

**Introducing East West Natural Foods : 196 Old Street, London EC1 : offering simple wholesome food.**

**Contributors**

East West Natural Foods (London, England)

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*-Introducing-*

# EAST WEST

NATURAL FOODS

196 OLD ST., LONDON EC 1 / 251 4076

*Offering Simple Wholesome Food -*

*Wholemeal Bread & Pastries  
Whole Grains, Flours & Cereals  
Beans & Seeds*

*Dried Fruit, Nuts & Nut Butters  
Cooking Oils, Free Range Eggs  
Fresh Farm Produce  
• Macrobiotic Supplies •*

*Cosmetics, Kitchenware & Books*

OPEN 10AM TO 7 PM, MONDAY - SATURDAY

*Please Call In ! 100 yds. from Old Street Tube,  
next to the old St. Luke's School.*