

**Scientific consulting service's new and unique nutritional plan for chronic fatigue is now available in the UK / The Nutri Centre.**

**Contributors**

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## NUTRI CENTRE NEW PRODUCT INFORMATION SERVICE

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### SCIENTIFIC CONSULTING SERVICE'S NEW AND UNIQUE NUTRITIONAL PLAN FOR CHRONIC FATIGUE IS NOW AVAILABLE IN THE UK

#### CHRONIC FATIGUE SYNDROME (CFS) & GENERAL TIREDNESS

Classical CFS is now recognized as a real illness affecting a large number of healthy, young, active professional adults. CFS manifests itself in symptoms such as low grade fever, sore throats, aching joints, weakness and fatigue.

General tiredness, on the other hand, does not make any distinction; it affects everybody, including the elderly and children.

SCIENTIFIC CONSULTING SERVICE, a U.S. company founded in 1978 by Dr. Bela Balogh under whose direction SCS is a successful autonomous organization of research and consulting chemists who formulate, test and manufacture a complete line of hypoallergenic vitamins (over 100) for health professionals in the U.S. and abroad.

#### THE FOLLOWING ARE SCS'S PRODUCTS FOR CHRONIC FATIGUE:

##### VIRACIN

Viracin® Combines one of the most powerful phagocidal and virucidal herbal tannins presently available. In the product, these tannins are formulated as Zinc tannates and provide an effective, non-drug, non-toxic, alternative protection. Since these tannates are of the flavonoid type and non-hydrolyzable, their effect is confined mainly to the digestive tract. They interrupt the "host/ parasite" attraction and subsequent colonization by clumping and denaturation. These special tannates are also very potent: they are effective in dilutions as extremely low as 1:50,000.

Composition: Acerin 180mg, Babul Bark 10mg, Canaigre Root 10mg

Directions: Two to six capsules per day or as recommended, taken immediately before meals.

Patient Price: £15.95

##### TANALBIT™ & TANAFEM™

Tanalbit and Tanafem represent drug-free, herbal preparations designed for fighting yeast-fungal and parasitic infestations in the gut or the vagina. Both formulas are based on the powerful astringency of natural tannate complexes. These tannates are carefully selected with regards to their affinity to proteins, intestinal digestibility and degree of methylation, i.e. fat solubility. The formulas also contain Zinc to activate the tannates.

Tanafem is designed as a vaginal douche for overcoming common yeast/ fungal problems and for the restoration of natural feminine freshness.

(In addition to being anti-mycotic, the oral preparation Tanalbit is very effective in the treatment of acute and chronic diarrhea, colitis, enteritis, constipation and spastic colons. Furthermore, it can be employed as a detox agent for heavy metals and for alleviating food allergies.)

Directions: Tanalbit 3-6 capsules taken just before or with a meal.

Contra-indications: Safety and effectiveness in pregnancy or children below the age of 6 years have not been established.

Patient Price: Tanalbit £15.95 Tanafem £14.95

Note: During TANALBIT therapy, heavy, fat, proteins and carbohydrate rich meals should be avoided. If possible, food intake should be distributed into 4-6 small portions per day. Sauerkraut or cooked cabbage once or twice a week is beneficial.

##### Vitamin B-12

This very special preparation of vitamin B-12 is formulated (a) from the lesser known hydroxy-cobalamin instead of the more common cyano-derivative, and (b) as a sublingually effective beta-cyclodextrin complex.

Complexed with beta-cyclodextrins, hydroxycobalamin enjoys increased oral bioavailability. This phenomenon is explained by the "bio-adhesive" and solubilizing effects of cyclodextrins: Cyclodextrins are "cage" molecules, composed from 6-8 glucose units, which form a ring with a cavity in the middle. Into this cavity, other molecules or parts of larger molecules can penetrate and form together a soluble complex with enhanced absorption properties. In the case of hydroxycobalamin, the propionylamide side chains penetrate the cavities of two beta-cyclodextrin molecules

Hydroxy (or hydroxo) cobalamin was found in the pioneering 1973 British study<sup>1</sup> to be effective for general fatigue and tiredness in individuals who were not (!) B12 deficient.

Composition: 1 mg Hydroxycobalamin in the form of betacyclodextrin complex.

Directions: 2-6 tablets per day, sublingually.

Patient Price: £12.95

1. Ellis, F.R. and Nasser, S., Br. J. Nutr. 30, 277 (1973)

Trade discounts available to practitioners. For orders and further information, contact:

THE NUTRI CENTRE, 7 PARK CRESCENT, LONDON W1N 3HE TEL: 071-436 5122/ 071-631 0156 FAX: 071-436 5171

This information is strictly for circulation to health practitioners.



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## ME Breakthrough

Research on ME (chronic fatigue) in New Zealand has shown that some sufferers have a problem in the way blood flows through their capillaries. A single injection of vitamin B12 can clear the problem within a few days, leaving the affected person feeling more energetic. A rapidly absorbed (under the tongue) form of B12 is now being used in Britain as part of a treatment programme aimed at beating chronic fatigue. Contact The Nutri Centre (071) 436 5122. Further reading: *ME, Post-viral Fatigue Syndrome and How to Live With It* by Dr Anne Macintyre (Thorsons, £7.99).