine only once taken) winter cherys  
infusd in wine 12 hours yn drunk doth wonders) so are hoglice)  
oyl of scorpions 6 drops in any liquor doth powerfully provoke urine)  
spirit of salt doth ye same) 4 ounce of juice of petitory of ye wal  
with sugar doth much good) half a scruple of spirit of ruspentine in  
any liquor is much comended to blood freely is very good

for scalding of the urine

127

let blood purge with casia give a glisten of milk with seeds  
marsh-mallow quinch and fenegreek this is so powerful to alay  
pain and heat yr many have been known to be curd by it alone  
mineral waters of alum iron or vitriol are good for by experience  
they have been found to cure this disease even were it hath been  
inseparable) decoction of marsh malows sweetned with syrup of vi=  
=lets hath curd this distemper many times and there is nothing  
like it) many have been curd only with white of egg and rosewater



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camomile flowers boyl'd in milk hath cured severall) one was<sup>15</sup> cured w<sup>th</sup> all means failed by taking every morning and evening an ounce of conserve of marsh malows with 3 ounce of ye water Gill tea cures infalably

for the green sickness

129

one yr had ye green sickness 10 years with stopage of ye terms and could not be cured with many medicines was cured with nothing but conserve of mugwort in savin water wherein rhubarb had been infus'd one night) after taking a dose of haera pica use this bath which is of such force to open obstructions yr sometimes ye terms have flow'd at ye of bathing w<sup>th</sup> they have been long stop't take of marsh malow elecampane triony wild ~~corn~~ cucumber roots of each 2 pound malows violets mercury pennyroyal feaverfew baum of each q handful linseed and fenogreek beaten of each 2 ounce boyl it go into it warm 2 a day for 2 days having it every time fresh

for stopage of the terms

130

8 is 2  
oct: first

flowers of lavender eat fasting with hony is good) 2 drams of conserve of mugwort flowers taken often is very good) the quantity of a chestnut of old leaven with as much sugar 3 days together is much comended indian wood boyl'd and dictamnus aded procur'd both her courses and child bearing w<sup>th</sup> one yr had want'd ym 5 years and was buren) take powder of madder root and sugar of each one ounce make the powder into 3 doses give early in bed for 3 several times w<sup>th</sup> the courses used to flow let her lye 3 hours wet cover'd with cloths

for the imoderate flux of the courses

131

a dram of powder of egg shels given several mornings together is very good and is accounted a great secret) ye runet of a kid or hare given 10 grains both stops ye flowing and dissolves yr which is clot'd) juice of plantain is accounted ye best medicine in ye world taken 4 ounce at a time) to stop an old flux take 2 ounce of juice of plantain add a dram of colophony in powder give this quantity 4 times and she shal be undoubtedly healed for its a remedy yr never fails) juice of nettles taken fasting is excellent) water shiled out of young oak leaves of a redesh coutor stops ye flux) mulberry tree root and filipendula root given 1 dram in plantain water is a proper remedy) powder of nuttree flowers given 1 dram in a glass of warm red wine in a morning several days certainly cures at yr use it also it hath a peculiar property to help fits of ye mother) 1 dram of spinknard in plantain water stop ye flowing) boyl 3 sower oranges not ripe in 7 pint of water with a handful of mousear boyl it 6 gilly take 9 ounce every morning this medicine hath cur'd almost an infinite number of women and was a great white kept as a secret but is now publish'd in the world for ye good of mankind it never yet failed of curing those yr used it) a woman 7 month wroubled with this distemper was cur'd by ye smok of burnt frogs receiv'd into ye womb) ye smok of a mules hoof is an experiment'd remedy wonderful effectual in this case



for the whites  
sulphurus bath do powerfully cause sweat and consume the reliques of  
this disease many women have been cur'd herewith yt no other means  
could help) a decoction of asarum and smalage in sugary water is very  
good) the decoction of oak leaves & unce with sunset of hare 1 dram  
taken 10 days hath cured many of this disease

## fits of the mother

in ye fit put burnt feathers or old leather or brimstone to ye nose ye  
smoke of tobacco blown into ye mouth and nose doth quickly bring them  
out of the fit or give some of snuff in ye fit nothing is better) but  
laxative and exputing glisters doth excell at other medicines a  
glisten of vinegar with water doth presently aswage the fit by compres-  
sing ye vessels it doth ye same if taken in at ye mouth) a powder  
made of warts yt grow upon horse legs this burnt under ye nose is  
a present remedy wherety they are in an instant delivered from  
their fits to the admiration of the by standers) take assa fiteda,  
scruple castoreum & grains best laudanum 3 grains make into q  
pits give them presently) 4 drops of oyl of amber given in orange  
flower water hath presently rid away these fits) 15 grains of musk  
& of dragons blood in q ounce of orange flower water doth wonders  
it was never given without good effect) give ye raspings of elms clarv  
with zedoary and wear a poice of the clam about the neck its a present  
remedy for the sofucation) cumphise fired and quencht in water given 1  
dram is an excellent remedy) 2 scruples of powder of walnut rags given  
with 2 drops of oyl of amber is a singular remedy never was any thing known  
more excellent in this disease) powder of the afterbirth of the first child  
1 dram in mint water is an excellent remedy and presently takes away  
the fits) 1 dram of brimstone and 2 of nutmeg is an excellent remedy)  
powder of jett 1 dram wil do much) 1 dram of powder of elder berys in wine  
cures the fits and the second time hinders ym from returning) a dram of soot  
given in a soft egg is good) 1 dram of salt of vitriol in orange flower water is  
a proper remedy for their ordinary drink be a decoction of caraway seeds) briony  
root boyl'd in whitewine doth wonderfully help women subject to these fits so as  
presently to free ym from their choking fit and after to cure ym one yt was a  
year troubled with it was cur'd by this medicine) cream of tartar taken oft is  
very good) hog fenel root hung about the neck so as to rest upon the breast is  
good) assa fiteda worn after the same manner in a thin rag is very good) a fox  
pizel and stones dry'd hung about ye neck so as to rest upon the navel preserves  
from these fits

## dropsie of the womb

give heria pica every 12 days use much exercise take of mineral borax half  
a dram saffron 20 grains with juice of savin take 2 a week this is a most  
effectual medicine) anoint with oyl of rue ym uply a plaister of bay berys) if it  
come from wind let her receive ye fume of 3 powder'd nutmegs into her  
womb by a funnel thro: ye watergate at ye same time make ye same fume  
under her nose a woman was cured hereby and yt in a moment for she  
cry'd out I must go to stool which she had hardly spoke but a noise was  
heard like the firing of gunpowder by which the wind being



## barrenness

135

give a dram of afterbirth in powder which is of great efficacy for it hath a peculiar vertue and secret property to strengthen the womb help conception and procure (1. vhu. 2. vhu.) stones of a bear pig yt is without any more of yr sort at yr piging is reckon'd a great secret and cures barrenness both in men and women) a dram of powder of the true amy brought from alexandria doth exceedingly help the seed and give great hopes of children take it every other day but they must have nothing to do together those days they take it) 2 scruples of essence of sabyion in a glass of muscadine is most excellent) salt of sabyion given 10 grains after the courses is most excellent (the runet of a hare oyl of sweet marjoram and musk is account'd a very great secret to facilitate conception) if a woman upon the 4 day of her purgation drink a gill of juice of sage with a little salt and a quarter of an hour after lye with her husband many grave men affirm yr she wil undoubtedly conceive by this medicine the egyptian woman peopled their country again after a great mortality

## to prevent miscarriage

136

swallow 2 grains of mastic every morning) take half a dram of plantain seed every other morning at ye time of being with child) eagle stone worn about ye neck doth by a secret property of nature retain ye child in ye womb) ye same doth a loadstone worn upon ye navel) coral worn under ye armpits do the same wear a girdle next ye skin made of ye hide of a sea horse or a wolf) keep as quiet as possible and refrain from her husband) if she begin to feel pain give aramatrum rosatum and coriander seed in powder also aptly below ye navel a bag of anis funnel and fenegreek seeds flowers of camomile elder and rosemary (take loaf gold and spodium of each 1 dram breadings of 13 eggs drink in whitewine 3 mornings together at the same time lay this pulvis on ye bely take powder of frankensence 2 ounce & whites of eggs set on a slow fire stirring continually add as much turpentine as wil make it stick spread it upon tow lay on her navel as hot as can possibly be endur'd morning and evening ye same days you use ye drink these medicines are account'd great secrets and its belov'd they wil hold the child in the womb if they be laid on before it be loosned from the vessels

## hard child birth

15 drops

137

give cinamon water or cinamon salt and saffron) oyl of amber is one of the most effectual sort of medicines oyl of cinamon is the same give 15 drops or extract of saffron 8 grains give in water or wine they do at work much) snuff hastens the birth anoint her navel with oyl of amber her privities with oyl of sweet almonds or linseed the gut of a hen apply'd to the navel is very good an eagle stone lay to ye hip doth by a secret property help the birth a loadstone doth ye same) dry hare eyes in march with pepper eye the sight of ye eye so as to touch ye bely and it wil bring away ye child being alive or dead but remove it immediatly besure she have no precious stones about her for many of ym do by a peculiar property retain the child in the womb

## to help away the afterbirth

138

give as much powder of horse stones as wil lye on a crown in chicken broth 3 severall times) 30. drops of oyl of inniper hath been given



with very good success) give ye a large onion raw drinking a draught of warm wine after it this is a present help) Stump Louage give ye juice in renish wine

### gripings after child bearing

139

give 3 ounce of oyl of sweet almonds 2 ounce of hypocras an ounce an half of syrup of violets) beat & boyl'd onions with linseed and cumminseed of each 1 handful make into a pulvis with barley meal aply warm to ye navel) the skin of a sheep aply'd warm is very profitable for its near of kin to ye natural heat concocts and digests mitigates ye cause of ye pain) a decoction of camomile flowers in beer is given with good success) take powder of camphyr root 1 dram peach kernels and nutmegs of each 2 scruple amber half a dram in whitewine give as soon as deliver'd it certainly preserves from all griping

### medicines good to alay pain

140

milk miltet upon ye part doth evidently lessen pain and aswage swelling) white bread boyl'd in milk with egg yolks and saffron is very good to aswage all pain and swelling) a pulvis of violet leaves and saffron is very profitable) so is a pulvis of marsh malow roots in milk) boyl dock root and camomile flowers in milk make into a pulvis with barley meal it wil do miracles) yolks of 10 eggs beat in a frying pan with 8 ounce of oyl of roses boyl til they grow thick add saffron 2 drams lay it on hot this is most excellent in extrem pain) salt of lead dissolved in spirit of wine eases pain wonderfully) balsom saturni prepar'd with oyl of roses alays pain most effectually) oyl of scorpions is excellent to alay pain) take rosemary chamipyss wormwood of each 1 handful camomile and rose flowers of each 1 pugil oyl and wine of each 8 ounce boyl til ye wine be consumed strain it add as much wax as wil make it into an ointment in 24 hours after ointing warm ye pain ceases) take bran 1 pound salt 1 ounce soap as much as wil make it into a pulvis w<sup>ch</sup> boyl'd it resolves humors and eases pain) take powder of roses 2 ounce mastick 1 ounce camphire half a dram barley meal 8 ounce boyl in whitewine continually stirring lay on warm it resolves without heat eases ye pain and strengthens ye joynts) troy root truis'd with strong spirit is very effectual

141

to soften all hard swellings dissolve knots knobs and bunches plaister made of old strong cheese and decoction of a powdered sow leg is very good in this case) gum ammonicum dissolv'd in vinegar doth wonderfully soften) balsom of pera softens and dissolves hard swellings

### Sciatica

142

besure let blood in ye vein in ye ankle call'd ye sciatica vein it frequently seen to take ye pain quite away) oyl of scorpions is very effectual) spanish soap dissolved in spirit of wine rub'd on before ye fire is excellent) oyl of bricks and hot is good) take juice of dwarf elder 1 ounce oyl of camomile 6 ounce boyl w<sup>ch</sup> add 3 drops of vinegar as much wax as to make it an ointment its comend'd as wonderful) 10 leaches



page 33 fastned to ye part in 10 hours hath taken away ye pain w<sup>th</sup> al other means hath failed) 17

Rheumatick pains

143 give a glister let blood in ye arm of ye same side ye pain is most give a purge take 3 mornings 8 drops of spirit of breade in carduus water) take oft conserve of sweet briar roses blood oft

feavors

144 blood at ye first drink whey very much it excellently tempers ye heat of ye feavor evacuates cholera and strengthens ye bowels give also glisters if ye feavor comes from flegm a decoction of camomile is excellent) to strength = en and drive out ye sooty vapors pigeons slit and aply<sup>d</sup> to ye region of ye heart is very good) in ye conclusion of ye feavor purge 3 times to cure of ye reliques of ye disease

agues

145 blood vomit yn purge in ye days you are free from your fit yn drink centuary boyle in ale) vomit wet with aqua benidicta this eradicates ye ague for ye most part) give decoction of wormwood) a dram of venice treacle taken 3 times just before ye fit comes is very good) 4 ounce of juice of plainis drunk just before ye fit comes cures) 4 ounce of decoction of camomile just before ye fit comes is excellent) mouscar salt and vinegar beat and laid to the wash before the fit comes is accounted of great efficacy) take camomile flowers and wormwood of each 3 pugils boyl in 3 pints of water to 3 gills strain it add 4 ounce of sugar drink 5 ounce every morning by this medicine hath been van = quish<sup>t</sup> most stubborn agues) a decoction of china and guaiacum for 20 days cures most agues) purge once a week blood in ye basilica vein in ye left arm ye moon at full many have been cur<sup>d</sup> thus w<sup>th</sup> al other means fail<sup>d</sup>) take sugar candy 3 drams camphire 1 dram ginger 2 drams give 1 dram in powder just before ye fit comes its account a special and proper medicine) 10 grains of saffron in port whitewine just before ye fit much weakens it) seed of wild rue given in whitewine just before ye fit cures) an infusion of senna and cream of tartar for 7 days together <sup>cures</sup> lady dysters plaister for a consumption or sore cough

in warm water

146  
r 172  
are 7  
weldornes  
eachman

take burgandy pitch rosen bees wax of each 2 ounce melt ym add oyl of mace 1 ounce turpentine 2 ounce and a half melt at together spread upon sheep skin grate over with nutmeg aply to ye stomack

pestelentel feavors

147 lay on 4 blistering plaisters snails beat and laid to ye soles of ye feet doth powerfully draw down the malignant mater and al hurtful humors and vapors and its also highly comended for attracting and discharging the water in a dropsie) give glisters oft boyl pom = citron in water and let it be their ordinary drink) spirit of vitriol is highly exalted and their rare virtues are proved by long experience and their is no putrefaction whose neck thay break not no in = fection which thay do not overcome no pravety of humors but thay can conquer (give sal prunella in your juleps for it powerfully cools and extinguisheth the feavorish heat and hath a faculty by sweat to drive out al malignant humors by which nature is oppressed so its excellently fit<sup>d</sup> for these feavors) a dram of con = trayera <sup>powder</sup> in powder given in carduumm water is a present remedy against al poyson and drives it out by sweat and insensibile transpiration



## to stay vomiting

148

vomiting is suddenly stayd as it were by a miracle with 1 dram of salt of wormwood given in a spoonful of juice of lemons) a toast of household bread dip in vinegar and laid hot to the stomach (dash it) or mint laid in ale and drunk warm

149

## Small pox and measles

keep in a warm room give a decoction of barley and figs for their comon drink it effectually drives ye humors to the skin so is used with good success give a decoction of lentils gum lac and tragacanth for gum lac defends the liver and spleen tragacanth the breast and lentils the guts) give also conserves of roses for the lungs is peculiarly preservd thereby) unvint

## the greensickness with cholick pains

150

bleed in ye foot give a slegm purging potion 3 days after another yn take every morning half an ounce of spirit of tartar in decoction of wormwood give for drink steeld wine this cures mostly in 10 days removes the pain at twice taking

## jaundice

151

one whose skin was dyd of a gold color was curd by these medicines take machler woss half an ounce celadine 1 handful centuary 1 pugil cinamon half a dram saffron half a scruple infuse 12 hours in 8 ounce of whitewine strain it add half an ounce of sugar take it 4 morning together) take sena half an ounce anis= seeds 2 drams wormwood and agrimony of each half a handful liquorice 2 drams browns and cichory flowers of each a pugil boyl in 6 ounce of water to 3 strain it add 4 scruple of rhubarb yr is infusd in wormwood water 12 hours add a litle cinamon and electuary succo rosarum 2 drams Syrup of roses 1 ounce take half before you take ye former medicine and the other half after

## an old headack with other infirmities

152

one troubled with a sharp headack with pain in ye right side under the ribs and belly ack for several years nothing doing any good was at last curd by ye following remedies take conserve of wormwood and maiden-hair of each 11 ounce conserve of alocampaine <sup>woss</sup> half an ounce salt of tartar magistry of tartar and specificke aperitive powder of each half a dram make into a bolus with syrup of maiden-hair take 2 drams every morning purge every 4 days in 14 days she was perfectly cured

## colick pains

153

one tormented with colick pains so grievous yr he roard out rock & grains of laudanum which in 2 hours took away all ye pain) 1 dram of powder of wolfs gut in wine is a present remedy) a lump of fresh butter swalod every morning fasting drinking some wine after continued some days cures this disease a worm feaver

154

take roots of sorrel and cichory of each 1 ounce leaves of endive cichory sorrel parslain st johns wort of each 1 handful scordium and wormwood of each half a handful of ye 3 cordial flowers of each 1 pugil boyl in barley water strain add 4 ounce of syrup of lemons make it hot with spirit of nitriol make into 4 dose which give morning and evening if any wonder yr this disease



should be cured with so easy a remedy let you know yt st Johns wort and scordium have a wonderful force against putrefaction hinder the generation of worms and kil them w<sup>n</sup> bred and laid up amongst clothes they do hinder ye breeding of moths and many can truly witness yt this iulep hath been used in almost an innumerable company of children troubled with worms with good success

for the mother

155

take water of mugwort roses and orange flowers of each 1 ounce cinamon nut = or 3 drams confectio de hycanthe 1 dram powder of diamagaratum frig = idum half a scruple saffron 4 grains this cures

to stop a loosness

156

take lapis prunella in purslain and lentil water 3 times a day in 24 hours youll find amendment

for obstructions of the liver and spleen

157

take aloes and gum ammoniacum of each 1 dram and half dissolve ym in vinegar put it thro: a sieve send and myrrh each one dram and half saffron half a scruple make into pills with oxymel of squills take 2 scruple every other day before dinner 2 hours by ye use hereof several very far gone have been restored to health in a monthes space a decoction of guisacum for 15 days without sweating hath cured several of a beginning consumption

for a plury

158

give a dram of frankincence in a roasted apple drinking 4 ounce of carduus water covers close to sweat do thus 3 times in 24 hours for 9 times sucesia (chimney soot taken a dram at a time) in carduus water is very good in this disease

for a dysentery

159

give half a scruple of extract of coral in plainain water

for hard labour

160

take dittamus of crete the 2 birthworts myrrh of each half a scruple saffron and cinamon of each 12 grains confectio alkermes half a dram orange flower and mugwort water of each 1 ounce and half it presently brings throvs

for a rupture

161

but pizel grated and given every morning in breast milk is an infaliable cure

Balsomick syrup

162

boyle half an ounce of balsom of tolu in 3 iacks of water w<sup>n</sup> 2 iron cold run it thro: a fine linen cloth in which the flowers wil stick which take carefully of with a knife put ym into ye pan you boyle in with ye same quantity of things as before boyl and strain in the same manner in every gill dissolve 12 ounce of sugar and strain thro: ye same cloth

imoderate flux of the course with sufocation of the womb

163

take orange flower plainain and rose water of each 1 ounce dragons blood 12 grains sal prunella 1 dram take in the morning fasting and again 3 hours after taking only some broth betwext do thus 3 days together this wil also stop the imoderate flux of child bed purgations and cause the pain to cease

how to order one that is thought to be beginning of the smal pox

164

first blood give iuleps anoint with oyl of scorpions w<sup>n</sup> they are come out give the following iulep take carduus water 3 ounce treacle water 3 drams troches of vipers 1 scruple bezour stone 5 grains give it w<sup>n</sup> going to sleep at night this is the quantity for a child of 9 years old apply young pigeons slit to the heart oint with a liniment made of treacle confectio alkermes and oyl of scorpions (laudanum given 2 grains in conserve of roses is very preferable



an excellent medicine for the colick

165

take aloes 1 dram diagridium 8 grains laudanum 5 grains make 6 pills  
take about 12 at night in 8 hours) 5 grains of laudanum made into a pill  
taken at night comonly gives present ease

Small pox and looseness

166

take cinquefoil and tormentil roots of each 1 ounce scabious and pimpinel of  
each 1 handful scordium 1 pugil yellow saunders 2 drams boyl in water to  
12 ounce this makes 3 doses to be taken twice a day ading to every dose half  
a dram of confectio de hyacintha traches of vipera half a scruple and bezoar 4  
grains in once taken it abates the looseness make ye pox rise and lessens the  
thirst it doth wonderful much good were there is no looseness ading orange-  
flower and rosewater of each half an ounce to sucking children it must be  
given only 1 spoonful at a time frequently

167

for a watry rupture in a child  
make a pulvis of half a pound of bean meal in strong red wine with 3 drams of  
oxymel apply twice a day for 8 days with this medicine ye humor is comonly quite discurd  
a worm feavor in a child

168

blister yn give at night hiera pica and syrup of roses of each half a dram in purslain  
water the next morning give a julep made of sorel endive purslain of each 1  
handful hypericon and scordium of each pugil boyl in 1 pint of water strain it  
add 3 ounce of syrup of lemons give 3 ounce at a time 3 times a day this is  
quantity for one of 3 years old if 5 double it

a malignant feavor

169

give cordial juleps with sal prunela 3 times a day) yn give a powder made  
of camphire half a dram and sal prunela half an ounce give it at 4  
times every 3 hours this is an excellent medicine

to stay loosness

170

give a bolus made of mastick and terra sigillita of each half a dram and  
Laudanum 4 grains this comonly cures so doth tincture of coral which by  
strengthening ye liver stops fluxes it likewise potently cools give 2 ounces  
twice a day for 2 days) there is nothing beter for the flux called cholera yn  
to give 5 grains of laudanum

a quinsy

171

there is nothing beter yn to give 2 ounce of aqua benedicta which comonly  
works both by vomit and stool and perfectly cures

gripings in children

172

give 10 grains of earl of warwicks powder in milk which purgeth and comonly  
cures this is ye dose for a child of 5 mounths old ye same dose given  
cures al catarrhs and fluxes of rheum upon ye lungs

an hysterical faling sickness

173

there nothing beter yn powder of wolves flesh taken and some of ye flesh  
saltd and wore about ym this is comonly a cure

bloody flux

174

give over night 3 grains of laudanum in ye morning let blood yn give one  
scruple of extract of coral wath plainrain water twice yt day yn give laudanum  
at night and bleed in ye morning yn give a decoction of purslain and plainrain  
with sal prunela ye next day in ye morning give rosewater with comon oyl  
at noon some broth of 10 sheep guts or with some



powder of warty berries in do this every day as long as there is occasion but the 19 second time commonly cures) 1 dram of salt of vitriol dissolved in water and taken oft is a certain cure

Rheumatick pains

175

first purge and blood yn give this following diet drink for a monthy space take guaiacum 2 drams sarsaparilla 1 ounce boyl in 4 pints of water til one be consumed strain it add a little cinamon let it be your constant drink and it will perfectly free you from this troublesom disease

a malignant or spotted feavor

176

the best thing in this case is to open a vein in ye forehead and take a iulep made of carduus water 4 ounce treacle water 3 drams bezoardicum mineral 2 scruples cumphire 12 grains decoction of cinquefoyl bugloss and white thistle scordium and sorel give it morning and evening its most excellent

Dropsie

177

take an infusion of senna with salt of tartar for 12 days yn take elecampane gentian velarinn perch flower de luce and long birch-wort roots of each 1 ounce bark of caper roots ash and samitisk each one ounce agrimony ye 2 wormwoods ground-ork and centaury of each 1 handfull liquorice and raisins of each 1 ounce senn 1 ounce turbit and agastick of each half an ounce drams elder seeds 3 drams ginger and cloves of each 1 ounce boyl al in water to 12 ounce w<sup>h</sup> strained add syrup of rhubarb and cichory of each 2 ounce give it in 4 mornings this causes al ye hydropical humors to come away by stool and urine and so perfects ye cure

ulcers

178

ulcers of ye gums or other parts after purging are cured with powder of myrrh and sugar candy each alike put into a hard egg in ye place ye yolk was syed fast and laid upon sticks over a stone pot and set in a cellar from which wil drop an oyl with which wint oft) moolltree bruised and boyl'd in linseed oyl ease pain mightily their must be a little sebrun with it

costiveness

179

this is remedy'd by taking 2 hours before dinner strowd prunes drinking a little glass of water before and another after ym (or by taking a lump of fresh butter as big as a walnut drinking a glass of water after

to dissolve any tumor or hard swelling

180

nothing is beter yn a fume of vinegar wherein burning flints have been quenched after ainting with oyl of bitter almonds 2 ounce seed Podellium and liquid storax 2 drams taking 2 days for ordinary drink a decoction of mittle - folium with a little wine in

an ague

181

first give a glisten yn let blood ye day after give 10 grains of cambogia prepared with spirit of wine and sulphur (or let blood yn give a bolus made of 10 grains of red precipitate without corrosives with 10 grains of scammony and conserve of roses this certainly takes ye ague quite away

a wound with a bruise

182

let blood presently yn lay on emplaster de cominna give a gentle purge frequently anoint with oyl of wax warm and lay on ye same plaister by this means al pain is taken away in 3 hours and ye old color restor'd

astma

183

take cinamon 2 ounce occymil of squills 1 ounce take a little of it frequently) take elecampane 3 drams sugar candy half an ounce syrup of hysoy 2 ounce gum - ammoniac dissolved in brandy half a dram lick a spoonful of it leazurely morning







if one swallow a tapping mole swallow or weasels heart warm it wil cause a good memory and understanding and so - 21 - 03 - 05) take ginger galingal magick cure = mill oragani of each 5 drams nutmeg sweet calamus asarum cubebz bignone aloes mace smalago seed amiri of each 2 ounce frankincense cloves zedony cardamomy pelitory of ye wal castoreum long and black paper costus cyprus of each 3 drams dryd mint of ounce make al into a fine powder and with sugar perid and clarifyd honey make a lochoch this wonderfully helps ye memory prevents lethargys and forgetfulness comforts ye stomach and adds strength to al parts dispels flegm and cold

to stop bleeding at the nose

195

take a large spider in a linnen rag bruise it a little smel at it but touch not the nose with it and it wil work the effect) smal burnet in powder is excellent in nose bleeding) ureta held in ye hand <sup>stays</sup> <sup>bleeding at the nose</sup> falling sickness

196

flowers of life tree stiled is wonderful to cure children) give a child as soon as born half a scruple of coral powder in womans milk and it shal never have this disease) an emerald wore cures) mislive teys strung like beads and wore about ye neck soth cures and prevents this disease) an elks claw worn so as to touch ye skin cures) and hath such force yt worn constantly it perfectly prevents it) take gentian piony antimony prepared with urine of each 3 ounce minus skul and musk of each 3 grains make a powder take a dram every day its excellent) a stone taken out of a swallows nest and wrapt up in swallows blood refresh immediatly such as fat and bound about ym and wore wil effectually preserve ym) ~~the~~ cherys stiled and ye water put into ye mouth as soon as ye fir comes wil abate its force be it never so violent a precious thing and often tryd) those yt are taken are immediatly raised by rubbing their lips with mans blood) by ointing with fat of a camelion boyl in oyl upon ye belly and backbone ye party wil immediatly rise tho; never so ill and in 7 times ointing wil be curd

to cure sleep

197

green henbane laid under ones pillow wil do it) or the juice of the great bulrush drunk (anoint the soles of ye feet with fat of a dormouse or with water and vinegar and pokers earth) or take rosewater and vinegar of each 1 spoonful oyl of roses 2 spoonful powder of half a handful of rose leaves make a ~~plaster~~ with crumys of bread made of wheat and leavened lay it to the forehead and <sup>(plaster)</sup> temples) anoint your temples with juice of smalago and you shal have quite sleep and pleasant dreams

to prevent marks of the small pox

198

beat cream and saffron together and oint it wil heal ym without sign or spot

for melancholy

199

its cured by rubbing ye body al over with nettles

drunkenness to prevent

200

wormwood a stalks of almonds is good to chew before drinking to keep one sober

bloody flux to stop

201

half an ounce of cinnamon and 8 ounce of rice boyl to a pulps in 2 quarts of water and eat warm as much as you can at a time wil do it) medlars cut from the tree have the same effect

to stanch bleeding

202

warm horse dung put in a cloth and applyd wil do it for the toothack

203

a mole wash soke out and the mole let go worn wil cure for the quinsy

204

many stoud is so sovereign a remedy yt it cures both quinsy and leprosy bathing therewith warm) hogs dung applyd inst wn made cures) a plaster made of



lunar swallows and their nests is singular to dissolve swellings of the throat and dissolve the quinsy

205

for the palate of the mouth fallen down the juice of raw coleworts rubed on the crown of the head wil draw up the palate again into the proper place this is a secret in nature) syrup of violets is very good for roughness heat and dryness of the tongue or throat

colick

206

carduus seed fruis<sup>d</sup> and drunk in whitewine is very good

cough

207

if you have a stone of a sponge about a child's neck yr coughs exceedingly it will leave him

Stomack liver and blood to purge

208

weight of a crown of aloes succotrina wil purge the stomach) infuse a dram and half of rhubarb sliced in a spoonful of native water upon warm embers for 12 hours drink it warm it wil purge ye liver) steep sliced gujacum at night in water boyl it huff away put it into broth so eat it it purgeth the blood and drink = eth up ye humors

breath stopt

209

take 6 liquorice sticks 1 of cinnamon a roace of ginger maiden hair 1 handful a bunch of hyssop half a handful of coltsfoot infuse in a quart of water close stopt in a jug within boyling water 8 hours take 6 spoonful at a time sweetened with sugar candy) half an ounce of juice of bazil drunk with half a scruple of saffron doth wonderfully help

plurisy

210

half an ounce of powder of sores sooth in barley water is an approved remedy is free the patient from danger) powder of stone horse dung drunk in at their drink wil cure ym) stop a large aptle ful of frankencence were ye core is lock out mast it in hot embers and eat it and ye imposthume wil presently open and the matter come forth and the patient be cured tho: thay tye for dead

Sore breasts

211

put a handful of march sand into ale grounds add 2 egg yolks and a good peice of unsalt<sup>d</sup> butter thicken it with flower fry it spread on a cloth lay on as hot as can be endured this wil draw break and heal ye breast without ye help of any other thing

for an imposthume

212

for any inward imposthume or plurisy nothing is better ym a scruple of nettle seed bruised and lick<sup>t</sup> leisurely in syrup of violets for this wil cause to cast up the clammy matter without pain

an excellent water for a consumption

213

take coltsfoot hyssop snails cleas<sup>d</sup> maidenhair comfry still in balnoe drink a gill every morning) or take lungwort rosemary betony maiden hair of each 2 drames hony 1 pound comfry 8 ounce coltsfoot 1 ounce violets 1 dram mix this is an excellent electuary for a consumption) take coltsfoot and hog lard of each alike 1 egg make a cake take it use it for a fortnight together every morning and you ll find an admirable help by it its an approved remedy and wil make lean people fat

for inward wounds

214

if any be wounded inwardly let ym drink the decoction of avens roots and it wil cure them wash the wound also with it this avails much also for pains of ye breast or sides and to dispet at inward crudities

for a bruise

215

put camomile in a pint of oyl set in a glass in ye sun 5 days ym strain it thro: a fine linen cloth do so 3 time ym keep in a glass close stopt it wil keep 12 years



chafe it red in before the fire 3 times a day) or take brocklime snalage and 2  
handwork by ym in sheep suet strain thro: a fine cloth add some sperma ceti oint of  
juice of nep is very good

## Jaundice

216 take aloes hepatick and tuly gal each alike add some syrup of violets take hereof  
every third day approved) make water 3 times a day on a hot peice of rusty iron receive  
the same both at nose and mouth and it wil perfectly cure) broth eat of strawberry leaves  
and roots for some days together cureth perfectly

## paine of the Stomack and to procure an appetite

217 a spoonfull of powder of white amber in broth is good) take coriander seed 1 ounce  
anisseed half an ounce red coral and cinamon of each half a dram conserve of  
roses dryd and made into powder 1/2 ounce make al into powder take a spoonfull after  
meat this doth strengthen and bind up ye mouth of the stomack

## bloody fluxe to stop

218 boyl a quart of red wine with 3 penyworth of cinamon add 2 hard egg yolks beat  
up with some of ye wine and strained boyl it again in nature of a candle drink of  
this morning and night very warm) hairet rarer and hairet blood taken a life quantity  
of both cures al fluxes of the tely

## bely loose to help

219 put polypody boyl<sup>d</sup> in water into a close stool pan set upon it do thus 3 times a  
day for 5 days and it cures

## Liver to open and stomack to comfort

220 put into 4 gallons of table beer 3 ounce and a half of wormwood half as much  
horse radish root <sup>or</sup> stop it up 3 weeks yn drink a good draught every morning fasting  
to openeth ye liver and comforteth ye stomack above al things) take sage rosemary  
and camomile of each a pugil bruise ym add a pint of ale drink it 4 mornings  
together its good for a cold and moist stomack) take beat sugar and chalk of each  
1 ounce and half 3 nutmegs make a powder so take often its very good

## Colick

221 root of white henbane more helps) the hoofs of any living creatures burnt is a  
singular good remedy) powder of ox dung drunk in broth cures but ye juice of the  
fresh dung is a present remedy) the heart of a turk eat raw or wore about the  
thigh is excellent) a mans bone wore so as to touch ye skin is good) this is certain  
yf wolfs guts dung or skin eat wil cure ye colick or if you do but carry ym about  
you shay do very much good for shay strengthen ye colens) aply a living duck to  
the tely and ye disease wil pass into ye duck and she wil dye and you'll be cured)  
take radish root 1 ounce medlar stones 2 drams bruise and steep 8 hours in 4  
ounce of whiteswine strain and heat it drink yn going to bed in an hour give ye same  
dose again its a very good remedy both for colick and stone

## for worms

222 take hardchoke seed 1 ounce white ditany 2 ounce and a half saffron half a  
dram honey 2 pound mix dose half an ounce) there is nothing better yn to take  
powder of dryd worms for it drives ym al out of the body) fry water cresses put into a  
linen cloth and lay hot to ye navel

## dysentry

223 alathia boyl<sup>d</sup> in wine cures al fluxes but if there be a fever give it in barley water  
instead of wine) powder of mens bones drunk in sharp red wine cures al raging fluxes  
of the tely) that ducks livers eat have a property to stay of al fluxes yf proceed  
from weakness of ye liver

## dropsie

224 powder of loudstone root weight of 3 half pence drunk in juice of fenel



draws away all the water from those yt have the dropsie) glistens of carduus boyld in wine being oft given cures all dropsies

## for the stone

225

Syrup of hyssop with twice as much water of pelitory of ye wall taken for 12 days w<sup>it</sup> drive forth all stones out of the Kidneys) take melon seed 1 ounce and a half cherry tree gum half an ounce growel seed 2 drams liquorice 1 dram nyar-  
- candy 2 ounces and half make it into a powder dose half an ounce in broth of red liches) take hyssop malows parsley pelitory of the wall of each 8 handful saxifrage one handful linseed half an ounce make a bath its excellent) take goats blood half an ounce iens stones crabs stones peach kernels of each 1 dram parsley and smalage seed of each 2 drams make into a powder) there is an incredible vertue in the powder of medlar to drive the stone out of both kidneys and bladder and to provoke urine) the berries of white thorn taken in wine is very effectual to drive out the stone) all sort of stones found in fishes heads powdered and drunk in wine cures the colick and stone for it breaketh the stone in peeces) powder of a pikes skin drunk in wine and pelitory water is very much magnifyed for curing ye stone) powder of the skin of a fish called mullet drunk in ransey water hath the same effect) cherry tree gum dissolv<sup>d</sup> in whitewine doth help much proved) take oyl of sweet almonds and brundy of each 2 ounce fasting its excellent) ye powder of rest harrow drunk in whitewine is most excellent for the stone for it soon frees the patient from pain and quickly expels ye stone ye powder must be made of the bark of the roots) powder of burdock seed drunk in whitewine w<sup>it</sup> purge the kidneys effectually from stones experienced oft) young pigeons eat much by a secret property

## for a weak back

226

Stamp 6 cog dates add 1 egg yolk with a iack of muskandine take this morning and night for some time) take amber coral nutmeg cinamon of each alike make into a powder dip a toast of manchet in muskandine strew it with the powder eat it fasting for 7 mornings and doubtless by gods help it will cure you

## for stone and gout

227

young pigeons eat much by a secret property helps the stone in the kidneys cures corrupt blood and the tenasmus) the rut of male piony gatherd in may the moon increas-  
-ing worn about one helps both the gout and stone

## for strangury and to provoke urine

228

hartichoke stalks boyled in wine and drunk w<sup>it</sup> drive out urine so plentifully yt it w<sup>it</sup> cure both strangury and dropsie and also help even a violent and virulent gonorrhoea) worms about 100 feet yt are found in wine cellars w<sup>it</sup> mightily provoke urine either in powder with wine or bruised and drunk they are excellent) stones taken out of great house snail heads w<sup>it</sup> cause to make water making the passages slippery they must be beat in powder and drunk in wine this also helps women in labour by relaxing and detaching the parts) a goose tongue is admirable for ye strangury) 3 ox bladders boyld in water and ye water drunk yn ye bladders made into powder and drunk in water cures all diseases of ye bladder but is especially good for those yt cannot hold their water) decoction of horsehayl w<sup>it</sup> cure the scab of the bladder an intolerable disease often proved) boyl 2 roots of pelitory of spain and 2 roots of parsley shud smal in a pint of whitewine add a handful of bees made into powder strain and sweeten with sugar proved) ye tops of southernwood dryd given 1 dram in powder with nitre is good for strage of wine by ye stone dry it in August

## for heat of the urine

229

take parslain endive letice white poppy seeds of each 2 ounce henbane seed half a dram sebestine 2 ounce saffron 1 dram liquorice 5 drams pine apple kernels 10 drams water 6 pound



boyl til the third part be consumed strain it take 1 ounce every morning fasting mixt with a decoction of violets and the 4 day you shall have certain ease

for those that cannot hold their water

230

take juice of cyprus leaves and oyl of sesama of each 2 ounce drink it morning and night for 3 days the bladder of a sheep burnt and drunk in water and vinegar helps those who make water against their wil) hares testicles boyl<sup>d</sup> in wine and drunk doth the same

231

wine like blood to cure

a gill of muskindine made into cuadle with 3 egg yolks taken for 3 days morning and night curesh

232

piles

take leaves of malows 3 handful violets 1 handful and half meloter and fenigreek flowers camomile tinseed of each 1 handful mules 2 handful make a decoction of water and red wine each alike) or wet bread crumbs with womens milk add an egg yolk and saffron

for the whites

233

take coral myrrh frankincense juice of roses cyprus nuts leaves of wild yomgramme muslick amber spikenard galba moschata coriander seed of each 1 scruple a like bees wax and yn with oyl of rue spike muslick roses of each half an ounce make an unguent

for ruptures

234

147  
with musick  
1 physick

powder of adder = tongue given for some time cures al ruptures) plainbain and moss of shoe tree boyled in red wine and beat in a mortar and laid on as a pulvis warm hath cured many) boyl 4 ounce of powder of alum in 2 pound of smithy forge water with a handful of pale colored oak moss boyl til half be consumed yn add a pint of red wine strain it use it morning and night proved) take 1 of the tiger starfals 2 spoonful of spirits make into past with wheat flower it hath cured in 3 days new ruptures especially in children boyl ye root in beer and drink 3 times a day this is also admirable in spitting of blood) the juice of herniaria taken in red wine for 9 days is excellent for ruptures) great mousear 1 dram at a time in red wine at a time hath cured)

hemors

235

hentane boyl<sup>d</sup> in milk and laid on as a pulvis is admirable in hot pain and humors) figs beat and apply<sup>d</sup> are very good) honey combs with the honey in boyl<sup>d</sup> in wine to an ointment spread on a linen cloth and apply<sup>d</sup> presently cures both bruises and swelings) spirit of wine and sal armoniac<sup>k</sup> hath cured many of tumors and particularly the quinsy) childrens dung dryd and mixt with honey and with cures quinsys in a few hours) album grecum honey and brass = one apply<sup>d</sup> is mighty good) juice of mousear admirably qualifys and heals herpes) powder of chalk rubed on yn lay on cup paper cures herpes softly and quickly) their own urine taken with honey 4 morning fasting is excellent to cure herpes and preserves from yn always after) tithrage in powder laid on betwixt 2 fine rays both eases pain and cures herpes) barley meal rubed on herpes cures) oyl of petroleo is good in hard swelling) white swelings pom florm its good to pment with a sponge dypt in wormwood wine) its good to rub wet with water vinegar wherein alum is dissolved) goose grass beat with hog lard discusseth swelling of ye kings = evil and such like) daste not me excellent) root of hounds tongue taken inwardly in a decoction and apply<sup>d</sup> in a pulvis and wore in slices about ye neck renewd every third day is excellent for the kings evil) basilicon apply<sup>d</sup> with percipitate wass kings evil swelings) oyl of figs is good in cancers and powder of burner spread on yn keeps yn from spreading further) white ointment of only ceruse and oyl hath cured cancers



236

Gangrene  
 hemlock made into a pulvis with wheat flower is good) so is a pulvis of turnips  
 and camomile) to foment for 2 hours with hot spirit of wine is most excellent) to  
 foment with water and salt and wernwood (very hot is good) so is broth of colerwort)  
 there is nothing better yn to foment with spirit of wine wherein myrrh and aloes have  
 been infus'd and yn strew powder of myrrh and aloes thick on upon which lay clotty  
 dipt in ye fomentation this done for some hours together hath in a miraculous manner  
 brought the part to its natural color stayd ye gangrene asway ye sweating and  
 seperated the dead flesh from the living

## ulcer to cure

237

a decoction of oak leaves with a little alum and myrrh used as a fomentation  
 3 times a day laying ye leaves warm on to lay betwixt the times hath cured  
 severall) burnt alum dissolved in wine admirably dries ul sort of ulcers  
 burns and scalds

238

onion and salt stamp together laid on is very good at first) barm laid on  
 is very good to take out the fire) quinch seeds boyl'd in rosewater ading some  
 tinsed oyl is very good) oyl 1 part egg white 2 beat together is very good)  
 over your plaisters lay a cloth many double dipt in colerwort vinegar water  
 and salt boyl'd together and cooled this admirably representh the fluxe of humors  
 easeth pain and takes out fire thing must but be boyl'd a little

## sore scabed heads

239

water cresses fry'd in hogs grease apply'd for 24 hours makes the crusts fall and  
 continued for sometime cures) or make an ointment of sulphur axung and  
 juice of lemons oint with it 3 times every other night after the last ointing  
 every night wash the head with decoction of malows yn ripe it this dries  
 and cures so as yt it seldom returns often proved)

## ulcers of the eyes ears nose

240

egg whites dry'd in the sun and made into fine powder and put into the eyes helps  
 both ulcers and inflammations without pain) woodlice taken inwardly are excellent in  
 al ulcers in wt part soever so is a diet drink of guijacum and sarsaparilla) unguent  
 nicot or crude antimony spread on a lead plate is admirable in cancerous ulcers)  
 after cleansing of ulcers powder of red roses strew'd on thick is good to dry ym)ume  
 of candles made of red wax dries ulcers galantly) for ulcers or chaps of the lips and  
 other parts put swines fat white hot into water for 4 days shifting it every day do ye  
 same with sheeps fat yn take of it one pound and of ye hogs 12 ounce melt ym in an  
 earthen pot at a gentle fire add pipins pared and sliced 6 cinnamon and cloves bruised  
 of each 2 drams benjamen in powder 1 ounce boyl slowly half an hour strain it beat  
 yn cool in a marble mortar with a little rosewater and some musk if you add to  
 some of it a little saech: saturn it wil heal admirably if you would have it cooler  
 instead of yt add some sal pmetela these must be only put in as occasion serves for the  
 other without ym is the true lip salve) sweat behind ones ears rub'd on sore lips cures  
 sweat betwixt ye toes cures cramp

## wounds and sores

241

over al your plaisters lay a cloth 4 double dipt in vinegar lime water  
 or some astringent cause an eschar with equal parts of amber and quick  
 lime made into an unguent) vitriol intained w red mixt with bole is excellent to  
 stay bleeding if there be conuulsions or palseie oint with oyl of lavender and give some  
 drops inwardly) give venice treacle 2 scruple at a time frequently at nights during ye  
 cure especially if lites or wounds with venomd or missy weapons) eating mastick is very  
 useful in al inward wounds) unguent of tubin is very drying and useful to



242 eating candyd myrrors in a morning (clear the sight) after purging a plaster being laid behind the eare and gal of pike with sugar droped into the eye a catarrh was cured in a week it was one of a short standing) readings of eggs beat up with rosewater is excellent in wounds and all pains in the eyes

of accidents incident to women in their lying in

243 for imoderate childbed purgations boyl knotgrass sheperd purse and plaindaine or wena laid to the navel is good) roots of drywort are very good) for after purging give camomile tea or toyld in wine or ale) if their be a greivous pain in the groin lay a plaister of galbanum on the navel which wil cure) if their be pain from over much milk anoint with oyl of roses) fresh leaves of the deadly nighshade laid on sweeted breasts miltys diseases and hauls ym if sore cures the hardned humors yea even cancers oft proved with good success) sweating from abundance of milk thro: hard and painful may easily be cured with unguent diathrea) if troubled with piles oint with balsom of palm) a decoction of supinanth with a little saffron hath expeted the cloud birth) is good to give children as soon as born to cleanse ym powder of unisveel new mill for LORRES WARTS OR WENS

244 a plaister of galbanum mostly cures any of ym) the leaves of ivy bruisd and laid to fresh morning and night cures corns in 15 day) so doth the juice of spurge or setadine) bean leaves have been known to cure) oyl of turck is very good

for breakings out

245 use a decoction of duckweed) or a strong lixivium of bean ashes with oyl of nuts and of linseed equal parts) or a decoction of camomile very hot) or aqua quercii with a little camphire) or a decoction of oak leaves with alum) ashes of burnt wool with useable is excellent for hard knots or breakings out joynd with itching barr or ink is good so is sharp dect not heat with vinegar) if their be an ill smell in any part of the body wash with a decoction of scabious myrrh and guisacum) featherfew and brun boyl in urine cures all sculyness of the skin) the froth taken of from decoction of guisacum wv toyling is excellent to cure ulcers and botchs

for sciatica and rheumatism

246 3 drams of powder of mugwort given in whitewine is admirable in sciatica) comfrey root beat and uplyd doth ye same) tincture of roses is good both for sciatica and rheumatism

to preserve from infection

247 wormwood beer or wine taken fasting is an excellent preservative) or eat rue and sage for breakfast with bread and butter and sweet to those herbs) to eat myrrh is a most excellent preservative) sage me and wormwood infusd in strong vinegar is a gulant preservative yea even in the plague

of purges

248 a casia purgeth flegm and bile renders ye blood pure respects ye breast lungs liver reins and bladder hence profitably given in consumptions burning feavers hot distempers of the liver and reins is profitable in all yges sexes even those breeding its hot and moist to be corrected with cinnamon nutmeg aniseeds yt is best which is weighty fresh full ristles not wv shaked bright and fat) mummy miltifies ye throat wind pipe and breast keep ye belly loose purges bile and water its good in heeticks quencheth thirst its not good in feavon choose yt white and fresh ye old is red and dark correct it with cinnamon and aniseed) juice of damask roses disengeth cleanseth opens obstructions purgeth bile nerves the canes profits ye heart liver feavon strengthens ye bowels give it in whey or sugar water) pammianth abates heat and sharp humors purgeth bile and burnt humors gently quenches thirst is profitable in vomiting madness obstructions dropsie spleen at breaking out this is best yt are fat sharp and soft correct with musick and cinnamon take in whey



alves provokes terms therefore to be shunned of those yt are subject to bleeding in  
 any part its best for ye stomach good for head eyes and liver its most profitably  
 given in nourishing crudities wormy jaundice itl habit sore eyes troublesom sleep  
 its best for those of cold and moist tempers it preserves from putrefaction binds  
 heats cleaseth therefore is good in wounds the best is pure liver yalow hard to  
 be broken or dissolved) rhubarb of al purges is ye safest and most of use in al ages  
 sexes and constitutions it draws out bile flegm and clumy tartar from the stomach its  
 especially good for ye liver therefore called its soul it cures the jaundice dropsie spleen pain  
 in the sides tumors putrid fevors is good in ye rickets fits wormy strengthens the bowels  
 correct with spikedward cinamon yr is best of a deep yalow) syrup of roses is excellent to  
 quench ye heat of ye stomach and strengthen it as also haue in fevors its excellent in  
 pestilential fevors resists ye venom and malignity of ye air its used in melancholy caners  
 ringwormy leprosy) electuary lenitive is profitable in plurisys coughs) pills aureae purge without hurt  
 bilis humors they draw especially from ye eyes head stomach and wonderfully help those parts)  
 aloë roat; excellently purges bile cleaseth ye stomach removes obstructions and strengthens the body  
 exceedingly) agarick attenuateth cleaseth veins discuses purgeth flegm and bile both from ye  
 brain nerves musles spine of ye back breast lungs liver spleen stomach kidneys womb and joints  
 resists venom provokes ye courses its good family physick having conformity to al the parts  
 removes their obstructions and al invertebrate diseases the best is white light thin brittle)  
 turkish purges tough flegm and putrid from al parts so is good in the gout leprosy fevors  
 astma dropsie give it not to children or women with child the best is white white weighty  
 easily broke and gummy within) hermodactyls peculiarly purge tough flegm and clumy  
 humors from the joints therefore very good in gout and rheumatism ye best is white heavy  
 easily beat is flower pleasant and sweet) mechoacan purges flegm and water from  
 the whole body chiefly head breast and nerves good in cutaneous dropsies gout opens  
 al obstructions of the liver bowels and strengthens yr good in colick suppresion of urine  
 murther difficulty of breathing diseases of ye skin its very good for children removing  
 crudities ye best is white within) galap is good for ye same as ye former purges all  
 boxing humors especially watry without trouble best is outwardly black within redish  
 and gummy) euphorbium purges thick flegm and tough also watry humors its a powerful  
 medicine in ye gout colick dropsie ye best is bright and of pale color) diacarthami mar=  
 =velously draws out flegm and bile) pills cochine purge ye whole body especially ye head  
 are good for astmas and old coughs) lucis major purges excrementious humors from ye head  
 strengthens it and the sight) senna is the most usial purge against adust and serous humors  
 bile and flegm from al parts it opens al the senses procures cheerfulness preserves the body  
 in health and youthful its excellent in itch scabs and cutaneous ye even ye french pox its  
 to be correct with ginger cinamon and toraye made into powder with sugar and sarsaparilla  
 its excellent to take oft in ulcers and sores or any disease) polyoply purges bile and flegm  
 cures colick peculiarly good for the spleen and scabby scurvy) epithymum gently purges  
 melancholy and water good in scabs ulcers obstructions being more opening yn purging)  
 dwarf elder draws out water correct with cinamon) juice of purple floudeluce purgeth water  
 powerfully and provoke ye courses correct with cinamon) gozella the leaves eat as a salet  
 with oyl salt and vinegar draw out the dropsie wonderfully) pills niffi are preservatives against  
 the plague and other infectious diseases they cheer the spirits deliver the stomach from any  
 oppression) cream of tartar cuts and attenuates clumy thick humors therefore good in al ob-  
 =structions stoppage of terms)

### vertues of seaveal things used in medicines

249  
 bole= armoniack greatly binds dries and strengthens therefore excellent in staying fluxes  
 thickening humors hindering putrefaction and venom therefore taken inwardly is good in al  
 fluxes stops ye courses (bleeding of nose or wounds) scaled earth dries binds resists venom  
 and putrefaction dissolves and detaches the blood and so causes sweat its used chiefly in  
 the plague fevors (bloody flux bites to cleanse wounds) camphire resists putrefaction and  
 venom dries v-r hinders conception it quenches thirst and violent heat in fevors its good  
 in inflammations and gangreens for pain of ye teeth being stopt with it)



coral binds cools dries and peculiarly strengthens the heart stomach and liver  
 purifies the blood is good against the plague malign fevers stays all fluxes prevents falls  
 = sicknesses and convulsions if given as soon as born it fixeth ye spirits is good in rickets  
 its good in ulcers to incorn and citrize it recreates the sight and stays watering of the eyes) pearl  
 cools strengthens the heart defends it and the rest of the principle parts qualifys ye heat and  
 acidity of the blood resists malignity) bezour strengthens moves sweat good in the plague  
 small pox fevers stops palie vertigo heart burning jaundice colick cloudy flux worms stone  
 stayage of terms burch birth venom) barkhorn resists putrefaction stays fluxes kills worms moves sweat  
 its a familiar medicine for infants excellent in juleps for fevers of all sorts in all persons its  
 good in jaundice small pox much used to make ielays) cinnamon opens discuses moves courses  
 cleans the parts refresheth the spirits and bowels helps concoction used much in faintings old  
 affects of the head and stomach procures urine and speedy delivery rejects payson good in defluxion  
 on the lungs dropsies and fluxes) cloves are good for heart head and stomach profit in fainting  
 rookback vertigo cruditie of ye stomach qualifys malign diseases stop looseness help digestion  
 quicken the sight) nutmegs and mace are proper for the head stomach and womb discuss  
 wind help concoction mend stinking breaths help fainting spleen admirably stays tety flux  
 and vomiting eases pain of head and joints add strength to the body) saffron is proper for the  
 heart lungs womb and the rest of the bowels it opens cleanses molifys easesh pain procures  
 procures sleep expels the courses birth small pox is much used in swooning apoplexys plague  
 mother jaundice in pulsus to ease pain it excels) peper used in coldness wind cruditie  
 of the stomach swallow 12 corns in a morning its good in colick and weakness of sight  
 it easesh rookback its good for falling of the palate mixt with as much alum) ginger power=  
 = fully heats opens attenuate helps digestion expels wind resists putrefaction cleans the skin  
 heats the joints the powder given in cold water is a present help in fits of the mother)  
 roots of listort bind stay vomiting prevent abortion resist plague payson help ruptures and  
 tuisse stay all sort of fluxes stays wounds ulcers bleeding) jormintit is good in plague fevers  
 small pox measles french pox tety fluxes vomiting wounds and ulcers) avery is good for head  
 and heart vertigoes swooning expels worms and birth easesh pain in the head and teeth good  
 in head wounds draws forth bones gather it in march) angetica a galant herb both for head  
 and heart opens attenuates provokes sweat and terms is vulnerary good against ye mother  
 malign disease venom plague putrid ulcers venomous bites) gentian opens and attenuates  
 is used in plague and other malign diseases in obstructions of liver spleen and other bowels  
 in dropsies mother worms fever weakness of the stomach biting of mad dogs procures  
 courses used in wounds and issues to open ym excellent in intermiding fevers if you infuse  
 it in whitewine with as much saffron bayberys and long peper you have a galant  
 medicine to procure the courses drunk 10 days before the time) swallow = work attenuate  
 used especially in plague and malign diseases to procure courses in fainting dropsies  
 in stings and bits in sordid and malign ulcers excellent in curing ruptures)  
 elecampane cleansh discusesh is proper to the lungs and stomach from whence is  
 draweth out barbarous humors its used in coughs consumptions its good in the plague con=  
 = tagious diseases scabs itch) esingo opens discusesh its excellent in terms stopt also  
 urine liver bladder gall good in jaundice colick) aluthea molifys loosens digests  
 easesh pain mitigates and corrects sharpness its used especially in affects of the bladder and  
 breast pluisy stone griping in pulsus and glisters its excellent its good in coughs con=  
 = sumptions resists payson is good for the womb) white lily telys cleansh digest molify ripen  
 and ease pain in tumors are good laid to corns and burns) birth wort both long and  
 round are proper for the liver head lungs and womb they attenuate open resolve and  
 expectorate tough humors move courses break inward humors discuss venom the long is  
 used to dry scabs wounds and ulcers and cleansh ym the round is best for expelling  
 birth after birth courses) biroy purgesh strongly watry humors is proper for the spleen womb  
 liver opening their obstructions draws out dropsie by vomit and stool moves courses and ye  
 birth admirably biddes the mother free from astmas gout excellent in kings evil for  
 which make an unguent with ye juice oyl waxe and turpentine) onions open cleansh  
 are windy used peculiarly in barbarous humors of the lungs to cut and expel ym  
 is boyled in honey and so eat in infasion they move courses urine expel worms



roasted they ripen and break humors they are excellent in plague sores ading a  
 little mithridate and to biting of mad dogs ading a little salt) sueny is proper for  
 the liver good in fevers attenuates provokes urine and cleanses) squittly attenuate  
 cleanses discuss resist putrefaction good in ulcers and bites infused in oyl)  
 comfrey is good in all belly fluxes ulcers of the lungs ruptures broken veins and bones  
 heads wounds and stops their bleeding) sow bread powerfully cleanses opens provokes  
 terms expels dead birth stone cures kings evil and jaundice) fenel opens resolves  
 discusses expels wind and water roborates the stomach increases milk comforts ye sight  
 smooths the windpipe provokes terms strengthens the liver good against dropsie discusses  
 humors speedily 4 ounce of the juice drunk in a morning fasting in bed for 12 days cures  
 long agues sweating with it) <sup>(with sugar)</sup> oris attenuates multiplies cleanses used espe-  
 =cially in tough humors in the lungs cough asthma stoping of terms pain in infants  
 bellys resists poyson is good in dropsies cleanseth the skin from spots is good in ulcers meads  
 shaking breath make a powder with storax and benjamin it dries and strengthens ye brain)  
 parsley heats dries attenuates cleanseth expels urine and stone opens obstructions of lungs  
 liver spleen good in cough jaundice asthma lueses milk hinders falling of hair) pimpertill  
 attenuates opens cleanses good in stone strangury colick cough asthma cruditie weakness  
 of stomach venomous diseases opens stoping of liver lungs kidneys womb good in toothack  
 ripens tuboes increases milk cleanseth spots and cancerous ulcers consolidates wounds both  
 old and new) plantain is good in wounds fluxes spitting blood pissing bed jaundice ulcers  
 of the kidneys one lit cures headack it cleanses and consolidates wounds and ulcers  
 both old and new) wormwood respects the stomach liver and spleen attenuates binds opens  
 kils worms draws out bile helps surfeits resists poyson cleanseth blood is good in fevers and  
 tertian agues procures apitite easeth pain cleanseth ye stomach from flegm comforts it expels  
 wind sharpens hearing is good in gangrenes discusseth humors its salt in juice of lemons  
 stays vomiting yea even thro; in malign fevers somer wormwood stays vomiting in  
 infants) agrimony is a gubant herb for wounds liver and spleen it opens corobates ex-  
 =cels in all liver diseases dropsies) ludy mantle is excellent in sores wounds ulcers  
 consolidates binds cleanses thickens blood stays courses vomiting and whities very  
 profitable for those apt to miscary thro; cold and moisture heats bruises and ruptures)  
 iuck of the hedge is good in asthma cough malign fevers leaves bogled in glisters is good  
 in colick and stone the juice is excellent in malign ulcers gangrenes and it cleanses and  
 resists putrefaction gather begining of may dry one day in the shade yn shred and strain  
 out the juice which wil keep 2 years put in a vessel with oyl) betony discusses opens cleans  
 attenuates especially good for the head liver spleen breast womb good in wounds ul-  
 headack from cold cleanses the breast and lungs is good in rickets procures apitite  
 helps somer belching provokes urine breaks the stone helps cramps and convulsions  
 resists poyson expels small pox ~~help~~ helps bed pissing and bruises kils worms cleanses  
 women after labor dose 1 dram of powder in whitewine) carduus good in agues it  
 attenuates discuss opens resists venom cures old fevers and quarthans good in vertigoes  
 deafness helps memory griping kils worms provokes sweat expels poyson good in plague  
 french pox inflammation of ye liver helps hot swelings biting of mad dogs foul and  
 filthy ulcers) century is proper for spleen liver cleanses opens is good in wounds  
 good in fevers jaundice scurvy gout worms greensickness bites of dogs its excellent in  
 wounds ulcers gangrenes) knorgrass is excellent in staying ul fluxes good in wounds  
 ulcers sore breast inflammation of the eyes and privities good in weakness of the back and  
 joynts) oscuta is peculiar to the spleen and liver cleanses opens corrects melancholy ~~comorts~~  
 is good in scabs and jaundice) ditany of cret is proper to the womb heats dries attenuates  
 cleanses opens used especially in stopage of terms hastens birth good to draw out iron  
 splinters good in wounds by gurns venomous bites) horse bair good in wounds ulcers piles  
 stone) eyebright excellent in restoring sight inflammations of ye eyes helps the memory)  
 fumitory is proper for spleen and liver fevers attenuates purges bilious serous and a last  
 humors cleanses and strengthens the bowels purifies the blood is good in the scurvy scabs  
 of all sorts morphew jaundice rickets note this and all openers are best sayd in white  
 = wine it excellently easeth all melancholy affects) st john wort admirably cleans  
 =eth and heateth wounds resolves congeald blood troaks



the stone expels worms hastens labour good in spitting and vomiting blood joint  
 acts proove causes good in convulsions and tremblings) balsm is cordial, attenuates  
 heats causes sweating concks plegm good in swooning quotidian fevers cold distempers  
 of the heart strengthens the brain restores lost memory good in al melancholy affects it easly  
 breast and windpipe helps kings evil bites of venomous beasts) mint used chiefly in weakness  
 of the stomach cradities hieup vomiting wind stopage of the bowels pain in the head vertigo  
 hinders milk cradling is good in colick tumors of the breasts mad dog bites children sore heads  
 (mercury cleanses purges bite and water coepels after birth molifies tumors is excellent  
 in glisters given children in pop loosens the bely and prevents griping) nep extenuates  
 opens is used chiefly in womens aperts as obstructions burannes expels the birth cum  
 plegm in the lungs is good in wound dimities) originum opens cleanses used chiefly in  
 stopage of the lungs liver womb good in coughs provokes urine and courses good in ven=  
 = omous bites scabs itch) sulph heat is excellent in al wounds ulcers sore mouthy richy  
 quinsy wounds and ulcers of the lungs congeal blood stopage of the liver consolidates  
 (agle hath al the same vertues) red bees are good for wounds cool dry bind consolidat  
 Crue attenuates digests discuses is good in plague and al malign diseases both to prevent  
 and cure excellent against poyson sharpens sight cures plunsys corrects a weak str=  
 = mack helps the colick difficulty of breathing inflammation of the yurd and womb  
 distilled water of it is good against heat of urine convulsions this herb is good for  
 venomous bites carbuncles headack falling sickness) sage expels urine and courses causes  
 fruitfulness excellently corobates the brain senses memory helps spitting and vomiting blood  
 good in palsie vertigo trembling catarrhs cancer stiches) sanicle is a galant wound herb  
 used in wounds ulcers fistulas ruptures) scabious attenuates cleanses discuses used chiefly  
 in imposthumes plunsys quinsys cough asthma plague fistulas old ulcers scab itch spots  
 bruises ringworms piles the roots of yr which bears purple flowers is as forcible in the punch  
 pra as saussipita) scordium cleanses attenuates resists putrefaction used chiefly in plague  
 and malign diseases both to cure and preserve provokes urine courses opens obstructions of the  
 liver spleen reins bladder womb is good in gangrenes wounds ulcers) purslain is profitable in  
 spitting blood piles spotted fevers pain of mouth and stomach from bite heat of urine scurvy  
 worms a syrup made of its juice and yr of sorel restores lost last cleanses the tongue and slo=  
 = mack from putrid humors provokes apilite quenches thirst procures sleep is of excellent use in  
 fevers) sell digests discuses eases pain increases milk provokes sleep and urine helps mother  
 hieup vomiting discuses wind and tumors) borage and bugloss correct the blood cheer and streng=  
 = thens brain and heart good in melancholy hot distempers of the bowels resists putrefaction and  
 malignity) cummille digests loosens eases pain molifies moves courses and urine is excellent  
 in colick and stone boyld with as much red pelitory good in cramp) pomgranaks bind cool  
 thicken good in al bely fluxes whiter stays bleeding of wounds good in ruptures) cowstips and  
 pimposes strongly dry ease pain procure sleep good in apoplexy palsies joint painz yout  
 venomous bites vinegar of ym snuff up admirably helps toothack juice of pimpose roots  
 snuff up at full moon and one slice of piony wet boyld with sugar and butter eat every  
 morning hath cured many of the falling sickness) millet discuses molifies eases pain good  
 in swellings wounds) roses cool dry bind thicken temper thin humors resist venous  
 putrefaction are cordial strengthen the heart brain stomach are good in fevers headack  
 washing vomiting inflammation and ulcers of the mouth pain of ye ears) mulein heats dries  
 molifies discuses eases pain chiefly used in coughs spitting blood gripings eases al pain and  
 humors of the fundament) marrygolds are cordial open discuss move courses sweat cure  
 jaundice good for the liver boyld 3 spoonful of ym in clear poset drink with a bit of  
 saffron 3 sliced figs 12 citron seeds fruit take to drive out small pox and meazels  
 keep to it til al danger be past) uniseeds heat dry attenuate discuse increase milk expel  
 urine and wind good for cough headack droopsie) caraway discuss attenuate help colick  
 wind in the stomach vertigo) coriander proper for ye stomach hence taken after meat to  
 help digestion) cumin seed attenuate digest discuss wind cure colick tympany vertigo bites of  
 dogs ease pain) quinch seed cool moisten ease pain cures piles chaps paps burns dryness of  
 the tongue) foregreek seed molifies digests discuses eases pain excellent in pulsises and glisters  
 removes sharpness erosion of the guts cures scaly head linseed hath al the same vertues



barley is excellent to prevent abortion cleanses opens digests nourishes) radish seed  
 opens attenuates cleanses used chiefly in breaking the stone obstructions of liver and  
 spleen expels urine and coagles) mustard attenuates molifies stirs up appetite good in melancholy  
 agues stone purgeth the head prevents sleepiness opens humors and ripens yea a pint bruised  
 and hung in 3 gallons of ale is admirable for dropsie and saury) almonds sweet are  
 nourishing qualifys sharp humors the liver removes morpheus and other spots open obstructions of liver  
 (mont wine) bay berries molify resolve move coagles urine wind after pains condities of ye stomach  
 are good for palsie colick condities of the stomach) acorn cups bind cool are used in fluxes both  
 of womb and belly pain of teeth stiches) figs are proper for the lungs kidneys bladder resist venom  
 drive out meagles and pox ripen molify draw good in plague sores swelling of the throat bely  
 steep in spirit of wine are good for a cough roast and eat hot help labour) preserved cherries  
 strengthen stomach and heart good in apoplexy's palsie thirst affects of the sides and head  
 especially for the back) quinces proper for the stomach being vomiting bely fluxes bind  
 nourish) lupines good for spleen kill worms excellent for gangreens cleanse filthy  
 ulcers seals itch inflammation) orange the rinds in powder is excellent for colick  
 greensickness norms fevers) myrtle berries quench thirst help fluxes inflammation  
 laxiness of the joynts broken bones falling down of the womb and fundament)  
 cyprus nuts chiefly used in piles rising bed fluxes nephures) curants and raisins  
 lenify loosen the bely helps coughs good for lungs and liver) bean meal is good in  
 fluxes removes sunburn and all spots of the skin blackness morpheus) linseed is good  
 in gangreens filthy ulcers seals inflammations) amoniacum molifies digests resolves ripens  
 draws is good for spleen yea resolves tough humors in the lungs dissolves hard humors  
 knots in the joynts good for stone opens obstructions of liver womb spleen) benjamin is  
 proper for the lungs coughs asma catarrhs purgeth the brain in snuff cures pimples  
 in the face cure ye toothack by chewing) mastick molifies strengthens the stomach used  
 especially in vomiting loathing fluxes of the bely it corrects sharpness in purges represses vapors  
 some grains swallowd after meat strengthens the head and nerves it helps spitting blood  
 cough ill breath draws flegm from the head being chewed its excellent in plaisters for  
 stomach remples) myrrh opens attenuates resists putrefaction is used to expel birth and  
 after birth against stime in the lungs and guts cough hoarsness quinsy plurisy colick  
 worms fluxes agues inflammation strachions fire gangreen humors old and new wounds  
 especially in the head french pox) oltanum used specially in head and breast affects  
 fluxes coughs vomiting spitting blood in furies with amber to strengthen ye brain and  
 dry catarrhs it fills ulcers with flesh produceth a cicatrize glutinates wounds heals  
 fibres eases pain in any ulcers & drum roast in an aple eat with sugar candy sweating  
 with it cures ye plurisy) pitch is good in inward bruises esses pain) turpentine good for  
 the lungs and coughs with hony helps expectoration good in consumptions for liver spleen  
 reins drawing out the stone is galant in ye yea helps seals frees ye womb from all  
 humors) gum taragant is used chiefly in old coughs roughness of the windpipe hoarsness  
 given with hony and diabetes) goose fat is very penetrating heals chaps lips cures noise  
 in the ears cramps roughness of the nerves cures cankers put into ye navel loosens infants  
 bellys) capons fat hath a healing easing quality good in pain of ye ears chaps lips pustles)  
 deer fat is good in tumors helps wounds eases pain mixt with saffron and put to the navel it  
 removes the strangury) mans grease strengthens molifies eases pain removes contractions is  
 good for withered limbs smooths cicatrizes and seam fill up scars of small pox) bears fat  
 stays falling of the hair and procures it more wanting health ulcers in the legs being mixt with  
 bulls grease and wax in equal parts) crude antimony dries binds the pores wasts proud flesh  
 procures a cicatrize cleanses old filthy ulcers infused in drink its excellent for sharpness of urine  
 (alum being mixt with unguent diapomphic cures old ulcers its good in the quinsy gums putres-  
 = faction agues of all sorts flegmatick humors in the feet removes proud flesh stays bleeding  
 in wounds) ceruse cool binds dries keeps down proud flesh and dries up sores) lime water  
 dries without biting therefore good in stramon ulcers and turns yr do not easily cicatrize  
 the powder of quencht lime is a very good for all these uses) crocus martis is excellent  
 = cur in bely fluxes it dries up wounds and ulcers) gypsum is binding without



heating properly used in ulcers to cicatrize ym as also in powder to stay bleeding  
 of wounds or sores) lapis w calaminaris drys cleanses binds fits ulcers with flesh  
 draws on a cicatrize excellent in ye eyes) and lapis crollis removes al defluxions heals  
 ulcers and wounds tho: inveterate scabs and tumors cancers burns dissolve 1 ounce in 1 pound  
 of river water filtered use it) lapis sabulosus praep: is good in glutanating broken bones used best  
 inward and outwardly for ye first give it in broth being ground fine with comfrey water) ~~change~~  
 litharge of gold or silver drys binds cools heats ulcers also cleanses) quicksilver well filed  
 resolves hard tumors fits (ice heads scabs and itch) sublimate is a galant corrosive medicine  
 cleanse venomous ulcers heals malign pustles of ye privities mixt with burnt alum) precipitate  
 is excellent in ulcers to cleanse ym and remove proud flesh mixt with burnt alum) nitre  
 both prepared and crude ye last resists putrefaction quenches heat and thirst cuts tartarous  
 humors dissolves congealed blood eases pain but yr prepar is both best and safest) nihil praep:  
 cools drys binds is excellent in cancerous ulcers and inflammation and ulcers of the eyes)  
 burnt lead binds fits up wounds take away excrescences good in piles ulcers inflammations  
 stays rheum in ye eyes) burnt copper ye white eats proud flesh stays bleeding in wounds  
 nose and cures old ulcers) sal prunella is excellent in al feavours dissolved in their drink  
 good in plurisys given in red poppy water for stone in pelitory water with syrup of aleathea  
 quenches thirst is good in quincy inflammation of ye mouth eases pain cures scalds and burns  
 give it not in loosness) flower of brimstone resists putrefaction drys provokes sweat therefore  
 given in plague asthma for worms) aromatum rosatum it heats ye strengthens al ye noble  
 parts opens attenuates al flegmy humors wast superfluous humors sharpens ye senses is  
 good in al cold affects of ye parts excellent in plague fevors soothing droisie crudities of  
 chears ye heart revives al ye spirits in abundance) confectio alkermes strengthens excellently  
 = feeds al the inward parts helps melancholy swooning beating of ye heart hastens birsh given  
 in cinnamon water is good against venom bites malign fevors) confectio de hyacinth hath an  
 excellent faculty to strengthen ye heart stomach liver produces great plenty of spirits  
 quenches al venomous qualities hence admirable in al malign feavors venenous bites give it  
 in cordial juleps) diuivros comfort ye breast good in coughs and hoarsness mixt with  
 any pectoral syrup and tickt from a liquorice stick) diamargar: frigidly is very cooling  
 brain plentifully restores ye spirits defends ye noble parts from al putrefactions removes malign  
 feavors restorative in consumptions helps in hec ticks coughs asthma restores such as have lab=  
 = ored long under languishing and pining diseases) diarrhod: abati heats drys admirable  
 strengthens ye liver and al inward parts helps concoction feavors from flegm in which  
 it hath a very great vertie give in chicken broth or juleps it dissolves wind and stings  
 up apitite) diatragacanth frigidly lenitys ye windpipe procures easy spitting very good in  
 breast affects consumption leanness plurisys staying ye afflux to those parts dose 2 drams  
 in tablets) diazordium is good in pestolential diseases especially in children and broad  
 = ing women procures sleep stays fluxes) london treacle resists plague poyson a good  
 preservative in infectious times strengthens cold stomachs helps digestion removes  
 crudities dose 2 dram) opium procure sleep apenes ye unquiet motion of ye spirits  
 cases pain procures sweat) laudanum is a galant anodyne seldom fails expectation  
 bur helps without trouble to ye brain eases pain from wt ever cause arising pain piles  
 fluxes of blood in wt part of ye body soever is excellent against al defluxions the  
 chin cough procures rest sweetens ye rayning of ye humors is excellent in madness  
 melancholy vomiting jaundis sickness colick plurisy weakness of ye stomach gouts stone)  
 philonium somnion stirs up dead sleep is very profitable in al intense pains in wt part so=  
 = ever) spirit of wine heats and drys very much it attenuates dissolves wind good in colick al  
 cold distempers yr vehemently oppress ye stomach liver and other parts it keeps every thing from  
 corrupting helps concoction frees from crudities drys up humors refreshes ye vital spirits quickens  
 ye understanding helps ye sight repairs ye niemng (yt oppress ye brain) excellent in al ulcers  
 fistulas gangreens wounds especially of ye head yea tho: in ye brain it generates hair  
 good in convulsion and palsies its most admirable) aqua mirabilis helps pain in ye stomach  
 cleanseth ye lungs being wounded helps ym suffers not ye blood to putrefy nor flegm  
 to have rule over nature is excellent in rheumatism preserves memory

(partially visible text from the adjacent page)



helps the pulse ceases a good color preserves youth is admirable good in fevers and  
 at point of death their is nothing in it but take a spoonful a week fasting with sugar  
 and any time will not well) juice or syrup of torberns cools moistens binds creates appetite  
 strengthens ye stomach and liver) syrup of citron cools moistens assists putrefaction cools  
 ye blood strengthens ye heart abates violent heat in fevers (its warming) decotion of  
 slues excellent in fluxes heats ye guts strengthens ye stomach) syrup of lemon is cordial  
 excellent against ye scurvey opens obstructions reinforces nature is excellent in fevers bidding  
 the heart) liquorice smoothes ye throat and windpipe cleanses ye reins and bladder good for  
 cough helps spitting strengthens ye lungs) syrup of wood sorrel is good in burning fevers  
 wonderfully helps ye inflammation of ye stomach respects it and ye heart it quenches thirst  
 syrup of unripe curants attenuates strengthens ye stomach stirs up appetite stays vomiting quenches  
 thirst but hurts ye womb) syrup of poppys thickens hot humors provokes sleep quenches thirst  
 thwarts sharp humors from ascending ye brain good in phrenesys hot catarrhs dry coughs  
 provokes spittle good in consumption and burning fevers) syrup of droy roses tempers hot humors  
 strengthens ye stomach and guts stays fluxes arising from heat it stops all fluxes of blood  
 from wheresoever they flow and doth excellently agree with ye faculties stays vomiting  
 strengthens ye heart and comforts ye spirits this syrup with equal parts of yr of violets  
 half injubes and diascordium is made a galant medicine to stay defluxions and cough taking  
 a spoonful at a time) oxymell made of 4 parts water 1 of honey 1 of vinegar attenuates  
 digests cleaves resolves tough mater is given in long fevers and agues cleanse ye palate and  
 throat strengthens ye stomach is a good preparative for a vomit oxymel stillitic: is  
 of ye body good for pleurisys helps sever teething provokes cough vehemently breaks  
 imposthumes) balsom of peru is good for asma consumption gout weak and pained stomachs  
 obstruction of liver provokes courses helps conception outwardly used cures pain from cold  
 humors strengthens ye head and nerves cures cruditias convulsions spleen provokes urine  
 good for stone cures green wounds and ulcers expels things hurtful good for bruisse of  
 ye nerves and for fevers anointing ye backbone therewith yr of rosin is better yr of  
 egypt test but hard to be come by) vigos balsom in wounds after digestio excellent  
 also in cramps palsie joint pains fistulas deafness weakness of ye nerves) oyl  
 of camomile discuses is excellent in bruises strengthens ye nerves eases pain good  
 in weariness of ye members in glisters of colick and stone if ye like verivies are oyl  
 of linseed and nuts) oyl of wax most excellently aswageth swellings good in gout  
 ulcers at wounds chaps in womens paps provokes urine) oyl of fenel seeds cleanses ye  
 brain of cold infirmities lethargys expels wind helps ye stomach numbness indisposicion  
 of ye body want of motion) oyl of carth wormes comforts ye cold nerves good in joint  
 pains convulsion cramp wounded nerves bruises resolves glutinous humors) oyl of  
 myrtles comforts ye heart stomach and guts stays vomiting and bely fluxes ointing  
 the belly and navel therewith it help concoction procures appetite oyl of mastick and  
 quinces have ye same vertues) oyl of nutmegs excellent for ye colick either in  
 stomach or guts good in spleen bloody flux strengthens ye stomach and bowels  
 good in old ulcers mixt with oyl of camomile) oyl of violets cools eases pain cures  
 all tumors from a hot cause procures sleep lenifys breast throat and windpipe  
 pleurisys pain in ye breast heat of ye reins and liver) oyl of scorpions heats molifys  
 eases cold pains provokes urine breaks ye stone its excellent in ye colick) oyl  
 of turpentine is admirable in cold affects of ye nerves at diseases coming of cold  
 and wind cold affects of ye lungs asma stone outwardly it takes away marks of  
 scabs small pox chaps deafness) oyl of eggs begets hair cleanses ye skin from  
 kettes and other affects eases pain good in burns scalds old or malign ulcers fistulas  
 chaps oyl of tartar hath ye same vertues) oyl made of fox flesh greatly heats  
 attenuates and resolves cold mater especially in ye brain and nerves which it ad-  
 = mirably respects and strengthens good in convulsion palsie gout sciatica strength-  
 = ens ye joints) oyl of vitriol with water hinders ye spreading of ulcers and



lays a good ground for healing 2 drops in proper liquor so as to make it a little  
 part strengthens ye stomach resolves rough humors compacts in ye coats thereof helps  
 colick from cold removes obstructions of liver and spleen helps burning and miltign  
 (savours) oyl of sulphur is most efficacious in washing humidities of gums and teeth cleans  
 =ing ym from filth and fastning ym it cures scabs generates flesh cleanses fistulas  
 and ulcers in ye mouth and other parts admirable in cure of yon gangrenes cures aquas  
 given in a fit liquor a little before ye fit falling sickness given in decoction of piony  
 caught in decoction of hyssop ye colick in saxifrage water for nicks in water of ramanisk for  
 wetback) unguent apostolorum good in wounds and ulcers hard to cure fistulas warts  
 corrupt and dead flesh restores it were wanting molifies hardness) egyptiacum it  
 vehemently heats powerfully cleanses filthy ulcers old fistulas removes putrid flesh so  
 especially helps putrid ulcers especially of ye privities in excellent in gangrenes venom  
 =ous wounds and gunshot apply it hot) alumin is cooling drying good in ulcers scabs itch  
 burns wounds inflammations about wounds and ulcers) aureum in delicate bodys dries  
 concretes generates flesh in more robust procures pus) de menio camphor: good in ill  
 and old ulcers draws on a cicatrize is powerful in glutinating and generating flesh  
 its good in defluxions) dialthoa heats resolves molifies eases pain is excellent good  
 in plarisy stiffness and pain in ye joynts) diapompolytes heats old ulcers in  
 any part of ye body especially if mixt with burnt alum yea those from ye french  
 yox) nicot excellent in curing humors and wounds of al sorts ~~scabs~~ scabs itch  
 stings scalds burns ulcers fistulas rednes of ye face headack colick itblack pation  
 worms piles gout al infirmities of ye stomach) nutritum is good in inflammations  
 shing about wounds and ulcers shingles scabiness itching whence soever it proceeds  
 its a very good defensive) populeon vehemently cools and moistens eases pain very  
 good to procure sleep good in piles gout burns scalds mixt with unguent album)  
 unguent rosatum strengthens ye head and stomach brain cures hot distempers  
 in those parts wonderfully easing their pain good in al inflammations procures  
 sleep in fevers cures galing botany) liniment arcei is a galant balsom curing  
 wounds in al parts burns and scalds) basilicon digests brings ulcers and in=  
 =mors to matter good in new wounds and ulcers in ye nervous parts and head  
 add percipitate were their wants cleansing) ebullorium excellent in al  
 dropies tumors for ointing ye part with it it resolves ye wind and removes  
 ye tumor its excellent in joynt pains or gout wh you oint put to it a little  
 vinegar or wine) pro: scab: kills ye itch removes scabs) portula excellent to  
 consolidate al inward parts so good in falls from high and very precious its good  
 in counter bruises blackness helps plarisy wonderfully eases al hot pains)  
 betonici excellent in scul fractures it covers ye bones with flesh vehemently  
 cleanseth so draws out filth from ye botom of deep ulcers and wounds)  
 diapalma resolves draws on a cicatrize a good defensive against venomous  
 humors very profitable in pestelantul sores after broke also in ruptures and  
 fractures) melilot is excellent in green wounds) emplaster mucilag: ripens and  
 breaks tumors cleanses ym resolves rough and thick humors is good laid to ye breast  
 in coughs and plarisy) oxycroceum aswayes pain al cold akes draws out vapors  
 by ye pores of ye skin so untoids ye parts of vicious humors & dissipates cold  
 sweetings smooths scars is a strengthener of weak joynts) paracelsus eases pains streng=  
 =thens members) diachylon is excellent in sore breasts and nipples molifies al tu=  
 =mors) de minio is a fine cooling easing plwister is good in wounds ulcers tumors  
 eases pain) emplaster crocatum hath been oft tryd and is of excellent use in  
 molifying and resolving hard tumors eases vehement pains of ye breast shoulders  
 sides stomach liver reins wombs al pain from crude humors brind cold above al it  
 molifies al strumas is also happily used in convulsions) emplaster coctum is of great  
 force is dissolving nodes and hard tumors in ye joynts and principle members it removes  
 by degrees warts and corns strengthens ye nerves and wombs heats al venomous  
 bites and stings) emplaster mitigationum eases pains dissolves hard tumors)



emplaster saturn is experienced in all burns inflammations humors wild fire wounds ulcers tho: malignant and supposed incurable and spread much in fistulas cancers polypus and the like deplorably affects in few days filling ym with flesh

### pain of the head

230

to open ye temple veins is very good also blisters. some have cured great pains with emplaster de vigo ye fume of amber taken for half an hour at nose and mouth hath cured severall sayles of sulphur to head and whole body use good a sweating diet hath cured many oyl succini is excellent vervain is admirable use it both outwardly and inwardly ye green herb only worn about ye neck hath cured many w<sup>n</sup> at other means have failed unguent alabaster is excellent in great pain of head in fevers aply sheep lungs and a pulvis made with hony sleek and gowds to ye feet ye temple arteries open<sup>d</sup> use admirable blistering plaisters laid over ye whole head is wonderful

### falingsickness

231

its seldom cured after one be ~~it~~ never if hereditary strengthen ye head (one dram of ye dead roots of artemisia which are burnt like burnt coals given the powder in any proper liquor is excellent) conserve of white briony root taken quantity of a nutmeg morning and night for a long time hath cured both this distemper and ye mother) one was cured after many medicines try<sup>d</sup> in vain by powder of wolvess flesh ye same flesh being salt<sup>d</sup> and worn constantly about ye neck piony roots gather<sup>d</sup> ye moon descending in aries being hung about ye neck and arms removes ye fit it cured a virgin aged 18 who had been troubled with it from her childhood) moss on a dead mans skull cures) valerian us soon as it begins to bud given in milk is admirable

### apoplexy palsie

232

extract of castor given in a fit liquor is most excellent) water distilled from nutmeg yr are infus<sup>d</sup> in aqua vita is excellent) a palsie was cured by spirit of wheat wherein was boyled cowslips) coma was cured oft with strong vomits

### Catarrhs

233

catarrhs have been cur<sup>d</sup> by fresh leaves of betony or marjoram bruised in ye hand and put into ye nose) to smear w<sup>th</sup> spirit of sal armoniac in a bottle oft stoth dissolve ye humor and help much) nothing is beter yn amber) severall have been cur<sup>d</sup> with with fume of musick down up into ye nostrils 6 times a day) a fume of vinegar on hot iron hath cur<sup>d</sup> many of this distemper proceeding from flegm

### Coughs

234

balsom of sulphur given in syrup of violets hath cur<sup>d</sup> severall of desperate coughs) take cream 2 pound linsaed oyl and hony of each q ounce stir ym wel together boyl ym gently in an oyl constantly stirring anoint ye stomach yn lay on a brown paper ointed with it this hath cur<sup>d</sup> severall even of ye chin cough) say moss hath cur<sup>d</sup> severall) for hoarsness there is nothing beter yn syrup of erysimo) juice of pennyroyal with sugar candy is excellent)

### plurisy

235

red poppy flowers is much praised) unguent pectoral mansch: is chiefly comend<sup>d</sup> goats blood 1 dram and laudanum 1 grain is very good in ye beginning of ye disease

### consumption

236

the decoction of lignum quijacum correct<sup>d</sup> with red saunders and currants is good) swines blood stiled decoction of <sup>red</sup> colerworks and laudanum use al good) aushon comend<sup>d</sup> sugar and conserve of roses above al) sweet spirit of salt us also ye simple liquor of tartar dropt into their drink is incomparable effect

237

238

239

240

241

242

243

Y 32

month

first

244



257

herian agues is cur'd by 1 dram of powder of  $\frac{1}{2}$  leaved grass root taken before the fit  
its a notable medicine) 2 dram of root of avens boyl'd in water is admirably give it 2  
hours before ye fit) juice of nutcrack given in wormwood wine is a specifick for quartany  
spirit of sal armoniack is also an excellent specifick)

Vomiting

258

mint is admirable to stay vomiting orange peel citron and nutmeg is good  
myrtles oyl of citrons elixir propretatis

Scurvy

259

spirit of sal armoniack taken and a good diet observ'd hath cured) great ulcers in the  
leg proceeding therefrom have been highly cured with brooklime boyl'd in beer and  
aply'd twice a day yea tho: they were very foul and tended to a gangreen

dropsie

260

spirit of salt and volat: urine is admirable yea al volatit salts) oyster shells  
powder of yit pike iaw bones are good

fluxes of al sorts

261

oyster shells burnt or beef bones and made into powder are very good so  
is egg shel powder) yolts of eggs with cinamon boyled in milk is good) to strength  
= en the liver and stay fluxes powder made of dock seeds egg shells sugar of roses and  
wormenit roots) its good to purge with rhubarb yu give milk wherein is boyl'd cinamon  
oak bark and thicken'd with egg yolts) decoction of quinces wherein is boyl'd curants  
seeds of agrimony plainain and netles is very good) tincture martis usringent is admir-  
= able) coral and its salt is praised above al)

iliack pasion

262

put pigeons dung in goats milk as thick as a conserve dissolve it in some popo-  
liquor strain it drink it at 3 times in large draughts a present remedy) holly  
boyl'd in poset drink wonderfully helps iliack colick and al pain in the guts) baths  
are good so is aplying ye warm guts and cauls of sheep hot to the belly repeating oft)  
swines dung boyled in vinegar is good if goats dung be aded its excellent first aplying  
civet to the navel) the blood of buss wonderfully easeth pain and inflammation) oyl of  
saturm is good or its subson mixt with 1 part of its oyl and 2 of rose with which anoint  
the belly) ear for fat broths conserve of ransey is good in ye colick for it opens of-  
= structions resist putrefaction recreates ye spirits kills worms) oyl of juniper berries  
given in fat broth hath cured many & oyl of camomile hath also cured many)

Stone

263  
Y<sup>3</sup>e  
March ye  
first

seeds of violets are excellent because together with expelling ye stone it purges  
its admirable also in stopage of urine) spirit of nitre given in juice of grass is ex-  
= ceellent) rectify'd spirit of salt powder'd and dissolved in tincture of lapis neph-  
= ritic is very good) bean shel water with syrup of violets hath oft been given  
with good success it also excellently temper the sharpness of the urine) wild-  
= tongy and mouseur in broth is much praised) lapis prunela is good both for  
stone and inflammation of the reins) calcined egg shels is extraordinary good) one  
dram of tincture of cochinel in renish wine is a pleasant medicine and of great vertue)  
rabats fat to oint ye reins with is excellent both as a help and a preservative) al  
comenul spirit of sal armoniack and spirit diuretick with renish wine as a specifick  
not only to cure but also to preserve

diabates

264

syrup made of comfrey roots and sloes is highly comended) milk is very proper  
for diet barley water made of french barley hurst horn ivory snails half this  
water and half milk for constant drink is most excellent) time water made



1 pound of lime to a gallon of water standing 6 hours straining it and settled and filtered is good for constant drink) children have oft been cured with frye stones of a hare burnt or burnt snails powder of egg shells or powder of agrimony which is most excellent powder of inner skins of hens gizzards is very good) cocks weazard in powder is good so is powder of sow bladder or of an hedgehog but above all is pudenca suilla which is also admirable in convulsions)

### Scalding or Stoppage of urine

265

2 dram of stone horse dung steep in venish wine 1 hour yn straind and drunk hath cured to admiration) to anoint ye navel with deer suet is admirable) scalding of the urine is curd with gill tea or with camomile flowers boyled in milk or with whites of eggs and rosewater or with decoction of marshmallows with syrup of violets for constant drink this is most excellent) for rising of blood yarrow yr bears white flowers is very good or troches gardenis is excellent violet seed boyl'd in speedwel water bring away stones and gravel to admiration

### Sufocation of the womb

266

ancient the temples <sup>and nostrils</sup> with oyl of succin: and hold to the nostrils spirit of sal armoniac these bring out of the fit tops of southernwood got in august boyled in wine is good for in this and the stone) conserve of stinking arach is admirable) powder of harts = longe given in ale hath been oft proved both in mother heart beating and convulsing motherwort hath the same effect

### terrus stops

oyl sabin: moves ym powerfully spirit of sal armoniac or of sal volatile wine are com = ended) white horsehound tops infusd 24 hours in whitewine drunk 3 days admirably provokes the terrus strengthens the stomach restores apitite and complexion)

### Jaundice

polydady

267

is an admirable remedy being taken for some days so is the seeds of ash keys) duckmeat infusd in whitewine and 6 ounce taken every morning for 9 days is infallible) long leaved sage of jerusalem after purging boyl'd 1 handfull in miedling beer 1 pint to a gill given 13 spoonfull every morning and night cures the most obstin = ale jaundice) hempseed boyled in milk til it be ready to crack straind and taken twice a day 6 ounce hath curd many

### overflowing of courses

268

colicobs boyl'd in vinegar applyd below is a certain help) powder of egg shells is good moss on dead mens skulls is very good either inwardly or outwardly) clay water is admirable in staying the whites) laudanum satisfies all indications) oak bark and cinnamon boyl'd in milk thickned with egg yolk is preferable so is to purge with rhubarb and take tincture of coral

269

### ~~Cardial~~ Cardial Water

take sage rue rosemary centaury agrimony fumitory berony pimpernel rosa = solis each 1 handfull roots of dragons angelica zedoary tormentil each one ounce infuse 40 hours in a gallon of wine wet stopt sit in a cold sit wet past some leave out ye fumitory and add scabious bulm mugwort carduus wormwood scordium dragons mint each 1 handfull leaves out in ye roots yr of dragons and add gentian and contrayerva of a each 1 ounce is admirable in all ill of the stomack feavers surfeits smal pox



lime Water good in al old ulcers kings evil catarrhs 29

268

take unquench'd lime of pound put to it a gallon of water let it stand 24 hours in which time stir it 3 times pour it clear of let settle again 12 hours run clear of put in sasaparrise uniseeds liquorice buter turr each 8 ounce make half an ounce drink 6 ounce morning afternoon and night

an exccellent diet drink

269

take wild angetica sanicle mugwort wood-berry scabious dandelion ribwort plantain white-borde-leaves bugloss comfrey wormwood southren wood bramble-buds strawberg-leaves hawthorn-buds agimony st Johns wort violets-leaves young oak-leaves cinquefoyl wood-bine-leaves red-mint dazys avery patience carduus of each half a handfull guijacum sasaparrise sarsapirilla each 1 ounce cut ym and boyl in 14 quartz of water to 12 strain it put it into a runlet with barm hanging the woods in a bag in it after they had been boyl'd in it before after 4 days drink constantly of it repeat it 3 times spring and fall the buds are to be gathered in april the herbs in may and dry'd for use — some leave out ye woods and add cross-wort spatling — poppy spatling — champion — excise sweet-maudlin woodroof taking of ym altogether 5 handfull boyl ym in 2 quartz of whitewine and 4 of water being wet cover'd til half be wasted strain it add 1 quart of hony boyl and scum it w<sup>n</sup> cold put up in bottles dose 3 ounces blood warm morning and night some add golden royl and saracen compounds it takes away al manner of pain and soreness of wounds casts of al filth draws out al tones and splinters before they come forth they wil bleed much its a safe easy and leasurable worker w<sup>n</sup> it hath cast out al it heals in 3 or 4 days be the wounds never so dangerous it cures al fistulas outward and inward sores stancheth al bleeding inward or outward ye first is best which hath oft been experienced in the kings evil to admiration

Medicine for the dropsie and scurvy oft used with good success

270

take of sea scurvy-grass 2 pecks roman and comon wormwood of each 2 handfull red-sage 3 handfull rosemary 1 handfull wash ym in smal bear dry with a cloth braise in a mortar put in a jug with 2 quartz of sack 4 of venish add 8 ounce of prepar'd steel 2 handfull of horse radish root tany ym in a linen bag after 6 days begin to drink it a wine glass every morning and afternoon

for the scurvy most exccellent

271

take horse radish root 2 dram raisins of the sun 4 ounce scurvy grass half a handfull put into a stone bottle with 4 quartz of ale after 2 days drink it as constant drink

a galant pulvis for any bruise especially about the eye  
beat egg white to an oyl add green rue beat to a conserve mix ym aply on place oft proved

272

to kill black worms in the face

273

put in spoonfull of bay-salt dry'd by ye fire til white into a iack of mint water boyl ym together anoint with it

a diet drink for redness of the face obstructions stone jaundice  
take galen moss of dock d<sup>e</sup> cichory roots stir ym of each 4 handfull sorrel 2 handfull put al into a cabbage net tany ym in 6 galons of ale after 6 days drink a good draught every morning if it give not 3 stools take as much at 4 in ye afternoon fasting 2 hours after each

274



## for burns and scalds excellent

275

take oyl olive one pound the smallest and youngest leaves of elder in the inner rind of the small twigs thereof of each 1 handful and a half plantain houseleek of each half a handful vinegar 1 spoonful unice 3 spoonful salow from an old candle one ounce and a half boyl on a slow fire for 1 hour strain add bees wax 1 ounce and a half yn stamp it til it come to an ointment spread on linnen and apply

## rickets worms and spleen

276

take bark of immasright ivy ash of each 2 dram infuse ym in a quart of beer 30 hours drink it for constant drink run out add more beer twice after yr make it new this is the famous ricket drink

## powder for wind excellent

277

take powder of burdock seed 2 ounce powder of liquorice and aniseed of each 1 ounce sugar candy 2 ounce take 1 dram at a time

## Spanish balsom

278

take flowers of st johns wort 8 ounce valerian roots carduus the herb of each 4 ounce wheat 3 ounce beat ym and infuse 24 hours in 3 pound of whitewine yn add old oyl olive boyl on a gentle fire in the waisting of ye ~~wine~~ oyl and juices strain yn add 2 pound of turpentine boyl on a gentle fire w<sup>el</sup> stop 15 minuts take from ye fire and stir in whilst hot 8 ounce of albanum in powder yn set on ye fire for 15 minuts more continu-  
=aly stirring stop it til cold if in ye first infusion you add flowers of rosemary an-  
century each 1 ounce and run you put in the turpentine oyl of earth worms 8 ounce it will be excellent and admirable in curing wounds apply it hot washing the wound first with whitewine

## an ointment for any ack pain or bruise

279

take neats foot oyl 2 pound muscandine or sock 8 ounce leaves and seeds of agimony 2 handful lavender 1 handful shred ym small pass it w<sup>el</sup> up and bake with household bread strain it yn add ye same quantity of herbs and wine as before taking and straining again rub it w<sup>el</sup> in twice a day before ye fire

## the vertues of old venice treacle

280

it hath an admirable quality in preserving from the plague conserves health renders quiet and chearful resists the pusion of the mind shakes of melancholy consumes all corrupt humors of the body and all superfluities of the veins and passages and strengthens ym rendering one very lively given in wine and cordial water it cures ye plague and all contagious diseases given in scordium carduus or rue water it wonderfully helps all bites and stings given as in ye last must at poyson taken inwardly given a double dose in ye former waters also taken somtimes preserves from poyson or infection and keeps one safe) its efecacious against the vertigo swimming of the head taken in terry water its prevalent above most medicines in apoplexy and fal-  
=lingsickness given to lean persons in mead or fat in honeyd vinegar it excels in the palsie and all trembling of ye members helping it recal and restore ye spirit senses to their due motion used as before given in lence or poppy water it wond-  
=erfully bristles delirium and restores sleep its a myd remedy in inveterate pains of head and megrim given in terry water its also profitable for difficult hearing given in eyotright water its an admirable an safe remedy in astmas difficulty of breathing with vinegar of squails it prevaile much in coughs it stays bleeding given in



plaine in or purlaine water its very helpful in savouring in wine it eases pain  
 in the stomach from a cold cause helps ye weakness thereof helps digestion removes  
 loathing or dog appetite with broth or wine it cures ye disease cholera it removes  
 hunger kills worms drunk in wormwood water) it eases pain of ye colick it cures passion  
 in each tooth it opens obstructions of liver and spleen taken in bread it wonderfully  
 profits in the leprosy scabs at diseases of the skin in decoction of scabious it helps ill  
 habits of body or dropsie in wine it stays fluxes with plantain water it breaks ye stone given  
 with juice of lemons it provokes urine given in decoction of parsley it provokes courses given  
 in broth of red feathers it expels very happily ye dead birth in honey water in which  
 is boyle dictamnus it wonderfully helps those yt have cancers given in wine) good in  
 gout at joint pains or sciatica taken in decoction of groundpine it multifies disease and  
 resolves hardness of the members given in wine its profitable in quartans and other  
 diseases from melancholy humors in a decoction of buter and is ye most safe remedy  
 its also excellent in pestilential and malign fevers taken in any cordial water  
 dose 1 dram with red wine hush at or most of ye same vertues give it not to women  
 with child nor in ye daydays or hot weather

### a precious medicine for the green sickness

281  
 take of  
 v. facens  
 receipts -  
 in 00 of

take of centaury me broad-lyme maidenhair each 1 handfull origan half  
 a handfull make ym into powder boyl in a quart of ale to a pint sweeten  
 with honey drink it warm in a morning fasting  
 antidote against poyson

282

beat 2 nuts 2 figs 20 leaves of rue with 1 grain of salt eat it fasting and  
 you need fear no infection yt day) or bread of millet eat first every morn-  
 =ing preserves from al infection or venom) take roots of pimpermil tormentile  
 cinnamon each half an ounce lignum-aloes juniper berries ginger each 1 dram  
 make into a powder keep close its excellent against al venom poyson infection  
 pites

283

receive the fume of frankensence and sheep dunny thro: a clothes reel into ye  
 fundament) dip a peice of scarlet cloth in decoction of elder leaves lay  
 it to as hot as can be endured renewing it as it cools

284

for creeping leters  
 steep slices of sower dock root in sharp vinegar 1 day rub with the slices  
 4 times a day

285

an excellent ointment for al sort of scabs or leprosy  
 in may take brazil and mint both herb and root wash ym bruise and  
 strain out the juice keep it in a bottle well stoppt 1 year boyl into an ointment  
 with saler oyl and bees wax each the same weight as the juice oint the  
 places with it

286

for a cancer  
 wash 3 times a day with rosewater alum verdigrise each alike quantity  
 cramp and convulsions

287

bands of green periwinkle bound about the legs is very effectual against  
 the cramp) boyl 8 ounce of unsalted buter til as clear as water scumming it  
 well put in a good handfull of danewort well shred let it stand 10 minutes  
 yn strain hard of oint ye place



288

for distillation of rheum  
nutmeg and mace used as snaf cures) so doth cummin and nigella  
pared and tyed in a rag and suetted to  
headack

289

loadstone laid upon the head takes away the pain) or boyl rosemary  
and wilow wps in vinegar bath the head herewith) euphorbium dissolved in  
vinegar a cloth dipt therein applyed to the forehead and temples cures  
headack and megrim presently

## to move the wombe

290

the greater burr leaf laid to the head draws ye wombe upwards  
and applyed to the soles of the feet draws it downwards this is helde  
to be the best remedy against suffocations and falling down of the  
wombe) its most certain yt the sweet of bitumen either raw or burnt  
wil presently recover from fits of ye mother therefore its good for those  
subject thereto oft to sweet therent and carry it always about them

## birth to make easy

291

✓ 3 2 april  
list 1732

swallow 2 pits made of castle soap rowted in sugar ye drink very  
hot a good draught of poset drink wherein sugery hush bees boyd and  
it wil work ye effect) polypodium stamp and applyed to the feet wil cause  
a speedy deliverance of the child whether it be dead or alive probatum est  
ye 7 s'r holding 1 li - 15 s 1 100 det 30: 11 4 1 li - 15 s - 15 s 1 1 swallows  
seether - 1 peice 7 basil she h 8 20: 1 100 - 04 pain) take on dung  
and cinamon each 2 drams myrrh and casia lignea each a scruple white  
amber 1 dram and half make it into a powder give a dram in wine

## an approved medicine to cause easy birth

292

✓ 1000  
oct 1 07

give a iack of juice of clary with as much wine and bind ye herb hot  
to her navel this wil cause a woman to be quickly deliverd and without  
pain approved its most excellent and infalable

## abortion to prevent

293

take oyl of myrtles musick myrpentine of each 1 dram saunders  
10 drams hypocistis acacia burnt ivory and roses of each 2 drams  
bole = ammoniac shavings of ivory terra sigillata of each 2 scruple  
massick myrrh varnish dragons blood storax greek = pitch  
mummy of each 1 dram ship pitch as much as to make into a  
plaister which lay upon the reins

## after birth to bring away

294

a junc of marigold flowers receivd into ye wombe easily brings  
forth ye after birth this is ye secret of an old midwife) marigold  
flower water cures al pain in ye head and sore eyes

## for trembling of the hands

295

sleep mugwort in rosenwater wash therewith and it cures  
to draw out thorns

296

bruise southren wood add vinegar aply it and it wil do ye deed  
cold to prevent

297

anoint any part with fox grease and no cold wil hurt it



298

take oyl 1 ounce turpentine 1 pound frankensence myrrh sarcocolla mastick  
 saffron of each 1 ounce sowbread hoisrail madder of each 1 ounce earth wormes  
 3 ounce still it and anoint with it) or take turpentine 1 pound frankensence  
 mastick myrrh sarcocolla of each 1 ounce aqua vita 8 ounce distil this is a  
 wonderful water for al sort of wounds) take greck pitch brimstone frankensence of  
 each alike make into powder mix with egg white stick up ye wound ripe away  
 ye blood spread on linnen aply let it lye unremovd some days its a wonder  
 ful and approv'd thing) pour hot water yt is boyl'd in a new earthen vessel  
 upon lime let it stand 6 hours scum of ye broth with a feather keep ye  
 water w<sup>n</sup> filtrid in a bottle close stoppt lay a fine cloth on 10 doubles  
 that do til you be wet its good for al ulcers wound cuts biting of mad dogs  
 in a quart of water their must be a quarter of a pound of lime) a slice of  
 a puf yt grows in ye fields bound to fresh wounds both stops their bleeding  
 and heals ym renew every 3 days) take oyl of roses 9 ounce rubarb cut small  
 6 ounce put into a tin cann stop it close for 3 days yn boyl set in a pan of  
 water half an hour yn add powder of mastick 6 drams of frankensence  
 Pellinum ypepanax camphise of each half an ounce strain thro: flanel and  
 you have an oyl most excellent to be dropt into wounds any were but  
 in the head) boyl mugwort periwinkle dorickrium of each 1 handfull in 2  
 quart of ale to ye consumption of half strain keep in a bottle close stoppt  
 give 3 spoonfull to one wounded morning noon and night fasting 3  
 hours after wash ye wound with it at ye same times (lying on a colewort  
 leaf the rough side next wrap it up fast this wil heal al wounds) powder  
 of crabs eyes strewed on a nerve yt is cut and bound up with dry liness  
 rowlers for 24 hours yn do ye same bind with hot rowlers for 10 days  
 and it wil cure it) a tent dipt in juice of valerian put into a wound and the  
 bruised herb laid on wil draw out iron splinters or any thing yt is in the  
 wound and cure it clary wil do the same) take wax rosin turpentine barons  
 fat of each alike melt ye wax first yn put in ye turpentine last ye other  
 2 let it boyl stir it wel let it stand in ye pan til thro: cold scrap of ye  
 bottom it wil draw and heal and if you spread a litle diacalsathos thin  
 w<sup>n</sup> you lay it on it wil skin ye sore without any other thing this is an  
 approv'd healing salve for sores new or old

an oyl that wil cure wounds in 24 hours

take comon oyl 6 pound oyl of firr 1 pound myrrh aloes frankensence  
 of each 6 ounce mummy 2 ounce glew 6 ounce ship pitch as much  
 cochineal 9 ounce sycamore tree gum 2 ounce lees of oyl 2 pound  
 marshmalows 7 ounce boyl al in a pot set in water close coverd  
 12 hours yn strain yn add dragons 4 handfull wild pomgranate  
 comfry benny tobacco of each 4 handfull cyprus leaves 4 handfull go  
 elm blades 25 ripe dates yarrow seacoal ~~thorow~~ thorow-wax st  
 Johns wort shepards purse centaury of each 4 handfull boyl al as  
 before for 18 hours yn set in ye sun a whole summer in a glass well  
 stoppt yn strain it add 3 ounce of beaten saffron boyl it for 3 hours  
 it cure al sorts of wounds in 24 hours

swellings

take one part strong vinegar 2 water thicken with flower lay on  
 warm it wil cure any sudden swelling yt looks red) lay a cloth wet  
 in salt and water 7 doubles and it wil take down any sudden  
 swelling) fresh cow dung fry'd in butter aply'd as hot as can be  
 indured cures al sorts of swellings oft proved

299

300



## Sore head or white scurf

301

beat cleampone roots to an ointment with saler oyl in twice as much vinegar ye hair being cut of oint with it and w<sup>n</sup> ye scab is fallen of wash with warm cow piss

## for burns or scalds

302

take 4 ounce of onion juice half an ounce of salt oint therewith its a present cure) or take sheep suet 8 ounce sheep dung and violet leavy each 2 handful beat all w<sup>el</sup> together mixt it y<sup>n</sup> strain oint with a feather w<sup>n</sup> its warm

## pricking of a sinew

303

take oyl of camomile and earth worms of each half an ounce oyl of saffron 1 ounce and half egg white 2 drams some aqua vita mix and apply to ye prick

## palsie

304

boyl tenderd sheep suet half away y<sup>n</sup> add ye same quantity of oyl of roses boyl half away anoint with it) or take rosemary marjoram mint saivie horse mint sage of each alike bruise y<sup>n</sup> w<sup>el</sup> and with marrow of ox foot make an unguent

## for a prick with a dagger thorn or any other thing

305

mix wheat flower and vinegar add some bole armoniack beat it on a slow fire til as thick as pap. anoint with oyl of roses y<sup>n</sup> lay on this as a plaister tolstet it on both sides so bind it up

## lice to kill

306

flowers of flower gentle boyl<sup>d</sup> in ley and washt with filz lice in any part cures scurf and doth ye brain good) powder of obannum mixt with bores grease filz at lice so y<sup>t</sup> theyll never breed more

## a restorative

307

beat dates to a past put y<sup>n</sup> into a quart of hony let stand til they be dissolv<sup>d</sup> y<sup>n</sup> add powder of long peper nutmegs mace clove of each half an ounce seeth over a slow fire stirring fast and casting in the powder by degrees w<sup>n</sup> its thick let it cool y<sup>n</sup> put into a pot and keep it v<sup>el</sup> close eat of it first and last and it shal restore one be they never so weak or low brought its also good to eat on a full stomach to prevent surfeiting

## for all venomous bites

308

cole works both leaf and seed bruised with vinegar and masterwort doth presently cure the biting of ~~dogs~~ any dog be he madd or no) root of sweet briar is the principle remedy against the biting of a madd dog) an herb called alyesum is excellent against ye madness of dogs) ye ashes of scorpions drunk in wine is ye remedy against their bites) ye roots of lawrel and onis are good for ye same purpose) ye seed of wild saffron bruised in ye hand or hung about ye neck is very powerful against the biting of scorpions) bite of a madd dog is cured by ashes of his hair drunk in wine

## anker of the mouth or any other part

309

take swiths water 1 pound whiterwine and water of each to 8 ounce add leaves of bramble woodline red sage and plaineain of each 1 handful in w<sup>el</sup> of oak 1 handful boyl strain sweeten with sugar candy add white coperas ye quantity of a lew<sup>n</sup> wash off with it it hath been often experienced







## teeth powder

322

take 3 egg shells coral 3 drams cinnamon 2 cloves 1 pelitory of Spain 2 make all into powder the oyl of brimstone is ye best for it polisheth smootheth and take away all spots from ye teeth) alum and salt distilled do the same

## to draw teeth without pain

323

roots of asparagus dryd and stuck into ye teeth will draw ym without pain) infuse wild cucumber in vinegar touch ye gums w<sup>th</sup> ye tooth round with this water shut your mouth a while y<sup>n</sup> take ye tooth in your fingers and it wil come out without pain) still sal = armoniack in a limbeck touch ye tooth with the water and it wil fall out and no pain be felt) powder of red coral put into a hollow tooth makes it fall out

## wrinkles to remove

324

take burnt hartshorn lapis amiantus salt = armoniack myrrh frankincense musick each alike make a powder mix with hony anoint this takes away all wrinkles

## to take away an ill smell from any part of the body

325

hartichoke root boyl<sup>d</sup> as laid to ye umppits or any other part cures their ill smell boyl<sup>d</sup> and drunk with wine it doth ye same for it makes one make such abundance of ill scented urine y<sup>t</sup> it bring all away and cures even inveterate gonorrhoeas

## to keep wine good and mend it if bad

326

oint of cicke peason with oyl y<sup>n</sup> rost and bruise very well cast half a pound into wine y<sup>t</sup> begins to grow sower and it wil be mended within a natural day this perfectly cures sower wine) leek seed cast into wine wil make y<sup>t</sup> it shal never grow sower and put into vinegar it wil take away all ye sowness (hang an orange stuck with cloves in a wine vessel so as not to touch the wine and it wil never get flat nor musty) shavings of birch tree put into new wine or ale wil clear it in 2 days) a plate of iron with salt laid on ye top of a vessel wil keep either wine or ale from being hurt with thunder) ye lips of a vessel on ye inside being oint<sup>d</sup> with milk wil keep it from working over w<sup>th</sup> in a ferment) cast a peice of cheese into wine y<sup>t</sup> is in a ferment and it will quite it) put an egg into wine if it presently sink down theres water in it if not its pure wine) blood of a cock dryd and cast into wine if it be mixt wil make all ye water swim on ye top) a pumice stone put into wine in a ferment wil alay ye heat presently

## borage wine

327

its made with ye flowers of borage as other wine are made its good for melancholy people and pain of ye heart makes men merry and cures madness

## wine of winter cherys

328

bruise ym steep in wine 12 hours strain it sweeten with sugar if it manifestly drives out stone both of bladder and kidneys and opens stopt urine

## wine of quinchis

329

is made by steeping boyling ye quinchis in water ading sugar and working as other wine its good for the stomach fluxes diseases of the kidneys difficulty of making water it binds

## for a weak stomach

330

take cinnamon half an ounce white ginger 2 drams clove long peper nutmeys of each 2 scruple sugar 8 ounce make a powder put to 3 quarts of whitewine let stand 12 hours y<sup>n</sup> strain it

## Sugar wine

331

put 4 pound of sugar to 4 pound of maligo wine boyl to a syrup on a slow fire use it with 2 parts water its good for old cold weak persons and those whose natural heat and moisture is decayd for it nourisheth and breeds good blood and fits the principle parts with spirits



332 *douretick wine*  
put one pound of iuniper berys beat to 2 gallon of wine let it work in a brass pan  
run up in a earthen pot take a gill in a morning fasting and it wil work by urine

333 *griping*  
beat 34 pomyranates run up in an earthen pot with 3 galons of sharp wine let  
stand a month drink of it fasting

334 an exccellent receipt for a dropsie  
put a gill of mussardseed and a handful of iuniper berys in a bag into 2 galons of  
ale wh it hath almost done working put in loose scurvy grass atehooft and horse radish  
root of each 1 handful take a handful and half of sage in a brown leaf made of  
wheat brake ye leaf al in peices and put in wh it hath done working stop it up  
in 4 days it wil be fit to drink you must drink no other drink unless a glass of wine

335 *harr pills exccellent for a consumption or sore cough*  
take caraway anis coriander and sweet fenel seeds of each a peny worth liquorice pow-  
der 4 penyworth flowe of brimstone and saff of each 2 penyworth mix it al but  
half of ye liquorice powder which you must rowl it into pills with as you take ym  
take of it first and last or any other time wh your cough is troublesom this is an ex-  
ccellent medicine hath cured severall wh al other means hath faild

336 *to make hair grow were wanting*  
take ashes of hyssop root powder of elecampane juice of marsh-mallows of each  
an ounce oyl of tartar 1 dram boyl in a pint of white wine til half be consumed  
anoint with this and ye hair wil be restord

337 *to prevent hair from falling of*  
take an ounce of ashes of burnt pigeons dung put it to some lye made of  
wood ashes add 2 ounce of juice of hemlock and one of sugar candy in powder  
rosemary flowers half an ounce boyl strain wash wet for 7 or 8 times and the  
hair wil not only remain firm but wt is fallen also renew

338 *to keep hair from growing were it should not*  
boyl gum araback in ~~water~~ to ye thickness of a salve in the juice of hemlock  
lay on a plaistor let it lye 3 days pluck it of and it wil bring of ye hair by the  
roots not permitting any more to grow in the place powder of burnt bees and  
mice dung mixt with oyl of roses wil make hair grow in the palm of your  
hand

339 *for griping*  
give a glistor of iuniper berys bay berys fenel and anis seeds tormintile  
bistort balaustins and pomyranate seeds of each 1 ounce bruise ym add rose  
leaves 1 handful boyl in milk strain add 1 egg yolk and 6 grains of laud-  
=anum give it warm

340 *for Jaundice*  
holow a large onion put in an ounce of venice treacle as much hony and  
1 dram of saffron wh its wet roasrd mash and strain it take a spoonful of  
the juice every day for 3 days for the black iundice take sage parsley  
groundsel smitage boyl ym in potage with swines flesh and in ofsen eating  
the greivance wil be removd

341 *for a dry cough*  
take anis=seed ash keys violets liquorice powder of each 1 ounce make it into  
powder add a pint of whitewine and 2 ounce of white sugar candy boyl to an  
electuary take ye signes of a walnut every morning fasting drinking after a  
gill of warm ale

342 *to make green ointment*  
make an ointment over a soft fire with 1 pound of swins grease 1 ounce of



verdigrise salgem half a scruple its used with succese for old sores or bruses  
to break any imposthume or swelling

343

take an ounce of white lily root half an ounce of swines grease an onion stamp  
fry and lay hot to ye place

## for greensickness

344

take a quart of claret a pound of blue carraways a handfull of rosemary half  
an ounce of mace bruse ym boyl to a pint strain drink a gill hot morning and evening  
for a week together

## sir philip. parrys plaister for a rupture

345

take aloes citron dragonis staud myrrh of each 1 ounce mastick bole armanick  
gums dragant of each 3 ounce make a fine powder and with the juice of red houg=  
= leek make a plaister aprood

## a salve excellent to draw and heal

346

take a penyworth of turpentineignes of a walnut of virgins wax as much  
unsult buter a spounful of honey melt and strain it into water make into soyle

## an excellent plaister for a new or old sore

347

melt 4 ounce of rosin add bees wax 2 ounce turpentine 1 ounce sheep suet 2  
ounce oyl olive 1 spounful boyl over a slow fire strain into water make up into soyle

## Dr Morsus' emplaister comonly caled excretionum

348

take ship pitch sapon bees wax colophony of each 3 ounce turpentine myrrh  
galbanum amosiacum frankensence mastick of each 1 ounce and 3 scruples  
shoy ye galbanum at night in vinegar ym boyl and strain it melt your gums  
stir ym wel last put in ye turpentine being wel incorporated make into soyle use it  
in case of pains acks bruises strains dislocations and to strengthen ye nerves

## oyl of rosemary flowers

349

stamp rosemary put into a glass close stopp with strong wine set in ye sun 5 days  
ym distil with a soft fire and it wil produce both water and oyl separate ym  
keep ye oyl close stopp its good in inveterate headack comforts ye memory helps  
the sight by being drunk in a glass of wine dropt into ye ears helpeth deafness and  
is good in case of droopsie jaundice or rising of ye mother

## an excellent powder to provoke urine and to send out gravel or stone

350

make a flint stone into very fine powder keep it in a bladder take half a dram  
fasting in a glass of warm ale and keep your self warm

## for toothack

351

take red rose leaves and pomgranate flowers of each half a handfull 2 gals thin sliced  
boyl ym in a pint of wine and a gill of water til a 3 part be consumed strain hold  
a spounful in the mouth and lay a hot cloth dipt in the same to your cheek

## an ointment to cleanse sores either old or new

y<sup>e</sup> 2<sup>d</sup> June first

352

wash 2 ounce of turpentine wet in barley water add 5 egg yolks honey 4 ounce  
mix wet over a slow fire til it come to an ointment

## to make flos unguentorum

353

take rosin perrosin of each 8 ounce virgins wax frankensence of each 4 ounce  
mastick half an ounce deers suet 4 ounce camphire 2 drams beat ym fine melt  
over a slow fire strain into 2 quarts of whitewine and w<sup>h</sup> hot lukewarm put thureto  
3 ounce of turpentine stirring it til cold put up into a pot its exceeding good for  
old wounds ingendering good flesh and washing ye bad cleansing it its good for al  
manner of imposthumes in the head or any other part also for strains draws out  
thorns or splinters of bones heals botchs and scabs it make an excellent  
searcloth for the sciatica or acks in any part of the body



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354

an excellent ointment for burnes or scalds  
boyl a handfull of fern roots in a quart of cream in an earthen pot til it gely  
beat it w<sup>th</sup> a spoon spread it on a linnen cloth apply it renew it often

355

an ointment to assuage pain and heat  
take white carrot & ounce oyl of roses 10 ounce red and white saunders red  
roses myrrh albanum mastick of each 2 drams camphire half a dram turpentine  
& ounce and a half make al into an ointment

356

Jobes Salve for any fresh wound  
take juice of green iobaca a quart oyl olive a pint turpentine wax of each an  
ounce and a half verdigrease 1 ounce boyl over a slow fire for 1 hour make up  
into oint

357

for shrinking of nerves or sinews  
take water crocus and camomile of each one handfull stamp ym fry with one  
handfull of flower and 2 ounce of hony spread and apply as hot as you can endure

358

to purge choler flegm and melancholy  
take 1 ounce of turbit 2 ounce of senna leaf sugar & ounce ginger cinnamon  
mastick galingal grains of paradise cloves aniseeds diagridians ye herb called mor-  
=cuny finger of each half an ounce make al into a powder of which take a  
drum in a gill of warm ale in a morning fasting

359

sneezing powder  
take of ye roots of black and white helebore and bartram of each 1 ounce  
cassoreum half an ounce marjoram a handfull make into a powder use moderately  
as occasion serves it purgeth ye head

360

an excellent powder for the falling sickness  
take a mans set scul yr hath not been above a year bury it in hot embers  
til it become white and easy to be broke take ye top part of ye crown make  
into a powder grate to it 1 nutmeg add 2 ounce of dogs blood dryd and made  
into powder take a dram morning and evening in whitewine or new milk

361

an excellent powder for holow ulcers  
take frankenscence mastick myrrh bole=armoniack dragons blood barley  
meal of each 1 ounce make a powder sprinkle thick on bind up this will  
fit it with flesh

362

powder to incarnate any wound  
take hogs fenel half an ounce flower de luce 1/2 drams myrrh 3 grains century  
& drams mund arosolacia nitia opopanax meal of orobus of each 2 drams  
half strew on ye wound

363

to stay the bleeding of wounds  
take quick lime dragons blood frankenscence aloes copra of each 4 drams  
make a powder apply with egg white and cobwebs

364

an excellent pulvis for an ack strain or distocation  
take snailage camomile groundsel stamp fry in 6 ounce of barons grease apply  
as hot as you can wel endure

365

an excellent powder in case of the small pox or any infectious  
take half an ounce of saffron in powder 6 grains of bezoar stone 1 dram  
of myrrh 1 ounce of white sugar candy make a powder take a dram at a time in  
whitewine

366

a preservative against the plague or any infectious distemper  
take 6 green walnuts rue being tann plaintrain of each 1 handfull add a  
little fine sugar and spirit of wine dry al in an oven being w<sup>th</sup> wet tear



together w<sup>th</sup> is like conserve of roses its right. take quantity of a nail every morning fasting

an excellent receipt for a consumption  
soak 3 sheep harts warm out of ye belly in whitewine dry ym for 24 hours dry ym again put into a new earthen pot cover ym above and below with perryman's branches add cloves sugar hartshorn of each 3 ounce sugar candy 4 ounce cover al with asses milk put close set in a brown bread oven take a spoon-ful of ye liquor morning and evening

367

excellent for windiness in stomach or spleen  
boyl broom lute and aniseeds of each 1 handfull scabious root 1 ounce in a quart of ale sweeten drink a gill hot morning and evening in a week you'll find great relief

368

Gascain powder  
take white amber pearl hartshorn crabs eyes white coral of each half an ounce crab claws 2 ounce bezear 4 ounce mixe al into powder make into baly with Jely of hartshorn and some saffron its excellent taken 2 scruple in whitewine to expel evil vapors from ye brain corabate ye heart and restore a decaying constitution

369

for the dropsie  
take servel calamys wormseeds galungal of each 1 ounce spithard half an ounce bruise hang in a bag in a vessel with 2 gallons of ale after 4 days drink morning and evening a gill at a time

370

an excellent eye water  
take whitewine and <sup>white</sup> rose water of each a gill water of me setaline eye-bright fenel of each 2 ounce prepared India 5 ounce cloves 5 ounce sugar of roses a dram mix over a slow fire take of ye scum keep in a bottle wash as victor is occasion

371

to break wind  
take ye juice of red fenel and aniseeds in warm milk

372

to stop spilling of blood  
boyl rue smalage mint and betony in milk drink as hot as you wet can

373

to stop bleeding at the nose  
put a litte salt to juice of betony snuff it up and stop ye nose with some of ye herb) juice of youny nettles and sugar snuff up is good for ye same

374

to kil a felon  
beat a roasted egg yolk and a russe onion together apply

375

Salve for a burn scald cut or old sore  
take oyl olive 1 pint bees wax 8 ounce red lead deers suet of each 3 ounce red wine 2 ounce boyl in an earthen vessel til of a darkish color make rooly

376

for a fever  
boyl barbery leaves and wood sorrel in water sweeten give a scruple of bezear 3 times in a jock of it and it wonderfaly prevails against ye distemper

378

to prevent infection of plague or other diseases  
take walnut leaves rue balm of each a handfull mag wort catelaine angelica agimony pempnel dragons of each half a handfull bruise ym pour 5 quart of whitewine on ym in an earthen pot let stand past 7 days ye still

379

and scordium make water good in small pox meazels surfeits  
take green walnut husks 4 handfull juice of me mary golds baum carduus of each a pint green perazilla root 1 pound angelica and masewort of each half a pound old venice treacle and mithridate of each 8 ounce 5 quart of sack 3 of vinegar 1 of lime juice digest 2 days in the sun ym still it slow

379



To take spots out of linen

380 Take lemon juice and camphire spirit of wine each a large spoonful a tea spoonful of spirit of turpentine drop a little on ye spot and wash it in water strong vinegar wil take out pink or fruit spots rubbing well with it to make a cordial mint water

381 Take mint and carduus of each 2 handful wormwood one bruise and soak 4 hours in new milk still keep close its excellent good in pain of ye stomach or belly water excellent for sore eyes or to restore the sight

July first  
382 Take smalage rue fetret vervain agrimony scabious avents hounds tongue surface powdered and sage of each a handful rock alum half an ounce honey a spoonful dissolved in rose water still in a cold still wash with it morning and evening add a little alum and honey when you use it if there be any thing to eat of

Water excellent for the canker  
383 Take elder bark sorrel and sage of each a handful make into juice mix with double the quantity of whitewine aint the place off with a feather for a fistula

384 Take a pint of whitewine an ounce of sage juice borace in powder 3 peny weight camphire 4 peny weight boyl 2 hours over a very slow fire strain throo a flannel bag in cold wash with it off

an excellent Water to cleare any filthy ulcer  
385 Take plainain and rose water of each a pint juices of honsleek night shade and plainain of each a lock roses half a handful myrtle and cyprus nuts of each half an ounce rind of pimpernelle 3 drams or galing wort half a handful flowers of milleyne half as much myrrh and frankenscence of each a scruple honey of roses 1 pound syrup of dry roses one ounce 12 drops of oyl of brimsione wash ye place off

an excellent Water for heat and inflammation in ye eyes  
386 Take aloes hepatick fine sugar butty each an ounce red and white rosewater each a pint put al in a bottle set in warm water for 5 days keeping it constantly warm you must shake ye bottle well every time you shift the water wash your eyes forehead and temples as oft as you will

Water excellent for a sore leg or canker in any place  
387 Take woodbine ribwort plainain abinte of each 1 handful honey 3 spoonful rock alum 1 ounce add 3 quarts of water boyl slowly til a quart be consumed strain keep in a new earthen pot wash with it twice a day

Water to turn back rheum that afflicts the eyes  
388 Take red rose and eyebright water and whitewine of each 5 ounce lapis tuttia and aloes of each 3 scruples fine sugar 2 ounce stop close in a bottle set it in the sun [hepatick] for 30 days shaking it up twice a day wash ye eye lids temple forehead and nape of ye neck off therewith

Water excellent to cool liver heart good in feavors surfeits bad  
389 Take woodsorel and bartery leaves of each 2 handful 5 ~~plainain~~ disestion plainain roots washt and sliced 2 ounce of melion seed borage and confrey flowers of each 1 ounce steep 12 hours in a gallon of water well sweetned with sugar candy still in a cold still give 2 ounce of this water with 1 ounce of syrup of Lemons

Water excellent for any internal bruise  
390 Take 2 handful of scabious flowers penyroyal camomile smalage bay leaves of each 1 handful powder of myrrh half an ounce hartshorn 2 ounce chop ye herbs put al into 2 quarts of wine still in a cold still drink 2 ounce morning and evening



## Water excellent for stone and stoppage of urine

391

take saxifrage parsley pelitory of ye real mother of tyme sage radish roots sliced of each one handful steep 12 hours in 2 quarts of new milk stit in a cold still take 6 spoonful at a time with as much whitewine and half a roast nutmeg grated into it continue this for some time and you'll find extraordinary benefit by it

## an excellent syrup to preserve the lungs and for the asthma

392

take nettle and coltfoot water each a pint. aniseed and liquorice powder each 2 spoonful raisins of ye sun 1 handful & handful of figs boyl slow til a 4 part be consumed strain make a syrup with a pound of white sugar canly take 2 spoonful every morning fasting

## another excellent of openy obstructions and for short breath

393

take hyssop and pennyroyal each 1 handful make into juice to which add ye robor weight in hony simmer ym a little til well mixt take 2 spoonful first and last making fresh every other day

## Syrup of roses

394

make an infusion of white roses in hot water as strong as possible strain and to 5 pound put 2 of sugar this syrup draweth from ye entrails thin choler and waterish humors therefore fit to be taken by such as are afflicted with superabundance either of choler or flegm

## to make catholicum majus ginger

395

take of ye great cold seeds and of white poppy seed each a dram gum dragon 3 drams roses yalow saunders citron cinnamon each 2 drams rhubarb and diacridum each half an ounce agarick and nuttish each 2 drams 1 pound of sugar dissolved in rosewater wherein 2 ounce of senna hath been infused make into tablets take 3 scruples for a dose it gathers humors from all parts of ye body and expels ym without molesting health or impairing ye strength but rather fortifying nature

## syrup of radishes

396

take root of garden and wild radishes each an ounce saxifrage knee-holm borage sea-holly pettywhin o cammack or ground furt parsley fenek of each half an ounce betony pimpnel wild tyme tender-crop nettles cresses samphire and venus hair of each 1 handful the fruit of sleepy nightshade and julebs of each 20 seeds of burr parsley basil macedonia caraways scitly carrots grommel and bark of bay tree root of each 1 scruple raisins and liquorice of each 1 dram boyl ym in 10 pound of water til 4 be consum'd strain it and with 4 pound of sugar and 2 of hony make a syrup ading 1 ounce of cinnamon and half an ounce of nutmeg in powder it provokes urine expels gravel and stone and scouresth ye kidneys

## Syrup of vinegar compound

397

boyl and scum a gallon of wine vinegar take endive maidenhair wood-sorel barbery put one quart of their juice into ye vinegar boyl til a 4 part be consum'd put in as much sugar as wil make it into a syrup give 2 spoonful at a time in case of any feavor or hot distemper or disorder and to expel all gross flagmatick humors its excellent

## Syrup excellent for a cough or cold or to restore decayin

398

put to 2 quarts of water 1 ounce of sydrack maidenhair half an ounce elecampane roots sliced 2 ounce boyl in an earthen vesel til half be consum'd strain make into a syrup with 2 pound of sugar 2 spoonful of this taken morning and evening is a wonderful restorative



399 To take away freckles  
 take 2 cock galls a handful of ryemmeal a pint of verjuice 2 ounce of plaintain water  
 1 ounce of oyl of bitter almonds boyl strain yn boyl again oint off with it

400 To make a clear white and smooth skin  
 take beavrs grease 2 ounce the white of 4 eggs 1 ounce of ashes of bay-leaves  
 half as much hony of roses a gill of plaintain water boyl to an ointment it wil produce  
 the promis'd effect being oint'd with

401 To take away sunburn  
 a handful of spanish salt dissolved in the juice of 2 lemons is a speedy remedy  
 being oft oint'd with and let dry on

402 To take away wrinkles and make the face look youthfull  
 take brandy and spirit of wine each a jact bear-flower tyly and red rose  
 water of each 4 ounce juice of biony root and decoction of figs of each 2 ounce  
 incorporate over a slow fire and use as a wash proved and most certain

403 To take away red spots occasion'd by the small pox also to prevent  
 wash with juice of lemons in which beaten alum and lay-salt their marking  
 hath been dissolved and so wear out the pits take a gill of spirit of vinegar  
 an ounce of mustardseed a jact of juice of marshmallows and 1 handful of  
 bran boyl wel yn strain keep close stop'd in a bottle wash with it morning and evening  
 and the effects wil answer your trouble

404 To take away pimples and redness in the face  
 dissolve half an ounce of alum in an egg white and a spoonful of vinegar beat  
 til wel mixt w<sup>n</sup> you go to bed lay it on plaister wise and your disive will  
 be effect'd take 2 egg yolks 1 ounce of butter camphire & dramm rosewater a gill oyl of  
 bay 1 ounce beat <sup>it</sup> for hot <sup>over</sup> smeling in the face <sup>beatting it wel strain thro' necken</sup>

405 boyl rosemary floweres grounsel and cumomile in whitewine wash here=  
 with and stamp some of ye same herbs and lay on pulvis wise their must  
 be a little oyl of roses put to the herbs w<sup>n</sup> you stamp ym

406 To make the hands soft and white  
 take bean and lupin-flower of each 1 handful of starch wheat oris  
 rue and sweet almonds of each 2 ounce grind al in a bowl and wash with the  
 excellent wash bally powder

407 take 2 ounce of calamus aromaticus rose and lavender flowers of each  
 1 handful oris and cyprus each 1 ounce beat and sift ym yn moisten  
 as much castle soap in rosewater as wil make it up into bally

408 To make white and continue sound  
 take alum and pomice stone in powder each a quarter of an ounce  
 half as much bay salt half a jact of red sage juice boyl slow til thick  
 rub wel with it every morning washing after with water and hony

409 To cause a sweet breath  
 take anis and cumin-seeds of each 4 ounce 2 ounce of lavender tops  
 bruise and boyl in whitewine sweeten with white sugar candy drink of it  
 first and last and in 12 days time your breath wil be very sweet unless the  
 lungs be putrify'd



## eyes bloodshot

410

take wt juice you can get out of 2 ounce of red fenel roots add half an ounce of hony beat it over the fire til it become an ointment drop 1 drop with a feather into the eye and oint the eyelids wash of next morning with eye bright water

to cure chaps in lips or any other part

411

take deers suet sperma cetti. juice of hony suck each 1 ounce make an ointment

to restore complexion after sickness

412

sweeten juice of hyssop with white sugar candy boil it up with the third part of juice of pomegranates drink 6 spoonful morning and evening in warm ale and you'll find wonderful advantage

to remove any ill scent out of the nostrils

413

Y 5 2  
august 72  
first

snuff up whitewine wherein cloves ginger and calamint have been boyl and take also of snuff powder of piritum qd had been steep in juice of sengreen and dry in the sun

warts to remove

414

take juice of sengreen and purstain each half an ounce add 12 drops of oyl of tartar wash the warts with it hot and they wil fall away

to kil black headed worms in hands or face

415

take a gill of wormwood water ashes of southrenwood 1 ounce black soap half an ounce boyl it til it be thick yn add 1 ounce of sweet comon oyl boyl slow to an ointment

to cause the hair to curl

416

take 3 ounce of powder of pinenut kernels add a gill of walnut flower water and 2 ounce of oyl of myrtle boyl it til as thick as oyl anoint the hair and rowl it up so doing 3 times it wil keep the curl take (Strain it) 2 ounce of juice of green walnuts as much juice of red popys oyl of myrtle and castmary each an ounce boyl to an ointment oint off and it wil effect your desire

perfume good against infectious air

417

take spike and rosewater of each 1 ounce & dram of cloves 8 bay leaves 5 grains of sugar boyl carry about to smel on

## young children diseases

418

for convulsion) take majesty of cole male piony root leaf gold each a scruple make a powder give in milk) for chafing) sprinkle the clothes with lithrage of silver rose leaves frankencence and alum al in powder oint with white ointment and diapompholigos) stoppage of urine take saxifrage root 5 drams calcine yn with one ounce of hair blood make a powder give half a dram in a spoonful of whitewine) for the strutting of the navel use a pulvis of cumin lupins and bayberys made into powder and mixt with whitewine) for inflammation of the navel stamp a quarter of a hand-ful of malon with half an ounce of barley meal and fenegreek and lupins of each 2 ounce make a pulvis with al of roses) worms take worms seed 2 drams coralline and hartshorn prepar of each 1 dram roots of piony ditany majesty of coral each 1 scruple make a powder give a scruple at a time in whitewine) or vomiting take hony of roses and syrup of mint each a quarter of an ounce give it at 4 times) for rickets take mastick 1 ounce dil and frankencence each 2 drams cuminseed 1 dram make a powder wet with juice of mint apply as a plaister) teeth to cut easily rub the gums with hony give it wax candle to nibble at ~~with~~ wash the cheeks off with a decoction made of althea dill and camomile



flowers) in case of a fever give syrup of violets and wood sorrel each a quarter (of an ounce) for small pox or measles give a small quantity of manna and saffron in milk

To make a famous antidote against poyson or infection

419

take bezoar in powder 2 drams fox lungs in powder half an ounce juice of rue as much oyl of cinamon and red coral in powder each 1 dram pearl in powder 2 scruple powder of elecampane half an ounce storax 2 drams simmer over a slow fire til an electuary keep as close as possible dose quantity of an hazel nut drinking after it some warm poset drink keeping your self close for 2 or 3 hours and it wil effect wonders

420

for french pox plague feavor small pox measles or any infectious disease

take 1 quart of sack 1 pint of renish saun rue sage maidenhair red sage german =  
= or each 1 ounce bruise ym boyl gently til a third part be consum'd add peper gin =  
= ger nutmeg each 3 dram in powder venice treacle 1 ounce saffron water and  
ingolica water each 1 jack take a spoonful morning and evening whereby youll  
find great advantage and wil be eased of the oppression nature labors under and  
be enabled to conquer the disease

421

To chaf away milk and prevent crudding

take venice turpentine sperma ceti rose and plaintrain water of each 1 ounce  
and half bees wax 8 ounce white lead 1 ounce make a plaister aply unointing  
the nipples first with sperma ceti it wil remove any inflammation and afford much  
strength) to prevent crudding of the milk boyl althea roots in whitewine strain it  
add 1 ounce of bean flower 2 ounce of oyl of musick powder of mint and rue  
each a dram make an ointment) take new hony juice of mint and shepard-purse  
of each 1 ounce take half an ounce in chicken broth every morning til the  
milk be quite dryd) for inflammation of the breasts make a pulvis of melilot  
and nightshade each 1 handful boyl in water add bean flower 2 ounce oyl of  
sweet almonds and oatmeal each 1 ounce) for pain take bees wax 2 ounce oyl  
of rape and nutmeg each half an ounce make an ointment spread on linen

hoarsness to take away

422

dry elder flowers in the sun make a powder keep in a glass take a dram in a  
glass of whitewine in a morning fasting or any time w<sup>h</sup> you have occasion

To make green goosbery wine

423

take 24 pound of goosberys run just turning for ripe pick beat and steep 18  
hours in 8 quarts of water strain add 9 pound of fine sugar let stand 14  
hours run thro: a flanel bag put into a vesel yt it fits run its done working  
sp stop it up let stand 14 days yn draw of clean from ye grounds to every  
8 gallons put half an ounce of isinglass disolvd in whitewine run up in your  
vesel being clean'd from ye grounds stop up at 3 mounths end bottle it run it  
thro: a piece of mustlin in a flanel bag as you bottle it

wormwood water

424

take 3 handful of dryd wormwood half an ounce of sweet fenel seed one  
ounce of coriander seed bruise ym 8 ounce of raisins of ye sun cut put to five  
quarts of strong ale let stand 3 days yn still it

plaister for worms

425

take mithridate oyl of sauin aloes and myrrh of each 2 pengworth  
mixe spread on leather aply to the navel with as much frankencence  
spread about the edge as wil make it stick



425

with

to make an almond puding  
 take a pound of blanched almonds beat small with rosewater <sup>boyl some</sup> a little cream  
 mace and nutmeg in put to the cream while hot a penny loaf grated and searsed  
 wh its cold put in the almonds and 5 eggs salt sugar and good store of bay suet finely  
 shred

427

to preserve apricocks  
 boyl the apricocks in water til pretty tender throsh the stones out with a boltkin  
 peel of their skins put in a pan with their wt weight in sugar boyl carefully over  
 a slow fire in cold pot ym

428

to boyl codlings or aples green  
 boyl on a slow fire close coverd til they wil peel cover ym close as you  
 peel ym let stand til cold <sup>then</sup> put both ym and their peelings into the  
 same water they were boyl'd in cover close and let stand to scald til they be  
 green

429

to make crude cakes  
 take a pint of crude of eggs season with sugar and nutmeg add a little  
 flower drop into a frying pan fry brown dish up with butter sugar and rosewater

430

to roast beef  
 bone a peice of the brisket lay in salt and water 12 hours ym season with pepper  
 salt papper mace cinamon a little thyme and rosemary shred a few bay leaves some  
 lemon skin a little whehenal scatter al these over your beef dosh over al a little  
 red wine • roast well up put in a pot with a little water wine and salt close well  
 up. bake 4 hours

431

a fryggsy of chickens or other meat  
 put your meat being cut ready and flared into a hot frying pan fry it brown  
 put in gravy wine and vinegar some herbs salt peper nutmeg anchovy a little  
 shred lemon boyl al together & add 2 egg yolks well beat with a little cream  
 a good peice of butter shake al together

432

a hash  
 put to your meat some gravy a little wine anchovy lemon a few capes  
 a poisy of herbs a little mace and cloves boyl on a slow fire til enough

433

to make a florentine  
 shred some roast veal <sup>and</sup> suet season with peper salt mace cloves cinamon  
 and sugar add some cream bread 3 eggs curants rosewater so bake as a puding

434

a rice puding  
 boyl a pound of rice in milk add suet curants 1 pound some grad bread  
 and shred aples some cream 3 eggs sugar lemon nutmeg rosewater so bake

435

an olive pye  
 cut veal into long thin slices season it with peper salt mace cloves and  
 nutmeg cut some herbs and suet small put some of al these within  
 every peice of meat ym rowl ym up put into a pye with butter baly and  
 egg yolks

435

an egg pye  
 shred hard eggs with a good quantity of suet season with peper salt  
 mace cloves cinamon sugar rosewater add curants so bake

437

numble pye of venison mutton or veal  
 parboyl and shred your meat with good store of suet season with salt



peper mace cloves nutmeg sugar a few shread aples curants rosewater<sup>38</sup>  
if you have a mind w<sup>n</sup> your pye is drawn you may put in some white  
wine verjuice lemon juice sugar and butter beat together

Drink for consumption wasting or leanness

438  
1 new recipe  
of O L w<sup>n</sup>:  
write o y<sup>t</sup>  
of 2a

take sarsapireta 6 ounce firr tree tops of handfull shavings of hartshorn and  
ivory each 1 ounce put ym in a bag boyl in 6 galons of smal ale til one be  
washed press out the bag w<sup>n</sup> form and work as other drink y<sup>n</sup> take root of Fringo  
scorzinera and sweet chervil each 1 ounce raising of ye sun stoned 8 ounce  
winter bark half an ounce dryd hartstongue 2 handfull maidenhair and agrimony  
of each 1 handfull brooklime and watercresses of each 2 handfull handfull one  
dryd orange peell cut smal put al in a bag sink in the drink w<sup>n</sup> you run it  
stop close after 10 days use it as constant drink you may bottle it if you please

a consumption plaister

439

take burgundy pitch 3 ounce venice turpentine 2 ounce white resin 1 ounce  
melt al y<sup>n</sup> add oyl of mace 1 ounce boyl gently make into a rowl w<sup>n</sup> you  
use it spread on alum leather in shap of a heart grate nutmeg on it if it itch  
violently take it of rub the place with a cloth and renew it if it do not itch  
it takes no place

Milk to dry

440

mix dryd sage hony and brandy spread on flax aply both to the breasts and  
under the arms) if the breasts be hard and swollen with milk take old salow  
treacle and brandy oint wet therewith and spread some on london paper and  
lay on your breasts

Eye Salve

441  
many o<sup>o</sup> v<sup>l</sup>  
Y h 2-ab 7  
w y<sup>t</sup> H

take unwasht may butter eyebright groundivy celadine lasie = roots of each  
a like quantity chop ym together til they be smooth lay down in a pot let it  
stand close coverd in a cellar til it be green over y<sup>n</sup> work it wet up into a ball  
set in a cellar for a month y<sup>n</sup> melt and strain thro a fine cloth into pots  
it wil keep long if not near the fire put the bigness of a large pin head into y<sup>t</sup>  
corner of the eye next the nose at night w<sup>n</sup> in bed its most excellent hath  
done vast cures and innumerable

Raisin wine

442

put to every pound of maligo raisins chopt smal 1 quart of water y<sup>t</sup> hath  
been boyl<sup>d</sup> a full hour stir it once a day for 10 days y<sup>n</sup> strain thro: a  
canvis bag put to every galon 1 wine pint of elder juice run it stop close  
bottle at 6 months end drink w<sup>n</sup> one month bottled) you may make white  
wine the same way puting no elder juice so the elder juice is best drawn  
in an oven) after you have strain<sup>d</sup> out the raisins put ale to ym and you  
may stil very strong spirits or water from ym

to make sauce of morrals

a little

443

steep in warm water y<sup>n</sup> boyl til tender put ym into gravy wine some  
mace butter workt in flower so shake ym up

monisk for melancholy and spleen a cure

444  
y h e  
sep: first

take rosemary and betony flowers raisins and curants each 1 handfull  
hartstongue and inner rind of ash of 10 years growth each 2 handfull sena  
of ounce red roses 3 handfull. epithymus 1 ounce and half aniseeds 1 ounce  
liquorice bruised 2 ounce cloves flowers of stachados of the 2 cordial  
flowers each of these ~~flowers~~ one ounce put al into a bag with a peice  
of sreat of 4 ounce weight hang it in a vesel of 4 galons let it be



orderd so as to hang in the midst fit it with smal ale keep  
putting in as long as it wil work to purge it yn stop it up w<sup>n</sup> 10 days old drink  
as your ordinary drink drink a gill warm for your breakfast with a little  
white bread soug use exercise after it at night w<sup>n</sup> in bed take as much  
as wil lye on a 6 pence of this following powder take anis and cummin  
seeds galingal roots of each alike sugar to your tast make a powder

## for the dropsie

445

take a gallon of ale century an mex bark of elder of each one handfull  
boyl wel strain add a pint of hony ~~any~~ let it have one boyl drink first and  
last of it and any other time w<sup>n</sup> thirsty

## plague or spotted feavor

446

take rue and sage each 1 handfull boyl ym in 3 pints of malmsay w<sup>n</sup> 1 be  
washed strain put in a penyworth of long paper half an ounce of ginger half  
as much nutmeg al in powder boyl a little yn put in 4 penyworth of mithri-  
date 2 penyworth of london breacle a juet of angelica water mix stop  
up close in a bottle take 2 spounful morning and evening warm if you be  
already infect<sup>d</sup> and sweat after it if you be not infect<sup>d</sup> half a spounful at  
a time wil be sufficient in at the plague time under god trust to this for  
their was never either man woman or child yt this deceaved its good  
also in smal pox meazels surfeits and diverse other diseases its a very  
soveraigne and aprovd remedy so keep it as a jewel

## for stone

447

take whitewine and ale each a gill buter 2 ounce hony 3 spounful  
let stand til the buter be melted so drink it) to drink a quart of boyled  
water as hot as can be is recommended for a most absolute remedy against  
the stone by Mrs Marvell of to and others) to oint the reins before the  
fire very wel with oyl of scorpions is a very good remedy for stone in  
the kidneys

## for the colick

448

take oyls of mace of rue and sweet almonds each alike warm a little rub  
it wel into the navel with a warm hand and aply a hot cloth thereto if  
your extremitie be very great add 3 grains of civet to the oyls and rub in  
as before

## for the dropsie

449

young tops of edder with ye bark boyl<sup>d</sup> in wine is good to be drunk for  
the dropsie) wormwood figs salt petre al ground using some barley  
meat and laid to the bely sides and flanks helpeth the dropsie and spleen  
(germander with the flowers boyled in water and drunk delivereth the body  
from al obstructions and stopings unless in the lungs its specially good for  
those yt have a cough or stopage of breath strungury or stoping of urine  
dissolves al clammy humors in the lungs or else where) mercury boyl<sup>d</sup> in  
water and drunk looseth the bely purgeth and driveth out flegm hot and  
colerick humors also the water yt is gather<sup>d</sup> together in the bodys of those yt  
have the dropsie) rue boyl<sup>d</sup> in wine is good to be drunk of such as begin to  
fall into the dropsie aprovd) rue mixt with hony mitigates the pain of the  
joints and with figs it takes away ye sweeting in the dropsie) betony openeth  
the stopage of the liver melt and kidneys and is good against the dropsie)

## a very good drink for cleansing of the liver

450

take 8 ounce of curants 4 of raisins figs and dates of each 2 chop al  
very smal put into a gallon of water with maidenhair heartsonge liver=  
wort of each 1 handfull sweet fenel seed and liquorice sliced each  
1 ounce boyl leazurely til half be consum<sup>d</sup> strain drink a good draught



to skin a sore

451

take unsex hyssop make into a very fine powder boyl to a salve with deers suet  
spread on a cloth lay on warm let it lye 24 hours in which time it mostly skins

white unguent

452

take ceruse half an ounce camphire 1 dram make an ointment with oyl of roses  
use it to cool and take away inflammations in wounds, or sores oint round ye edges

for gripes in young children

453

boyl a parsley root and a little mint in water sweeten and give it it wil give present  
ease

for the toothack or to stay any rheum

454

aply to the temples and jaws the juice of henbane thickned with wheat flower  
this stops al rheum and defluxions is exccelent to stay humors from any part if to a  
wound or sore aply it round the edges to stay humors from flowing thereto its a  
certain remedy approved) also root of henbane made into beads and wore as a neck-  
lace is good to make children come easily to their teeth and alay the pain thereof  
as also to cure the toothack in grown persons or preserve from it

for a strain or bruise

455

stone pitch and diaculum made with gunys both alike made into a plaister is  
most exccelent either for strain or bruise

for the stone

456

metolet distilled with whitewine is exccelent and breaks the stone  
immediatly) black curants infusd in brandy is very good) eat a roasid apple  
drinking after a large draught of spring water yr eyes against the rising sun  
its an infalible cure

for a sore throat and sweling therein

457

heat salt hot put in a ~~bag~~ ragg aply as a stay renew as it cool it most  
certainly takes away the sweling

an exccelent pultiss for any sweling

take old wash new cow shirn blue clay beat smal bore grease make a  
pultis aply it hot it wil certainly take down ye sweling be it never so hard  
and old

a drawing pultis good to suck the humor out  
of any sore

478

take ale grounds hoys grease and rye meal make a pultis aply it hot  
it wil draw the humor out of any sore cleanse and heal a sore breast

to try a sore whether it be sound and secure the bone

479

put powder of myrrh into brandy wash therewith it wil keep the  
bone sound and prevent any danger and try a sore whether it holow or no  
or firm and sound) so pour brandy and loaf sugar into a fresh wound and  
close it up in the blood comonly heals at the first dressing its good to pour  
brandy into any holow wound or sore

for Rheum in the eyes either hot or cold say salt

480

take celadine hemlock groundivy pearl-grass dazy-roots of each 1 hand-  
ful beat al wel together aply to both the wrists shifting twice a day  
it wel

to make rostick beer mus nestleton of hull

481

brew as other ale but strong and bitter un you put it to burm put in  
juniper berys and firr roys bruised tun up in a munn cask puting a  
litle munn to it



## to make cinamon water

482

break 6 ounce of cinamon small bottle it up close for 4 days with a quart of ordinary spirits yn put to 4 quarts more spirits still in a Lembeck disolve 8 ounce of loaf sugar in a quart of it filtrate thro: fine brown paper mixe al together so bottle up if you would have it ye color of cinamon steep half an ounce for 8 hours in a little of it strain and mixe with the other

## to make quifitin cakes

483

mixe a pound of flower with milk the stiffness of puding blater put in a frying pan stir with a spoon as you do bansey but let it not brown beat in a mortar with 5 eggs 4 spoonful of brandy 1 of orange flower water season with cinamon and sugar to your tast make into little round bales fry serve up with sugar grated over yn their must be a little candyd lemon cut small and workt up in yn it must be beat 2 hours in the mortar

## a bansey

484

a pint of cream 6 eggs 2 naptles biscuits a little flower season to your tast a little juice of bansey spinage juice as much as wil make it green lute in a dish in the oven

## water gruel

485

take a gal of grots boyl yn clear of the water thro: a sive boyl up with salt sugar whitewine this is the best way of making water gruel you may boyl up only with salt and eat with a lit of butter the same grots wil make 4 times

## flumory

486

boyl a pint of groats a little while in water pour it of put to fresh boyl yn wet in this second stamp and strain the groats put the liquor to the other thin part boyl til it wil jelly wn cold put into little cups wn cold turn yn out serve up with whitewine and sugar

## a calves foot puding

487

take 4 calves feet wel boyl<sup>d</sup> and shred small add its weight in suet and grated bread equal parts sugar 4 ounce a little cinamon and mace salt half a pound of curants some candyd orange peel 6 eggs a little rosewater eye up in a cloth boyl 3 quarters of an hour serve up with butter white wine and sugar

## breast of veal to colur

488

bone it beat it with a rowling pin season with salt a little nutmeg do al over the inside with egg yolk wel beat strew on some sweet herbs shred small yn lay on some thin bits of bacon yn more egg yolk yn herbs yn a little lemon peat cut small rowl it up hard tie it wel boyl 2 hours you may use it either hot or cold if hot cut it into 4 pour on some gravy anchovy and butter garnish with sausages and fryd beans

## to pickle cockles

489

open yn lay yn in small beer 2 days boyl yn in small beer boyl up their liquor at ye first with salt and a little mace put the cockles in wn thay are cold besure no water come near them ~~shake yn~~ shake yn sometimes <sup>they are</sup> <sup>set by</sup> a frygysy of pidgeons

490

cut yn in peices season with salt mace and nutmeg fry in butter yn put into a stew pan with ye 4 part of the butter thay were fryed in



4 spouful of gravy a litle anchovy 1 spouful of claret shake it up with  
some butter

### a good receipt for a dropsie

491

take horehound hartstongue liver-wort mountain sage wormwood sorrel each one  
handful shred ym smal put in a patty of barley meal close it wel take as other  
pyes break it as soon as down and thro: into a vessel to a gallon of new ale cover  
it close let it work after 3 days drink of it as your constant drink and a pint warm first  
and last it may clear you in 3 weeks

### water excellent for any illness in the stomach

492

lay in your still marygold flowers ym some saffron ym marygold flowers so  
til it be ful ym pour on a quart of sack let stand 3 hours ym still your  
may draw above a quart of water their must be a shilling in saffron its  
good to drive out any illness in the stomach or pain in the bones

### to stew carps

493

scale and slit ym let their blood run into a dish put in a pint of claret a  
gill of white wine a gill of water a bundle of sweet herbs 1 onion 1 blade of mace  
1 nutmeg sliced some beef gravy let it only simmer run enough put in 2 ancho-  
uys & egg yolks half a pound of butter wel workt in flower

### a good receipt for a consumption cough

494

take maiden-hair colt-foot pennyroyal unset hyssop of each a handful curraway  
figs raisin of ye sun stoned of each half a pound anis and fenel seeds beat of  
each half an ounce liquorice 2 ounce simmer al in 2 quarts of water til it be  
strong of the ingredients strain and sweeten with loaf sugar

### to make catchop

495

take a quart of claret 3 anchouys 6 cloves 2 blades of mace 2 botles of white  
peper cut it up shake it 3 times a day for 6 days put a spouful into any sauce  
for fish or fowl

### a good eye water

496

one penyworth of red rose water ruby and <sup>white sugar candy</sup> camphire: each a half peny worth  
wash as oft as you please it drys and cools

### Seed water for young children for wind

497

take fenel and saxifrage water each 1 penyworth sack 2 penyworth  
diacordium and spirits of aniseeds each half a penyworth shake it wel rge=  
thar sweeten it with fine sugar give a spouful at a time once a day but  
not oftner

### Countess of warwicks biscuits

498

take a pound of loaf sugar 11 eggs take out 7 of the whites 3 spouful of  
orange flower water beat al together with a wisk til it be very white and thick  
ym ye oven being ready stir into it 12 ounce of very fine dry flower lay on papers  
ice with sugar and starch sifted over ym after in the oven if you please you may  
put in a litle lemon peel

### carcakes

499

beat 6 eggs mix with warm milk salt and yeast beat like a puding make of  
yr stiffness with half wheat half oatmeal set it before the fire to rise for 1 hour

### waffers

500

take 3 egg yolks a pint of new milk 13 spouful of sack flower to make  
as thick as pancake flaver sweeten to your tast you may put a litle  
cinnamon in it you please



501

To make a brown bread puding  
take 8 eggs a pint of new milk half a pound of currants 12 ounce of beef suet  
shred small 1 nutmeg some grat<sup>d</sup> brown bread make it not too stiff sweeten to your  
tast beat all well together butter your cloth boyl it 4 hours so serve up

## a friggysy brown

502

flea your chickens joint ym put in a stew pan with as much water as will  
cover ym put in 3 blades of mace 3 cloves some sliced nutmeg some whole  
peper 2 anchovys a bit of lemon peel 2 onions a bunch of herbs a little  
slice of butter let it stow quick as it can til half ye liquor is wast<sup>d</sup> ym put in  
a jacket of claret ym stow til the chicken is tender thicken with butter and flower so  
serve up the same way you may do lamb

## a froyse

503

take 6 eggs 6 spoonful of flower a pint of cream salt put 4 ounce  
of butter into a frying pan make it very hot ym put in the stuff keep it stirring  
over a hot fire put in butter as it wants turn it carefully w<sup>n</sup> enough serve up

## how to pickle any thing

504

gather w<sup>n</sup> dry lay in salt and water for 3 days drain ym well put ym in  
a pan with some green whey cover ym close set on the fire to scald but not  
boyl take w<sup>n</sup> cold set on again keep doing so til you find ym well green<sup>d</sup> make  
your pickle of strong vinegar and peper pour it on boyling hot and stog will keep the  
year round

## goosebery vinegar

505

to 6 pound of gooseberys small knots put a gallon of water let stand 24 hours  
stiring it off ym run thro: a hair sieve put in 2 pound of coarse sugar set in a  
hot place close clayed up or put green goosberys small wash to strong ale liquor  
unboyl<sup>d</sup> or boyl<sup>d</sup> after <sup>it</sup> burn<sup>d</sup> and white over w<sup>n</sup> it hath done working turn  
for gidiness in the head

506

take male piony roots and flowers both in powder of each 1 ounce piony seed  
1 ounce and a half coral 3 drams pearl 2 drams peacock dung 6 ounce make  
all into a fine powder add 3 ounce of loaf sugar take as much as wil lye  
on a shiling every morning fasting drinking after it a little of the following drink  
take sage belons rosemary of each half a handful boyl in 2 quarts of water to  
one sweeten with sugar

## soupe

507

make very strong broth ym take letice spinage parsley celery pease purslain  
cucumber w<sup>n</sup> almost enough put in a burnt white bread crust and half a  
pound of burnt butter boyl a quarter of an hour

## mushroom catchop

508

put the largest mushrooms in a pot with salt let stand 3 days ym boyl  
ym one hour strain and to every quart put 3 anchovys half a nutmeg slice  
as much mace and cloves boyl an hour w<sup>n</sup> cold boyle it

## a potato puding or pye

509

take 20 ounce of potatoes boyl<sup>d</sup> and beat small add 8 ounce of butter melt<sup>d</sup>  
without water as much sugar 5 eggs season with salt and cinnamon add a  
little orange flower water take 1 hour w<sup>n</sup> you draw it stick in some candies w<sup>n</sup>  
you please

## for worms

510

steez wormseed at night in vinegar dry take it out dry it in an oven make  
into a powder mix with honey give 3 mornings fasting or take 3 spoonful of  
water 1 of vinegar half a spoonful of venice treacle mix well put in a bottle  
w<sup>n</sup> and lye a stuler over give a large spoonful for 4



mornings fasting 2 hours after) take 2 spoonful of lemon juice half a scruple of saffron in powder a little sugar give it in 3 mornings fasting 2 hours after) take an ounce of senna in powder a pound of prunes unseeds rhubarb wormwood of each a quarter of an ounce bruise the seeds and stew ym with the prunes give 8 of ym with 2 spoonful of the syrup fasting 2 hours) give a dose of aloes rosadum proper for the age of the child presently after give a glister of milk very well sweetned with honey do thus for 7 days and you'll see the worms come away strangely

Carrot puding

take a pint of grated white bread 6 eggs 3 gills of new milk 4 large carrots grated one nutmeg half a pound of melted butter sweeten to your tast butter your dish take an hour

mead

to 2 gallons of water put a quart of hony foyle and scum wet w<sup>th</sup> <sup>cool</sup> ~~the~~ burn it work 24 hours ym take of the burn bottle it in every bottle put a clove a little lemon peel in 2 days it wil be fit to drink if you would have it stronger double the quantity of hony and it wil make superfine

strawbery wine

pour 4 gallons of boyling water upon 2 pound of malugo raisins bruise your Strawberys to every quart put a quart of water stir it wet let stand 24 hours close coverd ym strain and put it to the former liquor being also strained put to every gallon 2 pound of sugar tun it let it stand 10 days ym bottle it in 14 days it wil be fit to drink

orange chips

and day up let stand til  
spring ym bottle and keep  
within air of the fire

grate of the very outer rind boyl in severall waters til they be tender and the biternes out squeeze a little juice of lemon into the 2 last waters to restore the color drain ym dry in every pound take a pound of loaf sugar boyl'd almost to a candy pour it out as hot as you can let stand at night ym heat scalding hot pour on the orange again let stand another night so do for 3 or 4 times til the syrup be all wasted ym tye ym to dry

chery wine

let your cherys lye 3 days on a heap ym stone ym wash ym small let stand 48 hours ym strain ym put as much water to the chery husks as you have juice let it stand 12 hours ym strain and put to the juice to every gallon put 2 pound of sugar tun it w<sup>th</sup> it hath done working clay up at 2 monthes end bottle it

sliced lemon wine

put 4 pound of raisins in a pot with a pound of sugar and 4 sliced lemons pour on 2 gallons of boyling water yr hath boyl'd an hour and been wet scummed let stand 4 days close coverd ym tun it and drink out of the vessel

orange wine

to every gallon of water put 2 pound of sugar boyl and clear it with egg white pour it upon the peel of 10 oranges yr is pared of so as none of the white to be amongst it w<sup>th</sup> its cold put in the juice of the same oranges let stand 24 hours ym clear from the lees and burn it work it 2 days ym tun it pasing to every 5 quarts a quart of wine lees clay up for 6 weeks ym bottle into every bottle put half an ounce of loaf sugar

orange puding

take 12 eggs beat ym wet put to 2 ounce of candy'd orange peel shred very small 1 pound of sugar 8 pound of butter stir al over a slow fire til they come to the stiffness of a puding put into puff past so serve up



## pancakes

519

take 8 eggs wel lent put to a pint of cream as much old milk  
flower wt is needful put to half a pound of butter very thick needs  
melted nutmeg and rosewater to your tast put into a clean pan with  
= out butter than it for ym selves wipe the pan betwext every pancake  
if they break put in a little more flower if they stick a little more butter  
(you may make ym rice pancake by breaking into the butter a little  
rice yt was boyl<sup>d</sup> tender in water the night before

## red powder

520

take carduus borage red-sage angelica rosemary balm fanilorg  
pimpernel st johns wort danielion endive betony scabious tormentil  
violet and strawberry leaves agrimony plainain rue dragons bugul of each  
a handful shred ym put into an earthen pot with a gallon of whiterwine let  
stand 48 hours close covered put a pound of bole armoniack in fine powder  
into a powder dish strain as much of the liquor upon it as wil make it like  
pudding blater dry it in the sun do so again as long as the liquor lasts w<sup>th</sup> its  
almost all done to the last straining put a penyworth of saffron in powder  
mithridate and diascordium each an ounce a little powder of coral make into cakes  
dry again make into fine powder give as much as wil lye on a shiling its a  
very good and safe powder to be given in the beginning of any distemper to  
set it from the vital parts and preserve them

## to make mackrooms

521

beat 8 ounce of blancht almonds with 4 egg whites and a little rose-water  
add 6 ounce of loaf sugar one drop of oyl of rodim beat all very wel to-  
gether lay one wafers so bake

## wiggs

522

take a quartren of dry<sup>d</sup> flower 8 ounce of sugar curaway and corian-  
der seeds to your tast melt a pound of butter in a quart of milk add  
6 eggs a pint of new yeast

## neats foot pudding

523

take half a neats foot boyl<sup>d</sup> best and shred smal with half a pound of  
beef suet put in 8 ounce of currants half a grated nutmeg 8 eggs sweeten  
to your tast so either boyl or bake it as you please

## orange pudding

524

lay 4 orange skins in water 4 days yn boyl til a straw wil run thro: ym  
beat ym very smal in a mortar yn beat with it 10 ounce of ounce of butter  
as much sugar add 10 egg yolks suter your dish so bake

## a mushroom stew

525  
8 3 & nov:  
the first

boyl ym in milk water and salt til tender yn take ym out put in a pan  
with some butter a bunch of herbs a little onion cloves and nutmeg w<sup>th</sup> wel  
shred put in a gil of cream shake wel up) if you would have a brown  
stew do the same way only instead of ye cream put in gravy and grated  
bread

## an aple or apricock pudding

526

boyl soft strain thro: a hair sieve add 8 eggs 6 ounce of butter melt<sup>d</sup>  
and put in spounful by spounful keeping beating wel at the time sweeten  
to your tast yn put in ye pulp add 6 spounful of sack a iack of cream  
suter your dish so bake it yn stick little bits of almonds on the top



to make smal cinnamon water

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527

wash 4 pound of french barley in 4 waters boyl it in 12 quarts of water to ten  
strain it put to a pound of cinnamon and a quart of brandy put in your limbeck past  
close up let stand 24 hours yn sit with a slow fire take 8 quarts

to pickle walnuts

528

ms 17

prick ym thro: with a great stockin needle put ym in cold water let ym boyl  
til it be bitter yn shift ym into fresh hot water let ym boyl til thay be a litle soft  
make your pickle of strong vinegar salt bay leaves and iumaca peper pour it hot  
on yn and 6 days more yn put in a clove or 2 of gartlick and a litle made mustard  
they must lye 10 days in salt and water before thay be boyled and after thay are  
boyl'd thay must lye 2 days in salt and water before thay be put into the pickle  
being shifted twice in yr time

to pickle bowcumbers

529

wipe ym lay in salt and water for a week shifting every day to every 100 cucumbers  
take an ounce of iumaca peper lay your pot botom with Till yn cucumbers yn  
paper yn dill again so til your pot be full pour on as much strong boyling vinegar  
as to cover ym stop ym close yt no steam go out do so every day til thay be  
green besure keep ym very close white hot for yr makes ym both green and crisp  
heat ye pickle and pour on hot and stove once a month at ye year put ym  
in bery bottles cork very close and lye bladder over thus you may do any green pickle

cure for sore eyes

530

melt 2 ounce of bees wax and yn add as much may butter and half as  
much ceruse keep in a pot oint ye eye lids and about ye eyes wu you go to bed  
wash of ye next morning with coperas water made of 2 penyworth of white coperas  
burnt in a firshovel til redish yn boyled in a quart of water and kept close steep

to stop vomiting and loosness

ms 17 h  
midwife

531

quench steat off in water yn boyl ye water with as much old milk sweeten  
with fine sugar so drink

to make ebulum

532

take a pound of hops 3 quarters of a peck of elder berys 3 quarts of juice liquor  
made like stony beer of 3 mels of mault work as strong beer

for biting of a mad dog

533

ms 17  
ms 17  
ms 17

take me carduus wormwood of each half a handful put it into a gallon of ale  
with 4 ounce of gartlick and 2 ounce of filed pewter boyl til half be consumed  
strain and dissolve in it 4 ounce of mithridate give 4 spoonful 3 mornings together  
flister the place were ye bite is and keep it open til after the first full moon you may  
give it twice for a ful and change after

to pickle onions

534

take of the smallest sort of onions wu at their full growth peel ym put ym in salt  
and water for 6 hours yn drain ym wel yn boyl vinegar black and iumaca peper  
a litle make a great deal of ginger in slices and salt together pour hot on your  
onions stop very close let stand 4 days so do 4 times lating stand 4 days betwext  
every boyling

falsom for green wounds

535

take sarsuperila sliced and bruised 3 ounce put it into a quart of spirit of wine  
set in the sun 4 days yn strain it add to it 4 ounce of gum guajcum digest  
in the sun or near ye fire 4 days as before often shaking ye bottle strain yn  
add 1 ounce of balsom of peru digest 4 days again put up in smal bottles for  
use wash any great wound with it morning and night and aply over it any  
healing plaister binding it wel it wil cure any wound without digestion  
so there's no loss of substance



## to cure a green wound

536

there is nothing better yn to scrape comfrey root and apply it w<sup>ill</sup> heal it speedily and safely at ye same time drinke of it boyl<sup>d</sup> in milke water ale or wine oft proved.

## for a cough for a child

25 ALV  
YL 2.04

537

2 ounce of oyl of sweet almonds & drams of sugar candy balsamick syrup and syrup of violets each 1 ounce give a spoonful every 2 hours

## worm powder

take senecio and cream of tartar of each 1 ounce wormseed 2 ounce coriander-seeds and hartshorn in powder of each half a dram rhubarb half an ounce make into a fine powder keep in a bottle close corkt to a child of 2 years old give 10 grains of 3 15 of 5 20 and of 7 years old 25

## an excellent salve for a fresh wound

ms wh  
midwife

538

boyl a quart of train oyl with 10 ounce of red lead over a gentle fire keeping stirring continually til it look black keep it in an earthen pot close the wound as wet as you yn apply a plaister of this salve spread on a linnen cloth

## fiter draught for pain in the stomach

539

take carduus centuary camomile flowers of each 1 handful 2 peny worth of gentian boyl al in 2 quarts of water to one quart drinke a glass every morning fasting this wil remove al pain from the stomach and take away al foulness

## for canker in the mouth

540

take vinegar rue red sage alum flower of brimstone and ginger of each a little boyl strain rub with a sage leaf dipt in it if the canker be in the nose syringe it into the head and it wil cure it

## a most sovereign oyl

541

take half a pound of Turpentine a gill of rosewater beat ym together til the Turpentine be very white yn pour al the water from it melt with it a ounce of bees wax yn beat 3 gills of saler oyl with a pint of water til it be very white yn put it to the other keeping it stirring over a slow fire let it boyl a little yn cold pour of al the water set it over the fire again til it be red to boyl yn put in half an ounce of red Saunders in powder stir al together a while over the fire take it of stir it til cold so the salson is made its good to heal any deep wound by squinting it in or any outward by laying it on with lint it keeps from inflammation draws out al splinters of broken bones heats burns and scalds any bruise or cut takes away aches in the bones or sinews cures the headack by anointing ye temples and nostrils is good against ye colick and stiches against poyson and surfoits being taken in a little sack helps stingings of scorpions snakes and ye like being drunk in a little warm milk its good to anoint the lips and nostrils with in a morning before you go out to preserve from any infection its good for fistulas ulcers cankers and helpeth digestion

## the dutchess of buckinghams red powder

542

take carduus dragons angelica rue scordium betony scabious pimpernel tormentil moss of each 1 handful gentian 1 ounce shred al and beat ym in a mortar yn put into a new pitcher with 3 pints of whitewine stir ym together let stand 30 hours close stopt yn put







2 ounce of ~~the~~ liquorice boyl al in a quart of water drink a large tea dish every morning

550

Most excellent ~~boles~~ <sup>broth</sup> to be taken after lying or miscarage

take roots of parsley asparagus and fenel of each a quarter of a handful succory endive plantain comfry shepard-purse of each half a handful senna half an ounce sweet fenel comfry and aniseeds of each half a dram wash ym bruise ym and put ym into the belly of a large red cock boyl wet with 1 pound of muton make a strong broth strain it and drink a good draught in the morning fasting 2 hours after it you must dissolve half a dram of cream of tartar in every poringer before you take it take it 5 mornings together 3 or 4 stools a day is enough) this is exccelent both to cleanse and strengthen those parts

bitter tinctue for the stomack

Dr Filv

551

take cardamums and cubets of each 2 drams orange peel 3 drams centuary 2 pugil gentian 1 dram infuse at 24 hours in a quart of white wine ym strain take 15 or 20 drops of the tincture of steel in this infus= ion every morning fasting and at 4 in the afternoon take a dose of hiera pica once a fortnight

for the colick

Dr Filv

552

infuse 3 ounce of rhubarb in 1 quart of anisseed water dose 2 spoonful fasting til after it begins to work if it work not give a glister

for the stone

553

pour a quart of boyling old milk upon a pint of whitewine let it stand about 2 minuits on the fire take of the crowd ym put into it marshmalow root bruised 1 ounce pelitory of the wal and filiperidala each half a handful boyl it 3 minuits ym strain and divide into 3 parts drink one part sweet= ned with sugar the day before the new moon the second the day after the change the 3 the day after yt follow the like course at the full fasting 2 hours after it and using exarsise

for a cancer in the breast or elsewhere

mis yr

to 174

15  
23 & dec:  
first

554

2 and 172

172 172

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set a pint of whitewine in a quart cunn by the fire heat 4 ounce of lapis-calaminaris red hot quench it in the wine do so as quick as you wet can for 9 or 10 times til the wine boyls up ym take 1 pint of red rose water and an ounce of buty which heat as before and put into the rosewater for 4 times ym put the rosewater to the wine ym beat the buty and lapis calaminaris severaly to very fine powder put into the water put into a bottle set in the sun keep shaking it very oft for 9 days if the grief be only a swelling shake it up and wet cloths in it and aply double twice a day this wil give present ease to the pain and hath done wonders in this case this is the water also used w<sup>n</sup> the distemper is come to a true cancer it also cures the kings evil its good for any pain or swelling in ye breast or else where

another for a cancer

mis groves

555

take red sage and rue of each 1 handful 300 sows put al in a thin canvas bag put it into a vesel with 4 gallon of smalt ale wort drink this constantly for 3 or 4 month's using no other drink) the forementioned lady uses this following every day taken w<sup>m</sup> and hath had a lump in her breast these 30 years but hath been



page 86 preserved from any further inconvenience or pain by the use of these medi-  
cines) take plain rain water <sup>red</sup> rose water and frog spawn of each a pint put ym in  
a bottle with a dram of sal-<sup>saturni</sup> set in the sun shaking well oft for 7 days &  
shake it also w<sup>n</sup> you use it

for staying at the stomach

556 Symp of garlick made with sugar candy the garlick having been shifted in 3 waters  
is excellent both for this and for the chin cough

for one that is troubled with flegm

557 take a iack of vinegar & spoonful of water 1 spoonful of curants a sprig of hysep  
boyl ym very well ym strain make into a syrup with sugar candy & ounce to a iack of  
ague liquor

558 root up a colwert the bigness of a chery stone swallow it in any thing you can  
take it in drinking after it a good draught of hot ale get into hot bed it will  
make the party sweat violently take care of cold 3 times taking wit infalably cure

Steel wine

559 put 2 ounce of filings of iron to 1 quart of whitewine infuse it a fortnight  
yn clear it of and infuse in it zedoury gentian galingal of each 1 dram for 30  
hours

for St Anthorays fire

560 take 1 ounce of oyl of sweet almonds 1 dram of sperma ceti beat it to an  
ointment with lime water as strong as can be made) & cured 7<sup>th</sup> 27<sup>th</sup> after it was  
broke on his leg and m<sup>n</sup> a lee

for the pites

561 take flower of brimstone 1 ounce loaf sugar 3 ounce make into lozenges  
with gum dragon steeped in rosewater each lozenge 1 dram take one at a time  
5 times a day this hath cured many

for an intermitting feavor with purging

562 boyl 1 ounce of bark in a quart of water to a pint strain it of very hard add  
an ounce and half of balsamick syrup and some cordial water take 6 spoon-  
-ful every 3 hours and the white decoction for constant drink

Electuary for a consumption or ill cough

563 take white sugar candy and raisins of the sun of each 4 ounce conserve of  
roses 8 ounce beat al together to a past add 24 drops of oyl of sulphur 32  
drops of oyl of vitriol stir al together til it took a crimson color take the  
quantity of a nutmeg first and last

for the colick

564 take elixir propretatis tartarized 2 drams natural balsom 1 dram take  
20 drops in a glass of warm ale morning and night as long as it lasts

for quinsy

565 make a stoy of hot salt lay it to the throat heat it as it cools) take a spoon-  
-ful of hony as much alum as wil lye on a shiling take a knife point  
ful at a time bleed under the tongue) if it come to a very great degree  
swines dung fryd in bores grease hath cured many) its most excellent  
to take strong vinegar a keen peper oft



## to make tunbridge cakes

566 take 1 pound of flower sugar and butter each 4 ounce melt the butter in as much cream as to make it a past as stiff as for pyes. rowl ym thin prick wel take ym on sives

## marygold wine

567 boyl 9 gallon of water with 18 pound of sugar clarify it wel with 12 egg whites pour it boyling hot upon a peck of pickt marygold cover it close let stand til cold ym put on 3 spounful of new yeast Juice of 8 large Lemons peel of one keep it close 3 days ym run in a vesel it wil almost fill put in 3 quarts of sack (ym strain it and) stop close after 2 monthes bottle it it wil keep years

## to make dutch goffers

568 beat 16 eggs very wet put in a pound of butter melted in a quart of milk ym put in 3 pound of flower and 8 spounful of new yeast let stand 1 hour by the fire close covered so take ym

## to make ouse bridge cakes

569 rub a pound of butter into 4 pound of flower season with clove mace and nutmeg a little salt a quart of new milk a pint of yeast make it into a light past set it by the fire for 4 hours whn the oven is almost ready put in a pound and half of curants 12 ounce of sugar a little orange or lemon peel cut smal bake ym in a quick oven

## to dry any fruit sharp

570 boyl your cherys til they look clear 4 ounce of sugar to every pound of fruit let ym lye in the syrup 4 days ym set ym in the sun to dry the same syrup wil do more fruit

## Dr Ducketts Water

571 take 2 ounce of bay salt a good handful of hysop cut smal put ym into a quart of crab verjuice or strong vinegar simmer it over the fire til one third be wasted strain it stop it close in a bottle whn you use it shake it up wet warm it if it be for a wound dip flax in it so aply its a great restrainer of humors and the best thing in the world to rake down swellings and disperse humors who: never so much fixt it wil cleanse any old sore or ulcer be it never so bad if it be a holow sore syringe it in

## to cause safe deliverance in women

572 take long birthwort roots long peper bay berries of each a like quantity make into powder give as much as wil lye on half a crown in any cordial water if it do not do the deed in an hour repeat it it wil bring both birth and after birth Dr 251 so he hath seen it often

## for a bruise scald or burn

573 oyl of florindine ois to bath with is most extraordinary for a bruise scald or burn



for a quinsy

boyl a handfull of barley in water til one third be consumed strain and sweeten it with hony you its but blood warm put in a much spirit of vitriol as to make it prett hart gargle with this is an extraordinary thing hath saved many a mans life often proved you must stir it constantly as you drop in the vitriol or take powder of fenigreek and caminseed drop in some oyl of amber and as much spirit of vitriol as to make it tart and a little hony so swallow it down by little and little its very good

574

to take any spot pearl or film from the eye

the gal of an eel kept close stopt dropt into the eye every night for a short time wil take of any spot or blemish wt ever at these were Dr 251

575

for the bloody flux

take gascain powder and diaphoretick antimony of each 1 dram red coral terra sigillata of each 2 scruple prepard pearl half a dram one leaf of gold make al into a fine powder divide into ten papers give 3 times a day) make a julep of milk water cinnamon barley water and alexiter of each 4 ounce strong cinnamon water 2 ounce aqua mirabilis one ounce prepard pearl 1 dram give a spoonful or 2 often) give sometimes dis-cordium also sometimes a dose of laudanum

PR XV

576

concerning women with child

the bark of bay tree root is very dangerous so is fearon root if they take either of ym they shal hardly go out their time ye root of dragons is so very dangerous yt their very smell if ym often makes ym miscary) sowbread is so very dangerous yt most authors hold it wil make a woman miscary if she do but stride over it) mugwort is appropriated to ye feminine sex brings down terms brings away both birth and after birth

577

pain in the head

a little bit of the root of plaintrain being eaten instantly stays pain in the head even to admiration) to smoke cotton weed as tobacco cures vehement headaches) the leaves of master root chewed in the mouth cleanses the brain of superfluous humors thereby preventing headache lethargy and apoplexy

578

colick

the roots of wild or garden parsnips but wild as the betor as al wild things are participating more of pure nature are a sovereign remedy against the wind colick (sea plaintrain is good for the colick) doves-foot helps the wind colick and al pains in the belly) juice of gill snuff up is excellent in pain of the head purgesth it from bad humors and the effect of drink

579

bruises wounds and sores

there is not a more galant medicine under the sun for a bruise ym roots of solomon seal stampd and aplyd for it quickly cures and takes away al black or blue spots) also stampd and boyled in wine and drunk it speedily and incredibly helps the knitting of al broken bones) daisys takes away bruises blackness are admirable in wounds and inflammations of the blood or lungs) bugle is very doing excellent for fules or inward bruises for it dissolves congealed blood its of wonderful force in curing wounds and ulcers tho: festerd as also gangreens and fistulas esteem it as a jewel its admirable made into an ointment with boys grease and used in green wounds it helps consumption of the lungs mightily broken bones

580

preservd walnuts is an admirable remedy being oft used deaction of mousour is very good borage comforts the heart chears the spirits drives away sadness helps swaining treds special good blood helps consumptions and such as are much weakened by sickness) cotton weed smooakt

581



womens disorders

582

angelica provokes the terms in women and brings away the afterbirth give a dram at a time in powder shepherds purse stops all sort of bleeding the terms and spitting or pissing blood) mountain mint provokes urine and the terms hastens both birth and afterbirth dose half a dram in powder bathing with the decoction helps those yt hold their neck away) hony suckle purges by urine cause speedy delivery but hinder conception and procure barrenness)

wounds sores ulcers shrinking of sinews

cheekweed made into pulvis is good for sinews yt are shrunk up and dissolves hard swellings) and comforts the sinews much) privet is good for shrunk sinews comforts ym much boyl it with hogs grease so oint its also good for burns and scalds sweat marjoram in oyl or salves is good for ulcers or swellings coming of a cold cause shrunk sinews and bones out of joint) burdock is a good remedy against shrinking of sinews) horse tail is an admirable remedy for sinews yt are shrunk galon saith it cures sinews tho: cut asunder its a sure remedy for bleeding at nose wounds or any other way) centaury the greater wil do wonders in curing of wounds) hemlock helps st anthony's fire or any eating ulcers) golden-rod is an excellent herb for wounded people to take inwardly it stops blood provokes urine) saracans confound helps inward wounds sore throats or mouths washing of lungs or liver) cross-wort is exceedingly good for both inward and outward wounds and an extraordinary remedy for such as are bursten) blue bottle helps bruises wounds or broken veins bathed with hounds tongue heals wounds and ulcers and is a present remedy for biting of dogs burnings or scaldings) ditany of creete is an admirable remedy for wounds with gun shot or poyson weapons and to bring out splinters of bones

583

a most excellent receipt to take down any swelling

get the sourest buter milk yt you can get on the fire scum of the fat part as it rises and boyl up yr fat part to a pulvis with bread crumbs this will settle any swelling in a very short time. be it never so ill its the only thing in the world for this use for an ague

17 751

584

Y. 4 E. Jani  
first 1733

585

roast a nutmeg in a large onion til the onion be soft beat al together and take in whitewine an hour before the fit is to come. keep very warm its a certain cure not oft falling

to create an apitite

586

there is nothing in the world betw to create an apitite yt agrimony tea for the hearing

receive a fume into the ears thro: a funnel of myrrh gum-boc fenel me and firr tops) take juice of green lund or any green figs but the first is best make it into a syrup with hony of roses drop 10 drops in warm this often cure even at other things fail

587

for the strangury

588

put 18 drops of spirit of salt in 4 Spoutful of water this certainly performs the cure

for the diabates

589

powder of bores stones as much as wil lye on a crown drunk oft in warm ale cures) so doth powder of mice or powder of a sheep bladder but they must be taken oft



590

take 3 nutmegs take ym whole in a wheat loaf put a string thro: one of ym and put  
 into ye womans privy part grate some into white wine and drink thereof often  
 for a constant pain of the Stomack

591

take resin of Jalap of each alike make up into pills as big as cherry stones with liquorice  
 powder take one pill in ye morning another in ye afternoon every day  
 to stop rheum from falling on the teeth or gums

592

rub ye teeth and gums oft with powder of oyster shels and vinegar ym take honey  
 of roses 1 ounce alum half as much mix ym well add 15 drops of vitriol rub often  
 wind

593

white saxifrage seed provokes urine and expels wind so doth wormwood seed  
 or assa fetida or Juniper berries expels wind exceedingly juice of pelitory of ye wal  
 cures al pain of ye bowels proceeding from wind nothing is better to expel wind ye  
 oyl of fenel and cumin-seeds

## Stomack and apitike

594

citron seed strengthens ye heart and stomack chears ye vital spirits resists  
 poyson and pestilence) mustard strengthens ye stomack exceedingly helps such  
 as spit blood) the liver of a duck stops fluxes and strengthens ye liver exceedingly  
 = ly) ivory strengthens ye heart and stomack helps ye yelow jaundice) ye bone yt is  
 found in the heart of a stag made into powder is as sovereign a cordial and as great  
 a strengthner of ye heart as any is also resists poyson and ye pestilence) raw silk heat  
 and dries chears the heart drives away sadness comforts al ye spirits both natural vital  
 and animal) gold wonderfully strengthens ye heart and vital spirits resists fainting sametin  
 leaves and al infirmities incident to ye vital or animal spirits) Jacynth strengthens ye  
 heart either taken in powder or worn in a ring encreaseth sp. - Vm) sasaparilla is  
 appropriated to ye breast stomack and bladder) ransey is excellent good to cleanse  
 ye stomack and bowels of rough vicious flegm slime and humors yt stick to ym)  
 Juniper berries heats ye stomack helps digestion & or taken every morning preserves  
 health helps rawness of ye stomack faintings heart qualms madness

## women's distempers

595

assa fetidi raise ye spirits helps fit of ye mother by only sweeting so) ivory makes  
 women fruitful) comel cures fluxes if so grains be given a child as soon as born it  
 wil never have either convulsions or falling sickness

596

wounds cramps pains swellings sores bruises shrunk sinews  
 oyster aptly to a sweating cure) a dram of ashes of a y glands head taken in water  
 every morning is an admirable remedy for ye gout) Sperma ceti fits up eating  
 ulcers marks of ye small pox helps bruises and stretching of ye nerves) ambergrace  
 strengthens ye nerves exceedingly cures al infirmities yt come of cold) lishage binds and dries  
 much fits ulcers with flesh and heats ym) lead of a healing drying cooling nature dries  
 up humors) powder of bezoar put into wounds draws out al ye venom) topaz cures al in-  
 -flamations by only touching) rad stone by only touching draws al venom out of sores or  
 wounds) carionite flowers boyl'd in wine and bath'd with cures al pains) a pulvis made  
 of netes flowers dissolves hard swellings) resamine flowers boyled in oyl cures strickes  
 Juniper berries helps cramps) wrr cures itch scabs leprosy fetors ringworms and scull  
 heads) resin fits up hollow ulcers) burgandy pitch is excellent good for cold aches proceeding  
 from old treis or dislocations common pitch moltyfs hard swellings and brings sores  
 and boyls to supuration breaks carbuncles disperseth imposthumes and cleanseth ulcers  
 of corruption and fitesh ym with good flesh) borax put into fresh wounds healeth ym at  
 once dressing

## colick or stone

597

nephriticus lapis is of so great force in bringing away ye stone being worn yt nothing  
 can equal it) camomile flowers boyl'd in glisters is excellent in ye wind colick)  
 ye heart of a lark cures ye colick) syrup of marshmallows wil save such as an







## to prevent infection

sleep me at night in vinegar eat it in the morning fasting with brown bread  
and it will prevent taking infection in time of plague feavers small pox meazles

554

elder dwarf elder laurel <sup>purges</sup> flegm and water gromwell hops peach leaves  
wormwood century scinia <sup>purge</sup> coler ox eyes epithimum fumitory scinia  
purge melancholy dwarf elder hedge hyssop mercury scinia <sup>purge</sup> flegm  
and watry humors aloes and manna <sup>purge</sup> cholera gently opopanax <sup>purges</sup>  
flegm very gently alecost without purging disburdens the body of cholera and  
flegm) manna is a very gentle purger of cholera it helps such as are subject to vomit  
or be costive its safe may be taken by a woman with child without any danger a  
child of a year old may take an ounce at a time it quenches thirst takes away  
roughness and bitterness in the throat) opopanax purgeth thick flegm from the most  
remote parts of the body viz the brain joints hands feet nerves and breast and  
strengthens at those parts wh they are weak if ye weakness proceed from cold as usaly it does  
lapis armenius and lapis lazuli <sup>purge</sup> melancholy) rhubarb cleanseth ye body of  
venomous humors scabs boyls cartuckles itch it strengthens ye heart makes one  
have a good stomack so their meat provokes sleep) symp of roses with agrick  
purgeth flegm from all parts

## Coughs and consumptions

555

symp of violets made stiff with starch takes a knife point full helps coughs the  
bloody flux wheezing roughness of ye throat excretions of the bowels) juice  
of liquorice helps roughness of ye throat wheezing coughs hoarsness difficulty of breathing  
sweats ye lungs opens obstructions - resists putrefaction of blood) alecost taken a dram  
every morning helps ye evil disposition of ye body proceeding from coldness of ye liver  
and wickets) opopanax helps old wren coughs) obanum helps coughs rheumy and plurisy)  
shel snails washed and boyld in water but not scummed drunk as constant drink cures  
any consumption their use is <sup>very</sup> comparable to this) coltsfoot water helps all diseases of  
the lungs) plainain water helps fluxes) hyssop water cleanses ye lungs of flegm helps  
coughs and asthma) symp of thornbush is appropriated to ye lungs is a fine cleanser  
purgeth you from thick and putrid flegm & help coughs consumptions and disease  
incident to old men and cold natures strengthens breast and lungs) tobacco water  
strengthens ye lungs helps asthma and ulcers in ye lungs) symp of coral restores  
such as use in consumption stops fluxes is of a galant cooling nature very cor-  
=dial special good for hecticks and such as spit blood) symp of quinces relieves  
languishing nature) symp of poppys provokes sleep prevails against dry  
coughs consumptions hot and knowing rheumy

## Stomack and apitite

556

juice of liquorice quenches thirst and strengthens ye stomack exceedingly  
alays ye heat of stomack and liver) ambergreace warms cold stomacks and is  
an exceeding strengthner of nature to old people ading vigor to decayed and  
worn out spirits) 10 grains of asa fida taken before dinner walking an hour after  
creates apitite helps digestion strengthens ye stomack) 4 grains of massick swal-  
-lowd down whole at bed time is an excellent remedy for pain in the stomack  
taken in powder with conserve of roses strengthens ye stomack and stays vomit-  
-ing) ye heart of a frog applyd to ye region of ye heart in hot fits in fe-  
-vers mitigates ye heat to admiration) milke and sugary water taken <sup>one</sup> ounce  
at a time morning and evening for 4 days is excellent to cool ye stomack and  
liver and cleanse ye blood) fumitory water strengthens ye stomack cleanses ye  
blood and ye body of adust humors helps itch sunburning freckles jaundice

## Stone

557

gum of chery trees breaks ye stone) sagapen disolv'd in juice of rose



wonderfully breaketh the stone in the bladder) myrris born about one  
takes away pain of the reins and hindereth the breeding of stones) plan-  
-tain water drunk oft is a wonderful remedy for ulcers in ye reins or  
bladder) water of dog grass cleanseth the reins galunty)

558

wounds cramps pains sores fumes sinews shrunk  
liquid amber dissolves swelings) myrrh breeds flesh in deep sores  
or wounds and covers ye naked bones with flesh made up into pits and  
taken one every morning fasting its a sovereign preservative against any  
infection or poyson or swelings) tachamacha helps sciatica al acts and  
sweetings yt proceed from wind or raw humors takes away ye windiness of  
ye spleen and for al these uses their is no beter medicine) the smock of gum  
anima strengthens ye sinews) gum dragon is exceleat to be put in pulvis  
to soddor wounds especially if ye nerves or sinews be hurt) sagapan is very  
helpful to y members out of joynt or strained) frankensence helps green wound  
yts holow ulcers with flesh stops bleeding of wounds tho: ye arteries be  
cut boyled up into an ointment with hogs grease helps itch turns ulcers  
in the head inflammation in womens breasts) turpentine heals softens disperseth  
cleanseth) styrax healeth moltyeth concolereth) ammoniacum softens draws  
heals dissolved (calamitis) in vinegar takes away hardness and bunches in the  
flesh being made into an ointment is exceleat good to oint ye limbs of  
such as are weary easeth al pain in ye joynts and sciatica) cate aples boyld  
in vinegar and with curcs the itch) oyl of frogs is exceleat good for the stiffness  
of the sinews) colts foot water is exceleat to wash fumes with) betony water is ex-  
-celeat for al bites or stings) comfrey water seders broken bones cures ruptures  
and stops ye bleeding of wounds use it both inwardly and outwardly) take  
powder of frankensence 1 dram of aloes half a dram beat ym up with  
the white of an egg aply on hares down to any wound or sore heeth it will stick  
til its throly healed and yn come of of it self) oyl of eggs is profitable in fistulas  
and filthy ulcers cleanseth ye skin causeth hair to grow takes away heben  
scabs morthen ringworms) oyl of camomile strengthens ye sinews greatly  
aswageth pain breaks ye stone) oyl of st Johns wort is as good a thing in green wounds  
as man can use) oyl of earth worms moltyeth heats and aswageth pain and is special  
good for such as have been bruised or hurt in their joynts) oyl of myrrh makes ye  
face young and youthful preserves any thing from putrefaction yt is annind therewith  
oyl of whelvs is exceleat good to bath those limbs and muscles yt have been weak-  
-ned with wounds or bruises

womens diseases

559

myrrh stops fluxes provokes the terny brings away both birth and afterbirth  
stops the falling of the hair) mastick stops fluxes being swallowd whole) amonia-  
-cum 1 scruple loosens the bely gives speedy delivery to women in havel  
cures such as pass blood or have any humor affecting their breast) hemetites  
stops the terny provokes urine stops bleeding in any part of the body) a dram  
of crystal in powder stops whites bloody fluxe increaseth milke) a part yt is  
to be cut of oind with an ointment made with powder of lapis neemphites  
it takes away the sense of the pain without danger) a dram of ostracitis  
in powder provokes ye terny taken immediatly after ym causes conception)  
lapis selenitis born about one makes ym fruitful bound to trees makes ym  
so) sage water provokes ye terny helps nature in al its actions) conslip water  
is exceeding good for women with child) spirit of castoreum causeth easy  
delivery easeth out ye afterbirth) honey water easeth fits of the mother preatly  
easeth both birth and afterbirth cleanseth ye womb exceedingly let women



with child (bear it) Dr Stevens water is good for women in labor prooves the uterus brings us  
away the afterbirth) Symp of magwort helps piss of the mother retains the womb in its place  
dissolves old windyness and pain thereof strengthens the nerves opens the pores corrects the  
blood provokes the uterus) Symp of country stops the terms) electuary of saffron pro-  
-vokes the terms dries up the moistness of the womb which often causes bar-  
-renness and is a general helper of all diseases coming of cold raw thin humors  
dose half a dram

**Teeth**

560

richamacha stops deflections from the brain which trouble the teeth) mast-  
-ick mixt with whiterwine and the mouth washed therewith cleanseth the  
gums from corruption fastens loose teeth causeth a sweet breath) mixt with  
frankensence and laid to the temples hindereth rheum from flowing to the teeth  
powder of pumice stone makes the teeth white and sound

**for an inward bruise**

561

take terra sigillata dragons blood mummy of each a drams sperma ceti  
one dram Rhubarb half a dram make into powder dose a dram in muscardine  
sweating after it is a galant medicine for any inward bruise

**head**

562

ashes of burnt bees made into a lye nimly doeth a bald head with hair) oyl of frogs  
prevents falling of the hair) lapis ephesus torn about one is very good for the head  
and prevents biting of serpents) white poppy water extinguishesth all heat against nature  
cures headach coming of heat or of being so long in the sun) betony water is very  
good for pain in the head) sage water strengtheneth the head much) marjoram  
water is excellent for such whose brains are so cold it strengtheneth ye memory  
helps the iudgment causeth an able brain) rosemary flower water strengtheneth  
the brain and body exceedingly) water of lily of the valley strengtheneth the brain  
and all the senses) costly water takes away pain in the head megrim and  
vertigo carduus water doeth the same) saund water stiled in may restores mem-  
-ory w<sup>n</sup> lost quickens all the senses strengtheneth the brain) marjold water  
is appropriated to all cold diseases of the head and eyes) torage or bugloss  
water strengtheneth the brain exceedingly) diamosetha dulce wonderfully helps  
cold afflictions of the brain sadness melancholy vertigo dizziness

**dropsie**

563

a stone found in a water snake bound to the navel drinks up all the  
water of one yr hath ye dropsie) utaco or dwarf elder water drunk 2  
ounce every morning is most excellent) to take jely made of ye berries of  
elder quantity of a nutmeg every morning excellently purgeth away  
all watry humors

**Eyes**

564

porites takes away dimness of sight) white rose water is excellent for  
hot rheum and inflammations of ye eyes) fenel water clears the sight)  
the eyes being washt every morning with eyebright water strangely clears and streng-  
-thens the sight) ointment of tully is a cooling drying ointment appropriated to ye  
eyes to dry up hot and salt humors ye eyelids being oint<sup>d</sup> with it) unguentum  
ophthalmicum is most excellent for the same use

**Stomack liver heart apitite**

565

dissild water of quenches strengtheneth the heart and stomack exceeding-  
-ly stops vomiting and fluxes strengtheneth the retentive faculty) rose-  
-water cools comfortis and strengtheneth the heart)



red poppy water is excellent in sarfeits) water stiled from green walnuts  
 strengthens the heart exceedingly and resisteth infection and malign humors)  
 strawberry water strengthens the liver and cures the jaundice) beeing water sweet  
 the liver and spleen helps digestion and evil disposition of body) fenel water  
 strengthens the heart dilates the breast) rosemary flower water helps  
 the asthma cleanseth the blood) water of maidenhair cleanseth the blood  
 liver and lungs) scabious water helps plunisy pain and pricking in the sides  
 impossibilities straitness of breath) flower de luce water is good for pain  
 and torments in the bowels) wormwood water heats and strengthens ye stomach  
 causes digestion stops vomiting) mother of thyme water causes a good appetite to  
 meat) marygold water cures all cold diseases of ye stomach) ceriary water  
 comforts a cold stomach procures appetite) water cresses cleanseth the blood and  
 provokes urine exceedingly) cleampaine water strengthens ye lungs and stomach)  
 pennyroyal water cuts and casts out thick gross humors in ye breast cures pain in  
 the bowels consumes phlegm) torage water strengthens the heart exceedingly  
 cleanses the blood takes away sadness grief and melancholy) angelica water  
 comforts the heart cherisheth the vital spirits resisteth corrupt airs take a  
 spoonful fasting) bezoar water strengthens the heart arteries and spirits  
 vital provokes sweat and is exceeding good in all pestilential distempers  
 gentian water preserves from ill airs opens obstructions of the liver cures  
 pain of the stomach procures appetite helps digestion is exceeding good for the  
 = dice and for stiches or pricking in the side still a pound and half of gentian root  
 with 8 ounce of ceriary) treacle water is exceeding good in all feavers and  
 pestilential distempers it expellesh venomous humors by sweat it strengthens  
 the heart and vitals is an admirable counter poyson expels violent humors  
 from such as have ye french pox dise a spoonful aqua mirabilis heats cold  
 stomachs preserves from apoplexy restores lost speech) cinamon water  
 strengthens the brain heart stomach liver spleen lungs nerves quickens  
 the sight it opens digesteth) aqua celestis comforts the heart revives drooping  
 prevails against all malignant distempers preserves the senses restores such  
 as are consumptive) syrup of wormwood is an admirable remedy for cold  
 and flegmatick stomachs for it strengthens both stomach and liver dose  
 a spoonful fasting its an admirable remedy for such as have a bad digestion  
 creates apite breaks wind purgeth phlegm and tough vicious humors by  
 urine is good for the jaundice) boyl vinegar into a syrup with sugar it  
 cuts phlegm and tough hard viscus humors in ye stomach cools ye body quenches  
 thirst provokes urine and appetite opens obstructions both of stomach liver  
 and spleen is a special remedy for such as have a shewing at their sto-  
 = macks) syrup of maidenhair opens stopings of ye stomach strengthens  
 the lungs

## WORMS

ceriary water kils worms) water stiled from watercresses in march  
 kils worms oyl of spike 2 drops at a time in wine kils worms) boyl  
 savin in sweet oyl oint both stomach and navel it kils all worms

## Stone

sarcifrage water breaks the stone provokes urine cleanseth both reins  
 and bladder) cingaphyl water breaks the stone cleanseth the reins and is  
 of excellent use in purifying feavers) radish water breaks the stone cleanseth  
 all ye parts) turnet water breaks ye stone cleanseth all ye passages and is  
 exceeding profitable in pestilential feavers) venice treacle causeth to  
 make water and cures the stone) winter cherries in wine or broches most  
 potently provokes urine and breaks ye stone take a dram at a time  
 oyl of Juniper berries purgeth the reins provokes urine breaks ye stone

566  
 568  
 Feb first  
 1733

567



powder of egg shells taken in white wine breaks the stone) oyl of bay berries helps  
cold diseases of the joints and the stone

568

wounds cramps pains sores swellings shrunk sinews  
spirit of castoreum resists poison cures venomous bites) water of luter turr is exceed-  
= in malignant fevers and does up ye measure of such sores as are hard to be cured.  
shl in 8 quarts of ale a pound and half of luter turr roots in yelice and lesser wort  
roots each 8 ounce bruised) Symp of comfrey is most excellent for inward bruises  
wounds spitting vomiting or pissing of blood it unites broken bones helos ruptures)  
syrup of solace cools moistest cures cholera quencheth thirst cures heat in fevers)  
polonium romanum is a most exquisite thing to ease vehement and deadly pains in  
nr part of ye body soever they be inward or outward dose half a dram) a dram of  
electuary of eggs is as great a help in a pestilential fever as a man shall admire  
= by meet with) Venice treacle resists poison venom stings bites fevers leprosy  
pains in ye joints ulcers in the bladder for a swoat take a dram and half to preserve  
from ill airs in infectious stures take half a dram in a morning fasting) oyl of nuts  
is good for cold afflictions of ye joints and nerves so is oyl of ben nutmegs or  
mace) oyl of saxon helps pains in the nerves and strengthens ym (except a good colour)  
oyl of exeter is a most sovereign remedy for pains in old persons occasioned by troubles  
in young or cold which occasion a numbness in both these cases it hath not its equal  
oyl of squalors hath ye same effect also for straining) oyl of st johns wort is most admir-  
= able for all ye same) oleum nicotomi is exceedingly drying is excellent for sores or ulcers  
ye run much to stop a sore for scabs itch small pox or ye like) oyl of foxes is exceedingly  
good for pain in the joints back rines it cures cold in the joints whereby they become stiff  
oyl of tobacco is most excellent for deep sores wounds foul scabs itch as good as any  
is under the cope of heaven) unguentum anodyni anodynum soothes pain in any  
part of ye body especially inflammations in wounds or humors for which its admirable) oint-  
= ment of smalago is a very fine and a very gentle cleanser of wounds and ulcers)  
liniment of gum elemi is excellent for ulcers in any part of the body it gently  
cleanseth and stiches up with flesh being of a mild nature and friendly so if body  
basilicon heats moisten cleanseth procures matter eases pain) ointment of chalk is  
exceeding good in burnings or scalds) oyl of bay berries expels wind is good for old achs)  
ointment of red lead is as drying as a man shall commonly read of and withal  
cooling therefore good for moist and hot sores)

### melancholy

569

bezoar water with sands melancholy and consumptions and makes a man  
blith cheerful creature half a spoonful is enough at a time) syrup of  
maullin is a present remedy for hypochondriack melancholy) pleres arconicon  
nicholaus is exceeding good for sad lumpish greiving pensive vexing pining  
sighing sobing fearful careless spirits) Venice treacle helps not only the body but  
mind of vain fears and fancies) oyl of cupers is opening and heating absolutely ap-  
= propriate to the spleen melancholy richness take with it yn aptly a tobacco leaf  
yohel find it an incomparable remedy

### to make usquabash

570

infuse in 3 gallon of strong spirits 1 pound of liquorice 8 ounce of raisins  
cloves half an ounce mace cinnamon ginger of each 2 dram infuse 4 days yn  
strain and bottle for use it

### Stomack heart liver spleen

571

syrup of cinnamon refresheth the vital spirits exceedingly and cheereth



both heart and stomach languishing thro: cold helps digestion exceedingly and  
 strengthens the whole body) Symp of quinces strengthens stays vomiting and looseness  
 Symp of sumitory helps surffins exceedingly cleanses the blood cools and strengthens the  
 liver there is nothing better for those yt are subject to breakings out or itch) Symp  
 of liquorice cleanseth the breast and lungs helps continual coughs and pluresis)  
 Symp of hyssop mightily strengthens the breast and lungs causeth long breath and  
 clear voice is good for coughs) Symp of faum is an excellent strengthens ye heart  
 breast and stomach resists melancholy revives ye spirits strengthens ye memory  
 relieves languishing nature) Symp of mint comforts ye stomach much helps di-  
 =gestion stays vomiting and is as excellent a remedy against sour or offensive  
 bechings as can be) Symp of myrtill is very binding yet comforting helps fluxes  
 and such as spit blood strengthens the retentive faculty helps corrosion of ye internal  
 parts) Symp of aplos quenches thirst is admirable in feavours) Symp of roses strengthens  
 heart stomach and liver and spirits stays fluxes and vomiting) Symp of harts-wonne  
 is a choose remedy for ye rickets and al spleenitick evils) Symp of violets comforts hot  
 stomachs exceedingly resists putrefaction pestilential diseases and poyson) Symp of  
 maullin helps tad livers and the evil state of the body opens obstructions provokes  
 urine extenuates gross humors) rot of sloes provokes apitike and stops fluxes) laboch  
 of pogg is excellent for such as are troubled with pluresis hinder salt sharp and  
 thin distillations upon the lungs) sugar of roses strengthens weak stomachs  
 hearts and brains restores lost strength excellent in consumption stays  
 fluxes eases pain in the head ears or eyes helps spitting pissing or vomiting  
 blood) gascain powder is excellent good in feavours for it heats the heart and  
 vital spirits exceedingly making ym impregnable) dianisum is chiefly be-  
 appropriated to the stomach helps ye coldness thereof and raw flegm wind  
 continual coughs) diantron causes mirth helps concoction cherisheth ye natural  
 vital and animal spirits strengthens ye heart and stomach but helps al cold disea-  
 therefore specially good for old people) species dianthus strengthens the heart  
 helps the passion thereof causeth a joyful and chearful mind strengthens such  
 as are weakened by long sickness strengthens cold stomachs and helps di-  
 =gestion notably dose half a dram) diatrion santalon is very good against  
 heat of the stomach and liver wonderfully helps ye jaundice and consump-  
 =tions of the lungs dose 1 dram) latificans causes a merry heart and good  
 color keeps back old age dose half a dram) species confectiois liberantis  
 is exceeding good in pestilential diseases preserves from ill airs keep the hum-  
 =ors in the body from conyng cools ye heart and blood is a galant cool  
 cordial) pulvis sarconicus is as great an expeter of poyson and preserver  
 against it or diseases as one shal hear of) carduus seed stamp and taken  
 eases pains acts stiches in the side gripings of the bely) plens arconticon  
 nichelans strengthens weak stomachs exceedingly helps such is are prone to  
 faintings strengthens such as are weakened by violence of sickness helps bad mer-  
 =morys quickens al the senses strengthens the brain and animal spirits sucors such  
 as are troubled with asthma or other cold afflictions of the lungs) diacinnamou  
 heats the stomach causes digestion is exceeding good for ancient people and old  
 bodys such as are subject to dropsted or diseases of flegm or wind dose a dram

purges

Symp of roses solutive with agrick is a universal purge for al humors dose  
 2 ounce with senna it purgeth the body of choler and melancholy and expely  
 the relics of a disease left behind) hony of emblicks is a fine gentle purger  
 both of flegm and melancholy it strengthens both brain nerves and senses stays  
 vomiting provokes apitike) diapnnum lenitive is good in al feavours agues hectick  
 feavours marasmus dose 1 ounce at bed time after a tight supper) catholicon  
 is a fine cooling purge and very gentle it adds strength helps infirmities of



the liver and spleen gout at sores of agues and headacks dose an ounce at  
bed time you may go about your business drinking a dose of hot poset drink when  
you get up) a scruple of tinea pice made into pills and taken at bed time is  
an excellent remedy for vicious juices of the spleen and to purge  
women after travel for the colick you may go about your business drinking some  
water gruel it is very excellent)

coughs and consumptions

573

Syrup of poppy is appropriated to the lungs prevails against dry coughs consum-  
-ptions his and sharp gnawing rheums provokes sleep) lochoch of raisins is very  
-prevalent for the same) lochoch of pinenuts is excellent for continual coughs and  
such as are asthmatic) lochoch of fox lungs denaseth and unitesh ulcers in the  
lungs and breast and is a present remedy in consumptions) lochoch of squits is good  
for those yt are troubled with asthma it cuts and carries of humors from the  
breast be they thick or thin easeth pain in the breast and wonderfully helps  
digestion) diamargariton frigidum restores lost strength helps coughs asthmus consump-  
-tions and restores such as have labored long under languishing and pining diseases)  
pulvis haly is a galant cool powder fit for all hot diseases) antidotus analeptich restores  
in consumptions hecick feavers restores lost strength nourisheth much opens the pores  
resists cholera takes away coughs quenches thirst and resists feavers) confectio of altheas  
is unquestionless a great strengthner of ye heart and spirits vital a great nourisher  
and restorer of nature a high cordial resists pestilence and poyson is given with success in  
feavers dose 20 grains) electuary of sugatraw opens obstructions of liver or spleen  
holys cold rheums or distillations from the head to the lungs noeth or eyes its  
excellent in coughs helys digestion expels wind and gravel) diacoralium com-  
-pounds and strenghtens the heart exceedingly restores such as are in consumptions  
is good in hecick feavers a better medicine cannot be for such as have a consumption  
with a looseness dose a dram) Venice treacle helps want of voice asthmus old or  
new coughs such as vomit or spit blood such as can hardly spit or breath)  
trochis alipha moschata is singular good for short breath take a little at any time)  
oyl of cinnamon is exceeding good for consumptions 2 drops is enough at a time

colick

574

a dram of electuary of bay berries in a morning fasting is exceeding good  
in the colick or itiack passion or any disease of the bowels coming of cold or  
wind) Venice treacle doth the same) electuary regina coloniensis is an excel-  
-lent remedy for the stone or wind colick) commend it as a jewel dose a  
dram every morning) Oyl of bay berries is a sovereign remedy for any disease  
coming either of cold or wind) the belly being ointed with ointment of tobacco helps  
colick itiack passion worms piles and wt not) a pluster of bay berries or cummin-  
-seed applyed to the belly is an excellent remedy for the wind colick this  
hath oft been proved and alway with good success) the Oyl of cummin-  
-seed doth the like it also wonderfully easeth pain of the spleen reins bladder stop-  
-ping of urine) Juniper berries made into powder one dram given in saxifrage  
water is a present certain and infallible cure for both colick itiack passion and  
head

575

diacorum heats the brain strenghtens the nerves quickens the senses  
causes an acute wit easeth pain in the head dose half a dram) Venice treacle  
cures invetrate headacks vertigo deafness astonishment apoplexys dullness  
of sight) Oyl of marjoram helps weariness cold diseases of ye brain noise in  
the ears venomous bits) oint your temples with ointment of tobacco and  
it cures the headack) vinegar of roses is notable to drive vapors from the



heart stomach liver lungs spleen

576

mithridate is good against poyson provokes sweat helps pain of the stomach wheer consumptions weakness of the limbs rides the body of cold humors expels wind provokes appetite cures colick expels urine dose half a dram in a morning if for a sweat 2 drams its an admirable remedy for melancholy and stings of wasps but its endless to reckon up all its vertues Troches of camphore is excellent good in heat of blood feavors extrem thirst hecetics take a bit any time trochised gordonii eases pain of ye stomach much are good in any wheer inward or outward eases feavors)

for women

577

dicordium is appropriated to the nature of women provokes termz hastens labor helps their usual sickness in the time of their lying in I know nothing better) unguentum comittisa is a galant binding ointment the back and veins being bound with it stays abortion tho: already begun it strengthens weak backs exceedingly stays ye overflowing of the termz the falling down of the womb and fundament finally for every occasion yr requires binding I comend it in the superlative degree)

purges

578

pitula alophangina dose a dram at bed time cleanseth both stomach and brain of gross and putrid humors helps vertigo and headack helps concoction strengthens the brain and stomach exceedingly give me leave to comend it to my country men for a wholesome cleansing medicine strengthening no way violent) Aloe psata is a galant gentle purger of choler and flegm opens stopings cures the jaundice strengthens the body exceedingly dose half a dram at bed time you may go about your business for it will hardly work til the afternoon) pills of eupatorium is a galant gentle purge and strengthening fitted for such bodies as are weakened with diseases of choler its good for agues jaundice obstructions dose half a dram at bed time pills of hermodactily purge grosse and raw flegm are good in ye gout rheumatisme leprosy and al pains in ye joynts dose 1 dram in a morning keeping warm) pills of hiera with agrick is an universal purge appropriated to all parts of the body and all diseases yr proceed from flegm choler or melancholy resist poyson and epedemical distempers helps gout dropsie falling sickness provokes termz cures agues of all sorts consumptions asthma vertigo dizziness provokes urine strengthens the memory its a harmless purge dose 3 a scruple 3 hours after supper you may go softly about your business for it will very gently take it every other day for it will not do wonders at once taking) imperial pills cleanseth the body of mixt humors and strengthens stomach liver and natural spirits exceedingly its good for cold natures and cheers ye spirits dose half a dram at night its best to take ym every night for some time for they are proper for such distempers as are not carryed off at once you may go about your business drink- ing some gruel in the morning) pilula macri is a galant composed pill strengthens stomach brain and nerves and muscles and easeth ym of such humors as afflict you and hinder the motion of the body they open obstructions such as have had hurts or bruises proceeding there from I comend it to impaired but they must take it often because diseases in remote parts cannot be taken away soon it will not hinder their following their business at all dose half a dram at bed time) musick pills purgeth very gently but



Strengthens much both stomack brain eyes veins liver half a dram at bedtime  
 it will not hinder planning any business) pilula russia rapen a scruple at bed  
 time is excellent good in infections times cleansing ye body of all bad humors  
 they are strengthening and work so easily yt you need not fear hindring your  
 business) pilula ritas purgas cholera helps scabs itch leprosy dose half a dram at  
 bedtime you may go safely about your business) pilula assajeth avicenna purgeth  
 cholera and flegm strengthens the whole body exceedingly being very precious for  
 such whose bodys are weakened by surfeits or ill diet take half a dram at  
 night) pilula arabica nicotanus helps such women as are not sufficiently purged  
 in their lying inn brings away wt a careless midwife hath left behind purgeth the  
 head helps headack megrim vertigo purgeth the stomack of vicious humors pro-  
 -serves the mind in vigor helps cheerfulness give a scruple at 9 in the  
 morning sleep after it keep warm use due caution say I warn you)

## Daffy Glixir

take senna 1 ounce gajacum liquorice oriss granivel and coriander seeds  
 each 1 ounce dryd elecampane root raisins 5 ounce rhubarb and ~~of~~ snake  
 = need root of each a quarter of an ounce saffron 2 drams lignum vita  
 horse radish roses each an ounce sarsaparilla half an ounce steep 3 weeks  
 in a quart of brandy yn strain of

stomack head liver spleen bowels

579  
 580  
 oyl of quenches cools binds strengthens stops vomiting looseness sweating  
 oyl of mint by opening the stomack stays vomiting strengthens it procures appetite  
 and digestion) oyl of marj heats digests and strengthens resists all cold and windy  
 diseases thro' out the body) oyl of rue heats and makes thin gross humors  
 expels wind payson helps palsie cramp) oyl of marjoram is a most galant  
 oyl to strengthen the body the back being ointed with it it strengthens it  
 if the stomack is ointed with ointment of tobacco no disemper dare harbor  
 their no not asthma nor consumptions of the lungs) a plaster of bay berries  
 is most excellent to ease any pains coming of cold or wind in any part of  
 the body) oyl of pepper is good for the colick

wounds cramps pains sores swellings sinews shrunk

581  
 its almost impossible to reckon of all the vertues of ointment of  
 tobacco it cures humors imposthumes wounds ulcers bites scab itch  
 gunshot wounds made with paysond arrows stings bites helps the very worst  
 scalding or burning thro' with lightning and yt without any scar it  
 helps nasty stinking rotten putrid ulcers thro' in ye legs were the humors  
 are most apt to reject help fistulas thro' the bone be afflicted it will  
 seal it without any instrument and bring up the flesh from the very  
 bottom a wound drest with this will never putrify a wound so small yt  
 nothing will go in oint only with this and you need fear no danger  
 finally its a universal remedy) ointment of roses is of a fine cooling nature  
 exceedingly useful in all gaulings and frettings of the skin accompanyd with  
 colerick humors cures ringworms) deficcationum rubrum binds and restrains  
 fluxes of humors is as galant an ointment to skin a sore as can be  
 made) unguentum apostolorum consumes corrupt and dead flesh cleanseth  
 wounds ulcers fistulas and restores flesh



unguentum maryatum is of a great strengthener of all parts of the body  
 head nerves muscles and arteries) unguentum nervinum is appropriated to the  
 nerves helps their infirmities coming of cold also old bruises dead palsie chills  
 coldness of particular members helps asthies it by reason of cold perform  
 their office well for wind or colick about your belly with it for want of digestion  
 your stomach for not ever disease in not ever part of ye body comes of cold  
 esteem this as a jewel and you'll give me thanks with culpeper for declaring  
 it after you've first given god thanks for raising me up for yt end) unguent  
 populeum is exceeding good for burns or scalds inflammations provokes sleep  
 by ointing ye temples) unguentum resumptivum is a galant ointment to ease  
 pains caused by inflammations of wounds) ointment of marshmallows heats  
 and moistens helps pains of ye breast coming of cold pleurisys old ulcers and  
 sticks and softens hard swellings) unguentum refrigerans is a fine cooling  
 ointment superexcellant to cure inflammations in wounds and tumors)  
 a plaister of amoniacum softens and disperseth hard swellings) a plaister  
 of betony is a galant remedy to unite the skull w<sup>ch</sup> cracked to cover the bones  
 with flesh and draw out peices of broken bones it draws filth from the botom  
 of deep ulcers restores flesh discharges digests) plaister of ceruse helps burns  
 dries scabs and in general helps all sores yr abound with moisture) cumin  
 plaister against swellings takes away old pains coming of bruises)  
 emplastrum diacalceos is a very drying binding plaister profitable  
 in green wounds to hinder putrefaction in pestilential sores after they are  
 broke in raphures burns) diacylan is an exceeding good plaister for all swelling  
 without pain its best with gums) mussitages ripens swelling breaks and  
 cleanseth yr its of a most excellant ripening nature) emplastrum divinum  
 is of a cleansing nature exceeding good against malignant ulcers it con-  
 sumeth corruption ingenders new flesh and brings sores or ulcers to a  
 scarr

### Dropisie

582

oyl of jupiter berries helps ye dropisie) ointment of sowbread is fitting  
 to oint ye bellys of such as have the dropisie because it effectually purgeth  
 away the water which in dropisies lye near the skin

### Colick

583

2 or 3 drops of oyl of juniper rubed on the colick) oyl of bay berries  
 taken cures ye colick) snake weed root is a most certain and infallible  
 cure for the colick it never fails probatum est) quinquina is a cer-  
 -tain remedy for the colick

wounds cramps pains swellings sinews shrunk

584

flower of ointments cleanses soddens ingenders flesh heats more  
 in 8 days yn any other wil do in a month it wil suffer no corruption  
 nor dead flesh in wounds its good for headack wind in the brain at sort of  
 imposthumes swelling about the ears and chiefly for all manner of sinews  
 yr is greived bruised or sprung it wil draw out iron thorns splinters of  
 bones its good for bites stings heats all botchs without fault cures beters  
 sores or



or canker it cures al manner of pain in the liver spleen or veins) <sup>32</sup>  
 emplastr ad herream is very knitting and binding appropriated to impures or  
 fursonnes it consolidates wounds and helps al diseases coming of coldness or mois-  
 -ture) melolir is a galant cleansing healing plaister it ripens swellings breaks  
 and cures ym its special good for fetous) plaister of red lead compound presently  
 cures wounds old malignant ulcers and is very drying) oxacrocium is a notable  
 and disenger helps broken bones cold acks stiff limbs by reason of dislocations  
 wounds or ulcers dissipates cold swellings) emplastrum sticticum strengthens  
 the nerves draws out corruption takes away pains and acks and restores strength  
 emplastrum gradia dei is excellent good in wounds and green ulcers for it keep  
 -eth back inflammation cleanseth and joyneeth wounds sets up ulcers with flesh  
 oyl of turpentine is wonderful good in al diseases coming of cold and wind  
 cures asthma dose a dram in a morning outwardly it takes away prints of  
 scabs or small pox chaps in ye skin) oyl of myrrh keeps wounds and al things  
 che from putrefaction makes ye face fair and youthful quickly cures woundy  
 oyl of wax is as singular a thing for burns as can possibly be) steum phyllo-  
 -rium wil quickly penetrate and is a sovereign remedy for the gout and al  
 cold distempers of ye joynts or nerves cramps falling sickness palsie hard sweet-  
 -ings pain in ye veins or spleen) oyl of amber speedily helps al afflictions  
 of the nerves convulsions palsy falling sickness is a singular remedy against  
 poyson pestilential air diseases of the reins or bladder) oyl of saffron is good for  
 wounds and ulcers fistulas gangrenes in affeets of the brain mouth teeth

To make mango

585

scrape out the seeds from large cucumbers almost fill ym with scraps  
 horse radish add made mustard bay salt black peper garlick onion make  
 pecke of strong vinegar cloves some black peper stove every day til they  
 be green

for a strain pain or sciatica

586

take bull gal vinegar and spirit of wine each alike bath before the  
 fire it seldom or never fails curing at 2 baskings

for the toothack

587

make pelets of powder of myrrh egg white flower and sweet soap stop  
 the tooth its a certain remedy

Damsain Wine

588

put a peck of damsaings into a sweet dry cask pour on 3 gallons  
 of boyling water w<sup>n</sup> its cold stop it close for 48 hours yn draw of  
 the liquor add 6 pound of sugar w<sup>n</sup> stop up for 6 weeks yn bottle

Stomack liver spleen lungs bowels

589

oyl of sulphur prevails against diseases coming of cold putrefaction or  
 wind feavors agues pessilence feets of the liver spleen matrix stomach bladder  
 intrails arteries any disease coming of abundance of putrefaction or flegm give  
 it for flegm in wormwood water for the colick in camomile water for sickness or  
 stoppage of the spleen in pumaris water for the gout in decoction of ground pine  
 for fits of the mother in decoction of berony) water of honey will revive dying  
 men) powder of a hens gizzard rafen in wine in a morning fasting helps  
 digestion exceedingly) half a handful of ransey boyl'd in a gill of  
 whitewine and drunk hot is a certain cure for ye gout in the stomack



590

to preserve from the small pox or any infection  
 every morning eat some myrrh likewise at any other times it pre=  
 serves from infection of any distemper w<sup>ch</sup> ever they yt use this  
 may safely goe on w<sup>th</sup>er without any danger at all it have preserv<sup>d</sup>  
 severall from the small pox and yet hath gone amongst you without  
 any fear at their lifes

591

for the piles fistula or any running sore  
 boyl a pint of juice of houseleek and a quart of thie milk together  
 w<sup>th</sup> they cruelle take of the crud drink a gill at a time cold y<sup>e</sup> sores  
 an onion cover it over with saffron in powder apply it to the place it  
 takes away the pain and cures but if this fail roast an egg take out  
 the yolk mix it with a grain of taudanum so apply

592

to skin any sore  
 melt bees wax add red lead and oyl of roses each alike boyl a very  
 little spread thin so apply

593

an ague  
 take carduus hysoy rosemary of each a handful liquorice anise=  
 seed each a penyworth long peper turmeric each half a peny=  
 worth make all into powder boyl y<sup>e</sup> leisurely in a quart of water  
 to a pint add a pint of ale w<sup>ch</sup> it boyls again put in the bigness of a  
 nutmeg of mithradate sweeten it with beacle take it hot sweat  
 upon it probatum est

594  
y<sup>e</sup> h<sup>e</sup>  
march 1687

over flowing of the veins  
 take comfrey and clown wound root of each a handful bruise and boyl  
 y<sup>e</sup> in ale drink a good draught oft and with the blessing of god it wil hel  
 you thro: the mouth of the vessels be open) give every day a dram of powder  
 of mulberry tree ross

595

to bring away a dead child  
 a decoction of hysoy or master wort drunk hot will bring away the  
 dead child let her continue drinking it after to cleanse her  
 to help the birth

596

seaverfen boyl in wine or mugwort or a symp made of either of y<sup>e</sup>  
 helps mightily a dram of cinnamon given in powder profits much)  
 ransy bruise and apply to ye privities or oint<sup>ment</sup> with oyl of ransy profits much  
 so doth to hold a loadstone in her left hand so doth ye skin a snake head  
 cast girt about her middle yeas being in the womb hinders her being deliv<sup>er</sup>  
 a decoction of savony in whiterwine gives speedy delivery to women  
 dip a linen cloth in juice of parsley put up into ye womb it wil presently  
 bring away the child alive or dead) 9 drops of spirit of myrrh in wine  
 causes speedy delivery) give a woman in labor another womans milk  
 to drink it wil cause speedy delivery and almost without pain) the juice  
 of leeks being drunk with warm water hath a mighty operation to cause  
 speedy delivery) mix powder of piny seeds with oyl ancient ye byns and  
 privities therewith it giveth deliverance very speedily and with less  
 pain y<sup>e</sup> can be imagin<sup>d</sup>) take a swallow nest dissolve it in



water strain it drink it warm it gives delivery with much speed and great ease youll find these rules as constant as the sun in the firmament of never fails without a miracle) for a weak child or cough & drops of blood out of yr part of the navel string yr is cut of and give it the child) a piece of the navel string of a child worn about one defends you from falling - sickness convulsions witchcraft

To bring away the afterbirth

its good to give smush remember jansy and the eagle stone the herb verovain boyled in candle or given in syring doth the deed) smuck of marygold flowing receid into the privities brings it away easily &c: the midwife have let go her hold) mugwort boyl in water w<sup>th</sup> soft aplyed to the navel instantly brings away both birth and after birth but as soon as it hath done the deed remove it

guide for women in lying in

let her diet be hot and let her eat but little at a time let her avoid light noise and sadness as soon as she is laid in bed give her a draught of burnt white wine wherein a dram of sperma ceti is melt<sup>d</sup> the herb verovain is a most singular herb and grows comon y<sup>e</sup>z mercurys are over of his works if she be feaverish add plantain if her courses come not away wet leave out plantain and put in mother of thyme) if the womb be full or any part of the after birth remain make a decoction of feaverfew mugwort penny royal mother of thyme and give her to drink as tea) let her use cinnamon in al her meats for it strengthens the womb like a cusle for - ityd with wals and telwarks) for after pain take baybenys in powder throw on coals let her receive the smuck up her privities) or boyl jarr and tarow grease equal parts adding a little pidgeon dung spread on linen aply al over the back and reins it wil give immediate ease) or give half a dram of powder of baybenys in a draught of muskindine) if she be troubled with the piles bruise polydodium and give her in her meat or drink or scrape an onion fit it with egg oyl ease it aply hot or aply bruised smash worm but the best of al is wood lice bruised mixt with oyl and aplyd warm) leaves of trumble in powder a dram taken every morning in 2 spoonful of red wine is an admirable remedy for overflowing of the terrys

To increase milk

a dram of powder of cow hoof taken every morning increase milk) our lady shizzle breed good milk in nurses

childrens disease

for the milky scabb purge with manna or senna wash with decoction of barley malons wormwood celadine or with althea root boyl in boys wine and aint with oyl of roses tior almonds and a little lisharge) or take wy nur shels mystles each alike a dram buter washed with rosewater one ounce)

for toothack

boyl brown sugar to a candy with black pepper in powder make lozenges stop the hollow tooth with some it cures

eye water

white coperas shaved and put into fair water is good to wash the eyes with every night for it strengthens the sight restrains humors drys

597

598

599

600

601

602

infection  
times it  
of use this  
have passed  
you without  
  
Sore  
with together  
old in  
the place  
egg white  
  
boyl away  
  
gumme  
half a penny  
part of  
the bigness of  
the sweet  
  
brise and  
good it will  
beane of  
away the  
her  
  
either of  
this much  
only partly  
in a snake  
or being  
to women  
it presently  
york in  
many  
the juice  
to  
e boy  
with  
be it



105

them up cooly and if made strong wil eat of stony pears and sposs

603

To cure a sore were their is pain and running  
wheat flower and cream stirred together over the fire but not so as to boyl  
spread on a cloth and laid on warm cases drys and heals this cured a woman  
yt had a sore leg with very great pain by an ague falling into it easing it  
immediately and drying and healing it up in a very short time

604

### Miscaryage to prevent

605  
lyster

take dragons blood ye weight of a silver 2 pence red coral 1 dram  
beazor 3 grains ambergrace 2 grains make into a fine powder keep  
in a box close from air take as much at a time as wil cover a 2 pence  
and lye quite in bed take it in a morning fasting in meace ale and again  
w<sup>n</sup> going to bed

### diet drink

615

dry 3 handfull of galore dock not make into a grise powder braise in  
your hands 3 handfull of groundivy mix y<sup>n</sup> add a handfull of Juniper  
berys brused put in a bag with some stones to make it sink hang  
it in 3 gallons of smal ale 2 inches from the botom of the vessel after it  
hath been tuned 3 days drink a gil warm every morning and again at 4 in  
the afternoon and every 6 days take half an ounce of Senna boyl it in a little  
above a jack of water 7 minutes y<sup>n</sup> add as much cream of tartar in powder as  
wil lye on a goat let it boyl 2 or 3 whalms y<sup>n</sup> strain it hard of drink it  
warm early in the morning keep warm and observe physical rules if the party  
be easy to work on ye senna must but be ye third part of an ounce

### To stanch bleeding

616

take dragons blood hole armonisck vermilion each alike make into a plaister  
with egg white beat to froth this hath stayd bleeding of a womans breast w<sup>n</sup>  
cut of y<sup>e</sup> nep boyl<sup>d</sup> in ale drunk warm first and last for some time cleanses  
away al ~~bruse~~ blood ocusion<sup>d</sup> by inward bruises y<sup>e</sup> white being taken out  
of an egg and it filled up with <sup>brain and back</sup> spermata ceti and roasid soft cases of inward bruises  
to purge

617

take powder of betony and hony quantity of a walnut w<sup>n</sup> going to bed

### polypus in the nose or canker

618

water of buck wheat distil<sup>d</sup> in balneo stays the eating of polypus or  
cankers any where tho: held incurable) powder of goats dung mixt  
with juice of solidione cures canker any were) powder of realgor  
incorporat<sup>d</sup> with fresh hogs grease spread on leather stend over thick  
with wheat flower y<sup>n</sup> hony y<sup>n</sup> womans milk over ye plaister lay ye  
botom of a hot loaf of white bread bind on at night in ye morning ye  
canker wil be dead on ye plaister if the canker be in the flesh water  
isweth out if on the bone thick yalow mater) powder of old oyster shels  
yt shine most put into vinegar over coaly til thick rub ye sore with it 3  
times til it bleed and it wil be wel

### Golick

619

warm gum hedera spread on leather lay to ye navel its a present cure



620

bruise vervain add flower of brimstone bind to both pulse and be freed ever  
Camphire water to heal

621

take camphire prepar<sup>d</sup> with egg white infuse it in fumitory water use it to  
cool heat and skin

622

a defensive to stay humors from any wound or sore  
mix wheat flower sole armonick dragons blood with egg white apply round  
a wound or sore to repress the humors if any heat hagen add vinegar  
rosewater plintain juice this wil dissolve all inflammations quickly

623

Diascordium to make water  
take cinamon lignum casia each 3 dram scordium 1 ounce distill 100  
= mentil snapweed each 4 drams galbanum candy - mustard - seed each  
half a dram gentian 4 dram sole armonick half an ounce terra tinnen 4 drams  
epium half a dram storax calamini each 4 dram and a half savel seed half  
a dram long peper and ginger each 2 dram hony 2 pound and a half conserve  
of roses 1 pound wine half a pound boyl 2 whatney to an electuary  
for the eyes

624

the smell of marjoram is good to preserve the sight eyebright dotuk in ale is  
very good) ~~juice~~ vervain gather<sup>d</sup> in may put in a vial close stop<sup>t</sup> til it  
putrify and a juice sink to the botom cures all blindness in man or beast)  
lignum aloes stiled in a glass still cleas the eyes miraculously) stony wood  
- lice seladine strain drink warm fasting 2 hours after for 3 mornings it wil  
cure any pearl or humor in ye eyes) or white of egg and juice of pelitory of ye  
wal one drop at a time cures probatum est) boyl tormentil both herb and root  
in whitemine til a 3 part be spent let the blind drink for 7 days a potion of  
it in the morning cold and at night blood warm and within yr time god  
wiling he wil recover if you infuse a good quantity of this herb in wine  
or ~~the~~ and drink no other daily it wil recover sight tho: long blind)  
infuse 3 ounce of unstackt lime in 8 ounce of rain water let stand 24 hours  
yn pour of ye clear add 10 ounce of the whitest hat armonick in fine powder  
shake wcl for 20 days yn filtrate it drop 3 drops in ye eye 3 times a day  
this cures spots pearls wets or any thing else be it cancer or burning

625

lay plaisters of dragons blood to the temple veins  
feavor to prevent and to strengthen the body marvelously

626

take liquorice 1 ounce caraway and cardamum seeds each half an ounce  
hyssop and carduus each half a handful galingal 2 drams bruise ye druggs  
and mix ye herb together boyl in a gallon of water 8 minuits close cover<sup>d</sup> let  
it stand 8 hours yn strain it take thereof morning and evening it preserves  
strength miraculously

627

to stop any fluxe of blood  
drink powder of ye round mossy burr yt grows on the wild rose  
in claret first and last) beads made of sea horse with worn round both  
roasts stays any fluxe of blood especially in women) alum posez cures



To cure fistulas or sores

take bole armoniack and <sup>white</sup> vitriol of each 4 ounce camphire 1 dram  
make al into powder boyl ye capers and camphire together close stopp til  
they be melted stiring ym til they grow hard yn powder yn sine put to  
the bole keep in a bottle close stopp pour to 3 large spoonfull of this powder  
2 quartz of boyling water stopp close in a bottle shake 2 a day for 14 days  
let it settle so clear of aply a cloth 4 times double as hot as can be suffered  
2 a day til well it cures old sores fistulas cankers scabs green wounds take  
12 clove bruised pimpernel agimony valerian red cole wort mouse ear dove-foot  
wild ransey strawbery leaves plantain red mader each 1 handful bruise boyl  
in 2 quartz of water strain add honey (sharp dock) 5 ounce white  
- wine 1 quart boyl a whalms drink of it first and last for 14 days its of  
incredible efficacy for it cleareth al corruption put a little ginger in sake of  
the wind if ye patients vomit it up their is danger if not no doubt of  
their health

proud flesh to consume

powder of usia fetidi takes it away so doth powder of wool scardian  
or calimint

Jaundice

take plantain water 1 pint powder of ivory 1 dram saffron as much as wil  
make it yalaw boyl 2 whalms strain drink a good draught its a sure and  
speedy cure earth worms well cleaged stamp infused in ale 24 hours  
yn strain drunk with some saffron cures in 3 times taking

SORES

oyl of roses and powder of oris boyl in vinegar and strained ading some honey of  
roses wil cover a naked bone with flesh) juice of smalage honey wheat flower  
and egg yolk wil bring a sore or imposthume to matter) dogs tongue shred and  
boyled in malmsy mixt with melilot plaister wil dissolve and heal any bites  
or swelling especially about the neck or cheeks without breaking) chalk in fine  
powder 1 pound hogs grease 12 ounce wotkt together laid on a sore half an  
inch thick cures al watrish stinking humors) take saler oyl and vinegar  
each 12 ounce red and white lead each 2 ounce wax 3 ounce boyl til they  
are black wth a little col add camphire & drams this mundifys al sores  
and takes away al pain) frankensence dragons (loud quick lime each alike  
in powder incarnates and dreg up sores) take burnt coperus 1 ounce auri-pig-  
-mentum fine combust 1 ounce verdigrace as much burnt alum 3 ounce its  
excellent in operation praised of al chirurgions for it scales bones and  
stops the watring of nerves or sinews) mix mercury sublimate with bole so  
as to be but a pale red this kills al pox cankers old sores and the like) take of  
ye rustiest facon fry out ye fat clear it from the salt fry cup moss in it til dry as  
coals strain out ye grease put to it half as much Tarr this cures ring wormy  
wheals creeping sores) socket wots boyl tender bruised and aplyd cures ruptures  
or dislocations) powder of frankensence varnish fengreek burnt bones  
alloficatorine each alike strewed thick on any sore dreg it) female fluetlyn  
bruised and aplyd to any peking eating sore and ye juice drunk in wine an  
water cures) plantain water made as white as milk with dulcified mercury  
cures any old sore and dreg it up) fresh butter boyled in verjuice

629

630

631



laid hot so sores take away the swelling about ym) lime water made with  
 jarses ounce yt never had leather in warme cure and drys sores) take gulfjacum  
 cerase lithrage of tin allosiccabrine and turpentine each 2 drams oyl of roses 2  
 ounce mixe it in a lead mortar dress with lint this heals and drye al old sores and  
 ulcers and draws ym together) the great red worm or magistrol oyl with wine  
 and dibanum knitts together veins or sinews yt are cut) malon carment and  
 violet leaves boyle to a pulvis in hogs grease laid on hot is good for any swelling  
 or inflammation if you add crums of rye bread it wil cleaue any corrupt ulcer) red  
 dock roots and plainain boyle til tender beat smal and boyl up with sheep suet  
 and applye as a pulvis heats scabed and swollen legs) dissolve gum dragant in  
 oyl of roses add a litle powder of alkanet strain and oint with it it wil skin any  
 sore or heal any wound) melt hogs grease add juice of alexanders and powder  
 auri-pigmentum as much as wil make it looke yelow this cures scald heads  
 or ye juice of celadine and reshy salt butter boyled together til blacke wil do ye same  
 or take soot oyl olive vinegar fetters grass boyl ym til ye grass be hard and  
 like a coal strain it add a litle turp stir til it be cold) powder of sheep dung  
 boyle in malmsay and vinegar ading some powder of cumminseed applye ther  
 as a plaister dressing every 24 hours cures sweetling or pain betwixt the flesh  
 and ye skin) take gulfjacum old roses oak burnt bone of a pig iaw calcined  
 vitriol burnt alum moss yt grows on ye black thorn make al into powder  
 make a plaister with hony this drys and heals al running sores) scammony  
 and vinegar used to foul scabs helps and drys marvally) juice of lymes old  
 oyl of nuts and turp each alike boyled and strained ym add chimney soot  
 make an ointment this cures scabs and fetters juice of dock wil do if you  
 cannot get juice of lymes) black soap ginger and peper made into an unguent  
 cures al fetters) daisy roots made into a plaister with wheat flower and egg  
 yolk draws out thores dress twice a day) inner part of walwort roots stamp  
 with hogs grease wil take away any pain in ye thighs legs or feet) powder  
 of sal armoniack mixt with soap cures al fetters or creeping eating sores  
 probatum est) calcine roch alum in powder til it be white ym add vinegar  
 which boyl til ye alum be blacke ym calcine it again til it be as white as  
 snow make into a unguent with hony of roses this cures any ulcer) strow  
 stin over an ulcer calcined vitriol ym lay on a plaister of stus unguentorum  
 this wil siccatize and cleaue any old ulcer) take powders of aloes siccatrine  
 and perosine each alike mix wel with egg white lay it on with lint it wil  
 cure a fresh wound at once dressing) take hogs grease and saler oyl each 8 ounce  
 add juice of plainain mary golds wormwood dazys mix ym wel over ye  
 fire put in as much powder of alkanet as to make it red this cures deep  
 thrusts or wounds without rent and keeps ym open) melt hony and turpin-  
 tine over the fire scum it take it from ye fire put to juice of plainain and  
 dazys each alike 3 egg yolks so mix into an unguent this heals and  
 breeds flesh) take oyl of roses 4 ounce bote 2 terra sigillata one vinager  
 one camphire half a dram nightshade and sengreen each 1 pound get ye  
 juice out of ye herbs and mix al together cold this represent humors and  
 defends sores or wounds from ym) take hony and fresh butter each alike  
 melt add flower of linseed wheat fenegreek mix over ye fire to a unguent  
 this deges and brings a sore to fair mater) take powder of white coperas  
 4 drams alum and verdigreace each 3 hony butter oyl of roses each 2  
 ounce boyl to a unguent ym add turpentine 2 drams dress with lint it both  
 cleaues and heals) powder of storax and alkanet and oyl of hypericon  
 cures smal wounds and cuts quickly) dregs of wine and vinegar  
 and egg wel mixt cures wild fire in the flesh

dram  
 close stop  
 fine part  
 of this powder  
 may for 14 days  
 can be kept  
 round) take  
 vinegar brought  
 full house but  
 it once whole  
 14 days of  
 yer is take of  
 deader of  
 wool scolding  
 of much of  
 of a face and  
 the red long  
 of some kind of  
 white flower  
 more used in  
 lead any thing  
 of chalk in  
 a see help in  
 and vinegar  
 e boyl til they  
 light al sores  
 one each white  
 once more  
 on 3 ounce by  
 les bones and  
 e with take to  
 e take) take of  
 in it til drye  
 very ringering  
 and over papers  
 and best  
 into flask  
 with in wine or  
 distilled water  
 in vinegar



take powder of white calcined coperas boyl in water strain it this dry and  
heals sores  
for heat in the face

632

drink as much powder of hares liver as wil lye on a shilling in alum poset  
first and last probatum est  
for wasting of the kidneys

633

make a poset of wine wherein plantain hath been boyled put as much  
powder of elderberys as wil one a shilling & drink it warm first and last it  
cures if ye kidneys be wasted their urine wil be thick and bloody

634

Morpheus spots or marks in the skin to cure presently  
infuse 1 dram of flower of brimstone at night in 6 spoonful of strong vinegar  
keep linnen cloths on wet therein til wet

635

piles  
mix powder of burnt muske shels with hony and saffron anoint and be wel  
(or boyl fresh buter pikenwort and elder leaves a little saffron so an ointme  
nt

basilicon

636

take wax resin beas tallow pitch birdlime myrrh tur obanum each  
6 drams melt the resin tallow pitch and wax yn strain yn put in the myrrh  
and obanum in powder yn at ye rest stir wel til it be cold use it to draw  
cleause and heal

637

plumbes plaister to heal or finish a sore  
take chalk and hogs grease each 2 ounce lapis calaminaris and ceruse  
ceruse each 1 ounce beat al together wel make up into rouls wv you  
use it spread on leather thik let lye 24 hours so do til you be whole  
a plaister to skin and heal very fast

638

take linseed oyl 8 ounce wax 4 ounce melt ym yn put in 1 ounce of  
powder of lapis calaminaris stir it wel in ye cooling put in 1 spoonful  
of white wine vinegar mix very well) or grind lapis calaminaris very  
fine on a pintless stone with fresh buter and linseed oyl bole and ceruse) or  
mix lapis calaminaris with unwasht buter and linseed oyl bole and ceruse  
plaister to heal and dry

639

take oyl olive and wax melt them put in powder of lapis calaminaris  
make it red with red lead. if the sore be clean dress but once in 3 days  
warts or corns

640

take powder of savin and of mercury sublimate this wil destroy both  
pox itch canker warts or corns so with burnt alum or burnt  
coperas or powder of hollyworth) take 1 pound of ye first rape of  
sopemakers lye mix with it so much quick lyme as wil make it  
thick hang it up in a bag with a tazon under it put this water on ye  
top of ye wart or wen let it dry til it look white do thus severall  
times yn it wil go away

641

pain in the bely or any part  
boyl in a quart of poset drink maidenhair 1 handful aniseeds and  
liquorice bruised each 4 drams ivory shavings 1 spoonful strain



Stiches

642 Swallow as much powder of resin as wil lye on a shiling in a draught of ale) or as much powder of foxes musk as wil lye on a great doth if

Stomack to cleanse

643 take centaury scabious divity bit agrimony each half a handful 3 large mace one race of ginger boyl al in a quart of claret wine sweeten with hony drink thereof first and last til well

Speech lost to restore

644 gargarize with juice of primrose and sage boyl<sup>d</sup> in whitewine

Stone

645 take wild myrrit asparagus eringo rape parsley maidenhair gromwel wild carrots endive fennel roots each alike bruise ym infuse in wine on a soft fire this breaks the stone and causeth urine) 10 drops of oyl of juniper in 2 ounce of parsley water drunk warm fasting wil cause to make water in 2 takings so cause to sleep quietly without talking

646 juice of southern wood taken in wine or vinegar w<sup>n</sup> going to bed causeth to sleep quietly

for the Sciatica

647 boyl a pint of malunsey with 8 ounce of butter out of the churn til it comes to a salve this is good for any pain

a Stomack drink yt cures many diseases

648 take scabious magwort smalage dively-bit groundivy wormwood spicknel feaverfew fumitory each 2 handful boyl well in whey in may in ye last boyl put in 6 egg whites some hony saffron powder of 12 cloves strain and drink first and last take this in may and youll be safe al ye year

vein broken or spiting blood

649 take powder of mouse dung in juice of plantain first and last with a little sugar til well

vomit to stay

650 take mint shepard purse plantain fenchgrass comfrey boyl in red wine wine drink of it and lay ye herbs to the Stomack

wind with pain and sweeting at the stomack

651 take avenice liquorice ants galingal hysoy mace gentian boyl in whitewine strain and drink warm

breast sweln with milk or sore to cure

652 bath with juice of herb benet keep cloths wet therein alway on) or take mint walwort vervain hogs grease stamp and apply

Mushroom powder

653 in a peck of drest mushrooms put 20 cloves 8 blades of mace as much black peper beat smal as wil lye on half a crown a handful of salt 3 bay leaves 2 smal onions bignes of an egg of butter a gil of vinegar strew al over a slow fire til ye liquor is spent dry ym on sives after ye bread is drawn powder and keep in



a glass bottle it wil keep a long time

### Surgeon pickle

654

boyl 2 quarts of smal beer a pint of vinegar peper salt a few bay-leaves w<sup>ch</sup> cold put in the surgeon when as occasion serves

655

breast of mutton to color  
bone it wash and bone w<sup>th</sup> anchovys and lay up and down your meat yn shew on bread crumbs yolks of 3 hard eggs mace cloves peper salt sweet herbs lenion pill yn rowl up your meat tye with course tape and bake boyl or roast serve with gravy sauce garnish with wt you please

656

to pickle potatoes kidney beans cucumbers purslain  
lay ym in salt and water 9 days yn drain ym well put in a pan with whey y<sup>t</sup> hath been claryfyd with butter milk and boyl til as green as grass and strain cover the pan close set on ye fire til hot but not to boyl let stand to be cold yn set on again keep doing so til thay be very green make your pickle of strong vinegar and peper put it to yn boyling hot and thay wil keep ye year round

657

barbery catchop  
boyl in a pitcher in a pan of water strain out ye juice boyl it til it be almost black keep in a pot with a paper tyed over it wil keep 7 years without any thing doing at it it gives a fine taste to any sauce y<sup>t</sup> is to be brown is good in scotch collops pygasus of rabbits chickens and ye like

658

for the palsie  
take me rosemary mint lavender st john wort sage of each alike boyl ym in water strain it make into Jely with sugar take a glass of it at a time often

659

to sweeten a fusty vesel  
to a hogshhead take an ounce of black pepper in fine powder put it to as much boyling water as almost to fill it let it stand 3 days yn wash with fresh scalding water this wil perfectly sweeten the most stinking vesel y<sup>t</sup> can possibly be

660

to stop a vesel y<sup>t</sup> leaks thro: working of any liquor  
the best way to stop a vesel y<sup>t</sup> leaks thro: fermenting of liquor is to break ye thin scum y<sup>t</sup> is one the top

661

for the Strangury  
nothing under the sun is so good for the strangury as the decoction of the internal bark of the oak tree in beer or ale one only draught of it cured a man of 89 years old who was by cruel torments reduced to a very anatomy

662

to prevent infection  
the smel of cedar wood or cypress and a smoak made thereof is good for the lungs and to keep out all infection is very useful in times of infectious distempers destroys all moths and worms



great vertues of elder

the tender buds or inner bark boyled in water gruel and breakfast  
in effects wonders in feavers the decoction is admirable to asuage in-  
-flamations and miltuous humors especially the scurvy an electuary  
may be made of the ripe berys to irradiate the scurvy root and  
branch and greatly to assist long life its good against almost all infirm-  
-ities the water of ye leave and berys are very good in the dropsie  
an ointment made in may of ye young buds and leaves with butter  
is most sovereign for aches shrowles sinewes and the like fresh leaves  
laid to the soles of the feet refresheth the feet of weary travelers

Jobaco Salve of english Jobaco

stamp 3 pound and a half of the fresh leaves very small boyl  
in a quart of oyl olive til ye herb appear blackish and wil bubble no  
more stir al ye while strain it put to it 8 ounce of bees waxe &  
of resin 2 of Turpentine wn they are al wet melted put up in a  
pot for use this salve is of great use in al families and wt they  
ought never to be without its good for green wounds cuts burrs  
impossthumes tumors invetrate ulcers borches and ye like

an excellent remedy for a consumption

take sobaonon seal and comfrey both leaves and roots marshmallows  
hyssop got ryme mother ryme suetory agrimony plantain clivers netles  
scatious both kinds dandilion rosemary violet and strawberry leaves  
ground ivy borage balm mint yimpertel coltsfoot of each 1 handful  
5 leaved grass and couch grass roots each 1 handful and a half  
a little rue one head of garlick figs sliced 1 pound raisins of sun sion  
1 pound liquorice sliced & ounce put to ym a gallon of water boyl  
til half be consumed strain boyl it up with a pound of brown sugar  
and 3 pound of ♂ sugar scum it wet wn it appears clear and spark-  
-ling its ym compleated and fit for use keep it in bottles bound over  
with leather peirced ful of holes take 3 spoonful every 4 hours  
who ever makes use of it wil receive such benefit as wil be sufficient  
to establish its praise it hath cured abundance wn given over  
by their doctors as past al cure also for shortness of breath its an  
approved remedy having cured several 100 wn al other means hath  
failed and proved ineffectual

vertues of herbs

wormwood creates an apitise is very good for a weak stomack bad  
humors and obstructions it withstands al putrefaction is good against  
a stinking breath keeps moths from cloths — rosemary is good  
against al fluxes of blood al infirmities of ye head and brain coming  
from a cold cause or moist it quickens ye senses and memory the  
distilled water taken first and last every day with a few cloves  
mace cinamon and aniseeds steep therein takes away ye stench  
of ye mouth and breath — rue beat and drunk in wine is an  
antidote against payson eat with kernels of walnuts is good against  
al infectious airs the juice made hot and dropt into ye ears  
takes away the pain instantly



rose water is a great strengthner of the heart and refresher of ye  
 spirits the mitigates al inflammations or hot swellings and will not  
 safer ym to arise but instantly aswages ym urgerve of roses  
 taken first and last strengthens al ye bowels — saffron makes  
 the heart merry and strengthens it opens ye lungs is an excellent  
 remedy for consumptions thereof shortnes of breath surfeits jaundice  
 — self heal the decoction doth soyn and make whole al kind of  
 wounds inward or outward — roots of solomon seal are most  
 excellent to seal or close up green wounds or to take away al  
 bruised stamp and boyl<sup>d</sup> in ale and drunk very speedily sedes  
 and knits broken bones together and yt in a very strange manner  
 for altho ye bones are but very indifferently set yet it never  
 faileth of success and aptly as a pulvis to a bone new set drives  
 away the pain and knits the bone very firm and takes away  
 al inflammation drunk in ale as above it cures any inward  
 bruise dissolving ye congealed blood in a word there is not such  
 another herb growing for bruises and broken bones as this —  
 southeren wood boyl<sup>d</sup> and drunk is a very good remedy for such  
 as are troubled with ye cramp or sciatica and greatly helps those  
 whose sinews are shrunk its very good against deadly poyson boyl<sup>d</sup>  
 til soft and made into a pulvis with barley meal and hogs lard  
 it dissolveth al cold humors and swellings — myrr boyl<sup>d</sup> in  
 water with hony is very good for al coughs and shortness of breath  
 dissolves congealed blood — violet flowers takes away hoarsness  
 — sage is singular good for ye head and brain quickens ye memory  
 strengthens the sinews — root of viper grass taken causes cheer-  
 fulness — rany is very good for the stomack for if any bad humors  
 cleave thereto it perfectly doeth and scours ym downwards the  
 seed is a singular and approved remedy for the worms for in wt  
 sort soever it be taken it certainly kills and expels ym — al  
 parts of ye oak is sovereign against al sort of fluxes wt ever  
 acorns wt fasting kil worms — elm leaves bruised heals  
 fresh wounds or cuts and boyl<sup>d</sup> with ye bark knits broken bones  
 — the water in hollow trees of beech cures the most obstinate  
 iters scabs or scurf in man or beast — there is an oyl  
 extract<sup>d</sup> from ash which is excellent to recover the hearing  
 being put warm into ye ears also for rot of ye bones worthack  
 — walnut leaves distil<sup>d</sup> and mixed with hony and urine  
 makes hair to come in bald places a pint of ye fresh oyl drunk  
 is an immediate cure for any pain in ye side water yr drops from  
 ye tree nor bored as birch is most powerful for dissolving ye stone  
 and exceedingly sharpens ye appetite — juniper berries swal-  
 lowd instantly appease ye colick a decoction thereof is sovereign  
 against an inveterate cough ye water is singular specific against  
 the gravel in ye reins ye electuary is effectual against ye stone  
 thumes consumption dropsie jaundice inward imposthumes  
 palsie gout yea plague it self — angelica roots are  
 a singular remedy against poyson the plague and



and at infections taken by bad air for if ye heart be affected in pestilences  
 chewing ye root a long time in ye mouth wil draw it out instantly and cast  
 it clear away by sweat and urine taken a quantity of it after its a very  
 great opener of the liver and spleen and dissolveth tough flegm leaves put  
 in wine and drunk makes the heart merry its singular against surfeits  
 and bad stomachs cure al venomous bites — aniseeds are very good for  
 those yr are troubled with wind gripes belchings increase with  
 cantharide is very good against colick and stone in glisters ye oyl is exceed-  
 ing good for al akes pains bruises cold swellings shrinking of sinews  
 boyl'd in wine its very good for cold stomachs and wind its excellent in  
 agues expels tough and clammy flegm — carduus boyl'd in wine  
 and drunk hot cure the gripes kills worms causes sweat provoke wine  
 cleanses ye stomach and is very good against a quartan ague ye juice  
 is singular good against al poyson half a dram of ye powder taken in  
 24 hours or less after any infection and sweating with it carys it of-  
 comfrey is very good for inward burstings or any part torn rent or bruised  
 is of wonderful vertue to dissolve al congeal'd blood its vertues are so  
 great yr it doth not only cure wounds outward but inward it wil  
 do either by only drinking ye decoction and bashing the part with  
 it its very good for jaundice overflowing of ye gal for al infirmities  
 of ye liver giving it great strength cures feavors of long continuance  
 curesh roten ulcers of ye mouth and gums in short this herb and  
 self heal are 2 as good wound herbs as any ye earth produceth no  
 family should be without ym in their garden to be ready at hand  
 for every occasion yr may hapen — conserve of gillyflowers greatly  
 comforts ye heart even beyond expression so doth ye syrup being  
 drunk in brandy is also very opening is exceeding good in feavors —  
 dragons serpents wil not come near any yr carys ye root about him  
 ye water is very good against pestilence fever or poyson being  
 drunk warm with mithridate — elecampare is very good for  
 shortnes of breath and an old standing cough causes flegm to  
 be easily spit out — a decoction made of hysoy and figs  
 ripens and breaks al swellings in ye throat and heals ye part so  
 as to swallow with ease it expels worms — liquorice is good  
 for plarisy hoarseness spiting blood consumption helps decay'd  
 lungs and short breath th takes away inflammation al sharp and salt  
 humors causes easy spiting helps ye kidneys and bladder yr are ulcer'd cures  
 ye strangury and al infirmities yr proceed from sharp salt or  
 raw humors — sweet marjoram is a very good remedy for al cold  
 diseases of ye brain and head being taken in smel ye oil is very good for  
 shrinking of the sinews cramp convulsion and al kind of pain proceeding  
 from a cold cause — marshmallows are very good for pains in  
 the side ye decoction easily uswageth pain of ye stone and expels it  
 decoction of ye moss is very good for ye bloody flux is good for cramp  
 convulsion sciatica drunk in good wine it stops al fluxes of blood —  
 many golds strengthen and comfort ye heart withstand poyson — the  
 head of garden poppy boyl'd in milk cause sleep stops rheumys a peice of  
 white poppy shel as big as half a crown boyl'd in milk is a very good  
 quantity in urgent cases you may double it but never more —  
 alexander is excellent against ye strangury — broom buds is a  
 great cleanser and opener of ye liver with kidneys boyl'd in wine  
 brings things away al kind of watry and



dropical humors — clary is a very great strengthner of the  
 stomach eyes and back — conserve of cowslips prevails  
 wonderfully against ye palsie convulsions cramp and all diseases  
 of ye sinews that procure sleep — young mint eat raw washes  
 fully strengthens and comforts a weak stomach causes digestion  
 dries up all superfluous humors is very powerful against all nervous  
 crudities the stiled water is very good for griping and pain of the  
 bowels headack and vomiting boyled in wine its very good for stone  
 gravel and strangury — nerle juice stops bleeding any were  
 — lemon juice breaks ye stone — parsnaps are a very great  
 nourisher are very good for kidneys stomach bladder and lungs —  
 potatoes comfort nourish and strengthen ye body — pennyroyal boyled  
 in wine or ale expels wine stone taken with hony it cleanses ye  
 lungs and breast of all grosse and thick humors and with water and  
 vinegar cures pain of ye stomach and desire to vomit

## ague

667

2 ounce of juice of lemon with as much brandy drunk for 3  
 times at ye coming of an ague fit and sweating with it never  
 fails of a perfect cure

## Spitting of blood

668

take mirtyl berry and leek seed each a quarter of an ounce  
 make into powder drink in wine this stops ye oldest spitting of  
 blood yr hath continued a long time

## for the fashions in horses

669

the sap of ye oak or juice or decoction of ye inner bark cures  
 this dangerous distemper in horses which is incurable by any  
 other means

## for sore mouths

670

soch alum and vinegar boyled up and made into a powder  
 is very good for sore mouths

## for greensickness

671

take a  $\frac{1}{2}$  conserve of roses spanish juice flower of brim-  
 stone steel and wreacle each one pennyworth take 3 smal  
 knife point full at morning and 4 in ye afternoon fasting  
 an hour after and useing exercise its most excellent

## a frygasy

672

take chickens or any other meat beat it flat strow on a little salt  
 let ye frying pan be hot fry it brown put it in a stew pan with gravy  
 and ye butter it was fryd in a little wine a posy of herbs pepper nutmeg  
 anchovy lemon peel w<sup>n</sup> stewd enough put in 2 egg yolks beat with cream  
 add a good peice of butter shake it up

## to stew beef collops

673

cut thin slices of tender beef hack ym well fry ym ym put ym  
 into your stew pan with w<sup>t</sup> they was fryd in a pint of ale a



little water a posie of herbs an onion whole mace and pepper an anchovy w<sup>n</sup> tender bridge in a little flower to thicken it shake it well together so dish it up thus you may do any meat

Carot puding 17 5031

574

take young carrots boyl and peel ym stamp ym in a mortar add 4 eggs a manchet grated a quarter of a pound of blancht almonds beat small with rose water a nutmeg grated a sack of sack sweeten to your taste

to rowl beef

575 17 5031

lay your beef in pumpy water and salt for 3 days shifting once a day let it down 3 hours put shew on some wheeneal a little anchovy season with cloves mace pepper salt sweet herbs rowl and tie it with rake bake it in a pot with a pint of claret a spring of rosemary a few bay leaves take it out of the pot before liquor before its cold

excellent ointment for scabs

576

in may wash bruise and strain out the juice of bazil and mint keep it one year in a bottle well stopt yu take of it oyl and wax each alike so boyl to an

for cramp and convulsions

577

near ye head of a dew snail is a thing like a scalop shell take these and dry ym in a little bag hang it about ye neck so it cures

for distillation and rheum

578

make snuff of nutmeg and mace and it wil cure you

for headack

579

dissolve euphorbium in vinegar lay a cloth dypt therein to ye contrary side of ye head and to ye forehead and temples and it wil cure the megrim presently

faling sickness

580

water stiled from flowers of tile = tree is wonderful to cure children) as soon as thay are born give ym first half a scruple of powder of coral in womens milk and thay shal never have this distemper) bals of mistleoe wrose as a necklace cures) dts claws worn so as to touch ye skin do cure without fail or doubt also take some of ye claw in powder) take gentian piony antimony prepared each 3 ounces mans skull musk each 3 grains make a powder take a dram every day its most excellent) water stiled from new got cherys is a precious thing and oft tryed) rub ye tips of me in a fit with mans blood and put his great toes it brings him to himself presently)

quinsy

581

a hedge road boyl<sup>d</sup> and laid on for a plaister is ye best of remedies

plurisy

582

half an ounce of powder of bores tooth drunk in barley water is an approved remedy) not as much powder of stone horse dung wil do ye same) a scruple of powder of netle seed in syrup of violets is a great secret) fit a large yellow aple with frankensence roast it in ye embers eat it hot this wil bring up ye matter and cure ym

vomiting

583

a roast of household bread made of wheat dypt hot in vinegar and laid hot to ye stomach wil do it) so wil a draught of ale with mint boyl<sup>d</sup> in it drunk hot) smalage seed drunk stops vomiting) so doth worme = wood

short breath

584

juice of basil half an ounce with half a scruple of saffron doth wonderfully help those yt are short winded



for inward wounds or bruises or outward  
drink ye decoction of avens roots and it wil cure you its also good  
to weyl outward sore with also for pain of the breasts and sides and  
inward condities) take a pint of oyl put to it a good quantity of  
bruised camomile set it in a glass in ye sun 3 days yn strain it let  
it stand in ye sun other 3 days yn strain again let it stand til it  
be fully purifyd so keep it close stopd in a clean botle chaf it in before  
the fire it wil keep 12 years) or by brooklime smalage and broveswort  
in sheep suet strain it yn put in sperma ceti

685

for pain of the stomach  
a spoonful of powder of amber in whiterwine is a sure cure and  
creates an apilite

686

colick  
juice of ox dung drunk cures it presently)  
worms

687

there is nothing beter to drive out wormes yn wormes dryd to powder  
on a tile for it presently drives ym out

688

flux  
haves runnet and haves blood each alike cures al bely fluxes)  
many have cured bloody fluxes yt were infectious with althea  
boyled in wine if there was no fever or in barley water if their  
was) powder of mans bones drunk in sharp red wine cures al raging  
fluxes

689

dropsie  
glisters of the decoction of carduus in urine often given cures al  
dropsies) powder of loadstone 3 half peny weight drunk in juice  
of fenel draws out al ye water in dropsies

690

stone  
there is an incredible vertue in the powder of medlors to drive forth  
stones and provoke urine) berys of white thorn taken in wine are  
very effectual for the same) many magnify ye powder of pikes skin  
drunk in whiterwine and water of pelitory of ye wal) rest harrow is  
excellent for it soon eases ye pain and expels the stone) syrup of  
hyssop with pelitory of the wal water drives stones forcibly out of the body  
(powder of ye lesser burdock seed in whiterwine purgeth out stones) stalks  
of hartichokes boyled in wine drives forth urine plentifully) sows  
drunk in wine doth ye same most forcibly) stones taken out of snails  
heads made into powder and drunk in wine makes one make water  
and much helps women in labor) a goose longe is admirable against  
the strangury

691

coddys swollen  
take wheat blades and parsley each a handfull boyl ym in fresh  
butter a little milk with oatmeal make a pulvis lay it on as hot as can  
be wyl endured) fresh horse dung fryed in vinegar and butter is  
very good

692

for trembling hands  
mugwort sleepd in rosewater cures if oft washt with  
to draw out thorns

693

southren wood bruised and mixt with vinegar wil draw out thorny  
iron is drawn out of wounds by juice of valerian put into it and ye  
Rheumatism or pain of the gout

694

oyl of frogs is excellent for al pain of the joynts or nerves or benum  
limbs

695



To know if a part be mortified

676

bruise green leeks lay ym at night on the part if ym you open it be not so wan and black as before there is some life in it other ways not biting of a mad dog or other venomous creature

677

colenwort leaves and seed bruised and with vinegar and masterwort doth perfectly cure) the root of sweet briar is a most sure cure) an herb called alyssum cures all madd doggs) burn crabs in a posnet in ye dog days give a spowful in a little water the force is so great yt none dye to whom its given at ye first continuing it for sometime  
canfer to fil

678

take doves-foot archangel joy berries ym young red briar leaves white rose buds red sage celadine and woodbine of each a like quantity chop ym put to ym white wine and honny a little alum and powder of atves hepatic still it keep it very close it wil not only fil canfer but 2 drops at a time put into the eyes sharpens ye sight take away pearl and spozs dropt in with a little fenel water) coriander seed in powder mixt with honny destroys all carbuncles  
an approved healing salve for sores old or new

679

take wax rosin bacon each 2 ounce surpentine one ounce put it in at ye last wth the other are wet boylt it wil draw and heal

To cure soure wine

700

take chicke pease oint ym with oyl roast and bruise ym til thay are like past put some into ye wine and it wil recover it perfectly) boyl wheat in water til it crack wth its cold put it into ye wine close it up this wil recover it tho: very soure) teep seed put into wine wil keep it from turning soure it wil even take all ye sourness out of vinegar) let an orange stuck with cloves hang in ye vessel so as not to touch any part of ye wine and it wil never tast flat nor musty) shavings of beech tree put into ale or wine wil clear it in 2 days) smatage put in bags and hung in wine or ale takes away all ill scents) the flower and seed of garden clary put into wine whilst it works wil make it tast as good as malmsiey

700

of beasts

701

beasts wil have no disease if you hang hartshorn about ym) the stomach of a ram boyled in water and wine cures all diseases in sheep (mice wil not so much as touch cheese if ye brains of a wezill be mixt with the runnet) if you burn ants it wil fight away all the rest) thay are killed with the herb turnsoil) a smoke of ox dung wil drive away all wiglice) the decoction of fleabane sprinkled in a chamber kills all fleas) so doth quick lime sprinkled on the floor) garlick hung on trees wil hinder birds from coming to ym) storax by its smoke wil drive away almost all insects)

of metals

702

oint vessels with quicksilver mixt with strong vinegar and thay wil look like silver) oyl of tartar wil suddenly take away rust from iron and make it bright it wil also take all spots from the skin) old thick liquid vernish wil peice glass china or pots be dried on wet in ye sun so as not to unglew again with any moisture if it be not over hot)

herb laid on it wil also heal the wound  
dary wil do the same



to take out teares or blots

write with a water made of coperas and salt petre upon the letters  
 (or rub ym with salt alkali and brimstone made into small pebles  
 and it wil eat the teares quite out

703

to make westphalic hams and so salt bacon

to 6 hams take 3 gallons of bay salt 1 pound of salt  
 petre 5 pound of ~~common salt~~ coarse sugar dissolve in as  
 much water as wil cover ym boyl it and w<sup>en</sup> cold put  
 to the bacon let it lye 3 weeks smook ym if hams but  
 do not let ym hang to rot ym hang to dry let ym be  
 very dry before you lay ym byc and thay wil never rouse  
 but the fat be very white thay wil eat very meate

704

to make black salve

take a pint of salet oyl half a pound of red lead boyl it it be of a  
 dark color stirring it w<sup>en</sup> it be pretty cold ym put in 2 penyworth of  
 bees wax sliced stir it til it be dissolved boyl it 7 minutes ym stir it w<sup>en</sup> quite cold  
 ym put in 8 ounce of rosin beat fine ym boyl it til it fall in ye pan being careful it  
 go not over stir it w<sup>en</sup> cold so make up into rolls

705

y q 2 r 110

To Collar Pig

Take a fat Pig about a month old dress it and  
 cut of the head cut it in two down the back bone  
 it and cut two collars of each side



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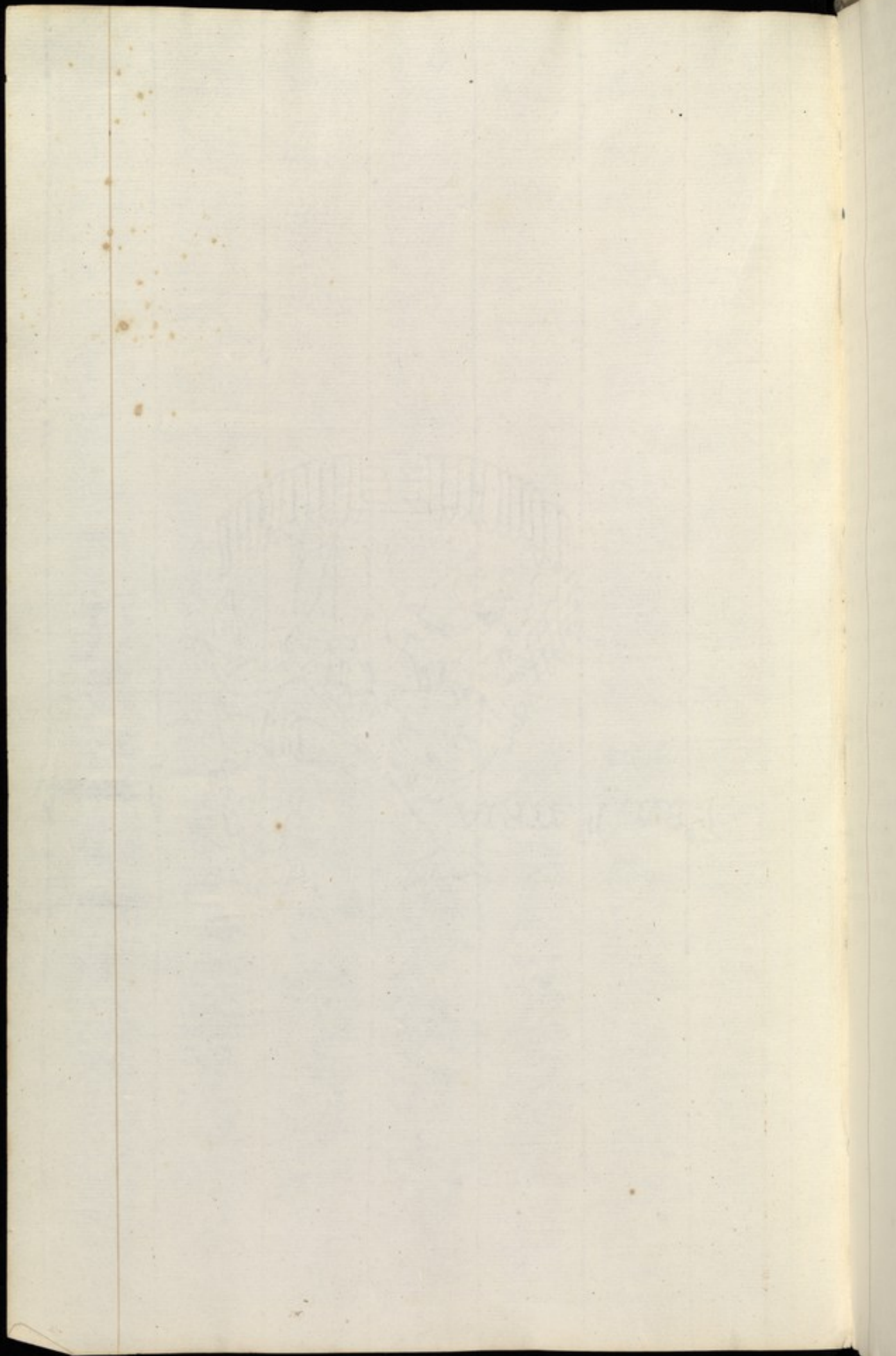


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page 1 for ague a plaister  
 1 a very good medicine for an asthma  
 page 6 lady Alloys water  
 page 7 for St Anthons fire  
 page 8 for an ague  
 page 10 water for Apoplexy and lethargy and  
 10 to resolve humors  
 10 apoplectick water another  
 10 ointment for apoplexy  
 page 11 apoplectick balsom  
 11 lozenges pills and powder for the same  
 for an asthma  
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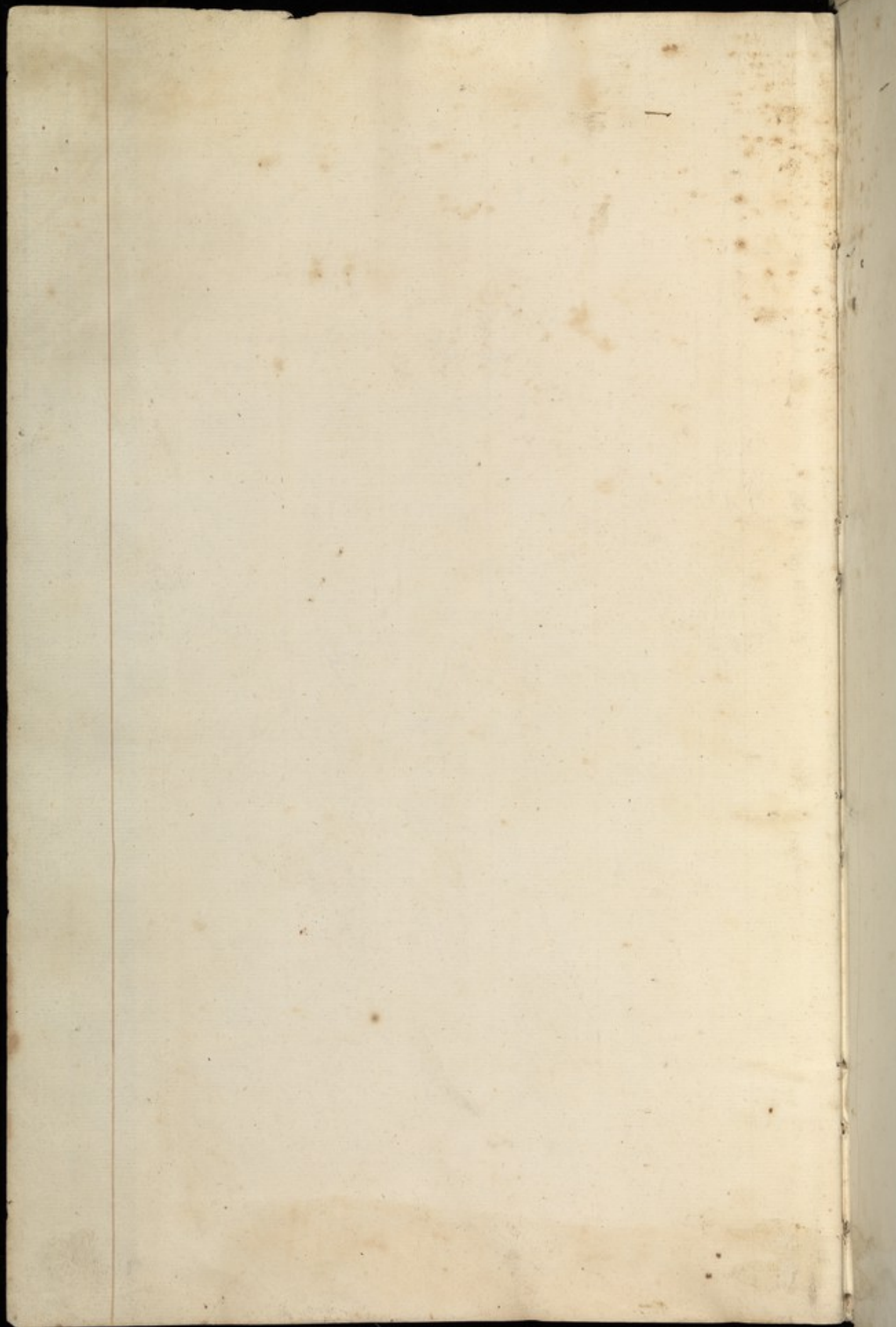
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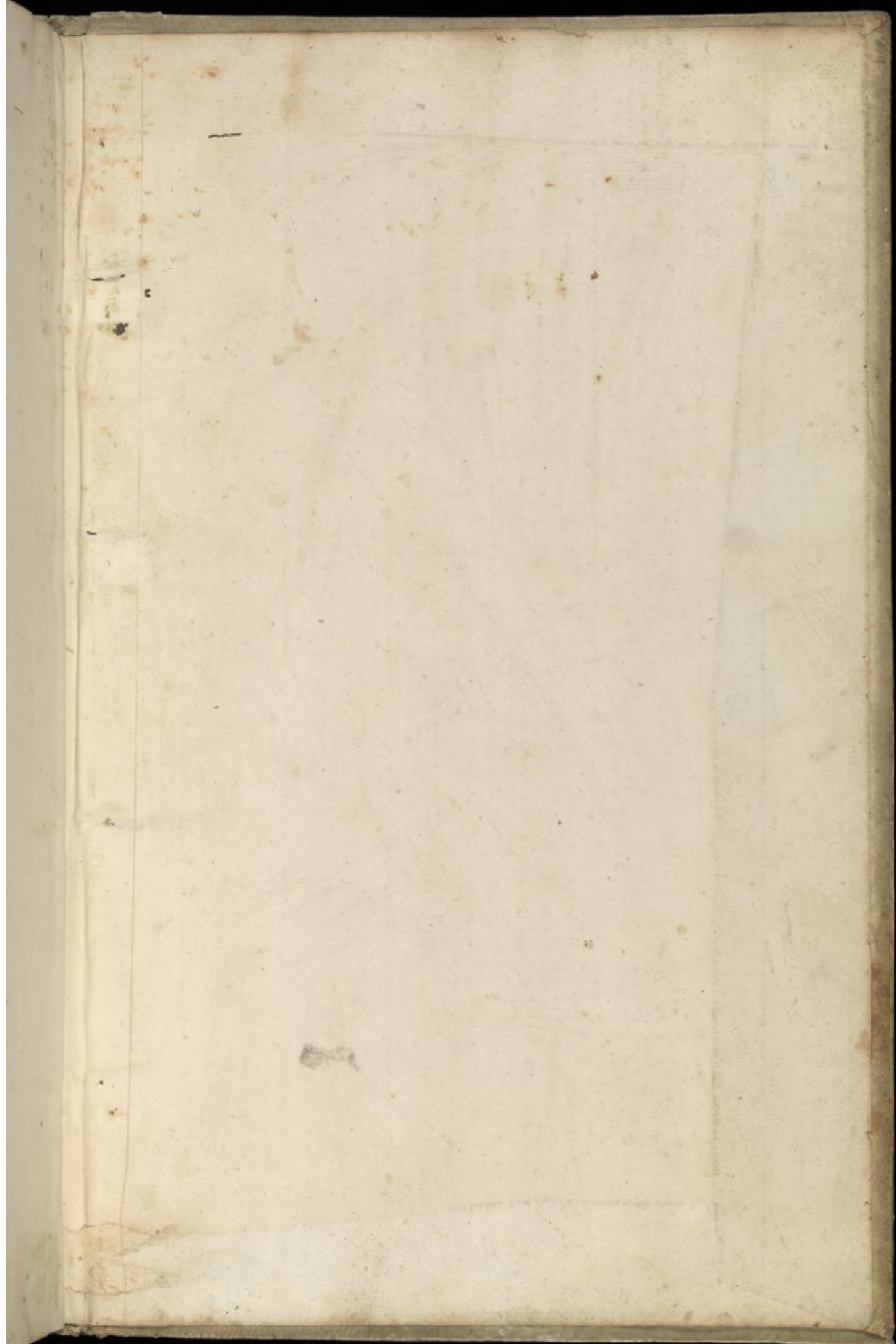
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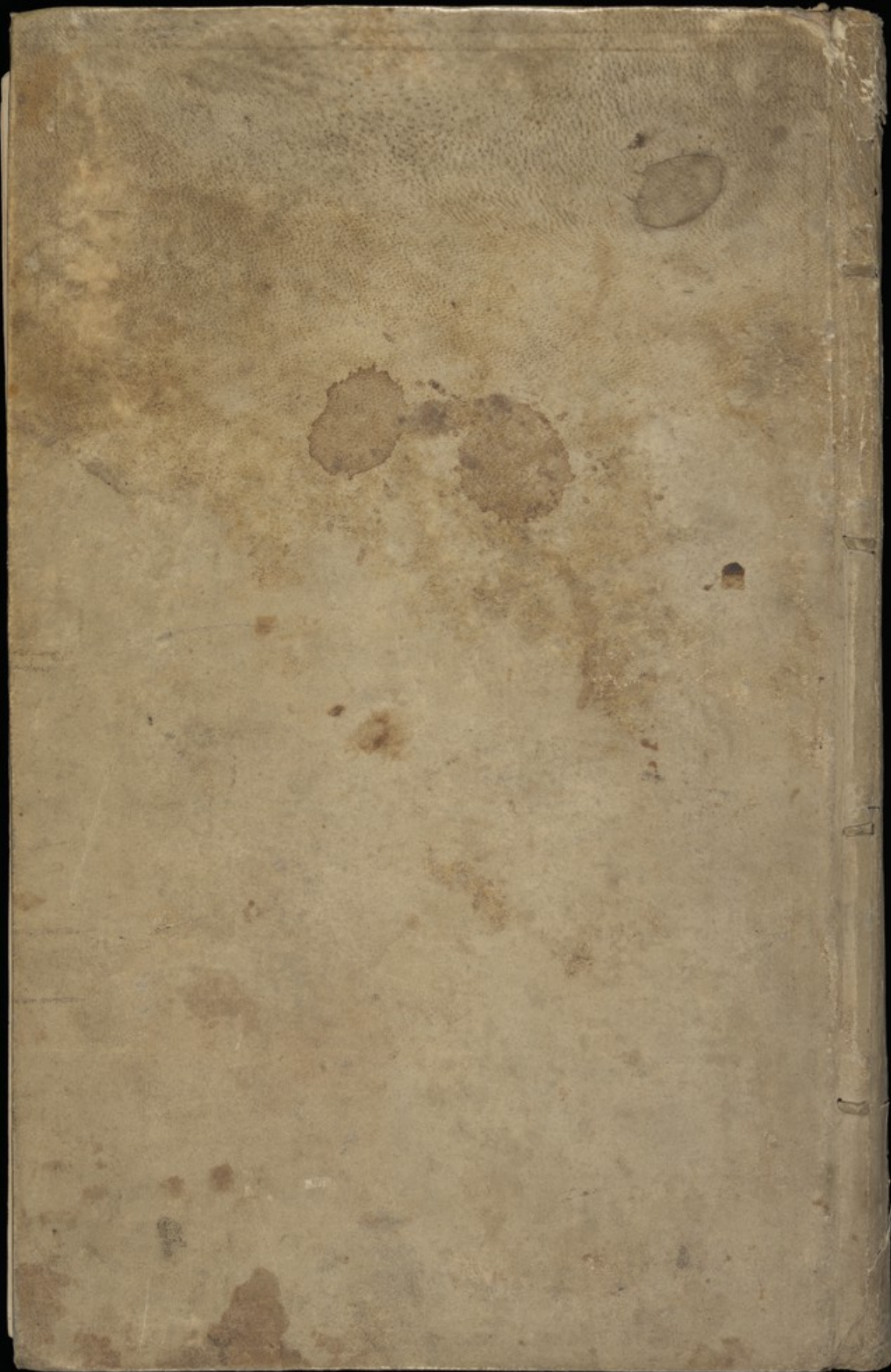










































Plaster for an ague

take 2 ounces of bay salt 2 ounces of white frankenscience and a handfull of smalage make ym into a plaister and aply to ye wovests of both arms 2 hours before the fit doth come they must take Germander tea for a mounth 3 tea cups all a time both morning and afternoone fasting an hour after it it must be made very bitter

Seed powder for wind

take coriander caraway snicet fenel and anis= seeds of each one ounce into a fine powder take of it at any time for th night take a quarter of an ounce of it to ease of the wind more efectually its

re for an asthma

got before they bud for flower take 2 spoun= ing an hour after diner and an hour medicine

oder excellent for the green sickness  
el nutmegs cinnamon decampne anis=  
e. loaf sugar one ounce make all into a  
ing and at 4 in the afternoon 3 thimble full  
vine or ale after it fast one hour using  
beese take it for a mounth this never fails  
ake complexion

or sore cough  
andy as much of raisins of the sun  
beat al together add 24 drops of oyl  
vitriol beat it til it look a crimson colour  
first in ye morning and last at night  
eel pits

rd with vinegar 4 ounce of blue curans  
- ye steel with ym make of it into  
rice take 3 every morning and night  
re easy purge

York Gingerbread

l grated bread a pound of sugar cinamon  
ounce 3 quarters of an ounce of  
l each half an ounce a few cloves put  
a pan with brandy and ale of each a  
ill it boyl ym put in half your bread  
put ye rest of your bread into a bowl  
o a past with a quarter of a pound of  
es make it into prints you must keep  
print with

t for a dropsie

red sage rosemary Germander broom  
ym till half be consumed take it

or nevit

2

mis 1/2

3

25r 1/2

4

take coriander caraway snicet fenel and anis= seeds of each one ounce  
leaf sugar 4 ou  
win opprest with  
Senna in powde  
excellent and

ake syrup of the  
= full in a gill of  
after super its

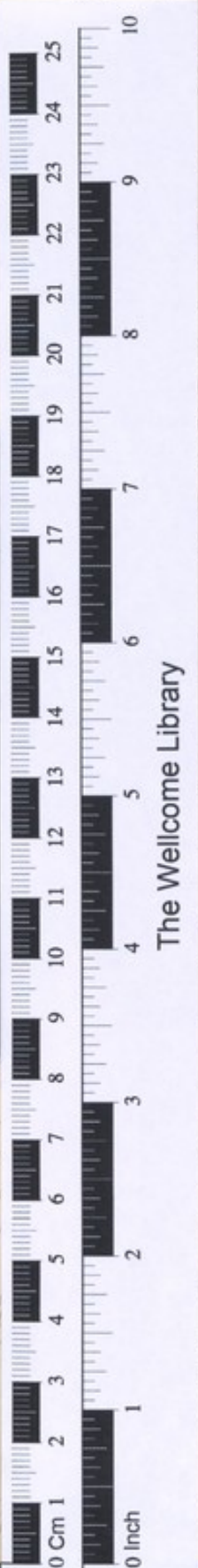
ake one ounce  
= seeds of each

take a pound a  
and red saunde  
ginger mace as  
your sugar an  
gill set it over  
stir it wel let  
pour your staf  
flanchit almond  
a little of your

7

take a galon of  
of each a great

mis 1/2



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