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Poor Crispin's last shift

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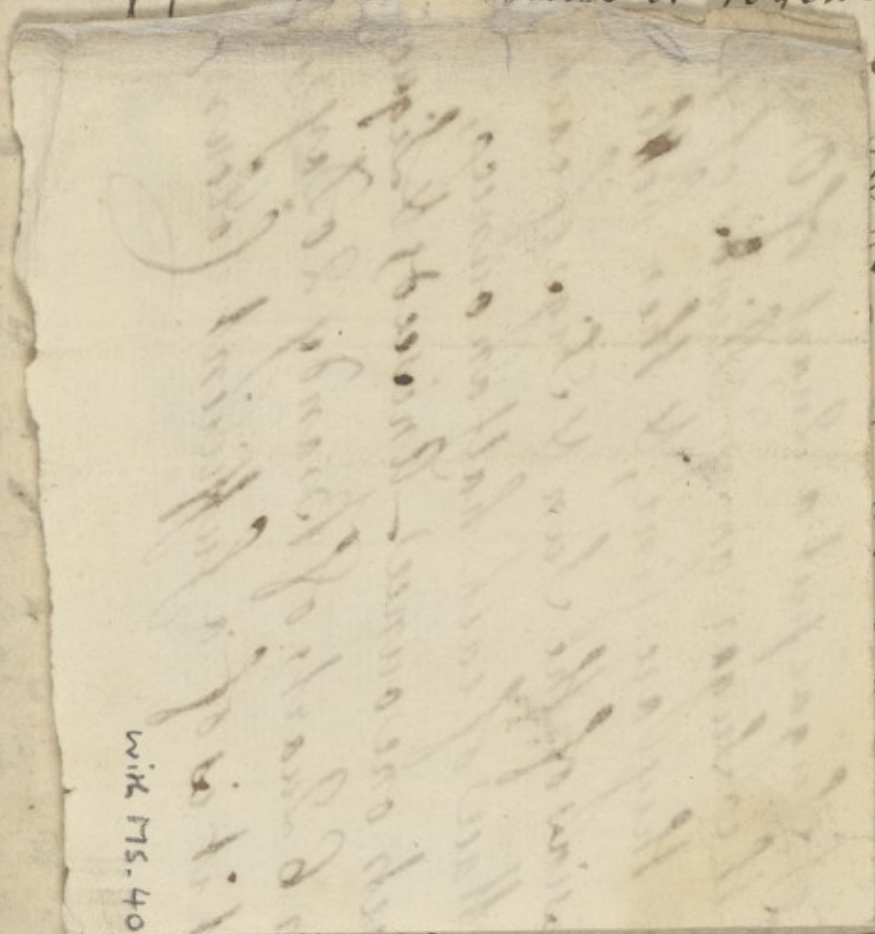


A



To make the Red Water

Take 2 Ounces of Roman Vitrell
2 Ounces of Bollalmanik half an Ounce
of Chambrin pound it together very fine



WIK MS. 40

e, then take
and put it
pints of Spring
Powder
shake it

r into
Close and
water will
are it, it
y it very
Bottle
keep the

wound warm

pour a little of the Clear of this into
a Cup and dab your Eyes night and
morning take care it does not goe into
The Eye it is very good for Soar Eyes

To make Shrub, — To 2 $\text{L} \frac{1}{2}$ of Sugar put a Quart of Orange
Juice & a Gallon of Rum, rub the Sugar on y^e Rinds of 12
Oranges. Let them stand till they are fine, & then bottle it.
To make Usquebaugh. Take Raisins of the Sun & Figs of each
1 L , Nutmegs, Cinnamon & Mace of each half an ounce,
Coriander & Fennel Seeds of each one ounce. Aniseeds & Liquor
of each $\frac{1}{2}$ an ounce. Infuse in 6 Quarts of Brandy 20 Days,
tincture with Saffron till it is of a sufficient Colour.

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WIK MS. 4057

73731

To make the Red Water

Take 2 Ounces of Roman Vitrell
2 Ounces of Bollalmanik half an Ounce
of Champhire pound it together very fine
and Sift it thro' a Lawn Sieve, then take
half an Ounce of the Powder and put it
into an Arthen Pan, take 3 Pints of Spring
Water boyl it and put it on the Powder
Then Cover it up close till cold, shake it
Together and Bottle it off

put the Remainer of the Powder into
a Gally pot and Cover it up close and
it will keep seven years, this water will
cure any green wound the way to use it, is
to dip a Wrag in a little and apply it very
wet to the wound but shake the Bottle
well befor you pore it out and keep the
wound warm

pore a little of the Clear of this into
a Cup and dab your Eyes night and
morning take care it does not goe into
The Eye it is very good for Soar Eyes

A Receipt for Cholick

Two ounces of Elicampain roots
Two ounces of China roots two
ounces of Lignum vita two ounces
of jubibeas two ounces of Coliander
seeds two ounces of senev half ~~an ounce~~
an ounce of Virginia Snake root
a pound of Reasons of y^e sun stoned
Slice y^e roots & bruse y^e seeds pick
y^e stalks from y^e senev put them
into 3 Quarts & a pint of y^e best
Aquavit keeps them close covered for
9 dayes stir them twice a day then
strain it of and bole it for use

The dose is 4 Spoonfulls laying
on y^e back for an hour after it

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C V V

A Receipt for the Plague

Take 3 pints of Malmasey or Sack
if that can't be got and boyl therein
a handfull of Sage as much Rue ~~with~~
Untill one pint be Boyled away, then Straine
it and sett it over the fire agane, then put
there unto half an Ounce of long Pepper
half an Ounce of Ginger and $\frac{1}{4}$ of an
Ounce of Nutmegs all well pounded
Together then let it Boyl a little and
Put thereto 4 Pennyworth of Mettridate
2 pennyworth of Treacle and a $\frac{1}{4}$ of a
Pint of aqua vita, keep this above
all worldly Treasure ⁱⁿ life Take
3 Spoonfulls Morning and night if the
Party be not already diseased one
Spoonfull Morning and night is sufficient
in all the plague time trust to this for
it never faile Man woman nor Child
if the Heart was not Mortified and dried
long before

For a Man that hath drunken Poyson

Take betony & Stamp it & mingle it with water, & the poyson that the party hath drunk, will presently come forth againe

For to Staunch Bloud

Take an herbe that is called Lunaha and Stamp it and lay it to the wound or take the Green leaves thereof and lay it on the wound & it shall Staunch, & if a Man may not have this herbe, let him burn the feathers of a Cock-Neck & take y^e ashes of them & ^{season the wound} the bloud shall soon be Staunched

Dr Meads Rec^t For Worms

Rhubarb Sliced Six Drachms Liquorish Scraped and Coriander Seeds Bruised of Each One Drachm infuse them together in Milk water and Canary wine of Each half a Pint

To Make an Excellent Green Salve

- 4.oz. Black Rosin - - - 0: 0: 1
- 4.oz. yellow Rosin - - - 0: 0: 1
- 4.oz. Bee Wax - - - 0: 0: 4
- 2.oz. Olibanum - - - 0: 0: 6
- 1.oz. 1/2 Turpentine - - - 0: 0: 1 1/2
- 1/2 oz Myrrh - - - 0: 0: 3
- 1/2 oz Mastick - - - 0: 0: 3
- 1.oz. Camphor - - - 0: 0: 3
- 2.oz. Verdigrise - - - 0: 0: 1

Σ 0: 2" -

For a black horrible Swollen Legg

Take Selondine, horehound hearbe bennet & seeth these together in water till half wasted, & therewith wash the sore Legs every day 3 or 4 times, & make as much at a time as will serve 6 or 7 times

To make a Green Ointment

Take a pound of Swines Grease, an ounce of Werdigrease, half an ounce of Salgome, & make thereof an Ointment, & it may be kept 40. winters: & this Ointment is good for the Canker & for runing holes & for to heal all wounds old & new it fretteth away dead flesh, & bringeth new, & put of this into a wound & it shall not fester, & this ointment is good for the rising of the Yard or Morimall, & there is no ointment that worketh so especially as this doth.

an Excellent Receipt for an ointment
for a Cows Bay

Take a pound of Flogs Lard & a hand full of green Elder the same quantity of Henbin leaves & of Ragweed leaves Stire them fine and simmer them in the Flogs Lard till it is green then strain it off for use.

4
A Receipt for y^e Cholick

Take an ounce of Manna & an ounce of
Parma cite & dissolve them in small Chicken
Broth & take half a pint of broth & half the
Manna & Parma cite & take y^e other half
as soon as y^e Stomack will bear it grear
half a large Nutmeg into y^e two doses

A Receipt for y^e ague

3 Drams of Rhubarb

2 0 0 of Cardium seeds

2 0 0 0 Civil Orange peel put them
into a pint of Mountain wine

Drink a Glass every day at all o'clock

A Receipt for sore Nipples

Take y^e marrow of y^e bone of a Large
Legg of mutton after it has been
dressed a half penny worth of anguine
then simmer it together till it comes to
an oyl let it be done in an Erthen thing

An Excellent water for the Scurvey in the
mouth and to fasten loose Teeth, to preserve and
strengthen the Teeth & Gums, often approved

Take allum one Dram Bolcarmonick
two Drams Myrrh halfe a Dram Beet
them to a fine powder and put them into
a pint of Clarrett and when you use it,
shake it well and take a Spoonfull of it in
your mouth & rubb the Teeth & Gums with it,
you may warm it,

A Sovereign Remedy for all head Ache
much approved

Take a good handfull of ground Ivy
wash it clean and swing it in a cloth, then shred
it & Stamp it a little, & boyle it in a quart of Strong
ale to a pint, give half of it in the morning fasting,
& half at night going to bed,

This cures all pains Inflammations & Defluxions
in the Eyes it is good against the Jaundies Coughs of
the lungs, consumptions, Stone & Gravell

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M^r Leeuwenhoek's method of transmitting
Balsam to the Lungs

Take a piece of Silver or Copper of the
Bigness of a Shilling & making in it
a small hole fill it with Balsam proper
for the Lungs of one afflicted with short-
ness of Breath, the best is that of Peru,
then let the patient put it upon his Tongue,
and stopping his nostrils receive the air
into his lungs by his mouth only, the
Spirit or Subtile parts of the Balsam
will thus be exhaled and descend into
the pipes of the Lungs

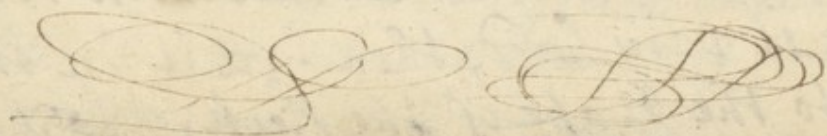
Another for the Head & to draw humors out
of the head & face,

Take a new laid Egg, open the Top & put out part of the
white, then put in some powder of Cominseed by degrees
& powder of Annisseed, then close up the Egg with Course
past, then sett it in the Embers to roast - leisurely
till it is very hard, then cutt it in middle & lay it
hard to the Nape of the Neck, — it is approved,

A most excellent Powder for pain in the
Head & Stomack

Take Aron Roots cutt them small & Steep them
in white wine, Twelve hours; then power them
of the wine, & power fresh wine uppon it, & lett
it Steep as long; then dry them & reduce them to
powder; take of this powder two ounces, Quorns
Burneth of each one ounce Crabs Eyes half an
ounce Cinnamon three drams, Salt of wormwood
& Juniper, of each half an ounce, Sugar of Roses
one ounce pulverise & mix them together, &
Keep it in a Glass Stopped

This powder is a good Cephalick & Stomatick,
is excellent against the Migrim Vertigo Vertigo
Mallencholly coldness & weakness of the Stomack
wind Stone Quartan Agues & all Tartarous
obstructions, Dose, from one Dram to two in a
little Canary



6

A Receipt for a Cancer in the Brest, never
fails if taken before it is fixed to the side

Take the Vaults or Corns of a Stone
Horse ware them in your Pockett till they
are dry enough to pound, then pound them
as you want to use them & pound Mace by it-
-Self, when pounded take a Womans Thimble
full of each and put it into a Bottle of Strong
March or October Beer, when it has stood
a week let the patient shake it every morning
and drink a Glass of it, keep nothing to her
Brest, but a thick red cloth, if they can't
drink Beer, it may be taken in Wine and
in case of Necessity the Corns may be dried
in a Oven

half an Oze
of each.

A good powder called the powder of life

Take the seed of Smallage & the bones of a Mouse, & the root of Turmentile the root of Zuntfoyle: & the root of Philopendula, the seed of gromwel & the seed of Sapifrage, the seed of allisanders, & the seed of Sowthysle, of each of these seeds a like much: & then take Licoris and gallingall, cannell & ginger, of each a like much, then bray them in a Mortar & meddle them together & use thereof then do thereto a quantity of Avenues of Saffron & a quantity of maces & this is the making of this powder for all manner of Sicknes in Mans body or in the womb, or if a man be overcome by the way it will destroy all manner of Poyson & Venim & the dropsie & palsie & also the walowing about a mans heart

An Excellent Ointment for a Burn

Take the Green leaves of merregols leaves of Red Sage leaves and inner bark of Elder and parcelsly of each one handfull Simmer them in two pounds of hogs lard for a ~~hour~~ half an hour then Strain it through a cloth Squeeze your herbs dry and let it settil then pore it out leaving the dross behind

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For a Man or a Child that is Broken

First make six pellets in this manner take ye root
of Polipodi, and the root of Betony, the Crops & roots
of daises of every one a ounce, and make powder
therefore, then take Balaermoniack an ounce and
a half, of hony clarified an ounce, of these make
a plaister, & if it be too thin put more powder there
to: & if it be too thick put there to more hony;
& take & rowle it & make pellets thereof as many
a you may make thereof; then take more of the root
of Polipodi & the root of betony, and the Crops &
roots of daises; of each two ounces & pound them
as you do green Sauce, & put that juice into a
Quart or more of ale that is stale & boile it to
pint & strain it through a Cloth then boile it again
with Sugar three-penny-worth & when the Sugar is
melted then put ^{it} in a glass & every day eat a
pellet therof morning & evening last, & drink at
every time the quantity of three Spoonfulls of your
drink in y^e Glass then if your ^{drink} be done, you must
make more but you must understand that y^e
Sick man must ly upright six days, & that he be
bound wisely & fair and that he eat ^{Laxative meates}
_{pleas to turn over}

For Straining of the humour, & it shall ^{heal} him mightly;
& Sure proved;

For a Child that is Broken

Take a Buls pesil & dry it and grate as much
as will li upon six-pence and give to a
child of four years old take y^e white of an egg
& the finest wheat flower, half a Spoonfull
of hony Beat them well together & make a
plaster If if the Child have a truss that fits
it nicely you need not fear of cure, it must
not be Left of under a year
The plaster must be Spread very thick upon
new Sheeps Leather

The following is almost an infallible
 Receipt to prevent the bad Effects of a
 Bite From a Dog that is mad. - a
 Large handful of common Salt
 Put in a pint of Water, & Wash the
 Part that is ^{bit} by a Dog immediately
 after, & Cover it with a Linon rag
 Dipp'd in the Salt Water & wash it
 constantly two or three Times a Day
 with the water & Salt & it will cure
 it. - It being Common for People ~~for~~
 to Suck the Part bit with ~~with~~ their
 Mouth ~~if~~ with in its reach tho' ^{ho} ~~no~~
 unhappily may be bit by a mad Dog
 are Desir'd to for bear Doing that
 as Poisonous infection will soon ^{unicake} comm
 itself to a grate Degree by it.

To make a Bran Pudding

Take 6 Ounces of Currants & Suet, 4 Ounces and a half of Bran & as much Meal, Sugar & Nutmeg as you please a little Salt 2 Eggs and Milk enough to make it into a Stiff paste tie it up as hard as you can in a cloth boil it 2 hours or better if you can

Potatoe Pudding.

Take a pound of Potatoes boyled & beat as Small as flower 3 quarters of a pound of butter melted & Clarified, 3 quarters of a pound of Sugar 3 Eggs with half their whites a little Nutmeg grated in it 3 quarters of an Hoar Bake

an Excellent Pickell for Sturgeon 9

after you have boyled some Bran an water
for a little while with some Salt strain it out
then put an Ounce of course Sugar let it boyle
half a quartor of an hour this is for a quart
and when it is cold put to it 3 Spounfulls
of the best Sallet oyle then put in your
Sturgeon. Clarified whay is as good as
this or better

Welch Pies

Take a pound of Pippens 3 quarters of a pound
of Suet chop them very small Sugar as much
as is sufficient, a pound of Currants a little
Lemon Peel a Glass of wine a little Salt
and bake it in puff paste,

Ginger Bread

Take a pound & half of Flower and 3 quarters of a pound of dry Copeny Sugar, half a pound of Treacle a quarter & half of butter half an Ounce of Ginger a quarter of an Ounce of Cloves and one Egg.

To Pickle Mushrooms

Get the smallest Mushrooms and wash them with a peice Flannel & putt them into clean water as you do them after that Strain them out & boil them in a little Salt for a quarter of an hour then Strain them thro' a Sieve & put them into pickle till they are cold after that take them out and put into Bottles with Pickle

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To make Pickle for Mushrooms

Take 3 quarts of white wine Vinegar a quart of strong white wine half an ounce of Pepper, 20 cloves with as much Mace as will make them a Quarter of an Ounce 3 large Nutmegs and a large handfull of bay Salt distil all these in a Rose Still & make of them 3 Quarts of good Pickle

Tricasee of Chickens

Take off all the Skin & cut them in peices put them into a Stew pan with a blade of mace & some whole pepper a peice of limon peel & a small bunch of Sweet Herbs cover them all in fair Water & Set them over the fire to Stew when very tender they are enough then put in an Anchovie & when dissolved thicken up the Liguour with a Spoonfull of white wine the yolk of an Egg a little cream and a little juice of lemon make it savoury

to your Taste by adding more wine or Juice
of lemon or Anchovie and keep it shaking
Over the fire till it be smooth add as much
Butter as you think fit — after the same
manner Rabbitts may be fried

Take Half a Pint of Red wine the same
Quantity of Water take a Handfull of Bramble
Leaves or the tender Ends of the Brambles Boyle
Them till the Liquor is Redused to half the Quantity
And give a small Tea cup full to the Patient if it
Fails for half an Hour repet it and so on

To Cure an Ague

Take a Gill of the Best french Brandy and
Squeeze a whole Lemon into it and take it for
3 Times an hour before you Expect the Ague

Two Drams of Rhubarb["]
a Dram of Saffron
and a Quarter of an ounce
of Coriander seeds and a
Quart of White wine

To Make a good Seed Cake

Take a pound of fine flower and a pound of fine
Powder sugar beat your sugar fine then put your
sugar and flower together & dry them sift your
sugar through a Linn sieve take 10 Eggs but
5 of the whites beat them very well then strain
them 2 ounces of Carriway seeds to Sponfuls of saff
A Pound of fresh butter the oven must be an hour
A half of heating Moderately

For the Gout or Rumatism

Aristolochia Rotunda or Birthwort
Gentian ----- } Roots

Germander
Ground pine
Centaurry } Tops & Leaves

Take of all these well Dried powder'd and
Sifted as fine as ~~fine as~~ you can equal weight
mix them well together: and take one Drachm
of this mixt powder every morning fasting
in a Cup of wine and water - tea or any
other Vehacle you like best, keep fasting
and hour & half after it, Continue this
for three months without interruption
then Diminish the Dose to three quarters
of a Drachm for three months more -
then to half a Drachm for six months
Longer taking it regularly every morning
if possible, after the first year it will
be sufficient to take half a Drachm every

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every other morning - as the medicine operates
insensibly it will take perhaps two years before
you receive any grate benefit so you must
not be Discourag'd tho' you Don't at first
perceive any great a mendment it works
slow but Sure it Doth not Confine the
patient to any particular Diet so one lives
soberly and abstain from meat and Drinks
always pernicious to the Gout as Champag^{ne}
Drams and so forth -

at three times taking it effectually cures the
Rumatism
This Receipt was gave by the Duke of Portland
and has Done great good

a Method of making Excellent Starch without Corn

take potatoes, wash them well in clean water so that not the least earth or dirt may be left upon them. Pare them with a knife as lightly & nicely as possible, so as too much of the substance may not be taken away, nor yet the least skin remain; or you may scrape them as they do turnips & other roots: Then take several pans half filled with pure water & a tin grater as fine as those used for grating of sugar: rest your grater upon the bottom of the earthen pan in the water & thereon grate your potato as you do Citrons & quinces moving them from time to time & taking care not to press the potatoes too hard upon the grate: the grated potatoe will sink to the bottom. when your pans are all filled let them stand till they be well settled; then pour off the water by inclining them very gently, lest the

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Finest part of the grated substance should run off along with the water: the grated potatoe may then be put into fewer pans, each being filled within 4 or 5 fingers breadth of the top & then filled up with pure water: Let the matter be well stirred about & washed & when it has stood to settle, let the pan be inclined & the water poured out as before these Lotions with fresh clear water must be several times repeated, till at length you will see the grated potatoe become as white snow & incomparably finer & smaller & not running into little lumps & masses like the Common starch: these are the signs of its being sufficiently washed & ready to set out to Dry in the sun. Those who try this sort of starch will never make use of any other: it makes the Lining very Clear & Surprisingly beautiful but when Lining starched with this starch is ironed, it will be proper to rub the smoothing box or iron with a little wax & then to wipe it with clear rag: a precaution to which Laundresses are no strangers

To Make Balm Wine

Take four gallons and a half of Spring Water
And nine pounds of powder Sugar Set it on the fire
And let it boile three quarters of hour then take it
off & let it stand untill it be new milk
Warm then take a pound of balm Brus it & put it
Into the Wine with a pint of good ale East & set it
On to work & let it stand fortnight before you bottle
it

To make Quince Wine

pare Quinces and put them in faire water
wich keeps them from discolouring. Then grate
them and strain the Liquor through a Linnen cloth
and then through several Woollen Bags into
an Earthen steep close covered, and to every Gallon
of Liquor put two pounds of the best white powdered
Sugar and when it is settled down Put it into
Bottles and put into each Bottle a lump of Loaf
sugar and in one Mounth it will be fit to
Drink it is better to grate them quick than to
put them into Water

To Make Clary Wine

To 10 Gallon of Water 25^{lb} of Sugar. the Whites of
8 Eggs well beat. Boil it softly two Hours & Scum it
well. then put it into a Tub & let it stand till it be
Cold. then take two Pecks of Clary in the Blossom. tops
& Small Leaves all together. & put them into the Barrell
with the Liquor. & stir it well 3 or 4 Times a Day till it
has done Working. then Bung it close up & keep it
Three Months before you Bottle it. This Quantity
will take a Pint of Yeast

To Make Merrigoll Wine

To a Gallon of Water put two pounds of
Sugar & whites of two Eggs well beaten let your
water boyl & keep it Scumming as long as any rises
let it be cold & then pore it on a pound of Currents
stir it once a day for six or eight days then Squeeze your
Currents dry & let your Liquor settle then Turn it up
an Ounce & a half of Merrigoll flowers if have been
dried according to art

No Pickle & Pork

Take your pork when it is cut in p^s take it and
Lay it and sprinkle it with a little Saltyⁿ take 2
Cunce of Salt peter twelve pound of Common Salt
To a hog take your powdering tub Sprinkle it
With Common Salt very thick take yⁿ Salt peter
And your Common Salt and mix them well together
Take your p^s of Pork rub them well as you can well
Rub them in Lay y^e p^s into y^e Powdering tub tell
It comes to a Laying then Sprinkle it well with
Common Salt between Every Laying and put it
Down as Clos as you can put it down with a good
Laying of Salt upon the top then Cover it
Down Clos upon the Top and

Keep it for use

A Reciept to Pickle Walnuts to keep 3 years

Dry your jar well and put in your Nutts then
 Put in as much rape Vinegar as will Cover
 Them stop them down close that no Air get in Let
 them Stand 3 monthes then drain them from the
 Vinegar and put them in the jar. with Garlick
 Mustard Seed mace Cloves Race Ginger whit &
 Black Pepper then fill your jar with white Vine
 Vinegar stop your jar as before and in 3 months
 They will be fit for use

Take Gum Ammoniac Dissolve it in half
 A Pint of Hyssop Water & add one ounce & 1/2
 of Syrup of Maiden Hair a Glass full twice a
 Day For

To Make Milk Punch

five quarts of water 5 quarts of Brandy 3
Quarts of Milk one pound & a half of Sugar
Steep the Rinds of 6 Lemmons & one Nutmeg
Slic'd in some of y^e Brandy 6 or 8 hours before
you mix it altogether, y^e Juice of 36 Lemmons
First melt y^e Sugar in y^e Lemmon Juice, then
Put y^e Milk to it, & bring y^e stand half a
Quarter an hour, & then Put your Brandy
& Water, when it is mix'd altogether Refine
it through Jelly Bags till very clear for if
Any of Milk remains, it Will not Keep

A Receipt to Make Tar Water

Take four Quarts of water & poure it on a Quart of Norway Tar & Stirr it well together with a flat Stick for 3 or 4 Minutes after it has stood covered Eight & forty hours let it be poured off & Kept for use either in Bottels or other vessels corked up the same Tar will not doe so well a second time but may serve for other uses water Drawn of the Tar the second or third time if long Starred may be as strong as the first time but has not that Spirit is more disagreeable to the Stomack

Bishop Berkley

after various trials fixes on this as a good General rule w^{ch} may yet be varied as people have Stronger or weaker Stomacks putting more water or Stirring it less makes it weaker as putting less water & Stirring it longer gives it more strength but it never should be made too Strong for the Stomack weaker constitutions require milder Mediciens for this ones experience is the guide it should not be ~~too~~

lighter than French or deeper Coloured than
Spanish wine if a Spirit be not Sensibly perceived
on drinking Either the Tar was bad or already used
or the Tar water carelessly made he that would
have it good see it made himself

According to the Season of the year or the
Humour of the Patient it may be taken cold or
warm but in general I think it best warm in
Crorical cases I think one pint of tar water a day
may suffice taken on an empty Stomack at 2 or 4
times to wit night & morning & about 2 hours after
dinner & Breakfast

The Gout Water

To a Gallon of Brandy put to steep Cover & close
a Night before you Still it

8oz: of Stick Liquorice Cut in Slices

4oz: of Anniseeds

4oz: of Carawayseeds

4oz: of Juniper Berrys

4oz: of Vinice Treacle

4 Handfulls of Raisons of the Sun Stond

4 Handfulls of Sammamial flowers

4 Handfulls of Mother of Thyme

4 Handfulls of Stone Horse Lung fresh falling
in the Morning

Bruse all the Seeds and Berrys

Draw off two Quarts more of Liquor then

You Put in you must put in a Gallon & Half
Of Water to Gallon of Spirits

The following Receipt is recommended
As nearly a Specific for the Gout in the
Stomack

Many valuable Lives having been lately
Lost by the Gout in the Stomack; the following
Receipt is recommended as nearly a Specific
In that disorder viz. a Spoonfull of the Tincture
Of the Universal Panacea, taken every hour
For six hours in a Glass of Mountain, if
The three first do not relieve, a Spoonfull of
Cold drawn Oil of Mustard added to each of
The three last, has never been known to fail
Taken in less Quantities prevents Apoplexias

Taken out of the General Evening post
Feb 22. 1753

N. 2995

To Stew Piggons

Cut of the wings & legs and truss them In then
 Take some parsley some Crumbs of Bread y^e Liver
 A littel onion peper Salt & nutmeg a bit of Suet
 & Chop it all together very small and stuff the
^{throats of the} Piggons then lay them on y^e Breast & press them
 Flat then fry them of a light brown then stew
 them in Gravy a little walnut pickel or Catchup
 A Spoonfull of Vineger and Season them as you
 Like garnish ye Dish with Horreddish

To Make a print of Black Stain

1 Pint of White Wine Vinegar $\frac{1}{2}$ Ounce nut Gol's
 $\frac{1}{2}$ Ounce of Steel filings 3 ounces of Logwood
2 penny worth of Double Aqua fortis boyl
together Lay it on Hot

Mahogany Stain

1 Pint of rope Lays $\frac{1}{2}$ Ounce of Dragons Blood
 $\frac{1}{2}$ Ounce of Brasell dust 2 penny Worth of Double
Aqua fortis boyl together Layd on Hot

Walnut Stain

1 Pint of Vineger $\frac{1}{2}$ Ounce of Jues pitch
3 Ounces of hard Wood Sutt $\frac{1}{2}$ Ounce of Gome
Sandrick 2 penny Worth of Double Aqua fortis
boyl together Layd on Hot

Receipt to make a Potatoe Herries

Scrape the skin clean off four pounds of good raw ^{ones} potatoe, then wash them clean in fair water: take two pounds of beef, one of Mutton, & one of Pork, or, as you like best, four pounds of any of these meats, cut them into pieces of three or four ounces each, season them very well with peper & salt & a good onion chopped very small: have ready a strong wide mouthed stone jarr, such as hares are usually jugged in, slice thin a layer of the Potatoes into the jarr, then a layer of the seasoned meat over them, and so alternately layers of Potatoes & meat, let your uppermost layer be Potatoes, so that your jarr be about three quarters full, but put no water into your jarr, then close or stop the mouth of it with a large well fitted peice of cork, covering the same with a strong

of canvas, & tying it down with pack thread,
so as only a little of the of the steam may escape in
the stewing: for a little should constantly evaporat^{ing}
from the side of the cork to save the jarr from burst^{ing},
then place your jarr upright in a kettle of cold
water on the fire, so as y^e mouth of y^e jarr may be
allways two inches above y^e water in y^e kettle when
Boiling: the Herrico in y^e jarr will begin to boil
some minutes sooner than y^e water in y^e kettle,
and that for obvious reasons: in a bout an hour
after the water in y^e kettle begins to boil, your
Herrico will be fully stewd: then take out and
open y^e jarr: pour out the Herrico into a deep
dish, and serve it up

Mrs Clarke Receipt ²⁰

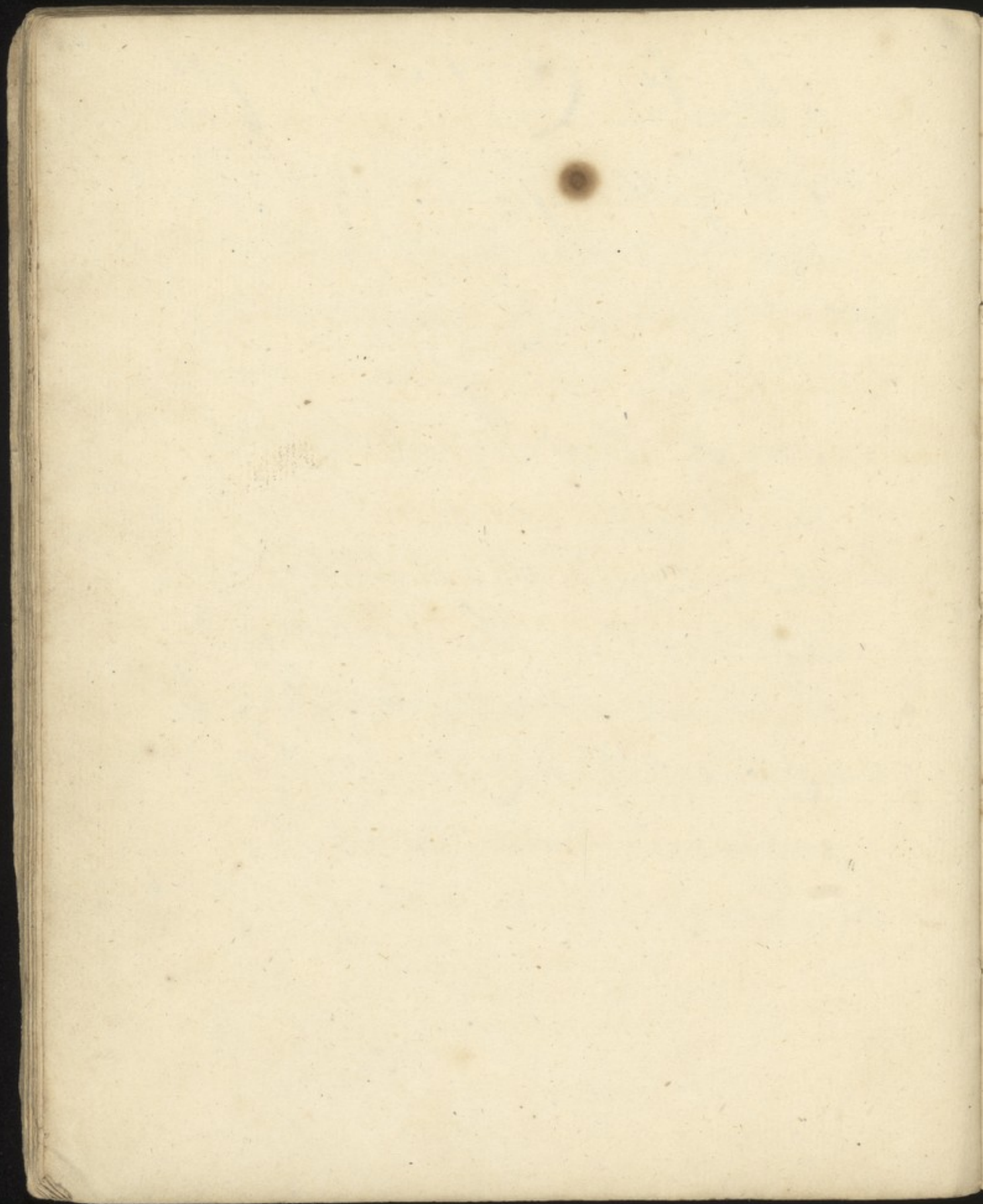
The yolks of six Eggs and whites
of four beat them well with one spoon
full of Orange flower water put
to them three quarters of a pound of
fine Sugar beat & sifted, dry half
a pound and one ounce of Flour
add the flour be cold before it is
added put in the yolks of two more
Eggs stirring it well together, put to
this quantity a Quarter of a pound
of Caraway Seeds Bake it in a
Tin Pan well buttered, a cool Oven
is best

Miss Curtis Dec 14

Dear Miss Curtis
I have just received your letter
of the 10th and was glad to hear
from you. I am well and hope
these few lines will find you
the same. I have not much news
to write at present. I am
still in the city and will
be home in a few days. I
will write again when I have
more news to tell. I am
very affectionately
yours
John Smith

Soft Candy Lemon or Orange

Take fresh and ripe the Lemons or
 Oranges and cut off the tops and
 bottoms and cut the fruit out
 and put it in a bowl and
 wash it with cold water and
 rub it with a cloth till it
 is quite dry of them you may
 use half a pound of sugar
 and you must put half a
 pound and half of sugar and the
 whole quantity of sugar you
 use then put in the peels and
 let them stand for
 half an hour then put them
 in a bag and dry them
 and then put them in a
 glass some fine sugar and
 they will be
 as soft



[Faint, handwritten text in cursive script, partially visible on the right edge of the page.]

To Candy Lemons or Oranges

Get them fresh and cut the Lemons longways, and the Oranges cross. take out the Juice and lay the Skins in water for 10 Days, and Shift them every Day with fresh Water. Then Boil them tender. then
 Then put them into cold Water and take out the Inside. then wipe them with a Cloth and weigh them. And to One Pound of them. you must have one pound and half of Single Sugar Clarified viz to Clarify the Sugar. you must put half a Pint of Raining water to One Pound and half of Sugar and the white of one Egg to the whole Quantity of Sugar you use Boil and Scum it, then put in the peels and Let them Boil for Half an Hour. then put them by for 2 or 3 Days then Boil them up to a Candy height then take them out And grate some fine Sugar and they will be dry When Cold

To Make a Tansy

Take 3 pint of milk 18 Eggs put out half the
Whites half a pound of Napill Riscates grated
2 or 3 half of Sugar a grain half of butter put
Tansy and Spinage juice to colour it melt the
Butter in the milk first then mix that with
Milk with y^e other together to a just thickning
Stiring all the time it is over the fier &
When oft tell *God*

A Receipt to Pickle Hams

Take your ham with one ounce of Salt peter and sum. common salt rub it very well then hang it up 3 days when done Make your pickle with salt and water til it swim a neg when cold put a quarter of a pint of vinegar Let your ham lie Nine days on one side and nine days on the other then dri it for use

A Nother Receipt To Pickle Hams

Take 8 gallons of water to two Hams a quarter of a pick of bay salt half a Pound of great sugar and as much Common salt put to it as will bare an Egge take your hams and beat y.^m well Let y.^m hang two or three days take two ounces of Salt peter and rub into y.^m the night before you put y.^m into y.^e pickle and y.ⁿ Let them Lie a Month in y.^e Pickle y.ⁿ take y.^m out of y.^e pickle And hang y.^m a Month in y.^e Chimney

This Receipt will do for tongues only boyling the Pickle & till it is clear and adding to it a hand full of Common salt and let y.^r tongues Lie in y.^e pickled Mounth but put y.^r Tongues in when y.^r pickel is Cold

Mrs Dyers Sauce for Fish

Take three quarters of a pound of
Butter, Eight Spoonfulls of whit Wine,
a bunch of Sweet hearbs, a large onion,
Mace, cloves, & whole peper, two ancho-
vies, three Spoonfulls of Catchup, &
three of vinegar, take these ingredien-
Boile them together, then Strain it,
& thik it up with your Butter, keep
it stirring that or it will oil,

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page.]

Of never failing Medicine for the bite of a
mad Dog, taken from the Church of La Roche,
Lincolnshire, where, almost the whole Parish
were bit by a mad Dog, & those who used it recovered,
& they who did not die.

Take the leaves of Rue, pick'd from the stalks
& bruised, six ounces, garlic, pick'd from the
stalks & bruised, Venice treacle & Mithridate,
& the scrapings of pewter, of each four ounces,
Boil all these over a slow fire in two Quarts
of strong ale, till one pint be consumed, then
keep it in a bottle close stopp'd, & give of it three
Spoonfuls to a Man or Woman, warm, seven
mornings together fasting, & six Spoonfuls
So a Dog.

This, the author believes, will not by Gods
Pleasing) fail, if it be given within nine days
after the biting of the Dog, Apply some of the
ingredients from which the Liqueur was drawn
to the bitten place

[Faint, illegible handwriting, likely bleed-through from the reverse side of the page]

[Vertical text on the left margin, possibly from the adjacent page]

12 gallons of Grape juse 12 gallons of water
℞ 60 of Sugar just filld my half hoghead

A Receipt to Cure a Canker in y^e Mouth
Take one Handful of red, Sage cut it
small, & boyl it in a Quarter of a Pint
of white Wine Vinager, then squeeze the
the Sage dry, then put to the liquor a
small Spoonful of Honey, Bold, Americk
& common Allom of each two Drachms
Simmer them together till the Allom
is desolv'd. —

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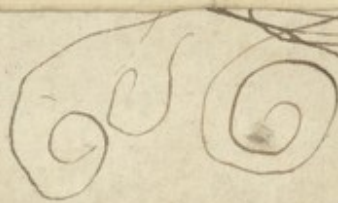
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9:7

Cyl of Bitter Almonds $\frac{1}{2}$ Oz
Sp^c of Lavender 20 Drops
Tincture of Castor 40 Drops
To be Mixt together, Drop 10 or 12
Drops in the Ear when in Bed,
then Put a peice of Black Wool
in y^e Ear

For Deafness



J. H. H.



Com

Water

Oyl of Bitter Almonds $\frac{1}{2}$ Oz
Sp^t of Lavender 20 Drops
Tincture of Castor 40 Drops
To be Mixt together, Drop 10 or 12
Drops in the Ear when in Bed,
then Put a peice of Black Wool
in y^e Ear

For Deafness

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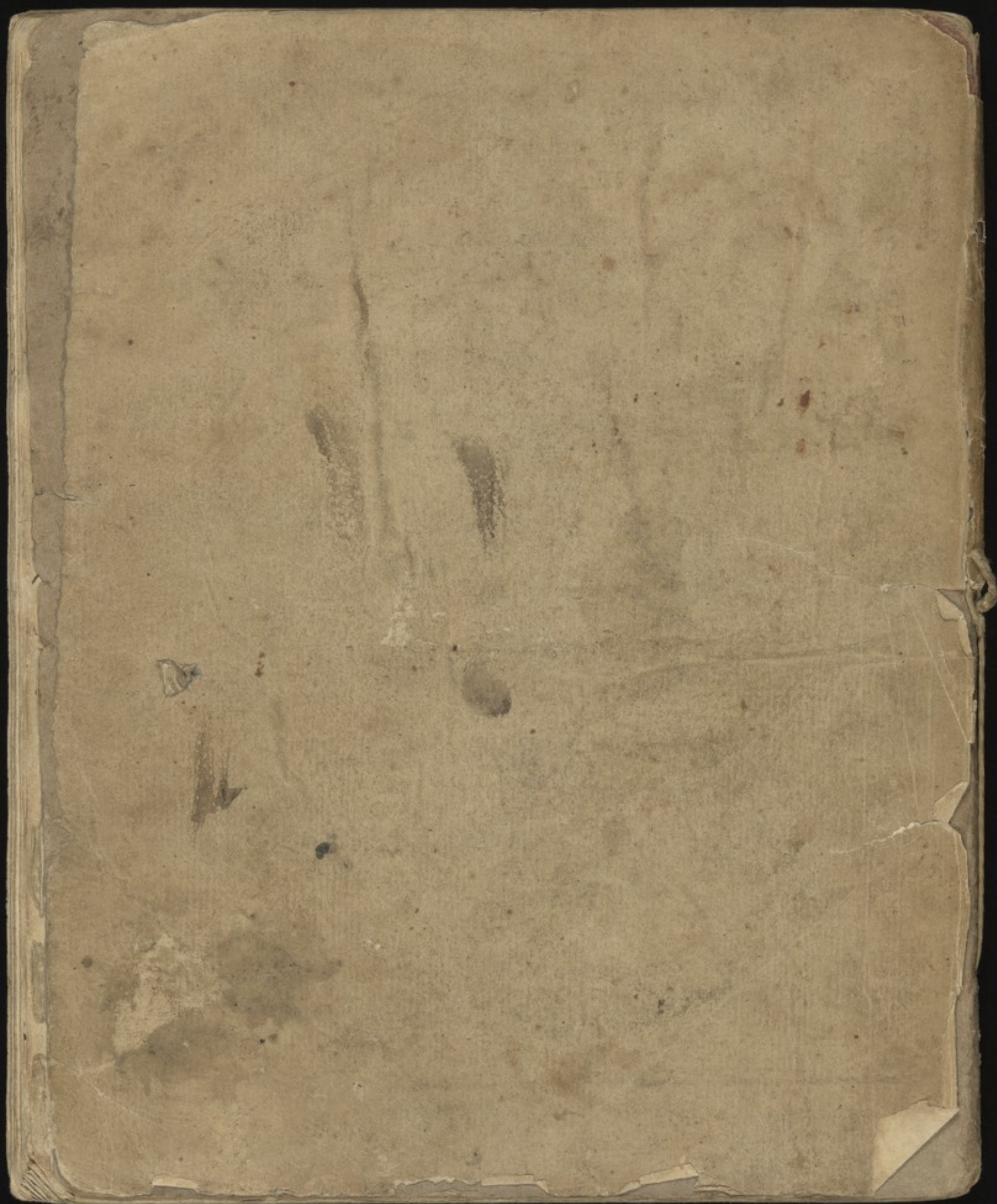
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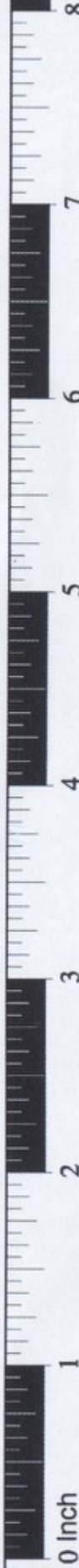
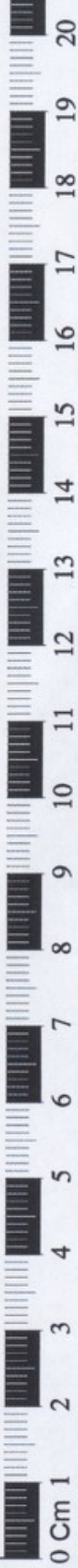
Dyer *Dyer* *Dyer*

Don



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Poor Crispin's lab



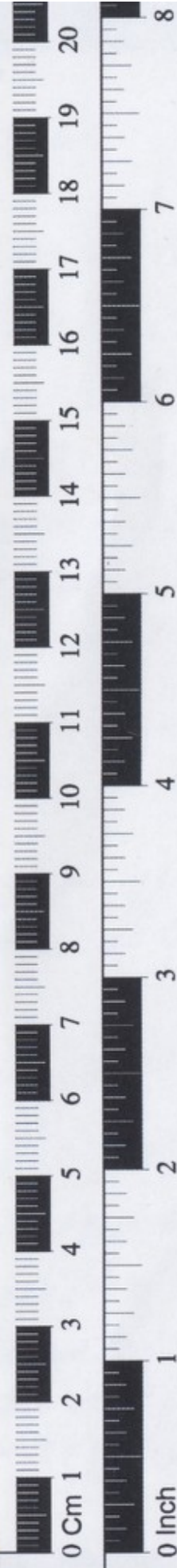
The Wellcome Library

To Make Clary Wine

To 10 Gallon of Water 25th of Sugar
& Eggs well beat. Boil it softly two
well. Then put it into a Tub & let it
Cold. Then take two Pecks of Salomon
& Small Le
with the Lig
has done Wor
Three Month
will take a P



To a Gallon of water
Sugar & whites of two Eggs well
water boyl & keep it Scumming
let it be cold & then spore it on a
stir it once a day for six or eight
Current dry & let your Liguour
an Ounce & a half of Merriogoll flo
dried according to art



The Wellcome Library

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