### Nature's road to health / Bile Bean Manufacturing Co.

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# NATURES ROAD TO HEALTH



M" Crumplin

From a photo by AE Harding Portsmouth

- E. R. Crossex

# BILIOUSNESS & HEADACHE

cured by

# Nature's Vegetable Remedy,

## BILE BEANS.

There are two ways people try to get well when the system has become run down or debilitated by ill-health. One way is right, and the other is wrong. The wrong way is to fly to drugs, which, in many cases, do more harm than good. The right way is NATURE'S road to health. Nature is sympathetic; she supplies all that man needs to ensure health and strength, and to correct any derangement of the system, however pronounced. The World owes a deep debt of gratitude to the dis-

coverer of Bile Beans, the most soughtafter vegetable remedy of modern times. As a Natural corrective, Bile Beans for Biliousness have an established reputation; but every day there is fresh evidence of their efficacy.

Biliousness and headaches of long standing have
been effectively cured at
Landport, Portsmouth,
and it is a notable circumstance that Bile Beans
were not the First remedy
applied; but were introduced after numerous socalled "cures" had been
proved utterly useless. It
is such cases as this that

prove Bile Beans are without an equal in the world of medicine.

The subject of this cure—Mrs. Crumplin, whose portrait appears on the preced-

ing page, is the wife of Mr. J. H. Crumplin, landlord of the Richmond Hotel, Vale Road. She told the story as follows to a representative of the Southern Daily Mail. "Attacks of biliousness troubled me incessantly," she said, "and the headaches which followed nearly drove me mad. At short intervals I felt low spirited and miserable, and fits of dizziness gave me much trouble. When I had to descend the stairs, I felt as if I should tumble forward. Sometimes I had to keep my bed for a week at a time, yet on other occasions a few hours' rest was necessary to drive the feeling away.

"My chest was very weak indeed. I tried numerous remedies, one after the other, but

"My chest was very weak indeed. I tried numerous remedies, one after the other, but without any good resulting. At length I read of Bile Beans and decided to try a box. A few doses made a remarkable change in my condition, so I continued taking them, with excellent results. The headaches disappeared gradually, the bilious attacks became less frequent, and my health generally improved, until now I am quite cured.

"My daughter, who was a victim to biliousness like myself, has also tried Bile Beans with beneficial results."

# Influenza!

This complaint only seizes upon those whose systems have become run down and weakened. Those who keep in the pink of condition snap their fingers at it. Liver chill, colds, attacks of shivering, and similar ailments have one common origin, namely, a debilitated condition of the body. When the supply of energy is adequate, the pulse vigorous, the digestion good, colds and chills cannot get a hold. Once the vitality becomes lessened the evils just named will creep in. BILE BEANS will always keep the body in the "pink of condition." They act directly upon the liver, and end that cause of so many ailments—Constipation. They stimulate the circulation, improve the digestion, and increase the energy of the whole system.

### AFTER EFFECTS CURED.

Mrs. Strafford, 18, Crawford Street, Leeds, says: "I suffered from indigestion four years ago, and an attack of influenza left me still worse. I had terrible pains in the chest, and could hardly ever get any sleep. Bile Beans cured me completely after many other medicines failed. I shall always recommend them."

# Indigestion.

Indigestion is an ailment whick may develop into a most severe disease if not properly attended to. As its name implies, this disorder arises from an insufficient action of the digestive organs, preventing the food being properly dissolved. In cases of this kind the effect is two-fold :- First, the waste part of food is retained in the stomach instead of being carried off; and, secondly, the bloodmaking or useful part of the food is kept from performing its offices. The causes of indigestion are many :- Insufficient liver action, overeating, eating too fast, and partaking of rich and indigestible foods, &c., &c. Constant worry, mental strain, or lack of regularity, may also cause an attack. The first thing necessary to cure an indisposition of this sort is a complete clearing out of the whole digestive organism; then the liver should be stimulated to action, and regularity observed in everything. Bile Beans will do the first two of these; the patient must attend to the

# What Doctors say of Bile Beans.

Bile Beans are now so widely recognised as an effective remedy for liver and digestive disorders, that many eminent medical men prescribe them for use amongst their patients. Below we give certificates from two well-known practitioners, which show conclusively that Bile Beans have earned golden opinions from men fully qualified to judge the value of medicines.

Guildford Street,
 Russell Square,

London.

### BILE BEANS.

I certify that a number of Samples of Bile Beans have been examined by me, and I have tested their qualities very thoroughly, both in the Laboratory and in practice.

They are purely vegetable in composition, are absolutely devoid of any harmful ingredients, and have given me excellent results.

I believe them to be a most useful and satisfactory family medicine,

C. H. BENNETT.

L.R.C.P., and L.R.C.S.

65, Regent Street,

London, W.

To the Bile Bean Co.

Having examined samples of Bile Beans, I hereby certify that they are composed of selected high-class preparations, and are free from any undesirable ingredients.

I have formed a very favourable opinion of their curative properties for the treatment of billious ailments, and all disorders of the digestive system.

Bile Beans are a safe, effective, and ideal remedy, suitable alike for young and old.

(Signed) J. H. HART,

L.R.C.P., and L.R.C.S.



# WORLD'S

For all aliments of the liver and digestive organs, influenza, colds and chills, headache, debility, anamia, constipation, billionsness, indigestion, hemorrholds, insomnia, and all female aliments. Of Chemists, or poxt-paid from the Bile Bean Mig. Co., Red Cross St., London, E.C., on receipt of prices, 1/14 and

# LIVER TROUBLES BANISHED.

WELSH RAILWAY WORKER'S TESTIMONY.

Mr. Joseph Atwell, a Great Western Railway Ganger, of Holly Bush Terrace, Glyn Neath, South Wales, says—"Liver complaint, followed by disorder of my whole system wrecked my happiness. Every time I ate a bit of pastry—well, I used to refuse it often when I felt as if I could right down enjoy it. My blood was full of impurities which caused my face to be sometimes covered with pimples and blotches, and another symptom of the liver disorder was a constant feeling of drowsiness. Now, after a course of Bile Beans, I can eat and enjoy pastry, and as much cake and sweet stuff as I can eat. Every trace of my old ailments has disappeared, including the pimples and blotches."



### SAMPLE BOX FREE.

The proprietors have so much faith in the efficacy of BILE BEANS that they will forward a sample box free, and a book on liver and digestive ailments, if you send your name and address, and a penny stamp (to cover return postage) along with the coupon to the Bile Bean Mfg. Co.'s Central Distributing Depot, Greek Street, Leeds.

# FREE SAMPLE BOX OR BILOSCOPE COUPON.

Write name of Magazine here.

### Half-a-Guinea's worth for Sixpence.

BILOSCOPE and Outfit (an advertising novelty) for producing life-like pictures, post free on receipt of seven stamps. Address the Bile Bean Manufacturing Company, Greek Street, Leeds. (When ordering kindly fill in and forward coupon shown above).

### IMPORTANT WARNING!

When purchasing Bile Beans, see that you get the genuine article, which is oval shape and black. Always remember that inferior substitutes are introduced for the purpose of bringing extra profit to the vendor.