

**A contented mother breastfeeds her baby in a hospital bed tended by a nurse: promoting benefits of breastfeeding in Nigeria. Colour lithograph by Ministry of Health & Social Welfare, ca. 1994.**

### **Publication/Creation**

Nigeria : Designed and produced by Wellstart International Nigeria : Johns Hopkins University/Population Communication Services, [1994?]

### **Persistent URL**

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**Give your baby the  
FIRST BREAST MILK  
within**

**half hour of birth.**



**It protects baby against infections.  
It cleans baby's stomach.**



Designed and Produced by Wellstart International (Nigeria) and  
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