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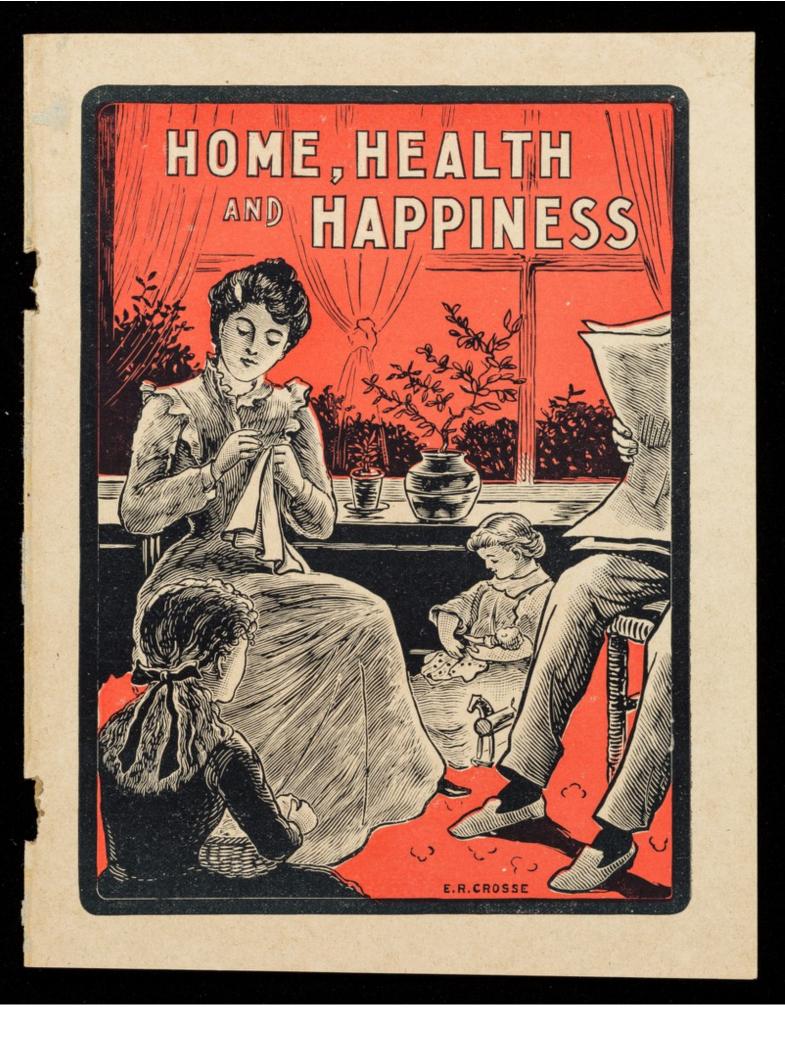
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WON BACK TO HEALTH.

Indigestion and Constipation banished.

A LONDON MOTHER'S GRATEFUL TESTIMONY.

HAPPY the home that is woman's delight, the busy husband's haven of refuge, the children's paradise! But how many homes are darkened by the cloud of disease? They exist in every city, town, and village, and are countless in number. As health is essential to happiness in the home it should be sought after, preserved, and treasured before anything else of this world.

Never, perhaps, in the history of the world's greatest city, has recovered health been the cause of so much genuine happiness as in the home of Mrs. Julia Mary Bing, of Nelson Villas, Church Road, Heston, Middlesex.



" My Son said: 'You shall try them."

Heston, which lies midway between Southall and Hounslow, is greatly interested in the occurrence.

Mrs. Bing, a typical British mother, told her remarkable story to a Sun representative. She spoke plainly, but with all the enthusiasm of a grateful heart: "I am only too grateful to be able to give you details," said Mrs. Bing. "I had been a martyr to excruciating pains for twenty years, and after spending excruciating pounds upon pounds in doctor's fees, medicines, and so on, without getting better—but growing worse—I was at last cured by taking Bile Beans for Biliousness. It happened this way.

Throughout those twenty years, I was so afflicted with swimming in the head, accompanied by racking pains in the head and face, a stifling sensation in the chest, exhausting aching between the shoulders, and severe vomiting, that a week never passed without I had to cease my household work and go to bed.

A comfortable sleep was something I had not known for years-I had much pain and was very restless. As a girl I suffered from sick headache, and when I was about twenty-four years of age, chronic biliousness and indigestion came on with great severity. I was then living in London, and several doctors attended me, but without doing me any good. Nor did I derive any benefit from attending a

London Hospital for women. I was **dreadfully constipated** The doctors specially prescribed to cure me of this, but the relief was only temporary, and the indigestion and vomiting, which made me dread taking food, never abated.

To attempt to do any washing, or anything which necessitated stretching my arms out, or stooping, was sure to bring the pains darting through my head, generally most severe on the right side. Vomiting followed these shooting pains every time. This went on until January last. I remember that on January 19th, I had the **worst bilious attack** I ever had **in my life**." My son said : "Why don't you try Bile Beans?" I replied, "I don't believe they can be as good as the reports say." "You shall try them, anyhow," said he, and he went to Hounslow and bought a box, and made me take them

take them.

"I have not had a single attack of biliousness from that day. The first effect of them was that they cleared my head. They then seemed to purify my whole system, and drove the pain away

altogether. They enabled me to sleep soundly, and gave me a good appetite, and a strong digestion. I have eaten well since I got through the first box, and now know what it is to enjoy being hungry. They also completely cured me of constipation, the only medicine that ever gave me permanent relief in that way. In fact, I feel quite well again, and my health is excellent. Bile Beans have cured me, and I never cease to recommend them, or explain what caused the change in me.

This is striking testimony to the remarkable efficacy of the greatest specific of a scientific age.

A WORD TO WOMEN.

Many women suffer greatly from "that tired feeling," lack of energy, debility, constipation, and other minor ailments. These ills are brought about in many cases through want of sufficient exercise, consequent upon the many calls of household duties. The result is that eventually a state is reached when work becomes almost an impossibility, the blood becomes impure, the liver sluggish, causing impaired sleep and digestion and a sallow complexion. Women who suffer from any of these ailments would be wise to take without delay a course of Bile Beans, for when winter comes it will find out the weak spots. They are ailments that are lamentably common among women-folk, and they are highly dangerous if neglected. To pass comfortably and successfully through the approaching winter the body will want putting in a thorough state of repair. Bile Beans will do this for you. They clear the system, strengthen the nerves, and correct, not temporarily, but permanently, the digestive organs. Bile Beans, being purely vegetable, contain nothing of an injurious nature, and can be taken with equal safety by either child or adult.

PALE GIRLS.

One of the most serious drawbacks to a pretty face, is a pallid, bloodless complexion. Pale faces, pale lips, pale gums; these are all indica-tions of the presence of anæmia. The system which lacks blood is open to attacks from many insidious diseases. Bile Beans strengthen the digestive system so that it turns the food into the purest blood, and tones up the liver to enable it to keep free from bile and other impure secretions. This is the only way to cure an anæmic condition.

SICK HEADACHE.

Sick Headache is usually one of the symptoms of biliousness, constipation, or other derangement of the digestive organs. It is accompanied by nausea, from which it derives its name, and is generally more violent in the front part of the head. The appetite is impaired, and there is a bad taste in the mouth. In the treatment of this ailment, in the first place, the bowels should be opened, but only in a mild and gentle way, the diet attended to, and healthy exercise in-dulged in as much as possible. A course of BILE BEANS will be found a certain cure.

and DIZZINESS. BILIOUSNESS

Mrs. Leaf, 10, Woollett Street, East India Docks Road, London, E., speak-ing to a "Weekly Budget" reporter, said: "Two years ago I began to suffer with attacks of bilious-

ness and dizziness, particularly in the morning. Everything would appear to swim round and round, and sometimes on getting up of a morning, this swimming sensation would have such a bewildering effect that I would have to take hold of something to prevent me from falling down. My sight was blurred, and everything I looked at appeared to be spotted or partly blotted out. These attacks became more and more or partly blotted out. These attacks became more and more frequent, and I consulted a doctor. He gave me some medi-cine, which, however, did me no good at all. By this time I was so bad that I was really afraid to be left alone. I was a sufferer from indigestion, and my food lay like a stone on my stomach I seemed to get no nourishment out of it, and day by day I grew weaker. After this I tried various things, but nothing did me any good, until about four months ago, when I chanced to see an advertisement of Charles Forde's Bile

Beans for Biliousness, and decided to try them. After a few doses I began to feel better, and in a re-Beans for Billousness, and decided to try them. After a few doses I began to feel better, and in a re-markably short time the dizziness entirely left me, and I could eat and enjoy my food with no fear of after effects. I have never had an attack of dizziness or indigestion since, and am now as well as ever I was in my life. I tell everybody that Charles Forde's Bile Beans for Biliousness have cured me, and that if they have indigestion it is their own fault." "Yes." interrupted Mr. Leaf, "and you may say that they cured me too. I used to suffer terribly from biliousness, but the Bile Beans soon put me right. I am now entirely free from the complaint."



PREVENT INFLUENZA TO

Influenza only seizes upon those whose systems have become run down and weakened. Those who keep in the pink of condition snap their fingers at this winter scourge. Liver chill, colds, attacks of shivering, and similar ailments, have one common origin, namely, When the supply of energy is adequate, the pulse vigorous, the the condition of the body. digestion good, colds and chills cannot get a hold. Once the vitality becomes lessened the evils just named creep in. Chas. Forde's BILE BEANS will keep the body in the "pink of condition." They act directly upon the liver and end that cause of so many ailments - con-stipation. They stimulate the circulation, improve the digestion, and increase the energy of the whole system. Women especially find them beneficial. Always remember that prevention of influenza, and its allied ailments, is better than cure, and that experience shows no preventive known equal to BILE BEANS.

BILE BEANS cure headache, constipation, piles, liver chill, indigestion, flatulence, spasms, colds, influenza, dizziness, anæmia, debility, blood impurities, sleeplessness, female complaints, and a host of other ailments that owe their origin to defective bile flow, assimilation, and digestion.

Of all chemists, or post free if this Magazine is mentioned, from the Bile Bean Manufacturing Co., 119 & 120, London Wall, London, E.C., on receipt of prices, 1/11 or 2/9. (Large box contains three times small size.)

SAMPLE BOX FREE.

SAMPLE COUPON.

The Proprietors will gladly send a **SAMPLE BOX FREL** to anyone writing for same. The only conditions are that you fill in this cou-pon and forward it with 1d. stamp to cover postage to the Bile Bean Mig. Co's. Central Distributing Depót. Greek Street, Leeds, England.

Write name of Magazine here.



Charles Forde's Great Herbal Remedy for piles, running sores, cuts, burns, bruises, eczema, etc., 1/1 per box. Free sample box from the Proprietors, The Bile Bean Manufacturing Co., Greek Street, Leeds, if ld. stamp is sent to cover return postage.

"Zam-Buk"-Piles Cured. BISTOCK FARM, DODDINGTON, NR, SITTINGBOURNE, KENT, To the Bile Bean Mfg. Co.

SIRS. I am glad to say the result of using "Zam-Buk" Ointment has been most satis-factory. The Piles (for which I used it with Bile Beans) have quite disappeared, and I strongly recommend it to all sufferers. You are at liberty to publish this in any form you please

form you please. (Signed) Mrs. E. CARPENTER.