

A fun and practical way to provide advice on nutrition and health... : at the touch of a button / National Dairy Council.

Contributors

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*A fun and practical
way to provide advice on
nutrition and health...*



...at the touch of a button.

Do you find that more and more clients are asking for advice on diet?

Are you unsure whether you're up-to-date on current nutrition thinking and on what makes up a balanced, nutritious diet?

Would you like to be able to educate people about nutrition in a fun and easy way?

If you answered yes to any of these questions, then help is at hand with **'Food Feedback'**, a new easy to use dietary analysis computer package, designed for use in primary health care settings. It is also suitable for teachers to use with students. The program analyses food intake and provides advice for dietary modification (both on screen and as a printout), based on the COMA Dietary Reference Values report.

'Food Feedback' features two sections:

- a food frequency questionnaire for clients which will analyse diets in terms of:
 - the number of servings eaten each day from the four main food groups
 - the fat, sugar, salt and fibre content of the diet
 - the intake of some selected nutrients including iron and calcium.
- a nutritional guidance section for health professionals or teachers who wish to obtain information on the four main food groups, selected nutrients and nutritional advice for special groups of the population.

The program may be used on an IBM compatible PC running either WINDOWS or DOS.

WINDOWS Version

Minimum configuration: IBM compatible PC running DOS 5.0 or 6.0 and WINDOWS 3.0 or later; 386 processor; fixed disk drive (2 megabytes required for the program); 4 megabytes of RAM; super VGA colour display (800 x 600); mouse required.

Increasing the specification to a 486 computer (DX version is better than an SX version) with 8 megabytes of RAM, significantly improves the speed of the system.

DOS Version

Minimum configuration: IBM compatible PC running DOS 3.2 or later; 386 processor or greater; fixed disk drive (2 megabytes required for the program); 640 kilobytes of RAM; colour or greyscale mono display (80 x 25); mouse optional or keyboard controlled.

*The **Food Feedback** computer package, which includes a Users' Guide and support information on nutrition, costs £30 (inclusive of postage and packing). Bulk supplies of more than 5 copies can be purchased at a reduced unit price of £27.50.*

Food Feedback has been developed primarily for use in healthcare and educational settings, and this is reflected in the Licence Terms listed overleaf. However with the National Dairy Council's written permission it may be possible to waive some of these terms to enable the package to be used in other settings.



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FOOD feedback

I wish to purchase ____ copies of Food Feedback (unit price £30.00). I have read the Licence Terms. I enclose a cheque for £ ____, payable to the 'National Dairy Council'.

PLEASE COMPLETE IN BLOCK CAPITALS

NAME: _____

OCCUPATION: _____

ADDRESS: _____

POSTCODE: _____ TELEPHONE NO: _____

Format Required: WINDOWS ☐

DOS 3.5" ☐ DOS 5.25" ☐

Use(s) to which the Program will be put:

Primary Health Care (NHS) - individual professional ☐

Primary Health Care (NHS) - group practice ☐

Education - schools, colleges etc. ☐

Other (please give details below):



National Dairy Council

Please return to: Education department (Food Feedback), National Dairy Council, 5-7 John Princes Street, London W1M 0AP. (Tel: 071 499 7822).

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