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Contributors

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10 things it's good to know about hiv treatment

dix choses bonnes à savoir sur le traitement du vih

10
Le traitement contre le VIH
les préventionnels empêchent
l'effacement dans la transmission du VIH
lorsque vous suivez un
qu'il renouvellez le VIH à
vous toujours possible que
le VIH à son bête
transmission du VIH contre le VIH
peut éviter que la mère
le véritablement contre le VIH

8
Le véritablement contre le VIH
le VIH perdure dans le fond de l'organisme pour
aider à réduire le fond de l'organisme pour
risque de transmission du VIH de la mère à l'enfant.

6
C'est à dire que:
vous devrez prendre toutes vos
doses à la bonne heure
vous devrez prendre toutes vos
medicaments que vous
avez devrez prendre vos
medicaments correctement (par
exemple avec ou sans nourriture)
vous devrez prendre vos
medicaments correctement (par
exemple avec ou sans nourriture)

4
Le véritablement contre le VIH
comprend tous les médicaments
différents (et quelques fois
plus).

2
Le véritablement contre le VIH
comprend tous les médicaments
qui permettent de réduire le risque de
transfert de virus aux médicaments
que vous prenez.

1
Le VIH peut permettre de
vivre plus longtemps et en
meilleure santé

9
Le véritablement contre le VIH
est la pour protéger et
améliorer votre santé

7
Il vous ne prendre pas vos
medicaments que vous
avez devrez prendre tous vos
medicaments correctement (par
exemple avec ou sans nourriture)
vous devrez prendre vos
medicaments correctement (par
exemple avec ou sans nourriture)

5
Vous deveze prendre tous vos
medicaments anti-VIH tels
que:

3
On ne sait pas quel est le
meilleur moment pour
commencer le traitement
contre le VIH
de VIH dans le sang

1
L'objectif du traitement
contre le VIH est d'obtenir ce
que l'on appelle "une charge
virale indetectable" - c'est à
dire une très petite quantité
de VIH dans le sang

2
Le VIH peut permettre de
vivre plus longtemps et en
meilleure santé

10 things it's good to know about hiv treatment



Taking HIV treatment can mean a longer, healthier life

Even though there's no cure for HIV, doctors are now hopeful that you can live a normal length of time if you take a combination of anti-HIV drugs.



The goal of HIV treatment is an 'undetectable viral load' – extremely low levels of HIV in the blood

This means that your immune system can stay strong and fight infections and HIV can't become resistant to your drugs.



The best time to start HIV treatment isn't known

However, you should have treatment if:

- you are ill because of HIV or
- your immune system is weakened because of HIV.



You need to take all your anti-HIV drugs as instructed

This means:

- taking all your doses of medicine at the right time
- taking your medicine in the right way (for example, with or without food) and
- making sure that you don't take other medicines or drugs that affect your treatment.

If you don't take your medicine properly, there's a risk that the drugs you are taking won't work and similar drugs you take in future might not work.



HIV treatment is there to protect and improve your health

However, anti-HIV drugs can cause side effects. If you have side effects, make sure that you tell your doctor as there's a good chance you'll be able to do something about them.



You will get the best HIV care at a specialist NHS HIV clinic

HIV doctors at specialist clinics will regularly check your health to:

- see how HIV is affecting your immune system and
- explain what treatment you need to take.

If you are entitled to free NHS care, your HIV treatment and care, including your HIV medicines, will be free.



HIV treatment includes three (and sometimes more) different drugs

This helps reduce the risk of HIV becoming resistant to the drugs you are taking.



Guidelines set out the type of HIV treatment you should receive

There are special guidelines for treating certain groups of people, for example, pregnant women and people who have taken a lot of HIV drugs before.



HIV treatment can help prevent a mother passing on HIV to her baby

Using HIV treatment during pregnancy can help to dramatically reduce the risk of a pregnant woman passing HIV on to her unborn child.



You can still pass on HIV to somebody else, even if you are taking anti-HIV treatment

Condoms effectively prevent you from passing on HIV and other sexually transmitted infections. And you can get clean needles if you inject drugs – never share needles or other injecting equipment.

you can get more information from | vous pouvez obtenir des informations supplémentaires auprès de

NAM

tel 020 7840 0050
web www.aidsmap.com
email info@nam.org.uk

Free factsheets, information booklets, a monthly newsletter and a website with the latest HIV treatment information.

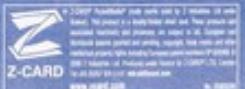
Fiches info gratuites, livrets d'information, bulletin mensuel et un site Internet contenant toutes les dernières informations sur les traitements du VIH.

Terrence Higgins Trust

tel 0845 1221 200 (THT Direct)
web www.tht.org.uk
email info@tht.org.uk

Free information booklets. Individual advice is available from THT Direct.

Livrets gratuits d'information. Des conseils individuels sont disponibles auprès de THT Direct.



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