

**A mother feeding her baby water: preventing illness in children in Uganda.
Colour lithograph by Ministry of Health, 2002.**

Publication/Creation

[Kampala, Uganda] : Ministry of Health, [2002]

Persistent URL

<https://wellcomecollection.org/works/kpb9dtxm>


License and attribution

Conditions of use: it is possible this item is protected by copyright and/or related rights. You are free to use this item in any way that is permitted by the copyright and related rights legislation that applies to your use. For other uses you need to obtain permission from the rights-holder(s).

**wellcome
collection**

Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
<https://wellcomecollection.org>

TIPS ON FEEDING A SICK CHILD.




Healthy Henry says,
when your child is sick do
the following to help her
or him get well fast:

- Give plenty of fluids.
- Encourage him or her to eat plenty of food.
- Continue to breast feed.



The health worker said that fever
has made my child's body lose a
lot of water. That's why I am
giving him lots of fluids to help
him keep strong.

- 
- Give the child plenty to drink, at least two or three large tumpecos a day.
 - Encourage them to eat by making their favourite foods.
 - Add one extra meal a day for at least a week after the child is better to build up their strength.