

Did you comb your hair this morning, or did someone help you? : Lioresal / Ciba Laboratories.

Contributors

Ciba Laboratories.

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**Relieves
spasticity**

**Reduces flexor
spasms**

**Improves
co-ordination**

**Assists
physiotherapy**

*"...the agent of
choice for the
treatment of spinal
spasticity..."¹*

Liioresal[®]

baclofen

multiple sclerosis

cerebral palsy

stroke

Reference

1. Burke, D.J. (1975) *Drugs*, 10, 112.

Indications

Lioresal is indicated for the relief of spasticity of voluntary muscle arising from cerebrovascular accidents, cerebral palsy, meningitis, traumatic head injury, multiple sclerosis and other spinal lesions.

Dosage

Adults

It is advisable to commence treatment with Lioresal at a daily dosage of 15mg, taken in three divided doses, increasing slowly at intervals of at least three days, until the optimum effect is achieved. Satisfactory control is usually obtained with doses up to 60mg daily, but careful adjustment is often necessary to meet the requirements of individual patients. A maximum daily dose of more than 100mg is not advised unless the patient is in hospital and under careful supervision.

Children

In children under eight years of age the starting dose may need to be as low as 5-10mg daily in three or four divided doses,

increasing gradually over a two week period to a maximum of 40mg daily in divided doses. For children over eight years a starting dose of 10mg daily in divided doses and a maximum dose of 60mg daily are recommended.

There have been no reports of tolerance.

Side-effects

Nausea; vomiting; daytime sedation and confusion; muscle hypotonia and fatigue; visual hallucinations on sudden withdrawal.

Precautions

Concurrent administration of antihypertensives; psychotic states; epilepsy; first three months of pregnancy.

Packs

Lioresal is supplied as 10mg tablets of baclofen in Securitainer packs of 100. PL0008/0053. Basic NHS price £12.99.

® denotes registered trademark.

Full prescribing information is available on request from CIBA Laboratories, Horsham, West Sussex.

Ciba

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**Did you comb
your hair this
morning, or did
someone help
you?**



You probably used a comb this morning to make your hair neat and tidy without even thinking about it. But can you imagine lacking the control to perform this simple task?

However, if you suffered from spasticity, any of the following could have happened:

1
You couldn't pick up your comb in the first place.

2
When you told yourself to run the comb through your hair, your muscles didn't respond no matter what you did.

3
When you managed to get the comb to your head, your hands and arms shook so much that you couldn't run it through your hair.

4
Your muscles so over-reacted to the message from your brain that your movements were unco-ordinated and inappropriate

For patients with problems like these, Lioresal can offer some measure of help.