List of sexual practices and risk of HIV infection; ninth of sixteen advertisement posters by the American Red Cross promoting education about AIDS. Colour lithograph, 1990.

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Prevention

Sexual Practices and Risk of HIV Infection

No-risk activities include—

- No sex.
- Masturbation.
- Sex only with an uninfected, monogamous partner who does not share needles and syringes.

Risky activities include contact with your partner's blood, semen, or vaginal fluid, unless you know for sure that your partner does not have HIV. Some examples are—

- ► Oral, anal, and vaginal sex.
- ► Oral-anal contact.
- ► Mutual masturbation.
- ► Shared sex toys.

Scientists believe that it is unlikely that open-mouth kissing can transmit HIV.