

**Villagers tending to their daily routine in Ethiopia. Colour lithograph, 1989.**

**Publication/Creation**

[Ethiopia] : [publisher not identified], [19]89 ([Addis Ababa, Ethiopia] : Semayata Press)

**Persistent URL**

<https://wellcomecollection.org/works/zynmr6d9>

**License and attribution**

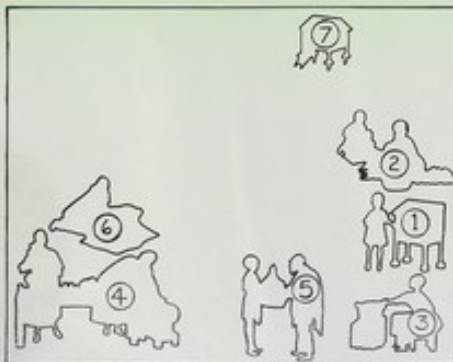
Conditions of use: it is possible this item is protected by copyright and/or related rights. You are free to use this item in any way that is permitted by the copyright and related rights legislation that applies to your use. For other uses you need to obtain permission from the rights-holder(s).



Wellcome Collection  
183 Euston Road  
London NW1 2BE UK  
T +44 (0)20 7611 8722  
E [library@wellcomecollection.org](mailto:library@wellcomecollection.org)  
<https://wellcomecollection.org>

# 4 መሠረታዊ፡የሐይድን፡ደንቦች።

1. የግል ንጽሕና፡
2. ንጽሕ፡ ውሀ፡
3. ንጽሕ፡ ምግብ፡
4. ንጽሕ፡ አካባቢ፡



- ① ምግቦችን ከሚበክሉ ነፍሳት ይከላከሉ ፤
- ② የሚበሉ አትክልቶችን ንጽሕና ይጠብቁ ፤
- ③ ምግብን በሚገባ ያብስሉ ፤
- ④ የምግብ ዕቃዎች ይታጠቡ ፤
- ⑤ ከመብላትዎ በፊት እጅዎን ይታጠቡ ፤
- ⑥ ምግብዎን በንጽሕና ይጠብቁ ፤
- ⑦ ምግብዎን በንጽሕ ቦታ ያስቀምጡ ፤