

Nappy rash, teething : your questions answered / Wellcome Foundation Ltd.

Contributors

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you and your baby
Nappy Rash
Teething



your questions answered

Nappy Rash

What causes nappy rash ?

Nappy rash is caused by germs on the skin in and around the nappy area breaking down substances in the urine. This results in the formation of ammonia. If the nappy remains on for too long while it is wet, the ammonia will irritate and inflame the skin, thus producing the rash.

How do I recognise nappy rash ?

The rash generally affects the baby's skin around the entire area of the nappy and is characterised by an angry redness of the skin. The creases and folds of the skin, which the nappy does not touch, will initially be unaffected. You will also notice the strong smell of ammonia on the nappies.



How do I prevent nappy rash ?

Nappies must be changed frequently. Remove soiled nappies immediately. By allowing your baby to remain in a wet nappy, particularly if covered by plastic pants, the skin becomes soggy and easily broken. Wash your baby's skin at every change with unscented and unmedicated soap and water. Wash nappies thoroughly in soap and water, and rinse several times to remove all traces of soap. This is essential as soap in the napkin can lead to skin irritation.

Protect your baby's bottom by applying Drapolene Cream evenly at every nappy change, paying particular attention to the folds of the skin.

Drapolene Cream contains the antiseptic benzalkonium chloride and is specially formulated to combat infection and to soothe and protect your baby's skin. This is why more mothers choose Drapolene than any other product for nappy rash.

How do I treat nappy rash ?

Keeping your baby without anything on his lower half for as long as possible will help.

Apply Drapolene Cream to the nappy area and repeat at every nappy change. The special base and constituents of Drapolene Cream will soothe the irritation, bring about a swift reduction in redness and prevent further infection.



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Teething

How do I know when there are teething troubles ?

The first tooth usually appears by about the sixth month, although some babies do not cut their first tooth until after they are a year old. The first teeth to come are the two upper and two lower 'front teeth'. Teething is no longer the problem it used to be for mothers and nowadays most babies cut their teeth with the minimum of trouble for their parents. By the age of two-and-a-half, your baby's set of milk teeth should be complete.

The first indication that teeth are developing is the appearance of white crests breaking through the gums. Dribbling may be another sign that your baby is teething. Your baby may also be fretful, restless and start to bite on his fingers or on any hard surface, which may produce red and swollen gums.

What can teething cause ?

At teething time a baby's natural immunity is lowered, therefore some babies pick up minor infections which may produce sore throats, coughs or slight colds.

Your baby may be out of routine, off food or sleeping badly at this time, because teething can be painful. In the past teething was blamed for a variety of ailments, such as fevers and earache, but these stories are largely unfounded. If your baby develops any of these symptoms you should consult your doctor or health visitor.

What can I do to help ?

- * Give your baby a teething rusk or even better a sterilised teething ring. This can help relieve the tension in the sore gum. Do not worry if your baby wants less to eat, just give him as much as he wants and plenty to drink.

If the pain persists you can give a pain-relieving preparation. Calpol Suspension is specially designed for this, as it comes in a strawberry syrup which your baby will readily accept. Calpol Suspension does not contain aspirin and will rapidly relieve your baby's teething pains without causing stomach irritation. If your baby has continually disturbed nights because of teething, consult your doctor or health visitor.

Drapolene^{*} Cream in the home

The gentle cleansing and healing properties of Drapolene Cream make it particularly useful as a general purpose antiseptic cream. Use Drapolene Cream to treat minor cuts, abrasions and mild burns.

Calpol^{*} Suspension in the home

When pain is a problem in the home, whether associated with colds and flu, sprains and strains or headaches, your children will find Calpol Suspension a pleasant-tasting, effective pain-reliever.

DRAPOLENE CREAM AND CALPOL SUSPENSION FAMILY FAVOURITES FOR OVER A DECADE



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*Trade Mark