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Clearspring

SYRUPS

Traditional Sweeteners Made from Cereal Grains Rich in Natural Maltose

Sugar gets absorbed rapidly into our bloodstream raising our blood-sugar level and giving us a rush of energy. A short while later, our system reacts and our energy level plummets, leaving us craving more Sugar. This chemical roller-coaster ride stresses our body and can cause extreme moods and behaviour.

Sugar is also highly refined. The Minerals, Vitamins, Protein and Fibre from the parent plant have been removed. As these nutrients are necessary to help digest the Sugar, they are drawn instead from reserves stored within our body. So Sugar, no matter brown or white, rather than nourishing us, can actually deplete us.

The Best Sweeteners are the more complex ones. Ones that are digested slowly, releasing their energy gradually. Also, the less refined they are, the less they deplete our body's reserves.

Clearspring Malted Cereal Syrups are traditional Wholesome Sweeteners, rich in slowly absorbed natural Maltose and still containing some Enzymes Vitamins, Minerals and Fibre. With a gentle, mellow sweetness, they work in harmony with our body.

Macrobiotic Quality Wholefoods

Our Range of Malt Syrups

- YINNIES ORGANIC BROWN RICE SYRUP
 Light, Sweet and Creamy, hinting of Lemon.
 Classic all round sweetener from U.S.A.
- JAPANESE MALTED BROWN RICE SYRUP
 Clear & Honey-like, with Clean, Pure Taste.
 Traditionally hand-crafted by Uchida Family.
- CORN & BARLEY MALT SYRUP
 Rich, Rounded Flavour, sweetens well.
 Lighter and sweeter than Barley Malt.
- ORGANIC BARLEY MALT SYRUP

 Strong, Dark, Butter-Caramel like flavour.

 Thick & Toffee-like. Our Traditional Malt.

Discover your favourite!

USING CLEARSPRING CEREAL MALT SYRUPS

Unlike other sweeteners that have a harsh, aggressive sweetness that rushes up on you, Cereal Malt Syrups have a pleasing gentle sweetness that harmonises and combines well with other foods and drinks. Simply use instead of other sweeteners in all your usual recipes.

- INSTEAD OF HONEY
- IN DRINKS
- IN BAKING
- ON PORRIDGE OR DESSERTS

CLEARSPRING LTD

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