# Riverford organic vegetables: our farm on your table: find out more at www.riverford.co.uk.... / Riverford Organic Vegetables.

#### **Contributors**

Riverford Organic Vegetables (Firm)

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Wellcome Collection 183 Euston Road London NW1 2BE UK T +44 (0)20 7611 8722 E library@wellcomecollection.org https://wellcomecollection.org





### what's a vegbox?

- a box full of seasonal organic produce
- fresh from our farm, delivered free to your door
- freshness you can taste
- over 100 different crops to keep boxes interesting all year round

think of us as your allotment, without the digging

### why an organic vegbox?

'I feel healthy just looking at your box'

- good for you, good for the environment and good for wildlife
- we work with nature and avoid pesticides, chemicals and GM crops
- it cuts down on packaging and food miles
- reduce shopping trips help the planet and stay in touch with where your food is grown

find out more at www.riverford.co.uk or call 0845 600 2311



# easy, flexible, affordable

- order weekly, fortnightly or just occasionally
- choose one of six boxes, from £7.90
- add extra helpings of your favourite
   veg, meat, fruit, milk, yoghurt, cheese,
   eggs, wine...
- our team will deliver it to your door, free of charge

'you provide a great personal service
— I didn't expect a box scheme to be
so easy and flexible'

Printed using vegetable ink

# Riverford organic regetables ple











#### why Riverford?

- outstanding value we keep prices low by growing and delivering ourselves
- support UK family farms we are part
   of a local organic cooperative
- come and see your veg in the fieldsthe farm is open to visitors
- 65% of our customers come through personal recommendation

'At last I feel I really know where my food is coming from'

#### more than just a vegbox

- customise your order with extra helpings of veg, meat, fruit, milk, eggs, cheese, yoghurt, cream, wine...
- stay in touch through our weekly newsletter and website, with hundreds of recipes to inspire your cooking

'Having tried several box schemes, yours offers the best in quantity, variety and quality. Congratulations.'

## give us a try

Ordering couldn't be simpler.

Call us or visit the website to see what's going to be in the boxes each week

'I like being able to change my order whenever I need to, and the website makes it dead easy'

www.riverford.co.uk
order online or call
0845 600 2311
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