

Sucking is safer sex ... / East London and The City Health Authority.

Contributors

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Wellcome Collection
183 Euston Road
London NW1 2BE UK
T +44 (0)20 7611 8722
E library@wellcomecollection.org
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Sucking is safer sex. Most of us find sucking cock or being sucked pretty horny. For most of us it's a regular part of sex. ***Sucking is safer sex.*** Some gay men are worried or confused about how safe it is.

Sucking is safer sex. No one's going to tell you that sucking cock or getting sucked is absolutely, completely, 100% safe. However, in this country hardly any men have been infected through sucking. Compare that with the number of blowjobs that must be going on and you start to get an idea about how low the risk is. ***Sucking is safer sex.*** Long term studies of what thousands of gay men get up to sexually, show us that any risk from sucking or being sucked is very low indeed. ***Sucking is safer sex.*** To be sure it's as safe as possible, keep your mouth healthy and don't brush or floss just before going down on it. However, the lining of the mouth is quite tough and saliva is believed to be a good barrier to HIV. Any sores on your dick should be looked at by your clap clinic. Taking these simple precautions will help to protect you against other sexually transmitted diseases as well as against HIV.

Get down on it. Be a sucker for safer sex.

Adapted from resources produced by Healthy Gay Manchester, GMFA and SM Gays' booklet "Rough Sex Safer Sex". For more information about safer sex and local services please phone the London Lesbian and Gay Switchboard 0171-837 7324 or the National AIDS Helpline 0800 567 123

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