[Report of the Medical Officer of Health for Poplar, Metropolitan Borough].

Contributors

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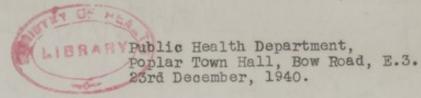
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To the Mayor, Aldermen and Councillors of the Metropolitan Borough of Poplar.

Sir, Ladies and Gentlemen,

In accordance with the Ministry of Health Circular 2067 (England) this Report is an abridged Interim Report on the health of the Borough for the year 1939. Appended will be found summaries of the principal vital and other statistics.

The birth and death rates do not call for special comment, but it is not to be expected that the infant mortality rate, which is the lowest ever recorded in the Borough, is likely to be maintained.

The expected epidemic of Measles did not occur and the incidence of other infectious diseases was below normal. At the time of writing, however, there are indications that Measles is on the increase and it is probable that in the coming months and under the present conditions of living in shelters there may be some difficulty in dealing with a large number of cases, but with some measure of medical supervision at public air raid shelters efforts will be made to limit the spread of infection, and to secure the prompt removal to hospital of cases as they occur.

The general public in this Borough are being encouraged to uso

their Anderson shelters, with some degree of success.

There are no known means of prophylaxis against some of the commoner infections such as colds, influenza, measles, scarlet fever and whooping cough, but against diphtheria artificial immunisation is an almost certain preventive. Public attention has been drawn to this by means of posters exhibited throughout the Borough and it is hoped full advantage will be taken of the facilities available. General inoculation against typhoid fever is not advisable at the moment but arrangements are under consideration for enabling us to offer this means of protection to the public should circumstances arise which render this action advisable.

Although the normal activities of the Maternity and Child Welfare section of the Department were soriously interfered with owing to a large proportion of the staff being allocated to duties at First Aid Posts resulting in the infant welfare and ante-natal centres being closed temporarily, the more urgent cases were visited in their homes by Health Visitors.

Once again I wish to thank the members of the Council for their consideration during the past year and to the officers of other Departments as well as to members of my own staff I offer sincere thanks for their loyal co-operation during a very difficult period.

I am, Sir, Ladies and Gentlemen, Your obedient Servant,

W. ALLAN YOUNG,

Medical Officer of Health.

STATISTICS AND SOCIAL CONDITIONS.

AREA. 2,136 acres.

The	number of inhabited houses was	 24,109
The	rateable value	 £779,170
Sum	represented by a penny rate	 £3,110

POPULATION.

Census 193	31		,	155,089
(a) for	General's excalculation calculation	of birth :	rate	: 131,200 124,100

LIVE BIRTHS.

Legitimate Illegitimate	Total. 2,022 43 2,065	M. 947 16 963	1,075 29 1,102	Birth rate 15.7 per 1,000 of the estimated population.
STILL BIRTHS.	Total. 52	M. 27	F. 25	Rate per 1,000 total births 25.1
DEATHS.	Total 1,534	M. 842	F. 692	Death rate per 1,000 population (a) Crude 12.4 (b) Adjusted by comparability factor 13.7

DEATHS FROM PUERPERAL CAUSES.

Puerperal sepsis ... 2) Rate per 1,000 total births 2.42 Other puerperal causes 3)

INFANTILE MORTALITY RATE.

All infants per 1,000 live births 31 Legitimate infants per 1,000 legitimate live births 29 Illegitimate infants per 1,000 illegitimate live births 119

CLASSIFICATION OF DEATHS.

The causes of deaths were as follows:- typhoid and paratyphoid fevers 0, Measles 1, scarlet fever 0, whooping cough 4, diphtheria 5, influenza 29, encephalitis lethargica 0, cerebrospinal fever 1, tuberculosis of respiratory system 92, other tuberculous diseases 3, syphilis 0, general paralysis of the insane 5, cancer 231, diabetes 15, cerebral haemorrhage 52, heart disease 526, aneurysm 12, other circulatory diseases 75, bronchitis 76, pneumonia 88, other respiratory diseases 8, peptic ulcer 23, diarrhoea 13, appendicitis 8, cirrhosis of liver 3, other diseases of liver 8, other digestive diseases 16, acute and chronic nephritis 18, puerperal sepsis 2, other puerperal causes 3, congenital debility, premature birth, malformations, etc. 30, senility 14, suicide 17, other violence 54, other defined diseases 102, causes ill-defined or unknown 0. Total deaths 1534.

INBANTILE MORTALITY.

There were 63 deaths of infants under one year of age. The causes of deaths were as follows:- whooping cough 2, tuberculosis of respiratory system 1, bronchitis 2, pneumonia 11, diarrhoea 1, congenital debility, premature birth, etc. 30, violence 1, other defined diseases 5.

GENERAL PROVISION OF HEALTH SERVICES IN THE AREA.

NURSING IN THE HOME.

The number of visits paid to cases by the nurses from nursing associations was 583.

WERFARE CENTRES.

The number of attendances at Maternity and Child Welfare Centres up to the end of August, when the Centres were closed, was:

Borough (Jouncil.	Royal College of	Total.
manus, respectively of Princeton and		St. Katharine.	
32,1	117	20,040	52,157

VISITS PAID BY HEALTH VISITORS.

The numbers of visits paid by Health Visitors were:-

Borough Council.	Royal College of	Total.	
	St. Katharine.		
20.292	24.114	44.406	

CHILD LIFE PROTECTION.

187 visits were made to Foster Mothers and Children.

Foster	Mothers	under	supervision	during	1939	22
Foster	Children	1 11	17	11	11	25

STERILE MATERNITY OUTFITS.

418 sterile maternity outfits were issued - 2 at half-price and 416 free.

OBSTETRIC CONSULTANTS.

The consultants were called in on two occasions.

CONVALESCENT TREATMENT, etc.

convalescent cases:

Mothers with babies 18
Mothers alone ... 3
Ohildren under 5 years 30

MILK SCHEME.

7,006 applications for free milk were received and 5,504 were granted. Orders for 111,468 pints of milk and 20,247 pounds of dried milk were issued.

SANITARY CIRCUMSTANCES OF THE AREA.

Routine work could not be fully maintained with many of the staff assigned to other duties, but approximately 21,000 inspections and reinspections were made by the District Sanitary Inspectors.

HOUSING.

The Housing Inspectors, like the District Sanitary Inspectors, were assigned to duties in connection with the Casualty Service and when not engaged in that service deputised for the District Inspectors.

INSPECTION AND SUPERVISION OF FOOD.

The Meat and Food Inspectors made 4,543 inspections of premises where is prepared, stored or sold. 478 visits were paid to slaughterhouses and 3,592 carcases were inspected.

REPORT OF THE PUBLIC AMPLYSTS.

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proportion

The number of samples examined was 607 and the number adulterated was 3.6 per cent. The averages for the ten years 1930-1939 were 794 and 4.6, respectively.

PREVALENCE AND CONTROL OVER INFECTIOUS AND OTHER DISEASES.

The incidence of infectious disease generally was below normal.

Notifications (corrected for "altered" diagnosis"

Casos / Iccolved duling	one year.	Deaths.
Scarlot fever	228	-
Diphthoria	154	5
Typhoid and paratyphoid	fevers 1	-
Erysipelas	74	-
Puerperal fever	13	2.
Puerperal pyrexia	30	-
Corebrospinal fever	3	1
Ophthalmia neonatorum	9	-
Measles	60	1
Whooping cough	419	4
Primary pneumonia	167	24 @
Influenzal pneumonia	28	9 @
Dysentory	7	-
Zymotic enteritis	74	13
Acute poliomyelitis	2	1

^{*} not previously notifiable.

TUBERCULOSIS.

The number of new cases notified during the year and the number of deaths were as follows:-

	Now cases.	Deaths.
Pulmonary	175	92
Non-pulmonary	31	3

Death rates per 1,000 population:-

Pulmonary 0.74 Other forms 0.02 0.76

The number of cases on the register at the end of the year was 797. The number on the Tuberculosis Dispensary register at the end of the year was:

Definitely tuberculous 645 Diagnosis not completed 29

674

PUBLIC EDUCATION. 151 lectures were given, the attendances totalling 5,076.

[@] notified cases only.

