

**Five women with a list of five increasingly risky choices for women to protect against AIDS by the New York State Health Department. Colour lithograph.**

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# Choices FOR Women

What you can do to protect yourself  
from getting AIDS during sex with a man. Abstain. Or...

## 1<sup>st</sup> choice

He uses a latex condom  
with spermicide. Or he uses a latex  
condom and you use spermicide.



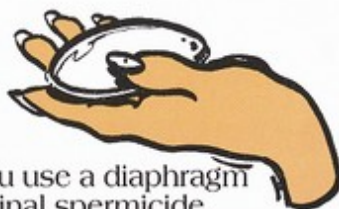
## 2<sup>nd</sup> choice

(NEXT BEST) He uses a latex  
condom without spermicide.



## 3<sup>rd</sup> choice

(RISKY) You use a diaphragm  
and a vaginal spermicide.



## 4<sup>th</sup> choice

(MORE RISKY) You use a  
spermicide alone.



## Worst choice

(CRAZY!) Neither of you  
uses anything.

For more information, write **CHOICES**  
NYS Health Department  
Box 2000  
Albany, NY 12220

