

**Teenage nutrition : identifying the solutions : one day conferences 2001 :
February 2, York, February 20, London / National Dairy Council.**

Contributors

National Dairy Council (Great Britain)

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Teenage nutrition



identifying
the
solutions

one day
conferences
2001

February 2, York

February 20, London

Teenage nutrition

dates
and
venues

Friday February 2, 2001

The National Railway Museum
Leeman Road
York

Tuesday February 20, 2001

The Royal Society of Medicine
1 Wimpole Street
London

morning programme

- 9.30** **Registration and coffee/tea**
- 10.00** **Chairman's introduction**
Lynn Stockley Independent Nutrition Consultant
(Former Head of Food and Nutrition at the Health
Education Authority)
- 10.15** **What are teenagers eating?**
Gillian Smithers Food Standards Agency
- 11.00** **Too much saturated fat and not enough fruit and
vegetables – why does it matter?**
Dr John Stanley Trinity College, Oxford
- 11.45** **Coffee**
- 12.00** **Concerns over low calcium intakes**
Dr Helen Lambert University of Sheffield
- 12.45** **Lunch**

afternoon programme

- 1.45** **Ironing out the iron problem**
Dr Michael Nelson Kings College, London
- 2.30** **Diet and dental issues**
Dr Paula Moynihan University of Newcastle
- 3.15** **Tea**
- 3.30** **How to influence teenage eating habits
– a psychological perspective**
Dr Andrew Hill University of Leeds
- 4.15** **Communicating the message**
Lynn Stockley Independent Nutrition Consultant
(Former Head of Food and Nutrition at the Health
Education Authority)
- 5.00** **Close**

delegate registration form

The cost of each seminar is £47.00 (including VAT, lunch and refreshments throughout the day).

Please note: the National Dairy Council is unable to invoice for these events.

To book your place, complete this form and send it to **Zoe Geary, National Dairy Council, 5-7 John Princes Street, London W1G 0JN** with a cheque made payable to **National Dairy Council**.

A letter of confirmation and travel details will then be sent to you.

For multiple registration, this form can be photocopied. We require individuals' names for registration.

Please print clearly and remember to indicate your choice of venue and if you need a vegetarian meal.

Teenage nutrition

Venue

Name

Job
title

Address

Postcode

Daytime
telephone

Vegetarian
meal required

Yes

No

Remember to enclose a cheque
for £47.00 made payable to
National Dairy Council.



Application has been made to the
British Dietetic Association for
learning hours approval.

cancellations

If you cancel in writing more
than three weeks before the
conference, we will refund your
full registration fee.

Please inform us if a colleague will
be attending in your place, or if
you are unable to attend (so that
your place can be reallocated).



National Dairy Council

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20/11/00