

**A health worker holds the hand of a mother with her baby: family planning in Nigeria. Colour lithograph by Planned Parenthood Federation of Nigeria, ca. 2000.**

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# I trust her advice



## so I can plan my tomorrow now

### Visit the nearest PPFN clinic

For confidential counselling on safe, modern and reliable child spacing methods suitable for both of you, make a stop at the nearest Planned Parenthood Federation of Nigeria Clinic.

**SOKOTO STATE**

15, Waziri Road, P. M. B 2418, Sokoto. Tel: 060-236599



**Planned Parenthood Federation of Nigeria (PPFN)**

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