A woman holds open a door bearing sign 'Jillian Doran: Health Advisor' with text explaining process of HIV testing; an advertisement by the Hounslow Council's Corporate AIDS/HIV Unit. Colour lithograph.

## **Publication/Creation**

[Hounslow, London]: Hounslow Corporate HIV/AIDS Unit, between 1990 and 1999.

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# Think safe \_\_\_\_



# **HIV** testing

- The test checks your blood for a reaction to the virus. It does not check for the virus itself. It is not a test for AIDS.
- Only a test taken 3 months or more after your last HIV risk will tell you accurately if you were negative
- 3 Testing can lead to discrimination eg in insurance, so think about all the advantages and disadvantages first.
- Counselling before and after the test will help you understand the meaning of the results.
- The best testing is from GUM clinics with a counselling service. Details from the National AIDS Helpline (see below)
- 6 Testing should only be done with your informed consent

National AIDS helpline Answers all types of questions on HIV and AIDS

નેશનલ એઇડસ હેલ્પલાઇન

એચ.આઇ.વી. અને એઇડસની બિયારી વિવે. તથારા દરેક સવાલોના જવાબો ગુજરાતીમાં, દર બુધવારના સાંજના 6-10 સુધી. ટેલિશેન હેલ્પલાઇન નંબર: 0800 282 445 પર આપવામાં આવશે. ગુજરાતીમાં રેકોર્ડ કેરેલી માહિતી 24 કલાક દરમ્યાન હેલ્પલાઇન: 0800 622 503 પર થળી શકશે. આ ટેલિશેન આ

ਨੈਸ਼ਨਲ ਏਡਜ਼ ਹੈਲਪਲਾਈਨ

ਐਚ:ਆਈ.ਕੀ./ਦੇਡਜ਼ ਬਾਬੇ ਦਰ ਤਰ੍ਹਾਂ ਦੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਪੰਜਾਬੀ ਵਿਚ ਹਰ ਸੁੰਧਥਾਰ 6 ਚਜੇ ਸ਼ਾਮ – 10 ਬਜੇ ਰਾਤ ਤੱਕ ਇਸ ਨੰਬਰ 'ਤੇ ਇੱਤੇ ਜਾਂਦੇ ਹਨ: 0800 282 445 ਪੰਜਾਬੀ ਵਿਚ ਫਿਕਾਰਡ ਕੀਤੀ ਹੋਈ ਜਾਣਕਾਰੀ 24 ਘੰਟੇ ਇਸ ਨੰਬਰ 'ਤੇ ਮਿਲ ਸਕਦੀ ਹੈ: 0800 622 504

ਟੈਲੀਵਨ ਕਾਲਾਂ ਮੁਵਤ ਹਨ।



Calls are free 24 hour service on 0800 567 123

नैज्ञानल एइस हैल्पलाइन

एच आई वो तथा एइस बीमारी के बारे में आपके हर प्रकार के फ्रन्तें के हिन्दी में हर बुधवार को शाम 6 मने से 10 बाते के बीच 0800 282 445 टैलीफोन हैल्चलड़न घर उत्तर दिये जाते हैं. दिन्दी में रिकॉर्ड को गई जानकारी 24 घंटे 0800 622 502 टैलीफोन हैल्चलड़न घर मिल सकती है. ये दोनों टैलीफोन लड़नें मुस्त हैं.

نیسٹ نل ایڈز بر بر سسم کے جوابات اردو زبان میں بھے کہ شام ۲ بجے سے ۱۰ بجے رات سے ۲۳۵ ، ۲۸۱ ، ۲۸۰ بر دیے جاتے ہیں۔ اردو زبان میں ریکارڈ کی گیل معلومات ۸۰۵ ، ۲۲۲ ، ۸۰۰ بر ۲۶ گفتہ طاصل کی جاسکتی ہیں۔ یہ ٹیلیؤن کالیس مفت ہیں۔

