A mother breastfeeding and another feeding a toddler nutritional food: in Nigeria. Colour lithograph by Jam'iyyar Matan Arewa Resource & Training Center, ca. 1995.

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## Tabbatar da Koshin Lafiyar Jariri

Shayarda Jariri Nonon Uwa Zunzurutu Daga Haihuwa har Tsawon Wata Shida



Daga Wata Shida Sai a Gabatar da Abinci Masu Gina Jiki



Keep Your Baby Healthy

Breast-feed Your Baby For The First Six Months

Add Nutritional Food After Six Months

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