

**Seasonable suggestions / [Dr. Jayne Company].**

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Georgiana Price 1878

## SEASONABLE SUGGESTIONS.

A Cold once contracted needs prompt and careful treatment, or the accompanying Cough will so irritate, inflame and rack the Lungs, that tubercles may form, and Incipient Consumption instead of a simple Cold, will have to be dealt with. If you will try DR. JAYNE'S EXPECTORANT, using the smallest doses specified in the Directions, and repeating them according to the urgency of the symptoms, your expectoration will soon become loose and profuse, any tendency to inflammation will be allayed, and the severity of your pain, together with all symptoms of the Cold will soon disappear. So also if **Sore Throat**, or any *Bronchial Disorder* manifests itself, the Expectorant detaches the mucous matter adherent to the lining membrane of the Throat and Bronchial Tubes, healing the membrane itself, subduing inflammation, and soon removing any difficulty of swallowing or breathing. In cases of *Asthma*, or *Difficulty of Breathing*, the Expectorant should be taken in doses sufficient to produce a slight nausea, as its action is then the more certain to overcome the cause of the trouble—the contraction of the bronchial tubes—by enabling which to expand to their original size, natural breathing is at once re-established. It also never fails to loosen the phlegm or matter which frequently clogs the air passages, and which will be removed by the copious expectoration which this remedy promotes. For **Pleurisy**, or any **Acute Inflammation of the Lungs or Throat**, take the Expectorant according to directions, rub the parts affected thoroughly with DR. JAYNE'S LINIMENT, and cover up warmly in bed. Let the perspiration thus induced, continue until the pain subsides, and all constriction in breathing is removed, and afterwards freely open the bowels by using DR. JAYNE'S SANATIVE PILLS. In **Consumption**, the Expectorant in small doses, will be found to ameliorate most of the symptoms, and especially relieve the Cough as well as the oppression and soreness of the Lungs and Throat. For **Whooping Cough**, the Expectorant is a most helpful medicine; the duration and violence of the attacks are by it gradually checked, and the attending distress greatly relieved.

**REMEMBER**—Dr. Jayne's Tonic Vermifuge is a most serviceable Family Remedy, useful for both grown persons and children. It will remove Dyspepsia, and restore tone to the Stomach, and is a certain destroyer of Worms.