

Drug abuse awareness guide: National campaign against drug abuse in Kenya. Colour lithograph by NACADAA, ca. 2000.

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DRUG ABUSE AWARENESS GUIDE

DRUG GROUP CLASSIFICATIONS	ILLUSTRATIONS	DRUG EXAMPLES	NAME	STREET NAMES	SYMPTOMS OF ABUSE	DURATION OF EFFECT AND METHODS OF USE	CONSEQUENCES
NARCOTICS		OPIUM MORPHINE CODEINE THEBAINE HEROIN Semi Synthetic Synthetic	(Opiate derivatives) FENTANYL METHADONE	Opium Powder (Pantofen), Morphine Codeine, Tablet/Injection Thebaïne Brown Sugar, Lapot, Unga Arubadir, Smack, Shit, Stuff, Horse Dolophine	Euphoria, mental clouding, spathy, drowsiness, Poor appetite, poor concentration, emotional disinhibition, reduced sexual urge.	3-6 hours * Smoking * Sniffing * Injection	Physical & psychological dependency, drastic change in life-style, premature death.
STIMULANTS		COCAINE COCA LEAVES KHAT Synthetic Stimulants	COCAINE KHAT PEMOLINE AMPHETAMINES	White Sugar, Unga, Mweupe, Coke, Snow, Rock, Coco, Chunk, Cocktail. Mirungi, Miraa, Mbaga Pemoline Tablet Dexedrine, Speed, Uppers	Trembling, emotional disinhibition nervousness, nose bleeding, sleeplessness, violence, lack of interest, loss of appetite and weight, Rapid pulse. Euphoria restlessness, increased alertness, sleeplessness, trembling.	1-2 hours * Smoking * Sniffing * Injection * Chewing	Perceptual distortion, drug dependency, chronic cough, permanent brain damage, increased risk of heart attack, premature death. Brain damage, drug dependency, thought disorder, violence, premature death.
SEDATIVES DEPRESSANTS		BARBITURATES BENZODIAZEPINES CHLORAL HYDRATE	Secobarbital Amobarbital Pentobarbital I. Diazepam II. Chlordiazepoxide III. Lorazepam (etc)	VALIUM Librium, Loxantan, Ativan Sleeping tablet Noctec	Memory impairment, disorientation, violence, slurred speech, drunken behaviour without odour of alcohol.	1 - 16 hours * Taken orally * Injection * Rectal	Drug dependency, muscle contraction, extreme fear, convulsion, toxic psychosis, possible death.
CANNABIS		MARIJUANA HASHISH HASHISH OIL TETRAHEDRO CANNABINOL	MARIJUANA	Bhang, Mchicha, tod, Dagga, Indian Hemp. Grass, weed, stone, Ganja, Kaya, Pot, etc Hash, Hashish THC	Impaired concentration, emotional disinhibition, distorted perception, panic attacks, cough, blood shot eyes, increased appetite.	2- 4 hours * Smoking * Injection * In food	Drug dependency, lung disease, brain damage, Impaired motivation, affects sexual behaviour, possible birth defects, psychosis.
DESIGNER DRUGS		Amphetamine Variant: DEXAMPHEMINE	(Synthetic Stimulants) AMPHETAMINE	Black tar, China White, Demerol (MPPP) Dom, STP, MDA, ecstasy MMDA, TMA	May cause heroine-like symptoms. May cause ampheta mine-like symptoms.	VARIABLE * Taken orally * Injection	Addiction, crippling effect, AIDS, possible death, Dizziness, insomnia, dysphoria, tremors, headaches, irritability and restlessness, irritability and restlessness, elevated blood pressure, tachycardia, palpitations.
NICOTINE		Cigarettes, Tobacco etc.	TOBACCO	Snuff, Taba, Cigar, Fegi, Tumbaku, Ugoro, Sonyo.	Shortness of breath, bad breath, smoker's cough, wheezing asthma.	VARIABLE * Smoking in wraps, pipes * Chewing	Chronic bronchitis, pneumonia, emphysema, constricted blood vessels, cancer.
CAFFEIN		(Mild Central Nervous System stimulants)	Tea, Coffee, Kola Nut etc.	Tea, Coffee, Kola, Gworo, Shay, etc.	Increase alertness, nervousness, palpitation, sleeplessness	VARIABLE * Drinking	Agitation (craving desire) habitation (Increase in dosage); peptic ulcer, withdrawal symptom, psychological dependence.
VOLATILE SOLVENTS (INHALANTS)		INHALANTS Aerosol	INHALANTS	Gasoline, correction fluid, rubber solution, aerosol, nail polish remover, kerosene, butyl Nitrate.	Euphoria, emotional disinhibition, sneezing, perceptual distortion, nauseas, fatigue, nose bleeds, blood shot eyes, thirst, bad breath.	VARIABLE * Inhaling	Toxicity, damage to lungs, brain, liver and bone marrow, blindness, sudden death.
HALLUCINO GENS		LYSERGIC ACID DIETHYLAMIDE (LSD) PHENCYCLIDINE Mescaline	LSD (Lysergic Acid Diethylamide)	LSD, PCP, Angel dust peyote, Cactus etc.	Thinking disorder, poor perception of distance, time, space and body image. Anxiety, illusions, euphoria, hallucinations.	8 - 12 hours * Taken orally * Injection	Flashbacks, panic reaction, violence, psychosis, "bad trips."
ALCOHOL		ALCOHOL	(Antioxylic drugs) ALCOHOL	Mtindi, Ngano, Choz'i la Simba, Gongo, Beer, Booze, Water, Wine, Whisky, etc (Expand)	Staggering, happy, excited, emotional disinhibition, motor inco-ordination, slurred speech bad breath.	VARIABLE * Taken orally	Neurological damage, impaired memory, judgement, intellect psychosis, liver cirrhosis, impotence, weakness, weight loss.

PERSISTENT AND PROLONGED USE OF PSYCHO-ACTIVE DRUGS PRODUCE WITHDRAWALS ON STOPPAGE
THEY ALSO INDUCE SUICIDAL AND HOMICIDAL TENDENCIES. USERS ARE ALSO PRONE TO SEVERE SOCIAL DISABILITIES



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