

**Aileen and Benn, counsellors for people with HIV and AIDS at the London Lighthouse. Colour lithograph.**

**Contributors**

London Lighthouse.

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If you can't talk  
to your best friend  
about having HIV  
Who can you talk to?



Aileen and Bern, London Lighthouse counsellors.

Even if there is someone you can talk to, he or she may not always be there when you need them. Which is where our counsellors can help.

They know about the problems faced by people with HIV and AIDS and will do their best to help you deal with them.

If you'd like to talk things through, either at the Centre or over the phone, then please ring them on 792 1200 or call in between 9am and 6pm, Monday to Friday.

London Lighthouse, 111-117 Lancaster Road, London W11 1QT.  
Ladbroke Grove tube or the 52, 52A, 15, 7 and 295 buses.

L O N D O N L I G H T H O U S E

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