

The RCGP-National Dairy Council practice team nutrition awards 1993 : applications are invited for two project grants... / Royal College of General Practitioners, National Dairy Council.

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National Dairy Council (Great Britain)

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The RCGP — NATIONAL DAIRY COUNCIL Practice Team Nutrition Awards 1993

Applications are invited for two project grants:

- the first Award is for £5000
- the second Award is for £3000

The provision of these two Awards is in recognition of the growing importance of the practice team in promoting better health through nutrition, the emphasis placed on nutrition and health by government, and the expressed need of patients for sound nutrition information.

The project proposals can concern the practice population as a whole or a specific subsection eg pregnant women, children, elderly people.

The Awards will be given to the two best proposals detailing practice team projects which aim to increase standards of care by:

- * demonstrating an awareness of current official guidelines on nutrition* and their practical application.
- * improving patient knowledge and understanding of nutrition in the light of these guidelines.
- * monitoring changes resulting from the increased knowledge.

ELIGIBILITY

The Awards are open to all practising GPs working in the United Kingdom. Applicants must demonstrate how other practice team members will be involved in the project.

The judges are aware that applicants will have varying amounts of experience in applying for grants. This will be taken into consideration but it is essential that research proposals address each of the items listed in the section overleaf 'Form of Application'.

Entries will be adjudicated by a panel nominated by the Royal College of General Practitioners and the National Dairy Council.

TIMETABLE

Project proposals should be received *no later than 30th September 1993*.

PRESENTATION OF THE AWARD

The winners of the Awards will be announced in London at the Annual General Meeting of the Royal College of General Practitioners on 12th November 1993. In the event of a draw for one or both of the Awards, the adjudicators may divide an award among two or more practice teams.

On 12th November preliminary grants of one half of each Award will be presented.

Further funding will be released during the course of the project, usually following submission of a satisfactory interim report.

The winners will also be expected to submit a final report, hopefully in a form suitable for publication. It is anticipated that projects will be completed in about a year.

Enquiries and applications to:

The Awards Secretary
Royal College of General Practitioners
14 Princes Gate
London SW7 1PU
Tel: 071 581 3232 ext. 246

* Department of Health (1991). Dietary Reference Values for Food Energy and Nutrients for the UK. Report on Health and Social Subjects 41, HMSO: London

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Form of Application

(Please type details on a separate sheet suitable for photocopying and submit *four* copies).

N.B. Applications must be made by the general practitioner responsible for the project.

1. Please give details of:-

- Full name
- Home address and telephone number
- Surgery address and telephone number (if different)
- Number of partners in practice
- Name and positions of other members of practice team to be involved in the project
- Where you heard about the Award.

2. Title of project

(The opposite page gives details of previous winning projects but preference will be given to original ideas).

3. Anticipated starting date

4. Brief summary (1000-1500 words) of the purpose, aims and scope of the project including:

- a) **Background** to the project and nutritional rationale, including a brief review of relevant literature.
- b) **Description of project** with details of methods, including target group, how information will be gathered, how changes will be measured.
- c) **Financial support** required and plan of expenditure.

Results of previous work eg protocols, photographs, charts etc., may be submitted to support the application.

5. Brief description of how you think your project will benefit others.

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The Royal College of General Practitioners and National Dairy Council Practice Team Nutrition Awards are now in their fifth year.

Previous winners are:

1989 Award

Dr. John James, Bristol, for a project designed to increase the nutritional knowledge and improve the nutritional status of mothers and their young children living in a poor inner city area. Dr. James used most of the Award to employ an additional health visitor, so as to provide protected time for the existing practice team members. The work resulting from the Award has been developed into a pack for use by other practice teams working with families on low income, which is to be published by the National Dairy Council this year.

1990 Award

Dr. David Bostock, Stockport, for a project designed to increase the nutrition knowledge and skills of young pregnant women living in a deprived area. This work was completed in 1992. Dr. Bostock used most of the Award to purchase the services of a dietitian.

1991 Award

This Award was shared between two practices:

Dr. Les Goldman, Ilkley, West Yorkshire, for a project concerning improvement of the nutritional status of homeless people. The Award is being used to help employ a dietitian to carry out the project.

Dr. Christopher Derrett and practice nurse Gill Mein, London, for a project concerning constipation in elderly people. They have used the Award for computer hardware and software and clerical support.

1992 Award

The first prize was shared between two practices:-

Dr. P. Brantingham and Colleagues, Newcastle-upon-Tyne, for a study of the nutrition of first year university students living away from home. The Award will be used to help employ a dietitian to carry out the project.

Dr. J. Jenkins and Colleagues, London, for a project concerning dietary patterns in the Turkish community. The Award will be used to employ a research consultant and translator.

The runners-up prize was awarded to Dr. A. Spencer's practice in Colne, Lancashire, for a project to improve the nutritional status of women prior to and during pregnancy. The award will be used for secretarial and administrative costs involved in conducting the project survey.