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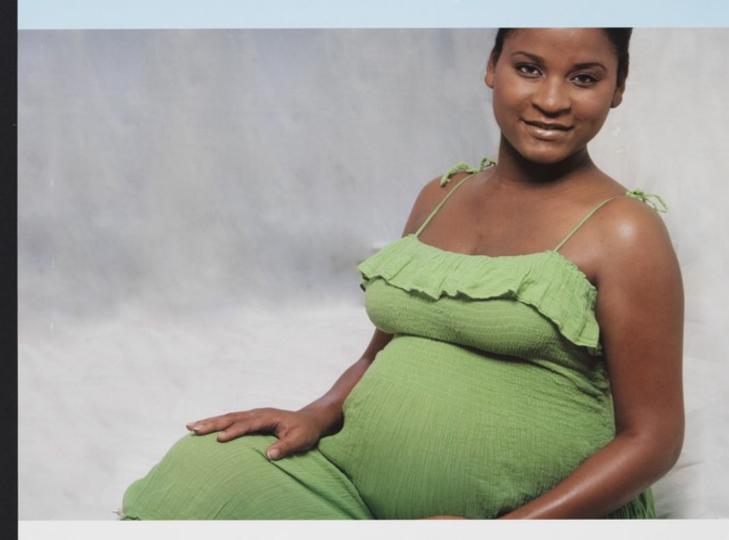
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Healthy Pregnancy

- As soon as you realize you are pregnant, visit your nearest health facility
- During pregnancy, go for at least 4 antenatal care visits to make sure you give birth to a healthy baby
- Sleep under an insecticide treated net every night
- Plan to deliver your baby in a health facility.







Afya Leo ni Uzima Kesho

