

A newborn, a child, a pregnant woman and a man with tetanus: vaccinating against tetanus in Kenya. Colour lithograph by KEPI, ca. 2000.

Publication/Creation

Kenya : Ministry of Health, KEPI Kenya Expanded Programme on Immunization, [2000?]

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PROTECT YOURSELF AND YOUR FAMILY FROM TETANUS

WE ARE ALL AT RISK ... TETANUS STILL REMAINS A KILLER DISEASE IN KENYA.



Tetanus Affects New Borns Especially Those Born Of Mothers Not protected from the disease. New born children affected by Tetanus have the following signs:

- stiffness of the jaw (lockjaw)
- stiffness of the neck
- difficulty in swallowing/ sucking
- abdominal muscles spasms
- Sweating and fever
- Convulsions

REPORT: any case of a child who was born normally sucking and after 2 - 3 days shows the signs above should be reported. Over 70% of children that get tetanus die and those who survive require special medical care.

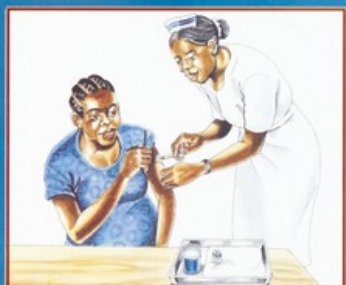


Older Children are Equally Affected

Symptoms begin to occur about 8 days after infection but may occur even after 3 weeks and they may include:

- Headache
- stiffness of the jaw (lockjaw)
- Severe muscle spasms
- Sweating
- Fever
- Stiffness of abdominal muscles
- Difficulty swallowing

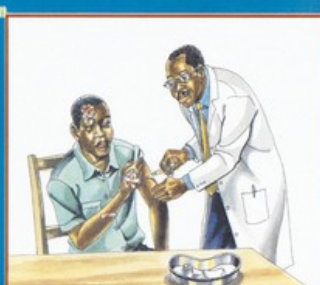
Note: Lockjaw is one of the most dangerous symptoms because it can lead to death by Suffocation



Pregnant Women Also Requires Protection From Tetanus Pregnant Women Require vaccination to protect them and their Un - born baby

Tetanus Doses	Pregnancy	When Given
1st Dose	1st Pregnancy	At first visit (Between 4 - 6 Months)
2nd Dose	1st Pregnancy	At 1 month after TT1 (Latest 8th Months)
3rd Dose	2nd Pregnancy	At first visit (Between 4 - 8 months)
4th Dose	3rd Pregnancy	At first visit (Between 4 - 8 months)
5th Dose	4th Pregnancy	At first visit (Between 4 - 8 months)

Note: Any other pregnancy after the 4th does not require Tetanus Vaccinations. Pregnant Women should visit the clinic at least four times before delivery



Tetanus Affects Adults Too.

Adults get Tetanus through many types of Wounds including:

- Body Piercing
- Lacerations
- Cuts
- Surgical wounds
- Animal bites
- Splinters
- Tattoos
- Injection drug use

The signs and symptoms are like those of older Children Remember: Adults get injured more while doing their Day to day activities

Tetanus attacks both men and women



Prevention is Better Than Cure

Tetanus though a Killer disease can be prevented through Vaccination. Five doses of Tetanus Toxoid (TT) are required to protect you and your family from Tetanus



Vaccination Saves Lives

Tetanus Doses	When Given	Duration of Protection
1st Dose	At first contact with a health facility or/ and within seven days following an injury	Nil, it does not offer protection but prepares the body for protection.
2nd Dose	One month after the 1st dose is given	1 - 3 Years Protection
3rd Dose	Six months after the second dose given	5 Years Protection
4th Dose	One year after the third dose is given	10 Years Protection
5th Dose	One year after the fourth dose is given	20 Years Protection