Multi-grain crackers: 170 g. / Fairway GB Ltd.

## **Contributors**

Fairway GB (Firm)

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# Allergy Advice

- Contains wheat, gluten, soya, sesame and poppy seeds.
   Suitable for vegetarians

Ingredients
Enriched Wheat Flour (Wheat Flour, Niacin, Iron,
Thiamin Mononitrate, Riboflavin, Folic Acid),
Vegetable Oil, Whole Wheat Flour, Degermed
Yellow Corn Grits, Sugar, Black Sesame Seeds,
Sesame Seeds, Rolled Oats, Wheat Bran, Invert
Sugar Syrup, Salt, Raising Agents (Monocalcium
Phosphate, Sodium Bicarbonate), Poppy Seeds,

| emulsiner (soya Lectrilins). | ion       |  |
|------------------------------|-----------|--|
| Emuisine                     | Nutrition |  |

| Typical            | 3 crackers    | 100g     |
|--------------------|---------------|----------|
| Composition        | (16g) contain | contains |
| Energy             | 317kJ         | 1980kJ   |
|                    | 76cals        | 472cals  |
| Protein            | 1.0g          | 6.3g     |
| Carbohydrate       | 10.09         | 62.59    |
| of which sugars    | 1.09          | 6.39     |
| Fat                | 3.5g          | 21.9g    |
| of which saturates | Z             | Z        |
| Fibre              | Z             | ž        |
| Sodium             | 0.19          | 0.89     |
| Equivalent as Salt | 0.39          | 2.0g     |
|                    |               |          |

| oninenine     | anny anno                 | Saldellife daily amounts for a typical addit | אורמו מחחוו                 |
|---------------|---------------------------|----------------------------------------------|-----------------------------|
| dai           | Guideline<br>daily amount | 3 crackers                                   | % guideline<br>daily amount |
| Calories      | 2000kcal                  | 76kcal                                       | 3%                          |
| Sugar         | 90g                       | 1.0g                                         | 1%                          |
| Fat           | 70g                       | 3.5g                                         | 5%                          |
| Saturated Fat | 20g                       | Z                                            | Z                           |
| Salt          | 69                        | 0.39                                         | 5%                          |
|               |                           |                                              |                             |

- Storage

   Store in a cool, dry place and once opened keep in an airtight container.

   Best Before End: See End Flap.

## 170g e

Produced in Canada for Fairway GB Ltd. 27 The Crescent Salford, Manchester M5 4PF

