

**'Institute of Hygiene'**

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INSTITUTE OF HYGIENE

1913

29 August 1913.

Dear Sir,

In reply to your letter of the 28th inst, I have pleasure in forwarding you under separate cover 200 tickets to admit members of your Institute to the Historical Medical Museum.

Faithfully yours,

J. Grant Ramsay Esq., F.R.E.S.,  
33 & 34 Devonshire Street, W.



(Founded 1903.)

## Aims and Objects.

To promote the advancement of Personal and Domestic Hygiene:

1. By encouraging Education in Hygiene.
2. By Examination—to obtain the Certificate or Diploma of the Institute for proficiency in Hygienic knowledge.
3. By offering Prizes and founding Scholarships as an incentive to the study of Hygiene.
4. By Lectures delivered by medical and scientific authorities, upon subjects that have a direct bearing upon the health of the people.
5. By inducing recognition of the national importance and responsibilities of motherhood, and spreading knowledge in regard to the best methods of rearing infants and training children.
6. By teaching the value of pure air, pure water and pure food, and the many important advantages of Hygiene in the Home.
7. By holding Conferences and Congresses upon important questions which affect the public health.
8. By protecting the public against Adulteration and the false description of articles intended for human consumption.
9. By encouraging manufacturers to adopt methods and processes calculated to ensure the purity and improve the quality of products intended for general consumption or use.
10. By the Recognition of work done towards raising the Standard and improving the Conditions and Environment under which the People live and work.

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DEVONSHIRE ST., HARLEY STREET, W.

*(Membership Form can be had on application to the Secretary.)*



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## The Work of the Institute.

**HYGIENE** is the science which treats of the preservation of health; and the most eminent medical authorities have, for years, maintained that an enormous amount of sickness and a large number of deaths are due to ignorance of its elementary principles. Improved sanitation, as applied to the community, has done an infinite amount of good in stamping out epidemics, eradicating some of the most loathsome diseases and lowering the death rate, but beyond this, much must always depend upon the individual, who seldom appreciates and, in many cases, does not realise his immense responsibility to himself and to others. Intemperance is induced, food, as well as drink, is abused, infection is spread, children are born degenerate and the weak become a burden on the strong, as well as a positive danger to their neighbours, through callousness and want of knowledge. The work of the Institute is to remove this widespread and prevailing ignorance by promoting Hygiene and impressing its far-reaching influence on the well-being of the people.

**THE PURITY** and value of fresh air, water and food supplies; a better knowledge of dietetics and cooking, and the feeding and rearing of children; all that pertains to a healthy home and a healthy life as well as nursing and the needs of the invalid, are among a few of the subjects that take a prominent place in the work of the Institute and indicate the character and scope of its efforts. Conferences are also held from time to time to discuss and deal with matters of grave importance affecting the public health, while several popular exhibitions have been promoted, as object lessons, to illustrate the best methods and awaken the public interest, such as the Infants' Health Exhibition, inaugurated by H.R.H. The Duchess of Albany.

**LECTURES** by Medical and Scientific authorities, on subjects of educational value and general interest, are regularly given throughout the year, in the Lecture Hall of the Institute. These are invariably crowded, and among those which have been delivered are:

"The Diet of To-day," by Professor Halliburton; "Infant Feeding," by Dr. Robert Hutchison; "Woman's Health: our Greatest National Asset," by Dr. Rentoul; "Nursing and the Needs of the Invalid," by Sir Dyce Duckworth; "The Milk Problem," by Dr. Thresh; "The Influence of the Mind on Health," by Dr. Schofield; "The Rearing of Children," by Dr. Carpenter; "Appetite: its value in Digestion," by Dr. Strickland-Goodall; "The Cure Craze of To-day," by Dr. Murray Leslie; "The Problem of Cancer," by Mr. Bland Sutton, F.R.C.S.; "The Beneficial Bacteria," by Dr. John Eyre; "The Psychology of Woman," by Dr. Clave Shaw; "Eccentricities of Diet," by W. Sothau Fenwick, M.D.; "Health and Holidays," by R. King Brown, M.D.; "The Hygiene of Motherhood," by Mr. Furneaux Jordan, F.R.C.S.; "Food Adulteration," by Mr. J. F. Liversidge, F.I.C.; "Physical Exercise," by Professor Carter; "Food and Digestion," by Dr. Bryce; "Radium and Radio-Activity," by Dr. Usher Somers; "Diseases due to Infected Food—Methods of Prevention," by Dr. Slade; "Dust, Fog and Smoke, and their effects on Health," by Sir Thomas Oliver.

**EXAMINATIONS** for the Certificate and Diploma of the Institute, have been organized throughout the country, and these are now held at the following centres, viz., London, Liverpool, Leeds, Manchester, Birmingham, Bristol, Cardiff, Portsmouth, Newcastle, Huddersfield, Edinburgh, Glasgow, Aberdeen, Dublin and Belfast. The subjects of examination include the following, viz.:

THE HYGIENE OF THE HOME.  
MOTHERHOOD AND EUGENICS.  
THE FEEDING AND REARING OF CHILDREN.  
FOOD AND DIETETICS.  
COOKING.  
SCHOOL HYGIENE.  
PHYSICAL TRAINING.  
HOME NURSING AND FIRST AID.  
SCHOOL NURSING AND HEALTH VISITING.

Very great interest has been taken in these examinations, especially by school teachers, who have thus been induced to acquire much valuable knowledge and impart it to the young.

**PROVINCIAL WORK**—The Institute has established Branches in the Provinces and already two have been opened, viz., The Midland Counties' Branch, inaugurated by Sir William Bennett, K.C.V.O., at Birmingham University, in 1907, and the Northern Counties' Branch, inaugurated by Professor Sims Woodhead, M.D., at Armstrong College, Newcastle-on-Tyne, in 1908, of which The Viscount Ridley is President. The Educational work at these centres is on similar lines to that promoted by the Institute in London, but each branch has its own Council, and its own organization, although working in co-operation with the parent Society.

**LABORATORY WORK**.—One of the most important departments in the work of the Institute has been that devoted to securing a pure food supply, and the due appreciation of that which is serviceable and reliable in the home. A great deal of analytical and bacteriological investigation has been carried out, and a large number of articles have been examined in the Laboratories so as to test their qualities and claims. Many of these articles have been condemned as unfit for consumption or use; some have been found to be misrepresented, or with exaggerated statements on the label requiring modification; and only those have been passed and certificated by the Institute that were proved to be free from adulteration, and absolutely pure and reliable in every way. This has been of great value as a protection to the public, and it has also encouraged a higher standard of quality on the part of manufacturers.

**EXHIBITIONS**.—The permanent exhibition of hygienic products and appliances, opened by the late Sir Joseph Fayrer, Bart., in 1904, has been eminently useful and practical, and the medical profession and the public have alike benefited by its inception. A great many exhibits are on view in the various sections, representing Foods, Beverages, Clothing, and Domestic Hygiene, as well as Medical, Surgical and Hospital requirements; and a special feature is that every article has been thoroughly tested and examined in the Laboratory, as to its claims and merits, before being passed for exhibition. This has proved of great service as a guide to the public, who receive reliable information from the Superintendent and a staff of demonstrators, as well as free admission, throughout the year.

Another, and similar, Exhibition—the first in the Provinces—has been established by the Institute at Birmingham as an additional centre of useful information.

INSTITUTE OF HYGIENE.

*It is requested that replies to this letter  
be addressed to THE SECRETARY,  
and that the following number be  
quoted :— W 2144.*

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ASSISTANT SECRETARY:  
H. B. TROTÈRE.

*Mr. de-*  
*to the Committee together*  
*man-*  
*reports*  
28th August, 1913.

Dear Sir,

Many thanks for your favour of the  
26th instant. We have gone through our  
Register and, after selecting those only  
who are resident in and about London, or  
visiting London, and whom your Museum would  
specially interest, we think that 200  
tickets would meet our requirements.

It will give me much pleasure to  
bring your kind consideration before the notice  
of the Council at the next meeting.

Yours very truly,

*J. Grant Ramsay*



Ramsay

26 August 1913.

Dear Sir,

Your letter of the 23rd inst. addressed to Messrs. Burroughs Wellcome & Co. has been forwarded to me. I may say that we shall be pleased to extend an invitation to the members of your Institute who are now visiting London to pay a visit to the Historical Medical Museum. Will you kindly let me know how many tickets of admission you require and I will see that these are forwarded to you as admission is by ticket only. I shall be obliged if you will let me know this week as early as possible.

I am,

Faithfully yours,

Curator.

J. Grant Ramsay Esq.,  
33 Devonshire St.,  
Marley Street, W.



Ramsay

4/1  
Telegraphic Address  
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Telephone No.  
Paddington 3707.

33 & 34, Devonshire St.,

Harley Street,  
London, W.

*Mr G ST*

23. August. 1913.

Dear Sirs,

Your interesting Exhibition in Wigmore St. was discussed at a meeting of our Council held here on Thursday and it was suggested that you might be agreeable to extend the privilege of seeing this Exhibition to our Members, many of whom are now visiting London, and are connected not only with medicine but with hospital work as well as various branches of hygiene.

We issue a Weekly Letter to our Members and we should be pleased to notify them in



this manner if you are kind enough to fall in  
with our suggestion.

Yours very truly,

*Frank B. Smith*

Messrs. Burroughs & Welcome.

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