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Contributors

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Bookmark

Bemax Stabilized Wheat Germ

The richest-known natural vitamin-protein-mineral supplement

One of a series of illustrated bookmarks issued by Vitamins Limited. The illustration is from a wood engraving in the style of Thomas Bewick.

Bemax

The nutritional factors of Bemax

ONE OUNCE OF BEMAX PROVIDES

Vitamin	B_1									0.45	mg.
Vitamin	B_2	(Ril	bofl	avin	ie)					0.2	mg.
Nicotinic	A	cid								1.7	mg.
Vitamin	\mathbf{B}_6									0.45	mg.
Protein										. 3	30%
Calories											104
Vitamin	E									8.0	mg.
Carbohydrates (nitrogen free extract) . 50%											
Mangane	se									4.0	mg.
Iron			,							2.7	mg.
Copper										0.45	mg.
Fibre						. 1	not	mo	re th	nan 3	.0%



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