A night on the piss is some men's idea of heaven: Golden showers onto unbroken skin are completely safe and piss play generally has very little risk of HIV infection ... / East London and The City Health Authority.

## **Contributors**

East London and the City Health Authority.

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A night on the piss is some men's idea of heaven. Golden showers onto unbroken skin are completely safe and piss play generally has very little risk of HIV infection.

There is no danger of getting HIV from piss. However, the hepatitis virus is found in piss. To protect yourself against hepatitis B, **free vaccinations** can be obtained from your local GUM clinic. Don't piss on a guy above the neck as infections can get into the eyes.

Pissing up someone's arse is dangerous because putting a cock without a condom on it, into an arsehole is a high risk activity for HIV transmission.

Men often drink a fair amount of beer to produce the large quantities of odourless, colourless piss preferred for a watersports session, so don't let alcohol cloud your judgements about your own safer sex boundaries.

Adapted from resources produced by Healthy Gay Manchester, GMFA and SM Gays' booklet "Rough Sex Safer Sex". For more information about safer sex and local services please phone the London Lesbian and Gay Switchboard 0171-837 7324 or the National AIDS Helpline 0800 567 123