One week dietary therapy seminar: 10-14 September 1984: The Institute for Complementary Medicine, London / L.G. Plaskett (president).

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Publication/Creation

Tiverton: College of Dietary Therapy, 1984.

Persistent URL

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THE COLLEGE OF DIETARY THERAPY

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ONE WEEK DIETARY THERAPY SEMINAR

10-14 September 1984

The Institute for Complementary Medicine, London

DR LAWRENCE PLASKETT will be teaching an intensive 5-day course on DIETARY THERAPY in London at The Institute for Complementary Medicine, 21 Portland Place, London on 10-14 September 1984. This course which was first given in the West Country, is now being given in London. We believe that those seriously interested individuals, and those concerned with the practice or teaching of Nutrition, can be sure of learning a great deal from Dr Plaskett's unique presentation of the dietary approach to health - in which dietary adjustment is cast clearly and self-evidently in the role of a prime therapy for both prevention and cure of chronic disease.

Dr Plaskett will be presenting work that is the outcome of many years of experience at the Clinic in Devon, which he runs in conjunction with his wife, Barbara, who has contributed extensively to development of the wholistic ideas that are at the basis of their joint work.

There are many courses on Nutrition, but the Plaskett's presentation goes much further. This is a subject which does not end with defining a good diet; nor does it end with defining an individually prescribed diet for each patient - it develops further into a caring, monitoring role - in which the diet, nutritional supplements and other measures are adjusted to new conditions each time the patient proceeds from one stage of recovery and moves towards the next.

Moreover, the Plaskett's approach to Diet as Therapy is not based upon purely physical or physiological considerations, but rather, it seeks to generate a new degree of understanding - in both patients and practitioners - about the nature of Man's interaction with his environment - a level of understanding that can be an inestimable joy and fulfilment as well as a road towards personal wholeness.

The purpose of this Course is to give an overall review of the subject in a short time (One Year Diploma Course goes in depth into; diagnosis, prescription and follow-up. Correspondence Course also available). Sufficient conventional nutritional background will be given so as to provide a good basis of comprehension.

ONE WEEK DIETARY THERAPY SEMINAR 10-14 September 1984		
I wish to book places on the above course at £95 per place.		
I enclose the sum of £ (Minimum £25 deposit for each place	reserved,	with
the balance due by 31 August 1984 at the latest). I understand	that fees	paid
become non-refundable after 17th August 1984.		
I wish to order course books as follows: (payment due at the Course)	Number	Total
The Food and Health of Western Man by Lambert-Mount £6.50		
Unilever instructional booklets (a) Carbohydrates (b) Proteins (c) Glycerides (d) Micro-Nutrients at £1.00 for four		