

**A list of 6 key messages about HIV/AIDS, STD's and pregnancy for young people in Jamaica by the Jamaica Red Cross Society. Colour lithograph, ca. 1995.**

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# **HIV/AIDS, STDs, AND PREGNANCY: KEY MESSAGES FOR YOUNG PEOPLE**



- 1** Young people who have unsafe sex are at risk of getting an STD, including HIV (which causes AIDS), or of having an unwanted pregnancy.
- 2** You can make sure you don't get HIV/AIDS, an STD, or get pregnant by not having sexual intercourse.
- 3** You can't become infected with HIV by touching or sharing food with someone with HIV/AIDS, or by using telephones, toilets, or swimming in pools that someone with HIV/AIDS has also used.
- 4** We need to think about our attitudes and values on sex, and to decide if, when, with whom, and how we have sex. We can resist peer pressure to have sex when we want to.
- 5** If we choose to have sexual intercourse, we must use latex condoms correctly and every time during any type of intercourse.
- 6** We can work together to teach each other about preventing HIV/AIDS, STDs, and pregnancy.



**Jamaica Red Cross**