

Elizabeth Jenner

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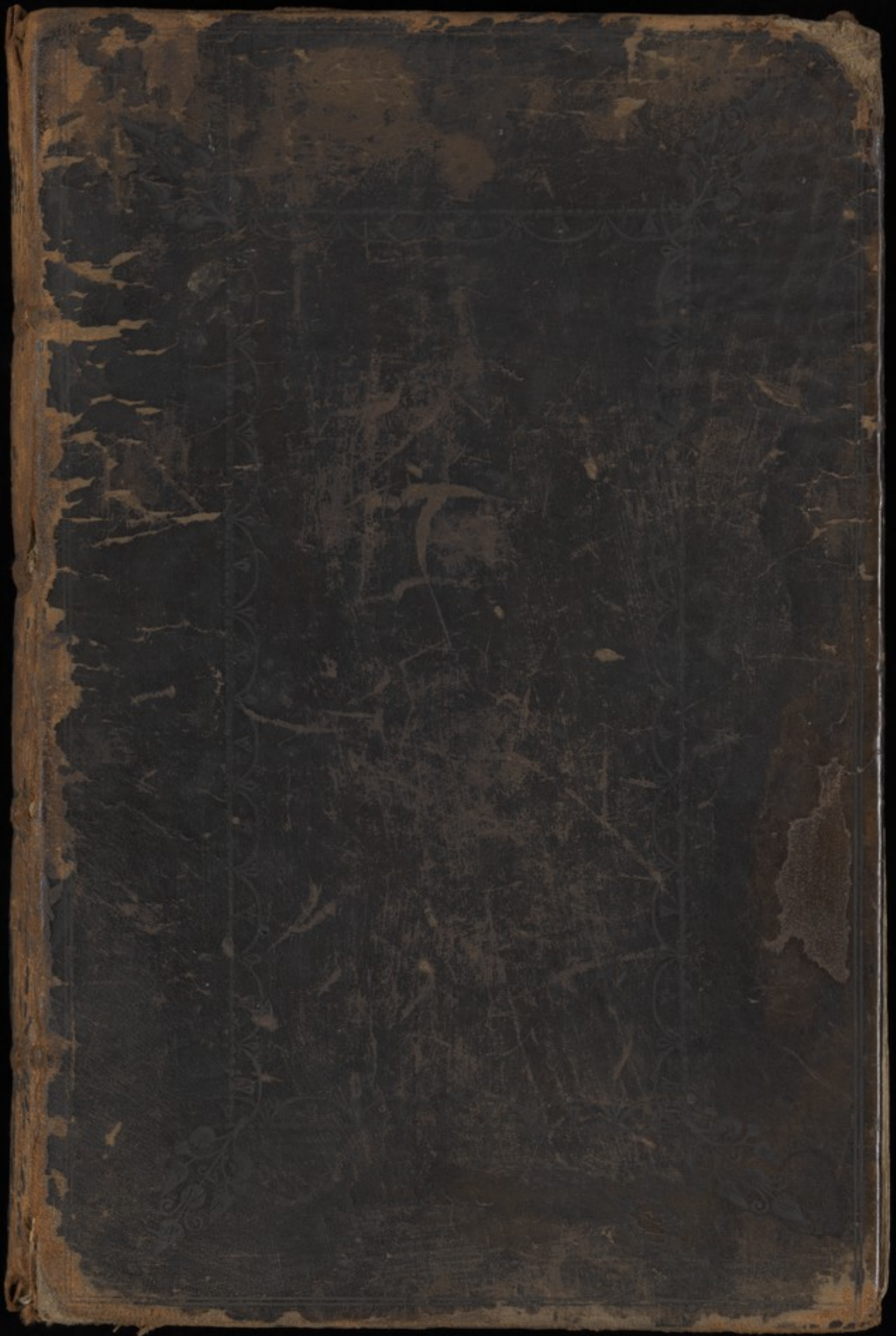
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Elizabeth Jenner
Her Book

Anno: Domini. 1706.

For making of Waters: And Syrups: And
other Physical Remedies;

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[Faint, illegible handwriting on lined paper, possibly bleed-through from the reverse side. A large brown stain is visible in the upper right quadrant.]

1 Epidemic; or Plague water;

R Sage; Belandina; Rue; wormwood; Rosasolis; mug-
wort; Dragons; Scabious; Egrimony; Bawm; Scordium
Cardus: Benedictus; Penny:royall betony top & flower
and leaves of each A good Handfull; then take y:
Roots of; Jormentil; Angelica; Siony Licompane;
Seduary; Liquorice; & All Scrap'd of each Half an
ounce; Slice y: Roots thin & put y^m to y: herbs; Add-
ing A good Handful of Marigold:flowers: & leaves
then let y^m Steep in A gallon of good wit: wine
in A earthen Pot wel glaz'd 2. days: & 2. night;
Close Covered; Stir y^m once A day; then distill
it in A Cold Still; keeping A Soft fire; About A
pint of y: first running keep by it self & A pint of
the second & A pint of y: Smallest; y: us sort of
y: water one or two Spoonful: may be given to
A man; or woman wth Child safely of y: 2^d as;
much A gain; y: Smallest is for Children or in-
fants; it tis usually given wth Sugar Candy or
A little Clovegilliflower Syrup; Its A very Excele-
ent thing A gainst Any Infectious disease as y: Plague
Small: Pox; Measles; Burning fever; or y: like, or to
Remoue Any Sensive water from y: Heart or Stomach
or to use After A Surfit or in y: fashion of y: Mother
or Children in Convulsion; its good to Streñ: nature it
being A great Cordial

2. To make Plague water another way. 24

Rx Rosemary; Bawm; Sage; wormwood Rue; Angelica
Dragon; feathers; few; Mugwort; Hore; Hound; Scordium
Marigold-flowers; of each half a lb: Cloves: Mace;
nutmeg: Cubeb; Cardamoms; Galanga; Virginia=Snake
Root Saffron; of each 3. quarters of an ounce; Shred
your Herbs & bruise y^e Spice very Small y^e Put;
it in a Earthen Pot & Put to it; 4. Gallons of good
Canary; or Rhenish-wine Cover it very Close & let it
Stand 5. or 6. dayes; y^e you may add 2. quart
of Brandy to it: y^e distill it in a Limbeck; Put
Some Sugar Candy in y^e bottle y^e Receives y^e water
keep y^e Strongest by it self, y^e Smaller will doe
only give y^e more, or you may mix it; it has
All y^e virtues of y^e other;

4
* * * To make Aqua mirabilis very good * * *

Rx Cloves; Mace; nutmeg; Ginger; Cardamoms; Cubeb; Saffron
Galanga millilot flowers; Saffron. of each one dram
Rosemary; Cowslip; Wall: Marigold; Bugloss; y^e flowers
of these of each one handful; half a pint of Rose
water y^e juice or y^e water of Bawm Spirmint &
Celandine of each one pint; Bruise y^e drugs &
Spice & Put y^e to y^e juice & flowers & Put to
it 3. quart; of Sack or w^t. wine, And one of

3
of Brandy let it infuse 24. Hours: y^e next day
lay a handfull of Hart: Tongue leave: At y^e bottom
of y^e Still & put All y^e aforesd. Ingredients & fast
y^e Still close; draw it off wth a soft fire; & let it
drop on white Sugar Candy; you may draw of 3.
quart very good & some small; if you please you may
put a little Musk & Ambergrise in a fine Rag hanging
it in y^e bottles w^{ch} must be stopp'd very close; It comes
fort: y^e heart revive: y^e Spirits help: Sowning fits
its good Against y^e S^e = Sect = malig: fevers & Against
y^e Cholick pains in y^e Side & Stomach; Cough: Asthma's
Apoplexy & most diseases of y^e head & Brain y^e dose 3. dram
in some Bawm or Rosemary water or what you like;
It will do very well wth y^e Brandy * or wth out it;

* * * * 4 Angelica water very good * * * *
R A peck of Damask: Rose: four handfulls of Angelica
Stalk: & leaves 4. ounce: of y^e roots: sliced 4. of y^e seed
brused one ounce of Cinnamon Swift y^e does y^e put
it All in one Gallon of sack; & let it stand All
night y^e distill it; draw of 3. quart: of water &
Sweeten it wth Double Refined Sugar or Sugar
Candy; it Chears y^e Spirits: & is good Against Any
Infection: Distempers; take 4. or 6. Spoonfulls in a
morning fasting in a Glass of wine or some Clow = Juy

34. Treacle water very good;

17

℞ Harts Horn one ounce; or two; ℥. Roots Clicompane
gentian; Cyprus; Tormentel; Citron; dried & Sliced
of each one ounce; ℥. flower of Borage; Bugloss; Rose
mary; of each two ounces; Angelica; 2. ounces blessed
Shiel; one ounce; Venice Treacle one Pound; dissolved
ed; in 3. quart: of Sack & 3. pint: of Rose-water;
distill it in a ordinary Still fasted up & keep well
Cloath: on ℥. top of ℥. Still; if your Stilling be in
May Add Cowslip-flower, & wall-flowers of each two
ounces if in June add Lilycumvaler & Sweet Mar-
joram of each 2. ounces; it is excellent good a-
gainst Sounding fits; & Convulsion; & to drive any
thing from ℥. Hart; or Stomack; * * * *

* * * * b. Clary water very good * * * *

℞ two Gallons of Ale & one Gallon of Spanish wine
Ten handfuls of Clary Shred Small 3. lb. of
Raisins Stoned & Cut 3^l a quarter of a lb. of
Liquorice; ℥. like of Annis Seed; Bruised 24. Eggs
bound ℥. shell 3^l mix with ℥. ingredient; Put in
Also ℥. bottoms of 3. Berry leaves; distill it in a
Limbeck Close Stopt; Put some Sugar Candy; in
to ℥. bottles; It Reviveth ℥. Hart & Stomack;
Strengtheth ℥. Back & Stom- Procureth loss Appetite
& drives away all melancholy;

5
7. The Palsy water D^r. Math;

R^x of flowers of Borage, Bugloss, Rose-mary Sage; Ketony
Lilies of v. value Cowslips; of each one handful; let
be gathered in their proper season for y^e be not to
be had all at one time; but y^e first y^e comes in a
gallon of good ^{mix of} wine in a glass, & let all may be had
stop'd close; let y^e stand 10. dayes. After y^e last
be in; with Lavender comes Strip of 2. lb. of y^e fairest
heads; & put them in a gallon of good ^{sup} wine; Ading y^e
Leaves of Bawm a few bay leaves; the leaves & flower
of Orange tree; if y^e may be had of each one ounce
put in also y^e yellow Peel of Citron or Lemon Feony
Seed; Husked of each 6. dram; Cinnamon; nutmeg;
Cardamoms; Cubeb; yellow Sanders; Lignum: Aloe
of each half an ounce made into powder Half Add-
of Jujubes Cut & Stoned let all y^e infuse 14. dayes
in a warm place y^e your flowers & this being all;
mixt together in a limbeck; let it be carefully distil-
ed with a moderate fire draw of y^e water severall
and you may mix it after ward as you please; After
its distilled put it in a wide mouthed glass stop'd;
Close; y^e take of prepared Pearls, Red-Rose- Leaves;
loyed; of each 2. dram; Red & yellow Sanders of
each half an ounce; S^t. S^m & thin; Saffron half

6
A Scruple, y^e like of Ambergrise And musk A little
Citron Peel droyed; Put All these in a Sarnet Bag
& let y^m hang in y^e water; for y^e space of six weeks
stop Close y^e none of y^e strength brake forth &
Afterward Put it in glasses & keep it for y^{ou}s;
The virtue of it; it is of an exceeding
virtue in all swooning fits in weakness of heart
& decaying spirits, & All Apoplexy & Palsy; also all
Pains of y^e joynts Coming of Cold & in all Bruises
outwardly Bathed & Cloath; dipt in & laid to
it; it Comforteth & Strengtheneth All animal;
vital; & naturall; spirits; Cleareth All external
Sences Strength eth y^e memory & Restoreth lost Ap-
petite & All weakness of y^e Stomach taken inward-
ly & Apply outwardly it helpeth y^e Giddiness of
y^e head; Lost hearing & bringeth a Pleasant
Breath; there is no better Remedy in Palsy, Apop-
lexy; both to help in y^e fit: And to prevent it; in
it helpeth; lost Speech; All Cold dispositions of
y^e liver; & A beginning Dropsie it helpeth All Cold
Diseases of y^e Mother dimness of Sight & Malancholy
ly & in Summer; none can sufficiently Express y^e
virtue of y^e water; its usually given with Cumber
of bread & Sugar: or in black Cherry water sweetned
or y^e Syrup of y^e Juice of y^e y^e Dove to A Child one scruple
a; to A man one dram in A morning fasting & evening

8. To Make y^e. Best Surfeit waters

℞ A Gallon of y^e. Best Brandy Put to it A Pound of Sugar
 Candy A quarter of A Pound of Liquorice scraped &
 Sliced; half A lb. of Raisins Stoned A few figgs
 Sliced Caraway=Seed; & Annis=Seed; of each one oz
 Bruised half An oz of mace y^e. like of Cinnamon A
 quarter of A lb. of Dates 2. nutmegs Sliced; Angelica
 Clouegilliflowers; & Red Rous; of each one Handful
 As many Red. Poppies Pick Clean A; Can be Stir'd
 A bout in it; & Stir it A bout every day; for ten
 dayes together y^e. Strain it of & let it settle; then
 Pour it of from y^e. settle^{mt} & Bottle it for your use
 This is excellent good Against Surfeits; Cough; Cold
 Catarrhs & Stiches in y^e. side & Pain & prevalent A
 gainst y^e. Pleurisie & Any sudden Sickness; you may
 Add A quart of wth. wine to it; wth. you take it; if it
 be so strong mix wth. it some Cold Still'd water;

* * * * 9. To Make Surfeit waters * * *

℞ A Gallon of white Annis. Seed water, And put
 to it A lb. And half of field Soppies A lb. of
 Raisins Stoned half An ounce of Liquorice wth
 ed & Sliced let it infuse A week in A hot Cloe Houe
 y^e. Strain it of & Bottle it; for y^e. use.

10. Poppy water good for Surfeits or any sudden sick⁸

℞ As much strong Ale as y^e. Limbeck will hold but
it in; y^e. Put in as many Red Poppies as you can stir
in y^e. Give it a heat y^e. morrow draw it off wth
a gentle fire as long as it runeth strong; y^e. Put
it in a open mouthed glass & put in as many Pop-
pies as will make it of a Claret Colours or such
a Colours as you w^{ld} have it Clipping of y^e. ~~Black~~
of y^e. These be best y^e. grow in Barly Land add
to it a pound of Sugar-Candy let it stand 3. or 4
dayes & strain it & bottle it for your use & &

& & 11. To make Black Cherry water & & &

℞ four-pound of Black Cherries; Bruise y^e. to brake
y^e. Stones y^e. Put y^e. in y^e. still wth a quart of
Claret; or sack; Add to it Rosemary Savon Spirit
mint in all one handful; one ounce of Cinnamon
half an ounce of nutmegs; Bruise y^e. Spice & stir
it all together; let it stand all night y^e. keep
a pretty Quick fire under it; Put to every quart
of water 4. ounces of white Sugar-Candy; y^e. let
it a Suning as you doe other waters; This wa-
ter is good for y^e. Passion of y^e. Heart;

9 12 Dr Burgens Water for y^e Trem: of y^e Hart mallean:
* * * * & weakness of y^e Stomach: * * * *
℞ Rosemary And Borage flowers & Bugloss roots of each
four ounces; Juice: four ounces Bruise all these &
Put y^e in a quart of white wine & stop y^e Glass Close &
Set it in y^e Horse Dung for 30. dayes y^e distill it &
keep y^e water for your use; you may take it At any
time of need; you must Sweeten it with Sugar-Candy
and let it stand in y^e oven 2. or 3. times After bread
is drawn & y^e Sugar-Candy well dissolved is w^{ill} be
y^e better & keep y^e longer * * * * *
* * * * 13. the Melancholy Cordial water * * * *

℞ of Rosemary flowers & single wall-flowers And Cham:
dore leaves of each 3. Handfull; & of Borage; Bugloss;
mary gold leaves w^{ith} y^e flowers; of each 2. Handfull; single
pink & bawm of each six Handfull; six nutmegs 4 oz
of Cinnamon 3. ounces of Annis Seed; Bruise y^e Spice
& Seeds. 3 Penny worth of english Saffron; infuse All
this in 2. quarts of y^e best sack 2. or 3. dayes Stir-
ing it well together; y^e distill it in a ordinary;
still but y^e still well; & let y^e water drop on
Sugar Candy: y^e Set y^e bottles in hot water y^e
it may melt; y^e let a little Amber greine & musk be tyed
in a bag & hang in y^e bottle. Stop it up Close; take
2. Spoonfull of it 3. times a week in a morning fasting
& At other times w^{hen} you find y^e self heavy & spiritless;

℞ Half a pound of Cinnamon, Bruised; well put to it
2. quarts of y^e. Best Brandy; let it infuse 2. or 4. days
Close Covered; y^e. Add to it 6. quarts of good Brandy
or wine; put it in your Limbeck with a gallon of
fair water; just give it a heat; y^e. next day draw
it off with a moderate fire; Sweeten it as you please

℞ ℥ ss. The Orange Cordial water ℞ ℥ ℥ ℥ ℥

℞ two quarts of Sack, or white wine, one pint of Brandy
y^e. outward rind pared of 40 y^e. white of 2. dozen
of Oranges; Steep y^e. rind in y^e. wine & Brandy 2. days
with 3. penny-worth of Saffron; y^e. distill it in a
Cold Still keeping wet Cloaths about y^e. head of y^e.
Still of y^e. quantity you may draw of 3. pints very
good keep each pint of y^e. water by it self; you must
Grind 4. leaves of Leaf Gold; with 4. ounces of fine
Sugar beat fine; & 3. grains of Amber Grise; proportion
ing it to each Bottle y^e. water runs into

16. The bever waters;

R Sage; Celandine; Gentory; Scordium; Scabious;
Rosemary; Rue; Ground-Ivy; Cardus; Betony; Rarum;
of each one handfull; Scedary; Tormentil; Angellica
& Roots of each half an ounce; the Juice of Fossil;
& Borrage of each half a lb. Put enough white-wine
to v^l; so Cover y^e v^l. let y^e lye in steep 2. dayes;
y^e distil y^e in a Cold Still; keep y^e first water;
by it self & give 3. Spoonfull with a little mithridate
dissolved in it; y^e Smallest give 4. or 5.; if you give
it to a Child a Rate y^e quantity proportionably
to y^e years; * * * * *

* * * * * 17. The Snail water v. 11; * * * * *

R 500. of Snails brake y^e Shell And take y^e out and
wash y^e. Clean y^e. Boyle y^e in a gallon of Red-Cow
milk with a handfull of mint; y^e like of Ground-
Ivy & of Liverwort; Roots of Plecompane; Succory;
Burnet of each half an ounce maydenhair & Torrel
of each one handfull Boyle it a quarter of a hour
y^e distil it & keep y^e water for use; it is very ^{good} for
Hectick-fevers; & to preserve y^e Lungs in most Diseases
& Restors in Consumption; Sweeten it with Sugar-
Candy; Dose; morning; noon, & night; 4. or 6. Spoonfull
before Eating. & you may take it After y^e first sleep
or at any time wth d^{ay}; if you distil a Clavel King; &
And half a lb. of Cray-fish shells it will be y^e better;

18. Snail water for A; Consumption

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Take A Peck of garden Snails; make a Charcole fire on y^e Hearth; being wel lighted make a hole in y^e middle; of y^e fire & put in y^e Snails & let y^m Roast so long as y^e Continue kissing; y^m take y^m out of y^e fire & wipe y^m Clean & Brake y^e Shells; & take y^e Snails and Bruise them in a Stone mortar, then put y^m in two gallons of good Ale & too Gallons of y^e Best Sack or wth wine: Add to y^e Celandine; Clary; Scabious; Burnet Angellica; wood sorrel; five-leaved-grass; Ribwort Betony; Coltsfoot; Horehound; Hartstongue; Lungwort; Ground Ivy; of each 2 Handfulls; Red-Rose-Leaves; violets; Borage; Anglon; flower of each half a hand ful; 2. or 3. Races of Turmeric sliced a quarter of a lb. of Liquorice sliced; 2. ounce of fennel Seed; & some Cloves & mace; Bruised; half a lb. of Hartshorn & y^e like of Rosemary flowers. a dram of Saffron. A quart of earth-worms slit & wash in wth wine let it steep all night in a earthen pot; Close covered & y^e next day distil it in a Limbeck; ; this may be distilled in milk for weak persons, & Children Adding some Plecampane; you may leave out any of y^e Herbs according to y^e Constitution of y^e person. Its good against Consumption & Vleers; in y^e Lungs & Coughs sweeten it wth Peccoral Syrup; & take it morning; noon; & night; 6. or 8. Spoonfulls at a time

18 19. A Excellent Cordial water for y^e Heart & Stom

Take one Bottle of white-wine; Bawm; wood-Retony; Cow-
slip-flowers; Rosemary-flowers; Clovegilly-flowers of
Each one hand full; let it stand close covered 6
dayes stirring of it twice a day; for done, put it
in y^e Still with half an ounce of Cinnamon & y^e like
methridate, & Cloves; Bruise y^e Spice; & Stop y^e Still
Close: & draw it off with soft fire & to every pint
put 3. ounces of Sugar Candy; & keep it for y^e use;

20 A water for y^e Passion or beating of y^e Heart & y^e
Take a pint of white wine & a pint of Rosage water &
a little Saffron powdered & put into it; shake it to-
gether & colour it with Clovegilly-flower Syrup;
of a Claret colour; drink 2. or 3. Spoonfulls of
it at any time when you feel y^e Heart beat; & &

& & & 21 Milk water for fevers; & & & & &
in Children & &

Take Spearmint Cardus-benedictus & wormwood of;
each one handfull distil it in a gallon of milk
from y^e Cow in a Cold Still; & it will a very use-
full water in fever; especially in Children & &

& & & 22 Milk water good & & & & &

Take a quart of milk; beat y^e whites of four eggs with
y^e milk distil it in a Cold Still; y^e water is good
for any heat in y^e Back or kidneys or swelling in y^e water
take morning & night a quarter of a pint at a time

23. walnut water cal'd the water of life for it 4

Take green walnuts at the beginning of June; beat y^e in mortar & distill y^e in a Cold Still; keep y^e water by it self; y^e make another water your walnuts being gathered at midsummer; & keep y^e by it self y^e make a 3.^d your walnuts; being gathered a 4. night after midsummer & keep y^e by it self also y^e take a quart of each & mix it & distill it in a glass Still & keep very close y^e no fire get in nor out; the virtue of y^e water is it will help in all manner of Dropsies; & Gallies; it drunk with wine fasting; is good for y^e Eyes if you put one drop therein; it helpeth Conception if drunk with wine moderately as one Spoonful in wine every day; it will destroy dead flesh & increas good it is good for all infirmities of y^e Body & driveth out all Corruption; & inward Bruises; if it be drunk moderately with wine or water; it killeth worms in y^e Body; if you have any wine y^e is turn'd put; some of y^e water into it & it will recover it & refine it if you stop it close;

15 24. St. Thomas; wound waters

Take a pint of the best white wine vinegar & set it in a gentle heat in a earthen pot & put to it; one ounce of salt ammoniac powdered & let it continue till it is dissolved; which will be in a little time then take it off & receive it for use; so give it a colour you may boyle a little cochineal in it; after the dissolution

*** The Lime water ***

Take a stone of unslaked ^{lime} & put it in a basin of water & let it slack there & let it stand till it is clear; then filter it thro' a filtering paper & its fit for use; 3. or 4. parts of the Lime water is to be added; to one part of the other water; so temper it if it may not be too active; but is always at the discretion of those who apply it; only this may be observed if the nearer the sore is being well the weaker the water is ought to be; ***

25. A good water to stop any itching or watry humours

Take a pint of Spring water & a half penny worth of them Brown Sage; Brown fennel; Brown-briars; leaves; of each a little handful; a little inner Rind of Buck-thorn put it in the cold water; let it boyle half an hour; & when cold put it in a bottle; it being first strained It cures any briny or watry humour or any other running sore tho' it be for a year standing & in

Holes; wash it All over that it may go in y^e. holes & y^e.
 Lay y^e. Skin of y^e. fleck of A Pig over it; wash morning
 & night; it Cureth y^e. Pain of y^e. teeth & y^e. Scabby in y^e.
 & y^e. Gums; it Cleaneth old rotten leath & fasteneth;
 wash y^e. often & rub y^e. with A Sage leaf & hold y^e. water
 in y^e. mouth & spise it out & renew it at occasion
 it; but to use some gentle purging medicine after
 it
 * * * * * the Bath for the same * * * * *

Take two Sprigs of Rose-mary; A handfull of Pennyroyal;
 all; A little handfull of Violet leaves; & 3. or 4.
 Large tops of Brown Sage; y^e. Take 3. pint of Clear
 Sweet drink & strain it & put in y^e. herbs, boyle
 it half an hour; y^e. pour it forth in A pan; &
 hold y^e. face or what part y^e. Humour is in over
 it as long as y^e. heat Continue; y^e. do 2. or 3. times
 you may heat y^e. bath at gen: but fresh is better do
 it in y^e. bed for it will Cauer you to Sweat; & when
 you do it you must drink; A little draught sometime
 it will Cauer you to Sweat y^e. better; y^e. will Cure
 A humour at first coming; without y^e. water; & you
 must allways use y^e. bath before y^e. water * * *

26. For Itching & watering Eyes An Excellent Remedy Dr. Clark
 Beat y^e. white of an new laid egg Beat it so A dropping wa-
 ter but thereto half A Spoonfull of Red Rose water as much
 Souther of Dr. Sng. Candy as will lay on A sixpence mix it
 & wash y^e. eyes often with A feather * * *

17

27 To make Rascia ~

Put to one quart of y^e. Best Brandy 200. of Apricock Stones Crack y^m & put in y^e. Shell & all at quarts of an ounce of Cinnamon slit, a little Double refined Sugar let it stand a month in y^e. Sun, or in y^e. oven After bread is drawn Shake y^e. Glass every day; filter it thro. Brown Paper into y^e. Bottle

¶ ¶ ¶ 28 To make Lemon water ¶ ¶ ¶
 Take 4. Lemons Clean from the white steep your shell in a quart of Brandy 3. or 4. dayes y^e. Scur it of & make y^e. Syrup with a pint of water but in it Sugar enough to make it a Syrup; Squeeze of 4. Lemons over y^e. fire w^h its Cold mix it with your Brandy; you may drink of it very soon ¶ ¶ ¶

¶ ¶ ¶ 29. To make Black Cherry Brandy ¶ ¶
 To a gallon of Brandy put Six pound of Cherries & a few Clovegilliflowers keep it stopt Close & four w^h as you want it; & Sweeten to y^e. Tact; ¶ ¶

℞ ℥. tops of Cypress = eight-handfuls 2. or 3. whites of Eggs beaten; one ounce of Cinnamon bruised; Put to it 4. quarts of milk distil it in a Cold Still, And let him take 6. ounces 3. times a day; * * * * *

* * * * * A Powder for the Same * * * * *

℞ Gum-Arabick; And Gum-Stragacanth of each 6. drams of Sugar-pearl one ounce make a powder & let him take twice a day one dram or dram & half; in 3. or 4. ounces of the distilled water * * * * *

* * * * * Another for the Same * * * * *

℞ 33. grains of the powder of Rhubarb of Cinnamon 6. grains Make a powder to be taken in a morning Repeat it Six or Seven days; * * * * *

Take of Cowslip-water 9. ounces of Cinnamon Barley water 2. drams; Syrup of Diacodium half an ounce make to be taken every evening * * * * *

* * * * * An Electuary * * * * *

℞ of Remittive electuary 9. ounces of the Species; of Diatragacanth frigid one ounce Red Coral 2. drams Confection de Hyacinth a dram & half make it into an Electuary with jelly of Harts-horn. take 3. times a day the quantity of a walnut * * * * *

Take of Lapis specularis Calcined one ounce & do half a dram or a whole one twice or thrice a day this have so, often Cured Cattle & make bloody water

Some have found good by water of quick Lime, take 3. times a day 4. or 5. or 6. at a time for 4. days, Balm of Tolu in powder of Turru is very good also

19 32 An excellent Cordial for the Heart & Stomach

Take one Gallon of white wine; Sassafras, wood betony; Cowslip flowers of each one handful; y^e like of Clove hilly flowers; let it stand Close Covered six dayes stirring of it once a day; soe done put it into y^e still wth an ounce of mithridate an ounce of Cinnamon half an ounce of Cloves Bruised fresh Strawberies & Rd; y^e outward Seel of 12. oranges y^e filing new Iron half a pound; draw it off wth a soft fire you may leave out y^e Spice; y^e is very good for y^e Saluation of y^e heart; take 3. spoonfulls 1148 11-

23. To dissolve Ambergrise

Take 60. grains of Ambergrise 3. grains of musk 20. grain of Civit Shred y^e Ambergrise; Bruise y^e musk & put it to y^e oyl of Rose one ounce; of Lemon Juice half an ounce put these into a Silver Chumblers & let it Boyle a quarter of an hour gently; y^e put ^{it} in to a Glass Close tyed down wth Leather it will keep 20 years & you may Alwayes have some by you; to Perfume any thing wth; viz. waters Cakes &c. its best to leave out y^e musk & Civit; I think

Take filings of steel And Cremarter bar A Equal
 quantity of each; mix y^e well in a mortar wth Myrtle
 oil or wormwood water; or y^e like; make it into
 a Past & form it ^{into} round mass; & wrap it up hard
 in 3. papers & let it lay 3. or 4. days y^e brake it
 & grind it on a flintess Stone; ¶ ¶ ¶ ¶ ¶
 ¶ ¶ ¶, To make the Syrup of Steel ¶ ¶ ¶

Take of this steel so prepared; half an ounce;
 infuse it 5. or 6. dayes in a pint of red wine if de-
 sired Cooler 3. pints; put to it as much water;
 Shake it 3. or 4. times a day; Strain it thro' a
 Strainer not so fine; then Add Cinnamon one
 dram y^e yellow Citron Peel or Lemon Peel; and
 orange Peel Candyed of each 2. Scruples a little
 mace & wth fine Sugar Boyle it to a Syrup dose
 two Spoonfulls in a morning fasting or once a day

¶ ¶ ¶ To make Syrup of Maidenhair ¶ ¶ ¶
 Take maidenhair 6. ounces; Liquorice one ounce
 & scruple; Steep it in 2. quarts of Bylop water
 24. hours boile it, till it comes to one quart y^e
 Strain it & put it two pound of fine Sugar &
 boile it to a Syrup over a soft fire & Scum
 it Clean & keep it for use;

27 A most Excellent Syrup Ag: Melancholy;

R the the Juice of Borrage, of Anglos of each half
A Pint & Juice of Pippins or Green Apples A pint
4. drams of Cochinele beaten to powder, Clarify
y^e Juice & infuse y^e Cochinele therein; let it stand
2. dayes in a Earthen pot Stir it often y^e Strain
it & wth 2. lb of Sugar boile it to a Syrup y^e take
it off y^e fire & wth its almost cold put to it; di-
ambre 4. Scruple; Diamargariti frigidii A dram
& A half; Stir it well together; take 2. Spoonfulls
of this Syrup in A morning; or wth you please; &

x x Syrup of Blouegillyflowes with Lemon. x x

R y^e Clear Juice of 20. Lemons put it in a Gallipot
put to it as many flowers, as you can well Stir in
y^e white being first cut off; Cover y^e Close for 3.
dayes: Stiring y^e Juice A day; y^e Strain y^e head
out; & so y^e Juice take 3. Pound of double Refined
Sugar only wet y^e Lumps in water & boile it to a
Candy high; y^e take it off y^e fire & pour y^e Juice in
to it presently, constantly Stiring of it till
y^e Sugar is all melted & wth its cold put
it into bottles; y^e leaves are A pretty Sallet wth Juice

x x x A Syrup of Balsam lolu x x x x x
R one ounce of Balsam lolu boyle it in A quart of Spring
water till it comes to A pint, y^e Strain it while
and while its hot put into it A quart of wood
Strawberrie; mash y^e till y^e goodnes is out y^e let

them stand 2 or 3. hours y^e strain it & put it
it at Pound ^{of} Double refined & Boyle it to a Syrup
this is good for A hoarseness & Cough & Stuffing
of y^e wind Pip^e & Lungs; you may make it with
Barly water; * * * * *

Dr. walkers Receipt for A Consumption

He said it did y^e greatest Cure he ever
Saw; it Cured one whose teeth might be
* * * * * sold thro^o his Cheek: * * * * *

for A Consumption 1697.

* y^e Powder of prepared Crab Eyes and white =
Sugar Candy of each one ounce beat in Powder
2. drams mix y^e take as much as will lay on
A Lin Pence; in Ases or Cows Milk & barly water
of each A equal quantity mixt * * * * *

* * * * * The Conserve * * * * *

Make Conserve of Dog = Roses & take 3. times A day
y^e quantity of it Chestnut; drinking After it good
draught of y^e following water; sweetned with
y^e Balsomick Syrup; dried mint one handfull
Ground Ivy 3. handfulls Six nutmegs browned
shell Snails ^{of} two Pound Cleaned & browned
put to this A quart of white wine & A Gallon
of milk Distil it in A Cold still * * * * *

23 37 The Bill of the Cough disturb $\frac{1}{2}$ Rut;
Sturam & Cynogloss Bill, of each half a dram;
divide it into 12. pills, take 2. every night if $\frac{1}{2}$
Cough disturb you - - - - -

$\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ 38 The Purging Bill $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$
Bill Ruffi 2. drams; Salt of tartes half a scruple
oyl of maricrom 3. drops with Syrup; make it in
16. pills; take 4. once a week omitting $\frac{1}{2}$ day $\frac{1}{2}$
other medicines; & make an Issue & bleed 3. or 4.
ounces once a month; $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$ $\frac{1}{2}$

39. $\frac{1}{2}$. Butlers Prescription for a Consumps

$\frac{1}{2}$ two $\frac{1}{2}$ of Sun Raisons Stoned one $\frac{1}{2}$ of figgs
Cut in halves 3. ounces of Annis Seed Bruised half
A $\frac{1}{2}$ of English Liquorice; Scrap & Split, & half
A quarter of A $\frac{1}{2}$ of mayden-Hair; Liveswort
Harts-tongue; Egrimony; Betony; Colts-foot;
Horewound of each 3. handfull; of Plantain and
Scabious of each one handfull; of unsect Ryon;
 $\frac{1}{2}$ Mary Gold flowers of each 2. handfull; & a
Good handfull of Sawm; Boile All these Simples
in 1. gallon of water; till there is but 2. left, $\frac{1}{2}$
Pour it out into a Earthen Pot Cover it Close all
night $\frac{1}{2}$ Strain it & Add there to half A $\frac{1}{2}$ of
wormwood water; as much Cardus benedictus
water; Horewound & Ryon water of each A pint

A quart of Honey A Pound of Brown Sugar Candy
 half A Pound of Dates; A Bottle of Red-Rose water;
 6. Pound of Sugar. Boyle it to a Syrup & Scum it Clean
 # # 40. A Conserve for A Cough of the Lungs; # #
 R 4. ounces of old conserve; of Red-Rose, 3. ounces
 of Raisins Stoned 2. ounces of Brown-Sugar-Candy
 Beat y^e Raisins & y^e Sugar Candy A Part very fine
 in A Ston-mortar y^e Put y^e Conserve of Roses in
 & mix these³ well together; Put in 6. drops of
 Spirit of Sulphur. 2 drops of y^e oyl of vitriol;
 Let all these be mixed well together y^e Put in
 it 2. Spoonfuls of Syrup of Colts-foot & 2. or 3.
 Spoonfuls of Syrup of diacodium; according
 as you like it soe you may make it either thick
 or thinner with this Syrup; take of it morning
 or evening y^e quantity of A nutmeg; you may
 Add a little Balsam Peru; # # # # # # #

40. mixtures for y^e same # # # # #
 R of Syrup Demeconio; of Iujaber; of Balsam lola
 of each an ounce an half powder of Olibanum A
 dram. y^e water of Earth worms; or Scory Compound
 A dram mix y^m y^e dose; is one Spoonful At bed-
 time & w^h you wake at bout y^e middle of y^e night.
 2. R of Syrup of Sulphur 4. ounces water of earth
 worms one ounce; Rose; one Spoonful At bed-
 time; #

3. Take of the wates of Snails of Earth worms; of each half an ounce of ψ . Liquid Laudanum, tartarized 2. drams; Syrup of violets one ounce; ψ . dose is one Spoonful At bed time; ψ ψ ψ ψ

4. \mathcal{R} of Snail water six ounces; Syrup of ψ . Juice of Ground Joy 9. ounces; flower of Brimstone; one dram; mix ψ . take one Spoonful At night & in ψ . morning;

ψ ψ ψ 42. Linctus; we comonly use ψ ψ ψ

\mathcal{R} Syrup of Jujube; maiden hair; of each one ounce & half; Syrup of Red Poppy; one ounce; mix ψ . to be lick'd wth a Liquorish Stick; ψ ψ ψ

2. \mathcal{R} oyl of Sweet Almonds fresh drawn; Syrup of maiden hair of each one ounce & half white Sugar Candy 2. drams; mix ψ . by shaking in a glass vial tel it wax whit. ψ ψ ψ ψ

3. Lohochs. \mathcal{R} conserve of Red Roses 2. ounces & half Lohoch sanum one ounce & half; Spec. Diatragacanth; frig; one dram & half; flower of Brimstone half a dram; Syrup violets or Red Poppy; As much as sufficeth; let it be made brevy soft; dose one dram & half a night; & early in ψ . morning At other times to be lick'd wth a Liquorish Stick;

\mathcal{R} of ψ . powder of Hedy: mustard or Rocket; one ounce & half; Clarified Honey 4. ounces mix it take it after ψ . same maner; it agrees wth cold Congestions;

All these medicines are good for a Cough of ψ . Lungs or a beginning Consumption & so are then as follows

℞ of Lincture of Sulphur without empyreuma, 3. drams; Rose from 6. drops to 50. in one Spoonful of Syrup of violets; or ground Joy; Early; in the morning & in the evening; I scarce know a more excellent remedy for any Cough Provided there be no heaves; * * * * *

℞ of Lincture of the Sulphur of Antimony 2. dram Rose 20. drops evening & morning in one Spoonful of Sctoral Syrup;

* * * * * Balsams we use * * * * *

℞ of Balsam of Sulphur two drams the Rose from five drops to ten in one Spoonful of violets; or Canary wine; morning & evening * * * * *

℞ of Balsam Peru one dram. Rose from 2. drops to 4. or 6. in Conserve of Vilets; * * * * *

℞ Conserve of Red Rose; one ounce, Balsam; Lucatellus half an ounce mix it take the quantity of a nutmeg morning & night & drink sweet milk After it warm; * * * * *

* * * * * Pills; * * * * *

℞ of Ruffus's pill; flower of Brimstone of each one dram & half flowers of Benzoin a scruple Juice of Liquorish dissolved in as much Rial water as will make it in a mass make it into pills; take 4. every other night; you may mix it with Lard; & Add Plecampane a little

In Case of A desperate Consumpⁿ;

℞ of Barly water 3. Pints; Candied ^{enjoy} Root 6. drams
 Searings of Sippins one hand-full Raisins Stoned
 2. ounces Liquorice 3. drams boile it till it come
 to a Pint; take it 2. or 3. times a day; * *

℞ y^e layles of 20. Crabs; Candied eringo-roots
 one ounce A Crust of white bread; Raisins Stoned
 one ounce, Liquorice 3. drams; boyle it in 3. Pints
 of Spring water tel it come to so; take 3. or 4.
 ounces 3. times a day; After y^e same manner is
 prepared Decoction of Snails * * * *

℞ of Snails half Boiled & Cut 3. Pound ground
 Iry. 6. handfulls Six nutmegs sliced; Crum. of
 wh. Bread 2. Pd. A gallon of fresh milk; distil
 it in A Cold Still; you may Ad Crabs to it
 y^e dose 3. or 4. ounces 3. times a day; Sweetened
 wth Scarl'd Sugar; or Sugar Candy; * *

℞ ears of green wheat as many as convenient;
 distill y^m in A common Still drink 3. or 4. or
 three times a day; Sweetned wth Scarl'd Sugar
 hotter medicines are fit enough for A beginning
 Phthisis; or Consumption; but not in A Confirmed
 one for y^e Cause A inflammation of y^e lungs y^e
 procure A hectic fever; thirst; watchings;
 & other painful Symptom's &c. but you may use
 for food whey milk; water, Gruel, Barly Broath;

Cream of Barly & y^e like. & for drink water of
of milk distil'd wth Snails, or Lams Lungs, or
Claves; & Pectoral herbs; for truly in such a
Case; life ought to be made easy & prolong'd
but you cannot expect a Perfect Recovery;

But sometimes you may take a Spoonful of y^e
to Revive you; take Aquamirabilis; Syrup of
Diacodium; Syrup of Balsam; Syrup Marshmall
of each a like quantity; mix it & take a
Spoonful in y^e evening or wth fainty & & &

The Convulsive or Chin Cough in Children &

R^x of Chin-Cups or Cup more in Powder one dram
Sugar-Candy one Scruple divide it in 3. or 4.
Parts take a dose morning ^{& evening} in what you like

R^x of y^e same Cup more 2. drams milk of Brimston
so Scruple; Powder of Annis seeds; one Scruple
divide it in 3. Parts to be taken as y^e former; &

R^x of y^e same Cup more one dram boyled in milk
for one dose take it morning & evening; so y^e
y^e milk doth not a gree; or little profits let it
be boyled in Spring water or Hysope water &
let it be given from 2. ounces to 4. once a day
Sweeten it wth Sugar or some Pectoral Syrup

R^x of Chin more one ounce boyle it in a quart of
Pectoral Water to a pint strain it & add Sugar
Candy one ℔. boyle to a Syrup; take it as y^e
other; & use some gentle purging medicines 17

Re 29 Willis, Syrup of Sulph: Communicated to
Mr. Walter Needha: & by him to my Lady St. John
& & & & And by my Lady St. John to me & & &
Take tartar And Nitre of each half a pound & burn it
in a Crucible till it comes to y^e Colour you desire;
y^e take it out of y^e fire & brake y^e Crucible take
out y^e matter & beat it to powder of w^{ch} powder
Put 4. ounces two to quart: of sack; put y^e into
a strong bottle & fast y^e bottom of y^e Kettle with
Clay & set y^e Bottle in & fill your Kettle with water
let it boyle 24. Hours softly; then Run it thro:
a Cotton Jelly Bag; y^e w^{ch} Remains in y^e Bag, boil:
ed in water will Cure y^e Scratches in a Throat;
take four pound of loaf Sugar; wet it with half
a quarter of a Pint of sack & boyle it to a Candy
High y^e Put in your 2. quart: of sack; wherein has
been y^e powder boyled take it off & stir it well w^{ch}
it: Cold scumm it well & bottle it; Give nos;
Above half a Spoonfull for y^e 1st or 2^d or 3^d time
Afterward: A whole Spoonful; night: & morning;
for a Cough;

& & & Re 30 = His Lozenges for a Cough & & &
Take of species diareos; of the Lungs of a fox of each
3. dram: flower of Brimstone powder of Elicampane
of each one dram of y^e white Benzoin one dram
make y^e in fine powder Adding oyl of Amis Seed
one Scruple 8. ounce: of Sugar dissolved & boyled
to a height to make Lozenges of half a dram weight

To Make Lozenges for a Cough my way 30

R Sugar Candy one pound; pound it and Swift
it fine y^e. add of y^e. powder of liquorice; Pleccamp^{er}
y^e. seed of Annis; & Angelica, of each half an ounce
of y^e. powder of orris; & flower of Sulphur each 2
drams; 3. drop of oyl of Annis; Steep Gumdragon
in Red Rose water all night; then mix a little
of it with y^e. Sugar-Candy & powders & make it as
thick as you can stir it with knife; then Rowl
out y^e. past pretty thin & Cut um out Round wth
your thimble or what fashion you please; Lay y^e
one by one on plate to dry put y^e. in your
Stove or oven & wth dry put y^e. in a glass & keep
y^e. in y^e. dry; And take of them often; these are
very good for Coughs Coming by taking Cold;

for the yellow jaundies;

℞ A quart of white wine; 2. Penny worth of Saffron
droyed And made into powder put it into y^e wine &
then take half a handful of young leaves of H^osti-
Choke; Bruise y^e & strain y^e into y^e wine & let it
look: of a green Colour let y^e Patient drink y^e
at 3. times being early in y^e morning & fast and
walk an hour After it ♪ ♪ ♪ ♪ ♪ ♪ ♪ ♪

♪ ♪ ♪ ♪ ♪ for y^e jaundies ♪ ♪ ♪ ♪ ♪ ♪

℞ white Horse-hound droyed; Gentury of each one;
handful; gentian; & Summerich of each three drams
lice y^e roots; Cinnamon one dram Saffron half a
dram; put it in a quart of white-wine or Rhenish
wine; in a glass make an infusion; dose 3. ounces

♪ ♪ ♪ ♪ ♪ for y^e jaundice ♪ ♪ ♪ ♪ ♪

℞ Celandine roots & leaves 2. Handfulls; S^t. Johns
wort leaves & flowers one handfull: Goose-dung droyed
2. ounces Saffron droyed 2. drams; y^e ins sine of
Barberries a little handfull: put abv^e in a pint of
white wine as much Spring water; & let it boyle
half a way; & let y^e Party drink of it 3. mornings
& fast After it; y^e goose dung must be tyed up in a Cloth:

♪ ♪ ♪ ♪ ♪ for y^e Salsy; ♪ ♪ ♪ ♪ ♪ ♪

℞ mustard Seed; Pepper; And Cassos; of each two ounces
made into fine powder & swift. it; & mingle it wth
oyl of Lavender And Anoint y^e Grieved Place;

To Stay vomiting;

R. Spismit water; & Spring water; of each half a pint
Pint & ounce & half of Syrup of Red Poppies 4. ounces
of Loaf Sugar: let it Boile about a quart of an
hour Scumm it Clean & Strain it wth it: Almost Cold
Add to it as much Spirit of vitriol as will give it
A convenient Sharpness; Shake it & take a Spoonfull
At a time often; * * * * *

* * * * * To Stay vomiting * * * * *

R. of Prepared ^{Coral} to drams; of y^e. Salt of wormwood one
dram; of y^e. Juice of Lemons 4. ounces; Cinnamon wa-
ter 2. ounces; let it Stand in a glass; y^e. dose is a
Spoonfull or two twice A day; y^e. glass be first Shaken

* * * * * of Spitting blood * * * * *
* * * * * to Stay vomiting * * * * *

R. of All y^e. Sander's six drams; infuse y^m. 12. Hours in
3. quarts of water y^m. Boyle it to 1/2 part be wasted
y^m. add flowers & leaves of St. John's wort, maiden-
hair; Colts-foot leaves; Mouse-ear Speedwell of each
two handfulls, Liquorish, half an ounce; Sweet-fennel
seeds six drames; Raisins stoned half A dd. boil
it till it Comes to 3. pints; y^m. Strain it; & keep for
your ordinary drink; you may put a pint of wat-
er

* * * * * for Spitting blood * * * * *

R. Conserve of Red roses; 3 ounces; Conserve of Ripe, Comfrey
of each an oz & half, Dragons blood a dram y^e. like of Red
Coral; Species Hyacinth 2. scruples; enough Syrup of Red
Poppies to make it into an Electuary y^e. dose half a dram
morning & evening drink After a draught of y^e. following rule;

Take Plantane, and Spawn frog water; each 6. drams
 Syrup of Coral: dried Roses each one ounce; Dragons blood
 two Scruples; mix y^{e} & make a Sulep; you may take
 some of y^{e} Electuary on a Liquorish stick at any time;
 * * * An Excellent Medicine for y^{e} Scurvey; * * *

Take a quart of of Milk and boile in it a handful of;
 Dandilyon turn it wth a quart of Rhenish wine or,
 white wine y^{e} Pour your Somet drink on a handful
 of Brooklime, y^{e} like of water: Creues; & Scurvey grass;
 & Pine tree tops; Cover it in a hot very Close; drink
 of it half a Pint in a morning fasting; Sweetend
 wth Syrup of oranges; * * * * *

* * * * A medicinal Ale for y^{e} Scurvey * * * *
 Take 4. Gallons of middling wort instead of Hops; boile in
 it some birch branches; & when it has done working
 as usually; let there be put in; Scurvey grass 3. handfuls
 the roots of Sharp pointed docks prepared, 6. ounces
 y^{e} Rines of 4. oranges; in seven dayes drink of
 it; but first take some purging medicine; 2. or 3. times

* * * * A good purging Syet drink * * * *
 Take Senna five ounces; Gallipodum of the oke 3. ounces
 yellow dock roots; Hermodactyles of each 2. ounces
 & half; Eyrimony; fumatory; Liver wort; Scabious
 of each 2. Handfulls; Rhubarb one ounce, Annis-Seed
 & Sweet fennel Seed of each six drams; Boilie All
 this And put it in 3. or 4. Gallons of Ale put be-
 fore it have done working adding to it y^{e} juice of
 Scurvey-grass; water: Creues: & Brooklime; each half an
 ounce; in six dayes drink of it warme half a Pint in
 a morning; or more or less according as it works * * *

To Make Black Chery Wine

To every three pounds of chery, well brused,
 put one quart of raw water; let it stand twenty
 four hours, then squeeze it out: to every Gallon
 of liquor, put three pounds to a half of sugar:
 stir it very well, let it stand trothly four hours:
 then turn it up, bottom to all, wash the tub with
 a little Brandy: when it have done working
 stop it up, bottle it of with Corks.

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Pieces let it boyle half An hour after ye juice is
 in; let ye sick person drink half at a time; you
 must boile some Raisins in it

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Take Plantane; and Spawn frog water; each 6. drams
 Syrup of Coral: dyed Roses each one ounce; Dragons blood
 two Scruples; mix y^{e} & make it a Sulep; you may take
 some of y^{e} Electuary on a Liquorish stick at any time;
 * * * An Excellent Medicine for y^{e} Scurvy; * * *
 Take a quart of of Milk and boile in it a handful of;
 Dandilyon turn it with a quart of Rhenish wine or,
 white wine y^{e} Pour your Somet drink on a handful
 of Brooklime, y^{e} like of water: Creues; & Scorry-grass;
 & Pine tree tops; Cover it in a Pot very Close; drink
 of it half a Pint in a morning fasting; Sweetend
 with Syrup of oranges; * * * * *

* * * * A medicinal Ale for y^{e} Scurvy * * * *
 Take 4. gallons of middling wort instead of Hops; boile in
 it some birch branches; & when it has done working
 as usually; let there be put in; Scorry grass 3. handfuls
 the roots of Sharp pointed dock; Prepared, 6. ounces
 y^{e} Rines of 4. oranges: in seven dayes drink of
 it; but first take some purging medicine; 2. or 3. times

* * * * A good purging Dyet drink * * * *
 Take Senna five ounces; Gallipodum of the oke 3. ounces
 yellow dock roots; Hermodactyles of each 2. ounces
 & half; Egrimony; fumatory; Liver wort; Scabious
 of each 2. Handfulls; Rhubarb one ounce, Annis-Seed
 & Sweet fennel Seed of each six drams; Boilie All
 this And put it in 3. or 4. gallons of Ale just be-
 fore it have done working adding to it y^{e} juice of
 Scorry-grass; water-Creues- & Brooklime; each half an
 ounce; in six dayes drink of it warme half a Pint in
 a morning; or more or less according as it works * * * *

A very good Lurging pill any way

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in; let y^r sick person drink half of it at a time; you must boile some Raisins in it

Take Plantane; and Spawn frog water; each 6. drams
 Syrup of Coral: dried Roses each one ounce; Dragons blood
 two Scruples; mix m & make it a Sulep; you may take
 some of y^e Electuary on a Liquorish stick at any time;
 y^e y^e y^e An Excellent Medicine for y^e Scurvy; y^e y^e y^e
 A quart of of Milk and boile in it A handful of;
 Dandilyon turn it with A quart of Rhenish wine or,
 white wine y^e Pour your Somet drink on a handful
 of Brooklime, y^e like of water: Creues; A Scorry grass;
 & Pine tree tops; Cover it in A pot very Close; drink
 of it half A pint in A morning fasting; Sweetend
 with Syrup of oranges; y^e y^e y^e y^e y^e y^e y^e y^e

y^e y^e y^e A medicinal Ale for y^e Scurvy y^e y^e y^e y^e
 A gallon of middling wort instead of Hops; boile in
 it some birch branches; & when it has done working
 as usually; let there be put in; Scorry grass 3. handfuls
 the roots of Sharp pointed docks prepared; 6. ounces
 y^e Rines of 4. oranges: in seven dayes drink of
 it; but first take some purging medicine; 2. or 3. times

y^e y^e y^e A good purging Dyet drink y^e y^e y^e y^e y^e
 A Senna five ounces; Gallipodum of the oke 3. ounces
 yellow dock roots; Hermodactyles of each 2. ounces
 & half; Egrimony; fumatory; Lives wort; Scabious
 of each 2. Handfulls; Rhubarb one ounce, Annis-seed
 & Sweet fennel seed of each six drams; Boilie All
 this And put it in 3. or 4. gallons of Ale just be-
 fore it have done working adding to it y^e juice of
 Scorry-grass; water-Creues- & brooklime; each half an
 ounce; in six dayes drink of it warme half A pint in
 A morning; or more or less according as it works y^e y^e y^e

A very good Purging Pill my way

34

℞ of Myrrh; Aloes; And Rhubarb; of each half an ounce; Saffron; Resin-in-yellow of each a quarter of an ounce; All made into very fine powder; A little Sweet oyl; As much much Syrup of ye juice of Citron or vilit; As will make it stiff enough for pills mix it very well; And if you have not Rhubarb; take soe much more Aloes & it will doe; make it up in pretty large Pills; & take 2. At night going to bed & 3. v. next morning; they gently Surg y^e Head and All outward & inward parts; it will keep a year Close tyed up; & if you w^old have it work quicker you may put a little powder of Resin-in-yellow & Saltatar^{is} it w^oll you w^oll; if never makes you sick

℞ A very good Purging infusion ℞ ℞ ℞ ℞ ℞
℞ Rhubarb: opt one dram & half; Senna 2. drams; Sweet-fennel & Annis Seeds of each one dram; infuse this in half a pint of white wine all night in Add to it one ounce of manna; Strain it & take it bloud-warm; it will work y^e better if if you put so it a Spoonfull of Buck thorn Berry Syrus

℞ A Broath for y^e beaver St. Iuner ℞ ℞ ℞
℞ A Chick And the Bottom of a manchens And a Blade of mace; Strawberrie Leaves & Rose-leaves; Succory; Belandine of each a handful take y^e juice of this & put it in the broath; w^oll the Chick is boyled so; Pices let it boyle half An hour After y^e juice is in; let y^e sick Person drink half at a time; you must boile some Raisins in it

℞ A handful of french Barly; boile it in Skillet of
 water: Shift it 2. or 3. times; or you may see, pearl
 barley & y^e will need no shifting; in your last water
 you must put in a Chick; 20. or 30. Raisins Stoned;
 A good handful of herbs; viz- violets; Strawberry;
 leaves; Envy & Succory; Boile them Altogether till
 y^e Broath be Strong enough; y^e Blanch some Almond
 & beat y^m very well; wth a little Rose-water & Strain
 them in till y^e Broath be white enough; you may
 sweeten it wth Sugar to your tast; ♣ ♣ ♣ ♣ ♣

♀ ♀ ♀ A good drink for weakness ♣ ♣ ♣ ♣ ♣

℞ A gallon of new milk from a Red Cow add to it a
 nutmeg; & decore in powder of each one ounce a
 pint of Rose water Strained wth some Almonds
 as y^e doe Almond milk; Sweeten it wth Sugar to
 your tast; drink no other drink but y^e for 6. or 8.
 dayes .+

♀ ♀ ♀ ♀ ♀ A Powder for the wind ♣ ♣ ♣ ♣ ♣

℞ Holly and dry it in y^e oven after bread is drawn &
 w^h dry make it into powder; Add to one ounce of y^e
 powder; Anniseed, fennel-seed; of each half an oz
 Ginger one ounce. All made into fine powder; mix
 it well together & take once a fortnight as much
 as will lay on a sixpence; & at any other time y^e
 wind trouble you; you may mix it wth Any thing

♀ ♀ ♀ ♀ ♀ ♀ For y^e wind in Children ♣ ♣ ♣ ♣

℞ A Herb Cal'd Stone Parsly or Prosper; boile it in
 Somet drink & see take it often; you may sweeten it

For A Dropie in Case of Extremity

96

Take a quart of garden Snails; beat them very small in
A mortar shell; & all y^m spread y^m on a Sheet of paper
& bind y^m on y^e Belly of y^e Party for 9. dayes; shifting
them as often as you you please; so make it easy be-
cause y^e drying of y^e Snails will make it uneasy, y^e

Cured a man of y^e Dropsey ordered to be; last Con-
cluding there was no other Remedy; adding Some
broath; made of China * * * * *

* * * * * For y^e Gripping of y^e guts * * * * *

Take two quarts of middling Ale set it over y^e fire
keep scumming of it as fast as any doe rise; then put
to it of Safrans & hill Thyme & Bilsitary of the
wall of each one handful; 4. Penny worth of Saffron
lyed up in tiffeny boyle y^e all together sel half;
be consumed; y^e dose is A quarter of A pint every
to hours; as long as y^e fit last; & to prevent y^e
Coming of it A gen let him take morning & even
y^e same quantity for 2. or 3. dayes; * * * * *

* * * * * A Cordial Powder given in A Yeaver * * * * *

Take y^e black tops of Crabs Claws in fine powder 5. ounces
of Red-Coral; & Pearl, & white Amber; & Harts-Horn
East Bezoars; of each one ounce; Contrayerva; &
Censory; of y^e roots; of each; A quarter of an ounce
make it all into fine powder & mix it all well
together wth Jelly of Harts-Horn linctured wth
Saffron make y^m up in little balls dry y^m Carefully
& keep y^m for use;

27
It Allayeth the Heat of the Burning fever it is good
Against any Pestilential; Disempers; its measles 3^m for
Purple or Spotted feaver; it defends y^e Heart & Expelling
y^e venom; you may give 10. grains at a time; It will
Allo Cure Horses; of the Plague; 60. grains of this
Pouder must be given to y^e Sick Horse; in A quart
of A pint of Simple beale water; * * * * *
* * * * * A Cordial very good * * * * *

℞ Bezoar stones 4. grains; Hart: horn in Pouder 10.
grains take it in Spoonful of Syrup of Citron or;
Cardus water before you goe to Bed * * * * *

* * * * * for A Giddiness in the Head * * * * *

℞ the Conserve of Roman wormwood; Rosemary flow=
and Betony; flowers of each one ounce; one Preserved
nutmeg; Beat it All together in a mortar to an Olet
uary & take morning And evening y^e quantity of
A walnut; & drink After it, 1. or 6. Spoonfuls of white
wine; wherein infuse Juniper berries; Bruised with
viz. one ounce to A quart of wine; & y^e like of gentian
roots sliced; this is excellent good for y^e Head & Stomach

* * * * * for y^e megrim: in y^e Head * * * * *

There is nothing better y^e Peacock=dung; And white wine
being stirred together & strain' y^e drink of it every
morning tel you are well * * * * *

A Remedy to take away y^e Pain in y^e forehead of y^e forehead
* * * * * And to provoke sleep * * * * *

℞ A piece of Red Spony Cake as much as will Lay on
y^e forehead Cover y^e Cake with Red-Rose-Leaves;
11d

And Lavender buds, And Rosemary tops Scrape on it
some nutmeg; warm y^e Cake between two plates pour
on it some water & vinegar; it must be but a little
Apply it to y^e forehead as hot as you can bave it y^e
seldom fail: giving ease; * * * * *

* * * * * for Colds in Children * * * * *
A oyl of Sweet Almonds & Syrup of violets of each
A like mix it & give y^e Child A little Spoonfull
2. or 3. times A day; & Apply to y^e stomach A piece
of new Lockum; dropt All over wth Candle tallow
& strew some Saffron & nutmeg All over it Apply
it warm, * * * * *

* * * * * To Cure y^e Ague * * * * *

A pint of milk and a pint of strong stale
Beer make it into Posset drink take of y^e Coud
Clean y^e Boile in it nine heads of Cardus
& one of Black Pepper whole let it boile &
near half an hour; just as y^e Person finds
y^e Ague to mend y^e the least y^e is of y^e Cold
fit y^e goe to bed & drink it off All & Cover
y^e wth more y^e A. much Ague: as y^e see to
doe: take nothing for an hour y^e must Cool
Ague by degrees

Pulvis Antiepileptic;

℞ Rad Dianell Sem = Nucell dutam = Croc = rics
 quor: Sem = Antriplecis hyacinth p^{ij} = ung = Alcis
 plur Correlli rubri; each one doam; musci half a
 Scruple; fol Auria 1 Scruple 9^m of Pulv; this is
 A excellent remedy for y^e falling sickness, Convul-
 tions or such like fits: take it 3. dayes before y^e
 full & Change of y^e moon; made in fine Poude as
 much as will lay on a six pence; you may take it
 in a Spoonful of black Cherry water & doe proporti-
 oning it according to y^e Age of y^e Person; * *

* * * * * For Convulsions; * * * * *

℞ the Cleaning of a young Elt Sow After y^e first Dig-
 ing; let it not touch y^e ground; dry it well with a Cloath
 then take it so as you may powder it; take Holly
 leaves & dry y^m & make y^m into Powder mix two parts
 of this powder with one of y^e other; make it up into
 Pills with Mithridate as large as you can Swallow
 them; take 3. of y^m before y^e full & Change of the
 moon; these have not fail'd me in a 100. Examples
 for a Child you may mix y^e same quantity in Siony; or
 black Cherry water, or any thing a Child will take;

* * * * * For Convulsions * * * * *

℞ A live mouse And stick it in y^e throught; with a
 Bodkin give 3. or 4. drops in black Cherry water to
 a Child or if a Elder Person give more; * * *

℞ Half a Peck ofiony roots; wash them and Rub y^m
dry slice y^m and bruise y^m in a marble mortar & in
the Bruising: Sprinkle them often wth Sherry Sack
y^e will take up two quarts of Sack w^{ch} will be
3. quart in all; let it stand Close Covered 24. Hours
y^e pour y^e Clear of into bottles; A Child of eight
year old may take a quarter of a pint at a time;
& soe you must Proportion it to y^e Age of y^e Person
it must be taken 9. dayes together; viz. every full
& Change of y^e moon; y^e day before y^e day & y^e day After.

℞ ℞ ℞ ℞ mixed waters for Convulsions ℞ ℞ ℞

℞iony water; Black Cherry water; Cinnamon water
of each a like quantity take 2. Spoonfuls At a time
& drop in it ten drops of Spirit of Castor ℞ ℞ ℞

℞ ℞ ℞ ℞ Another for Convulsions ℞ ℞ ℞ ℞

℞ Rue; feather-fewiony roots; Bruise y^m all very
well & mix y^m wth Black Soap; Spread it on Cloath
warm it & Apply it to y^e Soles of y^e feet; ℞ ℞ ℞

℞ ℞ ℞ ℞ A Glyster for y^e Same ℞ ℞ ℞ ℞

℞ A quarter of a pint of Sweet drink or according
to y^e Bigness of y^e Child; Boile in it a Sprig of Rue
A Spoonful of Sweet fennel Seeds; Sweeten it wth
Course Sugar & Strain it; this must be given after
y^e first fit is of & before a nother Comes ℞ ℞ ℞

℞ ℞ ℞ ℞ ℞ His of the mother ℞ ℞ ℞ ℞ ℞

℞ woodcock-feet; made in powder, take of it as much as
will lay on a sixpence in Rue water or any thing you like

Pulvis nephritic for y^e Ston;

℞ y^e Roots of Butcherbur; Brunet; Saxifridge of each
 half A dram; seeds of Groummel; Saxifridge; Lettice;
 of each one dram; y^e 4. Cold seeds; & Parsley-seeds
 Each 4. scruples; Crabs-eyes; 2. drams; white-sugar;
 Candy 3. drams; ; All made in powder; take half A
 Spoonful At a time; fi Pulvis & & & &

& & & & & A drink for the Ston & & & & & &

℞ beather-few; Saxifridge; of each 2. handfuls. boil
 it in 8. quarts of water tel 2. be consumed. Strain it
 And wth Cold pour it from y^e Settlement; & bottle
 it & stop it close & keep it Cool; A grown person may;
 may drink A quart At 6. times; Blood warm; first in
 the morning fasting; & At 4. A Clock & At Bed ^{time} 10 A
 quart may be drunk in 30. dayes; let A person trouble
 wth y^e Ston drink of it A month together; spring
 And fall And At any time wth there is pain; take
 it after y^e same mannes; sel it bring y^e Stone &
 Gravel A way; A Child may take less; & & &
 & & & & & A nother & & & & & &

℞ A Parcel of onions; Some Leeks; billitory & more
 ear; Calx of Crystal; Sidgeons-dung of each of y^e.
 20. last; 2. ounces; y^e best what you think fit boyle
 it in 2. quarts of water y^e maich it; & Strain it
 & drink of it; this may be done in y^e fit; & it will
 give ease; & bring A way y^e Stone & Gravel; or At any
 other time by those y^e are trouble wth or subject
 to y^e Stone; for it both brakes & dissolve y^e & breuen
 y^e breeding; it wil do without; Calx of Crystal;

A Excellent Powder for y^e Stone in y^e Kidney

℞ of Cornelian or winter Cherries; one ounce; of
Gravel; Seeds; half an ounce; or Crombil; prepare
y^m thus; beat y^e Cornelian in a mortar by it self
it will come to Sulph^r; beat y^e other Seed by it
self very small y^e beat y^m together & y^e will come
to a Powder; take y^e quantity of half a Spoonful
in y^e mouth & wash it down with a draught of
white wine or Stal Beer; take it constantly y^e
day before y^e full & y^e day before y^e Change of y^e
moon all y^e year long; & at other times w^{ch} y^e fit is on
you

* * * * * for y^e Stone * * * * *
in y^e fit Venice Turpetine spread on Brown Paper
& apply where y^e pain is in y^e back or else where
it helps; Some spread on a hot foot & applied to y^e
griev'd place; is very good in y^e like case; for one
y^e is troubled wth y^e Stone & cannot make water
take a Turnip & boyl it & slit it in y^e middle
& apply it hot to y^e bottom of y^e belly & it gives ease

* * * * * Against the Stone and Collick * * * * *

℞ A Pint of white wine 2. Raccs; of Ginger; 4. long Sen
net-Corns; y^e Powder of 2. Egg-Shell; A Sprig of Rose
mary; Boile it altogether & y^e party affected;
Drink of it as hot as can be endured; for the
Collick in y^e belly & Stomach; take 2. Spoonfulls of Hemp
Seed bruised put it in a draught of Beer and
make it as hot as you can drink it y^e strain it
& sweeten it wth Sugar Candy & drink it up 24

A most Excellent Sye drink for y^e. Rickets in Child

To every six quart: of 2^d wort; add Liverwort; mayden-hair; harts tongue; Agrimony; Gallipody; Sliper-Root; Raisins; Stonid; Yiggs; Strawberry; leaves violet, leaves; french-Barly; plantain; humitory; wood-bine; Cullinbine; Scabious; Brooklime & water-Cress; the roots of Burdock, Reddock, & nettles; of each one handful; Harts-born; Ivory; Guaycum; & Senna of each one ounce, Annis-seed; Bruised 2. drams; boyle it gently tel' d s.d part be wasted; y^e. Strain it & order it as other Beer; & let y^e. Child drink no other Beer;

* * * * * The oyl of Snails for y^e. Same * * * *

R^e y^e. Snails & brake y^e. Shell & brick them & put y^e. in a piece of muslin; & hold y^e. up y^e. y^e. oyl may drop clean from y^e. in a Gallipot; wth y^e. oyl Anoint y^e. Child & rub it in w^{el} by y^e. fire wth y^e. hand on the back, & stomach; And Arts; & y^e. Cords of y^e. knees, & inkle if it be a weak Child Continue; doing of it twice a day for 2. months; if y^e. Child be knotty or in bunched bath wth y^e. following ointment; if not sometimes you may use it if y^e. Rickets lay in y^e. head y^e. Child; must be blouded in y^e. Ears; * * * *

* * * * * The ointment; * * * *

R^e Harts tongue; Liverwort; Lungwort; Sameris; maiden hair; Tile-wort; of each one handful; A few blue-Cummin; Bruise it all very well & boyle it in a dd. of fresh may-butter; tel' y^e. virtue be out y^e. Strain it in a Gallipot wth Cold sye it up wth a bladder; you must Anoint y^e. Child by y^e. fire & side ribs & all y^e. joynts; Stroking it.

44

downwards with your hand; you may take Beef;
Marrow & musherdine; & heat it & Anoint y^e Child;
Some times; & now & y^e Boyle some Clasy in milk &
give y^e Child; you must also if need require eye
A scarf A bout y^e middle of y^e Child & Swin it 8 or 9
times A day for nine days together ¶ ¶ ¶ ¶

¶ ¶ ¶ Another drink for y^e Rickets ¶ ¶ ¶ ¶
& Harts-tongue; Liverwort; maiden-Hair; of each a
handful & a few blew Currans; Bruise it & boyle in 3.
pints of beer tel one be boiled away; Strain it &
put in a quart of white wine & sweeten it wth Sug-Cane

¶ ¶ ¶ ¶ ¶ Another for y^e Rickets ¶ ¶ ¶ ¶
if they be far gone you must bleed them in y^e Ear;
And take y^e jelly of harts horn one ounce; of Groo
half an ounce; french barley a quarter of an ounce
Boile it in 2. quarts of water tel it comes to half
A pint y^e Strain it & put in a little fine Sugar &
Rose water; let y^e Child take two Spoonfuls in y^e
morning & two in y^e after noon warm; ¶ ¶ ¶

¶ ¶ ¶ ¶ ¶ A drink for same ¶ ¶ ¶ ¶ ¶
& 3. pints of small Ale put it in a bottle wth one ounce
of lamaris; half a ounce of Ash Bark; a quarter of an
ounce of Joy Bark; let it stand 24. hours; & y^e let y^e
Child drink constantly of it; & no other Beer; ¶ ¶

¶ ¶ ¶ Snail Milk for y^e same; ¶ ¶ ¶ ¶ ¶ 25
wth your water boiles; put in nine Snails wth their
shells; just let y^e boile & take y^e up & pick y^e out of
y^e shells & put y^e in a pint of milk & let it boile a qual
of an hour; y^e Child may take of it as her Stomach serves

45
A very good drink for the Colic At the Beginning

R A gallon of Spring water A Boile in it Half A lb-
of Lignum vitae; sel A quart be wasted y^e take
it of y^e fire & Cover it Close & w^h Cold Strain it
And bottle it for your use; You must drink half A
Pint of it; at A time morning & evening & At any
time of y^e day for A month together; or longer if
you find y^e self not well; drink of it Spring & fall
y^e year following; And have an Inc^u made in y^e
Leg, And take some Burging pill 3. times; Staying
three dayes Between; * * * * *
* * A Receipt Against the Kings Colic * * * *

R 3. quart: of Spring water, A handfull of nettles, with
their seed; A handfull of wood-Betony; 60 Damask
Roses; Liquorish & Anniseed of each one lb
Boile y^e gently till half be consumed y^e take it of
the fire & w^h it; A little Cold strain it & Press;
it very Hard; then take Sows Abias; wood-Lice;
A bout; 60. Bruised & put y^e in 3. ounces of the
Syrup of damask-Roses; Just Boile it up together
and Strain it hard out; & w^h it; Cold bottle it
& keep it in A Cool place; take 6. or 8. Spoonfull
of this liquor; in A morning & y^e like At 4. A
Clock in y^e After noon; take it As warm as milk
from y^e Cow; & soe proportion it to y^e Age of y^e
Person; y^e must Stir After till y^e are in A
breathing sweat; Both in y^e make^{ing} & taking should
be soe timed y^t it should give 3. or 4 stools

To make A Poultice for the same;

46

A pint of new milk; one ounce of Linseed; Bruised
A few Red-Rose leaves; & some mutton Sweet; Boile
it tel it be thick; Stir it well, y^e Bruise half a
head of Horse-Leek; & put to it & Stir it well A gen-
y^e it may not burn; then take as much fine oatmeal
flower; as will make it very thick; mix it well to
gather & just scald it; & pour it out of y^e Skillet
& Stir in half an ounce of y^e oyl of dead Rose; ;
And spread y^e Plaister as thick as y^e finger does
it but once a day; & w^h you take it of if it be a
Runing sore take away all y^e Corrupt matter,
warm y^e next fresh & lay it on soe follow it tel
it be near well y^e Apply A Round: Tongue leaf to
y^e sore; & y^e Roots: thereof being Cut square may
be laid over y^e pit of y^e Stomach & Change y^e
once in two dayes ¶ ¶ ¶ ¶ ¶ ¶ ¶ ¶ ¶ ¶ ¶

& A Good Drink to banish wind and Phlegm &c. ¶

A Raisins; figs; Liquorish; french Barly of each a part
of an ounce; Alexander roots; Core y^e Aquates of an
oyl like of Parsley=Roots, fennel, envy; Succory; Bur-
rage; slit y^e & wash them & put y^e in a Pipkin with
3. pints of water; boile it half away y^e add to it violet.
leaves & mallows & Sorrel of each a Handful; y^e like
of Annis & fennel seed let it boile a little; y^e add half
an oz of Jenna; & just let it boile y^e take it of & let
it stand tel its Cold; Strain it & Bottle it; & take a little
Cup full 2 or 3. mornings; Eat Any fresh meat at dinner
According as it works; Add more or less; Jenna; 26

47
In Case of the Small Pox;

If you suspect a Looseness you must do, what you can
to prevent its coming by making y^e. decoction ofalum
for her ordinary drink; so a quart put 4. Spoonfulls
of Aqua Cynamom hordate to it & sweeten wth double
Refined Sugar; And give y^e. Patient sometimes a
Glass of wine & water; y^e. is let y^e. loz of y^e. fire-fook
be quenched 4. times in a quart of water & put into
a boat wth a little nutmeg; subd on it in y^e. Glass;
A little Sugar & a Spoonfull of Claret; & instead of
Barly Govel make Rice Govel & let all y^e. water be;
Chalybeated; y^e. is y^e. Iron quenched in it y^e. you see;
And to compose Sleep; give y^e. Patient at night either
20. drops, of Laud-Liquid & but one ^{Spoonfull} of y^e. Syrup of
Diacodium wth 2. Spoonfulls of Aqua Epidem 2. of
mint 2. of flos Paroly: & one Grain of Laud London
if you cannot get Laud liquid if y^e. do not sleep;
wth y^e. & y^e. Looseness should continue give y^e. same 3
draught a gain after y^e. first 9. hours between; let y^e.
take no Sylibubi nor doctoral Jowets unless y^e. looseness
goes of Clear but keep y^e. to Rice Govel & jelly of hart
horn; in Case y^e. Looseness should continue & not
much sleep get y^e. following Lincture made & use;
Give 2. Spoonfulls at a time every 4. hours or 3. Accord-
ing as you shall find occasion; Baum; mint; & Poppy;
water of b. Spoonfulls; Syrup Demecomic 4. Spoonfulls
Laud Liquid 20. drops. Coral boleasome Diacord; by
y^e. some nights to sleep wth y^e. Lincture; if positive give a
Suppositor once or twice a day if y^e. done doe, give
A milk Glixer; this is to be done about a week before

They kill; eat no flesh &c about you kill Burg 3. 48
or 4. times stay 2. or 3. dayes between 4. 4. 4
or 4 * In Case of a desperate Consumption * * *
Sr The Course I took wth Mr. Not; was gentle-Burging
bleeding Balsamick Remedyes; w an Hydromel made;
wth Pectorals & diureticks; wth had very good Success
wth him; In Pursuance of yr late Relation of him
I think it proper to stop his looseness wth as much
Speed as you can in order to which I have found
such Success in such Cases by yr use of an Astringent
Electuary whereof I have yr quantity of A Chestnut
At a time every night going to bed yr Electuary is;
Conserve Ros; Rubr Myre Cydon: aū ʒ Trochise
de carabe ʒiii boli armen resi lang dracon aū ʒi
Candaini Lond: in Aq Cinna m soluti qd Lymperis
ʒi ʒi m of Electuarium you wld do wcl like me
to tye him up from yr use of Beer & let him drink
A Rochet made wth Sarza; China; Clandes; And
theavings of hartshorn & frooy & towards yr end;
Add some Pectoral; let him likewise use yr Balm
of Gilead twice a day in Syrup of mayden Hair
wth has Speed wcl wth him Sr if I can serve
Either you or him in any thing lying in my power
you may both At Any time Command it from
Sr your most faithful Humble Servant

How to Make Syrup of Violets;

Take a quart of Spring water Scalding hot put to
 it as many blew-violets being Clean pick as you
 Can well Stir in Cover it Close & let Stand by
 y^e fire to keep it warm 2. or 3. hours; y^e put it
 to side y^e morrow or next day Strain^{it} & heat y^e
 Liquor & put in as many more fresh violet leaves
 & let it Stand 48. hours; & y^e Strain it hard
 And put to y^e Liquor 9. Pd. of Loafe Sugar beat
 pretty Small Stir it well & let it Stand a day
 or two stirring of 2. or 3. times a day & Scum
 it Clean y^e put in a Shellit of Boiling hot
 water & let it Stand while all y^e Sugar is
 melted & be sure to take of all y^e Scum y^e Morrow
 Bottle it Cowslip Syrup; is made all one way
 only Clip of y^e top of y^e Cowslip flowers; & Bruise
 y^e a little; & order is as you did y^e violet Syrup
 Syrup of Clovegilliflowers is made all one;
 you must Cut of y^e white & you may Bruise
 y^e Clones; but you must not heat y^e liquor After
 you have put in y^e first Parcel of Clones but;
 put in 2^d Parcel Cold & y^e order is in every
 respect As you did y^e other Syrup; You must make
 your violet Syrup in a pewter Hagon or Tankard
 or else it will not be of so fine a blew; And;
 you must make y^e Clones Syrup in Silver or;
 white Earthen ware is out be of a good Red;
 And you must make y^e Cowslip Syrup; in Silver
 or pewter; for Earthen ware will Spoil y^e Colour;

To make green oynment

50

℞ Pile wort; both y^e green-leaves & yellow flower
 And daisie-leaves; of each; of y^m so good;
 Handfull; Silgreen; or houseleek; one handfull y^e
 inner rine of Eldes; half a handfull; y^e like of
 karts-tongue; leaves; & Parsley; Bruise All this very
 well And boile it in a pound or better of fresh
 may Butter till y^e moisture is out y^e Strain it &
 wth Cold tye it up very Close for your use; its very
 good for Scalds; & Burns; & for y^e Kings-Evil & y^e
 Piles; & y^e Shingler; & Gout & for Any Ulcers or hot
 or hard Swelling or inflammation &c. y^e Pile-wort:
 Sometimes if a forward Spring is gon in May
 so you ^{may} get it y^e end of April y^e y^e green-leaf is
 some-thing like a Scurvy grass leaf & bases a
 yellow flower like a Cranie; its good for y^e
 Rickets;

℞ ℞ ℞ ℞ ℞ To make yellow Salve ℞ ℞ ℞ ℞

℞ two pound of Beares Greas; one pound of Bees
 wax one pound of Burgamy pitch; Set it over y^e
 fire & boile it gently about a quarter of an
 hour y^e Strain it out & Stir it a little while
 wth Cold tye it up Close for your use; its good for
 Any Green wound & for y^e Evil wth its Brooke &
 for Chilblains & Ribes; its very useful in many
 Cases you may mix wth Lucaitelus Balsam for
 Green wounds if occasion

To make A Excellent Salve for Sores Breast.

Take A very well glazed new Pipkin And put into it
 half A pint of y^e best Sallet oyl wth 4 ounces
 of Clean Bees wax sliced very thin; put it over
 A Clear fire either Charcoal or Embers; let it boile
 half an hour then take it off and let it stand
 tel its half Cold; add to it one Spoonful of good
 Honey & keep it allwayes stirring over y^e fire let
 it boile well then take it off again & let it
 stand for some time; have in readines six
 ounces of plain Diachylon sliced thin w^{ch} you
 must put in whilst it is soe hot as to dissolve
 it without putting it over y^e fire again. keep it
 stirring tel its quite Cold; when you see it spread
 it on dowlas or sheeps leather y^e have been drest
 A good while & prick it full of holes spread it
 thin & apply it warm to y^e breast & put some flay-
 ing over it there is nothing better for Sores Breasts
 it both scatters y^e milk & disperses y^e swelling or
 kernels & if it will brake it wil both brake & heal
 it; one plaister wil doe if it doe not brake but
 w^{ch} it have been on 2. or 3. dayes you must take it
 off & new spread it; it is good ^{for} Any swelling or
 running Sores or Green wound & for y^e biting of
 of A dog; if A deep hole dipt A little lint in some
 Lucatulus Balsom & put it in y^e hole as hot as can
 be endured & lay A plaister of y^e over; do soe
 near A week y^e w^{ch} only y^e Salve;

To make Lucatellus Balsam

52

Take one pint and half of oyl of Olive set it over a
gentle fire with a Bottle of Spring water seth it
softly y^e take it ^{off} y^e fire & let it settle till y^e next
day y^e take a pound of venice Turpentine & wash it
well with Canary wine or Red Rose water or Raintain
water & soe let it stand till y^e next day then
skim of y^e oyl from y^e water & pour y^e Liquor
from y^e Turpentine put y^e oyl & Turpentine in a
skillet & put to it Allico 3. or 4. ounces of yellow
^{white} & 3. ounces of Red-Sanders finely powdered;
stir it well & let it simmer for one hour & then
strain it & keep stirring of it till it is Cold
Inwardly taken for Bruises on y^e top of a
knife y^e quantity of a nutmeg 3. or 4. ^{at times} times; or
you may sweeten it with Sugar; drinking after
it a little Sack or Ale souer drink; for y^e Collic
in y^e belly or Kidneys take y^e like quantity;
drinking after it souer drink wherein boyl
fennel or Parsley of each half an ounce & w^h
it is boyled put into it one pint of white wine
outwardly for a scald or burn spread on fine
Lawn but you must use y^e ointment first it is
Admirable also for any Green wound & for any
Bruises; very Excellent for it will heal more
then any other Remedy; Sallet oyl will doe

if you strain it
you need not stir it

To Make Lip Salve

Take one ounce of Pomatum of Roses Half an
 ounce of Virgins wax 20. Raisins of y^e son
 Stoned half a Lemon sliced full of All, half
 a Sow Apple pared & sliced Put all this in
 a new Pipkin together & let it melt over a soft
 fire then put into it 4. or 5. slices of Alkanet
 Root slit it 3^l let it Boyle till its Red then
 strain it thro' Muslin into China Cups: first
 wet y^e Cup: with water & & & & & & & &

54
n:90: - To make Orange or Lemon water & Cit

Take 10. of y^e best Civil oranges or Lemons which
you doe designe to still & pare y^m thin y^e
take y^e farings & put y^m in a earthen pot
& put to y^m 3. quarts of y^e best Brandy &
3. pints of y^e best Sack, Cover it Close
wth a Paper & a Cloath tyed over it let
it stand one day & one night & y^e put it
Early y^e next morning in a Cold Still of
a middling size; And w^h y^e first bottle is
drawn of put in a pint of fresh Brandy
& draw of a nother bottle; y^e put in ano-
ther pint of Brandy & draw of a nother
bottle; y^e put y^e 3. bottles altogether if
y^e 3^d dont prove souer y^e sweeten it
wth Double: Refined: Sugar, so y^e last
w^h it have stood 2. or 3. dayes strain
it thro^o muslin into y^e bottles, for y^e use

Electuary for y. Cholick

℞ with pepper ~~with~~ ~~herbare~~ seeds of
 each five drams opium 2 drams &
 half cassia one dram & half small-
 lage seed one dram Macedonian
 S. S. Parsly seed juth fennel seed
 wild Carrots of each 45 grains saffron
 half half a dram Spicknard —
 fillitory of Spain zedoary of each
 55 grains Cinamon one dram & half
 Myrrh & Castor of each one dram
 being all made into fine powder
 with y. triple weight of Clarified
 honey of y. Ingredients make an
 Electuary to be taken y. quantity
 of A nutmeg every 3. hours till
 y. Cholick paine cease drinking a
 glass of wth wine after it or any
 other proper vehicle after ever done.

Diuretick powder for y^e stone
 or Strangury take Jal. Brunella
 valerian roots of each 3. dram
 pearl prepared 2. dram, Cochinele
 10. grains make it in a fine powder
 to be taken as much as will lay
 on a chilling every 2 hours in
 a glass of any proper vehicle till
 y^e Cause is removed

Take y^e. Peel of six Civil oranges
 pared very thin 3. Penny worth of
 Saffron 3. penny worth Cochineel
 y^e. like of gentian roots y^e. same
 of Snake root & steep it all in a
 pint of Brandy 30. dayes then strain
 it out & bottle it for y^e. use, It Revive
 y^e. Spirits & its good for Melancholy
 you may take it at any time

To make Raff elixir

Rhena five ounce Jallap. 6. drams
 Rhubarb 3. drams Anise seed 1/2 dram
 Seed of each 6. drams Carraway &
 Coriander of each half an ounce
 Elecampane one ounce Horse-Radish
 half an ounce Cochineel half a dram
 Cream of tartar one ounce Raisins
 1/2 4. ounces Common spirit of wine
 2. quart let it simmer over a gentle
 fire 5. or 6. hours being close covered

Then take it of y^e fire & when its
Cold strain it & bottle it up for
use

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Vertical handwritten text along the left margin, possibly serving as a table of contents or a list of entries.

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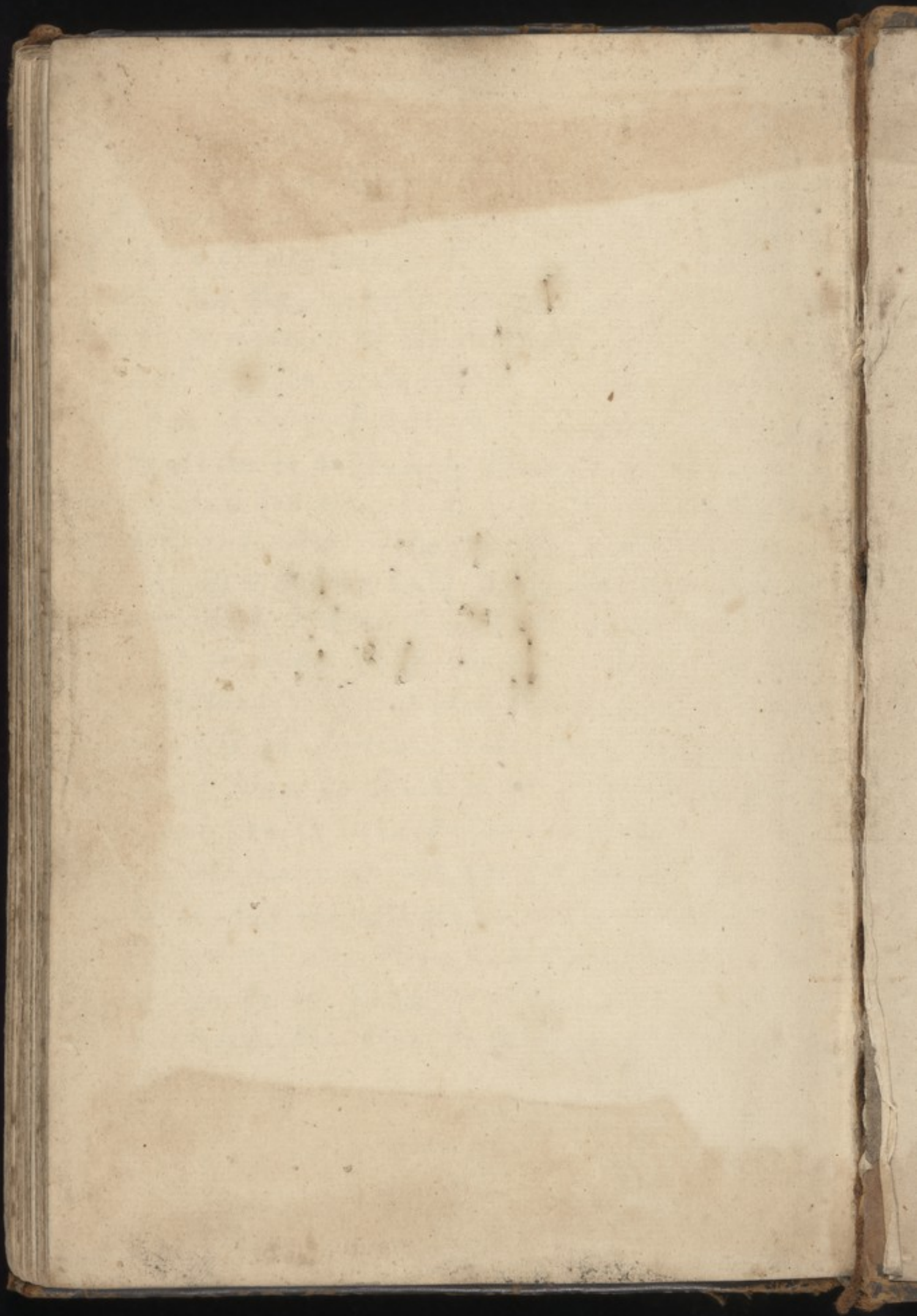
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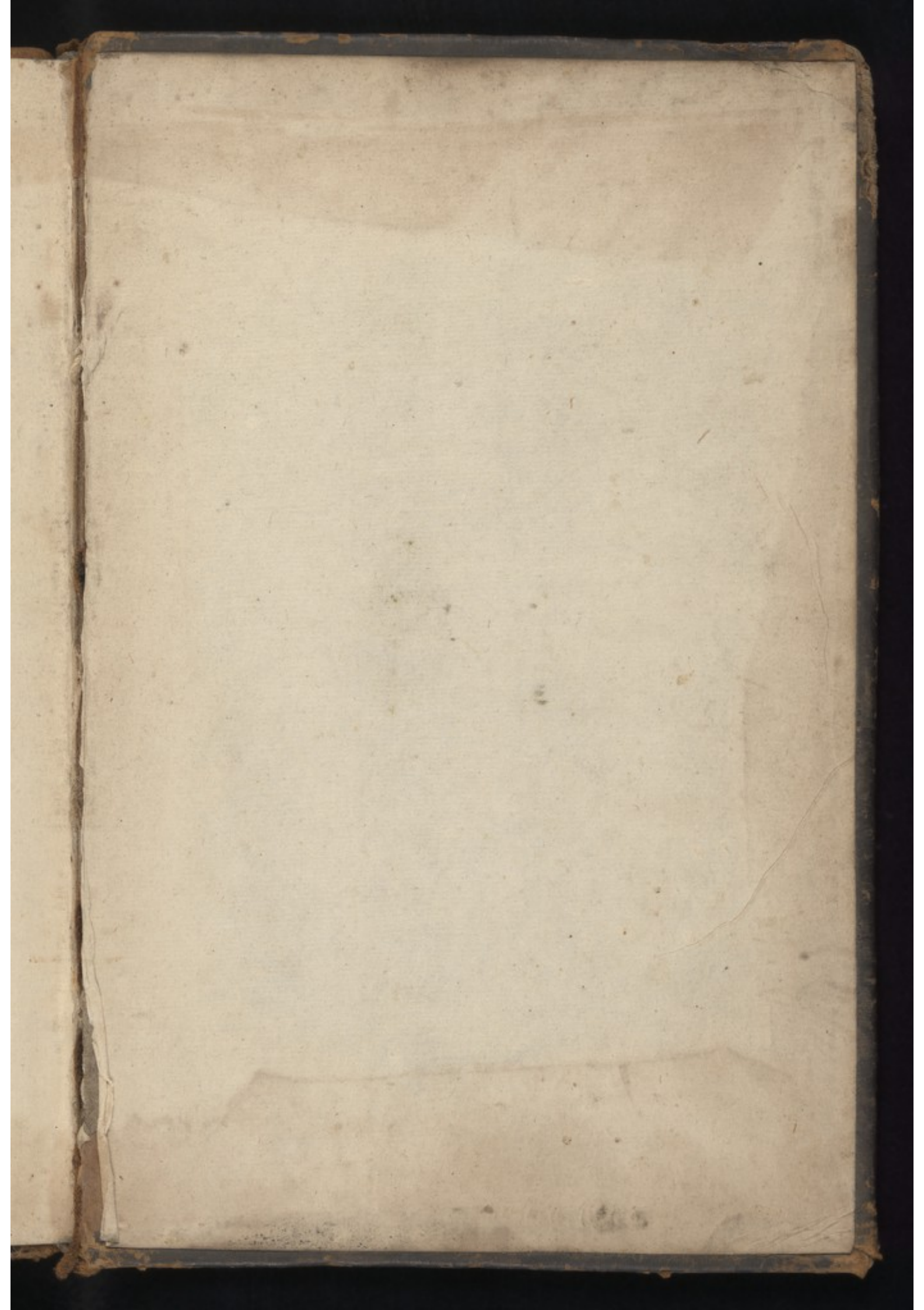
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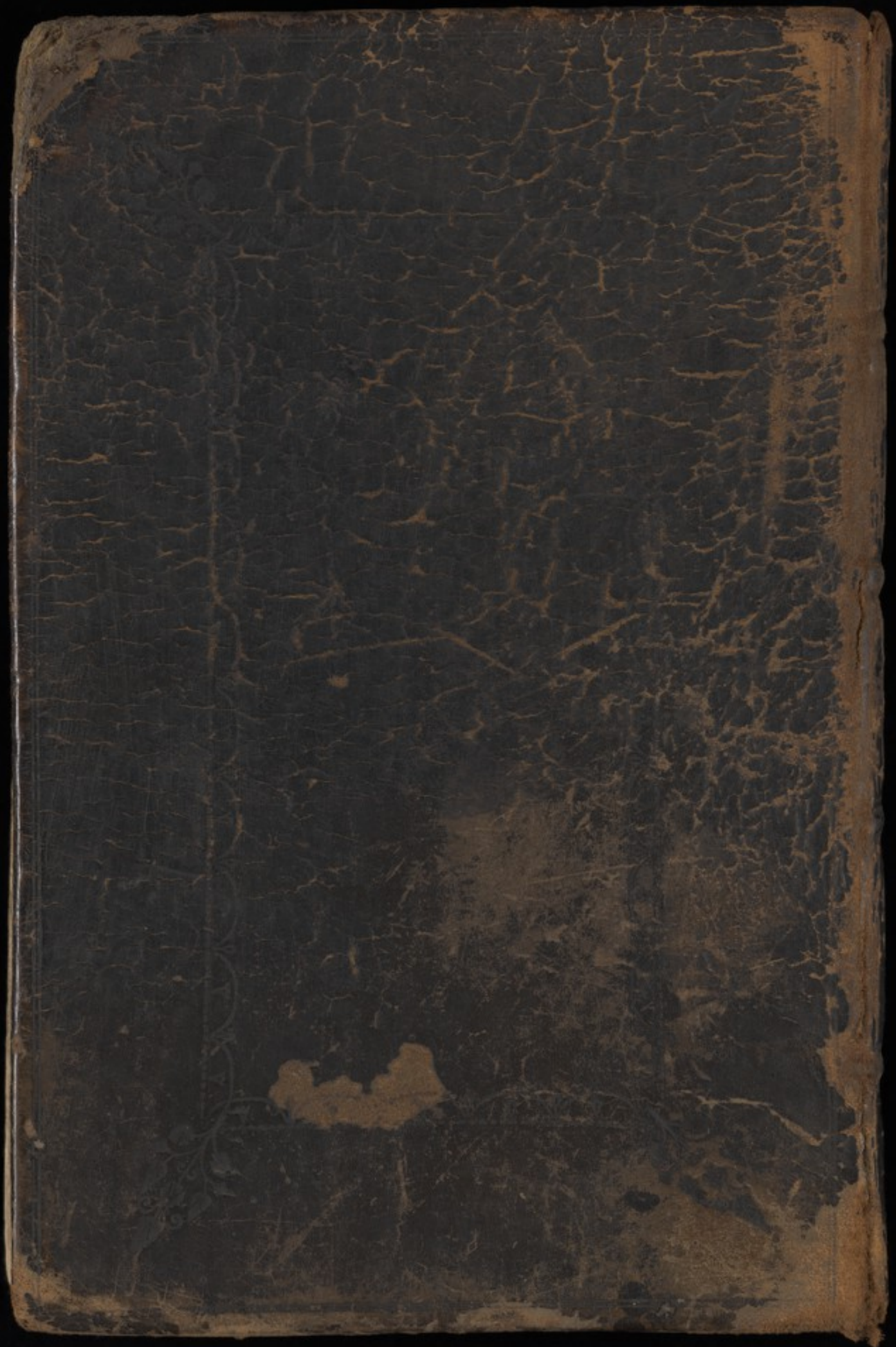
A Receipt for Ink

for a quart of Ink 3. ounces of Galls 4. ounces of Copperis
2. ounces of Gum Arabic or 2. ounces, & A quarter, 1. ounce
of Roman vitriol; one half penny worth of
of indico blue; Bruise these ingredients but not too
small put them into a Earthen pot or Pitcher &
put to it A quart of small Beer, being first well
boiled & y^e it must stand a little time before
you put it in y^e put it in being almost boiling
hot & stir it & Cover it Close; & set it in y^e heat
of the Sun for 3. weeks or A month keep stirring
of it 2. or 3. times a day y^e pour of the ink from
the druggs & put up half so much more Liquor
as you did before & in A monthes time it will
be rather better y^e y^e other you done first then
pour of that likewise, and put y^e like quantity
again w^{ch} 3d portion will serve to thin y^e o
other ink when so thick in y^e winter set it in y^e
Chimney Corner near y^e heat of y^e fire; & & & &
If you w^{ld} have y^e ink for greens w^e, you may
boile it) but very slowly) and let it stand upon
y^e druggs w^{ch} will serve indifferently well; but
it will not be so good y^e other; nor so fine; as y^e
as was made the fire, or y^e heat of y^e Sun; & &

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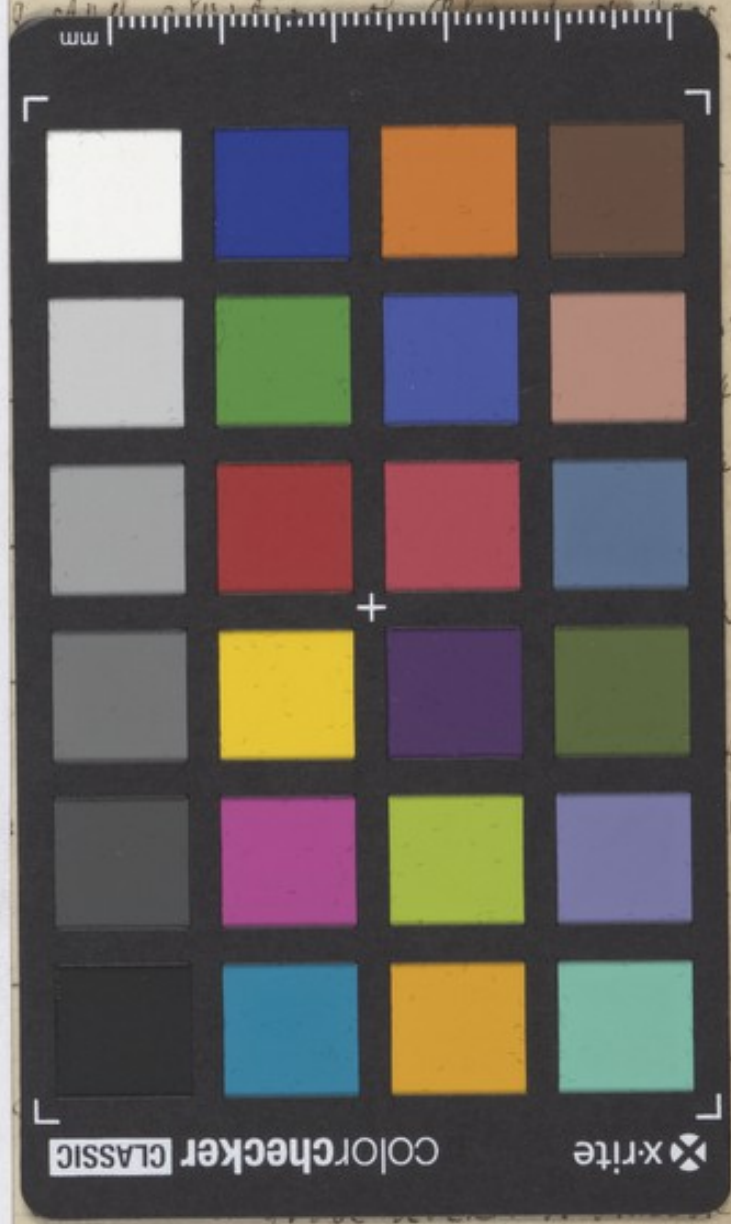


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