

**Nine illustrated guidelines on preventing AIDS in the workplace issued by the AIDS Unit Department of Health, Government of Hong Kong (Chinese version). Colour lithograph, ca. 1995.**

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# 在工作場所如何預防愛滋病

在一般的工作情況下是不會傳播愛滋病。某些工作程序如需要使用利器或接觸血液，若意外受傷、接觸被病毒污染的血液，或會有輕微機會受感染。應採取一般性的預防措施，以免感染由血液傳播的疾病。視所有人的血液和體液都有傳播病毒的可能。



1. 急救箱內應備有即用即棄手套、棉花、敷料和消毒劑等必須物品，以備急時之需。

2. 有需要時應使用保護工具如手套、面罩和工作袍，以避免工作時意外受傷。



3. 避免赤手接觸血液或傷口。



5. 所有傷口應包紮好。

6. 如接觸過血液或體液，應盡快用肥皂及清水徹底清洗。



9. 如有需要，應向醫護人員求助。



4. 應戴上即用即棄手套才處理傷口或被血沾染物件。

7. 被血液污染過的地方，用家用漂白水清洗。

8. 被血液沾染的物件必須放入膠袋內，封妥後才棄置。



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