

1996 practice team nutrition award / Royal College of General Practitioners, National Dairy Council.

Contributors

Royal College of General Practitioners.
National Dairy Council (Great Britain)

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**The Royal College
of
General Practitioners**

**National
Dairy Council**

**1996 Practice Team
Nutrition Award**

ROYAL COLLEGE OF GENERAL PRACTITIONERS
RCCGP

APPLICATIONS ARE INVITED FOR A PROJECT GRANT OF UP TO £3000

The provision of this Award is in recognition of the importance of the practice team in promoting better health through good nutrition.

Project proposals can address the needs of the practice population as a whole or a specific subsection but the judges are particularly interested in projects concerning **nutrition and children (age 1-18 years)**.

ELIGIBILITY

The Award is open to all practising members of the RCGP working in the United Kingdom. Applicants must demonstrate an awareness of current official guidelines on nutrition and their practical application, and how other practice team members will be involved in the project.

The judges are aware that applicants will have varying amounts of experience in applying for grants. This will be taken into consideration but it is essential that research proposals address each of the items listed in the section overleaf 'Form of Application'.

Entries will be adjudicated by a panel nominated by the Royal College of General Practitioners and the National Dairy Council.

TIMETABLE

Project proposals should be received no later than 30th September 1996.

PRESENTATION OF THE AWARD

The winner(s) of the Award will be announced in London at the Annual General Meeting of the Royal College of General Practitioners in November 1996. In the event of a draw, the adjudicators may divide the Award among two or more practice teams.

In November, a preliminary grant of one half of the Award will be presented.

Further funding will be released during the course of the project, usually following submission of a satisfactory interim report.

The winners will also be expected to submit a final written report of their work, preferably in a form suitable for publication. It is anticipated that projects will be completed within approximately one year.

FORM OF APPLICATION

(please submit **four** copies)

NB. Applications must be made by the general practitioner responsible for the project.

1. **Please give details, on a separate sheet, of:-**
 - Full name
 - Home address and telephone number (if different)
 - Number of partners in practice
 - Name and positions of others to be involved in the project
 - Where you heard about the Award

2. **Title of Project**

(In this leaflet, details are given of previous winning projects but preference will be given to original ideas. In particular, the

judges are interested in projects concerning *nutrition and children aged 1-18 years.*)

3. **Anticipated starting date**
4. **Brief summary (1000-1500 words) of the purpose, aims and scope of the project including:**
 - a) **Background** to the project and nutritional rationale, including review of relevant literature. Demonstration of knowledge and practical application of official nutrition guidelines.
 - b) **Description of project** including details of methods, target group, how information will be gathered and how changes will be measured and evaluated.
 - c) **Financial support** required and details of planned expenditure.

Results of previous work, e.g. protocols, photographs, charts etc., may be submitted to support the application.
5. **How you intend to disseminate the results of your project.**
6. **Brief description of how you think your project will benefit others.**

**Project proposals should be received
no later than 30th September 1996.**

Enquiries and applications to:

**The Awards Secretary
Royal College of General Practitioners
14 Princes Gate
London SW7 1PU
Tel: 0171-581 3232 ext. 246**

PREVIOUS WINNERS

The Royal College of General Practitioners and National Dairy Council Practice Team Nutrition Awards are now in their eighth year.

1989 Award

Dr. John James, Bristol, for a project designed to increase the nutritional knowledge and improve the nutritional status of mothers and their young children living in a poor inner city area.

1990 Award

Dr. David Bostock, Stockport, for a project designed to increase the nutritional knowledge and skills of young pregnant women living in a deprived area.

1991 Awards

Dr. Les Goldman, Ilkley, West Yorkshire, for a project concerning improvement of the nutritional status of homeless people.

Dr. Christopher Derrett, London, for a project concerning constipation in elderly people.

1992 Awards

Dr. P. Brantingham and colleagues, Newcastle-upon-Tyne, for a study of the nutrition of first year university students living away from home.

Dr. J. Jenkins and colleagues, London, for a project concerning dietary patterns in the Turkish community.

Dr. Anne Spencer, Lancashire, for a project concerning diet during pregnancy.

1993 Awards

Dr. Mayur Lakhani and colleagues, Loughborough, for a project concerning osteoporosis prevention.

Dr. Tony White and colleagues, Newmarket, for a project concerning nutrition education among diabetic patients.

1994 Award

Dr. Graham Joy and Jane Randle, Margate, for a project concerning overweight patients given diet and exercise advice.

1995 Award

Dr. Alison Maddocks, Dr. Carr-Hill and Lisa Howells for a project aiming to improve the nutritional quality of food and drink consumed in two secondary schools.

Further details of the work conducted can be obtained from the National Dairy Council.



**National Dairy Council
Nutrition Service**

5-7 John Princes Street, London W1M 0AP
Telephone: 0171 499 7822

12-7-96