

**Silhouette of a one-legged figure on crutches: World Diabetes Day in Kenya. Colour lithograph by Ministry of Health, 2005.**

**Publication/Creation**

Kenya : Ministry of Health, 2005.

**Persistent URL**

<https://wellcomecollection.org/works/eks62g6r>

**License and attribution**

Conditions of use: it is possible this item is protected by copyright and/or related rights. You are free to use this item in any way that is permitted by the copyright and related rights legislation that applies to your use. For other uses you need to obtain permission from the rights-holder(s).

**wellcome  
collection**

Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>

# Diabetes and Foot Care

**PUT FEET FIRST  
PREVENT AMPUTATIONS**

- **FOOT PROBLEM** is the most common complication of **DIABETES**
- **15%** of all people with diabetes will be affected by a foot ulcer in their lifetime.
- **85%** of all amputations begin as a foot ulcer.
- **Every 30 seconds** someone loses a limb due to diabetes in the world.
- **The majority of amputations** can be prevented by taking good care of the foot.
- **Put your foot first; avoid amputations!**



**WORLD DIABETES DAY  
14TH NOVEMBER 2005**



*A message from Division of Non-Communicable Diseases - Ministry of Health - Kenya*