Medical. A collection of nearly 400 Medicinal Recipes, *written in an eighteenth century hand, on about* 170 *pp. with an index at end, mottled calf, g. e.* (*modern binding*) 4*to.* [*title dated* 1737]

M Bernard 1737

M Bernard

M: Bernard 17

A Collection of Receipts Medicinall

Weights

20 Grains make a Scruple
24 Grains make a Penny wt
3 Scruples make a Dram
8 Drams make one Ounce
12 ounces make one pound

2 pints make one qu
2 quarts one pott
2 pottles one Gal

1737

The 4 Greater hott seeds — Annis, Carawy, Cummin, Fenn
The 4 Lesser hott seeds — Bishops weed, Daucus, mallage, C

The 4 Greater Cold seeds — Citrul, Cucumber, Gourd, Mel
The 4 Lesser Cold seeds — Succory, Endive, Lettuce, Purs

The best time for pickeing up Stony Roots is in Feb.y

all Ointments ye herbs should be first shred then beat with ye Lard

by Claws should be saved in June.

A Collection of Medicinall Receipts

For an Astma, very excellent

1 Take Zedoar one ounce, Flower of Sulphur two drachms & an halfe, Gum Armoniac one drachm & halfe, Saffron half a drachm; boil these 3 in 3 pints of Hydromell (or water boyld with hony) to a quart. drink of this cold 3 or 4 times a day an ounce at a time viz.t in the morning, at 5 in the afternoon & at bed time.

In the Fit of an Apoplex

Dr. Lower

2 Dissolve 20 grains of ~~resin of~~ scammony in 2 spoonfulls of Palsy water, or Plague water when it is dissolved you may add 2 spoonfulls of any other smaller water to make it less strong then give it all at once, & y.e following glyster presently. viz.t A pint of y.e decoction of sage, & rosmary, & marjoram & lavender flowers, strain it & put in 6 spoonfulls of syrop of Buckthorne, of y.e infusion of Crocus metallorum 4 ounces, y.e same you give for Vomits. Apply cupping glasses with scarrifying to y.e shoulders till you drat 8 ounces of blood by it & [illegible]

2 bleed 8 ounces in the arm, & blow some white hellibore powder into ye nostrills. apply blisters to the shoulders. If ye rosin of scammony do not work in 4 hours give 10 grains more dissolved in ye same manner. Apply a red hot frying pan to ye back part of ye head, or crown, as one cools apply another.

For the Rickets

3 For 3 quarts you must allow 3 or 4 gallons of running to boil the herbs in. Take one handfull of maidenhair as much of hartstongue leaves two handfulls of violet leaves, and as much liverwort one handfull of strawberry leaves, as much speedwell which grows on barren grounds. boil all these together in the water mentioned till it is more than half consumed, then take & strain it & let it pitch, then boil these things following therein. take one pound of large raisons of ye sun & stone them one pound of lent Figs sliced, one ounce of saffron taken apart & put in almost one ounce of the best amber & put it in a bag & boil it in these things also some broad gold. boil altogether till it comes to 3 bottles, then take out your Amber till you have occasion to make more of it strain ye liquor & when tis cold bottle it. stop it & put it in a dry place. gather your herbs in summer. The child may drink of it when it is athirst in the night or at any other time the sooner it is used after bottling ye better. The child must be kept warm because it loosens ye body drink it takes besides must be mild. At

3 that sucks must not take it. the inward rickets are ye worst to cure, try one bottle first if that recovers it let ye child have more, not long after, & it will be well to give it a bottle att ye spring & fall after ye first cure. It is good for a consumption in old or young, & for a cough. And it is a good cordiall

Oyl of Charity or
4 A most excellent Green Balsom to be made in May

Take Red sage, Rosemary, Lavender (with ye broad leaves) Balm, Camomile, Valerian of each 4 ounces, & of wormwood two ounces gather them in a hot sunny day, & wipe them with a cloath (but not wash them) then chop them very fine, & put them in a convenient vessel, & put to them a quart of ye best Oyle you can get, & tye it close letting it stand in ye sun a fortnight or 3 weeks, stiring it once in 3 or 4 days. Then put it into a Skellet & let it boil a little & then strain out all ye herbs as hard as you can wring them & put into ye oyle half ye same quantity again of ye same sorts of herbs & let them stand as before 30 days in ye sun, then set them on ye fire again which must be a very gentle one & let it boyl very softly till it be a perfect green, then strain out your herbs & let your oyle stand all night in a pewter bason, & ye next day set ye bason over a chafing-dish coales & let your oyle boyle & then scum it if ye scum rises then take it off & let it stand till it is cold; then take a little of ye uppermost in a glass & keep for speciall uses, the rest

It for Bruises give a spoonfull or 2 in warm posset drink, & a smal draught of posset drink after it. To a Woman one spoonfull every night, two a man & two a child half a one. & anoint ye Bruise outwardly by a warm fire, & lay a warm flannel on. It is for all sores & striains & anointing it & rubbing, & chafing it with a warm cloth by ye fire It is for a sore breast & for sight in ye Eye.

4 The rest put into a glass. If there be any water in ye bottom throw it away. so keep this Balsome for your use The herbs must be weighed by Doctors weights.

An Excellent Gargle for inflamations of the mouth &c

5 Take Poppy water & Plantin water of each one ounce, clarified juice of Self-heal two ounces, Diamorian six drams, ~~salt Petre~~ Salt Petre 4 drams mix them together & gargle with it often

The Strengthing Oyntment

6 Mrs Choate

Take a pound of may Butter, a Pottle of black snails, put ye butter in first then ye snails; let them boil half an hour, stir them all the while, then take it off. put in two handfulls of Rosemary, Balm, Lavender-cotton, southernwood, Corsnary, Elder leaves, Bugloss, Brooklime, camomile, Burr-leaves, Rue, mint, Wormwood, Self-heal, gather these in a dry day, do not wash them, chop them small, put them in; when tis half boyled put in a porringer of Cow dung, ye same of hen dung new made, 3 quarters of a pound of frankinsence 2 ounces of nutmeg bruised, ye same of mace, when it is boild strain it; after 2 days clarify it.

A Cordial for the Collick

7 Mrs Choate

Take Elecampane roots sliced, Annigeeds Coriander seeds, Senna, Guiacum, cubebs, Cicers, of each two ounces, Raisons of ye sun stoned one pound; put all these into a bottle,

5 putt in 7 Pints of Aqua-vitae; stop it close, stir it once a day for twelve days. then pour it off & keep it for use; take 3 or 4 spoonfulls at a time.

Red Powder for Feavors, Agues, Meazels, Small Pox, & violent looseness

Dr. Bates

8 Take Dragons, Tormentell roots & leaves, Scabious, Rue, Carduus, Pempernell, Betony, Scordium Angellica, Marrygold leaves & flowers, of each six handfulls, vipe them clean, & bruise them put to them a pint of white Wine, let them stand all night, then strain it, & let it settle; Then take a pound of ye best Bole-armonac beat & seare it, put it in a bason, putt as much of ye liquor to it as will make like butter, stir it, set it in ye Sun, stiring it often, when dry, put in more liquor; when you put in ye last put in a dram & haff of Saffron, one ounce of Venice treacle, ye same of harts-horn in fine powder, Contrayerva & indian-Snake-weed of each half an ounce, 3 drams of Gum-dragon, strept in triacle water then make it up in balls when 'tis dry enough & keep it in a dry place.

A red Salve for any old Sore

9

Mrs Choate

Take red lead, hogs lard, mix it well, & boil it together a quarter of an hour; then take it off ye fire & put in some sallet oyle then make it up.

The Green Ointm.t w.th Spike

10

Mrs Choate

Take half a pound of young Bay-leaves, as much Rue, Wormwood, Red Sage, Rosemary, Melilot of each y.e same quantity; Stamp all these together in a stone Mortar, then take 2 pounds of Mutton Suett hott from the Sheeps belly, stamp y.e herbs & it together againe, then take 3 pints of olive oyle & stir it together, spread it in a broad earthen dish, cover it close, you must stir it every day or it will mould, & loose its vertue; let it stand nine or ten days; put it in a skellet over a slow fire, boyl it very slowly 3 or 4 hours, put in a little Spirit of Spike & Spirit of turpentine, of each one ounce.

The Apoplectick sweet Balsome

11

Take an ounce of y.e balsome of Tolu, one ounce of liquid Storax, one of balsome of Peru, grind them together, then set by; then grind 2 ounces & half of oyle of mace in good Essence of Gessamine or orange flower water, sett it by, then mix them all together, put in 40 drops ~~of oyl~~ of Nevole Essence, 40 drops of oyl of cinamon, 50 drops of Quintessence of Lemons, 40 of oyl of cloves, 20 ~~of~~ oyle of mint, add some orange flower, or Jessamine butter, put all these together in an Earthen potringer, a quarter of a pound of bees wax, melt all together, burn some ivory & put it into y.e wax if you would have it Black.

An excellent Searcloth

Mrs Lechmeres

12 Take a pint of best oyl olive, half a pound of Red lead, as much Rosin as a Valnut your Rosin & red lead must be fine as flower, put them into ye oyle & stir them well together with a stick then sett it over ye fire & let it boyl moderately, keep it stiring all ye while, till it looks of a dark colour, & if it sticks to your fingers it is not enough, if it does not it is ready, then dip in your cloth as fast as you can, it being taken off ye fire.

For the Bloody Flux

13 Take new milk set it on ye fire till it boyls, then put in a piece of Rockallom & there will rise a curd, take it off & if your Stomack will bear it eat ye curd if not drink the Whey.

For any Cough

14 Take conserve of Roses, powder of Mastick & Diacordium & mix it, & take ye quantity of a Nuttmeg going to bed.

For a Rash, & for sharpness of Urine

15 Take half an ounce of Pompion seed, of colseed, blanched Almonds each half an ounce, beat them well in a Marble morter, & pour on them a quart of barly water, pulp it through a napkin, & add to it about 6 spoonfulls of barly & cinnamon water, sweeten it with fine sugar, & drink a good draught of it 3 or 4 times a day.

Mr Bosker

Mr. Gelsthorp. 8

For the Spleene

16

Take of ye filings of steel 3 ounces, good Rhenish Wine & milk water, of each a pint, Gentian root sliced half an ounce, Centaury tops an handfull, Galingall roots bruised 3 drams, Roman wormwood cut small half a handfull put all into a large bottle with a wide mouth, shake them well together, tye it up close, let it stand in ye chimney corner, shake it 2 or 3 times a day for 3 days together, then lett it settle; strian every morning 4 or 5 spoonfulls, & take it fasting, 2 hours before breakfast.

Excellent Lip Salve.

17

my Grandmother Gould

Take fresh butter half a pound, Storax and Benjamin of each half an ounce, fine sugar one ounce, put the sugar into a little Orangeflower water, of bees wax four ounces, juice of black grapes half a pint, three pomewater apples sliced thin; put these together, then boil them till well melted, strain it through a new flannell, then put in as much Alkanet root as will make it of a good colour.

Treacle Water.

Mrs Choate

18

Take Dragons, Angelica, Balm, Mother of time, Carduus, green Walnuts, of each an ounce; Marygold, Rosemary, Clove julyflower, Cowslips, Burrage, Buglos flowers of each an ounce; Scorzonera roots, Formentile, Elicampane, Gentian, Cypress, Angelica roots each an ounce shread small; Hartshorn one ounce boiled in three pints of Carduus water, till one pint is consumed; three pints of red rose water, an ounce of Citron peeles, three quarts of Sack, half a pound of Venice treacle infuse it 24 hours then distill it.

Mrs Choate 19.

Plague Water

Dragons, scarlet Pimpernel, Rue, Wormwood, Celendine, Sage, Avens, Agrimony, Angelica, Betony, Scabens, Carduus, of each two handfulls, a quart of Juniper berries, an ounce of Ginger, a gallon of brandy, 2 quarts of Sack, and 2 of white wine, let it steep 2 or 3 days then still it in an Alembick.

Mrs Choate 20.

Briony Water.

Four pounds of juice of Briony roots, Rue, Mugwort, of each two pounds, dryed Savin three handfuls, Fethersew, Nep (or cats mint) Pennyroyal of each two handfuls, Basil, Ditany of Crete of each one handful and a half, Orange peeles four ounces, Myrh two ounces, Canary six quarts steep them four days, then still it in a cold Still.

Lady St John 21.

Great Palsey Water.

Take Sage, Rosemary, and Betony flowers of each one handful; Lilly of the valley, Burrage, and Buglos flowers of each one handful, steep them in aqua vitæ, or good brandy, then take Balm flowers, Spike flowers, Motherwort, bay leaves, Orange leaves and flowers of each one ounce, put to them as many Lavender flowers stript from the stalks as will fill a large gallon glass, steep all these six weeks or two months, then distill them carefully in an Alembick. Then put to this distilled water, Citron peele dryed, Diony seeds hulled, of each six drachms, of Cinnamon water half an ounce, nutmegs, Mace, Cardamom, Cubebs, yellow Sanders of each half an ounce. Lignum aloes one drachm, make these with the Spices into powder, and put them into the distilled water, put to them of Jubebs half a pound new and good, take out the stones, cut them small, close the vessel with a double bladder, let them digest

six weeks, then press out the liquor and strain it through a fine cloth, and put into it prepared pearle, Smarags, Musk, and Saffron of each ten grains. Ambergreece one Scruple, red roses dryed, yellow Sanders, and red Sanders of each one ounce. hang these in a Sarsenett bag in the glass of water all the year.

Mrs Choate 22.

Pills for the Cholick.

Venice Turpentine make it into pills, either with powder of Rosin, or of Liquorice, take two or three pills att night going to bed.

Mrs Choate 23.

a water for a Thrush or sore mouth in a Child.

Rosewater, white of eggs and a bit of Loaf sugar.

24 Mr Gilsthorp

A Good Cordiall

Take an ounce of spirit of Saffron, a dram of oyle of cloves, a dram of Alkermes scented, two pound of double refined sugar, 3 quarts of brandy, one quart of spring water, mix all these together, till all ye sugar be melted, then bottle it for use, ye Spirit of Saffron & alkermis must be well mixed first.

Lady: Hartopp 25

Grey Eye Water

Take half a pint of spring water, & white copperas ye bigness of a hazell nutt, as much powder of tutty as will lye on a silver threepence, as much loafe sugar as copperas, boil all together in a silver cup a quarter of an hour, lett it stand till it is clear, & then wash your Eyes with itt.

15 prepared, you must make up a strong Jelly with Hartshorn and your Viper skins prepared as in Gascoins powder only colour your Jelly with your Saffron; mix your Jelly by little and little with your powder till it will make up to a paste, work it well together in a marble mortar, and so make it up into balls and dry them in a cool place.

A Cooling Salve. for a burn or Scald.

Mrs Choate 39. Take of yellow wax half a pound, of hogs lard a pound, of honey half a spoonfull, of red rose water half a pint, (or of plantin water) melt the wax, then put in the fore=named things; let it but just boil, take it off the fire, and keep it stirring and beating till it is cold, and then rowl it up.

40 The Black Salve
for strains & bruises.

Mrs Choate Take 3 quarters of a pound of yellow bees wax, a pint of y^e best oyle olive; cut your wax into small peices put y^e wax into ye oyle, set it on a quick fire when it is melted take it of ye fire, & lett it cool a little, then put in two pounds of white lead finely ground, then sett it on ye fire again & let it boyl half an hour, stirring it continually; then take it of again, & put in Olibanum, Franckinsence Mirh, Mastick of each two ounces, all finely beaten, then lett it boil half an hour more, (keep it stirring, least it run over,) a little before you take it off ye fire put in a quarter of an ounce of Camphire; Note it must boyl till it is black, & be kept stirring till 'tis almost cold; & then rowl it up.

Lady Hartopp.

Flower of Salves

41 an excellent salve to draw out thorns or splinters, good for sores old or new whitlows &c. for impostumes humours. Cankers it suffers no dead flesh to engender. good for sprains in ye back, or arms

Take eight ounces of Rosin, virgin wax and Frankinsense of each four ounces, of Mastick one ounce, Deer suet four ounces, Camphire two drachms, beat the gums single in a mortar, then melt the Rosin and wax together, then put in the powders and when they are well melted strain it thro' a thin strong cloth into a quart of the best white wine, boil them together till pretty thick; then take it off, and put in the Camphire, and four ounces of Venice turpentine drop by drop (least it lumps) stirring it conti=nually one way, till it is cool; then make it up in rowls you must take great care in the boiling least one drop go over, for if it does you loose all. have by you a pipkin of cold water, as soon as it begins to boil up put the pot your salve boils in into the cold water. in rolling it up rub the thing you lay it on, and also your hands, with oyl. the wine that comes from it is very good, for a green wound, or swellings, and pains.

Syrop of Oak Lungs.

42. Take six penny worth of Oak Lungs, boil them in as much water as will cover them, boil it till it is very thick, then strain it off, and put a pound of brown sugar candy to a pint of the liquor, so boil it up to a syrop, take three spoonfuls night and morning in a draught of warm ale, it's very good for a consumption, colds, or coughs.

26 Another for Sore Eyes

Take a spoonfull of spring Water & one spoonfull of white Rose water, 6 spoonfulls of plantine water & one drop of white copperas; you must wash your Eyes with it often. It has done great cures.

27 For the Headach

Take powder of Nuttmegs & y: yolk of a new-laid-egg, well mixt together, make two plasters of it & lay one to each temple, you'll find great ease.

28 Docter Stephens's Water

Take a gallon of Gascoin wine, Ginger, Gallingall, Cinamon, Nutmegs, grains of Paradise, annisseeds, fennellseeds, of each one dram: Carraway seeds, red mint, damask roses, thime, pellitory of y: wall, rosemary, wild thime, Camomile, (the green if you can't get y: flowers) small lavender, of each one handfull, then bray y: spices small & y: herbs, stiring them severall times, Still it in an alambick, & keep y: first water for it is best & y: 2: by it self; if it be sett in y: Sun in summer it will keep best.

29 Convulsion Water

La: St John of Battersey.

Take a pound of single Piony roots, wash & slice them thin in round slices, & put them into a well glased pipkin with 3 pints of white wine, cover it very close, & let it stand all night in y: embers to infuse, sett it not to hot, least it wast, next day strian it, put it into a

this is an excellent remedy

this is very good for y: hooping Cough

12 glass with one ounce of Tincture of Castor, a quarter ~~quarter~~ of an ounce of powder of Castor, 30 grains of moss of a dead mans scull as much of ye Scull it self, shake all together half an hour, you may give a spoonfull to a young child, & a wine glass to a man or woman. It has done good mixed with as much black Cherry Water when drank.

To draw anguish out of any sore.

30. A little bees wax and a little hogs lard mingle them together on the fire dip a rag a little bigger than the sore into it and lay it on.

For Bushes.

31. Oyle of Juniper beeries.

The White-lead Salve.

Mrs Choate 32. Take twelve ounces of Spanish Soape cut thin, one pound of red lead, as much white lead, two pounds and four ounces of oyl olive, put all into a new well-glazed pipkin, stir them till the soape comes upper-most, then set it on the fire and let it boil softly an hour and half, then boil it faster till it looks of an oyl colour, and will not stick to a trencher, you must keep stirring it all one way so long as it is on the fire; it must be stirred with something that hath an iron ball att the end of it, then pour it into a wet pan, and rowl it up as soon as it cools.

33 Lady Rochester

Aqua Mirabilis

Take two quarts of ye best Rants brandy, one quart of ye juice of Salendine, one pint of mint juice, one handfull of Rosemary tops, cowslip flowers, r six penny worth of Saffron, you may add 2 or 3 sprigs of ye tops of Angellica, put your herbs bruised into your brandy, divide it into two parts, & distill it at twice in a cold still, lett it distill till ye water begins to grow weak, when 'tis stilled put all together, sweeten it with sugar, & bottle it up.

r burrage, buglos of each one handfull, two drachms of Mellelot flowers.

34

Gascoins Powder

Take prepared Pearle, Carbs Eyes, Red Corall, white Amber, Hartshorn, Orientall Bezoar, or Goa Stone of each a quarter of an ounce, ye black tips of crabs claws one ounce & a half, beat them into powder, & mix them, them make it up into balls either with Harts-horn jelly, or Gum-arabick steeped in Cardus Water. You may add 2 or 3 of ye bones of a carps head powder.

35

The Famous Balsome of Arcaus

Take ye suett of sheeps kidneys, Gum Elame, Venice-turpentine, of each two ounces & a half wax two drams, mix them, when all is melted strain it then put to it Red Sanders in fine powder, & stir it till it is cold.

It is much ~~esteemed~~ esteemed to consolidate all sorts

of woonds & ulcers, as also fractures, & dislocations of ye bones; & real contusions, & hurts of ye Nerves, it is much used for sore breasts, & woonds in ye head.

Mrs Choate 36

this well approved & often

An Excellent Balsome for drawing -

Take half a pound of Venice turpentine, half a pint of olive oyle, two ounces of virgin wax, one ounce of Red Sanders half an ounce of Alkanet root, boyle all these together, till it boil up, then take it off ye fire & let it stand till it hath quite done simmering, then put into it one ounce of oyle of Turpentine, half an ounce of oyle of Spike, two ounces of liquid Storax, boil it up again & put it into Potts.

a cooling ointment for an Inflammation.

Mrs Choate 37.

Take of Smallage, Parsley, and Hemlock, each two good handfuls, boil them in half a pound of hogs lard (but in all ointments the herbs should be first shred then beat with the lard) when 'tis boiled strain it and keep it for use.

Lady Kents Powder.

38.

Take prepared Pearle two drachms, prepared Crabs eys, yellow Amber, hartshorn, magistery of Corall, lapis contrayerva of each these two drachms, black tips of Crabs claws prepared four ounces and a half; Vipers skins one ounce, oriental Bezoar six drachms, saffron one drachm, Ambergreece one scruple, musk ten grains, all these ingredients being

43 '7

For a Cough

Mr: Gelsthorpe

Take 3 ounces of marsh-mallow roots, as much Comfery root, two ounces of candied Erringo root, two ounces of Scorzonera root, divide this into six parts, take one part & boyl it in a quart of water to a pint; when it is almost boyled put in a pint of milk, & let it ~~boyl~~ just boyl up, & drink half a pint in ye morning, & in ye afternoon; fast an hour & half after it; drink it a little warm.

44

A Stomach Plaister for Convulsion Fitts

Mrs Burroughs

Take a pint of ye best sallet oyle, 3 quarters of a pound of ye best Castle Soap, half a pound of ye best Burgamoy pitch, two ounces of stone pitch beaten, of Bees-wax, & red lead, of each a quarter of a pound, boyl them alltogether over a soft fire in a new pipkin. then take oyl of Mace, oyl of cloves, & oyl of nutmegs, of each one ounce, half an ounce of saffron well doy'd & powdered put all these together into ye rest of the ingredients & boyl it a little while, when it is fit to rowle, rowle it up, then it is fit for use.

45

Spirit of Lavender. (simple)

Two pounds of Lavender flowers fresh gathered, a Gallon of spirit of wine, two quarts of water, draw off about a gallon in an Alembick, press out when cold what liquor you can from what remains in the body of the Alembick: add to it two pounds more of Lavender flowers, and the spirit you have drawn off; draw off what spirit you can, and repeat a third time two pounds more of flowers, add the spirit and pressings as before, and draw off five or six pints of spirit which keep for use.

Hungary Water.

Make spirit of Rosemary the same way as above with Rosemary flowers, which is the same as that they call Hungary water.

46

For the Scurvy.

Take scurvy grass, water cresses, Betony, two handfuls of each: agrimony, cinque foil, Angelica, cats-tails, Ladysmock, smallage, hartstongue, brooklime of each one handful, shread them and let them steep all night in a gallon of beer, then strain it; add to this Graves, Anniseeds, Long pepper, of each one ounce, beaten; then boil them in a quart of fair water, and when it is cold put it into the strained juice with a pottle of good white wine; then bottle it up, and when you drink it shake the bottle and drink half a pint, every morning and att four a clock in the afternoon; fast two hours after it, and use moderate exercise.

Mr Geo: Cooke.
47.

To kill Worms in Children

Dr Cox. Take wormseed, let it steep all night in vinegar; then take it out & dry it by degrees in an oven after bread is drawn, or over a chafing dish of coals with a gentle fire, then powder & searce it, mingle it with honey. & give it 3 mornings fasting; it will bring ye worms away alive.

Lozenges for a Cough.

Mrs Barrett 49. Take a pound of the best English liquorice, scrape it clean and bruise it with a hammer, and put it small into a pottle of spring water, let it steep all night, (there must be a full pound of liquorice after it is scraped) then set it over a quick charcoal fire keeping it often stirring, till all the water is boiled away, that you can not take up a spoonful and put in three pints of stilled coltsfoot betony and hysop waters, let all that boil, (stirring it often) till you can not take up a spoonful, (put in with the stilled waters one ounce of aniseeds bruised) when it is all boiled wring out the liquorice with your hands into a silver or bell mettal skillet, then put in a pound of white sugar candy tough beaten into the juice you wrung out of the liquorice, set it over a soft charcoal fire keeping it constantly stirring till it come to a past then rowle it out upon a board and cut it into Lozenges. The Liquorice must be set in steep all night either in a skillet of silver or bell mettal.

50 20

A Scir-cloth for Aches & bruises.

Aunt Fleetwood

Take half a pound of sheeps tallow clean dryed, as much unwrought wax, two ounces of Rosin one spoonfull of Frankinsence in powder, fine them then stir them together, & scum it with a feather, & when it has boyled take it from ye fire, & when it is half cold dip in ye cloth so that every part be wett through, & lay it on a board till it is almost cold, then rub it with a slick stone; when you find your self grieved lay a piece of it to ye part as hot as you can well bear it.

51

My Grandmother Gould

For the Cholick in ye Stomach

Dissolve one ounce of ye best Manna in a draught of Chiken broath, when it is melted strain it through a sieve, & put to it one ounce of oyle of sweet almonds, & drink it warm in the morning fasting; drink chiken broath as it works, take ye same quantity 3 mornings together.

52

Aunt Fleetwood.

An Oyntm^t for a Rupture.

Take 2 handfulls of black snails, Mallows, Rue, & Balm of each one handfull, put them all into an earthen pott wth butter enough to cover them, lett it stand 3 hours in ye oven then strain it, stirring it till it is cold.

53 21 A Pultus to ayrage a swelling

Ditto

Take beer & wheat bran, & twice as much leaves of ground-Ivy shredd, boyle these together till ye Ivy leaves are very tender & ye Pultus very thick, when it boyls enough take some Barrows grease, & put into ye same, a spoon-full is enough for a quart, lay it on as hot as can be endured.

Excellent for ye Dropsy

54

Ditto

Take Sorrell, Wormwood, Hartstongue, Liverwort of each one handfull, shred them & bake them in a Pasty of barly meale, when it is cold break it to pieces, & put it into a firkin with 4 gallons of ale, & put into it 3 drams of Salt of wormwood, & Millepedes 3 hundred; & let it stand 6 days, then make it your constant drink half a pint in ye morning & as much in ye afternoon.

From Dr. Lower

Daffies Elixer.

55

Take of Senna, Guiacum, Liquorice sliced thin, anniseeds, Coriander seeds, Elecampane roots, of each half an ounce, Raisons of ye sun stoned a quarter of a pound, bruise them & put them into a quart of ye best aquavite. The dose is 2 or 3 ounces.

56 22

A Worm Plaster

Take of ye Juice of Rue, wormwood, Fetherfew, of each a like quantity, put some Ox Gall to it; stir it over ye fire till it be thick enough to spread, straw some powder of Aloes over ye plaster.

57

The Brown Salve.

Mr. Choate

Take a quarter of a pound of white lead finely powdered, a quarter of a pound of Yellow Wax half a pound of hogs lard, half a pint of sallet oyle, melt ye wax oyle & lard together, then put in your Lead, boyl it on a slow fire, keep it stirring till it is almost cold make it up in Rovles.

58

My Grandmother F.G.

To make Cordiall Powder for Yellow Jaundice, Green Sickness & Consumption

Take burnt hartshorne, Red & White Corall, of each two drams, prepar'd Pearle one scruple, Rhubarb one dram; make them into fine powder, mix as much of this as will lye on a Groat with double the quantity of ye powder of Earth-worms: take it with a spoonfull of Posset: drink made of Ivory, hartshorne, & marygold flowers: & drink a spoonfull of ye Posset drink after it, Fast two hours after it with exercise.

59 The White Drink

Take an ounce of burnt hartshorne powdered, two quarts of water, ye bottom of a penney loaf, a piece of cinnamon, boil it till a third part be consumed, sometimes 'tis coloured with Cochenile

To make Green Salve

60 Valerian leaves, Betony, Ribwort, of each one handfull, Melilot leaves 3 handfulls beat all these together in a stone mortar, with one pound of fresh butter, yellow wax & Deers Suett, of each 4 ounces, Raisons stoned half a pound, Sheeps Suett ten ounces, oyl olive 4 ounces, boil these ye space of half a hour on a very slow fire, then strain it out hard,

61 Wallnutt Water

Lay your still very thick with Rue, then take twice as much green walnutts just before they shell, beate them in a mortar, & lay them on ye Rue, then take a pound of the best figgs & lay upon ye walnutts. distill them in a cold still.

My Grand-Mother

62 Surfiet Water

Ditto Take 4 quarts of white annised water, or good brandy, half a bushell of Red poppies, a pound & half of Figgs Sliced, a pound & half of Raisons stoned, half an ounce of Saffron

4 ounces of Liquorice scraped or towed, Aniseeds Coriander, Sweet fennill, Carraway & Cardamome seeds, of each one ounce bruise ye Seeds, & lett it stand one & twenty days stirring it once a day, then strain & bottle it.

Gripe Water.

63. Ditto

Take ye strainings of ye Surfiet water, put to it a quart of Sack one pint of brandy, Rosemary, Balm, Mint, Sweet marjoram, & Rue one large handfull of ye leaves of each, distill it in a cold Still keeping a good fire, & a wett cloth on ye head of ye Still.

64

Mr Lee's Water

good in a Feavour or any Pestilential distemper.

Take a quarter of a pound of Hartshorn, boil it in three pints of spring water till it comes to a pint; put it in a great pipkin, when it is cold add to it three quarts of white wine, three pints of red rose water, one pint of Rosemary water; then take of the roots of Gentian, Zedoary, Tormentill, Butterbur, Elecampane, Cypress, of each four ounces, one ounce of dryed citron peeles, Diptamum two ounces, bruise all these, put them into your liquor, let them stand to steep 24 hours close stopt, add to it the juice of green walnuts, Balm, Rue, Angelica, Carduus, of each half a pint. Take two

pounds of London treacle, two ounces of venice treacle, dissolve both these in cold liquor, then take Rosemary flowers, Marygolds, cowslips, sage, balm, burrage, and buglos, let all these stand close stopt 48 hours, then distill them.

Aqua Lapidis good for stone or Cholick.

Mrs Choate 65. Take three gallons of ale half a peck of white thorn flowers, camomile, philipendela, saxafras, Hysop, Germander, rosemary tops, pennyroyal, parsley, winter savory, lavender, fennell, wormwood of each two handfulls: let it stand 24 hours, then put in two spoonfulls of honey, as much venice Turpentine as a walnut, then distill it in an Alembick.

Elixir Proprietatis.

66. give 30 drops to a man or Woman or more if they can bear it. Take of Alloes and Myrrh in gross powder of each one ounce, saffron a quarter of an ounce., put to them one pint of spirit of wine, infuse it nine days shaking it once a day, then pour off the clear.

You may put to the dregs half a pint either of spirit of wine or brandy, which keep to wash sores with.

Lucantilions Balsom.

67. Take half a pound of yellow wax melt it on the fire, then take a pound of venice Turpentine wash it with white rose water warm till it looks very white put it to the wax then take three pints of oyl olive wash it well with sack or claret put it in the pipkin which must not be above half full let it boil slowly half an hour then take it off the fire

when it is cold loosen it from the sides that the water and wine may run from it, so let it stand twenty four hours then take one ounce of oyl of St Johns wort two ounces of red saunders finely sifted, when it is warm put them in by degrees stirring it all the time then let it just boil two or three warms, then strain it and put in two ounces of natural balsom so put it in pots when cold bury it in the ground a quarter of a year.

A Red water for a sore in man or horse.

Mrs Choate 68. excellent

Take one ounce of white Coporas in fine powder put it into one quart of running water then take one ounce of Bolearmondack in fine powder and put thereto, let it boil three minutes stirr it all the while then put in three ounces of Campfire and just let it boil up, let it stand till it is cold then put it in bottles use it blood warm bathe the sore often therewith and lay a double cloth wetted thereon.

An Excellent Salve for any Sore.

Mrs Choate 69.

Take four ounces of Frankinsence two ounces of yellow bees wax two ounces of Rosin break these into lumps into a skillet, when melted put in two ounces of Turpentine have ready a bason of hot water lay a cloth on it and strain it, with a stick squeese it all out, put Sallad oyl on your hands take it out and work it very well till it looks yellow make it up into Rolls.

For Convulsion fits.

70. Take stone horse dung still it in an alembick draw off a quart put the water into the still again with these herbs viz. Southernwood, Sage, Rue, Balm. fill your still and draw off two quarts. a young child may take two spoonfulls sweetened with syrop of Pioneys.

A most Excellent Artificial Balsom.

Mrs Choate 71. Take spring water, and oyl olive, of each one quart, four ounces of Turpentine, six ounces of liquid Storax, half a pound of bees wax, Rosemary, Bays, and sweet marjoram of each one handfull shread small; put all these in a pipkin, let them stand all night, the next morning melt it on the fire, let it boil half a quarter of an hour, then take out the herbs, and put in Mummy and dragons blood beat fine of each one ounce, two ounces of Rose water; boil it a little more, then take it off the fire, and when tis cold loosen it from the sides of the pipkin, and set it on one side that the water may run from it, when it is well drained melt it on the fire: put in one ounce of red Sanders, and two ounces of oyl of St John's wort, let it just boil up then strain it, and put in half an ounce of natural Balsom, and put it in pots for use.

The Virtues. Tis good to cure any wound. if inward squirt it in, or apply it with a tent; if outward anoint the place; it heals any burn, scald, bruise, or cut, being anointed with it and a linnen cloth or lint dipt in it and applyed warm. it taketh away any pain that comes of cold, and moisture of the bones or sinews.

x

It cures the head-ach anointing the temples and Nostrills with it. It is good for the wind cholick or stick in the side, applyed with warm cloths a quarter of an hour 4 mornings successively. — and many other things.

For the Stone, Gravell, or Stoppage of Urine. +

Ditto 72. Take the fat of a buck rabbet melt it and anoint the back and Reins with it.

Elixir Salutis.

73. One ounce of Senna, two ounces of Rhubarb, three ounces of Guiacum, Elicampane, Liquorice of each three ounces, Cochenil and Saffron of each half an ounce, seeds of Coriander, Annis, Fennel, and Parsly of each two ounces: Raisons stoned one pound, Annised water, or brandy two quarts; digest all these in a close glass, and take off the clear.

A good Stomach Cordial for the Cholick or pain in the Stomach.

Mrs Choate 74. One quart of Annised water, two drachms of Hyera Picra, one drachm of Cochenil. take three or four spoonfulls at a time.

Hyera Picra.

75. Cinnamon, Lignum aloes, Asarabacca roots, Spikenard, Mastick, Saffron, of each three drachms, Aloes six ounces ℞ ¼ beat them into fine powder, and mix them together. one ounce of this powder is sufficient to steep in a quart of white wine.

For St Anthony's fire in any part.

Mrs Choate 76. Take Castile soap and beat it up in sage posset drink till tis pretty thick, wash the place often with it, if it is on the breast put Elder leaves to keep it from the cloths.

An Ointment for a Burn.

77. Take the small twigs of Elder, Plantane, Houslech, beat them in a mortar and boil it in oyl, and put a bit of bees waxe in, and when it is melted strain it, and keep it for use. it gives present ease, and heals without a scar and cools.

For an Ulcer in the Bladder.

78. Fill a cold still half full of pidgeons dung, put a quart of white wine to it, still it off three times adding every time the same quantity of fresh dung.

Dr Chamber's Water.

79. Take one Gallon of white Gascoin or Florence wine Ginger, Cinnamon, Nutmegs, cloves, mace, Anniseeds, Fenel seeds, Carraway seeds, Gallingall of each one drachm. then take red sage mint, roseleaves, Thyme, wild Thyme, Rosemary, Camomile, Lavender tops, Pellitory of Spain of each one handfull; then beat the spices small and also the herbs, put all these into the wine and let it stand eleven hours stirring it several times, then distill it in an Alembick, keep the first water for it is best, the second for it is good. let the water stand much in the Sun.

The Virtues It comforteth the vital spirits, helps inward diseases which come of cold, and against shaking of the Palsy; it helps conception. kills worms. good for the stone in the Bladder, comforts the stomach, cureth the cold cough, good for the tooth ach helps a stinking breath.

Spirit of Saffron.

Take of Balm the freshest and greenest twelve handfulls, three quarts of Sack, sweet Fennel seeds Angelica seeds, of each
80. three quarters of an ounce, Saffron half an ounce, steep them three days, and still them in an Alembick, you may hang a bag of Saffron in the bottle to give it a tincture.

Oyl of St Johns Wort.

Take a quart of the best white wine, infuse therein pick't flowers of St Johns wort, when the colour is out of the flowers
81. squeese them dry, and put in more till it be very strong and red, then strain it from the flowers, and put to the liquor a pint of the best Sallad oyl, a quarter of an ounce of Cinnamon bruised, a quarter of an ounce of cloves, one race of Ginger sliced, a good handfull of the yellow flowers of St Johns wort boil all these on a slow fire, till all the wine be evaporated; when it is almost boiled enough, put in a good spoonfull of pure oyl of Turpentine, let it boil a little, (the less the better)

An Excellent Water for the Scurvy and to cleanse the blood.

Dr Clerk. Take both garden and sea-scurvy-grass, the juice of each
82. six pound and a half, eight pounds of the best white wine, twelve Lemmons sliced, fresh bryony roots sliced two pounds, four nutmegs beaten, horse radish roots sliced two pounds, mix all these and let it stand three days; then distill it in an Alembick. Drink of this six spoonfulls every morning.

An Excellent Cordial cooling Tincture of Roses.

Mrs Choate 83.

Take two quarts of water boiling hot then put it in an earthen pot, put into it two or three spoonfuls of spirit of vitriol, and stir it, then put in a good handfull of red roses of that year dryed and stir them well in; then cover it and let it stand to cool, strain it without pressing the rose leaves, you must not make it in any tin or pewter thing because it will then loose its colour. It strengthens the Liver, Kidneys, and stomach, and is good in feavers.

For Scabby Legs.

Mrs Choate 84.

Unguentum Basilicon four ounces, Turpentine two ounces, oyl of Roses three ounces and a halt, three yolks of eggs, and a little wax and make an ointment of it.

For a chin Cough.

Mrs Stephens. 85.

Take a Gallon of water and two quarts of bran, a thick Marsh mallow root, boil this to two quarts; then strain it, and put in two ounces of green liquorice, two pound of double refined loaf sugar, one pound of Malaga raisons, one ounce and halt of Cinnamon, then set it on the fire again, and let it boil a quarter of an hour, then strain and keep it in bottles for your use.

For the Stone.

Mrs Rolt 86.

Take a pound of Snails, beat them shells and all, steep them in a quart of red wine vinegar, still off the whole three times over in a cold still, pouring the water that comes from them upon the dregs, stirring it well together, and bottle it for

use. when you drink this water you must eat a very light supper, and three hours after drink eight spoonfuls of it. If it doth not cure the first time, repeat it the next night att the same hour. — For prevention it will be well to take it a month after. It will keep a year. its virtues will appear the next day by a great deal of gravel in the water. It will dissolve the stone.

Another for the same.

Mrs Robarts. 87.

Take three pints of spring water, put it in a new pipkin, with a handful of the best oats, let it simmer an hour over a gentle fire, then put in a handfull of raisons of the sun stoned, when the virtue of them is out, put in a handfull of green Succory, let it simmer a little; after that take off the pipkin, and let it stand all night covered, then strain it, and put it in bottles for use. Drink a quarter of a pint in the morning, and the like in the afternoon with as much of the powder of Sal Pounella as will lay on a sixpence.

The Milk Snail water.

from Major Thompson. 88.

Borage flowers, Coltsfoot, Lungwort, Buglos flowers, maiden hair of each two handfulls, Eringo roots half a pound, Plantane, Comfery flowers, Salendine, Clove July flowers of each two handfulls, Rosemary flowers one quart, Pinks, Barbary-bark, Liverwort, harts tongue, single wall flowers, of each two handfulls, Agrimony one handfull, Snails a Peck, Earthworms split and washed three pounds, Dates half a pound, Dock roots as little as you please, Raisins of the sun

stoned half a pound, English liquorice half a pound, red rose leaves two good handfuls, distill all the aforesaid things in two gallons and a half of new milk from a red cow.

Pills for the Stone.

Dr Lemon 89.

Cypress Turpentine half an ounce, Alkikengi half a drachm, Crabs eyes one scrupule, natural Balsom one scrupule, Rhubarb half a scrupule, syrop of marsh mallows forty drops. make it up into pills with powder of liquorice, make ten pills of every drachm, and take five att a time three nights together. then miss three nights, and then repeat the same quantity three nights. you may take them att any time when you find your self ill.

For a Consumption or Hectick.

Servant Fleetwood 90.

Take half an ounce of Sallup beat fine. (it is to be had att the Druggist's) to two quarts of water, boil away a fourth part after the Sallup is in, season it palatable as you do hartshorn Jelly, drink of it twice or thrice a day.

To stay a Looseness.

Ditto 91.

Twenty grains of Rhubarb, as much as the bigness of a nutmeg of conserve of roses, and as much Diascordium, and make it into a bolus with a little syrop of July flowers.

For a swelling in the Body.

Dr Lemon 92.

One handful of Smallage, as much of Wormwood, of Rue, of Mallows. boil these herbs in a pound of hogs suet till the herbs are crisp; then strain it, and bath the body. Boil some water Cresses in water and lay to the swelling.

Orange Brandy.

Aunt Fleetwood 93 good

Put to a quart of Brandy the peels of six Oranges pared very thin, let them steep ten days, then boil half a pound of double refined sugar in three quarters of a pint of water, let it stand till it is cold then mix and strain it.

Camphirated Water good for the face and Eyes.

Dr. Horsman 94.

Take half an ounce of white vitriol powdered, half an ounce of Camphire sliced, mix these in a gallipot over a charcoal fire to melt together, it must be covered with a pastboard with a hole in the middle that you may stir it with a small stick. When tis well melted take it from the fire, when tis cold take it out and powder it, boil two quarts of spring water then put in the powder, take it from the fire and stir it till tis cold, philter it twice thro' a paper, then tis fit for use.

For Boils.

Cos. Jenny Sayer 95.

Take Sorrel and tye it up in a Colwort leaf and roast it in the hot Embers till it will spread like ointment. bind it upon the boile and shift it once a day, it will draw, break, and heal.

For a sore mouth.

Ditto 96.

Take sorrel tye it up in a Colwort leaf and roast it in hot embers till it will spread like ointment, then mix it up with a little pepper beaten very fine and a little honey. rub your mouth with it till it bleeds.

Cordial Water.

Lady Allen 97.

Take sage, Salendine, Rosemary, Rue, wormwood, Mugwort, Pimpernel, Dragons, Scabens, Agrimony, Balm, Carduus-benedictus, scordium of each one handful, rosa solis a great handfull. wash them and shake them in a linnen cloth to dry them well. then shread them and put them into a gallon of the best white wine. then take of Gention, Tormentil, angelico of each half an ounce, one ounce of Liquorice slice them and put them into the wine, let them stand to steep in a pot close stopped two days and two nights. then distill them in a common still. This water is good against any infectious disease, or after a surfeit to strengthen y^d stomach.

Lemon Water.

my Grandmother 98. good

Put the rinds of twelve lemons to a quart of Brandy, let it stand two or three days, then take a quart of water, and a pound of sugar, boil it and when 'tis cold strain the rinds out and mix them together, and put in the juice of two or three lemons, then put it into your bottles.

To temper the blood when you have any Rash that is troublesome with itching.

Cos. Fleetwood 99.

Let a tincture of roses be made after this manner, take three ounces of Conserve of roses made a little hart with the spirit of Vitriol; put it into a tankard and pour upon it a quart of barly water boiling and let it stand warm two hours, stirring it sometimes together, then strain it and add to it three ounces of Plague water, Barly, Cinnamon, and

Mint water of each an ounce and half, and if it be not sweet enough, mend it with syrop of violets, or fine sugar, and drink a draught three or four times a day. — in a few days the Rash will spend it self.

a Water for a sore Mouth.

my Grandmother

100. Take four or five spoonfuls of syrop of violets, and as much of Mulberrys, a quarter of a pint of Plantain and Cowslip water, a spoonful of honey, a bit of roch-allum as big as the top of your finger, and boil it together and scum it, to keep it to wash your mouth with.

A Drying ointment. to restrain fluxes of humours and is excellent to skin a sore.

Take of oyl of red roses, Omphacina a pound, white wax five ounces which being melted and put in a leaden mortar,

101. put in earth, of lemons and bolearmoniack, Lapis Calaminaris each four ounces, Lethargy of Gold, Cerus of each three ounces Camphire one drachm, make it into an ointment.

Spirit of Lemons.

Take the fairest Lemons you can get, cut them as thin as you can, steep them three days in brandy, then distil

102. them in a cold still, put about a quart of water into the still with them; after the fire is well out of it, take half a pint of the last drawing, and put it into a glass or stone mug with three quarters of a pound of double refined sugar, one

grain of Musk and Amber tyed up in a bit of Muslin with a bit of thread, pull it out when you think it perfumed enough you must cover down the mug close, and set it in a skillet of water till it is a pure clarified syrop, which will be in about an hours boiling. this serves for a gallon of Spirits.

a gentle Purge for a Child.

Dr. Cox 103.

Take half an ounce of Manna powder it in a morter, then dissolve it in a mixture of six spoonfuls of single black cherry water, eight of Fenel water, two of cordial black cherry water, when the Manna is dissolved strain it, and give two spoonfuls, and so follow it as you see occasion.

For a Burn.

Mr Heasey 104.

Take red lead fine without lumps, and put it into a quart of very good oyl, boil it till it is almost black, you must stir it all the while it is on the fire and till it is almost cold, when it is boiled enough add two ounces of Dialthea, then make it up in Roles.

Treacle Drink. for a Cough or Stuffing.

Lady Hardopp. 105.

Take a pound of Treacle little more than a gallon of spring water, beat the whites of two eggs very well, then put it to the treacle and water; stir them well together before you put it on the fire, then let it boil till near a quart is consumed and scum it very well, when it is almost enough, put in two handfuls of Alehoofe and a sprig of rose=mary, let it infuse till it is cold, then clear it from the herbs and bottle it for your use.

Diet Drink for the Scurvy.

Mrs Hanley 106.

Four handfuls of water Cresses, four of Brookline, four of Agrimony, one handful of Tamaris, one of Dandelion, two good handfuls of Liverwort, some horse radish, half a peck of garden scurvygrass, one dozen of Savil oranges, put these into a gallon of ale first wort, it must stand a fortnight or three weeks, then drink half a pint in the morning and evening, your oranges must be cut in half, and three ounces of Sena tyed up in a bag, some Caraway seeds bruised and put in a bag, squeese the juice of the oranges and don't put that in till it has done working.

For the Dropsy add three large onions cut in half three heads of Garlick parted in the middle, three handfuls of Broom ashes, broom, hartshorn, china root, and Toory of each two ounces.

To make Shrub.

My Grandmother 107.

Take a bottle of the best brandy, five lemons cut them peeles and all into slices, pick out the seeds, steep them in the brandy in a glass or earthen vessel for four or five days after that squeese the lemons into the brandy, add a quart of white wine, and three pints of water, two pounds and half of good loaf sugar beaten fine, when the sugar is melted strain strain it thro' a sieve, then bottle it up. let not the bottles be too full, and it will keep the whole year.

Syrop of Steel.

Dr. Lower 108.

Take two ounces of the filings of Needle Steel, put it into a quart of the strongest white wine, set it in the Sun for three weeks shaking it every day: then pour it off upon an ounce of large mace, set it a week longer in the Sun, then pour it from the mace and put to it a pound of white powdered sugar, set it over the fire let it simmer half an hour but not boil. — Take two spoonfuls of the Syrop in a draught of fair water, put in a thimble full of cream of Tartar, and drink it every morning for a month or six weeks.

For an inward Bruise.

Lady St John of Battersey 109. excellent

Take a little Rosin made in fine powder, and give a small spoonful in a draught of warm ale.

Mother Charms Water.

excellent for sore throats, and diseases of the Mouth.

110.

Take a wine Pottle of running water, two or three roots of Pellitory of Spain, a good handfull of Pellitory of the wall, half an ounce of Dionyseeds, bruise the roots and seeds together, put them together into the water and set it upon a soft fire, let it boil half an hour, then strain it thro' a hair sieve; let it stand half an hour to settle, then pour the clear into a kettle, and put into it as much rock allum as two walnuts, and a pint of the best white wine vinegar, as much live honey as will sweeten it to your taste, then cover the kettle till it boils, then take off the cover and let it boil softly att least half an hour

Scumming it as long as any scum rises, then put it into bottles, let it stand till it is cold then stop it close, it will settle thick att bottom like lees, which doth preserve it, so keep it in a cold room, it will last one year very good. mix it with Plantain water if too sharp.

For the Shingles.

111. Take a little cream, boil in it a little Tare, and a little Dragons blood, and anoint the place, it will keep it from going farther.

A Syzop for a Consumptive Cough.

Mrs Lascelles 112. Take one handful of Hysop, as much maiden hair, (large handfulls) two ounces of Elecampane root sliced thin, two ounces of Liquorice sliced, two ounces of Annisseed, two pounds of raisins stoned, one pound of figs sliced. infuse all these one night by the fire, then boil them in two quarts of spring water till one half be consumed, strain it off, and boil it up with two pound of refined sugar, tye a paper over the top of the bottles. Take a spoonfull morning and night, and when you cough.

An approved Water for a Rheum in the Eyes.

Lady Hardopp the elder 113. Take one ounce of fine powder of Tuty, steep it three hours in womans milk, then drain out the milk and put in fresh milk three hours more. steep it as often in white rose water, then take of the brightest aloes you can get, one ounce; sugar candy also of Camphire half an ounce; cut it small

with a knife, then beat it as well as you can with one or two blanched almonds put therein, when you have so beaten it, put all these into a quart of Sherry-sack, shake the glass twice or thrice a day for two or three days att first: then pour out of the clearest of it into a spoon, and drop some into the inward corner of both your eyes, tho' but one be affected with the Rheum; when the smart is over, dress your eyes with it again two or three times; open the eyes and hold the head back some time that the water may run all over the eyes. — This water will keep good two years; when 'tis half spent put in half a pint more of the same Sack upon the grounds, shake it well and it will be very good. it takes away all blood-shot, and redness, and weakness in the eyes. it has cured when nothing else would be of service.

Excellent to Stay a Loosenes.

Cos. Choate 114. Take twice as much Mithridate as Diascordium, spread it on leather, and sprinkle over it some powder of Myrh, and lay it on the pitt of the Stomach.

Plaister for the Stomach.
good for cold, Stuffing, or Cough.

Ditto 115. Take bees-wax, honey, oyle of Mace, Deer suett, melt the wax and then put in the other things; when it comes off the fire put in a little brandy, keep it stirring till cold.

Excellent for a Cold.

Ditto 116. An ounce of sugar-candy powdered, an ounce of conserve of roses, as much butter and as much honey.

Another for a Cold.

Ditto 117. Liquorice, Elicampane powder a like quantity, half as much flower of Brimstone, a little venice treacle mixt up wth honey, you may put in a little oyle.

The Black Brown Salve.

Ditto 118. Take a pound of hogs-lard, as much red lead, let it boil then put in a pint of oyle, let it boil till it looks almost black, it is a great striker back of humours.

A Fomentation for Pain or a white swelling.

Ditto 119. Take a sheeps head with the wool on, split it, take out the brains, boil it in a gallon of water till it comes to two quarts. put in a handfull of earth worms split, boil them with it. foment the part three or four times a day. It strengthens the part and eases pain.

An Ointment for Pain.

Ditto 120. Take the leaves and flowers of Archangel, shread them, and put to them hogs-lard, beat them well together, put it in a pot or glass, cover it close with a slate, and bury it in a dunghill a fortnight in May and a fortnight in June; then boil it gently over the fire till it looks green; if it does not look green, you may add a few fresh flowers and leaves so strain it out.

A Drying Ointment.

Ditto 121. An equal quantity of Sage and wormwood, beat in clarified butter till it looks very green, boil it gently over the fire.

A Pultus used by Bateman.

122. A spoonful of Corants picht very clean and the stones and stalks out, beat it up with Barrows grease.

To give Easy Labour.

123. A drachm of the Liver and Gall of an Eel dryed and powdered, taken in any liquor while in travell.

To Prevent Miscarriage.

Mrs Hasell 124. Bruise half an ounce of Cloves a little, boil them gently in a pint of red rose water till the water looks red, draw off the liquor and make it into a thick syrop with double refined sugar. — Take of this a spoonfull in the morning, as much in the afternoon, and when you go to bed. drink as oft as you can sage posset drink, you may take the syrop in some of it, or else in red wine. Take of it as soon as you have any thoughts that you are breeding three days before you expect and three days after, do this till the time is over that you use to miscarry at, or after any fright or disorder you find.

For a Consumptive Cough.

125. Take a pound of conserve of red roses, as much loaf sugar, a pound of the best raisins of the Sun stoned, mix them together with a pint of Syrop of violets, beat all these into an Electuary, keep it constantly by you, and take of it when you cough.

Water of Lilly of the Valley.

Aunt Fleetwood 126. Take three pints of Sack, three good handfulls of Lilly of the valley flowers and stalks, a handfull of Burrage flowers, a handfull of cowslip flowers, a full handfull of the tops of Lavender when 'tis budded, half an ounce of cinnamon bruised; infuse these twenty four hours or more, if you stamp the herbs a little before you put them in they will be the better distill them in a cold still, and when it is stilled off, sweeten it to your tast with white sugar-candy. — This is excel:=lent good for the head.

Basilicon.

Ditto 127. One pound of oyl olive, common Turpentine, Burgundy pitch, bees wax, stone pitch and mutton suet, of each eight ounces; mix all together, relent and strain it; then let it boil gently, when 'tis thoroughly boiled the stone pitch will come out whole and serve many times again.

Ditto
128.

A Medicine that cured a Fistula in a woman's breast.

Take the lights of a bullock new killed, stab them with a knife, and boil them weather less than a quarter of an hour in running water; and for a fortnight or three weeks together if the humour be violent lay them on the aggrieved part every night if you can get them of a bullock newly killed they will keep two or three days if the weather be cool, take att the same time a drink of the wound herbs.

A Salve for the Kings Evil.

Mrs Stephens
129.

Take the flowers of Foxgloves and Plaitum, stamp them in a stone mortar, when they are very small put butter to them, three pounds to a peck of flowers, then set them on a soft fire in an earthen pipkin to boil, stir it continually with a wooden spatter, boil it four hours on a soft fire, then put it out into an earthen pot that is sound and never had salt in it, so that you may heat it again once a month, and when you do so put in a piece of butter to keep it moist and so put it into an oven after the bread is drawn; when you use it take no more than you shall use att a time, warm it as hot as the person can well endure it, you must lay it on every place where the evil is broke, dress it twice a day, anoint it about the sore where it is hard with the oyl that runs from it; the oyl will be att the top of the composition. you must lay it on a [illegible] not too thick nor too thin, keep always the same cloth [illegible] ck, but you may change the other cloth you lay over it [illegible] as you please.

The butter must be fresh taken out of the churn without either salt or washing. — N. B. When you use this Salve the following drink must be taken. —

The Drink

Take three ounces of Guiacum slice it, one ounce of Jesuits bark, infuse them two hours in a gallon and half of clear running water upon hot ashes in a pipkin close covered, then boil it over a gentle fire without smoak till a third part is wasted; then add Epithymum polipody of the Oak two ounces, of Fumitory flowers, Burrage, Buglos, Rosemary, Primrose, Cowslip, Camomile, violet flowers, a little handfull of Succory roots, Annis and sweet fennel seeds of each half an ounce, boil all these together till there remain six pints, when 'tis boiled strain away the ingredients, and infuse the liquor twelve hours on hot ashes again with three ounces of Senna beaten, after once boiling take it off the fire, strain it out, and clarify it with the white of an egg, then sweeten it to your tast; take two or three ounces in a morning fasting continuing it eight or nine days adding or diminishing it as it works; (two or three times is enough)
this is an approved medicine.

And Plas
130.

131.

For a Burn.

Aunt Fleetwood

130.

Take half a pint of good oyl olive, half a pint of white wine vinegar, four ounces of Litarge of Gold beaten and sifted thro' lawn, mix them together, put them into a stone pot or pan which will more than hold it, then take a clean stick, and stir it, till it is thick and smooth, always one way for a month half an hour each day; but for the first three days stir it two or three hours in a day. You may use it in a few days, but it is better when it is older and white.
att first till the fire is out of the part put on fresh plaisters every two or three hours, but when the pain abates shift it but twice a day. when the blisters are risen cut them with scizars that the water may run out but take not off the skin, if the burn be deep spread the ointment on some lisch, and some on a cloth over it. if proud flesh grows put on a little dry lint on the deepest place for one day, and a plaister over it, keep on the plaister till it is skinned dressing it once a day. this was never known to fail.

Balsamick Syrop.

131.

Take half an ounce of Balsom of Tolu, infuse it in a pint of barly water, as you do other syrops, strain it, then take two pounds of loat sugar and clarify it, then put it to the liquor, and set the vessel your liquor is in into a skellet of water, and let it boil no longer than to scum it.
N.B. the juice of wood strawberries is very good to be added.

An Excellent Oyl for Swellings, Aches, Strains, bruises, inward or outward.

Aunt Bleetwood

132. Take one quart of the best oyl olive, of Mallows, Southern=
=wood, Camomile, spearmint, wormwood, young shoots of Bays,
of each a large handfull, gather them in May and in the heat
of the day, wipe them well with a clean cloth, then shread
them very small, put them into an earthen pot close stopt
with cork and a cloth, lay something att the tops that no
wet get in, bury the pot in the ground in some moist place
till roses and Lavender blow; then take a pint of fresh
rose buds and leaves, and as much Lavender tops, put them
into it and bury it another week or fortnight, then put
it out of the pot into a clean skellit, and boil it on a very
slow fire almost an hour, then mend the fire, and boil it up,
but not long (for it would spoil the colour) then strain it
into glasses, which keep close, it will keep good two years.
For inward bruises take one spoonfull in three of Sack.

A Drying Wash for a Wound.

133. Sage, Rosemary, steept in spirits of wine, or brandy till it smells
pretty strong of them; wash the wound with it.

Drying Salve for a wound, or to dry away a Womans milk.

134. Melt an ounce of beeswax, as much white lead, two ounces of hog=
=lard, one spoonfull of brandy, do not boil it, keep it stirring till cold,
spread the plaister pretty thick, let it lay on three or four days; this
will dry away milk putting cabbage leaves att the Womans back.

For sore Eyes Rheums or Webbs.

Lady Child 135. Excellent

Take eight ounces of May butter, put it into a wide mouthed glass, set it in the sun a fortnight or three weeks (to clarify it) close stopt; then take two ounces of virgin wax, melt the butter and wax together, then take them off the fire and put it into white rose water to roll it, and work them well together, then put out the rose water, and put in four scrupules of Camphire, one ounce of Tutty prepared, (the powders must be sifted thro' lawn) work it all well together, put it in a gallypot close stopt and keep it for use.
With this anoint the upper lid of the eyes and temples going to rest.

Pill Ruffy.

136.

Take of Mirrh, Aloes, and Saffron an ounce of each, mix them with syrop of lemmons and make it into Pills. two of these Pills att a time is good for the worms.

Spirit of Rosemary.

Dr. Augustine 137.

Take the tops and flowers of Rosemary the middle of May gathered before sun rising of each one handfull, four or five good roots of Elecampane, two handfulls of red sage, stamp them in a stone mortar, then take Cloves, mace, and Cubebs of each three ounces, anniseeds half a pound, bruise them all seperately, and then mix them together with the herbs. put them all into a large stone bottle or Jugg, and pour on them six gallons of good white wine, stop it very close and set it in the ground fifteen days, then distill it with a slow fire, and sweeten it with fine sugar. —— It is good in all distempers of the head and stomach, against Palsy, Apoplex, swooning or fainting fits, falling sickness, convulsion, Lethargy, fits of the mother. — use it both inwardly and outwardly.

Blistering Plaister.

138. Take half an ounce of Leaven, or one drachm of Spanish flyes powdered, of sharp wine vinegar as much as will suffice to mix them up, spread it on a piece of leather. It will raise a large blister in a few hours.

For Cholick or Stone.

139. Take a like quantity of Hips and Haws, put them in a piece of past, bake it with the bread till it is dry enough to powder, and take as much of the powder as will lay on a sixpence.

Water to wash Eyes.

Mrs Choate 140. Take white rose water, the white of an egg, and a little allom, beat it well together till it froth, then let it stand to settle. wipe the eyes gently with a fine rag dipt in this liquor, do this as often as you find your eyes hot, especially att night going to bed and in the morning.

To take a Scab off the Face.

141. Take a piece of fat bacon fry it till it is black, strewing in flower of brimstone, boil it up once, keep it stirring till cold, anoint the face att night.

To remove any thing that sticks in the throat.

142. Take a small spoonfull of gunpowder mix it with Sack give it presently, and it will carry it down.

For Deafness.

Mrs Choate

143. Three or four drops of Natural Balsom, dip a little black wool in it, stop the ear close with it; and two or three days after syringe the ear with this liquor; viz. half a pint of Canary, as much water, six bay leaves, three or four tops of rosemary, cloves bruised, let all boil on a gentle fire till half is wasted, strain it, and use it blood warm.

Ointment for Rickets.

144. Oyl of capers, butter of Orange flowers, sperma ceti, and oyl of Mace, a little muskadine, mix all these and anoint the childs stomach and joints.

Cholick or pain in the Stomach.

145. A quart of annised water, two drachms of Hiera picra, one drachm of Cochineal, of this take four spoonfulls.

Ague.

146. Take a quarter of a pound of Indian snake-weed (the smallest sort is the best) infuse it in three pints of spirit of wine, let it stand in a glass in the sun six weeks.
Take of this an hour before you expect a fit, from two spoon=fulls to a quarter of a pint according to your strength.

Canker in the Tongue.

147. Powder of Roch-allom and honey mixed together, and boiled a little, then mix flower of brimstone and treacle together, then mix all together, and beat it well, and just give it a heat on the fire, and keep it for Salve.
the person must drink allom steept in water.

Dropsy.

Mrs Stephens 148. Take Gambogia finely powdered from fifteen to nineteen grains mixt with a quarter of an ounce of conserve of Elder flowers, take it in the morning, and after two hours drink posset drink.

Balm Water.

149. Take two gallons of strong ale, one pound of Liquorice scraped and bruised, one pound of anniseeds bruised, two pound of Balm, steep all these two nights and a day. still it in an alembick.

For a Cancer.

Lady St John of Battersey 150. Take the corns of the inside of a horses leg, dry them in an oven, weigh the powder, and put to it half the weight of Mace powdered, mix them together, take as much as will lay upon a sixpence morning and evening.

For a Consumption.

Grandmother St John

151. Take a quart of new milk and the whites of sixteen eggs beaten well and distill them with a gentle fire, take of this fasting three spoonfulls in the morning and as much going to bed sweetened with white sugar. this do for six months together.

Cashew or Catachu.

152. Take Japan earth in fine powder four ounces, white sugar-candy half an ounce, roach allom one grain, ambergreece four grains with mucilage of Gum Tragacanth made with rose water, make it into past, form it into rolls or small pills. It is to be understood that all the ingredients are to be first reduced into fine powder.
'tis good to stop any tickling Rheum in the throat.

A Drink for the Evil.

153. Take four ounces of Sarsaparilla finely sliced, Guiacum roots, of sigworth, white Sanders, of each two ounces, Sassafras wood one ounce, white Archangel flowers a quart; steep these ten hours in a gallon and half of spring water scalding hot, past up the pot. when it has stood ten hours add red nettle roots, Betony, rosemary tops of each two handfulls, of sage one handfull, half a pound of raisins stoned, three or four ounces of Liquorice sliced and scraped, boil all together gently till a third part is wasted, then strain it out, and bottle it: take as much as can be well drank fasting

in the morning, and again in the afternoon.
every five or six days take as much electuary called Diacarthamum as may give four or five stools. keep warm that day. take it by it self or dissolve it in some of the drink. you should keep order in diet, eating no milk, or any spoon meat, but chiefly those things that are drying. keep the sore (if you have any) bathed with the ointment of ffoxglove.

Cough.

Dr Watts 154. Two ounces of oyl of sweet almonds, as much new syrop of violets, two drachms of syrop of lemmons and as much white sugar candy meat all well together.

Cough, Catarh, or Rheum.

159. Storax Calamint one ounce, Opium one drachm and half, juice of Liquorice half a drachm, starch one scrupule and half, Saffron one scrupule make all these into a mass of pills. the dose is one pill att a time.

Bite of a mad Dog.

Mrs Stephens 156. Cut a pidgeon just killed in half and lay it warm to the wound.

A Milk-water good after a miscarriage, or laying in, or when a Woman is with Child.

Mrs Choate 157. Take the whites of sixteen eggs beat them to a froth, put them into three pints of new milk, slice in two roots of Comfry, a large handfull of Comfry, Clary, and Balm leaves, each of them shread grossly, distill all these in a cold still. If this is taken to prevent miscarrying you must add a large handfull of Plantain leaves.

An excellent Green Oyle called the L: Denny's Balm for Strains, Shrinking of Sinews Aches, swellings, bruises.

158. Take two pounds of May butter, of badger's, or barrows grease ten ounces and a half, of rosin two drachms and one scrupule, of Frankinsence five ounces, of Turpentine one drachm one scrupule, oyl of Spike five ounces, a pint of Sallad oyl, four ounces of verdigris, a slight handfull of green Tobacco leaves, Lavender Cotton, Groundsell, Parsley, Comfry, Sorrel, birch leaves, potmarjoram, rosemary of each a handfull; stamp all these leaves very small in a mortar, then melt the rosin and frankinsence, and put to them the oyl, butter, and badgers grease; let all have two or three warms, then put in the herbs with the juice, boil all together half an hour stirring them continually, then take it off the fire and stir in the Tur=-pentine and verdigris so boil it half an hour again stirring it. then put all into an earthen pot, cover it with a board, bind it up fast with leather, set it three foot deep in a dung hill of horse dung, let it stand three or four weeks, then pour it out and boil it half

an hour, then put in the oyl of Spike, stir it well, strain it and put it in pots, keeping it close for use.
you must warm it and chafe the grieved place, and never shift the cloths till you be well, dress it thus twice a day.

A Defensitive to lay above the Sore
viz. upon the knee if the sore is on the leg or foot.

159. Take Bole armoniack and vinegar, beat it and mix it with the vinegar by degrees till it comes to a Salve fit to be spread: no defensitive must come within an inch of the Sore lay a plaister of Diacolon; and round about the plaister spread some Diapalma.

The Cholick

the Countess of Westmorland. Enula Campana roots shread thin, Anniseeds, Coriander

160. seeds, Sena, Guiacum, Jubebs of each two ounces, of raisins of the sun one pound; put all these things into a vessel that will hold a gallon or more, put to them three quarts and one pint of aqua vitæ; cover the vessel close, and let it stand in a hot place five days, stir it twice a day and then strain it off, and it is fit to drink.
it must be taken att night going to bed, and in the morning fasting three hours after it, four spoonfulls att a time for three days together; or att any time when there is occasion.

Against the Plague.

my Grandmother St John 161.

Take three pints of Muscadine wine, boil in it a hand=full of sage, and as much Rue, till one pint of it is wasted; then strain it and set it on the fire again; put into it long pepper Ginger and nutmegs, of each the third part of an ounce; beat all together into fine powder, and let it boil a little; then put in two ounces of treacle, one ounce of Mithridate and a quarter of a pint of angelica water, dissolve the treacle and Mithridate in the angelica water before you put them in. Take of this warm (both morning and night in your bed) one spoonfull, or if infected two spoonfulls, and sweat after it. but if not infected one spoonfull in a day is sufficient, half in the morning and half att night.
It is also good in the small pocks, measles, or Feavers.

For a hurt or pain in the Eye.

Ditto 162.

Take an egg boil it till it is hard, slit it in the middle, and lay it warm on the eye going to bed.

For the Bite of a mad Dog.

163.

Take two handfulls of Rue, as much sage, one ounce of treacle, six heads of Garlick pilled, two spoonfulls of scraped peuster, boil all these in two quarts of strong ale (to one quart) in a pipkin stopt close with dough, and lay a large stone on the dough that it fly not off. Presently after the biting give six spoonfulls att a time, and conti=nue it three mornings following, and the like att the change and full of the moon.

For the Same.

164. A good handfull of Herbgrace pickt from the stalks, a small handfull of Garlick cloves pickt clean, of common treacle four spoonfulls, of scraped tin three spoonfulls, bruise the herbs and garlick together in a pottle of ale, boil it till it comes to half the quantity; strain it and drink of it six spoonfulls att a time viz. morning and night: lay the dregs to the place affected. use this nine days together.
It is an approved medicine and is said never to fail.

For the falling of the Uvula.

165. Rub a drop of the oyl of spike on the mole of the head, if you find it tingle, it cardainly takes effect, if it doth not tingle, rub another drop well in.

For spitting Blood or any weakness of the Lungs.

166. Six handfulls of nettle tops, as much plantain leaves, six ounces of Comfry roots sliced, put them in a press and having got the juice make it into a syrop. Take two spoonfulls att a time in strawberry water, or in posset drink made of ale clarifyed with perriwinkle. — This was used by Dr. Bates the Physician with success.

A water for any sort of Sore Eyes.

167. Lapis Calamianaris three drachms, ffrog spawn water four ounces, and the same quantity of white rose water mixt together, shaking the glass when used.

For the Stone.

Coll. Thomson 168.

A quart of good brandy with thirty six cloves of garlick which let steep forty eight hours. Take of this two spoonfulls going to bed. after six days there will be a settling in the bottle, then pour it off into another.

Another for the Same.

Mr. Ffleetwood 169.

Take a gallon of new milk, of wild thyme, Saxifrage Pellitory of the wall, of each one handfull; of parsley two handfulls, Philapendula roots and marshmallow roots of each one handfull, two or three radish roots sliced and bruised; put all these into the milk to infuse a day and night, next morning distill all together in an ordinary still with a moderate fire. It is best made about the end of May. — Take five spoonfulls of the water and as much Rhenish wine with a little sugar and some sliced nutmeg. make it blood warm, and fast two hours after it; take it two mornings and nights together when you go to bed, att the full and change of the moon, or att other times as need requires.
This medicine has been used by many to their great comfort. especially one Mr Farname, who having been thirty years much troubled with the stone, was by the use of this not only eased but preserved from the distemper to his dying day; and being after opened, there was not the least sign of the stone in any part of his body.

For stoppage of Urine in the Stone.

Ditto 170.

Two spoonfulls of the best oyl of walnuts morning and night in a glass of wine, ale, or posset drink. the French oyl is the best.

For an Ague or intermitting Feaver.

Dr. Kerrich

171. For a grown up person take five and twenty grains of Rosin of bark finely powdered (for a dose) made into Bolus or pills with Syrup of cloves. four or five doses do the business. if it be weather ague than intermitting Feaver add five grains of Saffron dryed and powdered to each dose. the rosin if black and shining is good, if like rust of iron bad.

A good Milk Water.

172. Take one pound of Carduus, half a pound of wormwood, of spearmint and Balm the same quantity shread a little. put them in an ordinary still with a gallon of milk, and distill it off leisurely. It is good in any thirst.

To Prevent Miscarriage.

Aunt Dillingham

173. Take a pint of double distilled anniseed water, and two ounces of cinnamon sliced thin; put it into a new pipkin close covered and the edges of the cover stopt with past, set it on a slow fire till you see the virtue of the Cinnamon in the liquor. strain it thro' a muslin carefully; when cold put it into a bottle. then take a pint of the best red rose water, and four ounces of white sugar-candy, which dissolve in the rose water over the fire just warm, and when cold put it into your anniseed water.

Take two spoonfulls of this att a time, two or three times a day; begin to take this, as soon as you percieve you are breeding. till you are quick.

Milk Water.

174. Take Balm twelve handfulls, Mint six, wormwood three, Carduus and Rue of each two handfulls, Angelica seeds half an ounce, milk three gallons, with a sufficient quantity of water. Distill from these three gallons.

Plague Water.

Lady Torrow 175. best

Take Scabens, Agrimony, Carduus, Betony, Mugwort, Balm, Scorzonera roots and leaves, Elecampane roots, Tormentil leaves and roots, single Peony roots, Centaury, Marygolds, Rosemary, wormwood, Cellandine, Pimpernel, Dragons, Feathefew, angelica, brown Mayweed, Avenes, Buenet, sage, Mint, Torsel, flowers of Lillies of the Valley, of each about six handfulls but least of the strong ones, let them be pickt clean and cut small, leaves and roots mixt well together and put them into about twenty gallons of good wort ready to work, and let them stand two or three days stirring it every day; then add thereto three gallons of brandy, so distill them. — there will be three sorts, strong, midling, and small which mix to your liking.

For the bite of a Mad Dog.

Dr Mead 176.

Let the patient be blooded att the arm nine or ten ounces. — Take of ash coloured ground Liverwort cleaned, dryed, and powdered, half an ounce, of black pepper powdered two drachms. mix these well together, and divide the powder into four doses, one of which must be taken every morning, fasting, for four mornings successively, in half a pint of warm cows milk. after these four doses are taken, the patient must go into the

cold Bath, or a cold spring or river, every morning fasting, for a month: he must be dipt all over, but not stay in (with his head above water) longer than half a minute, if the water be very cold. after this he must go in three times a week for a fortnight longer.

N.B. This ground Liverwort is a very common herb, and grows generally in sandy and barren soils all over England. the right time to gather it is in the months of October or November.

For an Ague

excellent

there should be a Vomit taken as soon as y fit is off. Dy first Dose should be taken before another fit

Take one dram of Bark & half a dram of Venice Treacle (for a dose) in a little Red Wine, & half a Nuttmeg, & half a Lemon, Take 3 doses of this.

The Balsamick Tincture.
or Friar's Balsam

Mr Parsons 178.

Balsam of Peru one ounce, Storax Calamitis two ounces, Gum Benjamin three ounces, Alloes Succotrina Mich Elect, the finest Frankincense, Angelica roots, flowers of St Johns wort of each half an ounce. Let them be all finely powdered and put into a pint of the best spirits of wine with the Balsam of Peru. make it att the beginning of the dog days, and let it stand in the Sun till the weather grows cold, stop it very close and tye a leather over it, shake the bottle every day, strain it thro' a fine linnen cloth and if you find it is not very clear strain it a second time. — To make it att any time

In a fitt of ye Collick give 20 drops of it in any liquor, or for a flux

infuse it twenty four hours in a kettle of water, and let it simmer over a gentle fire, put the bottle in when cold with some hay att the bottom and when infused let it stand till 'tis cold in the water, then strain it as before. it is best not to strain it of but let it stand upon ye ingredients, A Gentle Purge for a Child

179 a quarter of an ounce of Cream of Tarter, 4 Spoonfulls of Black Cherry Water, sweeten it with Syrop of Violets, give it at any time a tap spoonfull shaking the Bottle, if it doth not purge a little you may add a little more Cream of Tarter,

Aunt Browne very good when ~~the~~ a child troubled with felgm

Oyl of St Johns Wort

180 Take ye flowers of Molines 2 handfulls & 6 handfulls of ye flowers of St Johns wort, put them into a quart of ye best Sallad oyl, cover it close & set it in ye sun as long as you can in ye summer time, & after set up close stopped with ye flowers in, the longer it is kept ye better it is

It has heald up a sinnew in the hinder part of a horses Leg that hath been cut into, so it be not wiped, nor ye sinnew first touched, & is very good in any ach or bones or swellings

181 Sweet Baggs to lay among linnen

Fill your bags with Ligrum & Rhodium it will give an excellent smell

For a Sore mouth

182 Lady Holworthy

Take of ye Juice of Celandine & mix it with honey till it be someing thicker than Cream then powder a little Saffron & mix it all together.

It is best makeing it in June or July, the honey will keep it all ye year. often use it Taping it with your finger or a ragg on ye sore places but do not rub. The oftener you use it ye better

Powder for After Pains

183 Lady Gage

Take 2 drams of Saffron, 2 Drams of Storax 2 of Amber, & 2 of Cinamon & give ye weight of a Crown in Gold, In burnt Wine & lay lay ye party warm to sweat if they can & be very Quiet

For to Stop the Whites

184 Make a Syrrop of ye Green leaves of White Wild Arrage (or Hogs herb) take 4 spoonfulls of it in hott Ale twice a day for some time

For the Cholick

185 A spoonfull of ye Juice of a Candle in a spoonfull of Brandy, & take a spoonfull or 2 after it when in pain

Balsamack Syrop

186 Lady Hubbard

Take a quart of thin Barley water & boil an ounce of Balsam of Tolu in it till it comes to a pint, stir it often, when it is boyld take out yt hard substance of the Balsam, & sweeten it White Sugar candy, & you may put to it a little syrop of Mulberrys or such like.

Syrop of Cloves july flowers

Mrs Masham 187

Take the flowers, cut them from all the white, then bruise them & to your weight of flowers, take the same weight of sugar beaten, so lay a row of flowers & a row of sugar, tell your Pott be full, when it has stood a while then boil it in a Kettle of Water till it be a syrop, so strain it out. or you may steep the flowers in water tell you have a good quantity then strain them out & to a pint of juice put a pound of sugar & boil it till it be a syrop

Yellow Salve

188 Lady Trevor

Take a pound of Rosin (of Perrosin of wax) of each half a pound, melt them together, put to it a quart of white wine, and let them boil together, then strain them thro' a bag, and when it is cold put the wine from it and melt the Salve again and put to it two ounces of Camphire and four ounces of venice Turpentine and half a pint of Sallad oyl; then melt it again in an earthen pipkin, and when it is almost cold put it into

Potts and keep it for use. — It is good for old and new wounds in head or body, and for sinews that are shrunk, or to draw out thorns.

The Lime Water.

Ditto 189.

Take of unslaked Lime four pounds and an half, put it into an earthen vessel, and pour upon it three gallons of spring water and so let it stand twelve hours; then strain it from the cream that swims on the top, and put thereto of English Liquorice, of Aniseeds bruised, of Sassafras sliced, of each four ounces, of blue Currans one pound, of mace a quarter of an ounce. infuse all these together in an earthen vessel close covered twelve hours, then strain it, and keep the water in glass bottles for use.
Drink half a pint of it three times a day viz. an hour before breakfast, dinner, and supper a little warmed stirring gently after it.

The Virtues

It is good against the Dropsy, the stone in the bladder or kidneys, for ulcers both inward or outward, it stancheth blood or encreaseth it, dryeth up superfluous humours, strengthneth nature, purgeth by urine, helpeth shortness of breath, cureth Consumption and the cold Palsey.
It may be used by way of injection to wash any wound with, it helpeth Obstructions. — if it binds add a spoonful of Syrop of violets.

An Ointment for a burn to fetch out the fire and heal; using it on a plaister very thick with the Ointment.

Lady Trevor

190.

Take a peck of Alehoof and as much of black-berry leaves and the middle rind of Elm scraped and laid in water the same quantity of the other herbs, half as much sheeps dung, cut the herbs pretty small or bruise them a little & put this quantity into 3 pound of unwashed butter & boil till all ye substance of ye herbs be out & they begin to grow cresps, then strain it with a coarse cloth into a pott & keep it for use. It will fetch out ye fire being applyed cold

Mrs Ballard

To be given a Child as soon as it is born to Prevent Fits

191.

Take 10 grains prepared Pearl, & as much prepared white Corral beaten, two spoonfulls of black Cherry Water, two of Treacle Water, mix them well together, warm it & give it ye Child ye first thing it takes keeping it fasting 2 hours after it

For an old sore Leg.

192. Take two handfulls of Gill go by the ground, three quarts of spring water, as much as two walnuts of soach-allom, boil them to one quart. Bath the leg as hot as can be endured half an hour night and morning with flannel, lay some of the Gill leaves hot on the sore, then put a rag twice or thrice doubled dipt hot to it. this has cured a man of a sore leg he had thirty five years.

For Fitts.

193. Take a pint of good Brandy put to it a quarter of an ounce of asa fœtida bruised and a spoonfull of wood soot shake it well together in a bottle keeping it close stopped. give twelve drops to a child, and twenty to a man in a little small beer in a morning fasting, and let him fast an hour after it. – Give it three mornings together every change of the Moon. – three or four drops is a sufficient dose for a new born infant.

To prevent Miscarriage.

Mrs Borset 191. Take three spoonfulls of the juice of red sage and three spoonfulls of sack. begin to take it as soon as they have miscied twice, take it nine mornings together in bed an fast an hour after it. there are no other rules to be observed with it.

Cholick Water.

195. Take Parsly water, compound Cliver water, and Stitchwort water of each six ounces. mix them and take six spoonfulls att any time when opprest with wind or Cholick.

Compound Cliver Water.

Take a baskett of Clivers (or Goose grease) & when cut put them into the hot Still with water, then add 3 quarts of ye best French Brandy & draw off 8 quarts for use.

Stitchwort Water

Take Carduus, Dandalion, Violet leaves, Succory, Coltsfoot, & Stitchwort, of each six handfulls, cut small, Juniper berries bruised, half a pound of Stone horse dung a peck, French Brandy two quarts, with a Sufficient quantity of Water draw off 6 quarts for use.

196 70 Dr Wrights Poultes for to break a Boyl or any Crude humours that is gathered

Take Mallows & green ~~Common~~ Camomile of each half a handfull, Maskmallow roots, & White Lilly roots of each a quarter of a handfull, Linseeds bruised one ounce, two spoonfulls of Currants boil these in Milk when they are boyld soft, thicken it with Bean flowers, add to it the yolk of an Egg, 10 grains of Saffron, & 3 or 4 spoonfulls of oyl of Roses, make a poultes of it & apply it warm 2 or 3 times a day.

To procure Those when stopp'd

Take a pint of White Wine, & put into it the juice of 2 Lemons, first cut rind off & ~~2 or~~ 3 pennyworth of Saffron tyed up in a rag steeped in it. Drink a cup of it 3 times a day till it is gone, this do at the time if there be need of it

Sr Will: Langhorn

For a Cancer

197 The white of a new laid Egg & Salt Prunella made mixt thick together & layd on,

This cured a Gentleman that had one on his Face for a great many years, & another of a Fistula under his Eye ~~that~~ that was given over as incureable.

198 71

Dr Willis

For them that have to many of the Whites when with Child.

Take two ounces of conserve of red roses 2 pennyworth of Venice Turpentine mix them, & take going to bed as much as a small Nutt. If you be apt to miscarry & feel any pain take red rose plaster & mint waters mix them & put in some Syrop of Coral

199

Mrs Spence

An Oyrment for a strain

Take 6 handfulls of Elder flowers boyl them in 2 pound of Hogs lard, let them stand by till ye White roses blow, then add to this 6 handfulls of white roses, 10 handfulls of the flowers of St Johns wort 4 handfulls of Fox gloves chopt small boyl this up with more lard till it looks red & the herbs grow dry then strain it out & keep it in Potts

It is very good for all strains & inflammations

200

Lady Masham

Worm powder

Take Senna & burnt Hartshorn, & Rubarb, & Wormseed, of each an ounce & dry them in a oven, & then beat them & sift them, & give to a Child of two years old as much as will lay on a groat so give more according as they

are for age, let them take it in a morning fasting, for 3 morning together.

Syrop of Mashmallows for the Stone

201

Mr: Sherwood

Take two ounces of green (or ~~one~~ one ounce of dryed) mashmallow roots sliced thin, & two handfulls of the leaves cut small, boil these in a quart of water gentley till about half a pint of it is wasted then strain out the liquor & let it stand 12 hours to settle, & to a pint of the clear put a pound of loaf sugar boil them to a syrop.

For the Strangury

202

Lady Trevor

Take of Elder buds before they are blown out, a thimble full cured dry them & there, then beat them to powder, sift them, and give it mixt in a spoonfull of White wine posset drink, & take a draught after it

To stop flouding

203

Mrs Browne

Take 3 or 4 spoonfulls of the juice of stinging Nettles, the white of an Egg, of bole armoniack and conserve of red roses an equal quantity so as it may be a little thick Take about the bigness of a nuttmeg 3 times a day.

Mr Love

Tincture of Rubarb for Children

204 Take ye Best Rubarb half an ounce, wormseed bruised half an ounce, English Saffron half a dram, infuse it in a pint of White Wine.
Let an Infant take one or two Tea spoonfulls, & a Child of 5 years & upwards a large spoonfull every or every other Night as there be occation

The Purple Powder

205 Quinsey Take burnt-Hartshorn, white Amber, red Coral, Pearl, of each one ounce, Crabs Eyes & claws, of each 2 ounces, Saffron half a scruple; Cochineal 2 scruples; make all into a past, after they are finely levigated, with Jelly of Harts=horn; & form it into little Balls which dry for use.
This is a pritty Medicine for Children in Fevers, but in the small Pox & measles especially if the alkaline Substances where to be levigated with juce of lemons, as in the Pulvis Cantianus; but otherwise it is much better than the Gascoigne powder, & some have the Courage to prescribe in its stead. The Dose is from 10 grains to a scruple in Children, but to grown persons, for whom also it is very good in Fevers, it is given from a scruple to a dram

a Gentle cooling purge for a Child.

Mr Ingram 206 Manna and Glaubers Salt of each two drams dissolved in a little gruel.

For a Cough

207
Mr Benjamin Rawlings.

Take Conserve of red Roses, Raisins of the Sun stoned, white sugar candy powdered, of each one ounce; Syrop of white sugar one ounce and an half, oyl of Sulphur by the Bell thirty drops; mix it that it make an Electuary.

To digest Sores

208
Dr Sandys.

Take ointment of Lapis Calaminaris two ounces, Basilicon three drams, mix for a Liniment.

For the Rheumatism

Dr Boerhave.
209

of ground pine and red sage each a hand-full boile in a quart and half a pint of spring water for three minutes, then strain it off and when it is cold pour it clear into a bottle. take a quarter of a pint in the morning fasting, and att five in the evening, put into each dose thirty drops of Sal volatile, and drink it milk warm.

drink it for six weeks.

210
Mr Ingram.

For Watery Gripes in Children.

a glister of two spoonfuls of thin Starch with half a tea spoonfull of Brandy.

An Electuary against the Bloody Flux

211 this well approved & often

Take conserve of red Roses, an ounce & half; Spermaceti 2 drams; yellow Wax 3 drams; Oyl of Sweet Almonds half an ounce; Syrup of Mint enough to make them into an Electuary. — the Wax &c must be melted together; & then put to ye Conserve after it is pulped; it is of great service in lineing ye bowels with that Mucus which defends them against ye Irritations of sharp humours, & which a flux has carryed off & opened even ye Mouths of ye Blood Vessels. I have known some instances where this has prevailed in fluxes of long standing, & that have been brought from both ye Indies, after all ye Helps that could be had from ye usual means which are generally Restringents, but they will not succede so well as these softer balsamic Substances which as it where a fresh ~~plai~~ plaister over ye bowels, & by there yielding adhesive qualities stop up ye mouths of ye Vessels, & sheath ye acrimonious humours

212

For a Sore Mouth.

Mr Sagram.

Dryed Rosemary a handfull, Cloves bruised fifty, Verjuice a quart, to be boiled till about a quarter of it is wasted, then take it off the fire and put in two drams of salt of Sumeygrass, or any fixed Salt, as of Wormwood, or Salt of Tartar.

To Stop flouding

213 a spoonfull of the juice of Stinging Nettles and a spoonfull of the juice of Plantan put into some warm Milk and drank every morning for some time

another for the same

a Nuttmeg burnt and put into a glass of red wine, greasey cloths is also good to be put to them and held close to the body,

Coltsfoot Losenges for a cold

214 Take ye juice of half a pound of Coltsfoot leaves
Mrs Brown (well wiped and stripped from the Stalks) stampt & straind, into a pound of fine sugar boild to a candy height boil them together, to this put liquorish gum dragon orrice of each half an ounce beaten to powder, and finely sifted, boil them tell they will drop into cakes.

A Fomentation very good for a sore Leg

Lady Hubbard Make a decoction in water, of Sage rosemary, Bay leaves, worm-wood, St Johns-wort, and red-rose leaves
215 so foment it with cloths, dipt in it when hott.

An Electuary to promote y: Menses

Take Conserve of Roman Wormwood, 2 ounces; black Helle-
-bore in powder, 3 drams, Salt of Tartar, 2 drams, Assafetida
216 dissolved in a sufficient quantity of Tincture of Castor, 1 scruple
Syrup of Rubarb, as much as is sufficient for an Electuary
take the quantity of a large Nutmeg twice a day drinking
a cup of Pennyroyal water after it.

Against the Palsie

Take two handfulls of Sage beat it in a mortar
like green sause then put to it of the best Clarrit
217 one quart, let it stand 3 or 4 days stirring it three
or four times a day, then let stand to settle next day
take two spoonfulls of the infution, and immediately
after two spoonfulls of Springe Water, use this from
michaelmas to March.

It cures all Achs humours in the Joints drys up Rheums,
it will greatly help the dead Palsie & convultion of the
Nerves, it strengthens y: memory, it will keep the teeth sound
preserve you from Dropsey, or any swelling in the Joints
or body.

this by the Blessing of God (says the Gentleman) has kept me
in good health from 50 to 85 years of age Gods name be
Praised. This Rec.t was given by a Physician to the High
Sherriff of Yorkshire, as a special Gratification for a
favour done him by the High Sherriff.

For one that Layes Inn or has Miscarried to bring away any thing that is left

Doc: Willis 218 Take of Lady Kents powders four Scruples, Diptany of Crete one Scruples and a half. mix these and devide them into six parts, give one night and morning in six spoonfulls of the Hysterick gulip thus made, Balm and pennyroyal water of each a quarter of a pint, Hysterick water and syrup of July flowers, of each two ounces, mix them, and if need be a dram of Sperrit of Castor.

Hysterick Water

Take of juice of Briany roots, four pounds, leaves of rue, and mugwort of each 2 pound, 219 saven dry'd three handfulls, Bazel, & Dittany of crete, of each one handfull and a half, Orange peel, four ounces, Mirh, two ounces, Castor, one ounce, canary. 12 pounds, digest them four days in a Vessel well stop'd. & then distill it

This is good for fitts & to be given to a woman after she is delivered, if any thing is left behind.

For the yellow Jaundice

Mr. Ingram 220 ~~I have cured many with this~~

Let the patient take 10 or 12 grains of Indian root in the morning upon an empty Stomack, and wash it off with Camomile Tea, & then take every other night as much Rhubarb as will work 3 or 4 times the next day, mixt with 10 grains of Saffron powder'd

For a Cough

Mrs Jenner 221

Take Raisons of the Sun ston'd four ounces, Conserve of Hipps, Elicampane roots Candy'd of each two ounces, Syrup of red poppies, of Maiden-hair of each one ounce, ~~Lucastellus~~ Lucatellus's Balsom, Venice Turpentine wash'd in Canary, of each one dram, mix into an Electuary. Take the quantity of a nuttmegg Night & morning. it is very good for a consumtive Cough drinking Asses milk after it, & will take off Night sweats

For gravel or Stone

Mr. Sayer 222

Sperma-ceti half a dram beat up with a tea spoonfull of Yolk of Egg, to be taken when in pain in any liquor (but the best is a little white Wine) morning & Night

An Infallible Cure for ye bite of a Mad Dog brought from Torquis by Sr George Cobb Bart.

this has never failed

223

Take 24 grains of Native Cinnaber, 24 grains of Factitious Cinnaber, & 16 grains of musk, grind all these together into an exceeding fine powder, & put into a small tea cup of Rum or brandy, let it be well mixt, & give it the person as soon as possable after ye bite, a second dose of ye same must be repeated 30 days after, & a third may be taken in 30 days more, but if the symptoms of madness appear they must take one of ye doses immediately, & a second in an hour after, & if wanted a 3d in a few hours after.—

N.B. The above receipt is for a grown person but must be given to Children in smaller quantities, in proportion to their Ages

This Medicine has been given to hundreds with success; Sr George Cobb himself cured 2 persons who had ye symptoms of madness upon them

Balsam for a Burn or scald

224 Mr. Gerkie

Take ye middle bark of Elder a little dryd, half a pound, of Elder & melilot flowers of each 4 ounces, spirrit of Wine one Gall: infuse all together in a glass Vessell close stopt, & set it in a sand heat for a week, when it is cold strain it off & add to two quarts of the Tincture, Benjamin & Storax in fine powder of each two ounces, Tarr two pounds, stop it up very close again & shake it every day for a month. when you use it put out some in a little viol & dip a pencil in it & anoint the burn till the heat & pain goes off. repeat the anoynting if it returns till such time as the part is in perfect ease. this Balsam is to be kept close stopt att all times but when your useing it, & so put no more out at a time than what serves for the present occation

N.B This Balsam is only to be used so soon as ye accident happens or before the Blisters are broke

For sweating of Nights

225

Make posset drink & boil plantine leaves in it, either sweeten it with conserve of roses, or take about ye quantity of a nutmegg, before going to bed & drink a draught of the posset drink after it. this do till you find ye effects of it

A Restorative Jelly

excellent

226

Take Hartshorn one pound & half, Isinglass, & Candyed Eringo Root, of each three ounces, Snails three pints, boil them in ten quarts of Water to a strong Jelly, then add ye: juice of two sevill Oranges, one pound of sugar Candy & one pint of ye: best Lisbon Wine.

It is best to boil ye: Snails by themselves, the shells taken off & ye: Snails (which must be Wall snails) bruised.

Take half a pint of this three times a day for six weeks.—

If ye: Person in a deep Consumption will thus take this Jelly, & loose 3 or 4 ounces of blood once a week for 6 weeks together it will be of great Service, & sometimes work a Cure

For Epileptick Fitts

227 Take ye leaves, berries, & very tender twigs of Mistletoe (gathered ye later end of March) dryed over a bakers Oven, & then beat to a very fine powder, to be made into a bolus as large as a Walnutt, with Syrup of Pionyes, to be took morning & night. The larger Stalks, to be carefully dryd, & a strong Infusion made of which drink four dishes twice a day; & wholly abstain from Coffee & Tea. It must be continued for some, for upon first taking the patient will seem worse.

Syrop of Sweet-wort for a Cough

Mr Unwin 228 a pound of the coursest Sugar, boild in a quart of sweet Wort till it comes to a pint, taking care to scum it well till it is quite clear. take a spoonfull when going to Bed, & when the cough is troublesome.

For a Violent Fever

Mr Fisher 229 Take a young Pidgeon alive & put ye rump of it to ye vent of the person, & hold it close till the Pidgeon begins to sicken, then take another, & repeat it for 5 or 6

an excellent Diet Drink for the Rheumatism

Mr Peacock

230

Take two ounces of Elder root, one ounce of Sarsaparilla, a quarter of stick Liquorish, as much holywood or Guiacum wood as you can hold between your fingers, put em into five quarts of water, & let it gently boil away to two quarts.

Rules to be observed with this diet drink.

Abstain from milk butter or Cheese, from all roots or greens, from Malt drink, tea Coffee or Chocalate. boild mutton lamb or Chicken, or yt broth made of em may be eaten.

N. B. If yt person is afflicted with much pain let him keep to this diet three weeks, otherwise nine days

A Gentle Purge

Take of Senna Leaves free from Stalks, & of ye best
Dr Raitt Rhubarb sliced, of each one Drachm. of weak Cinnamon
Water three ounces. Let em infuse near the fire all Night,
231 then strain the Liquor, & take it early in ye morning.

A Gentle Purge for a Child

Take half an ounce of the best Rhubarb sliced thin
232 of ye tops of the lesser Centaury.
Cardamom Seeds bruised.
Senna leaves without Stalks.
Ditto Salt of Wormwood.
three quarters of a pint of weak Cinnamon Water. Let
them infuse together in a cool Place a week, then strain
the Tincture through a piece of flannel, & put to it a
large spoonfull of Brandy. Give a large spoonfull at Night
going to Bed. NB this for a Child of 3 or 4 year old

For the Green Sickness

2 ounces of filed Steel,
excellent one ounce of Liquorish Powder
233 one ounce of flower of Brimstone
one ounce of Wormseed Bruised
one ounce of Diapent
half an ounce of Gunpowder bruised

Mix all these ingredients with Treacle to an

Electuary; and take a Knife point full every morning fasting, drinking half a pint of Mugwort Tea after it.
NB the patient must first be Bled in ye foot

Take a Viper alive chop of it's head, & holding it by
234 y: tail let it bleed. skin it & take out it's entrails
put it into a pint Bottle with half a pint of cold
water. stop it close & tye down y: Cork. then put y:
N.B. * till y: Viper is dissolved Bottle into a skillet of cold water sufficient to cover
it. let it boil about an hour* when you think it
may be cool enough to drink pour out y: liquor
from y: Viper, & drink it off at once. repeat it once
a day till cured.

N.B. twelve Vipers have cured y: most inveterate
Palsey, & fewer will some times do.

To Purge out putrid Phlegm which is y:
Matter of Worms & causes feverish disorders.

Mrs Trevangor Take of Senna two drams & a half, Wormseed one
234 dram, infuse these in four ounces of y: juice of
Sevill Oranges for an hour on warm ashes, y: pot
close covered, then press out y: liquor very hard,
in which dissolve six drams of Syrop of Violets,
& give four spoonfulls to a grown person three
several times, every other morning, & in proportion
to Children — If you have no Oranges, y: same
quantity of White Wine will do, as well; half white
wine & half juice of oranges doth best.

Mrs Cutts
235

Good against Infection

Take of Rue, Wormwood, Sage, Mint, Rosemary, Lavender, of each a handfull put these together with a Gall of ye best Vinegar, or Aleager, into a stone pot; past it over very closely, set it within ye warmth of ye fire where it may infuse, for eight days: strain it off, & cork it up close after having put into every quart bottle three quarters of an ounce of Camphire.

N.B. This preparation is call'd, The Vinegar of ye four Thieves, from it's having been used (as is said) by some who robbed ye houses during ye Plague at Marseilles; & who were supposed to be secured by it from catching ye Infection. Their manner of useing it was, to rub their temples & loins with it every morning: Wash their mouths & lips with a rag dipt in some of it: snuff a part up their Nostrils; & have a sponge wet with it to smell to wherever they went. It has been tryd, & it is supposed with success, in times when ye small-Pox, & several other distempers have been thought very contagious.

Mrs Spence 234

Take four ounces of fine peruvian Bark grossly powderd, put to it a quart of Spirit of Sal=Armoniac digest together in a Bottle well corkt without heat, shake it now & then, & after it has stood a fortnight, pour it off. keep it well stopt.

Take one tea spoonfull in a glass of Water, about eleven in ye morning, & at five in ye afternoon

For Cancerous Humours

Hysop Mrs Cumberland 235 this I have known cure NB

Take cicers Houseleek groundsel, Rosemary, dandelion, Camomile red Sage & Hysop elder buds, (or leaves) Mint of each a handfull, boil them in five quarts of Water, till a quart is wasted. Strain off ye liquor, & boil it up with a pound of loaf Sugar. Drink a quarter of a pint, morn: & Evening.

The following Ointment must be applied at ye same time to ye part affected.

Two ounces of Sallad Oyl, of Wool oyl, Curriers Oyl, Linseed Oyl, of each ~~half~~ one ounce an ounce flour of Brimstone, mix em & stir em, till they are throughly incorporated. Anoint ye part twice a day during ye drinking of ye liquor, for 3 days successively & once a day, 3 days afterwards.

For a Cancer in y Breast

236 Take 4 ounces of Calliminaris in one Stone, heat it red hott in an earthen Crucible nine times quenching it every time in a pint of White Wine, take two ounces of tutty heat that also in a Crucible three times quenching it every time in a pint of red rose Water, then mix y: Wine & y rose water together, beat y Callaminaris & y tutty to a fine powder, & put it into y Wine & rose Water, in a bottle close stop'd. shake y: bottle three times a day, for nine or ten days together, to incorporate dip a fine linnen Cloth 3 or 4 times in this Water, shaking y bottle whenever it is used & lay it all over y: breast, & under y Arm. as far as any swelling or pain is felt. it must be laid on cold, & twice a day.

N.B. the same linnen must not be used twice without being Washed.

D'Boerhaave 237 Take four ounces of Honey, one ounce of Senna picked clean from ye Stalks, three quarters of an ounce of flour of Brimstone a quarter of an ounce of powdered Ginger, mixt all together. The bigness of a small Wall=nutt to be taken Night & morning, for Eight days together.

N.B. If this gives more then two or three motions a day, lessen ye quantity, or take it but once a day.

this cured a Man at Thorpe, who was given over by ye phisicians, in a deep Consumption.

a Restorative Jelly

238 this is very good to be taken after a fit of illness to Strengthen & has done good in Consumptive Cases

Take thirteen Sheeps trotters, clean them well with ye Sinews left on that goes up ye leg put them into three quarts of Spring Water boiled gently over ye fire till it comes to three pints Strain it, & when cold take ye fatt off ye top.

Take a quarter of a pint of New Milk warm enough to desolve a peice of ye Jelly ye bigness of an Egg, drink it in a morning & lie an hour after it, & ye same quantity going to Bed, if Milk does not agree it may be taken in Broth

For Convulsion Fitts

Mrs Snell 239

Take Black cherry Water four ounces, Scammony in fine powder forty grains, Castor in fine powder one drachm Salt of Amber half a drachm, mix them together & when you use it Shake ye Bottle — Take a spoonfull 3 days before ye new of ye Moon & 3 days after, & ye same at ye full —

For a Sore Throat

Mr Foley 240

This has given almost imediate ease when ye party has not been able to swallow or speak

Take a quarter of a pound of Mutton Suet from ye Kidneys, three ounces of Fresh Butter, four ounces of Rosin, one & an half of yellow Bees Wax cut ye Suet very small then put it into a new earthen pot, melt it over a slow fire, then strain it from the Skins, then put it in again with ye Butter till both are melted, then put in ye Rosin, & Wax, Stir them till they are all incorporated, & put it in a Gallipott for use —

When wanted spread it on a Rag two fingers broad which must reach from Ear to Ear, & over that about half a quarter of raw Flannell to keep ye throat warm, to be renewed every twelve hours = neither Bleed nor Purge till ye Humour has spent it self, which it does with breaking in ye inside —

Wallnutt Water good for Gouty Complaints in ye Stomack

Mr Spindlow

241 Take one Gallon of French Brandy, half a peck of green Wallnutts cut small two handfulls of green Angelica, Distill & draw off one Gallon, let it drop upon a drachm of Saffron & six ounces of loaf Sugar.

An Excellent Rosemary Water

242 Take ye tops & flowers of Rosemary in ye middle of May (gathered before Sun rising,) of each one handfull, four good Elicampane roots, red Sage two handfulls, Stamp them in a Stone Mortar then take Cloves, Mace & cubebs of each three ounces, Aniseeds half a pound, bruise them all severaly, then mix them together with ye herbs, put them into a large Stone bottle or Jugg, pour on them six Gall: of White Wine Stop it close, set it in ye ground 15 days, then Distill it with a gentle fire. — this ye same with No 137

This is a most precious Cordial for ye head & Stomach Comforts ye heart good against Palsey & Apoplexy, faintings, fits of ye Mother, falling Sickness, Convulsions, Megream, & all diseases of ye head. use it outwardly & inwardly.

To give immediate ease in ye Stone

243 Take two ounces of Common Burr Seed boiled in a pint of Water, till it comes to half a pint, Drink it all down at a draught & it will soon give ease

For a Sore Mouth

244 one ounce of Honey of Roses, & fifteen drops of Spirit of Sea Salt mix it well together, & just touch ye Mouth with feather.

An Opening Electuary

Mr Spry 245 Take of Electuary of Casia two Ounces, Compound powder of Senna a Drachm & half, Syrup of Roses enough to make it into an Electuary, a Tea spoonfull to be taken every Night going to bed.

For the Gout in ye Stomach

246 Take six Ounces of Peppermint Water three Ounces of Dr Stevens Water, three drams of Compound Spirit of Lavender, six drams of Syrup of Clove gillyflowers, a dram & half of Sr Walter Rawleigh's Confection mix for a Julip of which take three spoonfulls every time in pain

For Nervous disorders

Dr 247 Pennyroyal Water four Ounces, Hysterick Water two ounces, Tincture of Castor two drams, Volatile Salt of Hartshorn ten grains, Sugar six drams, mix altogether the dose a small Wine Glass, it may be repeated two or three times a day.

It is good against Obstructions

Turners Cerate

Ointment of Lapis Calaminaris

248

Take of Sallad Oyl half a pint, 3 ounces of Bees wax, of Lapis Calaminaris Six ounces finely powder'd, the wax must be sliced thin, then set ye oil over y: fire & therein disolve y: wax, then strew in y: powder by degrees till it be all in, Stiring it all y: while that it may be well mix'd, then take it of y: fire & keep it Stiring till it be Cold

To make y Strain Ointment

Mrs Spence

249

Take six handfulls of Elder flowers, boil em in two pounds of hogs lard, let this stand till y: white roses blow, ad to this six handfulls of White Roses, ten handfulls of y: flowers of St John's wort, four handfulls of fox gloves chop'd small, boil this up with more lard, till it looks red, & y: herbs grow dry, then strain it out & keep it in pots.

This Ointment is good for all Strains & inflamations

For the Piles

Mrs Dicken

250

Take a quarter of a pound of Pile-wort flowers, & pour on them two quarts of boiling Water & let them ~~stand~~ infuse therein 24 hours covering them up close, then strain the liquor & to every pint put a pound of soft brown Sugar then boil it up untill it becomes a Syrup, & when it is cold put y: Syrup into very clean & dry bottles, not corking them, but covering them with white paper doubled & pricked with air holes, & tye them, it will keep a considerable time. You must take two Common Spoonfulls every night

Chalk Julep for ye Gripes in Children

251

Mr Ingram

take two Drachms of Chalk powdered, half a Drachm of Gum=Arrabeck dryd & powdered, put them into half a pint of Water, with a drachm & half of fine Sugar, drop two drops of Oil of Nutmegs on ye Sugar, Shake it well together, in a bottle, give a spoonfull when ye Child is grapeed, or troubled with Wind

The Scurbutic Milk

Dr Reilt

252

Take a good handfull of Garden Scurvey-grass shred it small, & boil it in a pint of Milk & ye same quantity of pure spring Water, to one half. Strain ye Milk through a Cloth, pressing it out as much as you can that you may have all ye juice, the Milk may be strained hot upon a Sprig of Common Mint, & stand covered till cold. Drink one half of this in ye morn: before you rise, & ye other at sia in ye Evan

253 Take a handfull of Camomile Flowers, half an ounce of Juniper berries, a quarter of an ounce of Bay berries, bruise ye berries, & boil them & ye flowers in a pint of Water Gruel to half a pint. Strain ye liquor, & put to it four large spoon=fulls of Mountain Wine, (or pepper mint Water for some people may do better) three large spoonfulls of sweet Oil, a Tea spoonfull of Salt. Mix them for a Glister, which may be given at any time when ye Bowels are in pain from Wind

D'Raik

For ye Stone

take ye bladder of a Badger, & pour out ye Water & put therein a Kids blood, dry it to powder, take as much as will lay on a Sixpence.

254 In testimony of ye Virtue of it, take of ye powder & put it in a pot of fair Water, put in a flint Stone & in 24 hours it will breake it

℞

Bitters to help ye Appetite & Strengthen ye Stomach

Dr. Rait 255

Take half an ounce of Camomile flowers a quarter of an Ounce of dryd Orange Skins, one drachm of ye lesser Cardamoms Seeds, a Quart of Lisbon Wine let them infuse near a fire ye space of four days then Strain ye Wine & take a Wine Glassfull in ye morning, & an hour before dinner.

To Cure an Ague

Mrs Holmes 256

Take three quarters of an Ounce of Jesuits Bark, one spoonfull of brown Sugar, one spoonfull of black pepper beat fine, one Nutmeg beat to powder, forty drops of Syrup of Red poppies, mix these together into an Electuary with Anniseed Water.

Take ye quantity of a Nutmeg once in four hours when ye fever fitt is off, till you have taken ye whole; it must be repeated ten days after you have finisked ye first.

N.B. If ye Fever fitt is strong you must take less then a spoonfull of pepper & you may add 80 drops of spirit of Hartshorn.

A quarter of a pint of Anniseed Water is sufficient for ye two makings

Mrs Clarges About an hour after y: fitt is off take a Vomit,
257 in two hours after y: Vomit has done Working.
take y: following Medicine. —
Six Drachms of Bark fresh powdered, one Drachm
of Salt of Steel, one ditto of y: powder of India Cloves
make these into an Electuary with Syrup of Cloves.
-Gilliflowers — the dose for a grown person is y:
size of a Nutmeg, it must be taken every four
hours, drinking a small Glass of Port Wine after
it; when this is all taken, rest 8 days & then
make up half y: quantity, & take it as before.

yellow Basilicon

Dr Hopkins Take a pint of y: best sweet Oyl half a pound
of yellow Wax four ounces of Frankincense set
258 them over a slow fire till all is disolved, after
which it must be removed from y: fire & add two Ounces of
Venice Turpentine mix them together & pour
off y: clear for use

For a Galloping Consumption

Mrs Perrie 259

a pound of Raisons of ye Sun Stoned, a quarter of a pound of Figs, a quarter of a pound of Honey, half an ounce of Lucatellus's Balsam, half an ounce of powder of Steel, half an ounce of flour of Elicampane, a grated Nutmeg, a pound of double refined Sugar, Shred, & pound these separately, in a stone mortar, put the Sugar into a pint of Sallad Oil, put all-together into the Mortar, & pound them tell they are throughly incorporated, & while you do this put in your Oil by little, & little, till ye whole is well mixd.

Eat a bit of it, as big as a Nutmeg four times a day; every morning drink a glass of Old Malaga Sack with the yolk of a new laid Egg in it & as much as will lay on a sixpence of the flour of Brimstone, the next morning as much of the flour of Elicampane, & so Alternately. –

It has done surprizing Cures.

Mrs Perrie (from whome I had this) has cured 3 or 4 persons who were all very bad & thought to be in ye last Stage of ye distemper. some had twice ye quantity made for them.

The following Receipt has been long in the Huntington Family, & communicated by Lady Huntington, to cure Mellancholy Madness & with y: Blessing of God, will cure any other.

260 After having performed a perfect cure on the Wife of the Revd Mr: Pitcarn, who was Melancholly Mad for a whole year after a lying-in, & took neither food, or physick, without Compulsion, & would not speak a word to any body y: whole time. —

Bristol Nov: y 24th 1764

Take of Ground Ivy three large handfulls shred small, boil it in two quarts of pure Wine that is unadulterated, strain it off & boil it with six ounces of Sallad Oil till it grows like an Ointment, with which Anoint the Mould of y: head upon y: seams, being first made warm (& y: head Shaved) rubing it well in. Afterwards Apply y: herbs as a poultice, laying it thick & well on every Night, & continue it for 9 or 10 nights & days; at y: same time take each morning 3 large spoonfulls of y: juice of y: same herb, which must be gathered fresh each morn: & pounded in a clean cloth, to get out the juice, what is left of y: herbs will serve to boil for y: poultice every night.

This method has by y: Blessing of God, Cured 60 persons, & her Ladyship sais she gave each of her patients a Gum pill each night going to rest

For a Quinsey or any Ulcerous Sore Throat

261
Mrs. Perrin

Linseed's bruised with a rolling-pin & boil'd in Milk to a poultice, put on a Cloth several times double pour on it Linseed Oil, & apply it all a long ye: outside of ye: throat as hot as can be born, & when cold, apply another immediately & continue repeating it.

For inflamations in ye: Bowels

262
Ditto

give a Table spoonfull of Sallad Oil, repeat it, at such distances as can be received by ye: patient, till a stool is procured, & let them Drink only Barley Water.

a Walnut Water good for ye Gout in ye: Stomach, or Sickness.

263
Sis: B

Take two pounds of green Walnuts, when you can run a pin through them, & two pounds of Rue two pounds of Barrel Figs, bruise ye: Rue & Figs in a stone Mortar, separately, lay ye: rue first into ye Still ye: Walnuts next, & ye figs at top. then put to them a Quart of Brandy & two quarts of Water, ye Walnuts should be bruised

264 put two drachms of Camphire in a Morter with a
few drops of any Spirituous liquor (as it mixes much better)
Mrs Jickers powder it very fine, then put it in a bason & pour
in a full quart of boiling Water, Cover it close down
with a China plate, let it stand till it's cold, the
steem which arises on ye: plate scrape it into
ye: liquor, Bottle it & keep it for use.

N.B. give to a grown person a tea cup full going to
Bed, to children in proportion.—
3 or 4 Doses will commonly Cure.

For a Bruise when ye Skin is broke

Mr. Peirce Old Strong Beer with some hard Soap (Venice soap is best)
of Bath Sliced in to make it Slippery, set on ye: fire till ye: Soap
is melted, then stir some Oatmeal in till it is thick
265 enough for a poultice, & set it on ye: fire again
till it is as Stiff as past, spread it on a Cloth thick
& apply it warm to ye: part.

N.B. if ye: Skin is not broke Old Verjuice is better then
beer. Vinegar is best for a bruise & Verjuice for a
Strain

For a Cough

The Yolk of an Egg, a spoonfull of honey, ditto of Oil
Mrs Clarges & ditto of boiling Water, mix all together, & when
266 you use it shake ye: bottle, take morning & Night
a spoonfull.

For a Cold

Take a pint of Cyder which is made of Wildings, & put in half a Naggin of Brandy, & another of Vinegar, & three spoonfulls of Lemon juice the same quantity of Honey & of black Currant Jelly, put them altogether in a sauspan on a slow fire gently stirring them about till ye: Cyder is boild. then for three Nights running as you are going to bed take it as hot as you can drink it.

N.B. I believe a Naggin is ~~half~~ a quarter of a pint

A powerfull powder for expelling Wind from ye: Stomach & bowels

Take Cinnamon Cloves, Nutmeg, & Saffron of each half a drachm, Coriander Annis, & sweet fennel seeds, of each one drachm reduce them into fine powder & divide ye: whole into eight doses, one of which must be taken two hours before Dinner, or at any time when ye: wind is more oppressive than usual: but not oftener than once a day unless absolute necessity require it it may be taken in a Glass of Wine, & if you like it you may add a lump of

Sugar

Drops for ye palpitation of ye Heart

269 Tincture of ye best Russia Castor, tincture of Amber, & Lavender Drops of each half an ounce mix together, when used shake ye Phial & take 25 or 30 drops on a lump of Sugar

The famous American Receipt for the Rhumatism

Take of Garlick two Cloves, of Gum Armoniac one drachm blend them by bruising together make them into two or three Boluses with fair Water. & take one at Night, & one in ye morning. 270 Drink while taking them very Strong Sassafras Tea. — this is Commonly found to banish the Rhumatism & even Contractions of ye Joints in a few times taking. it is very famous in America & a Hundred pounds was given for ye Receipt

For a Cough or any uneasiness on ye Lungs

Dr. Boerhave 271. Take two Sheep Trotters, put them into a Quart of Bristol Water: & one pint of new Milk half an Ounce of Comfrie Root boil it gently till it comes to half ye: quantity Drink a Chocolate Cup fasting: & one more at any time of ye: Day. —

Doctor Ratcliffe recr. for ye: Gout in ye Stomach, or Cholick 272

Raisons of ye: Sun chop'd two pounds & half, Rhubarb Sliced thin half a pound, Senna two ounces; Corriander seeds one Ounce, Fennel seeds one Ounce, Cochineal one Ounce Saffron half an Ounce Liquorish half an Ounce, Infuse them in two Gallons of Brandy in a large Bottle; let it stand ten days sometimes Stirring it; then Strain it off: & put in five quarts more of brandy, & 3 ounces of Hirripicra & when it has stood a month or 5 weeks it will be as good as ye first.

Take a Wine Glass of it at a time if it don't give ease, take another two hours after.

273 Rhubarb an Ounce & half, Senna half an ounce,
Mr Foley Coriander Seeds two drachms, Fennel seeds two
Drachms, Cochineal, Saffron, & Liquorish of each
one Drachm, infuse in two Quarts of Brandy
it has Often removed ye Gout from ye head & Stomach
when every thing from ye Apothecarys has proved
ineffectual; it has been given with great success.

For a Dropsy

Mrs Hampden As much Egg Shell powdered as will lay on a
Shilling, in a Glass of White Wine for twelve
274 mornings, take it 3 & mis 3.

For Gravel

Mr Sayer The Whites of two new laid Eggs with a large
ye Surgeon spoonfull of Sugar beat up well together, then
add 4 large Spoonfulls of Sallad Oil mix all well
275 together. take a little now & then. it is allso
good for a Cough

For an Old Sore

Mrs Husbed Take smallage, plantain, Woodbine, Marygold-leaves,
& Water Betony of each a like quantity bruise & press
276 out ye Juice, then take hogslard & honey in Equal
quantitys & one Egg, beat them all together & Stiffen it up
with Wheat flour, till it will spread on fine lint, then
apply it to ye part, it will both cleanse & heal it

A Water for ye Stone

277 Take Six hands of Radishes wipe & Slice them but cut off ye green, & Six handfull of Cammomile, & Six heads of Garlick three handfulls of Valerane, 3 bundles of sweet Marjoram. Cut ye herbs Small & Still them in a Gallon of White Wine in Alimbeck till it runs small, then mix it all together when drawn off.

give 3 spoonfulls to a grown Person taking off ye Cold & to a Child one spoonfull. let ye Person lay on ye Bed a little time after taking it

Balsamick Electuarye For ye Stone

D'Cade 278 Take Lenetive Electuary one ounce & half Chio Turpentine one Ounce of ye Species diatragacanthi-frigidi for ye Compound cooling powder of Gum Tragacanth two drachms, of ye Chemical Oyls of Juniper & Camomile of each 4 drops with Syrup of Marshmallows a Sufficent quantity

To Make Ye Green Ointment for a Cancer in ye Breast, or ye Kings Evil, good for achs swellings Braises Sprains or any green wound: which cured Mrs Cooke's Granmothers Breast when ordered to be cut off

279 Take ten pound of tryed Lard or Barrows Grease, two handfull of each of these (viz) Elder buds, poplas buds, Camomile, & one handfull of green leaves of poppy, Rue, Sage, dill, wormwood, Celandine, Groundsell, Southernwood, balm, parsley, balsam, Lavender Cotten, smallage, buglos, Goutwort, Mallows, Valerian, water bitany

wood Bittony St Johns wort, vervaine, night shade, Ragwort, hounds tounge, brooklime, chickweed, Lady mantle, pimpernell, Solomons Seal, fox gloves leaves, ground Joey, harts tounge, tutson leaves breastwort, seedwell, selfheal, Clownsallheal, Nip, Clary Millet, Scabious, Cosmary featherfew, Agrimony, red bramble leaves, broom flowers, Pilewort, Lavender tops, Comfry Columbine leaves, wallwort, Germander, mugwort, motherwort, mullett, avens Plaintine, woodbine leaves, pellitory of Spain, hemlock roots Elicampane & burdock roots, each of these one handfull, first for the Elder & Poplar buds they must be gather'd in their season, shred & mixt with the lard, & so stand till the middle of May then take one Ox gall a quarter of a Pint of Aquavitae two ounces of the best common Turpintine one ounce of the Oyl of spike one dram of verdigreece, & in the Middle of May all the herbs before mention'd must be gather'd in the heat of the day, & clean wiped & shred & mix'd with the lard, so put into a clean kettle & set it over the fire, when boiled an hour or two put in ye Ox gall so let them boil together half an hour, then put in the Aquavitae turpintine oil of spike & verdigreece boil em again till the substance of the herbs be out & that it look very green, then strain it out into a stone pan let it stand 14 days to Clarifie, there will be a

water at the bottem take it clean from the water, & put it in Gallypots for use, when you use it for acks bruises or sprains, take a little upon your finger & warm it at the fire, & rub it well with your hand, & for sores that you see cause plaistering, or tent or lint according as the sore is in depth

A Remedy for lameness produced by a Contraction of the parts affected

280

Dr Lobb

Take the yolk of a new laid egg let it be beaten with a spoon to the greatest thinness, then by a spoonfull at a time add three ounces of pure water agitating the mixture continually, that the egg & water my be well incorporated

This liquor my be applied to the parts contracted cold or only milk warm by a gentle fruition, for a few minutes 3 or 4 times a day

Another excellent remedy which restored a person to the use of their limbs after they had kept their beds for seven years

ditto

281

Mix two spoonfulls of Rum Barbadoes Tar one spoonfull, & rub the part affected well morn & even:

Powder to take away any Scum from ye Eyes

282
Mrs Proby

Take white Borax one penny worth, heat two spoon heaters but they must not be too hot, lay the borax on one of the heaters & let it burn till it is almost enough, then turn it upon the other hot heater, when it is thoroughly burnt, that it is soft, scrape off the out side & all the dirt, & make the in side into fine powder, put a very little of the powder in the patients Eyes in the morning before he rises.

The Eye water

283

Take three Drams of prepared tutty, made into fine powder & three drams of white Sugar candy, & three drams of alloes Hepotick, all made into fine powder, a pint of Greek wine that is not sweet, & a pint of damask rose water, mix all these together in a large glass bottle, or two bottles that there be room to shake them well together, then stop it close & set it in the sun or a continual heat for 14 days & nights, shaking it very well every day till you see the powder well wrought up from the bottom. after a fortnight it will be fit for use.
keep it as you do wine, warm in Winter, & cool in Summer, when you use it put 3 or 4 drops in the Eye with a tea spoon morning & evening as the Patient

lies on their backs, before they rise & after they are in bed.

Pills for a Cough

284 Of Balsam of Tolu half an ounce, one dram of Saffron & half a dram of Gum-Castor all in powder & if there is any soreness in the breast add one dram of Sperma-ceti which you may grind fine in a Morter by mixing a little sugar with it, mix these powders together & set it before the fire & role it up into pills of a moderate size as quick as you can. the dose is three Pills ~~night~~ & morn:

A Salve to cure any wound scald or burn or bruise

285 Take of Rosin beeswax & hogs laid of each a quarter of a pound, of Cammomile, plantain leaves of each three handfulls, shred & boil them in the things above name'd, & then strain them out, & put in three spoonfulls of the juice of houseleck, simmer it over the fire again & when it is done put three spoonfull of Oil of St. Johns wort or if you think the wound will fester or ganger put into it a little warm oil of St. Johns wort.

A Receipt for an Ague or Intermitting Fever

Take two ounces of Jesuists Bark, one ounce of
Virginia Snake root one ounce of juniper berries, & sixty
286 grains of salt of tarter, the bark & the snake root must
be beat into very fine powder, & the juniper berries only
bruised then mix the salt of tarter with all the forement-
-ioned ingredients, & put all into a two-quart bottle with
one quart of white wine pour'd upon it, you must shake
it often & leave it about two days in infusion before
you take it. when you are out of your fitt you
must take two or three times a day of this infusion
two ounces at a time.

Mr Madrams Lime Water, for this Recpt some 100 pounds
was offered by a Dr of Physick

Take three pound of unslacked Lime put it into a
well glased Earthen pot that will hold five gallons then
pour on the Lime three Gallons of spring water so let
287 it stand 24 hours which done take off the white
crust that is or will be on the top, & pour the clear
into another earthen pot, when you go to use it put
to every quart of water two ounces of aniseeds an ounce
of Licquorish scraped & piled into stacks one ounce of

wood Sasafras sliced thin, a quarter of a pound of Slit figs
reasons of the sun currants rubed & picket of each half
an ounce let all these stand 24 hours then strain it
off for your use. according to your directions you may add
more water to the former you are to take of this fasting
half a pint & as much at 4 o'clock in the afternoon
if you desire this water should purge then slice in
half an ounce of Rhubarb into the water.

The Vertues of this water, it cleanseth the Stomack
& purifieth the blood openeth obstructions helps shortness
of breath is excellent for the Stone, Gout timponey
Consumption Dropsey jaundice Scurvy Palsey it cures an
Ulcer in the bladder by drinking the sweetened & selinging
with unsweetd. tis good to procure easey Labour, for the
ricketts & convulsions it cures fistolows & Kings evil
by washing with the unsweetned & drinking the other.

Artificial Asses Milk

288 Take one ounce of China roots sliced two ounces of
Sarsaparilla Sacafras wood two drams Eringo roots Candied 1
Dr Gibons ounce corrander seeds two drams, boil these in three pints of
spring water till it comes to a quart, strain it off & when
it is clear pour it out into bottles & keep it for use,
you must take 15 grains of pearl & 15 grains of coral powder
morn: & even: just before takeing the drink which must

be mixt a quarter of a pint of Cowes Milk with
y: like quantity of y: Drink you may take it in y:
day time as often as you please. you may take y:
Balsam pills instead of y: powders if you please

The Balsam Pills

Take an Ounce of Spermaceti one Ounce of Crabs
289 Eyes, beat them up with balsam of Peru in a Stone
Morter, make them into Pills with powder of
Liquorish. Take three in y: morning fasting & y:
same number in y: afternoon & going to Bed.

For the Gout in y: Stomach.
or Cross y: Breast

Sr Edw: Willmot

Take of Gum Ammoniacum, Extract of Liquorice,
Flowers of Benjamin, of each ten grains, Anisated
290 Balsam of Sulphur sufficient to make them into
Pills of a middling Size: three to be taken every
night & morning.

~~Take of Spermaceti (dissolved in y: Yolk of an Egg)
twenty Grains, Damask rose Water one Ounce, simple
Cinnamon Water two drachms~~

Take of Spermaceti (dissolved in y: Yolk of an Egg)
twenty Grains, Damask rose Water one Ounce Oil
of sweet Almonds one drachm, one Ounce of Simple
Cinnamon Water, two Drachms of Purified Nitre, Ten
grains of Syrup of Ginger, A Drachm to be made into
a Draught to be taken morning & Evening, Daily.
Drink after y: Pills, a draught of Seltzer Water mix'd

with Milk (three parts Water & one Milk) & Drink ye: Seltzer Water with Wine at Meals & if Dry between meals to take a Draught of it mix'd with Milk

The Raison Electuary for a Cough

291
Lady Sands

Take Raisons of Sun Stoned two Ounces beat fine in a Marble Mortar, Conserve of red roses two Ounces, Syrup of Maiden hair & red poppies of each one Ounce, Spirit of Vitriol Sixty Drops, mix it all together.
take a Tea spoonfull Often & when ye: Cough is troublesome

A Recⁿ: of ye: Woman of Manton's for an Ulcer in ye Kidneys

292

take Six quarts of Slack rough Water that ye: Black Smiths quenches his Iron in, boil it & scum off ye: filth, then put to it ye: roots of horsradish, parsly, & fennel, & Marshmallow, of each half a pound, two handfulls of Dandylion three of Peletory of ye: Wall one of Winter Savory, two ounces of parsley seed, three of Salt prunell a pound of good Currants Stampt, two Ounces of Juniperbries Cut ye: herbs & roots & peal ye: Other things, boil them till it comes to four quarts, then Strain

it, & put to it two quarts of White Wine & a pound of good Sugar, mix it together & bottle it up.
Take of it three times a day, in y: morning fasting & in y: afternoon & going to bed, a quarter of a pint at a time, you mix a small spoonfull of y: Syrup of Diascordium in that you take at Night.
N.B. fast an hour after it.

Lavender Drops

293 One Quart of Brandy, one Pint of Lavender Flowers, infused three Weeks, then strained off, put to it Half a Quarter of an Ounce of Mace y: same Quantity of Nutmeg & Cloves one Drachm of Safron & Cochineal.

For y: Whites

Recedlers The Whites of two Eggs, beat them, & put to them a Quarter of a Pint of Rose Water & a Lump of dubble refined Sugar
294 Drink all this at Night, & y: same Quantity in y: Morning if easy bad, at 4 o' Clock in y: Afternoon repeat y: Dose.

For a strain or bruise or Cut

Mrs Rice

295

Take one Ounce of Camphire desolve it in half a pint of spirits of wine, put it into a quart bottle & fill it up with fresh Oxe's gall, bathe it & rub it in before the fire two or three times a day, & keep a peece of flanell upon it. it will Cure an old Strain, of some years standing—

For Worms

Lady Lucy Sherrades

296

half
an ounce
of Mithridate
ditto of Myrrh
ditto of hors Alloes
mix the above into a
stiff past with fresh Oxe gall
& spread it on sheeps leather this
shape lay it on the stomach the
point upwards after it has been on
48 hours take gentle physick every
other day till all slime or worms
cease to appear in the stools.

To Cure the Tooth Ache

297 Take one handfull of Specmint, one of Ground Ivy, one Ounce of Allum, one handfull of Salt, put these into a Sauce-pan, & pour a pint of Vinager upon them let it Simmer till reduced to half a pint, take a Spoonfull in your Mouth at a time, use it as hot as you can bear it.
the first will give ease, but you must continue it till you use ye: whole quantity, or ye: pain is apt to return. Be Carefull of taking Cold after it.

298 For a trembling at ye Heart

Make a Syrup of Damask roses, & add to it a small quantity of red Coral, pearl, & Ambergrease all in fine powder, take this as long as ye: pain lasts, a spoonfull at a time.

For Weakness in ye Hands after Palsey

299 Take ye tops of Rosemary, bruise it & make it up into a ball as big as a great Walnut & let ye party roll it in their hands very often, & grasp it in ye: hand till it is hot, do this very often.

Powder for the Teeth

300 take half an Ounce of Cream of Tarter, & a quarter of an Ounce of powder of Myrrh, rub ye: teeth with it two or three times a week.

A Quilt for the Stomach

take a fine rag four inches square & spread Cotton thin over it, take Mint & sweet Marjoram dry'd & rubbed to powder, strew it over y: Cotton pretty thick, then take Nutmeg Cloves & Mace, of each a quarter of an Ounce beat & sifted, & strew over y: herbs, & on that strew half an Ounce of Gallangals finely powder'd, then a row of Cotton, & another rag, & quilt it together, when you lay it on y Stomach dip it in hot Sack or Mountain Wine & lay it on as warm as you can bear it, it is good for a pain in y: Stomach -

To Make Cashew

302 take half an Ounce of balsam of Tolu put it into a Silver Tankard & put to it three Quarters of a pint of fair Water, Cover it very Close & let it simmer over a Gentle fire 24 hours, then take ten Ounces of loaf Sugar, & half an Ounce of Japan Earth both finely powder'd & sifted. & wet it with two parts of Tolu Water, & one part Orange flower Water, boil it together, almost to a Candy-height, then drop it on a pye plate, but first rub y: plates over with an Almond or Wash them over with Orange flower Water, it is best to do but five Ounces at a time because it will cool before you can drop it. After you have dropt them, let y: plates stand a little before y: fire, they slip off y: easier, if you would have them perfumed put in some Ambergrease.

A Pectoral Drink for a Woman with Child

Mrs Burkit

303 Take four Marshmallow roots, four Parsley roots, four Succory roots, two Violet roots, two brown fennel roots, one Ounce of sweet fennel seed, a Quarter of an Ounce of figs, a quarter of a pound of Raisons of ye Sun Stoned, a quarter of a pound of Liquorice Sliced, boil all together in two Quarts of Spring Water till it is half consumed, then take it off ye fire put to it a Quart of ye best Rhenish Wine, let it stand till Cold, Strain it off into Bottles, take six large Spoonfulls Morning fasting, & ye same at Night. a Month before your time. —

Mr Farquhar

Decoction of Bark

304 Take of ye best powdered Bark, one Ounce, Water a pint & half, boil them over a gentle fire till half a pint remains, set it by to settle till Cold, & when Strained add one table Spoonfull of brandy, & half an Ounce of Sugar. The Whole to be divided into four Draughts & one taken Night & morning. —

305 Ditto

For a Cough

a Quarter of a pound of Raisons of ye Sun Stoned, boil'd in a Quart of Water till it comes to a pint, add half ye Juice of a Lemon, & one Orange & half an Ounce of Manna, Strain it, & Drink a Cup Often. —

To Strengthen the Eyes

306

Lady Lowther's from Mrs Maynard

Take a half pint Bottle, & into it as many Rosemary Flowers, as will about half fill it, & then fill ye Bottle with Rum, & as much Camphire as it will dissolve, let it stand to infuse a day or two, & then Dip your Finger into ye bottle, & wet your Eye-lids with it two or three times in a day; Care must be taken that it does not go into ye Eye. —

Mrs Cock

307

Blackberry Jelly for ye Stone or Gravell

take blackberries before they are quite ripe, when turn'd red pick them & put them into a pot, tye them down close, & put them in a Kettle of Water, let them stand over ye fire till they are reduced to a Pulp; then strain them, & to a pint of juice put a pound of Sugar, boil it till it comes to a Jelly, & put it up for use. —

Take ye size of a large Nutmeg at Night going to bed, for eight nights together

Mrs Barne 308

Lady Lawley's Recipe for a Plaister to y. Back which is to be put on when the patient is ten weeks gone with Child & taken off at y: end of seven Months. the size of it to be Eleven Inches by six allowing y: Margin to be 3/4 of an Inch.

Take Gum Mastick & Elemi of each half an Ounce
Burgandy pitch three Drachms
Gum. Benjamin & Dragons blood of each two drams
Armenian Bole two Drachms
Troches Alaphi Marchat.m one Drachm
Venice Turpentine five Drachms
Red lead Plaister four Drachms
Oil Guinas four Drachms
Yellow Bees Wax one Drachm
India Balsam half a Drachm
Oil of Spike two scruples —

Mix & make a plaister of it according to Art

For a Cough

309
Mrs Baylie

take Balsam Tolu eight grains disolve in a sufficient quantity of yolk of an Egg — add two Ounces of Gum Arabic disolve in Spring Water five Ounces. two Ounces Rose Water Lump Sugar two drams Mix well together & take two Spoonfulls any time when ye Cough is troublesome —

Take two Ounces of ye above mixture one dram of Paregoric Elixir 15 drops of Hualam's Essence of Antimony mix together into a draught take at Night going to rest —

For a Deep Decline

310

Take a Calves bladder newly drawn Empty but not Wash it put into it a pound of White Sugar Candy tye it up quite close & put it into a running Water till ye sugar Candy is all dissolved to a Syrop which must be divided into three parts & taken three mornings successively, so early as to have a good sleep after it this has cured many in ye last Stage of a Consumption. —

Mrs Barne

Convultion Powder

Lady Smocks pale red & deep red, (ye deepest red is ye best) dryd & beat to powder.

311 To be given in a Spoon to a young child as much as will lay on a silver threepence in Water distill'd from ye same flower every two hours till ye fitts abate, & then afterwards as you see convenient till ye Cure is perfected.

To be given according to ye age of ye person from as much as will lie on a ~~silver~~ threepence to a silver groat, sixpence or a Shilling.

To be repeated at ye full & change of ye Moon, The flowers to be gathered in May.

For ye Palpatation of the Heart

Mr Farquhar take of sliced Sarsaparilla roots two Ounces Liquorish roots thinly sliced three Drams

312 Sal Polychrest half a Dram — Water two Quarts; boil them gently for half an hour then strain off ye decoction: mash ye boil'd ingredients very well in a Marble Mortar, boil them again with the decoction adding two quarts more of Water; after they have gently boiled till only a Pint remains, strain it for use.

N.B. in ye last boiling add 3 leaves of Mallin, not to put ye Salt in till it is strained

Nervous disorders

No. 313
Dr. Smith

Take two handfulls of Clary & infuse it in eight ounces of boiling water, stoping ye Vessel close. when it is cold strain it off. & add to it tincture of Russia Castor & saffron each two drams, sweet spirit of Vitriol two drams, syrup of quinces two ounces.— of this mixture take two ounces when langued, or low spirited

To help digestion

No. 314
Ditto

Take ye extract of gentian & make it into pills of about four grains each, one of which is to be taken immediately after every meal.— if ye extract is not sufficiently hard add ye powder of sweet fennel seed

a strengthening drink

No. 315
Ditto

Take ye roots of comfry, & boil it to a jelly, to two ounces of which add half an ounce of syrop of quinces. let it be taken at 12 o'clock at noon. & at 5 in ye even:

For a Consumption

316 take a large handfull of small Coal, or a large Coal broke into small peices, boil it in a pint of New Milk, about 5 or 6 minutes, let it stand to settle then pour it off through a peice of linnen Cloth, drink half a pint every day.

This Recipe came out of Nottinghamshire the Lady I had it from knew of great Cures it had done even in y: last Stage of y: disease Query, if the Coal here & there have all y: same properties.

For Distemper'd Cattle

317 take Daucus (that is Wild carrot) Angelica root, fennel Seed, Grunsell, Mesleto, of each a large Handfull, Eringo two Ounces boil these well in 12 Gall:ns of Spring Water for two hours, then take one Gall: of y: liquor & boil in it two Ounces of Cassia for half an hour. the use of this Gallon is to put a horn full down the Nostrills every time you give y: beast a drink thicken y: liquor with wheat Meal like Calves porridge when Cold put in two Ounces of Myrrh, two Ounces of Frankincence in powder. Give 3 or 4 quarts at a time 3 times a day for 3 days together, let y: Beast have both ~~both~~ meat & Water.

If they are bound put in two Ounces of Emplore Salt

Cold infusion of Bark

318 an Oz: of Bark powdered & a pint of Cold spring water let it stand 24 hours strain it off & take a Cup an hour before dinner & before Supper ~~[illegible]~~ put a Spoonfull of Brandy into y: bottle to make it keep —

For Shortness of Breath

Mrs Baylie 319 Gum Ammoniac three Drams dissolved in Eight Ounces of Hyssop Water add Tincture of Saffron one Dram Oximel of Squills one Ounce; two Spoonfulls of this to be taken once in six hours, shaking it well. —

For a Diabetis

Take of y: purest Chalk in fine powder two Ounces Gum Arrabeck half an Ounce, Water three pints boil to one quart strain it, & add a quarter of an Ounce of Isinglass —

Mrs Hare 320

For the Breath & Lungs

Mrs Hare 321 a Tea Spoonfull of Venice Turpentine put into a Teapot & fill up to y: Spout with boiling Water, Stop y: Spout & hold y: mouth over it with a Cloth over y: head to keep y: Steam that it may go down y: throat —

An Extraordinary Cure of a Cancer by ye: use of Clivers.

from Mr Paulin

A Woman of Abington had a bloody Cancer which had
322 Continued to eat away ye: flesh many years, her disorder baffled the art of many Gentlemen of ye Faculty, at last she was given up with ye: assurance that she would be eased of that misery in a Month or less The Revd Dr Bateman who attended her to pray by her declared he never saw such a deplorable Object, her Shrieks & ye: Offensive smell that came from her was dreadfull.

this Clergyman being acquainted with ye: Virtues of Herbs, recommended the use of Clivers, (otherwise hayriff or Goosegrass) which she did as follows ~~Did as as follows~~; she was charged to abstain from Coarse or salt meat & use thin Diet, she than took a Mercurial purge & twice a day between meals drank a Quarter of a pint of ye: Juice of Clivers, which she procured by pounding & squeezing them, at ye: same time she was order'd to take some of ye: juice & boil it & mix it with Hogs lard so as to make a soft green Ointment & constantly apply it to ye: Wounds laying ye: bruised Clivers over it & refresh it when it began to dry & take great Care to keep ye: Wounds Clean, this practice continued Six Months tho not without great persecutions,

for ye: benefit was so gradual she could hardly be persuaded she was better, tho ye: offensive smell was much abated which was convincing, that by perseverance a cure might be effected in time, accordingly (says ye Dr) I insisted on her going on with it, & it being a mild Winter there was Clivers to be found under warm hedges - in three Months more ye: Wounds were perfectly Cured, & I advised her to use them every Spring in order to prevent a return —

Another Cure by ye: Revd Dr Bateman

323 in his letter he says sometime after I had another opportunity of puting this Rec: in practice, Dr Bateman of Linoln College had an Acid humour in his blood breaking out in blotches all over his Arms, like Leprosy which, Mercurals &c &c &c could not remove he tryd ye Clivers, & applyd ye Ointment & was by there means perfectly Cured in about 3. Months, besides taking ye: juice, he eat ye Clivers as Sallad, as to meats he confined himself to white meats. & many others it has Cured

To make ye Ointment

Melt a ℔ of neat lard put as much Clivers

324 as ye: lard will moisten & boil it over a slow fire stir it often till it appears brownish then strain it through a Cloth, & when cold

131 take ye Ointment off ye Water ~~that will~~ that will remain at bottom, Observe all ye directions given in Dr Bateman's letter, & little more need be said, only take physick & drink ye juice at least a week before ye Ointment is applyd — ye bruised Cloves where applyd do often stay ye abundance of blood issuing from ye Wounds

For an Ague

Mrs Walker 325 Take half an Ounce of Bark 40 Grains of Snakeroot 30 Grains of Salt of Wormwood, mixt together & divided into four parts, & all to be taken between the Fits, in a Glass of redport wine

Mr Goodman

For the Whooping Cough

326 half a pint of double distilld Annised Water half a pound of ye Coursest brown Sugar boil this to a Syrup, & make small pennyroyal tea & sweeten it with this syrup, let them drink no other liquor.

~~take~~ a quarter of a pound of bay Salt, & a quarter of a pound of Salt Petre boild in a quart of Water to a pint, wash ye Soles of ye feet Night & morning with it, dry them by ye fire

For the Rhumatism

327 Two Ounces of Spirit of Turpentine
ditto of flour of Brimstone
ditto of sweet Oil
Mr Hare Mix in half a pound of Treacle —
Take two Teaspoonfulls one Night going to Bed, & every Night after take but one teaspoonfull —

Lime Water good for Gravell

328 ditto — a pound of Quick lime put in a Gallon of Water, let it stand 48 hours stirring it often then strain it off & bottle it. to make it opening add two Ounces of Stick Liquorice, cut & steep with ye: lime

Cold Cream good for frells & chaffed Skin & to thicken ye Hair

Mr Farquhar 329 take of ye: best White Wax half a lake best Oil of sweet Almonds half a pint, melt them together in a very clean sauspan over a slow fire, when Melted throw ye: whole into a large Bason full of Clean Water & beat it About briskly with a Silber Spoon for half an hour, change this Water & add as much fresh, beat it again for ye: same time, Then this water is to be poured

& a Quart of fresh rose Water to be gradually added in 133
place of it — it will be necessary to keep this continually
beating for at least an hour longer, when y: Ointment is
to be put into Gallypots or tea-Cups, but not to fill them
quite full; over y: top pour in a little fresh rose Water
& tye them over close with paper. —

Mrs Cock

For a Cough

330 One Ounce of whole Rice, one Ounce of Sago, one
Ounce of pearl Barly, one Ounce Candyed Eringo root,
boil all these in two quarts of spring Water till
it comes to near three pints. then Strain it, &
take a quarter of a pint twice a day, y: first
in a morning fasting & y: other in y: afternoon
or at bed time, mix'd with a spoonfull of new
Milk. —

For a Rhume in the Eyes

331 Take a pint of running Water & put it into a
Glass bottle than take y: white of a new laid Egg & beat
it very well & add to it as much White Vitriol as a large
Hazell nutt, finely powdered, beat them well together, & put
it in a bottle & shake it well Cork it & let it stand till y:
next day, then you may pour off some of y: Clear water
& wash y: Eyes, if there is a speck in it you may safely let
some into y: Eye —

~~For Worms~~

Mrs E. Gore

332

For an Ague

one table spoonfull of Brandy, ditto of Vinegar & ditto of Water, to be taken when ye Cold fitt comes on —

Mr Hare

333

For the Gravel

Six Ounces of Nephritick Water, six ounces of Syrup of Marshmallows, one Ounce of sweet Spirit of Nitre, Mix together, two Spoonfulls to be taken when in pain

Sir R B

334

To Cleanse ye Kidneys & bladder

make a decoction of Dutch Parsley roots, & Syrop of Marshmallows, to drink plentifully of

James Hare

335

A very fine Eye Water for weak or inflamed Eyes

Take 2 oz: of Bol: Armoniack } beat them together
1 oz: of white Copperas }

a Quarter of an oz: of Camphire dissolved in a Table Spoonful of Spirit of Wine — Mix all together in 2 Quarts of Spring Water scalding hot, but not boiling, let it stand 48 Hours — Filter it through a thick Muslin 4 Times doubled — then bottle it for use.

For Rheumatism –

Take of Sarsaparilla root sliced and bruised – 6 ounces

Sassafras Bark bruised
Shavings of Guiacum Wood } of each one oz
Liquorice root sliced

Mezerion root bruised three Drachms

Distilled water five quarts: boil it down to five pints.

To the Mezerion should not be added till towards the end of the process.

A moderate sized tea cup full is to be taken three times a day.

It should be kept warm and taken as much as possible on an empty stomach.

1835

1837

~~for a Dropsy~~

336 ~~Take a pint of milk of Tansy [illegible] [illegible] & spread it on cloths & [illegible] over~~

For the Rheumatism

337 Take of Garlick two cloves, of Gum armoniac one Drachm, bruise them together, make them into two or three Bolus's with fair water take one at night & one in the morning drink whilst taking this; Sassafras Tea made very strong. —

This has been generaly found to cure the Rheumatism in a few times taking, contractions of the joints. — & a hundred pound has been offered for the Reciept.

136 Pommade divine, good for all Sort of Swellings, Pains and Bruises & to prevent the ill consequences of them as Cancers Lumps &c for wch it is an almost infalliable Cure if applyd before they are open.

Mary of St. Marg.t

139 A Pound & half of Marrow, clear it from Strings & bones & put it into an Earthen Vessel filled with spring Water change ye Water Night & Morning for ten Days. - Steep it 24 Hours in a Pint of rose-Water. - then drain it quite dry thro' a linen cloth. - Take an ounce of Storax / ye dry Resin of the Tree so called / an oz: of Benzoin / ye Gum of the Benjamin Tree / an oz of Cypress Powder, ye odoriferous sort, an oz: of Orris of Florence, half an oz: of Cinnamon two drachms of Cloves, & two D: of Nutmegs. - All these must be finely powderd & mixd well with the Marrow. Put it into a pewter Pot (in ye shape of an ice Pot with two Handles) wch will hold three Pints, well coverd, & pasted all round with a Paste made with the white of an Egg & Flour, put it upon a piece of linen Cloth & over that an other piece of Linen, to cover it, for fear any should evaporate. Put the Pot in a Copper full of Water - it must be supported by the two Handles being rested on the Copper. there sh.d be a sufficient Quantity of Water in ye Copper to prevent ye Pot from touching any Thing - It must boil three Hours without ceasing a Moment, therefore you must having boiling Water ready to pour into ye Copper as fast as ye other diminishes, that it may be always of the same hight. Strain it thro' a linen Cloth & put it into Pots for use, but don't cover them 'till it is quite cold, nor touch it but with Silver. It is admirable

to prevent Mortifications in Wounds, melting some into ye 137
Wound without using a Tent.

Sir Edward Furvill's Salve

339 White Resin & brown Resin of each half a Pound
Venice Turpentine, Frankincense, Deer's Suet, white Wax
Olibanum pounded & sifted – of each of these a Quarter of
a Pound. Mastick one Ounce pounded & sifted.
Camphire one Ounce. – Boil these in a Quart of white
Wine 'till ye Wine is consumed.

Directions for making up the Salve.

Take the Resins, Wax, Frankincense & deer's Suet & melt
them thoroughly, when they begin to boil, strain them
thro' a linen Bag (pointed at one End) into a large Skillet
then melt the strain'd part thoroughly again, & when it is
a little warmer than blood warm, then put in the
Olibanum & mastick in powder well sifted, a little
at a time, ever stirring it 'till they are well incorporated
then add the white Wine & when it boils put in the
Camphire, keep it continually boiling & stirred 'till the
Wine is consumed, wch you will know by putting a drop
into the Fire, if it sparkles ye Wine is not consumed.
when it is take it off the Fire, & let it cool 'till it is
blood warm, then put in the Venice Turpentine & stir
it for a Quarter of an Hour – After this put it into a
Basin of cold Water & work it into Rolls. /

Doctor Hunter of York

For Weak Bowels

340 Fifteen Grains of Gum Tragacanth in fine powder dissolved in a small Tea Cup of Mint Water to be taken twice a Day

For the Dropsy

336 Two Pennyworth of White Frankincense melted in a Crucible, and spread on Leather apply it to the Stomach

Good against Infection

341 Take of Rue, Wormwood, Sage, Mint Rosemary and Lavender of each one Handful Put these together with a Gallon of the best Vinegar into a Stone pot Paste it over very close Set it within the warmth of the Fire, to infuse for eight Days Strain it off, Cork it close in Quart

Bottles - putting three quarters of an ounce of Camphire into each Bottle -

342 Gout Cordial

Rhubarb one ounce and a half - Senna one ounce - Coriander Seeds two Drachms Fennel seeds two drachms - Cochineal Saffron & Liquorish of each one drachm Infused in two Quarts of Brandy -

343 For Weak Eyes

Lady Dorothy Put into a half pint Bottle, as many Rosemary Flowers as will about half fill it - fill the bottle with Rum, and as much Camphire as it will dissolve - Let it infuse a Day or two - then dip your fingers into the Bottle - and Wet your Eyelids with it, two or three times a Day - taking care the liquor does not go into the Eye -

Gout in the Stomach

Dr Radcliffs

344

Raisins of the Sun stoned two lbs and a half Rhubarb sliced three half a pound Senna two ounces Coriander seeds one ounce Fennel Seeds one ounce Cochineal one ounce Saffron half an ounce, ~~Liquorice~~ Liquorice half an ounce Put these into a Stone Jug and infuse them in two Gallons of Brandy for ten Days stirring it every Day Strain it off add five more Quarts of Brandy and three ounces of Hiera picra let it stand a Month or five Weeks Bottle it take a Wine Glass of it if it does not give ease repeat the dose in two hours

For a Common Cough

345

4th Rows

Take three large Onions, Boil them in a Quart of Milk, till reduced to a Pint add a pound of Brown Sugar

Consumptive Cough

346

2d Rows

The Flowers of Elder, made into Tea, mixed with Milk, Sugar and Lemon Peel according to fancy — The Flowers when in Season should be gathered, dried in the Sun — & laid by for Winter use.

For Consumptive or Weak Habits

347

2d Rows

Mutton Fat boiled in Milk keep it stirring constantly in the same direction — should that be changed the Milk will curdle — A small Tea-cup to be taken at different times in the Day Lemon peel may be added to it

Mr Bom

A Particularly Strengthening Mixture

348 Iceland Moss boiled to a Jelly and mixed either with Broth or Milk —

Lady Bom

A Mixture when Medicine has proved too violent or when the Bowels are much affected

349 From one to two Tea spoonfuls of Botany Bay Gum mix it well with the same quantity of Gum Arabic Water and pour upon it, from one to two Wine Glasses of cold Water — In some cases give a small dose of Rhubarb first and then repeat the above every three or four hours —

For a Consumption

350 Put one pound of Coal into three Pints of ~~new~~ Skim Milk - let it Boil up once - & Skim it - then let it simmer till reduced to a quart ~~half the quantity~~ strain it & take a ~~Sea cup~~ a great Deal of a pint of it twice a Day -

A Gargle

Rev^d Mr Walker 351 Forty drops of Spirit of Sea Salt, one ounce half of honey of Roses, Barley Water half a pint, shaken together -

For a Burn

352 Mrs Vesey Dawson 8 Eggs - a pint of Oil - 2 Quarts of Lime Water -

To make the Lime Water

1 lb of quick Lime - pour on it 6 Quarts of Water - let it stand 24 hours - filter it through blotting paper put it by for use -

Mrs Percy Dawson

353

For a Sore Breast

One pound of Mutton Suet - ½ lb of white rosin, ½ a pint of salad oil: cut the suet very small, melt it over the fire and clean it into an Earthen Pipkin, then put it to the oil & rosin - the latter pounded very fine: boil it all together till the scum falls & it begins to smoke, then pour it into an Earthen pan till it is a little cool, & beat it up till it is quite cold & white. When it is used put a little into an Earthen pan or gallipot to melt it over the fire, dip into it a piece of old Linen, the size of the whole Breast - shake it - & put it on as hot as it can be borne - twice a Day - let the fresh piece be ready to put on before the old is taken off - this plaster will keep a length of time - and is excellent for bad & Wounds of all kinds —

From 3 Grains of Rhubarb to twice & from one to 3 grains
354 of Jemes's powder taken every Night for a
considerable time ——

For a Dropsy

355 Take 2 Handfulls of Lovewort washed clean
Mr Gosford put it into a small pot with a quart of Water
let them boil on a slow fire till the Lovewort
is soft and slimy then thicken it to a poultice
with Barley Meal adding a quart of House
Snails pounded in a Wooden bowl Shells
& all till quite fine, then Spread it on
a Cloth to apply it to the bowel as hot as
possible — it must cover the bowel let it remain
on for 24 hours & repeat it as often as necessary
N.B: It causes great perspiration draws the
Water to the part covered by the Poultice
& causes it to pass the natural way — The Patient
must remain in Bed, & lie as much on
the Bowels as possible & as the Bandage
slackens by the discharge of Water draw it

tighten — This recipe has been known to cure a Dropsy - after tapping & the Patient given over by the Faculty — House Snails merely means those ~~Shells~~ snails which have Shells — The poultice should have one Boil after the Snails are put into it — The Poultice should be put over the Skin & cover the entire Belly — The Sheets should be changed as often as necessary —

There are various kinds of Lovewort the proper sort is the Marchantia Conica & grows on Rocks —

Attention should be paid to the Patients Strength —

A Plaster for a Sore Breast

356 Half a pound of Honey to two ounces of
Lady Gosford Hog's Lard Melted, melted together but not
suffered to boil – add the Yolks of two Eggs
beat up with one Table spoonful of Flour
mixed gradually – put all together stirring
them over the Fire to warm – but not
boil — Spread the plaster the thickness
of a Crown piece, & warm the back of
the plaster before it is applied to the Wound.
It is good for all Wounds –

148.

357

Mrs William Gooch

For the Measles

To a child of ten or twelve years of age, give at the commencement of the symptoms four Grains of Jameses powders going to Bed — Should this make the Patient sick, reduce the quantity of the dose the next Night to three Grains these two doses are in general sufficient to bring the eruption out — when the eruption begins to sink put a small Blister on the Back — or if the Patient be a very young child, it may be better applied to the Chest —

The dose of Jameses powders should be reduced according to the Age of the Child —

This treatment has never failed to succeed —

For Scrofulous Sores

358 Mix one ounce of Nitric Acid in a Quart of
Spring Water - apply Linen made wet with
this to the part affected - Some Gentle
purgative should be taken occasionally
& the Patient should take Broth - or other Animal
For Rheumatism Food - Porter is good also.

Lady Rous Six Ounces of the Strongest Spirit of Sal Ammoniac
359 Two Ounces of Sallad Oil
One Ounce of Camphor powdered - mix - rub
the part —

Compound Ointment of Galls
for Piles

Mr. Wilson Powdered Nut-galls two Drachms.
~~359~~ Hard purified Opium powdered one Drachm.
360 Extract of Lead two Drachms.
Hogs Lard prepared & Ointment of Spermaceti
each one Ounce —

To the Hogs Lard & Spermaceti, being melted
together over a slow fire, sprinkle in the powders
Opium & Galls previously mixed & add the
extract of Lead — after which stir briskly till
the Ointment is cold —

Calomel Pills

Mr. Wilson

361

Take Calomel prepared,
Gum Ammoniacum powdered, of each
24 Grains,
Castile Soap 12 Grains – beat well together
and with a little Syrup of Ginger if necessary
make a Mass to be divided into 12 Pills –
Dose, one – at most, two –
Each Pill contains of Calomel 2 grs
Gum Ammoniacum 2 grs
Castile Soap — — 1 gr

Black Dose

Mr. Le Moon

362

1/4 Ounce of Senna leaves – infused in
1/4 of a Pint of boiling Water – Stand
3 hours before the fire – Strain it
and add 1/4 of an ounce of Epsom
Salts & one tea Spoonful of brandy –
Some Magnesia – Ginger of sequised
Three large Table Spoonfuls of this
Mixture is a dose –

Ld. Clanbrassill

A Pint of best sweet Oil ½ lb of red Lead. to be boiled over a slow fire, stirring it constantly with a stick, till it becomes black & thick; take it then off the fire & add ¼ lb of Resin pounded fine. two pennyworth of red Wax & as much Bee's wax — set it again on the fire, but do not let it boil over - (nor must the fire be allowed to blaze) continue to stir it, till done enough which you will know by dropping some on a plate, to which it will stick. Make it into rolls by putting it into a pail of cold Water and rolling it with your hands which must be first rubbed with butter. For use spread the Salve on Leather

or rag – it is good for Chilblains in any stage – & if put on at first will prevent their becoming bad – It is also good for all Cuts or bruises where the Skin is broken – if attended with inflammation apply a Poultice over the Plaister – and when the plaister comes off renew it till the Wound is healed –

For the Bite of a Mad Dog.

~~164~~
364
Mrs Hall

Cerevisia amara Viij
Tormentill Root ℥ij bruised
Mouse Ear one handful
Boil these ingredients in 2 quarts of Beer down to one quart – then strain & add
G. Guiacum
Asafoetida
Cinnamon
Castor a ʒ ij powdered fine, mix & take one pint Night and Morning bleeding

plentifully 2 hours before & after taking fasting —

N.B. The above quantity is a dose for a Beast — the half for a Man or Woman & in proportion for Children according to the age — The efficacy of this Medicine may be relied on if given any time before the symptoms of Hydrophobia appear — afterwards it will be useless to administer it ———

~~165~~
365

For Dysentery

A dose of Castor Oil given first —

Miss Savage

One Pennyworth of Logwood Chips put into a quart of Milk & boiled to a Third — One tea-cup full to be taken fasting every Morning —

For Worms

366 Two Pennyworth of Aloes dissolved in a pint of Whiskey for twenty four hours — One Tea-spoon full to be given a Child every Morning fasting — If the Child be delicate every other Morning — An Adult may take a Desert Spoonfull —

Miss Savage

367 For Epileptic Fits

Miss Savage One Ounce of Regulus of Antimony put into a Quart of Sherry — One Wine Glass to be taken 3 times the first Week — and twice every Week following untill the Wine is finished — Weak broth or light Whey to work it off, it sometimes affects the Patient with severe sickness &c — who must be extremely cautious of going into the Air — as the Medicine renders him very feeble and weak for a considerable time. Neither Milk Tea or Vegetables to be taken untill the Wine is done — Bread and

Broth for dinner the Day the Medicine is used — Veal & Fowl the Day it is not used — & Chocolate or Cocoa for Breakfast — Salt food at all times to be avoided — as also Spirituous Liquors —

Sea Water to be taken once a fortnight for 3 Months after the Medicine is finished.

36 d Mrs Savage

For Complaints in the Stomach occasioned by the constant use of Potatoes —

Half an Ounce of Ginger, half an Ounce of Magnesia put into a Pint of Peppermint Water One large table Spoonfull to be taken in the Day —

36 e Mrs Savage 9

Worm Ointment

Savin, Rue, Wormwood & Feverfew of each an equal quantity cut very small & Stewed in Hogs lard for an hour & half untill the Ointment

becomes a fine Green & the Herbs have lost their colour — The Stomach and Bowels to be rubbed with this Ointment Nine Nights & Nine Mornings — a Dose of Medecine to be taken the tenth Day — After having stopped nothing for some time — begin it again & use it as before —

For a Cold

370

Dr Gordlestone Yarmouth

On the first attack of Cold or Fever, of which Cold is the general forerunner, from four to eight Grains of Jame's Powders, taken in any sort of syrup, & an hour after, ten drops of Laudanum, which latter directs the operation of the powders to the Skin — drinking constantly warm Barley Water — or any other diluting liquor, keeping in Bed during the

effects of the Medicines, and the House until the Constitution is sufficiently strengthened, is almost a certain cure. let the symptoms be ever so unfavorable. Should the Medicine take no visible effect it may be repeated within four Hours —

Dinner Pills

341 Powder of Rhubarb 2 Drachms
Oil of Carraways 6 Drops
Extract of Chamomile a sufficient quantity to make into Pills —

Two Drachms make forty ~~Pills~~ eight Pills —

Take one or two Pills every Day before Dinner —

For a Cough

A Tea cup full of thick well boiled
Dr. Darwin Barley water, poured boiling into a
tea cup full of new Milk, well sweetened
372 with brown Sugar, or Sugar Candy.
9 add to this five Grains of Nitre —
To be taken in the Morning fasting,
at Night & if occasion require it, at
Noon also —

For Violent Head Aches

373 One Ounce of prepared Natron divided
into 16 equal parts, let one of these be
Lady Rous. taken two hours before & two hours
after dinner in a Wine Glass of Water —

Take one of these Powders at any time
when the head Ache comes on —

374

For the distemper in Dogs

Four grains of James's Powders twice a week. keep the Dog dry and warm —

another

Two Grains of ~~Cal~~ James's Powders every Night — and every Morning four Grains of Magnesia & Two of Rhubarb.

For the Stone in the Bladder.

374

Take a handful of only that part of Leeks which is White — the fibres of the root are the best; boil them in a quart of Water until it becomes a pint; strain it & drink half of it two hours before Dinner, & the other half two hours before Supper — Perhaps a quarter of a pint at first is as much as the Stomach will bear. Red Onions are better

Gargle for the Mouth

Mr Barclay

Take prepared Nitre two Drachms.
Clarified Honey - half an ounce
374 Distilled Water - Six ounces -
Mix - Then add Tincture of
Myrrh - four Drachms -
The Gargle to be used warm -

Aperient Mixture

375 For bilious obstructions - Spasms -
Mr Barclay or inflammations in the Bowels.
~~Mr Clarke~~
Armagh Take. Gum Arabic pounded. 3 Drachms
Sugar - 2 Drachms.
Water 2 ozs - To be mixed together
add. Castor Oil - 1 oz -
Cinnamon Water 2 ozs
Tincture of Rhubarb - 6 Drachms -
Two Table Spoonsful of this Mixture to
be taken immediately - & one every three

three hours after, until it operates -
after each Dose take a Saline Draught
in a state of effervescence with 15 Drops
of Antimonial Wine -

For Rheumatism

376 1 oz Spirits of Wine
1 oz Spirits of Turpentine
60 Drops of Oil of Juniper - mix
Take 30 Drops in a Wine Glass of Water
Night & Morning -

For Ague

377 Equal quantities of Black Soap, Gunpowder
& Tobacco finely sifted - Will mixed in
Brandy or Spirits of Wine till they will
spread upon Leather - a plaister of this
to be applied to the inside of each Wrist
two hours before the fit is expected - the
Wrists should previously be rubbed with
Vinegar - It will occasion great tiskness -

Bilious Pills

3 gr. of an Ounce of Aloes
378 1 gr. of an Ounce of Mastic: powder each of these seperately - & mix them together with a sufficient quantity of syrup of Wormwood to make a Mass of Pills divide into 150 - The Aloes must be carefully prepared with strong syrup of Liquorice - 1 - 2 - or 3 taken as necessary at dinner time -

Mild Dentifrice

Cuttle Fish Bone in powder
379 Orris Powder
Prepared Chalk
Cassia in powder of each 1 oz - Mix
Myrrh Powder

Asthma or
Cold accompanied by Spasmodic Cough

Rhubarb 30 Grains
300 Ipecacuanha 30 Grains
Mrs Edwards Squill powder 30 Grains
Lynn Ginger 10 Grains — make into 22 pills
Take two in the Morning & one whenever
the fit comes on —

For Bilious Complaints

301 Half a ℔ of Dandelion roots & leaves — put
it in ~~half~~ a pint of Water — boil half
Doctor Every away — Take the quantity in the course
of the Day —

Take also Goats Milk Whey —

For Bilious Complaints

Mrs Henry One Tea spoonful of Sac Sulphur — do of
Bence the best Magnesia in a tea ~~spo~~ cup full of
302 Milk — To be alternately taken & repeated
four Nights —

Artificial Salt Water

303 One ℔ of Bay Salt to every two Gallons of Water —

For the Ague —

304 Miss Schuyler

Three Drachms of the finest powdered Bark —
One Drachm ~~of~~ and half of Venice Treacle — to be made into a mass with syrup — divide into three equal parts, which are to be taken at divided intervals between the Ague fits — drinking after each dose the Juice of half a large Lemon — & half a glass of White Wine.

305 Tic Douloureux

Half an ounce of extract of Cicuta (Hemlock)
quarter of an ounce of extract of Opium —
Mix well, & spread on Apothecary's Sticking
plaister about the size of half a Crown
& left on the part affected untill it drops
off. & another substituted, as long as
necessary.

For Sprains & Bruises

306 Two ounces Soap Liniment
Mr
Balfour 1/4 oz liquid Laudanum
1 Drachm Spirit of Sal Volatile —
Rub well & frequently ——

For a Dropsy

Lady Gosford

Take a Drachm of Saltpetre dissolved in a teacupfull of Camomile tea every Morning — This with

307

common attention to General health, has proved effectual in many instances of this complaint

N.B. Should the dose appear too strong, diminish the quantity: & increase it by degrees till it come to the full quantity.

Eau de Cologne

3 P S

Three Pints of Medicated Spirits of Wine -

Eau de Melisse composée ½ pint

Essence of Bergamott ½ oz -

Essence Neroli ½ drachm

Essence de Citron 1 drachm

Essence de Romarin -

Mix in a Stone bottle close stopped —

Sedative Mixture

Dr Bingham

Take of Carbonate of Soda 1 Drachm

Lemon juice a sufficient quantity

to saturate the Salt –

389

Essence of Cinnamon

Peppermint dropped on

a small piece of Sugar of each 8 drops

of Pure Water five ozs –

Spirit of Sweet Nitre 80 Drops

Antimonial Wine 60 drops

Compound Spirit of Lavender 1 Drachm

Mix

Take 2 Table Spoonfuls every three

or four hours –

For Lumbago

390

Spirits of Wine 10z

St George Hospital Spirits of Turpentine 10z

Oil of Juniper 60 Drops

Take 30 drops Night & Morning in a Wine Glass of Water.

To Cure a Sprain

391
Miss Twiss

Gin 1/2 a pint

Camphor 1/2 an oz:

Castile Soap quarter of an oz:

Sweet Oil one oz:

Spirit of Turpentine one oz:

Mix well.

Rub with this Night & Morning & keep warm with flannel —

H
170

For Tooth Ache

392 One drachm of Alum
Seven drachms of Sweet Spirits of Nitre — rub
Mr Hull them well together in a Mortar — Apply
a little to the Tooth & Gums with a small
hair pencil — or a piece of Cotton —

The most nourishing Broth to be made

3 Pounds of Lean Mutton } cut ~~alternately~~ in slices & placed
3 or 4 Turnips } alternately —
Put it into a Jar without water, & let it
stew in another vessel with water for 4 hours —

Gout –

20 to 30 Grs of Carbonate of Soda – one tea-spoonful of Salvolatile, & from one to two tea spoonfuls of Tincture of Rhubarb twice a day in water –

Palpitation of the Heart

Dr. Blackburn

Tincture of Valerian – ½ an Oz:
Tincture of Castor – ½ Oz:
Tincture of Opium – 40 – Drops
Compound Tincture of Lavender 5 Drachms

To be well mixed – A tea spoonful to be taken in a wine glass of water –

& to be in a reclining position –

Rose Water — 1 pint

Gum Storax 1 oz:

Benzoin or Gum Benjamin 1 oz:

Sweet Orris powder 1 oz:

Sweet fresh Orris powder 1 oz:

Cinnamon 1/2 oz:

Cloves 2 Drachms

Nutmegs 2 Drachms.

Mr Mayhew will be particular to let the ingredients be all fresh particularly the Orris powder

A number of blank pages follow and have not been photographed.

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Aqua mirabilis	33	13
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Loosness —	114	41
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S

W

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J

K

Nep is Cats mint

Nep is Cats mint

A
COLLECTION
OF
RECEIPTS.

M: Bernard 17

78134

Collec[illegible] Receipts

med[illegible]

Scruple
Penny wt
Dram
Ounce
[illegible] pound

2 pints make one qu[illegible]
2 quarts one pot[illegible]
2 pottles one Gal[illegible]

Annis, Carawy, Cummin, Fenn[illegible]
Bishops weed Daucus, mallage, C[illegible]

Citrul, Cucumber, Gourd, Melo[illegible]
Succory, Endive, Lettuce, Purs[illegible]

The 4 Lesser