

Illustrated risk factors for safe motherhood in Uganda. Colour lithograph by Ministry of Health Family Planning Division, ca. 2000.

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RISK FACTORS FOR SAFE MOTHERHOOD

*If you bleed during pregnancy
before the baby is due for
delivery!*



*If you are physically handicapped
in the lower limbs!*



If you are shorter than 150 cm tall!



*If your pregnancy is abnormally large,
eg. in case of twins!*



*If you have ever had
a cesarean operation before
or have scars on your
abdomen!*



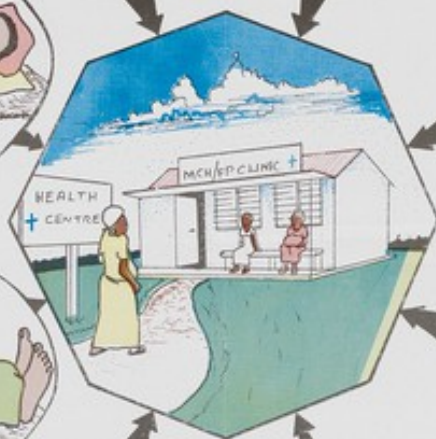
*If your feet are swollen or sore
during pregnancy!*



*If the baby does not turn properly in time
to be born with the head first!*



*If you are generally weak,
anaemic or have
little blood!*



**Visit your nearest Antenatal Clinic
early in pregnancy and regularly!**

