A nutritionist displaying an image of fresh food to a group: importance of nutrition to combat diabetes in Kenya. Colour lithograph by Ministry of Health, ca. 2000.

Publication/Creation

Kenya : Ministry of Health, [2000?]

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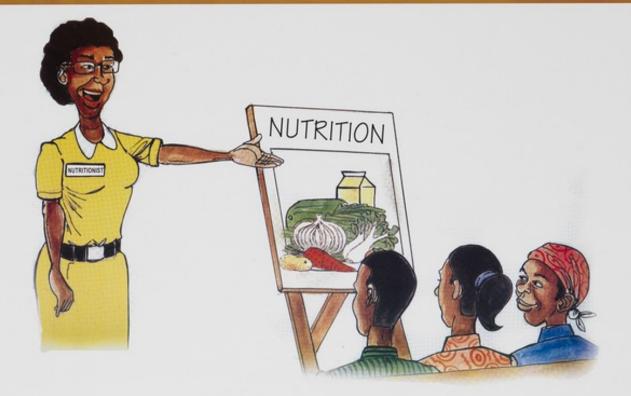
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All people with diabetes require proper diabetes education.

Diabetes can be managed in one of these ways;

- 1. Diet and exercise
- 2. Diet, exercise and oral medication
- 3. Diet, exercise, insulin with or

without oral medication



For more information on Diabetes contact your nearest health facility or Diabetes Management & Information Centre. Tel: 2718010/2733794

