

**Focus on women : nutrition & health : a one-day conference :
Commonwealth Institute, Kensington High Street, London W8 6NQ :
Wednesday 15th November 1995 / National Dairy Council.**

Contributors

National Dairy Council (Great Britain)

Publication/Creation

London : National Dairy Council, 1995.

Persistent URL

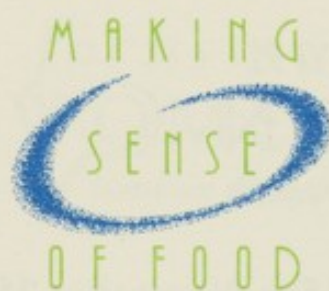
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focus on
WOMEN
Nutrition & Health

A one-day conference

Commonwealth Institute
Kensington High Street
London W8 6NQ

Wednesday 15th November 1995



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09.15	Registration and coffee	
09.40	Opening address	
09.45	Chairman's introduction	Dr Jacqueline Stordy , <i>University of Surrey</i>
10.00	Overview of women and health - nutritional / physiological perspective	Wendy Doyle , <i>Institute of Brain Chemistry and Human Nutrition, Hackney</i>
10.35	Overview of women and health - psychological perspective	Dr Andrew Hill , <i>University of Leeds</i>
11.10	Coffee	
11.30	Women and bone health	Dr Connie Weaver , <i>Purdue University, Indianapolis, USA</i>
12.05	Women and cancer	Dr Christine Williams , <i>University of Surrey</i>
12.40	Discussion	
13.00	Lunch	
14.15	Women and coronary heart disease	Dr Ann Walker , <i>University of Reading</i>
14.50	Are national dietary guidelines suitable for women?	Dr Mary Flynn , <i>Dublin Institute of Technology</i>
15.25	Women and food in poor families - focus for concern?	Elizabeth Dowler , <i>London School of Hygiene and Tropical Medicine</i>
16.00	Discussion	
16.30	Tea and close	
Venue	Commonwealth Institute, Kensington High Street, London W8 6NQ	
Cost	Registration fee is £45 (inclusive of VAT) and includes morning coffee, lunch, afternoon tea, delegate pack and a copy of the conference proceedings	



focus on **WOMEN** *Nutrition and Health*

This one-day conference is designed to help professionals, including health visitors, community nurses, dietitians and general practitioners when counselling patients and clients on the nutritional needs of women.

Women are the key to the overall nutritional status and health of their families. The speakers, all experts in their fields, will utilise new and published research to present overviews of the physiological and psychological aspects of women's health and address the specific issues of nutrition and bone health, cancer and CHD. The practical application of national dietary guidelines and the nutritional needs of women in high risk low income families will be examined.

The conference forms part of the National Dairy Council's 'Making Sense of Food' campaign, launched in 1992 in direct response to the government's Health of the Nation initiative.

It is hoped that the meeting will assist delegates in recognising potential nutritional problems and in giving appropriate dietary advice in a form that can be acted upon.



Commonwealth Institute,
Kensington High Street, London W8 6NQ
Wednesday 15th November 1995

I wish to attend the conference

PLEASE PRINT CLEARLY

Name

Occupation

Address

Daytime telephone number

Home telephone number

Please make sure that you have enclosed a cheque for £45
(inclusive of VAT) made payable to NDC Conferences.

Delegates are urged to register early due to limited places.

For multiple registration, this section may be photocopied.

Cancellations

If you cancel in writing before 2nd October 1995 we will
refund your full registration fee.

We ask you to inform us in writing if a colleague will be
attending in your place, or if you are unable to attend (so that
your place can be reallocated).

Please return form and remittance to:

Emma Hubbard
NDC Conference Secretariat
1st Floor
Haymarket House
28 - 29 Haymarket
London SW1Y 4SP

For Further Information

Please contact Emma Hubbard
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Haymarket House
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Conference organised by



National Dairy Council