

**Illustrated ways to prevent bird flu in Kenya. Colour lithograph by The National Taskforce on Avian Influenza, ca. 2000.**

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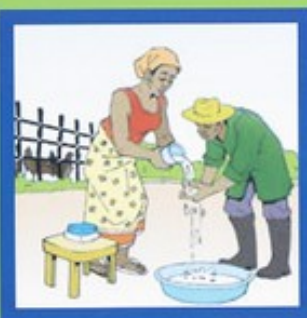


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# Zuia homa ya ndege nchini Kenya



**Homa ya ndege ni ugonjwa unaoathiri kuku na ndege wengine. Unaweza kuenezwa kwa binadamu na wanyama. Jikinge wewe mwenyewe, familia yako na jamii yako kutokana na homa ya ndege.**



## NAWA MIKONO

Nawa mikono kwa kutumia maji na sabuni kabla na baada ya kugusa kuku au ndege na baada ya kuwatayarisha ili wapikwe



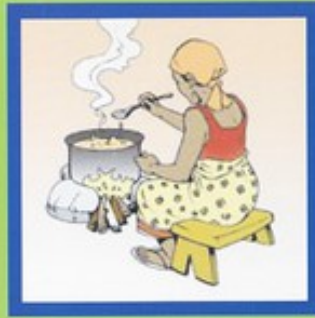
## DUMISHA USAFI

Baada ya kuwatayarisha kuku au ndege ili wapikwe, safisha vyombo vilivyotumika kwa kutumia maji na sabuni



## UTUPAJI SALAMA WA TAKA

Wachome hadi wawe jivu, kuku na ndege waliokufa kutokana na sababu zisizo julikana. Hii ni pamoja na manyoya, damu na mabaki ya kuku.



## PIKA VIZURI

Pika kuku na ndege hadi damu ikauke. Mayai yanapaswa kupikwa hadi yakauke kabisa.