

A toilet, washing hands, drinking treated water and cooking and storing food safely: how to prevent cholera in Kenya. Colour lithograph by the Ministry of Public Health and Sanitation, ca. 2000.

Publication/Creation

Kenya : Ministry of Public Health and Sanitation, [2006?]

Persistent URL

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You Can **STOP** Cholera!

Cholera is a dangerous disease caused by germs that make a patient to pass excessive watery diarrhoea, leading to death within 3 to 4 hours if not treated quickly.

HOW TO PREVENT CHOLERA



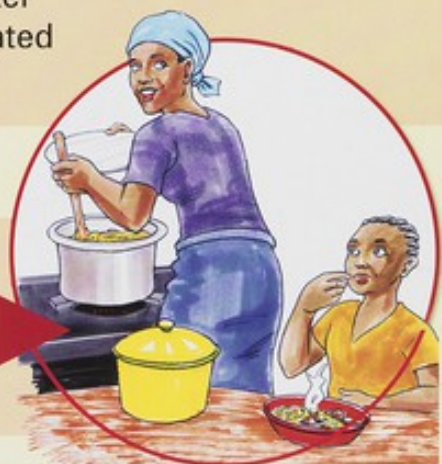
Always use a toilet to dispose all faeces, including children's faeces. Ensure the toilet is clean all the time.

Always wash hands with soap and running water after using a toilet, handling a child's faeces or before preparing and eating food.



Protect sources of drinking water and ensure the water you drink is boiled or treated in order to kill germs.

Cook food thoroughly and eat it while it is still hot. Ensure all food is stored safely.



**Always Use a Toilet, Wash Hands
and Drink Safe Water
to Prevent Cholera.**