#### Contributors

Clearspring Ltd.

#### **Publication/Creation**

London : Clearspring, 1991.

#### **Persistent URL**

https://wellcomecollection.org/works/v2kqjn9j

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# A mazing AMAZAKE Naturally Sweet Rice Drink - or - Dessert



Traditional Koji Preparation for Amazake. From the Book of Miso by Shurtleff.

JUST CULTURED RICE
ORGANIC BROWN RICE
RICH & CREAMY
DELIGHTFULLY SWEET
NO DAIRY INGREDIENTS
NO SWEETENERS ADDED
NO REFINING

Macrobiotic Quality Wholefoods SINCE 1973

### HELPING YOU MAKE HEALTHY CHOICES

Discover one of the World's best kept Wholefood Secrets. Enjoyed for Centuries in the Far East and now produced Locally, A mazake is a delightful treat that's Healthy and Wholesome.

If you have never tasted Amazake, you will be amazed by its natural Sweetness. A special culture (called Koji) has been introduced that reduced the starches in the grain into their own Natural Sugars. Amazake still contains all the goodness of Organic Brown Rice and is also rich in Enzymes that aid Digestion & Elimination.

# USING AMAZAKE

# AS A PUDDING

Serve hot or cold, straight from the Jar, topped with chopped Toasted Nuts. Ambrosially Sweet and Satisfying.

# AS A DRINK

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Dilute with equal parts water and serve Hot with Ginger or Cinnamon as a Winter Warmer, or Cool in Summer with Orange Rind

# AS A SWEETENER

In Baking or Desserts use Amazake instead of your usual sweetener. Enjoy experimenting with its many varied possibilities.

Amazake has been cooked and is ready to use. Available in Clearspring label 350g and 700g size Glass Jars. Also Grainaissance label 227g ready-to-drink packs, Original & Almond.

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